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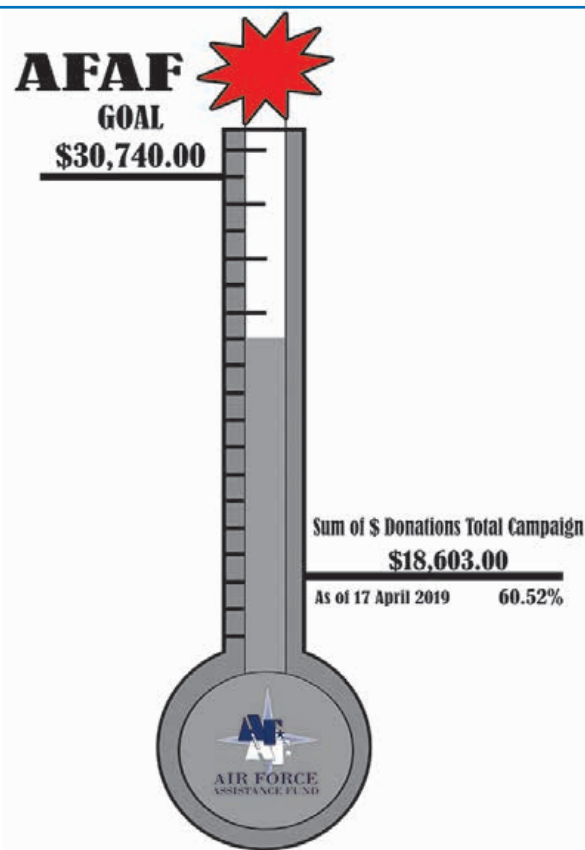
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April 19, 201

Vol. 43, Issue 15



News Briefs

Spring Fling/Easter Egg Hunt

A Spring Fling and Easter Egg Hunt will occur at 9 a.m. - noon, April 20 near the Club. Activities include an Easter parade, face painting, petting zoo and more!

Arbor Day Tree Planting

A Willow Oak Tree will be planted at 10 a.m., April 25 in front of the Child Development Center in honor of Arbor Day. There will also be a coloring contest with prizes, sponsored by the 14th Civil Engineer Squadron.

Quarterly Awards/ Enlisted Promotions

A Quarterly Awards/Enlisted Promotions Ceremony will occur at 3 p.m., April 30 in the Club. In celebration of newly promoted Airmen and award winners.

Team BLAZE celebrates chief master sergeant select during ceremony

Airman Hannah Bean
14th Flying Training Wing
Public Affairs

Senior Master Sgt. Wade Steinback, 14th Flying Training Wing Maintenance Authority superintendent, was selected to promote to chief master sergeant in December of 2018 and was recognized during a chief recognition ceremony April 12 at the club.

Individuals with the rank of chief master sergeant serve in the highest enlisted rank and hold strategic leadership positions with tremendous influence at all levels of the Air Force. Only the top one percent of the enlisted force promotes to the rank of chief master sergeant.

"I'm incredibly humbled and grateful for the opportunity to serve," Steinback said. "The chief recognition ceremony was an amazing event and I thank all of those who helped to make it happen as well as those who were able to attend and share in the experience."

Serving nearly 19 years in the Air Force, Steinback has seen a lot through the various bases and assignments he's experienced throughout his career.

“When I first joined the Air Force, my goal at that time was to provide for my family, secure a means of attending college, and hopefully see a little more of the world,” Steinback said. “As time went on, I was fortunate to have peers, mentors, supervisors, chiefs, and commanders that helped me progress throughout my career to where I find myself today. I have always strived to do my best, and have been fortunate to have the opportunities



Senior Master Sgt. Wade Steinback, 14th Flying Training Wing Maintenance Authority superintendent, and his wife, Katie Steinback, pose for a photo during his chief recognition ceremony April 12, 2019, at the Club on Columbus Air Force Base, Miss. Steinback was recognized for his selection to promote to chief master sergeant.

afforded to me by the Air Force.”

As the highest ranked enlisted members, chief master sergeants are responsible for mentoring and developing junior enlisted personnel. They are also responsible for influencing the professional development of company grade officers.

During the ceremony retired Chief

Master Sgt. Shawn Ricchuito, 14th Civil Engineer Squadron fire chief, gave Stein back some advice on being a chief master sergeant.

“There’s no little elf that’s going to visit you the night before you sew on your chief master sergeant and makes sure you


See CEREMONY, Page

COLUMBUS AFB TRAINING TIMELINE

PHASE II		PHASE III		IFF		WING SORTIE BOARD			
Squadron	Track Select	Squadron	Graduation	Squadron	Graduation	Aircraft	Required	Flown	Annual
37th (20-02)	May 15	48th (19-08)	Apr. 19	49th (19-GBC)	Apr. 30	T-6	1,263	1,588	15,030
41st (19-25)	Apr. 19	50th (19-08)	Apr. 19			T-1	624	500	5,069
						T-38	858	603	5,825
						IFF	312	267	2,427
Brig. Gen. Kristin E. Goodwin, the Commandant of Cadets, United States Air Force Academy, Colorado, is the guest speaker for Specialized Undergraduate Pilot Training Class 19-08/09's graduation at 10 a.m. today in the Kaye Auditorium.									

Weather


Friday



Rain
Overcast w/chc Rain

High 58°F Low 50°F


Saturday



Partly Cloudy

High 69°F Low 45°F


Sunday



Partly Cloudy

High 79°F Low 47°F

Monday



Partly Cloudy

High 79°F Low 54°F

Forecast provided by the 14th OSS Weather Flight

14TH FLYING TRAINING WING DEPLOYED

As of press time, 52 TEAM BLAZE members are deployed worldwide. Remember to support the Airmen and their families while they are away.

Deployment numbers provided by the Installation Personnel Readiness Office.




Mon	Tue	Wed	Thur	Fri	Sat/Sun	Long Range Events
22 Earth Day	23	24 Administrative Professional's Day	25	26 50th FTS Change of Command, 9:50 a.m. @ Fire Station Boss & Buddy, 4 p.m. @ Club	27/28 27th: 12th Annual Citywide Unity Picnic, 4-8 p.m. @ Riv-erwalk Park	May 7: Wing Newcomers May 9: CCAF Graduation May 10: A- BLAZin' Race May 10: Military Spouse Appreciation Day May 12: Mother's Day May 17: SUPT Class 19-10/16 Assignment Night May 18: Armed Forces Day May 23: Memorial Day Retreat Ceremony May 27: Memorial Day
29	30 IFF Class 19GBC Graduation Enlisted Pro-motions/Quar-terly Awards, 3 p.m. @ Club	1	2	3 14th OSS Change of Command, 9:14 a.m. @ Fire Station Single Parent Cookout, 5:30 p.m. @ Magnolia Park	4/5	

Commander's Action Line
434-1414

In an effort to stay Connected, the Commander's Action Line is your direct link to the commander for comments and suggestions on how to make Columbus AFB better.

