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Weather

| | |
|---|---|
| <p>Friday</p>  <p>Thunderstorms</p> <p>High 92°F Low 72°F</p> | <p>Saturday</p>  <p>Thunderstorms</p> <p>High 91°F Low 72°F</p> |
| <p>Sunday</p>  <p>Thunderstorms</p> <p>High 90°F Low 73°F</p> | <p>Monday</p>  <p>Thunderstorms</p> <p>High 87°F Low 69°F</p> |

Forecast provided by the 14th OSS Weather Flight

News Briefs

Wing Newcomers Orientation
A Wing Newcomers Orientation is scheduled for 8 a.m. - 3 p.m. June 20 at the Columbus Club for newly arrived active-duty and civilian personnel.

5th Annual Color Run
The 14th Force Support Squadron is holding the 5th annual Color Run at 8:30 a.m. June 24 at the Lil Blazer Park. Register by June 19 at the Fitness Center

14th Force Support Squadron Change of Command
The 14th Force Support Squadron is hosting a Change of Command ceremony at 10:14 a.m. June 29 at the Columbus Club.



U.S. Air Force photo by Airman 1st Class Keith Holcomb

Col. Douglas Gosney, 14th Flying Training Wing Commander, listens as Brig. Gen. Thomas Owens II, Assistant Adjutant General of Air New York National Guard, Latham, New York, speaks for Specialized Undergraduate Pilot Training Class 17-10's graduation June 9, 2017, on Columbus Air Force Base Mississippi. Owens highlighted the importance of being engaged throughout life and following the core values to become the best Airmen and pilots they can be.

Owens reminds Class 17-10 to remain engaged

Airman 1st Class Keith Holcomb
14th Flying Training Wing Public Affairs

Brig. Gen. Thomas Owens II, Assistant Adjutant General of Air, New York National Guard, Latham, New York visited Columbus Air Force Base to speak at Specialized Undergraduate Pilot Training Class 17-10's graduation here June 9, 2017.

Owens is the primary advisor on all Guard matters to the Adjutant General. He assists the commander to ensuring mission readiness for the five New York Air National Guard flying wings, the Eastern Air Defense Sector and several geographically separated units.

He is a command pilot with more than 3,900 flying hours in the A-10, F-16, MQ-1, HC-130 and HH-6-G to include over 450 combat sorties over Southwest Asia. He has flown in support of Operation Desert Shield/Storm, Operation Provide Comfort, Operation Northern Watch, Operation Southern Watch, Operation Noble Eagle, Operation Iraqi Freedom and Operation Enduring Freedom.

He has commanded at the squadron, group and wing levels. Owens started off with a large thanks to the 14th Flying Training Wing and the Local Community Partners.

See OWENS, Page 2

| COLUMBUS AFB TRAINING TIMELINE | | | | | | | | | | | | | | | |
|--------------------------------|--------------|------------------|--------------|--------------|--------------|------------------|------------|---------------|--------------|------------------|------------|-------------------|----------|-------|--------|
| PHASE II | | | | PHASE III | | | | IFF | | | | WING SORTIE BOARD | | | |
| Squadron | Senior Class | Squadron Overall | Track Select | Squadron | Senior Class | Squadron Overall | Graduation | Squadron | Senior Class | Squadron Overall | Graduation | Aircraft | Required | Flown | Annual |
| 37th (18-05) | 1.64 days | 0.60 days | July 21 | 48th (17-11) | -2.65 days | -1.00 days | June 30 | 49th (17-IBC) | -6.50 days | -2.39 days | June 22 | T-6 | 1,411 | 1,271 | 22,377 |
| 41st (18-04) | 1.91 days | 0.42 days | June 29 | 50th (17-11) | -0.16 days | -3.90 days | June 30 | | | | | T-1 | 430 | 381 | 5,879 |
| | | | | | | | | | | | | T-38 | 470 | 467 | 7,738 |
| | | | | | | | | | | | | IFF | 210 | 162 | 3,262 |

* Mission numbers provided by 14 FTW Wing Scheduling.

The graduation speaker is Col. James Fisher, 14th Flying Training Wing Vice Commander.

OWENS

(Continued from page 1)

"It's been truly an honor to be a part of this graduation," Owens said. "Col. Gosney and the entire team here at Columbus Air Force Base are an extraordinary team of Air Force professionals as well and the surrounding community here at Columbus and what they do to bolster and support this great mission here is vitally important."

Owens congratulated the 24 new pilots on their next step into the U.S. Air Force's elite group of aviators.

"Do me a favor Class 17-10, please stand up, look around, everyone, let's acknowledge these expert aviators," Owens said. "You are the newest, most highly trained Airmen in history, anywhere and anywhere. Your time to engage is now."

The pilots went through 13 months of intensive pilot training and will go to their next stations to learn their assigned aircraft. Owens wanted them to remember the keys to success.

"Pilot training is a tough time, but there's no substitute for good, hard work," Owens said. "You've always got choices. The food you eat, the exercise you do, the sleep you get, the collaboration with your teammates, trying to study, you need to take care of yourself so you can be a good team member and then the team will graduate."

Even with this accomplishment behind them, Owens delivered an important message to the graduating class.

"We as pilots, and Airmen, need to always be ready to engage," Owens said. "You just don't know when we are going to need you to go somewhere."

The son of Owens, 2nd Lt. Thomas J. Owens III, SUPT 17-10, was sitting in the first rows with his classmates. Having his own son in the graduation crowd brought a different feeling to this



U.S. Air Force photo by Airman 1st Class Keith Holcomb
Brig. Gen. Thomas Owens II, Assistant Adjutant General of Air New York National Guard, Latham, New York and his son, 2nd Lt. Thomas Owens III, Specialized Undergraduate Pilot Training Class 17-10 graduate pose for a photo June 9, 2017, on Columbus Air Force Base, Mississippi. Owens III will be the third generation of pilots in the family and his father pinned the pilot wings on him during the ceremony.

graduation.

"It's an honor and it's very emotional," Owens said after the speech. "It took me down memory lane in so many ways. As I prepared, one of the things was looking for my slick ways to give to my son and in that we found pictures of my pilot training and it really brought back a lot of great memories."

As 2nd Lt. Owens stood ready to earn his wings, Col. Gosney took a step back and handed off the pin to Owens II so he could pin on his son's first set of wings.

Silver Wings

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Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

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The SILVER WINGS staff reserves the right to edit or rewrite all copy submitted when necessary. All photos are U.S. Air Force photos unless otherwise stated.

