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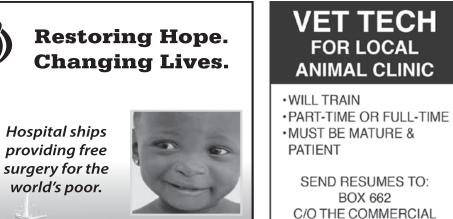
"The 12 Steps have put me in touch with a power greater than myself and for that I am grateful."

Photo for illustration purposes on

"I came to the Pines at a point when I was physically addicted to alcohol. I was in a suicidal state and chose treatment over the other option. I relapsed in treatment when I went on a weekend pass because I was triggered by my anger. Today, I use the 12 Steps as a way of dealing with my problems. I make a meeting every day, attend aftercare, and have two sponsors. Working with others is the best way for me to get outside of myself and find purpose. The 12 Steps have put me in touch with a power greater than myself and for that I am grateful."



For more information: www.ccsms.org/pach



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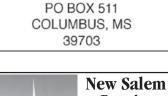
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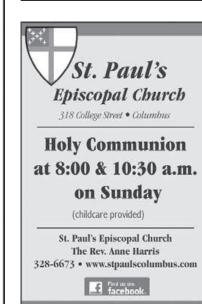


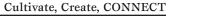
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WEDNESDAY Kid's Drama - 6 pm Adult/Youth Bible Study, RAs, GAs & Mission Friends - 6:30 pm Nursery available for all services.







Return Service: The Commercial

Wing Newcomers Orientation

SUPT 19-07 Assignment Night Columbus Club.

SUPT Class 19-07 Graduation

Inside



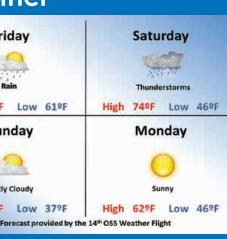
PHASE] Squadron 37th (19-22) 41st (19-21)

Brig. Gen. James Sears, speaker for Specialized L



Columbus Air Force Base, Miss.

February 22, 2019



All new active-duty service members are required to attend the Wing Newcomers Orientation starting at 8 a.m. Feb. 26 in the Columbus Club. The Wing Newcomers Brief is a great way to learn all the different organizations on base and get a feel for how Columbus AFB operates. Spouses are also encouraged to attend.

Specialized Undergraduate Pilot Training class 19-07 will have their assignment night 5:30 p.m. March 1 at the

Specialized Undergraduate Pilot Training Class 19-07 graduates 10 a.m., March 15 at the Kaye Auditorium.

> peaks at SUPT Class 19-06 highlighted in this week's



Columbus Air Force Base, Mississippi, has three separate housing neighborhoods; Capitol, State and Magnolia Villages. Pictured above is Magnolia Village. Wing leadership will be conducting a 100 percent review of the condition and safety of all military housing on base by March 1.

Air Force addresses housing concerns

Mr. Charlie Pope

Secretary of the Air Force Public Affairs

ARLINGTON, Va. - Responding to reports of poorly maintained and unsafe housing across several installations, Air Force Secretary Heather Wilson and Chief of Staff Gen. David L. Goldfein on Feb. 19 directed commanders at every base worldwide to conduct a "100 percent review" of the condition and safety of all military housing by March 1.

Asserting that the housing conditions reported Feb. 13 during a Senate Armed Services Committee and in media reports "are not acceptable," the Air Force's two leading officials

took steps to ensure that senior military commanders are personally aware of the conditions that exist in military housing at their bases.

The effort, which begins immediately, will be the housing equivalent of a safety stand down. The goal over the next 10 days is to conduct a 100 percent in-person health and safety check of all 74,500 family housing units in the Air Force.

The results will give senior civilian and military leaders a more thorough understanding of the extent and severity of the problems and help inform responsive solutions.

See HOUSING, Page 3

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Co	LUMBU	JS AF	B TR	AININ	G T	IMELI	NE	
II	Рна	se III	IFF		Wing Sortie Board			
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14TH

FLYING

TRAINING

WING

DEPLOYED

As of press time, 50 TEAM BLAZE members

are deployed worldwide

Remember to support the

Airmen and their families

Deployment numbers

provided by the Installation

Personnel Readiness Office.

while they are away.

NE<u>WS</u>

Professional Organization Corner

Company Grade Officers Council

The council — second and first lieutenants, and captains — promotes the development of CGOs throughout the 14th Flying Training Wing. They maintain an informational network to enhance the professional development and officer camaraderie the throughout the wing.

Meets last Thursday of every month at 11 a.m. at the BLAZE Commons.

President: Capt. Amessia Brown Vice President: Capt. Daniel Wilson

Air Force Sergeants Association

The Air Force Sergeants Association (AFSA) is an association dedicated to representing enlisted men and women and their families. AFSA fights for more that benefits and pay, they have a by-name seat at the influential tables in both the Congress and the Pentagon to help shape the tough policy decisions affecting the enlisted corps today.

Meets the third Thursday of every month a oon at the Columbus Club

President: Senior Master Sgt. Thomas Ryan Vice President: Master Sgt. Brent Shields BLAZE Top 3

The Top 3 establishes and maintains a spirit of comradeship and esprit de corps that will enhance the prestige of all senior NCOs, encourage an attitude of unified purpose and set an example for all enlisted personnel according to the standards, traditions and customs of the Air Force.

Meets the third Thursday of every month at 3 p.m. at the Columbus Club

President: Master Sgt. Arkelia Hamlet

Vice President: Senior Master Sgt. Joi Wash-

BLAZE 5/6

The 5/6 represents motivated staff and technical sergeants. They provide an opportunity to meet Airmen and to network with peers. The organization mentors junior enlisted, assists other private organizations, and are heavily involved with community relations.

Meets the last Wednesday of every month at noon at the Columbus Club.

President: Tech. Sgt. Stacy Powell

Vice President: Tech. Sgt. Crayton Felder **First Four**

The Airman's Activity Council functions as a social and professional organization established to enhance morale, esprit de corps, and cooperation between members from the E1-E4. This is accomplished through fundraisers on and off base, volunteer opportunities, and events or trips for those eligible to become members.

Meets the last Thursday of every month at noon at the Montgomery Village.

President: Senior Airman Kiara Rodriguez Vice President: Senior Airman Brittani Amavizca-Waddington

<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thur</u>	<u>Fri</u>	<u>Sat/Sun</u>	Long Range Events					
25 ALS Begins	26 Wing New- comers, 8 a.m. @ Club	27	28 Columbus High School JROTC visit Enlisted Pro- motions, 3 p.m. @ Club Hearts Apart, 5 p.m.@ A&FRC	Employee Appreciation Day SUPT Class 19-07 Assign- ment Night, 5:30 p.m. @ Club	2/3	March 15: SUPT Class 19-07 Graduation March 16: ALS Burger Burn March 18-21: National Prayer Breakfast with retired chaplain (Maj. Gen.) Cecil Richardson March 19: Wing					
4 IFF Class 19EBC Gradu- ation Marriage Mon- day	50	6	7	8	9/10	Newcomers March 28: ALS Class 19-3 Graduation March 28: Spring Pilgrimage Kickoff Party March 29: Spark Cell Meeting March 29: Enlisted Promotion					

Silver Wings

How to reach us

14th Flying Training Wing Public Affairs 555 Seventh Street, Suite 210, Columbus AFB, MS, 39710 Commercial: (662) 434-7068 DSN: 742-7068 Fax: (662) 434-7009 E-mail: silverwings@us.af.mil

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Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

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Submit all advertising to the Columbus, Miss., Commercial Dispatch advertising department one week prior to desired publication date. The advertising department can be reached at (662) 328-2424.