Although the Commander's Action Line is always available, the best way to resolve problems is through the chain-of-command. The Commander's Action Line can be reached at 434-1414. Leave your name and phone number or email if you would like to receive an answer. All names will be kept confidential.

If you would like to remain anonymous, please submit your inquiries through our base application in the 'Our Wing' then 'Contact the CC' tab or you can submit through the web-page at www.columbus.af.mil. Click "Contact Us" at the top left of the page and select "Commander's Action Line" in the Recipient drop down menu.



Silver Wings

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Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

Published by the Commercial Dispatch Publishing Company, Inc., a or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force.

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Editorial content is edited, prepared and provided by the 14th Flying Training Wing Public Affairs Office of Columbus AFB, Miss.

The SILVER WINGS staff reserves the right to edit or rewrite all copy submitted when necessary. All photos are U.S. Air Force photos unless otherwise stated.

Submit all advertising to the Columbus, Miss., Commercial Dispatch advertising department one week prior to desired publication date. The advertising department can be reached at (662) 328-2424.

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NEWS AROUND TOWN

2019 Crawfish Music Festival

Check out various artists like The Outlaws, Colt Ford and many more at the 2019 Crawfish Music Festival, April 24-28 in Biloxi, Mississippi. Saturday, April 27 will feature a Crawfish cook-off to see who the best boiler on the coast is. Tickets and entries for sale online.

Water Lantern Festival

On May 4 Tupelo will be hosting a Water Lantern Festival. This festival is filled with fun, happiness, hope,

and great memories that you'll cherish for a lifetime. This is a family friendly event that can be shared by everyone. Friends, families, neighbors, and lots of people that you haven't met can come together to create a peaceful, memorable experience. Tickets for sale online.

Nelly with TLC and Flo Rida

Nelly, TLC and Flo Rida, American Hip Hop artists, will be performing at the Tuscaloosa Amphitheatre July 23 in Tuscaloosa Alabama. Tickets for sale online.



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SUNDAY EVENING
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Evening Worship - 6pm

WEDNESDAY
Kid's Drama - 6 pm
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& Mission Friends - 6:30 pm
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U.S. Air Force photo by Airman Hannah Bean
Retired Chief Master Sgt. Shawn Ricchuito, 14th Civil Engineer Squadron fire chief, speaks to attendees during a chief recognition ceremony April 12, 2019, at the Club on Columbus Air Force Base, Miss. Ricchuito gave some advice during his speech to Senior Master Sgt. Steinback, 14th Flying Training Wing Maintenance Authority superintendent, on what it means to be a chief master sergeant.

CEREMONY

(Continued from page 1)

know everything," Ricchuito said. "So you're not supposed to have all the answers to all the questions as a chief. A successful chief is a person that leads, but also if you don't know the answers, you go and find them."

Ricchuito went on speak about leadership and some of the hardships you can encounter in being a leader.

"If you find negativity, you have to find a way to make that positive," Ricchuito said. "If you allow negativity in your formation, it will destroy your formation from the inside out. I speak from experience on this and I have learned that you have to sit down with negative people. You have to find out what their reason for being negative is. There's a lot of angry people out there now, some are just angry because they think it's the right thing to do with their anger. If as a chief you can solve it, then you try to fix it."

Ricchuito spoke on being a senior enlisted leader and the responsibilities that come with it. He's learned that being a chief means not only helping the enlisted cause, but the commanders and officers as well.

"Through positive leadership, through positive contact and through always telling them the truth, that's the essence of what a chief master sergeant is" Ricchuito said. "I believe that most leaders, at the end of the day, appreciate the honesty from their chief."



U.S. Air Force photo by Melissa Doublin
Senior Master Sgt. Wade Steinback, 14th Flying Training Wing Maintenance Authority superintendent, stands with 14th Flying Training Wing chief master sergeants board during a chief recognition ceremony April 12, 2019, at the Club on Columbus Air Force Base, Miss. As the highest ranked enlisted members, chief master sergeants are responsible for mentoring and developing junior enlisted personnel.

Ricchuito told Steinback that his Air Force core values will be tested, however, only Steinback himself can compromise them, noting that his troops will see him as a chief master sergeant. If they see inconsistencies in the way he leads and see that he too has fallacies, the negative people will try to escalate that and use it to divide the formation.

"Don't let somebody else write your legacy for you," Ricchuito said. "Be who you are,

stay true to your core values and stay true to what the Air Force promoted you on. They promoted you because they believed that you are going to be a great chief master sergeant. Obviously because you were a great senior, master and technical sergeant. Those are the things that I can offer a little bit of advice on, Wade. You will remember this forever and you have to thank your family and your supervisors because nobody makes chief master sergeant by themselves. It is a team."



U.S. Air Force photo by Melissa Doublin
Retired Chief Master Sgt. Dennis Fitzpatrick, Senior Master Sgt. Wade Steinback's, 14th Flying Training Wing Maintenance Authority superintendent, father-in-law, pins on the chief master sergeant stripe during a chief recognition ceremony April 12, 2019, on Columbus Air Force Base, Miss. Individuals with the rank of chief master sergeant serve in the highest enlisted rank and hold strategic leadership positions with tremendous influence at all levels of the Air Force.

After Ricchuito spoke, Airmen of each rank placed on the stripes of every rank in the enlisted corps, from airman basic all the way to chief master sergeant. Each stripe had a brief summary of what it meant to be that rank and the responsibilities attached to them.

Toward the end of the ceremony, Col. Samantha Weeks, 14th Flying Training Wing commander, thanked all those who attended and reminded Steinback to look around the room and take in those who support him and recognize his achievement.

"Being a chief means that you have a responsibility to give back to our Air Force, not only our enlisted force, but our officers because there's not a day that I can remember, from my serving on active duty for almost 22 years, where I haven't needed the support, council, wisdom, expertise, experience, guidance or the kick in the butt from an NCO or senior NCO," Weeks said. "Don't forget that it's a responsibility as you pin that on."

Steinback said it is a privilege to be a part of Team BLAZE. He continued, thanking all of those that have made his promotion possible here at Columbus, as well as those whom he has served with in the past making a positive impact throughout his life and years of service.

"My goal for the future is to be able to be that positive influence for others in their lives and careers," Steinback said.

Tuskegee University Air Force ROTC cadets visit CAFB



U.S. Air Force Photo by Airman 1st Class Keith Holcomb
A 14th Operation Support Squadron Air Traffic Controller speaks to Tuskegee University Air Force ROTC cadets April 18, 2019, in the Columbus Air Force Base, Miss., Radar Approach Control room. The cadets visited different units across Columbus AFB to see what goes on behind the scenes at pilot training.