Submit all advertising to the Columbus, Miss., Commercial Dispatch advertising department one week prior to desired publication date. The advertising department can be reached at (662) 328-2424.

| Mon | Tue | Wed | Thur | Fri | Sat/Sun | Long Range Events |
|-----|--|-----|---|---|---|---|
| 19 | 20 Wing Newcomers Orientation, 8 a.m. @ Club Air Force Ball Night, 5 p.m. @ Lost Pizza | 21 | 22 Air Force Community Partnership Meeting, 9 a.m. @ Cochran Hall Hearts Apart, 5 p.m. @ AFRC | 23 Wine Tasting, 7 p.m. @ Independence Pool | 24/25 4th: Columbus AFB Color Run, 8:30 a.m. @ Little BLAZERS Park | July 3-4: AETC Family Day and holiday July 6: Col. Fisher Fini-flight July 7: Col. Fisher Retirement July 13: 14th SFS CoC July 14: 14th CONS CoC July 14: Assignment Night July 18: Wing Newcomers Orientation July 21: Air Force Birthday Ball Drawdown July 28: SUPT Class 17-11 Graduation July 31: Enlisted Promotions July 31: Quarterly Awards |
| 26 | 27 | 28 | 29 14th FSS CoC, 10:14 a.m. @ Club Enlisted Promotions, 3 p.m. @ Kaye | 30 SUPT Class 17-11 Graduation, 10 a.m. @ Kaye | 1/2 1st: Fireworks on the Water, 5 p.m. @ Lock and Dam | |

Father's Day Brunch

June 18 • 10 AM – 2PM • Reservations 329-6761
Adults 24.99 Child (3-10) 10.00

Beef Steamship with Au Jus • Cajun Boiled Shrimp with Corn
Pork Tenderloin stuffed with Cranberries and Apricots
Pasta Bar • Smoked Salmon

Pimento Macaroni & Cheese • Baked Potato Bar
Zucchini Fritters with Herbd Aioli • Haricots Verts with Candied Bacon
Chorizo & Cotija Cheese Stuffed Jalapeños
Beer & Cheese Soup with house-made Pretzel Bread

Bananas Foster Pudding with Bourbon Butter • Lemon Cheesecake Mousse
Triple-Chocolate Bread Pudding • Chocolate Beignets with Candied Bacon

~Deviled Eggs~
~Salad Station~
~Breakfast Station~
~Savory Scones~
~Waffle Station~

German Potato Salad • Southwest Pasta Salad • Fresh Greens with Tomatoes, Cucumbers and Carrots
Biscuits • Sausage Gravy • Grits • Bacon • Sausage • Cooked to order Omelets • Eggs Benedict
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(467035) Was \$269.99

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17-0104 V10 LMC

HEALING

(Continued from page 12)

his left side.

But the worst wounds were invisible.

When he got home, D'Angelo said the first week went well – then things changed as irritability and a short temper surfaced.

“I wasn’t sleeping, or when I was, I was having nightmares,” he admitted. “My happy-go-lucky attitude turned into an angry attitude. I was angry all the time. My wife and two boys didn’t want to be around me. I was very explosive at everybody if I didn’t like what was going on. That’s not normally me – I usually try to find the humor in everything. I wasn’t the same person. My wife must have told me a million times, ‘You’re not the same guy I married...I don’t know what happened, but you’re different.’”

He chose to spare his wife, Chanda, the details – she knew only a watered-down version of the horrific event that changed his life forever.

“When he came home, he was angry and distant and stand-offish,” said Chanda, a hair stylist who had no experience with the military prior to her marriage. “He never smiled, never laughed, never wanted to be part of the family. He was just completely different. I had never gotten counseling or talked to by anybody, nothing. So when he came home and he was so angry he would hurt, but I didn’t know the extent of it, and I knew nothing about (post-traumatic stress disorder).”

Meanwhile, her husband stuck with what seemed normal. “I only felt like myself when I was at work,” the Philadelphia native, said. “I deployed again in 2009, and that’s when I broke down and had a big panic attack. I had to be removed from training because I just collapsed. My commander told me I had to see a mental health provider.”

He wasn’t ready to admit something was wrong, so he lied and told them what they needed to hear so he could get back in the field.

“I was back with my team in Afghanistan within a month,” he said. “It went great until the end of the deployment. We got hit with mortars, all the alarms went off, and I just felt I wasn’t myself. I would never want to put somebody else in danger because I wasn’t able to do my job. That was the breaking point in my mind – if I’m going to keep doing this, keep serving, then I need to ask for help. And I couldn’t go

NEWS AROUND TOWN

June 24

2017 is the Bicentennial of Mississippi and this summer we will celebrate the 200th birthday in West Point with Bike-Centennial. Ride your bike, or walk, along a half-mile stretch of the Kitty Dill Walking Trail as you stop along the way, learning the history of Mississippi and West Point.

June 13 – July 28

Lion Hills Center and Golf Course will host Junior Golf Camps throughout the summer. Classes are June 13 - 16; June 20 - 23; June 27 - 30; July 11 - 14; July 18 - 21; July 25 – 28. Contact Lion Hills at 662-328-4837 for more information.

“While most servicemen and women return home without any injuries – (or) cope and readjust very successfully – the number of post-9/11 veterans experiencing invisible wounds has been high compared to historical rates,” said Marine Corps Col. Matthew Amidon, the Military Service Initiative deputy director.

home feeling that hopeless. I’ve heard too many stories of people going home and committing suicide or doing worse.”

D’Angelo finally asked for help. He was sent to Walter Reed National Military Medical Center, Maryland, where he was diagnosed with PTSD.

“They really educated (my wife and me); we were there with other people who were going through the same thing, so it felt normal,” he explained. “We were able to find other outlets to get through it. I take the whole ‘talking about it’ approach, telling my story, being able to help others. I want to get the word out that you’re not alone, there are others going through similar (things). There are ways to help yourself that don’t involve drinking, or drugs, or putting a gun in your mouth. It involves talking to people, getting our minds better.”

PTSD is a mental health condition that can occur after someone has gone through a traumatic event, such as war-related combat, sexual or physical assault, or a natural or man-made disaster.

“While most servicemen and women return home without any injuries – (or) cope and readjust very successfully – the number of post-9/11 veterans experiencing invisible wounds has been high compared to historical rates,” said Marine Corps Col. Matthew Amidon, the Military Service Initiative deputy director, in “Addressing the Invisible Wounds of War: Creating a Collaborative Tomorrow.”

“Studies have estimated that, at any one time, approximately 10 to 20 percent of the service members who had deployed in the post-9/11 conflicts have symptoms commen-

Buckle up! It’s the law.



surate with a diagnosis of PTSD,” he said.

Because this disorder impacts not only the person who suffers from it, but those who are around them, it is important for all military members to be educated about PTSD. With enhanced awareness, many may be able to avoid developing this condition.

“About 58 percent of the general population will be exposed to trauma at some point in their lives,” said Col. Mark Mavity, the Air Force Surgeon General special assistant for Invisible Wounds and Wounded Warrior programs. “Less than one percent of Air Force members are diagnosed with PTSD. Of that, less than 13 percent are discharged. That basically means roughly 85 percent are able to return to duty.”

D’Angelo still has moments where he struggles, but said his wife is there to help calm him down, and life in general has improved dramatically. Since he’s been home, they have added a now six-year-old daughter to the family.