Cultivate, Create, CONNECT

DONOVAN

(Continued from page 13) said. "I'm out here to take a look at the innovations that have been put into place by the AETC Commander (Lt. Gen. Steven) Kwast and his two Numbered Air Force commanders that are in charge of these wings.'

Kwast has challenged bases in his command to be "masters at this game of innovation" by employing two forms of innovation: One "that sustains what you are doing today and what is working," and one "that changes you into something that can do the same thing in a different game, a different world. a different economic curve."

Sheppard has been in the innovative weeds in that regard, employing technologies such as virtual, augmented and mixed realities to produce mission-ready Airmen.

During his visit to Sheppard, Donovan was able to see and experience how Airmen use HoloLens technology in aircraft maintenance and civil engineering courses, a virtual reality simulator to gauge electrical systems apprentice course students' fear of heights before training, and mixed realty platforms at the 80th FTW's Innovation Lab available for student pilots to hone skills in a virtual world.

Just as innovation is important to the future of the Air Force and the country's military, so, too, is the relationships built with partner nations. That is also seen at Sheppard

WWE Live



SILVER WINGS Feb. 22, 2019 15



U.S. Air Force photo by Airman 1st Class Pedro Tenorio

Under Secretary of the Air Force Matthew Donovan visits the 365th Training Squadron at Sheppard Air Force Base, Texas, Feb. 14, 2019. Donovan visited to see the new technology that will improve the training at Sheppard AFB and reduce the amount of on-the-job training needed for heavy avionics technicians.

Training Wing's Euro-NATO Joint vancement of our interests, main-Jet Pilot Training program.

Effort that's articulated in the National Defense Strategy is strengthening our alliances with our partners around the globe, so this is the Force career in 1977 when he enabsolute premier place that we do that for our NATO partners."

with the 82nd Training Wing's working together with allies and International Military Student partners we amass the greatest pos-Organization and the 80th Flying sible strength for the long-term adtaining favorable balances of power "It actually plays a very, very that deter aggression and support large role," he said of Sheppard's the stability that generates ecorole in the nation's national de- nomic growth. When we pool refense. "In fact, our second Line of sources and share responsibility for our common defense, our security burden becomes lighter."

> Donovan, who began his Air listed and later commissioned in 1982, eventually becoming a com-



U.S. Air Force photo by Airman 1st Class Madeleine E. Remillard

Under Secretary of the Air Force Matthew P. Donovan, wears a virtual reality headset as he experiences a virtual reality demonstration used for technical training at Sheppard Air Force Base, Texas, Feb. 14, 2019. Sheppard AFB leveraged the technology as another too to enhance training and develop Mach-21 Airmen in areas such as aircraft maintenance and civil engineering.

and F-5E Tiger II, also touched on the pilot shortage in the Air Force, something he said is a cyclical event that is a result of the private sector. When the commercial the pilots we have trained to stay airline industry expands and hires new pilots, it affects the bottom line of the Air Force.

But, the service has plans and programs in place to increase and retain its pilots.

"We've put into place some increased production. You'll probably notice that here at Sheppard Air information architecture across the According to the NDS, "By mand pilot with more than 2,900 Force Base," he said. "We're also Air Force.

flying hours in the F-15C Eagle looking forward to a new T-X trainer, which will replace the T-38, and that will provide the larger production capability. We're also looking at retention incentives to try to get with the Air Force."

> Donovan is in charge of organizing, training, equipping and providing for the welfare of about 685,000 military and civilian Airmen. He is also the service's chief information officer in charge of integrating data and developing

News Around Town

Luke Combs Concert

World Wrestling Entertainment will be performing at 7:30 p.m. Feb. 23 at the Bancorp South Arena in Tupelo, Mississippi. Tickets and information are available online.

Luke Combs, American Country Music singer, will perform at 7 p.m. March 8 at the BancorpSouth Arena in Tupelo, Mississippi. Tickets available online.

Mumford and Sons Concert

Mumford and Sons, British Alternative Rock band, will perform at 7:30 p.m. March 23 at the Legacy Arena in Birmingham, Alabama. Tickets available online.



To advertise in Silver Wings, call 328-2424

FARP: Land, refuel, leave

Airman 1st Class Kristine Legate 355th Wing Public Affairs

BASE, Ariz. — In the darkness of night, forward area refueling point team members wait for a HC-130J Combat King II to land marking the start of training.

oils and lubrication career field, trains Airmen to effectively refuel aircraft in remote locations when air-to-air refueling is not possible or when fueling stations are not acces-

which can provide FARP capabilities. Of the entire U.S. Air Force, there are a total of Downrange we could have scenarios where 63 gualified FARP team members – nine for we have to land, refuel and leave in under each base

"We come in with everything we need o deliver fuel from one aircraft to another," said Staff Sgt. Drake Burch, 355th Logistics missions and make it back home safe.'

lethality more effectively and efficiently anya mobile refueling point anywhere an aircraft in turn, allow them to support the mission in

can land.

"With the ability to set up a refueling site with both minimal equipment and person-DAVIS-MONTHAN AIR FORCE nel, we are able to provide versatility while leaving a low footprint" Burch said.

To maintain readiness in adverse conditions, FARP training can take place anytime, day or night, and consists of members wear-FARP, a specialty within the petroleum, ing roughly 60 pounds of gear, to include: a rifle, vest, magazines, night-vision goggles, a helmet and survival gear, while performing refueling tasks to simulate encounters they may face downrange.

"We practice how we play," said Staff Sgt. Davis-Monthan is one of seven bases Matthew Lara, 355th LRS FARP operator. "It helps us prepare for real-world situations. an hour.

Training can be strenuous and demanding. To even qualify for FARP, Airmen must pass Survival, Evasion, Resistance, and Escape Readiness Squadron FARP operator. "So that (SERE) school and go through an altitude others have enough fuel to complete their chamber. In training situations, which can sometimes take place in pitch black darkness, FARP plays a role in the U.S. military's FARP members must show they can refuel adaptive basing abilities to deliver airpower aircraft even in the most austere environments. Training in less-than-ideal conditions where in the world by being able to provide allow Airmen to hone their skills which will,



U.S. Air Force photo by Airman 1st Class Kristine Legate

U.S. Air Force Airmen prepare for routine nighttime forward area refueling training at Davis-Monthan Air Force Base, Arizona, Oct. 4, 2018. FARP training prepares Airmen to effectively refuel aircraft in austere locations when air-to-air refueling is not possible or when fueling stations are not accessible.

any situation.

mentally. On the job, exhaustion can easily you can't just stop, you have to keep going to creep up on you and thoughts of wanting to complete the mission."

quit start to cross your mind, but you don't "It's demanding – both physically and quit," Lara said. "In a real-world situation



Staff Sat. Matthew Lara and Staff Sat. Drake Burch, 355th Loaistics Readiness Sauadron forward area refueling point operators, refuel an A-10 Thunderbolt II at an undisclosed location, Jan. 30, 2019. FARP training includes members wearing full body armor while performing refueling tasks to simulate encounters they may face downrange.

Staff Sat. Matthew Lara, 355th Logistics Readiness Sauadron forward area refueling point operator, prepares to refuel an A-10 Thunderbolt II at an undisclosed location, Jan. 30, 2019. Of the entire U.S. Air Force, there are a total of 63 qualified FARP team members.

HOUSING

(Continued from page 1)

In addition to walk-throughs with residents that "will document any health or safety risks," the directive requires command teams to "solicit feedback from their Airmen about any health or safety issues in the housing they occupy.'