Teachers, students celebrate academic achievement



U.S. Air Force Photo by Sharon Ybarra
Students and teachers of LEVAL UP, West Lowndes Elementary after school program for at risk children, celebrated a year of academic achievement at Columbus Air Force Base's Strike Zone April 11 on Columbus AFB, Miss.

Household hazardous waste pickup

Dana Clemmons
14th Civil Engineer Squadron
hazardous materials program manager

Earth Day is April 22nd, and this year, the 14th Civil Engineering Squadron is adding to our efforts to help protect the environment. You may have noticed through the web bulletin that pops up on your computer that we have had multiple incidents of chemical dumping on base lately. Dumpsters and roll offs found on base are not to be used for your collection of spent or no longer needed cleaners, oils and chemicals. We all have chemicals under the sink, in a garden shed, or lurking in a forgotten corner, and it is difficult to figure out what to do with them. To help alleviate this issue, the Civil Engineering Squadron's Environmental Element will be hosting a week long Household Chemical drop off in the parking lot between the Resale Lot (Lemon Lot) and the Youth Center (Bldg 348) on Imes Street. From April 22- April 26 from 8 a.m. to 4 p.m., you can drop off your unwanted hazardous chemicals at this location and we will take care of the proper disposal. Please note, the only electronics that **WILL** be accepted are light bulbs and batteries. **NO computers, televisions, or other electronics will be accepted.** Here's a quick list of common household items to turn in:

- | | |
|----------------------------|-------------------------------------|
| Aerosols | Epoxy |
| Pesticides | Fuel Filters |
| Herbicides | Shampoos |
| Cleaning Products | Oils and Greases |
| Degreasers | Solvents |
| Bleach | Pepper Spray |
| Automotive Fluids | Pool and Spa Chemicals |
| Gasoline | Fluorescent Bulbs & Ballasts |
| Paints and Stains | Mercury Thermometers or Thermostats |
| Varnishes and Lacquers | Adhesives and Glues |
| Nail Polish & Remover | Thinners |
| Butane and Propane tanks | Floor Waxes |
| Expired Fire Extinguishers | Metal Polish |

If you're not sure about an item, please email 14CES.CEIE.Environmental@us.af.mil with any questions.

Air Force Readiness Programs

(Editor's note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of the activities listed, call 434-2790.)

Smooth Move Relocation Workshop

The next Smooth Move is from 10-11 a.m. April 23 in the A&FRC. Highly encouraged for first-time and over-seas relocating members. Get the very latest moving information straight from base-wide relocation assistance agencies. Learn what to expect before you move with information from Tri-Care, Housing, Military Pay, TMO, Medical Records and A&FRC. Be sure to bring and ask any relocating questions you may have during his event.

Hearts Apart

The next Hearts Apart is from 5-7 p.m. April 25. This monthly social event is for family members whose sponsor is deployed, on a remote tour or TDY for more than 30 days. To register or for more information, please call A&FRC at (662) 434-2790.

Air Force Recovery Coordination Program

A Recovery Care Coordinator (RCC) will be providing assistance from noon-5 p.m. May 8; 8 a.m.-5 p.m. May 9; and 8 a.m.-noon May 10 at the A&FRC. The Recovery Coordination Program (RCP) streamlines and improves the way care and support is delivered to wounded, ill, and injured Airmen and their families. The RCP provides the support of a RCC who guides the Airman and family along their road to recovery. Those eligible include wounded, ill and injured Airmen who: (1) have a serious illness or injury, (2) are unlikely to return to duty within a specified amount of time, (3) may be medically separated from the military. Additional details are available by contacting the Columbus AFB A&FRC at (662) 434-2790.

Transition Assistance Program GPS (Goals, Plans, Success) Workshop

The next Transition Assistance Program (TAP) workshop is from 7:30 a.m.-4 p.m. May 6-10 and includes seminars on: Transition, Military Occupational Code Crosswalk, Financial Planning, Health Benefits, Mississippi Department of Employment Security, Department of Veterans Affairs, Disabled TAP and Department of Labor. Preseparation counseling is required before attending, and recommended attendance is 12-24 months prior to separation/retirement. Spouses are encouraged to attend with their sponsor. To register or for more information, please call the TAP Manager at (662) 434-2631/2790.

Career Exploration & Planning Track Workshop

The next Career Exploration & Planning Track workshop is from 8 a.m.-3 p.m. May 13-14

Lowndes Young Leaders visit CAFB



U.S. Air Force photo by Airman Hannah Bean
Airmen chat with Columbus Lowndes Chamber of Commerce Lowndes Young Leaders during a tour April 9, 2019, on Columbus Air Force Base, Miss. The Young Leaders toured the base, checking out the enlisted dorms, viewing aircraft static displays as well as try out simulators and more.

This workshop helps members identify skills, increase awareness of training and credentialing programs, and develop an action plan to achieve career goals. To register or for more information, please call A&FRC at (662) 434-2790.

Federal USA Jobs Workshop

The next Federal USA Jobs workshop is from 9-10:30 a.m. May 15. This is a workshop on writing resumes, applications, and job search using the USAJobs website. To register or for more information, please call A&FRC at (662) 434-2790.

Bundles for Babies

The next Bundles for Babies workshop is from 1-3:30 p.m. May 16 in the A&FRC. This program is designed for active-duty AF members and/or their spouses who are pregnant or have a child 4 months old or less. Attendees will learn about finances, labor and delivery, and infant care. A \$50 gift card sponsored by the Air Force Aid Society will be provided for each qualifying child. To register or for more information, please call A&FRC at (662) 434-2790.

Heart Link

The next Heart Link is from 8:30 a.m.-noon July 25 in the A&FRC. This half-day program is open to all spouses of active-duty military members assigned to Columbus AFB. Attendees will receive information about life in the Air Force, in the local area and at Columbus AFB from local subject matter experts including spouse leaders. To register or for more information, please call A&FRC at (662) 434-2790.

Entrepreneurship Track Transition Workshop

The next Entrepreneurship Track Transition workshop is from 8 a.m.-3 p.m. Sept. 19-20.

This workshop is conducted by the Small Business Administration for veterans and all base personnel interested starting up and operating their own business. To register or for more information, please call A&FRC at (662) 434-2790.

Military and Family Life Counselor Program

Military and Family Life Counselors (MFLCs) provide non-medical counseling to help Airmen (single and married), spouses and other family members cope with stressful situations created by deployments, reintegration and life challenges such as martial issues, parenting, career stress and anger. All counselors are licensed mental health providers, and they can meet either on or off base. There is no charge for services, and appointments can usually be made within one to two days. To contact the MFLC, please call (662) 435-1110.