“I’m coaching soccer now, I’m involved with the kids a million times more than I was before,” said D’Angelo, now a technical sergeant in a special duty assignment as a nuclear facility manager at Malmstrom Air Force Base, Montana. “Having the opportunity to be involved in all the Air Force programs, the programs for wounded warriors, competing in sports, being around others who have been through the same thing – it’s been a life-saver.”

Chanda, the one person who knew more about him than anyone, was attending a Wounded Warrior program with him at Joint Base Langley-Eustis, Virginia, where she got to hear his story in full as he told it to others.

“The first I had anything to do with the Wounded Warrior program was last November,” the Great Falls, Montana, native said. “That was actually when I first truly started understanding what my husband was going through. It was eight or nine years later.”

Since they began recovery and healing, D’Angelo’s career has moved on, and he continues sharing his advice for others in similar situations.

“Don’t wait as long as I did before realizing it’s real, and doing something about it,” he pleaded. “You’re not alone. Anybody having PTSD or similar issues, there’s help out there. It takes a bigger person to ask for help and to start that treatment, than it does to put it aside and think you can deal with it on your own...because you can’t.”

(Editor’s note: This is the first of a two-part series. Part two: Mrs. D’Angelo’s story coming soon.)

AETC First Faces: Staff Sgt. Juliana White

Airman 1st Class Keith Holcomb
14th Flying Training Wing

A clank of metal against metal followed by the slick sound of the large plate sliding toward the center of the bar. The bar is pushed through the air and held still for a moment.

Slowly being lowered, the bar now hovers above White. Sweat building with each repetition.

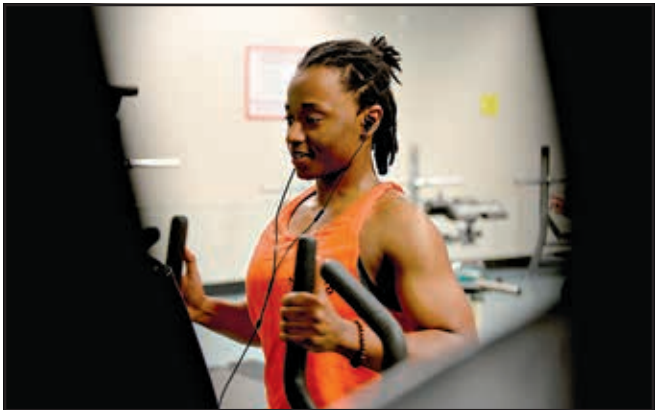
Staff Sgt. Juliana White, 14th Comptroller Squadron Financial Manager, has used weight lifting to get rid of her daily stressors and now is turning back to the competitive side of the weight lifting community after some time away.

Growing up, White took a lot of responsibilities at younger ages. She grew up in a single parent home with an older sister who helped take care of White as much as she could.

“My mom wasn’t around a lot, so normally it was just me and my sister,” White said. “I took care of the house, I had to step up and cook and clean.”

Later, when she was old enough, White got a job. Around that same time, her older sister had a child, and White was left to work for herself.

“At about 14, I started doing odd jobs and working to get things done on my own,” White said. “Soon after that my mom came around and we got a house together, and it worked like that until I left.”



Staff Sgt. Juliana White, 14th Comptroller Squadron Financial Manager, poses for a photo June 13, 2017, inside the Fitness Center on Columbus Air Force Base, Mississippi. Weight lifting has been a part of White's life since she was a high school athlete.

There are many things that helped White achieve what she has now. She attributes a lot of her success to her stability now.

“There are so many reasons why I joined the Air Force, but it mainly was the stability,” White said. “I didn’t have that as a kid at all. It sounds really cliché but there were some points

Track Select

| | |
|-----------------------------|------|
| 2nd Lt. Ahmed Alshahrani | T-38 |
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| 2nd Lt. Jacob Cable | T-1 |
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| Capt. Jennifer Crum | T-38 |
| 1st Lt. Ryan Dunne | T-1 |
| 2nd Lt. Ana Ekhaus | T-1 |
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| 2nd Lt. Thomas Hamlin | T-1 |
| 2nd Lt. Sutton Hernandez | T-1 |
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| 2nd Lt. Matthew Medara | Helo |
| 2nd Lt. Miranda Mila | T-1 |
| 2nd Lt. Ashley Moore | Helo |
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| 2nd Lt. Michael Padilla | T-38 |
| 2nd Lt. Eli Parsch | T-1 |
| 2nd Lt. Hillary Redmond | T-1 |
| 2nd Lt. Heath Reichenbach | T-1 |
| 2nd Lt. Steel Shoaf | T-38 |
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| 2nd Lt. Joseph Uhle | T-1 |
| 2nd Lt. Jonathan Vargas | T-1 |



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Formation: 2nd Lt. Zachary Morrow

18-03

14TH FLYING TRAINING WING DEPLOYED

As of press time, 15 TEAM BLAZE members are deployed worldwide. Remember to support the Airmen and their families while they are away.



Commander’s Action Line

434-1414



The Commander’s Action Line is your direct line to the commander for comments and suggestions on how to make Columbus AFB a better place. Although the Commander’s Action Line is always available, the best way to resolve problems is through the chain-of-command.

The Commander’s Action Line phone number is 434-1414. Callers should leave their name and phone number to receive an answer. All names will be kept confidential. Message may be answered in the Silver Wings without names.

Written questions may also be brought to the PA office in the Wing Headquarters building, BLDG. 724, suite 210. Questions and answers may be edited for brevity and style.

Airmen, pilots bring a new atmosphere to communication

Airman 1st Class Keith Holcomb
14th Flying Training Wing
Public Affairs

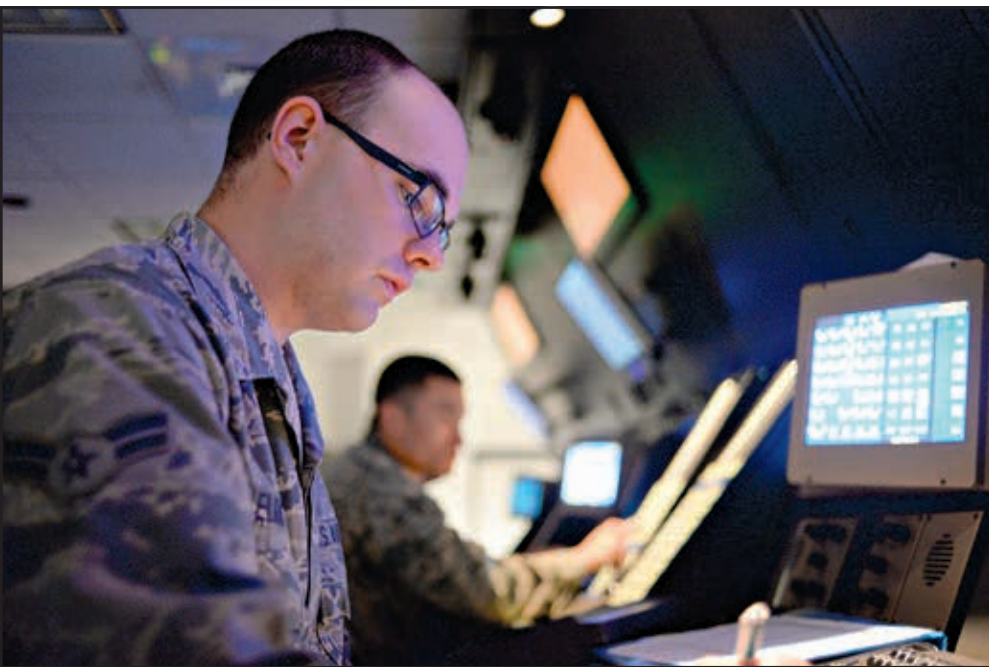
A room is illuminated by greens, whites and blues filled with the chatter of Airmen and civilians alike. Seemingly random words are paired with numbers creating sounds almost like another language. Hands waving and pointing to screens that resemble an 80's arcade game, then writing on strips of paper with a swiftness only extreme repetition can create.