While witnesses at the Feb. 13 hearing told senators of appalling conditions that went unaddressed Wilson and Goldfein also directly confronted comments about instances where the on-site management responsible for the housing ignored valid complaints.

"Most troubling was the concern some families had that, if they reported a problem, they would face retaliation for speaking up," Wilson and Goldfein wrote in their message to wing commanders. "The health and safety of our Airmen and their

families is commander business," Wilson and Goldfein bluntly wrote, adding that a "standard checklist" will be used to ensure consistency across the Air Force's sprawling operation and to provide a blueprint for addressing the problems. "Our Airmen and their families should have mil-

people."

The directive also said suggested that senior Air Force leaders will be responsible for identifying and helping resolve a host of problems in housing where Airmen and their families live. As described during the Senate hearing, those problems include the presence of black mold, rodent infestation, flooding, radon and faulty wiring.

In addition to in-person reviews, Wilson directed the Air Force Inspector General to review how the Air Force responds to complaints about conditions at base housing. The Air Force is also conducting policy review to identify any directives that impede commanders from appropriately responding.

lumbus AFB better. drop down menu.

itary housing that will not adversely impact their health and safety," Wilson and Goldfein wrote. "More importantly, they should have confidence that they can identify problems without retaliation or fear of reprisal. This is about taking care of our



DEPARTMENT OF THE AIR FORCE **HEADQUARTERS 14TH FLYING TRAINING WING** COLUMBUS AIR FORCE BASE MISSISSIPPI



SILVER WINGS 9 Feb. 22, 2019 **3**

19 February 2019

MEMORANDUM FOR COLUMBUS AFB FAMILY HOUSING RESIDENTS

FROM: 14 FTW/CC

SUBJECT: Health and Safety Review of Military Housing Units

1. Testimony in Congress in the past week highlighted health and safety concerns related to conditions of military housing. You may have seen this spreading across the news and social media. The Secretary of the Air Force and the Chief of Staff of the Air Force directed commanders to conduct a 100% review of military housing units to better understand the nature and severity of any health and safety problems.

2. I take your health and safety and that of your family very seriously, so this review is my immediate priority. Therefore, over the next several days, my team will be reaching out to each on-base resident, via telephone, to ask questions about any health and safety concerns with your military housing. Furthermore, they will ask if you are willing to allow a brief walk-through of your home in order for us to gain a better understanding of your concerns and capture it for the Security of the Air Force and Chief of Staff. The telephone calls will begin this Thursday, 21 February. My intent is to have walk-throughs accomplished the first half of next week, beginning 25 February. We will request a one-hour window of your availability because I value your time!

3. I understand this may be inconvenient for some, and the walk-throughs are entirely voluntary. However, I know our Air Force is committed to our health and welfare, and this is the way we can have our concerns understood. Thank you in advance for your willingness to participate in this effort. Feel free to highlight specific challenges you need us, as your leaders, to address. We can't fix problems we don't know about!

4. If you have any questions or concerns regarding this letter or initiative, please reach out to me directly at 662-434-1400, our Housing Management Office at 662-434-7276 or the Base Civil Engineer, Lieutenant Colonel Peter Joo, at 662-434-7325.

Commander's Action Line 434-1414



In an effort to stay Connected, the Commander's Action Line is your direct link to the commander for comments and suggestions on how to make Co-

Although the Commander's Action Line is always available, the best way to resolve problems is through the chain-of-command. The Commander's Action Line can be reached at 434-1414. Leave your name and phone number or email if you would like to receive an answer. All names will be kept confidential. If you would like to remain anonymous, please submit your inquiries through our base application in the 'Our Wing' then 'Contact the CC' tab or you can submit through the webpage at www.columbus.af.mil. Click "Contact Us" at the top left of the page and select "Commander's Action Line" in the Recipient

Columbus AFB Spark Cell shares best practices with Tinker AFB Airmen

Airman Hannah Bean 14th Flying Training Wing Public Affairs

The Columbus Air Force Base Spark Cell is leading the way across the Air Force for what an innovation lab should be, so much so, that a team from Tinker Air Force Base, Oklahoma, visited Columbus AFB Feb. 13 to gain insight of how to develop a spark cell at their base.

The visit was initiated by Master Sgt. Reza Zeinalpour, 552nd Air Control Wing process manager, after attending a Spark Cell workshop in Austin, Texas, in December. The workshop, hosted by the AFWERX-Austin hub team, featured speakers and classes that focused on building innovation teams and sharing ideas on how to foster a results-driven culture of innovation.

Maj. Ryan Brewer, 14th Flying Training Wing director of innovation, also attended and highlighted Columbus AFB's Spark Cell and how its' design allowed Airmen to network and collaborate on innovative ideas and projects. Zeinalpour wanted to learn more about the spark cell here so he reached out to Brewer so he and a team from the 552nd ACW, a tenant unit on Tinker AFB, could

"We wanted to look at the capabilities here, find out what return on investment has been happening from this spark cell to build a case for our own spark cell," Zeinalpour said. "Every base has its own specific needs so we wanted to look at this and see how it's been connected to your base and for us to take the Spark Cell has aided in projects utilizing ture. The blueprint and tricks of the trade cre-



U.S. Air Force photo by Tech. Sgt. Christopher Gross

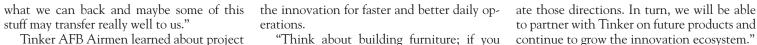
Maj. Ryan Brewer, 14th Flying Training Wing director of innovation, speaks with Airmen from the 552nd Air Control Wing at Tinker Air Force Base, Oklahoma, about the spark cell Feb. 13, 2018, on Columbus AFB, Mississippi. Tinker AFB plans to use what they learn at the Columbus AFB Spark Cell through shared information for their own version of a spark cell.

stuff may transfer really well to us."

Tinker AFB Airmen learned about project management software and the bigger ecosystem that was available to Columbus AFB. longer to get the finished product," Brewer They also toured areas in the 14th Medical Group and 14th Operations Group, where and focus on your specific needs of that furni-

erations

"Think about building furniture; if you didn't have directions, it would take 10 times said. "Given directions, you can build quicker



What they learn at the spark cell here, through shared information, will aid in jumpstarting the 552nd ACW's plans for their own version of a spark cell faster with shared experiences across the enterprise.

"If we don't innovate, we're already falling behind," Zeinalpour said. "There's someone in a garage trying to outthink us already and if we're not already thinking to push further than where we're already at, then we're not going to be around. .. It's very important to modernize, see what's available, source it appropriately, and try to move forward."

Since each base has its own capabilities, working together allows the innovation process to flow smoothly. Mixing these groups gives a deeper pool of talent and viewpoints, eading to further innovation.

Brewer said his goal is to assist wherever he can with creating these types of environments all across the Air Force.

"It's about a culture of change, moving from stagnation to innovation," he said. "In order to continue being the world's greatest superpower, we must continue to grow, innovate and become more flexible to win wars in today's challenging environment."

Air Force formalizes policy on retention of non-deployable Airmen

ARLINGTON, Va. - In accordance with Department of Defense policy on military retention of non-deployable service members, the Air Force implemented its guidance in a memo signed Feb. 19.

Airmen who have been non-deployable for more than 12 consecutive months will be notified by their chain of command and evaluated for retention either through referral to the Disability Evaluation System or consideration for administrative separation.

Air Force leaders signed a memo charging every Airman to be fit for duty and maintain a wartime mission-capable status

To be wartime mission-capable, Airmen must:

• meet individual medical readiness standards, to include medical, dental, and physical components,

• be able to execute the wartime mission requirements of their respective career fields, to include technical, educational, and physical proficiency,

Force be ready to deploy at all times."

exempt from this policy.