Sponsorship Training

An electronic version of sponsorship training called eSponsorship Application & Training (eSAT) is the required training course to become a sponsor. It can be found in Military One Source's MillLife Learning training Course Catalog at this link <https://milllifelearning.militaryonesource.mil/MOS/Ep=SIS:2:0>. For additional information, please contact the A&FRC Relocation Manager at (662) 434-2701/2790.

Volunteer Opportunities

If you are interested in volunteering, please contact the A&FRC. We have volunteer opportunities located across the base for one-time events, special events or on a continual basis. Volunteers are needed on base at the Youth Center, Child Development Center, Library, Medical Clinic, Chapel, Airman's Attic, Thrift Store, the Retiree Activities Office and many

other locations. For more information, please call A&FRC at (662) 434-2790.

Survivor Benefit Plan

Are you nearing military retirement? The one decision you will need to make before you retire involves participation in the Survivor Benefit Plan (SBP). As with all good decision-making, you need to know the facts before you can make a sound decision. Always get the true facts about SBP before making up your mind. Additional details are available by calling your SBP Counselor Mary Chambers at (662) 434-2720/2790.

Installation Voting Assistance Office

A&FRC houses the Voting Assistance Office (VAO) which is open Monday - Friday, 7:30 a.m. - 4:30 p.m. and closed weekends/holidays. The VAO offers voting assistance including voter registration, absentee ballot requests and voting, change of address, and provides answers for other general voting questions to uniformed service members, their family members and civilians with access to A&FRC. Assistance includes but is not limited to aid in preparing and submitting Federal Post Card Application (FPCA) SF-76, Federal Write-in Absentee Ballot (FWAB) SF-186 and National Mail Voter Registration Form (NVRF). The VAO also leads and trains all installation unit voting assistance officers. For more information, please contact the Installation VAO at (662) 434-2701/2790 or e-mail: vote.columbus@us.af.mil.

Chapel Schedule

Whether you are new to Columbus Air Force Base or have been around for a while, our parish communities welcome you to join us as we worship, fellowship, and encourage one another. For more information, please call 434-2500.

Catholic Community

Sundays:
3:30 p.m. – Religious Education, grades K-9 (Start in Fall)
4 p.m. – Choir Practice
4 p.m. – Confession (or by appointment)
5 p.m. – Mass
1st and 3rd Sunday - Fellowship Meal following Mass
Tuesdays:
11:30 a.m. – Daily Mass (Phillips Auditorium)
Wednesdays:
11:30 a.m. – Adoration (Phillips Auditorium)
2nd Saturday of each month - Faith Ablaze

Protestant Community

Sundays:
9 a.m. – Adult Sunday School
10:45 a.m. – Community Worship Service (Donut Fellowship following)
3rd Sunday of Each Month - Protestant Faith Ablaze
Wednesdays:
6 p.m. - AWANA: Begins September 26th (Open to all denominations)
Thursdays:
5:30 p.m. – Student Pilot Bible Study (Open to all denominations)

Columbus Air Force Base Information and Events
Join our Facebook page at Columbus AFB Living, Twitter at @columbusafbliving, Instagram at columbus_afb_living, or visit our website at www.columbusafbliving.com to keep up to date with all the great events happening around base. Check out the calendar on the website for important Airman and Family Readiness Center events. For more information, contact 434-2337.

Get Connected with Your New Base App!
As a way to connect people together, Columbus Air Force Base launched a new app to connect Airmen and families to the mission and community! The app is available on all app stores and can be found by searching 'Columbus Air Force Base'.

Lunch Buffets at the Overrun
Enjoy daily lunch buffets Tuesday thru Friday at the Columbus Club. Daily buffets include: Tuesday – Tacos and Nachos \$9, Wednesday – Chicken Wings and Pasta \$10, Thursday – Southern Style \$10 and Friday – Fried Catfish \$10. Club Members receive a \$2 discount. For more information, contact 434-2489.

Boss & Buddy
Ready to unwind? Join us at the Overrun in the Columbus Club, April 19 starting at 4 p.m. Call 434-2489 for more information.

Family Fun Friday
Join us on. April 19 starting at 5 p.m. Bouncy house, games will be set up in the Columbus Club. Food and drinks will be available for purchase. Call 434-2489 for more information.

Lip Sync Battle Competition
On April 27 get ready to bring it! Calling all lip sync-ers and air guitarists! Sign up at the Columbus Club by April 19 and get ready for a night of music and fun! \$10 for individuals and \$20 for groups (up to 12 people). For a complete list of rules and regulations please visit the Columbus Club. Call 434-2489 for more information.

Bonita Lakes Bike Trail
Join ODR for this exciting, high adrenaline trip to Bonita Lakes Bike Trail in Meridian Miss., April 27 from 8 a.m.-4 p.m. \$15 per person includes; transportation, mountain bike and equipment. Sign up by April 26. For more information, contact Outdoor Recreation at 434-2505.

Youth Summer Camps
The Youth Center offers a variety of camps during the summer to keep the kids from getting bored. Contact the Youth Center for a full list of camps available through August. For more information call 434-2504.

Escape Tuscaloosa
On May 5 from 1 p.m.-7 p.m., come and experience a mental and physical adventure game. Players will follow a sequence of clues, hints, puzzles, riddles and strategy with a tactical approach. Players have 60 minutes to solve the mystery and 'escape' the room. After you successfully escape, we will stop at Chuy's Mexican Restaurant for dinner and Cinco de Mayo celebrations! Ticket price is \$28 per person and includes, transportation and entrance to escape room. The firm deadline to sign up for this event is April 22. Contact ITT 434-7861 for more information.

Theme Thursdays at the Overrun
Join us April 25 for Theme Thursdays, this month's theme is Show us your Talent!! Can you sing? Can you dance? Come and woo the crowd and enjoy \$0.45 wings, drink specials and sports games on TV's. Call 434-2489 for more information.

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\$15 per person

includes transportation,
mountain bike & equipment

Sign-up by April 26
Min Participation 10

- Top 100 Trail in the U.S.
- Single Track Trail
- Rolling Hills
- Steep Climbs/Descents
- Double Track Dirt Road

FOR MORE
INFORMATION
434-2507

Fitness Expo
Kick-off National Physical Fitness and Sports Month at the 4th annual Fitness Expo on May 1. The expo will feature organizations specializing on wellness, sporting goods, and various other health relates industries. For more information call 434-2772.

Fitness Run
The National Fitness Month 5K will be held May 3 at 7 a.m. The run is free and will start and end at the Fitness Center. For more information call 434-2772.

Assignment Night Transportation
Book Assignment Night transportation with ITT! Reserve the bus, the van or both! The cost is \$30 per hour for Columbus and local areas; a \$30 deposit is required and applied to the total cost of reservation. Reservation must be a minimum of four hours and reserved in person. For more information, contact 434-7861.

Martial Arts
Martial Arts classes are available at the Youth Center every Tuesday and Wednesday from 5-6 p.m. receive two free introductory classes, contact the Youth Center for more information at 434-2504.