More Airmen stand in a nest of an office. High up they protect thousands of lives every year. Over 210,000 operations are ran under the Airmen in this tower.

The skill and speed of the Airmen working can only be produced through plenty of training and dedication. Communicating to hundreds of pilots a week, these men and women also have a talent for keeping their cool.

Like anyone else these Airmen started from somewhere.

Air Traffic Controllers from Columbus Air Force Base graduate from technical training with a knowledge of the basics, then learn to handle one of the busiest airspaces in the Air Force, keeping pilots and crew members safe day in and day out.



Airman 1st Class Alan Elkins, 14th Operation Support Squadron Air Traffic Controller, practices a position in the Radar Approach Control room May 31, 2017, on Columbus Air Force Base, Mississippi. The RAPCON is where Air Traffic Controllers direct and coordinate flight paths for aircraft in flight.

“Not a lot of people realize we don’t only deal with Air Force aircraft, we work with every aircraft in our airspace,” said Chief Master Sgt. Tammy Kinder-Tims, 14th OSS ATC Chief Controller. “In reality every time you fly in or out of the ‘Golden Triangle’ you’re talking to an Air Force controller.”

Airman 1st Class Anthony Garrido Guerro, 14th Operations Support Squadron ATC Journeyman, sits at a real world simulator to test his abilities with the radar equipment.

Much of what he does in his free time is study and practice the positions he has been



Airmen in the Terminal Radar Control Facility regroup after successfully dealing with an emergency situation May 31, 2017, on Columbus Air Force Base, Mississippi. The TRACON shut down the flightline temporarily to fix an aircraft needing maintenance before it was ready for regular training use.

assigned to learn in order to gain his 5-level as an ATC.

“I study pretty consistently throughout the weeks,” Garrido Guerro said. “I study week-days and weekends to try and stay ahead.”

The simulations are meant to test the abilities of the 3-level Airmen, and test it does.

“The air traffic here is hard and the sims are harder,” Garrido Guerro said.

The simulations are run with real world aircraft in real time, but an instructor can change the data from there and create a harder scenario than the real life situation. They create more stressful environments to bring the intensity up and challenge the Airmen.

“You have to be able to handle the simulations,” said Senior Airman Henry Scott, 14th OSS ATC Journeyman. “They’ll overload the sims so you can handle anything that will actually happen.”

The constant movement and communication in the squadron combined with the busy airspace can cause stress to build fast.

There are a lot of factors that play a role in making Columbus Air Force Base busy for the Airmen, but the reason not a lot of people think about is the commercial aircraft are guided by its Air Traffic Controllers.

“Not a lot of people realize we don’t only deal with Air Force aircraft, we work with ev-

ery aircraft in our airspace,” said Chief Master Sgt. Tammy Kinder-Tims, 14th OSS ATC Chief Controller. “In reality every time you fly in or out of the ‘Golden Triangle’ you’re talking to an Air Force controller.”

The Airmen in training are being prepared to take on these challenges.

“Our goal is to get the 3-levels to become rated and working so they can build experience and their confidence,” said Kimber-Tims. “Once they have reached a point where they’re working every day and are proficient, they teach others. The interesting thing about teaching the position you’ve been working is you learn so much more when you are instructing because you see it from a brand new perspective and that’s where a lot of job experience and confidence comes from.”

Columbus Air Traffic Controllers aid in the production of about 475 pilots annually, provide 40 or more controllers upgrade and qualification training at any time, and have deployed individuals feeding the fight.

“As far as mastering Air Traffic Control, it’s always something new,” Kimber-Tims said. “There’s always something to challenge us, but when we help the pilots take off and land safely, we are advancing the mission and that’s our end goal.”

Grandson of Enola Gay pilot flies refurbished B-29

Senior Airman Tara Fadenrecht
22nd Air Refueling Wing Public Affairs

MCCONNELL AIR FORCE BASE, Kan. — Wichita’s beloved B-29 Superfortress, Doc, took to the skies yet again June 9, 2017, from McConnell Air Force Base, this time with an added aspect of historical significance and Air Force heritage.

Sitting in the co-pilot seat was Brig. Gen. Paul Tibbets IV, the 509th Bomb Wing commander. Taking control of the aircraft means he has now flown the only two currently operational B-29s, Doc and Fifi.

In 1998, Tibbets IV, flew Fifi with his grandfather, retired Brig. Gen. Paul Tibbets Jr., who piloted the B-29 Enola Gay when the aircraft and its crew dropped an atomic bomb on Japan, helping end World War II.

“The only time I ever flew with my grandfather was with Fifi,” said Tibbets IV. “He had given up aviation and had not flown in any aircraft in a very long time. He and I got to fly Fifi together, which was awesome. It was a great opportunity for me to be with him.”

Now, 72 years after the historic WWII mission and nearly 10 years after the passing of his grandfather, Tibbets IV, who is traditionally a B-1 Lancer pilot and currently a B-2 Spirit pilot, once again boarded a B-29 to honor his grandfather.



U.S. Air Force photo by Senior Airman Tara Fadenrecht
Brig. Gen. Paul Tibbets IV, the 509th Bomb Wing commander from Whiteman Air Force Base, Missouri, conducts pre-flight checks on Doc, a restored B-29 Superfortress, June 9, 2017, on McConnell AFB, Kansas. Tibbets IV’s grandfather, retired Brig. Gen. Paul Tibbets Jr., piloted the ‘Enola Gay,’ during World War II and dropped the world’s first atomic bomb used in warfare.

“It’s really about upholding the legacy of those who have come before,” he said. “When we have the opportunity to

embrace that kind of heritage and that kind of history, it’s a real privilege and an honor.”

Before the flight, Doc’s pilot, Mark Novak, described the significance of having Tibbets IV on board.