For some Airmen, being fit for duty means deploying to an austere environment at a moment's notice; for others, it means being fit to execute wartime missions from home station. In both scenarios, commanders remain responsible for ensuring their Airmen are fit for duty.

"Being ready to go is in our DNA," said Lt. Gen. Brian Kelly, Ai Force deputy chief of staff for manpower, personnel and services. "It comes from our expeditionary roots as Airmen."

The Office of the Assistant Secretary of the Air Force for Manpower and Reserve Affairs will serve as the final retention approval authority, with one exception. Only the secretary of the Air Force may disapprov retention requests for combat-wounded Airmen who have been eval uated through the Disability Evaluation System and whose reason fo being non-deployable is a result of their combat wounds.

"As a member of the profession of arms, all Airmen must be ready to execute their wartime missions," said Shon Manasco, assistant secretary of the Air Force for manpower and reserve affairs. "Retaining Airmen who meet our standards to deploy is a top priority."

For more information, Airmen should visit myPers or call the Air Force Personnel Center's Total Force Service Center.

U.S. Air Force photo by Airman Hannah Bea

Airmen from the 552nd Air Control Wing at Tinker Air Force Base, Oklahoma, tour the Koritz Clinic with Capt. Scott Mckeithen, 14th innovation for faster and better daily operations.



U.S. Air Force photo by Airman Hannah Bean

Airmen from the 552nd Air Control Wing at Tinker Air Force Base, Medical Group practice manager, and Maj. Ryan Brewer, 14th Oklahoma, try on virtual reality equipment Feb. 13, 2018, on Co-Flying Training Wing director of innovation, Feb. 13, 2018, on Co- lumbus AFB, Mississippi. They toured areas in the 14th Operations lumbus AFB, Mississippi. They visited areas in the 14th MDG to see Group to see how the Columbus AFB Spark Cell has aided in how the Columbus AFB Spark Cell has aided in projects utilizing projects utilizing the innovation for faster and better daily oper-

AF News

Secretary of the Air Force Public Affairs

• be current on the Fitness Assessment and

• be considered a satisfactory participant in Air Force Reserve and Air National Guard duties, as applicable.

"We expect all Airmen to exercise personal accountability for their deployable status and to take the necessary steps to maintain their readiness," stated the memo signed by the secretary, chief of staff and chief master sgt. of the Air Force. "Commanders will ensure Airmen understand what is required and ensure the necessary resources are available to achieve our goal of a 95 percent or higher deployable rate within their units. The defense of our nation requires Airmen and the Air

Airmen exempted from this policy include those who are pregnan or postpartum, in a training or transient status, deployable with limitations, and are filling positions exempted by the secretary of defense. Additionally, the new Air Force policy lists adoption, humanitarian assignment, legal action, sole survivor/surviving family member/ deferred from hostile force zone, conscientious objector, absent withou leave, or pending administrative separation as categories that are also



U.S. Air Force photo by Airman

From left, Under Secretary of the Air Force Matthew Donovan, Maj. Steve Briones, 80th Flying Training Wing Innovation director, and Lt. Gen. Steven Kwast, commander of the Air Education and Training Command, fly T-38C Talons through a mixed reality training simulation at Sheppard Air Force Base, Texas, Feb. 14, 2019. Donovan and Kwast came to Sheppard AFB to see how technology is changing the training envi-

Donovan: Readiness, force lethality begins with training

82nd Training Wing Public Affairs

SHEPPARD AIR FORCE BASE, Texas – The very foundation of the Air Force was built on innovation and technology, beginning with the first flight of the Wright Flyer four miles south of Kitty Hawk, North Carolina, in 1903.

More than 115 years later, innovation and technology continue to play important roles in shaping the fight the service is able to take to the enemy, and it begins in classrooms, learning labs, pre-flight briefings and simulations at bases like Sheppard AFB and others in Air Education and Training Command.

Under Secretary of the Air Force Matthew P. Donovan, the second highest ranking civilian in the Department of the Air Force, visited Sheppard on Feb. 14, 2019, to see how the Air Force's largest and most diverse technical and undergraduate pilot training base is employing technology to train today's Airmen for

When it comes to meeting those responsibilities, Sheppard is at the forefront of the effort by training the Airmen, officer and enlisted, who will be charged to get people and assets anywhere at any time.

"With the largest technical training wing in the Air Force, you train those that will build, move and fix our Air Force so we can fight," he said. "These Airmen will be key to how we face future threats to our national security.

Donovan said leveraging technology and innovation is important to the overall National Defense Strategy, which includes modernizing key capabilities, developing a talented workforce and evolving innovation operational concepts.

"Our National Defense Strategy tells us that we've got to restore the readiness, increase the lethality of our force. It has to start right here in the training," he

Columbus Air Force Base Information and Events

Join our Facebook page at Columbus AFB Living, Twitter at @columbusafbliving, Instagram at columbus_afb_living, or visit our website at www.columbusafbliving.com to keep up to date with all the great events happening around base. Check out the calendar on the website for important Airman and Family Readiness Center events. For more information, contact 434-2337.

Get Connected with Your New Base App!

As a way to connect people together, Columbus Air Force Base launched a new app to connect Airmen and families to the mission and community! The app is available on all app stores and can be found by searching 'Columbus Air Force Base'.

Lunch Buffets at the Overrun

Enjoy daily lunch buffets Tuesday-Friday at the Columbus Club. Daily buffets include: Tuesday-Taco and Nacho \$9, Wednesday–Chicken Wings and Pasta \$10, Thursday–Southern Style \$10 and Friday–Fried Catfish \$10. Club Members receive a \$2 discount. For more information, contact 434-2489.

St. Patrick's Day North Alabama Picnic Wine Trail

Let the shenanigans begin! Join us on March 16 as we take you on a three winery tour. Meet at the BX parking lot at 7:30 a.m. and arrive at Jules Berta Vineyards, then move through two other wineries for food, wine and perhaps you'll also find your Pot O' Gold. \$40 per person, must sign up by March 9 at 4 p.m. Must be 21 and older to participate, event takes place rain or shine. No refunds. No cancellations. For more information, contact 434-7861.

UFC Fight Night

Join us at the Overrun in the Event Center for UFC 235 Jones fice at 434-7861 vs. Smith on Saturday, March 2, doors open at 6:30 p.m. Food and drink specials. Club members receive a \$5 food voucher! Call Storytime Schedule 434-2489 for more information.

Theme Thursdays at the Overrun

Join us every Thursday in February for our Travel the World Edition of Theme Thursday! Featuring \$0.45 wings on Thursdays at the Overrun, drink specials and sports games on TV's and DJ Memo on the turntables. Call 434-2489 for more information.

Assignment Night Transportation

bus, the van or both! The cost is only \$30 per hour for Columbus and local areas; a \$30 deposit is required and applied to the total cost of reservation. Reservation must be a minimum of four hours **Horse Boarding Available** and reserved in person. For more information, contact 434-7861.

Martial Arts

Martial Arts classes are available at the Youth Center every Tuesday and Wednesday from 5:30-6:30 p.m. receive two free introductory classes, contact the Youth Center for more information at 434-2504.