Exclusive Military Vacation Packages
Did you know that you can book exclusive military vacation packages at ITT? Packages include Universal Studios and Disney destinations. To book your vacation at www.americaforcestravel.com or visit your ITT office at (662) 434-7861.

Storytime Schedule
The Base Library is offering Storytime on Tuesdays at 10 a.m. for ages 3–6 years, Fridays at 10 a.m. and 3:30 p.m. for ages birth–2 years, and 10 a.m. on Saturdays for all ages. For more information, contact 434-2934.

FSS Gift Cards
Make your shopping easier! Purchase or redeem your FSS Gift Card at the following locations: Arts and Crafts, Bowling Center, Café at Whispering Pines, Child Development Center, Columbus Club, Information Tickets and Travel, Outdoor Recreation or the Youth Center. For more information, stop by any of these locations.

Horse Boarding Available
The CAFB Riding Stables usually has stall space available. For pricing and more information, contact Outdoor Recreation at 434-2505.

Free Mango Languages
Learn a new language today! Free Mango Languages available at the Base Library; real-life conversations in over 70 languages. For more information, contact 434-2934.

Play Paintball
Outdoor Recreation offers paintball for groups or individuals. You must book twenty-four hours in advance; 17 years old and under must be accompanied by an adult. The cost is \$15 per person for party of 10 or more; \$20 per person for party of nine or less. You must purchase paint balls at Outdoor Recreation for \$50 per case of 2,000. For more information, contact 434-2505.

The Overrun is Open Friday Nights
The Overrun is open Fridays 4:30 p.m. until Midnight. Excluding Graduation nights. For more information, contact 434-2489.

Lawn Mower and Bicycle Repair
Outdoor Recreation is now offering lawn mower repair and self-help bicycle repair. For more information, contact 434-2507.

Hobby and Craft Instructors Needed
Do you have a hobby or craft project you can share with others? Arts & Crafts is looking for craft instructors. For more information, contact 434-7836.

Wood Shop is OPEN!
The Wood Shop is back in business! They are open Mon-Thurs. from 10-5 and Saturday 8-4, call 434-7836 for more information

Referees Needed
Referees needed for various sports at the Fitness Center. For more information or to sign up, contact 434-2772.



RV Storage Lot
Don't clutter your home space, park with us. Outdoor Recreation offers a great place to store your RV year around. You will have 24-hour access and can pay monthly or yearly. For more information, call 434-2505.

Instructors Needed
The Youth Center is seeking instructors for tumbling classes, dance classes, piano and guitar lessons. For more information, contact the Youth Center.

Fitness on Request
The Fitness Center offers a truly comprehensive group fitness platform that is available all day and completely customizable to meet your needs with 119 different classes on the Fitness on Request system. For more information, call 434-2772.

Space A Lodging
The Magnolia Inn usually has openings for Space A family and single units. Contact the lodging desk at 434-2548.

14th FTW pilots fly with Air Force ROTC cadets



Courtesy photos

ABOVE: Pilots from the 41st Flying Training Squadron fly with Embry-Riddle Aeronautical University Air Force ROTC cadets April 12, 2019, over Daytona Beach, Florida. The 14th Flying Training Wing brought multiple T-6's and two T-1 Jayhawks for the cadets to experience flying in a military aircraft.

RIGHT: An Embry-Riddle Aeronautical University Air Force ROTC cadet flies inverted in a T-6 Texan II April 12, 2019, over Daytona Beach, Florida. The cadets sat in the backseat of formation rides with 41st and 48th Flying Training Squadron instructor pilots to experience a small portion of pilot training.


Arbor Day celebration to be held

Tim Turner

14th Civil Engineer Squadron
natural resources manager

Arbor Day is an annual observance that celebrates the role trees play in our lives. On April 25th at 10 a.m., Columbus Air Force Base will take time to honor the tradition of this special day by planting a Willow Oak Tree in front of the Child Development Center. In recognition of America's oldest environmental holiday, the 14th Civil Engineer Squadron will sponsor a coloring contest for the youth at the CDC, with prizes awarded to the winner of each age group. Arbor Day is a day to reflect on the many benefits trees have given us and pass those lessons onto our youth to continue promoting a framework for action, education, stewardship, and pride in our communities.

The value and benefits that trees play in our everyday lives and on our communities often goes unnoticed and unappreciated by many. The simple act of planting a tree on Arbor Day represents a belief that the tree will grow, and someday, provide wood products, improve our water quality, provide wildlife habitat, erosion control, shelter from the wind, shade from the sun, and inspiration for ourselves and our children. Today, Arbor Day is celebrated in all fifty states and many other countries around the world. People of all ages are planting trees, caring for them, and educating others of their value, ensuring future generations will cherish the value and benefits of the tree.





When you see this sign, stop.
Help keep our children safe.

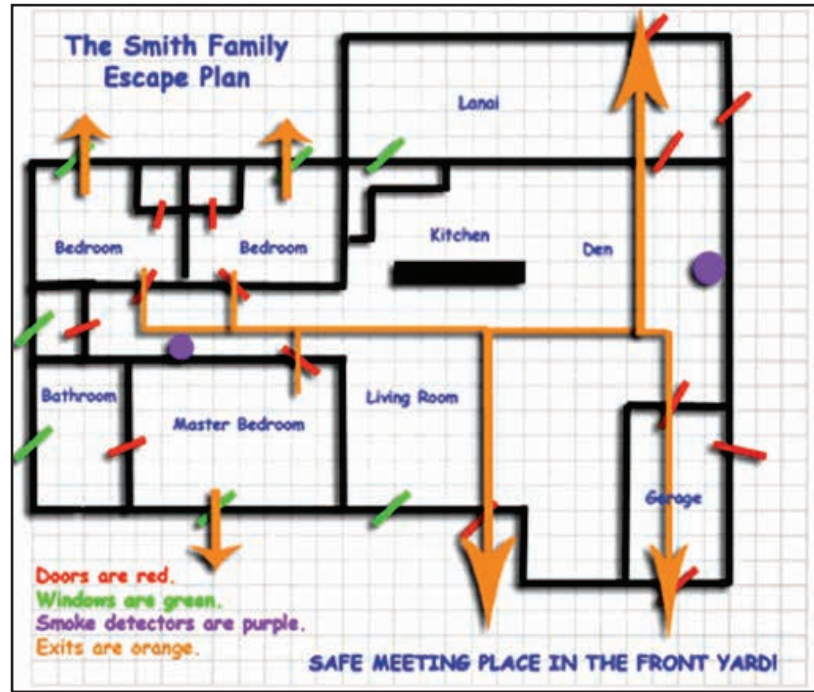
Exit Drills in the Home (EDITH)

Darren Amos
14th Civil Engineer Squadron
fire inspector

It is late into the night, the family is restfully sleeping when suddenly, you awake to the sounds of a smoke alarm! The dog is barking, children begin to cry out for help. It's dark, but you can see the house is filling with smoke! You need to move and take action now ... would you know what to do? Are you prepared?