“Doc is a piece of history, and the Tibbets name is historic because anyone who knows WWII knows about the general’s grandfather, Paul Tibbets Jr.,” said Novak. “I’ve known (Tibbets IV) for years and we’ll each get a turn to fly. It’ll be a great time to chat and catch up over our hour-long flight.”

Tibbets IV emphasized his appreciation for the time and effort the volunteers put into restoring Doc and bringing this piece of history back to life.

“When you think about Doc and you think about Fifi and all these warbirds that we have, they’re labors of love,” he said. “We’re excited for (the volunteers), and their continued work. They’re going to get to educate tens of thousands of people about the B-29 because they poured their heart and souls into this airplane. This helps us connect those that are here today to those that have come before us, and how important it is to understand what they did for us. This is what changed the world.”

The flight took Doc to Whiteman AFB, Missouri to be part of the Wings Over Whiteman Airshow and open house June 10th and 11th, to commemorate the 70th Anniversary of the Air Force.



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386th AEW Honor Guard braves the elements, honors the past

Master Sgt. Eric M. Sharman
386th Air Expeditionary Wing
Public Affairs

SOUTHWEST ASIA — “The level in which I perform will never be dictated by the type of ceremony, the severity of the temperature, nor the size of the crowd.”

This, the fifth line of the honor guard creed, takes on a significant meaning in a location where triple-digit heat is common. It was the stern reminder used by the 386th Air Expeditionary Wing Honor Guard lead trainer, Staff Sgt. David Adolfo, on a particularly warm day at an undisclosed location in Southwest Asia known as “The Rock”, when his team hesitated to train outside when the indoor facility they normally use wasn’t available.

Recently, the team faced an environmental challenge at the closing ceremony of the National Police Week Observance here, at the end of May.

“It seemed like as soon as the ceremony was about to start, a dust storm kicked up,” said Tech. Sgt. Tiffaney Cleckley-Coolley, the 386th AEW Honor Guard NCO in charge, “So not only was it extremely hot because it was in the afternoon, but it was in the middle of a severe dust storm.”

Being in honor guard, these airmen have to have keen bearing. No matter what comes their way they have to have their composure, and keep it together.

“The way we are doing it here, is that in practice we require them to keep their bearing, and we throw different circumstances and situations at them, like someone messing up the national anthem,” said Cleckley-Coolley.

Deployment challenges

In addition to weather extremes, day-to-day operations for an honor guard team are different than at a permanent stateside location. For instance, the duty uniform is worn



U.S. Air Force photo by Master Sgt. Eric M. Sharman

The 386th Air Expeditionary Wing Honor Guard presents the colors at a change of command ceremony June 5, 2017, in the base theater at an undisclosed location in Southwest Asia. The honor guard performs at about fifty events per six-month rotation.

in lieu of a ceremonial uniform.

“In a deployed environment we do not wear the traditional ceremonial uniform,” said Adolfo, comparing deployed operations to home station.

Another limiting factor of performing honors in a deployed environment is time.

“In the deployed location, members come and go, so getting everyone up to speed and performance ready is difficult. Members volunteer to train after work and perform details during duty day as allowed,” said Adolfo.

So with limited training time, the honor guard still manages about 50 details per rotation, with a volunteer staff of 10-15 Airmen.

“It’s really challenging because we only have two hours a week to train together,” said Senior Airman Antonio Jones, a recent training graduate and ceremonial guardsman. “This is my first experience in an honor guard, but I’m using this opportunity to get some training for when I go back to my home base.”

Made of the right stuff

Ceremonial guardsmen are a picture-perfect example of individuals who are highly motivated, maintain exceptionally high

standards of conduct, both on and off-duty, and exude enormous amounts of pride in all they do.

“I look for members who are disciplined, coachable and can take criticism. Members have to display good conduct and behavior because they represent every member past and present. This mission requires a servant’s heart and someone who can perform flawlessly under pressure,” said Adolfo.

One team, one standard

In keeping with Air Force tradition, all ceremonies performed by the U.S. Air Force are standardized. This includes the highest visibility ceremonies performed by the U.S. Air Force Honor Guard to every ceremony performed at base level, to include change of commands, posting of the colors, funeral honors, and squadron retreat by each of our Active Duty, reserve and Air National Guard Base honor guards.

“To me, serving in the honor guard is an opportunity to represent the Air Force as a staunch professional honoring our nation’s flag and all that members past and present have done in order for me to be able to wear the uniform,” said Adolfo. “I appreciate their sacrifices, every day.”



U.S. Air Force photo by Master Sgt. Chad Thompson

Tech. Sgt. Christopher D’Angelo, right, a missile alert facility manager with the 490th Missile Squadron, Malmstrom Air Force Base, Mont., poses for a photo with his wife, Chanda, son, Jace and daughter, Britlyn at their home in Great Falls, Montana, June 7, 2017. D’Angelo was diagnosed with post-traumatic stress disorder after he was injured by an improvised explosive device January 15, 2008. He said his wife has been very supportive with helping him cope with his PTSD.

Healing from invisible wounds

Tech. Sgt. Robert Barnett
Secretary of the Air Force Public Affairs

WASHINGTON — On Jan. 15, 2008, Senior Airman Christopher D’Angelo, a heavy equipment operator, was the lead gunner in an armored vehicle convoy on a road near Baghdad. The sun was shining and the air comfortable.

His unit had just transported construction materials to forward operating bases and was currently scouting an area to see how they might transport heavy equipment.

The road they were traveling down was considered by many to be the most fatal road at the time – D’Angelo noticed people, especially children, were being ushered off the street.

If it had been a western movie, the soundtrack would have cued something was coming, he recalled thinking.

Scanning the terrain, the gunner noticed sunlight reflecting off something about the size of a football, partially buried in the ground.

“I was told later it was pointed up at me – it was definitely directed at the gunner,” he remembered. “It was a command-controlled improvised explosive device, so someone had to be watching and pulled the trigger.”

Before he could say anything – warn anyone – it detonated, torching the side of his vehicle.

“I remember waking up in another Humvee with people pulling shrapnel out of my face, sticking the nasopharyngeal (airway) in my nose, just trying to keep me alive,” he said. “I remember seeing a really good friend of mine standing over me, pulling stuff out of my face, crying. Being the happy-go-lucky, smart-ass person I am, I was like ‘what’s going on man, how you doing?’ Just seeing the sheer terror on their faces, I kind of knew something was bad.”

They weren’t far from a medical facility, so D’Angelo was transported quickly and treated in-country. It took nearly three months for him to physically heal, leaving a scar on one wrist, and legally blind and deaf on

See **HEALING**, Page 14

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Hunt Housing tip of the week

Parking is only permitted on paved surfaces in designated parking areas. Parking on non-paved areas must be approved, in writing, by Columbus Family Housing. Parking on lawns, planted areas, patios and on the sidewalk-side of the street is strictly prohibited.