Exclusive Military Vacation Packages

Did you know that you can book exclusive military vacation **Play Paintball** packages at ITT? Packages include Universal Studios and Disney

FSS Services

North Alabama Picnic Wine Trail ARCH 16. 2019 30AM DEPARTURE FROM CAFB BX 8:00PM ARRIVAL AT CAFE BX O PER PERSON ist sign up by 4:00pm on March 9th LET THE SHENANIGANS BEGIN! VE AT JULES BERTA VINEYARDS THEN E THROUGH TWO OTHER WINERIES FOR FOOD, WINE AND PERHAPS DU'LL ALSO FIND YOUR POT O' GOLD! 'LL RECEIVE A PICNIC WINE TRAIL GLASS FOR PARTICIPATING.

destinations. To book your vacation, visit or contact your ITT of-

MORE INFORMATION AND TO RSVP PLEASE

The Base Library is offering Storytime on Tuesdays at 10 a.m. for ages 3–6 years and Fridays at 10 a.m. for ages birth–2 years. For more information, contact 434-2934.

FSS Gift Cards

Make your shopping easier! Purchase or redeem your FSS Gift Card at the following locations: Arts and Crafts, Bowling Center, Café at Whispering Pines, Child Development Center, Columbus Club, Information Tickets and Travel, Outdoor Recreation or the Book Assignment Night transportation with ITT! Reserve the Youth Center. For more information, stop by any of these loca-

The CAFB Riding Stables usually has stall space available. For pricing and more information, contact Outdoor Recreation at 434-2505.

Free Mango Languages

Learn a new language today! Free Mango Languages available at the Base Library; real-life conversations in over 70 languages. For more information, contact 434-2934.

Outdoor Recreation offers paintball for groups or indi-

viduals. You must book 24 hours in advance; 17 years old and under must be accompanied by an adult. The cost is \$15 per person for party of 10 or more; \$20 per person for party of nine or less. You must purchase paintballs at Outdoor Recreation for \$50 per case of 2,000. For more information, contact 434-2505.

The Overrun is Open Friday Nights

The Overrun is open Fridays 4:30 p.m. until midnight, excluding graduation nights. For more information, contact 434-2489.

Lawn Mower and Bicycle Repair

Outdoor Recreation is now offering lawn mower repair and self-help bicycle repair. For more information, contact 434-2507.

Hobby and Craft Instructors Needed

Do you have a hobby or craft project you can share with others? Arts & Crafts is looking for craft instructors. For more information, contact 434-7836.

Wood Shop is Open!

The Wood Shop is back in business! They are open Monday-Thursday from 10 a.m.-5 p.m. and Saturday 8 a.m.-4 p.m., call 4347836 for more information

Referees Needed

Referees needed for various sports at the Fitness Center. For more information or to sign up, contact 434-2772.

RV Storage Lot

Don't clutter your home space, park with us. Outdoor Recreation offers a great place to store your RV year around. You will have 24-hour access and can pay monthly or yearly. For more information, call 434-2505.

Instructors Needed

The Youth Center is seeking instructors for tumbling classes, dance classes, piano and guitar lessons. For more information, contact the Youth Center.

Fitness on Request

The Fitness Center offers a truly comprehensive group fitness platform that is available all day and completely customizable to meet your needs with 119 different classes on the Fitness on Request system. For more information, call 434-2772.

Space A Lodging

The Magnolia Inn usually has openings for Space A family and single units. Contact the lodging desk at 434-2548.

Ride in Style

Information Tickets and Travel offers a shuttle service to the airport of your choice. For more information, contact 434-7861.

Laser Bowling

The Strike Zone offers laser bowling every Friday and Saturday night starting at 5 p.m., stop in for a great time! Call 434-3426 for more information.

podcast.

Airman on the Street: Who would win in a fight, Spiderman or Batman?



Rank/Name: Senior Airman Kevin Morgan Unit/Duty Title: 14th Medical Operations Squadron bioenvironmental technician Hometown: Poquoson, Virginia Answer: Spiderman would win because he has unlimited webbing and Batman would run out of resources at some point.

Maj. Gen. Weatherington visits Columbus Air Force Base



Capt. Phillip Huebner, 37th Flying Training Squadron instructor pilot, and Maj. Ryan Brewer, 14th Flying Training Wing director of innovation, speak to Maj. Gen. Mark Weatherington, deputy commander of Air Education and Training Command, on their Check Six podcast Feb. 21, 2019, on Columbus Air Force Base, Mississippi. Weatherington was the first guest appearance on the



Maj. Gen. Mark Weatherington, deputy commander of Air Education and Training Command, watches the inventory scanner in action Feb. 21, 2019, on Columbus Air Force Base, Mississippi. The 14th Logistics Readiness Squadron renovated their floor, implemented a new scanning system for inventory, and reorganized their warehouse to increase efficiency across the board.



U.S. Air Force photos by Elizabeth Ower

Maj. Gen. Mark Weatherington deputy commander of Air Education and Training Command, speaks to Air men from the 14th Security Forces Squadron Feb. 21 2019, on Columbus Air Force Base, Mississippi. Currently firearms training and qualifications can only be completed at locations off of Columbus AFB.



Rank/Name: 1st Lt. Chris Evelyn Unit/Duty Title: 14th Operations Support Squadron chief of air space Hometown: Enterprise, Alabama Answer: Batman would win because his tools easily cut through Spiderman's webbing.



Name: Juliana White Unit/Duty Title: 14th Comptroller Squadron civilian pay technician

Hometown: Charleston, South Carolina Answer: Spiderman would win because there are bunch of different versions of him, but only one batman.



Name: Allison Lewis Unit/Duty Title: 14th Contracting Squadron infrastructure flight chief Hometown: Valdosta, Georgia Answer: Batman would win, he's got all the technology.

Department of Defense 2019 Black History Month Poster

PATRICK AIR FORCE BASE, Fla. – In observance of African American/Black History Month, celebrated each year during the month of February, the Defense Equal Opportunity Management Institute proudly announces the availability of original artwork available for download from www.deomi.org.

The theme for 2019, as provided by the Association for the Study of African American Life and History, is "Black Migrations," and emphasizes the movement of people of African descent to new destinations and subsequently to new social realities. While inclusive of earlier centuries, this theme focuses especially on the 20th century through

DEOMI's Black History Month poster centers on a man's silhouette consisting of numerous images of African Americans from all walks of life; inventors, scientists, military members, astronauts, actors/actresses, politicians, sports figures, and others. Some members include an icon of their key invention, an aspect of their profession or life, or a key historical location. The man is attired typical of a person from the early 20th century; wearing a suit, a flat cap, and is carrying a briefcase in his left hand.

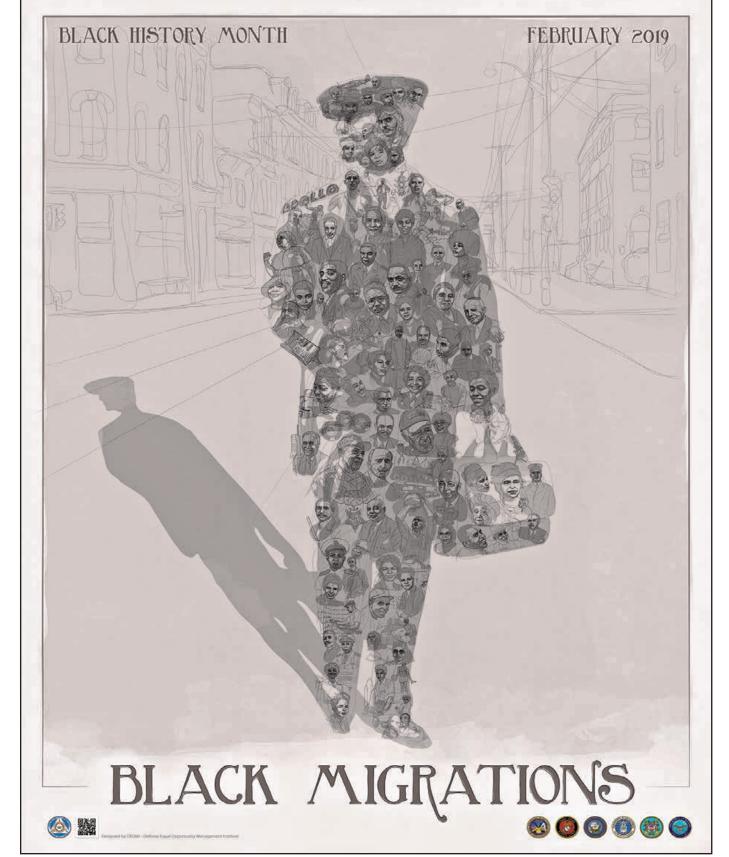
Poster Description: The Department of Defense 2019 Black History Month poster provides three colored options with choice of tan, green, or orange background, but with identical imagery.