Getting out safely and quickly could depend on working smoke alarms, developing an emergency plan and practicing your plan annually. According to the National Fire Protection Association (NFPA), fire escape planning and exit drills in the home are critical to surviving. Here are some tips:

- Walk through your home and identify all possible exits and escape routes. Households with young children should consider drawing a floor plan, marking two ways out of each room, including windows and doors.
- For easy planning, download NFPA's free escape planning grid (<https://www.nfpa.org/public-education/by-topic/safety-in-the-home/escape-planning>). This is a great way to get children involved in fire safety planning in a non-threatening way.
- Everyone in the home must understand the escape plan. Teach children how to escape on their own in case you can't help them. It is also recommended to share this plan with your children's friends during "sleepovers". Check to make sure escape routes are clear and doors and windows can open easily.
- Choose an outside meeting place (i.e. neighbors house, a light post, or tree). Get outside immediately and stay out...never go back



inside!

- Make sure your street number is clearly visible from the road. If there are infants, older adults or family members with mobility limitations, make sure someone is assigned to help them in the fire drill and during an emergency.
- If you have a two/three-story home, you might consider purchasing an approved escape ladder that can be hung from the window ledge or you can tie bedsheets together with knots every few feet.
- Upon arrival, direct firefighters to where the fire is located, if it is not obvious. Report any missing family members or friends immediately. Firefighters have skills and equipment to perform search & rescue.
- Practice your escape plan at night and during the day with every-

Facts

- According to an NFPA survey, only one of every three American households have developed and practiced a home escape plan.
- While 71% of Americans have an escape plan in case of a fire, only 47% of those have practiced it.
- A closed bedroom door when sleeping may slow the spread of heat, smoke, and fire.
- Install smoke alarms in every sleeping room, outside every sleeping area

one in the home.

Data from National Fire Protection Association

Cigarette Litter

Tracy Mullins
14th Civil Engineer Squadron physical scientist

As part of the Mississippi Adopt-a-Highway Program and pride on Columbus Air Force Base, the Prime Beef Association recruited 23 members of the 14th Civil Engineer Squadron to pick up litter along Highway 45 and East Gate Road. During this effort, volunteers collected more than 38 bags of litter. Upon first glance, East Gate Road appeared to be very clean; however, several of the volunteers quickly became aware of the volume of cigarette litter present. It was impossible to take more than two steps without stopping to pick up a cigarette butt or cigar tip. Although this type of litter is difficult to see while cruising down the road, that does not diminish the impact it has on the environment and wildlife.

The effects of cigarettes do not end when you put out the flame. According to Keep Mississippi Beautiful, 65% of all cigarette butts are littered, and they compose one-third of litter on roadways. One large misconception contributing to the cigarette litter epidemic is the idea that cigarette butts are biodegradable. Cigarette butts are definitely not biodegradable. They are actually made of plastic fibers and contain numerous toxic chemicals such as nicotine, arsenic and lead that leach into the environment contaminating ground water and storm water.

In 2006, researchers found that one cigarette butt per liter of water was enough to kill half of the exposed fish; however, it was not clear which toxin was responsible for the death of the fish. There are also numerous anecdotal reports of wildlife such as birds and sea turtles ingesting cigarette butts and later dying from toxicity or starvation.

According to Mississippi Code §97-15-29, littering with substance likely to ignite grass can result in a fine of up to \$250.00; paying for property damages; performing community service relating to the removal of any unlawfully discarded solid waste or to the restoration of any area polluted by unlawfully discarded solid waste; and paying all reasonable investigative and prosecutorial expenses.

To report a litterer in Mississippi, call 1-800-545-3764 with the following information: license plate number, vehicle description, location, date and what they threw out. When any litter is thrown or discarded from a motor vehicle in Mississippi, the operator of said motor vehicle shall be held liable for the offense.

Let's all work together to keep our roadways clean, protect our water and wildlife. Please remind those around you to properly dispose of their smoking rubbish.



Raising Awareness for a daily mission

Capt. Aimee St. Cyr
Alternate Sexual Assault Response Coordinator

Sexual abuse and assault are ongoing psychosocial problems in our society and greatly affect our community. Every military service member and family member, from our children to our leaders, is entitled to a culture of safety, security, and support. It is our individual chance to make responsible choices that impact our community, beginning with respect for ourselves and one another. The wellness and welfare of every member regardless of age, gender, rank or other demographic identifier, is a community obligation requiring healthy individual choices every day. All Columbus military and civilian personnel and their family members continue their efforts in supporting sexual assault survivors, deterring sexual violence, and instilling a military culture that stands against all forms of sexual violence and its perpetrators.

April is Sexual Assault Awareness month, with a theme of "Protecting Our People Protects Our Mission". Sexual Assault Awareness Month is a campaign to raise public awareness about sexual violence and educate communities on how to prevent it. The theme, "Protecting Our People Protects Our Mission", champions the message that the safety of each and every airman is necessary to keep the mission of the Air



Force going.

All across the world, survivors spend April raising their voice for prevention. Closer to home, there are many recently completed and upcoming April events to raise awareness of sexual assault and prevention. The Mississippi University for Women Counseling Center hosted the Walk a Mile in her shoes on April 9. This event occurs every year and is an opportunity to raise awareness by asking men in the community to wear high heeled shoes and join in the efforts of women by literally walking a mile in their shoes. In addition, the university uses this opportunity to collect donations for

Safe Haven. Safe Haven is a non-profit organization that provides emergency shelter and crisis intervention for victims of domestic violence and sexual assault. Safe Haven's victim services range from temporary housing to professional crisis counseling.

If you missed the Walk a Mile event, please come participate in the Monument Quilt Project which will be running until April 30. The Monument Quilt Project is a crowdsourced collection of thousands of stories from survivors of rape and abuse. By stitching our stories together, we are creating and demanding public space to heal. The Columbus Monument Quilt will be rotating through different squadrons around the base throughout the rest of the month. If you see it, please take a minute to sign or write a quick message on the quilt. Lastly, feel free to reach out to the SAPR Office with any other questions or for services. We can be reached on the SAPR Hotline 24/7 at (662) 364-0822. Thank you for your support of Sexual Assault Awareness month, and always remember "Protecting Our People Protects Our Mission".