Drivers compete at Autocross



Air Force photo by Airman 1st Class Keith Holcomb

Mike Orzel, driver, takes a turn on the flightline track June 10, 2017, on Columbus Air Force Base, Mississippi. Some cones were placed sideways to indicate to the drivers which side to turn around.

Security Forces: Did you know?



Did you know your base driving privileges can be suspended a minimum of 15 days and up to 6 months for: 1) driving and using your cell phone (text or talk) without a hands free capability or 2) any occupant not wearing a seatbelt.

Reference located within AFMAN 31-116 AF Motor Vehicle Traffic Supervision and CAFB Traffic Code, para. 4.1, and attachment 2.

Please direct any questions and concerns to the Security Forces Operations section at 434-3154.



BLAZE Hangar Tails: F-117 Night Hawk

Mission

The Lockheed F-117 Nighthawk is a single-seat, twin-engine stealth attack aircraft that was developed by Lockheed's Skunk Works division and operated by the United States Air Force. The F-117 was based on the Have Blue technology demonstrator, and was the first operational aircraft to be designed around stealth technology. The maiden flight of the Nighthawk took place in 1981 and the aircraft achieved initial operating capability status in 1983.

Features

Early stealth aircraft were designed with a focus on minimal radar cross-section (RCS) rather than aerodynamic performance. Highly-stealth aircraft like the F-117 Nighthawk are aerodynamically unstable in all three Aircraft principal axes and require constant flight corrections from a fly-by-wire flight system to maintain controlled flight. It is shaped to deflect radar signals and is about the size of an F-15 Eagle. The single-seat Nighthawk is powered by two non-afterburning General Electric F404 turbofan engines. It is air refuelable and features a V-tail.

It has quadruple-redundant fly-by-wire flight controls. To lower development costs, the avionics, fly-by-wire systems, and other parts are derived from the General Dynamics F-16 Fighting Falcon, McDonnell Douglas F/A-18 Hornet and McDonnell Douglas F-15E Strike Eagle. The parts were originally described as spares on budgets for these aircraft, to keep the F-117 project secret.

The aircraft is equipped with sophisticated navigation and attack systems integrated into a digital avionics suite. It navigates primarily by GPS and high-accuracy inertial navigation. Missions are coordinated by an automated planning system that can automatically perform all aspects of an attack mission, including weapons release. Targets are acquired by a

thermal imaging infrared system, slaved to a laser rangefinder/laser designator that finds the range and designates targets for laser-guided bombs. The F-117A's split internal bay can carry 5,000 lb (2,300 kg) of ordnance. Typical weapons are a pair of GBU-10, GBU-12, or GBU-27 laser-guided bombs, two BLU-109 penetration bombs, or two Joint Direct Attack Munitions (JDAMs), a GPS/INS guided stand-off bomb.

The F-117 has a Radar cross-section of about 0.001 m2 (0.0108 sq ft). Among the penalties for stealth are lower engine thrust, due to losses in the inlet and outlet, a very low wing aspect ratio, and a high sweep angle (50°) needed to deflect incoming radar waves to the sides. With these design considerations and no afterburner, the F-117 is limited to sub-sonic speeds.

The F-117A carries no radar, which lowers emissions and cross-section, and whether it carries any radar detection equipment is classified.

The F-117A's faceted shape resulted from the limitations of the 1970s-era computer technology used to calculate its radar cross-section. Later supercomputers made it possible for subsequent planes like the B-2 bomber to use curved surfaces while staying stealthy, through the use of far more computational resources to do the additional calculations needed.

An exhaust plume contributes a significant infrared signature. The F-117 reduces IR signature with a non-circular tail pipe to minimize the exhaust cross-sectional volume and maximize the mixing of hot exhaust with cool ambient air. The F-117 lacks afterburners, because the hot exhaust would increase the infrared signature, and breaking the sound barrier would produce an obvious sonic boom, as well as surface heating of the aircraft skin which also increased the infrared footprint. As a result, its performance in air combat maneuvering required in a dogfight would never match that of a dedicated fighter aircraft. This was unimportant in the case of

this aircraft since it was designed to be a bomber.

Passive radar, bistatic radarHYPERLINK \l "cite_note-Bistatic_Radar_Sets-40" and especially multistatic radar systems detect some stealth aircraft better than conventional monostatic radars, since first-generation stealth technology (such as the F-117) reflects energy away from the transmitter's line of sight, effectively increasing the radar cross section in other directions, which the passive radars monitor.

Background

The F-117 was widely publicized for its role in the Gulf War of 1991. Although it was commonly referred to as the "Stealth Fighter", it was a strictly ground-attack aircraft. The U.S. Air Force retired the F-117 on 22 April 2008, primarily due to the fielding of the F-22 Raptor. Sixty-four F-117s were built, 59 of which were production versions with the other five being demonstrators/prototypes.

General characteristics

Crew: 1
Length: 65 ft 11 in (20.09 m)
Wingspan: 43 ft 4 in (13.20 m)
Height: 12 ft 9.5 in (3.78 m)
Wing area: 780 ft² (73 m²)
Empty weight: 29,500 lb (13,380 kg)
Loaded weight: 52,500 lb (23,800 kg)
Powerplant: 2 × General Electric F404-F1D2 turbofans, 10,600 lbf (48.0 kN) each
Maximum speed: Mach 0.92 (617 mph, 993 km/h)
Cruise speed: Mach 0.92
Range: 930 NM (1720 km)
Service ceiling: 45,000 ft (13,716 m)
Wing loading: 65 lb/ft² (330 kg/m²)
Thrust/weight: 0.40



U.S. Air Force photo by Senior Airman Brian Ferguson

Twenty-five F-117 Nighthawks line up before takeoff from Holloman Air Force Base, New Mexico. The planes were part of a formation celebrating the Nighthawk's 25th anniversary and 250,000 flying hour. The 25 aircraft were separated into five groups and flew over the base to end the celebration ceremony.



U.S. Air Force photo by Senior Master Sgt. Kim Frey

Two specially painted F-117 Nighthawks fly on one of their last missions. The F-117s were retired March 11 in a farewell ceremony at Wright-Patterson Air Force Base, Ohio.

Air Force Readiness Programs

(Editor's note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of the activities listed, call 434-2790.)

Wing Newcomers Orientation

This brief is from 8 a.m. – 3 p.m. June 20 and is mandatory for newly arrived active-duty and civilian personnel. Spouses are encouraged to attend. The orientation is held at the Columbus Club. For more information or to register call 434-2790.

Military Life Cycle

The Military Life Cycle workshop from 1 - 2 p.m. June 20 allows the VA contractors to explain to service members, whether first term, separating, retiring or a veteran, what services the VA offers and what they are able to provide throughout the member's military career and how to apply for benefits. For more information or to register call 434-2790.

Heart Link for Spouses

Heart Link is from 8 a.m. – noon June 22. It is for spouses new to Columbus AFB or the military lifestyle. The event is held at Columbus Club. It is a fun-filled spouse orientation program with info on protocol, finance, benefits, helping agencies, local conditions and prizes. It is a great way to meet others new to Columbus. To register and for more information, please call 434-2790.