At the top left corner in capitalized text is the month's title, "Black History Month" in purple letters on the green and orange backgrounds and gray letters on the tan background. At the top right corner is the month, "February 2019."

The top one third of the poster reflects a pencil sketch of an early 20th century city street with multiple storied buildings. Superimposed across the center of the poster is the purple or gray (on tan background) silhouette of a man looking off to his right and walking down the city street towards the viewer. The man is attired typical of a person from the early 20th century; he wears a suit, a newsboy cap, and is carrying a briefcase in his left hand.

The man's shadow reflects on his right side and slightly behind him. The man's silhouette consists of numerous images of African Americans from all walks of life; inventors, scientists, military members, astronauts, actors/actresses, politicians, sports figures, and others. Some members include an icon of their key invention, an aspect of their profession or life, or a key historical location. Complete legend of individuals shown on poster is provided with this document.

At the bottom center of the poster in larger purple or gray text is the observance theme, "Black Migrations." At the bottom left corner is the Defense Equal Opportunity Management Institute (DEOMI) seal, a quick response code, and in smaller text the words, "Designed by DEOMI – Defense Equal Opportunity Management Institute." At the bottom right corner are the Service seals for the Army, Marines, Navy, USAF, Coast Guard, and Department of Defense in consecutive order.



Air Force **Readiness Programs**

(Editor's note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of the activities listed, call 434-2790.)

Wing Newcomers Orientation

The next Wing Newcomers Orientation is from 8 a.m.-noon Feb. 26. This event is mandatory for all newly arrived active-duty and civilian personnel, and spouses are encouraged to attend. The orientation is held at the Columbus Club. To register or for more information, please call the A&FRC Relocation Manager at (662) 434-2701/2790.

Hearts Apart

The next Hearts Apart is from 5-7 p.m. Feb. 28. This monthly social event is for family members whose sponsor is deployed, on a remote tour or TDY for more than 30 days. To register or for more information, please call A&FRC at (662) 434-2790.

Transition Assistance Program GPS (Goals, Plans, Success) Workshop

The next Transition Assistance Program (TAP) workshop is from 7:30 a.m.-4 p.m March 4-8 and includes seminars on: Transi tion, Military Occupational Code Crosswalk Financial Planning, Health Benefits, Mississipp Department of Employment Security, Depart ment of Veterans Affairs, Disabled TAP and Department of Labor. Preseparation counseling is required before attending, and recommended attendance is 12-24 months prior to separation/ retirement. Spouses are encouraged to attend with their sponsor. To register or for more information, please call the TAP Manager at (662) 434-2631/2790.

Air Force Recovery Coordination Proaram

A Recovery Care Coordinator (RCC) will be providing assistance from 8 a.m.-5 p.m. Feb. 7; 8 a.m.-noon Feb. 8; and noon-5 p.m. March 6 at the A&FRC. The Recovery Coordination Program (RCP) streamlines and improves the way care and support is delivered to wounded, ill, and injured Airmen and their families. The RCP provides the support of a RCC who guides the Airman and family along their road to recovery. Those eligible include wounded, ill and injured Airmen who: (1) have a serious illness or injury, (2) are unlikely to return to duty within a specified amount of time, (3) may be medically separated from the military. Additional details are available by contacting the Columbus AFB A&FRC at (662) 434-2790.

Career Exploration & Planning Track Workshop

The next Career Exploration & Planning Track workshop is from 8 a.m.-3 p.m. March 11bers identify skills, increase awareness of train- 434-2790.

COMMUNITY

Lafayette High School JROTC visits Columbus Air Force Base



U.S. Air Force photo by Airman 1st Class Keith Holcomb

14th Flying Training Wing Airmen answer questions during a Junior ROTC tour Feb. 21, 2019, on Columbus Air Force Base, Miss. The cadets met with multiple squadrons on base throughout the tour to see what it takes to create the world's greatest pilots.

ing and credentialing programs, and develop an **Bundles of Joy** action plan to achieve career goals. To register or for more information, please call A&FRC at 1-3:30 p.m. May 16 in the A&FRC. This pro-(662) 434-2790.

Federal USA Jobs Workshop

The next Federal USA Jobs workshop is from 9-10:30 a.m. March 13. This is a workshop on writing resumes, applications, and job search using the USAJobs website. To register or for more information, please call A&FRC at (662) 434-2790.

Heart Link

The next Heart Link is from 8:30 a.m.-noon April 11 in the A&FRC. This half-day program is open to all spouses of active-duty military members assigned to Columbus AFB. Attendees will receive information about life in the Air Force, in the local area and at Columbus AFB from local subject matter experts including spouse leaders. To register or for more information, please call A&FRC at (662) 434-2790.

Entrepreneurship Track Transition Workshop

The next Entrepreneurship Track Transition workshop is from 8 a.m.-3 p.m. May 9-10. This workshop is conducted by the Small Business Administration for veterans and all base personnel interested starting up and operating their own business. To register or for 12 in the A&FRC. This workshop helps mem- more information, please call A&FRC at (662) Employment Workshop

The next Bundles of Joy workshop is from gram is designed for active-duty Air Force members and/or their spouses who are pregnant or have a child 4 months old or less. Attendees will learn about finances, labor and delivery, and infant care. A \$50 gift card sponsored by the Air Force Aid Society will be provided for each qualifying child. To register or for more information, please call A&FRC at (662) 434-2790.

Pre- and Post-Deployment Tour Briefina

These briefings are mandatory for active-duty personnel who are either deploying or returning from deployment or a remote tour. The briefings are held daily at the A&FRC. Pre-deployment is at 9:30 a.m., and post-deployment is at 1:30 p.m. Please contact A&FRC at (662) 434-2794/2790 for more information.

Pre-Separation Counseling

This counseling is a mandatory briefing for personnel separating or retiring, and is to be completed at least 90 days prior to separation. It may be completed up to 12 months prior to separation or 24 months prior to retirement. Counseling is held daily at 8:30 a.m., and it takes approximately 60 minutes. Please contact A&-FRC at (662) 434-2790 for more information.

An employment workshop on local and

base employment opportunities is held every Wednesday, from 1-2 p.m. This program provides military families and DoD civilian members individual assessment and career counseling to assist with local employment, preparation for future endeavors via education, job search, or self-owned business objectives in the local area For more information, please call A&FRC at (662) 434-2790.

Personal Financial Readiness

Need help with financial matters? Want to make the most of your money? The Personal Financial Counselor (PFC) can help you and your family: manage finances, resolve financial problems and reach long-term goals such as education, buying a home and planning for retirement. PFC services are at no cost, private and confidential. Please contact the PFC at (662) 998-0411/434-2790 or e-mail PFC.Columbus USAF@zeiders.com, located in the A&FRC.