Capt. Aimee St. Cyr, alternate Sexual Assault Response Coordinator

Carla T. Neal-Bush, Sexual Assault Prevention & Response Victim Advocate



**Don't text
while
driving**



U.S. AIR FORCE

THE AIRMAN'S CREED

**I AM AN AMERICAN AIRMAN.
I AM A WARRIOR.
I HAVE ANSWERED MY NATION'S CALL.**

**I AM AN AMERICAN AIRMAN.
MY MISSION IS TO FLY, FIGHT, AND WIN.
I AM FAITHFUL TO A PROUD HERITAGE,
A TRADITION OF HONOR,
AND A LEGACY OF VALOR.**

**I AM AN AMERICAN AIRMAN,
GUARDIAN OF FREEDOM AND JUSTICE,
MY NATION'S SWORD AND SHIELD,
ITS SENTRY AND AVENGER.
I DEFEND MY COUNTRY WITH MY LIFE.**

**I AM AN AMERICAN AIRMAN:
WINGMAN, LEADER, WARRIOR.
I WILL NEVER LEAVE AN AIRMAN BEHIND,
I WILL NEVER FALTER,
AND I WILL NOT FAIL.**



Visit us online!
www.columbus.af.mil



Medical Corner




Alcohol Awareness

What are symptoms of alcohol use disorder?

A few mild symptoms — which you might not see as trouble signs — can signal the start of a drinking problem. It helps to know the signs so you can make a change early. If heavy drinking continues, then over time, the number and severity of symptoms can grow and add up to “alcohol use disorder.” Doctors diagnose alcohol use disorder when a patient’s drinking causes distress or harm. See if you recognize any of these symptoms in yourself.

- Drank more, or longer, than you intended?
- More than once wanted to cut down or stop drinking, or tried to, but couldn’t?
- More than once gotten into situations while or after drinking that increased your chances of getting hurt (such as driving, swimming, using machinery, walking in a dangerous area, or having unsafe sex)?
- Had to drink much more than you once did to get the effect you want? Or found that your usual number of drinks had much less effect than before?
- Continued to drink even though it was making you feel depressed or anxious or adding to another health problem? Or after having had a memory blackout?
- Continued to drink even though it was causing trouble with your family or friends?
- Found that drinking—or being sick from drinking—often interfered with taking care of your home or family? Or caused job troubles? Or school problems?
- Given up or cut back on activities that were important or interesting to you, or gave you pleasure, in order to drink?
- More than once gotten arrested, been held at a police station, or had other legal problems because of your drinking?
- Found that when the effects of alcohol were wearing off, you had withdrawal symptoms, such as trouble sleeping, shakiness, restlessness, nausea, sweating, a racing heart, or a seizure? Or sensed things that were not there?

If you don’t have any symptoms of alcohol use disorder, you can reduce your chances of having problems in the future by staying within these low-risk limits:



What are symptoms of alcohol use disorder? Retrieved from <https://www.rethinkingdrinking.niaaa.nih.gov/How-much-is-too-much/Whats-the-harm/What-Are-Symptoms-Of-Alcohol-Use-Disorder.aspx>

A personal message from your health promotion Health Myth Busting Team



Dear Health Myth Busters,
Last year, I started drinking red wine with dinner after reading that it was good for heart health. Since that time, I have gained a few pounds. I realize that my eating habits could improve. Should I also stop drinking wine? Are there truly benefits to drinking red wine?

Sincerely,
Wine with Dinner

Dear Wine with Dinner,

It is great that you are focused on improving your health. Red wine is often reported as an antioxidant rich addition to the adult diet based on studies highlighting resveratrol and other substances that have been found to benefit heart health. Interestingly, multiple studies have shown that all alcohol in moderate amounts, not just red wine, can benefit the heart. Benefits attributed to moderate alcohol consumption include, but are not limited to, reduced blood clot formation and improved HDL (healthy) cholesterol.

BLAZE Hangar Tails: CV-22 Osprey

Mission
The CV-22 Osprey is a tiltrotor aircraft that combines the vertical takeoff, hover and vertical landing qualities of a helicopter with the long-range, fuel efficiency and speed characteristics of a turboprop aircraft. Its mission is to conduct long-range infiltration, exfiltration and resupply missions for special operations forces.

Features
This versatile, self-deployable aircraft offers increased speed and range over other rotary-wing aircraft, enabling Air Force Special Operations Command aircrews to execute long-range special operations missions. The CV-22 can perform missions that normally would require both fixed-wing and rotary-wing aircraft. The CV-22 takes off vertically and, once airborne, the nacelles (engine and prop-rotor group) on each wing can rotate into a forward position. The CV-22 is equipped with integrated threat countermeasures, terrain-following radar, forward-looking infrared sensor and other advanced avionics systems that allow it to operate at low altitude in adverse weather conditions and medium- to high-threat environments.

Background
The CV-22 is the Special Operation Forces variant of the U.S. Marine Corps MV-22 Osprey. The first two test aircraft were delivered to Edwards Air Force Base, California, in September 2000. The 58th Special Operations Wing at Kirtland AFB, New Mexico, began CV-22 aircrew training with the first two production aircraft in August 2006. The first operational CV-22 was delivered to Air Force Special Operations Command in January 2007. Initial operational capability was achieved in 2009. A total of 51 CV-22 aircraft are scheduled to be delivered by the end of 2019.

General characteristics
Primary function: special operations forces long-range infiltration, exfiltration and resupply
Power plant: two Rolls Royce-Allison AE1107C turbo shaft engines
Thrust: more than 6,200 shaft horsepower per engine
Wingspan: 84 feet 7 inches (25.8 meters)

Length: 57 feet 4 inches (17.4 meters)
Height: 22 feet 1 inch (6.73 meters)
Rotary diameter: 38 feet (11.6 meters)
Speed: 277 mph (241 knots) (cruising speed)
Ceiling: 25,000 feet (7,620 meters)
Maximum vertical takeoff weight: 52,870 pounds (23,982 kilograms)
Maximum rolling takeoff weight: 60,500 pounds (27,443 kilograms)
Armament: one .50 Cal Machine gun on ramp
Range: combat radius of 500 nautical miles with one internal auxiliary fuel tank
Payload: 24 troops (seated), 32 troops (floor loaded) or 10,000 pounds of cargo
Crew: four (pilot, copilot and two flight engineers)
Builders: Bell Helicopter Textron Inc., Amarillo, Texas; Boeing Company, Defense and Space Group, Helicopter Division, Philadelphia
Deployment date: 2006
Unit cost: \$90 million
Inventory: active duty, 46; reserve, 0; ANG, 0



U.S. Air Force photo by Staff Sgt. Luke Kitterman

A CV-22 Osprey, assigned to the 20th Special Operations Squadron, hoists up a simulated survivor during Combat Search and Rescue training at Cannon Air Force Base, N.M., March 7, 2019. The CSAR training was in conjunction with a Tactical Air-Refueling mission performed with a KC-10 Extender, assigned to the 6th Air Mobility Wing at Travis Air Force Base, Calif.