Hearts Apart

The Hearts Apart Social program from 5 - 7 p.m. June 22 is a monthly event to provide community bonding, fun and appreciation for the families of active-duty personnel who are deployed, remote, or on an extended TDY. Food and activities are provided. For more information or to register call 434-2790.

Pre-separation Counseling

This counseling is a mandatory briefing for personnel separating or retiring, to be completed at least 90 days prior to separation. It may be completed up to 12 months prior to separation or retirement. The counseling is held daily at 8:30 a.m. It takes approximately 60 minutes. Please contact A&FRC, 434-2839/434-2790 for more information.

Pre, Post Deployment Tour Brief

These briefings are mandatory briefings for active-duty personnel who are either deploying or returning from deployment or a remote tour. The briefings are held daily at the A&FRC. Pre-deployment is at 9:30 a.m., and post-deployment is at 1:30 p.m. Please contact A&FRC, 434-2839/434-2790 for more information.

Survivor-Benefit Plan

Are you nearing military retirement? The one decision you will need to make before you retire involves participation in the Survivor

SUPT Class 18-10 welcomed at PPW



U.S. Air Force photo by 2nd Lt. Savannah Stevens

Sonic Johnson, 14th Flying Training Wing Chief of Public Affairs, presents 2nd Lt. Samuel Soderberg, Specialized Undergraduate Pilot Training Class 18-10, a T-1 Jayhawk cockpit poster at the classes' Pilot Partner Welcome reception at Zachary's June 13, 2017. The Pilot Partner Program unites each SUPT class with business and civic leaders from the Columbus and Lowndes county community for the duration of the classes' training.

Benefit Plan. As with all good decision-making, you need to know the facts before you can make a sound decision, and be wary of anyone telling you they can offer you a better deal. Always get the true facts about the SBP before making up your mind. Additional details are available by calling (662) 434-2720.

Military and Family Life Consultant Program

The MFLC counselors provide non-medical counseling to help Airmen (both single and married), their spouses and other family members to cope with stressful situations created by deployments, reintegration, and life challenges such as martial issues, parenting, career stress and anger. All consultants are licensed mental health providers. Counselors can meet either on or off base. There is no charge for services and appointments can usually be made within one to two days. To contact the MFLC, call 662-364-0504.

Volunteer Opportunities

If you are interested in volunteering please contact the Airman & Family Readiness Center. We have volunteer opportunities located throughout the base for a one-time event, special events, or on a continual basis. Volunteers are needed on base at the Youth Center, Child Development Center, Library, Golf Course, Medical Clinic, Chapel, Airman Attic, Thrift Store, the Retiree Activities office and many others. For more information please call A&FRC at 434-2790.

Air Force Recovery Coordination Program

The Recovery Coordination Program streamlines and improves the way care and support are delivered to wounded, ill, and injured Airmen and their families. The RCP provides the support of a Recovery Care Coordinator who guides the Airman and family along their road to recovery. Those eligible include wounded, ill and injured Airmen who: (1) have a serious illness or injury (2) are unlikely to return to duty within a specified amount of time (3) may be medically separated from the military. Additional details are available by contacting the Columbus AFB RCC at DSN: 493-3399, Office: 334-953-3399 or tim.griggs.1.ctr@us.af.mil.

Personal Financial Readiness

Make the most of your money. Contact 426-2527, or 434-2790 for an appointment. Get help managing finances, resolving financial problems and reaching long-term goals such as getting an education, buying a home and planning for retirement.

Learn How to Read Your LES

Having a hard time understanding your Leave and Earning Statement? Need a refresher so that you can mentor your subordinates on their entitlements? Finance has you covered. If you would like for Finance to come to your next CC call or Professional Organization event, you can contact Master Sgt. Sabrina Spriggs at DSN 742-3068 or Staff Sgt. Julianna White at DSN 742-2715.

DRMO

Recycle first by using the Defense Reutilization and Marketing Office as your facility's source of supply. Authorized personnel may retrieve property free of charge if the property is still physically located here in Base Supply and marked at DRMO facilities. Other DRMO processing is available via the web at www.drmo.dla.mil. Cost of shipping will apply. Please call Inspection at 434-7231 to review DRMO property or Stock Control at 434-7197 with questions or concerns you may have. Parking and assistance is available in the back of building 158.

Saint Leo University

SLU offers on-base classes in psychology, criminal justice, and business administration. Online and CD-ROM classes are also available. Call Saint Leo at 434-8844 (dial 99 on-base) or stop by room 120 in building 926 (old Personnel building).

MPS Training Dates

The Military Personnel Section in building 730 holds in-house training on Tuesday and Thursday afternoons during night flying weeks. They will offer appointments only on these days to accommodate this necessary training. If you have any questions, call 434-2611.

Chapel Schedule

Whether you are new to Columbus Air Force Base or have been around for a while, our parish communities welcome you to join us as we worship, fellowship, and encourage one another. For more information, please call 434-2500.

Catholic Community

Sundays:
3:45 p.m. – Religious Education, grades K-9 (Chapel Annex)
4 p.m. – Choir Practice (Chapel Sanctuary)
4 p.m. – Confession (or by appointment)
5 p.m. – Mass w/Children's Church Fellowship Dinner after Mass on 1st and 3rd Sundays of the month
Tuesdays:
11:30 a.m. – Daily Mass
Wednesdays:
11:30-12:30 p.m. – Adoration

Protestant Community

Sundays:
9 a.m. – Adult Sunday School (Chapel Library)
10:45 a.m. – Traditional Worship Service
Tuesdays:
5 p.m. – Student Pilot Bible Study (Chapel Library)
Wednesdays:
4 p.m. - Music Rehearsal

Ecumenical services

Wednesdays:
6 p.m. – AWANA, a religious education program for children ages three years old to 6th grade
6 p.m. – Adult Bible study on the Gospel of John
6 p.m. – Youth Group

Columbus Air Force Base Information and Events
Join our Facebook page at Columbus AFB Living, Twitter @columbusafbliving, Instagram at columbus_afb_living, or visit our website at columbusafbliving.com to keep up to date with all the great events happening around base. Check out the calendar on the website for important Airman and Family Readiness Center events. For more information, contact 434-2337.

Dads Bowl Free
All fathers bowl free at the Bowling Center June 17 in honor of Father's Day. Call 434-3426 for more information.

Daddy Daughter Dance
There will be a Daddy Daughter Dance at 6 p.m. June 17 at the Columbus Club. Prices are \$30 per couple and \$12 for an additional daughter. Sign up by June 12. There will be games, music, food and a photo booth. Call 434-2489 for more information.

Color Run
The 5th Annual Columbus AFB 5K Color Run will take place at 8:30 a.m. June 24. Only \$10 per person. Register by June 19. Call 434-2504 for more information.