Key Spouse Program (KSP)

The mission of KSP is to provide information and resources to military spouses, supporting families in successfully navigating through the military life cycle. The KSP is a commander's program. The commander establishes and mainains the program within the unit, to include choosing team members. Once selected as a KS n writing, you will need to attend initial/refresher KS training and continuing education. For more information, please call ($\overline{6}62$) 434-3323.

Chapel Schedule

Whether you are new to Columbus Air Force Base or have been around for a while, our parish communities welcome you to join us as we worship, fellowship, and encourage one another. For more information, please call 434-2500.

Catholic Community

Sundays: 3:30 p.m. - Religious Education, grades K-9 (Start in Fall) 4 p.m. – Choir Practice

- 4 p.m. Confession (or by appointment)
- p.m. Mass

1st and 3rd Sunday - Fellowship Meal following

Tuesdays:

11:30 a.m. – Daily Mass (Phillips Auditorium) Wednesdays:

11:30 a.m. - Adoration (Phillips Auditorium) 2nd Saturday of each month - Faith Ablaze

Protestant Community Sundays:

(Open to all denominations)

9 a.m. – Adult Sunday School 10:45 a.m. – Community Worship Service (Donut Fellowship following) 3rd Sunday of Each Month - Protestant Faith Ablaze Wednesdays: 6 p.m. - AWANA: Begins September 26th (Open to all denominations) Thursdays: 5:30 p.m. – Student Pilot Bible Study

SILVER WINGS 10 Feb. 22, 2019

Medical Corner

JEART HEALTH

How does sleep affect your heart health?



Feeling tired? Can't stop yawning? You may not be getting enough sleep. Getting good sleep isn't just important for your energy levels-it is critical for your heart health, too. Sleep helps your body repair itself.

What health conditions are linked to a lack of sleep?

High blood pressure. During normal sleep, your blood pressure goes down. Having sleep problems means your blood pressure stays higher for a longer amount of time. High blood pressure is one of the leading risks for heart disease and stroke. About 75 million Americans one in three adults—have high blood pressure.

Type 2 diabetes. Diabetes is a disease that causes sugar to build up in your blood, a condition that can damage your blood vessels. Some studies show that getting enough good sleep may help people improve blood sugar control.

Obesity. Lack of sleep can lead to unhealthy weight gain. This is especially true for children and adolescents, who need more sleep than adults. Not getting enough sleep may affect a part of the brain that controls hunger.

What sleep conditions can hurt my heart health?

Sleep apnea happens when your airway gets blocked epeatedly during sleep, causing you to stop breathing or short amounts of time. Sleep apnea can be caused by certain health problems, such as obesity and heart failure. Sleep apnea affects how much oxygen your body gets while you sleep and increases the risk for many health problems, including high blood pressure, heart attack, and stroke.

Insomnia is trouble falling sleep, staying asleep, or both. As many as one in two adults experiences shortterm insomnia at some point, and 1 in 10 may have long-lasting insomnia. Insomnia is linked to high blood pressure and heart disease. Over time, poor sleep can also lead to unhealthy habits that can hurt your heart. including higher stress levels, less motivation to be physically active, and unhealthy food choices.

How Does Sleep Affect Your Heart Health? Retrieved from https://www.cdc.gov/features/sleep-hearthealth/index.html

Think about all the factors that can interfere with a good night's sleep. You can adopt habits that encourage better sleep. Start with these simple tips.

• Go to bed and get up at the same time every day.

• If you don't fall asleep within about 20 minutes, leave your bedroom and do something relaxing.

• Pay attention to what you eat and drink. Don't go to bed hungry or stuffed.

Create a restful environment

 Doing calming activities before bedtime, such as taking a bath or using relaxation techniques, might promote better sleep.

• Limit daytime naps. Long daytime naps can interfere with nighttime sleep.

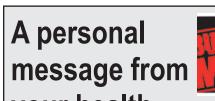
• Include physical activity in your daily routine. Regular physical activity can promote better sleep. Avoid being active too close to bedtime, however.

 Manage worries. Stress management might help.

 Nearly everyone has an occasional sleepless night — but if you often have trouble sleeping, contact your doctor.

Sleep tips: 6 steps to better sleep. Retrieved from https:// www.mayoclinic.org/healthy-lifestyle/adulthealth/in-depth/ sleep/art-20048379

February 28th is National Public Sleeping Day. Are you tired? If you are, go ahead and take a nap. It is a day for anyone and everyone to take a nap on a blanket at the beach, at the park, in the movie theater, on a bus, train, or subway or any other public place that may work for you. Studies have shown certain types of naps fuel the brain and recharge our batteries. Naps can improve productivity, decrease health risks and improve morale.



message from your health promotion Health Myth **Busting Team**

Dear Health Myth Busters,

I want to improve my sleep quality and I have been researching sleep tracking apps and devices. Are sleep trackers useful and can they help me improve my sleep quality? Sincerely,

Sleep App Skeptic

Dear Sleep App Skeptic,

Trackers reveal a myriad of information about your sleep, but some of this information is more useful than others. For instance, data about when you hit each REM stage of sleep, your respiration rate and body temperature may be interesting, but less useful when it comes to improving your shut-eye quality. On the other hand, certain behaviors have been shown to aid in better sleep quality. Nixing the TV and computer before bed, sticking to a regular sleep schedule and sleeping in a cool, dark room all have positive effects on your sleep.

Beyond these behaviors, there are three data points that play a crucial role in measuring how well you sleep. As you start to research sleep trackers make sure they include the following data points to help improve your sleep quality: 1) The amount of sleep time in bed. It can be tempting to bring your laptop between the sheets to do work or catch up on email, but to get the best sleep, reserve the bed for shut-eye only. In fact, a good indicator of quality sleep is spending at least 85 percent of the total time you're in bed asleep. A tracker can tell you if you are hitting this goal. 2) Falling asleep quickly. Are you able to drop off to sleep soon after your head hits the pillow? A sleep tracker can show how long it takes you to fall asleep. Ideally, you will be out cold in 30 minutes or less from the time when you tucked in. 3) How often you wake during your sleep. Most people stir during the night. Waking once for a short period of time is usually fine, especially if you can fall back to sleep quickly. A sleep tracker can note whether you are having a restless night as it can detect movement in the bed. If your sleep is high quality, you will awaken just once each night and will be back to sleep in under 20 minutes.

Once you are armed with this information from your sleep tracker, you will have a better sense of whether your sleep quality is good, and if not, where you can improve.

Sincerely, Health Myth Busters Cultivate, Create, CONNECT

Mission

The A-29, aka the Embraer EMB 314 Super Tucano, is a Crew: Pilot plus one navigator/student in tandem on Marturboprop aircraft designed for light attack, counter insurgentin Baker Mk 10 LCX zero-zero ejection seats cy, close air support and aerial reconnaissance missions in low **Payload:** 1,500 kg (3,307 lb) threat environments, as well as providing pilot training. Length: 11.38 m (37 ft 4 in) The Super Tucano was designed to operate in high tem-Wingspan: 11.14 m (36 ft 6.5 in) perature and humidity conditions in extremely rugged ter-Height: 3.97 m (13 ft 0.25 in) rain. The Super Tucano is highly maneuverable, has a low Wing area: 19.4 m² (208.8 sq ft) heat signature, and incorporates fourth generation avionics **Empty weight:** 3,200 kg (7,055 lb) and weapons system to deliver precision guided munitions. Max. takeoff weight: 5,400 kg (11,905 lb)



An Afghan pilot conducts training in an A-29 Super Tucano over Kabul, Afghanistan as LS Air Force photo by Staff Sat part of the Train Advise and Assist Command's (TAAC-Air) mission on Dec. 20, 2018. The An Afghan Air Force A-29 Super Tucano pitch to land at the Hamid Karzai International mission of TAAC-Air is to train, advise and assist Afghan partners to develop a profes-Airport, after returning from a sortie at Kabul, Afghanistan, Aug. 14, 2015. The A-29 is the sional, capable and sustainable Afghan Air Force. Afghan Air Force's latest attack airframe in their inventory.