U.S. Army photo by Staff Sgt. Elizabeth Pena

Romanian Special Operation Forces exit a CV-22 Osprey assigned to a 352nd Special Operations Wing, during a combined training March 12, 2019, near Bacau, Romania. Side-by-side, US Air Force’s 7th Special Operation Squadron, assigned to the 352nd SOW and ROU SOF conducted day and night fast rope infiltration and exfiltration operations (FRIES) and low-level flying. Through these pieces of training, SOF members demonstrate and strengthen partner nation relationships and air operations in the European Theatre.

Visit www.columbus.af.mil to learn about Columbus AFB agencies and other important information.



T-1A Jayhawk

SUPT Class 19-08/09 earns silver wings



T-38C Talon



Maj. Justin McCullough
St. Petersburg, Florida
C-130H



Capt. John Ebright
Charlotte, North Carolina
C-17



1st Lt. Soshi Tsuchida
Tokyo
TBD



2nd Lt. Nawaf Alshahrani
Saudi Arabia
TBD

Twenty-eight officers have prevailed during a year of training, earning the right to become Air Force pilots.

Specialized Undergraduate Pilot Training Class 19-08/9 graduates at 10 a.m. today during a ceremony at the Kaye Auditorium. Brig. Gen. Kristin Goodwin, the Commandant of Cadets, United States Air Force Academy, Colorado, is the graduation guest speaker.

Students will receive their silver pilot's wings at the ceremony, and students who excelled in their respective training tracks will be recognized.

The Air Education and Training Command Commander's Trophy is presented to the most outstanding students overall in their classes.

The Air Force Association Award is presented to a graduate in each flight who excelled in training and typified the tenets of the association; promoting aerospace power and a strong national defense.

The 52-week pilot training program begins with a six-week preflight phase of academics and physiological training to prepare students for flight. The second phase, primary training, is conducted in the single-engine, turboprop T-6A Texan II at Columbus AFB, Miss. Students learn aircraft flight characteristics, emergency procedures, takeoff and landing procedures, aerobatics and formation flying. Students also practice night, instrument and cross country navigation flying.

Primary training takes approximately 23 weeks and includes 254.4 hours of ground training, 27.3 hours in the flight simulator and 89

hours in the T-6A aircraft.

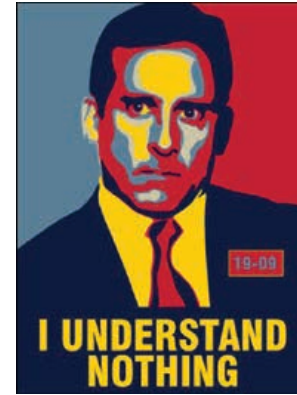
After primary training, students select, by order of merit, advanced training in the fighter-bomber or airlift-tanker track.

Both tracks are designed to best train pilots for successful transition to their follow-on aircraft and mission.

Advanced training for the fighter track is done in the T-38C Talon, a tandem-seat, twin-engine supersonic jet. T-38 training emphasizes formation, advanced aerobatics and navigation. Training takes approximately 26 weeks and includes 381 hours of ground training, 31.6 hours in the flight simulator and 118.7 hours in the T-38C aircraft.

The airlift-tanker track uses the T-1A Jayhawk, the military version of a multi-place Beech Jet 400 business jet. Instruction centers on crew coordination and management, instrument training, cross-country flying and simulated refueling and airdrop missions. Training takes about 26 weeks and includes 185 hours of ground training, 53.6 hours in the flight simulator and 76.4 hours in the T-1A.

Each class is partnered with business or civic organizations during their year of training. This program is designed to foster closer ties between the community and Columbus AFB. Today, each student will be given a set of pilot wings with their names engraved on the back as a token of good luck from their partners. SUPT Class 19-08/9's pilot partners are Thai by Thai, Saint Leo University, ReMAX and Zachary's.



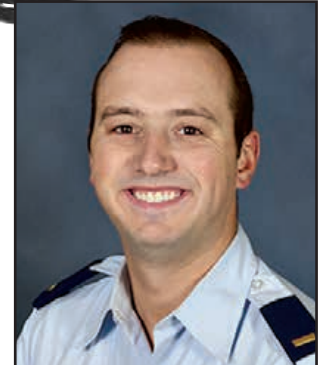
2nd Lt. Akbar Aviantara
Lhokseumawe, Indonesia
TBD



2nd Lt. Andrew Barto
Orlando, Florida
TBD



2nd Lt. Brenden Bone
Phoenix
C-130J



2nd Lt. Alex Butler
Chatham, Illinois
C-130H



2nd Lt. Michael Chisena
Coral Gables, Florida
T-6



2nd Lt. James Davis
Ligonier, Pennsylvania
C-17



2nd Lt. Cameron Georgi
Fort Wayne, Indiana
C-130J



2nd Lt. Benjamin Hurtado
Biloxi, Mississippi
T-1



2nd Lt. Brian Min
Tamuning, Guam
KC-135



2nd Lt. Christopher Newman
Tampa, Florida
TBD



2nd Lt. Joseph Pang
Cerritos, California
E-3 Sentry



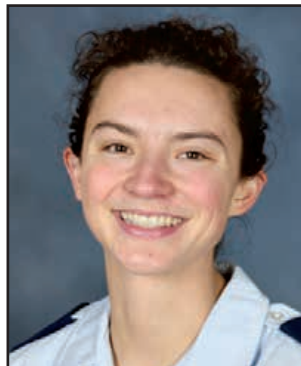
2nd Lt. Nicholas Porras
Lowell, Indiana
TBD



2nd Lt. Keegan Reynolds
Petoskey, Michigan
C-17



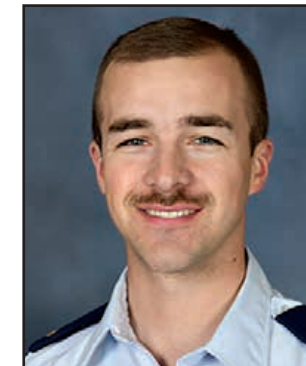
2nd Lt. Jacob Riley
Minerva, Ohio
C-5M



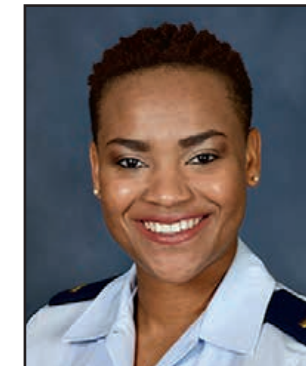
2nd Lt. Madeline Schmitz
Belleville, Illinois
KC-10



2nd Lt. Kynan Valencia
Indianapolis
KC-135



2nd Lt. Jason Walsh
Arlington, Washington
MQ-9



2nd Lt. Thessa Washington
Detroit
C-130H



2nd Lt. Erik Whyte
Irvine, California
C-17



2nd Lt. Austin Windham
Wildwood, Florida
C-130H