The Airman's Creed I am an American Airman. I am a Warrior I have answered my nation's call. I am an American Airman. My mission is to fly, fight, and win I am faithful to a proud heritage. A tradition of honor, And a legacy of valor. I am an American Airman Guardian of freedom and justice, My nation's sword and shield, Its sentry and avenger. I defend my country with my life. I am an American Airman Wingman, leader, warrior, I will never leave an Airman behind. I will never falter. And I will not fail

BLAZE Hangar Tails: A-29 Super Tucano

General characteristics

Maximum speed: 590 km/h (319 knots, 367 mph) Cruise speed: 520 km/h (281 knots, 323 mph) Stall speed: 148 km/h (80 knots, 92 mph) g-limit: +7/-3.5 g) **Range:** 720 nmi (827 mi, 1,330 km) Combat radius: 550 km (300 nmi, 342 mi) (hi-lo-hi profile, 1,500 kg (3,300 lb) of external stores)[174] Ferry range: 1,541 nmi (1,774 mi, 2,855 km) [175] Service ceiling: 10,668 m (35,000 ft) Rate of climb: 24 m/s (1600 fpm)

Columbus AFB Top 3 spotlight



Staff Sgt. John Davis, 14th Operations Support Squadron RAPCON air traffic controller, receives the January BLAZE Top 3 Spotlight award Jan, 24, 2019, on Columbus Air Force Base, Mississippi, The awards from professional organizations showcase hard working Airmen across the enlisted force under the 14th Flying Training Wing.

FEATURE



U.S. Air Force photo by Senior Airmen Beaux Hebert

Gen. Charles Q. Brown Jr., the Commander, Pacific Air Forces; Air Component Commander for U.S. Indo-Pacific Command; and Executive Director, Pacific Air Combat Operations Staff, Joint Base Pearl Harbor-Hickam, Hawaii, speaks at Specialized Undergraduate Pilot Training Class 19-06's graduation ceremony Feb. 15, 2019, on Columbus Air Force Base, Mississippi. Brown oversees Air Force activities spread over half the globe in a command that supports more than 46,000 Airmen serving principally in Japan, South Korea, Hawaii, Alaska and Guam.



U.S. Air Force photo by Senior Airmen Beaux Hebert

Students from Specialized Undergraduate Pilot Training Class 19-06 are recognized at their graduation ceremony Feb. 15. 2019. on Columbus Air Force Base. Mississippi. The students endured a 53-week training program in order to earn the title of an Air Force pilot.

PACAF commander speaks at SUPT Class 19-06

Senior Airman Beaux Hebert 14th Flying Training Wing Public Affairs

The Air Force gained 22 highly trained aviators following Specialized Undergraduate Pilot Training Class 19-06's graduation Feb. 15 on Columbus Air Force Base, Mississippi.

Gen. Charles Q. Brown Jr., the commander of Pacific Air Forces at Joint Base Pearl Harbor-Hickam, Hawaii, was the guest speaker for the event and he offered them advice on how to succeed into today's Air Force.

First, Brown advised the class to fail to succeed. He said that you should never shoot for second place but inevitably you will fail at some point of time.

"It's not about the fact that you failed but it's how you responded to the failure," Brown said. "I challenge you to fail to succeed and move on."

Secondly, he encouraged them to challenge the status quo. He said the students will most likely arrive to the next assignment and ask about why they do the things they do and their answer will probably be "that's the way we've always done it."

weapon systems and the units that join and I ask you to chal- his way back to JB Pearl-Harbor Hickam.

lenge the status quo," Brown said.

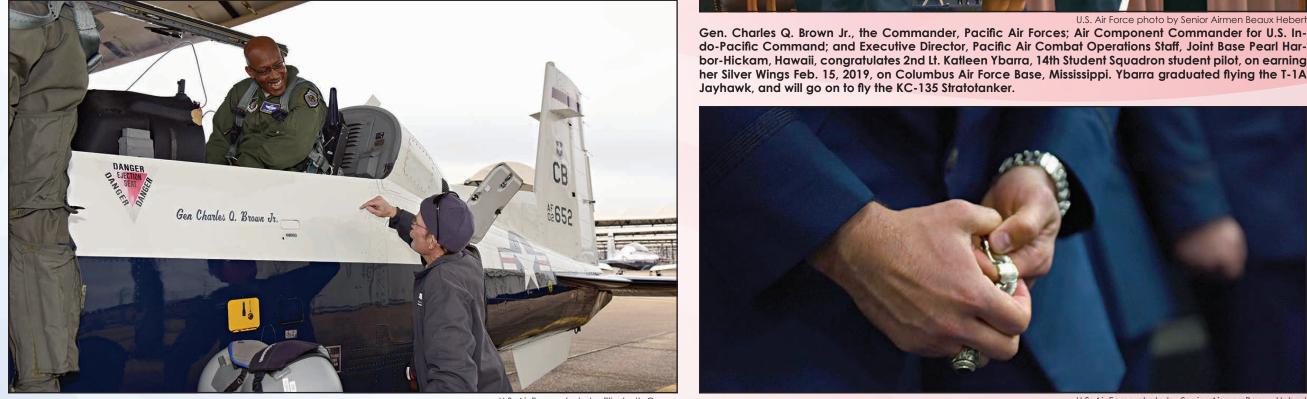
"no" as a final answer.

to make things happen."

His final words of wisdom to the graduating class was to have attitude. He said to be successful in the Air Force you have to have some talent but you can't succeed on talent alone, that's where attitude comes in.

"You need to be a little bit confident, and at the same time you need to be humble, approachable and willing to listen to feedback," Brown said.

After graduation, Brown met members of Team BLAZE and got to see a behind the scenes look at how the 14th Flying Training Wing creates pilots, cultivates Airmen and connects with one another. Brown was also able to take a ride in a T-6A "Each one of you will bring a fresh perspective to your Texan II, a first for the PACAF commander, before making



U.S. Air Force photo by Elizabeth Owens Gen. Charles Q. Brown Jr., the Commander, Pacific Air Forces; Air Component Commander for U.S. Indo-Pacific Command; and Executive Director, Pacific Air Combat Operations Staff, Joint Base Pearl Harbor-Hickam, Hawaii, talks with a Vertex Aerospace maintainer Feb. 15, 2019, on Columbus Air Force Base, Mississippi. Brown has flown over 17 different aircraft and had his first T-6A Texan II ride here.

Brown also highlighted the importance of never taking

"I often talk about the five stages of no like the five stages of grief; hell no, no, we'll think about it, not a bad idea, why aren't we doing that already," Brown said. "If it's something you really believe in and you feel passionate about it, never take no as a final answer. At some point the time will be right



U.S. Air Force photo by Senior Airmen Beaux Hebert

A member from Specialized Undergraduate Pilot Training Class 19-06 attempts to break his Silver Wings Feb. 15, 2019, on Columbus Air Force Base, Mississippi. It's an honored tradition for new Air Force pilots to break their first set of Silver Wings for good luck, the two halves are not supposed to be reunited until the pilot is deceased.