Breakfast at the Club
The Columbus Club will host a free breakfast for club members from 6:30 – 9 a.m. June 20. Breakfast includes classic breakfast choices and a waffle station.

A Night of Elegance: Wine Tasting Poolside
Join the Columbus Club for a night of wine tasting, finger foods and live music at 7 p.m. June 23. Prices are \$10 for club members and \$12 for non-members. Call 434-2489 to sign-up.

Library Summer Reading Program
The Library Summer Reading Program has begun. Please see the Library for the schedule of activities.

BLAZE Commons Coffee House on 5th
The Blaze Commons Coffee House on 5th is open from 6 a.m. - 4 p.m. Monday – Friday and serves coffee items, smoothies, breakfast and lunch items. Drive-thru service available as well as call ahead. Call 434-CAFE (2233). The commons also houses the Library, an ITT and ODR kiosk, a computer lab, and FedEx drop-off point.

Library Hours
The library is open Monday, Tuesday, Wednesday and Friday from 7:30 a.m. – 5 p.m., Thurs from 7:30 a.m. – 7 p.m., Sat: 8 a.m. – noon and Sun and Holidays: Closed.

Columbus AFB Cinema
Enjoy free movies on select dates through May and June. Pick up a movie guide with movie schedule, times and locations at any FSS facility or check it out on Facebook at Columbus AFB Living.

Base Pool Hours
Independence Pool is open daily from noon – 7 p.m. The daily rate is \$3 for non Club members and \$2 for members. Summer passes are available based on family size. Call 434-2505 for more information.

Water Aerobics Instructors Needed
Independence Pool is looking for Water Aerobics Instructors for the 2017 pool season. Lifeguards are also needed. Call 434-2505 for more information.

Fitness/Time Out Child Care
The Child Development Center offers child care from

5th Annual Columbus AFB 5K

Wet n Wild

Open to the Public

Color Run

at CAFB Lil Blazer Park

\$10

per person

FREE

to Military ID Holders

June 24

8:30 a.m.

Register by June 19

This is a one of a kind experience that is less about speed and more about enjoying a color crazy day with your friends and family! Information sheets may be picked up at the CAFB Youth Center or Fitness Center!

Check-in at 7:30 a.m.

Ages 2-adults, all fitness levels

You may walk or run

White shirt dress code at the official start line

Non-Military ID holder register at active.com by June 19

Military ID holders register free at the Fitness Center or Youth Center by June 19

For More Information

434-2504

8:30 – 11:30 a.m. Tuesdays and Thursdays. The cost is only \$4 per hour. Sign up one week in advance at the CDC or call 434-2479 for more information.

The Overrun Open Friday Nights
The Overrun is open Fridays from 4:30 p.m. - midnight. Bar menu includes chicken wing basket, chicken tender basket, club wrap, or buffalo chicken wrap. For more information, call 434-2419.

Story Time and Circle Time
The Base Library offers Story Time every Friday at 11 a.m. for all ages. Circle Time is offered each Wednesday at 3:30 p.m. for ages up to 4 years old. For more information, call 434-2934.

Laser Bowling Special
The Bowling Center offers Laser Bowling for only \$12 per person every Friday and Saturday night from 5 – 8 p.m. You also may purchase individual games for \$3 per game with purchase of \$1.50 shoe rental. For more information, call 434-3426.

Free Wood at the Golf Course
Wood is available at the Golf Course on Sundays from 8 a.m. - 3 p.m. Contact the Golf Course Monday-Friday to arrange pick-up. Call 434-7932 for more information.

Wood Shop
The wood shop is now open Mondays, Tuesdays, Fridays and Saturdays from 10 a.m. - 2 p.m.

Lawn Mower and Bicycle Repair
Lawn mower repair is now available at Outdoor Recreation. The cost is only \$40 per hour plus parts; pickup and delivery available. Self-help bicycle repair is also available. For more information, call 434-2507.

Hobby and Craft Instructors Needed
Do you have a hobby or craft project you can share with others? For more information, call 434-7836.

Referees Needed
Referees needed for various sports at the Fitness Center. For more information or to sign up, call 434-2772.

Skeet & Trap
Skeet and trap is available at Outdoor Recreation. Call 434-2507 for more information.

Play Paintball
Book your next paintball event at Outdoor Recreation. The cost is \$15 per person for a party of 10 or more; \$20 per person for party of 9 or less. You must purchase paint at Outdoor Recreation for \$45 per case of 2,000. For more information, call 434-2505.

Make Your Shopping Easier
Force Support Squadron gift cards are available in increments of \$5 to fit any budget. They can be used at most Force Support Squadron facilities at Air Force installations worldwide and they never go out of style. Purchase your gift card at one of the following locations: Bowling Center, Golf Course or Youth Center. For more information, call 434-3426.

Take & Bake Pizzas at the Bowling Center
Grab-and-go ready pizzas for you to take home and bake yourself are available at the bowling center. Save \$2 per pizza. Large and medium pizzas only.

Hobby and Craft Instructors Needed
Do you have a hobby or craft project you can share with others? For more information, contact 434-7836.

Interested in Sponsoring with Columbus AFB?
Want your business to reach the 18,000 active-duty military, family members, civilian employees and retirees living and working at Columbus AFB? If you are interested in event sponsorship or donations, please contact our sponsorship coordinator at 434-2337.

Free Fitness Classes
Free classes are available at the fitness center. Classes range from P90X, Hot Fusion, Jiu Jitsu and Floor Core & More. For more information on class schedules, call the Fitness Center at 434-2772.

RV Storage Lot
Don't clutter your home space, park with us. Outdoor Recreation offers a great place to store your RV year around. You will have 24-hour access and can pay monthly or yearly. For more information, call 434-2505.

Instructional Classes at Youth Center
Youth Programs is offering piano lessons, guitar lessons, tumbling classes, dance classes, and martial arts instruction. Times and ages vary for all classes. Call 434-2504 or stop by the Youth Center for more information.

Fitness on Request
CAFB Fitness and Sports offers a truly comprehensive group fitness platform that is available all day and completely customizable to meet your needs with over 30 different classes on the Fitness on Request system. For more information, call 434-2772.

Space A Lodging
The Magnolia Inn usually has openings for Space A family and single units. Call the lodging desk at 434-2548.

Words to guide your next PCS

Lycisia Craddieth
14th Logistics Readiness Squadron

Helping members with their PCS move is a normal part of our daily duties in the Traffic Management Office here at Columbus AFB. But our busiest time of year is during peak season.

Peak season which runs from May through August can be a very hectic time for service members and their families; however, with proper planning and attention to detail, it is possible to have a smooth move.

So as soon as you receive your PCS Orders, it is important to make TMO your first stop in order to start your move process. Requesting your pickup and delivery dates as soon as possible will ensure a better chance of getting the dates you want.

All DOD service members and civilians, including their families, have two avenues to manage their move at Columbus AFB.

The first is the traditional visit to 14th Logistics Readiness Squadron to receive a relocation briefing and start the move process.

The alternative is to use the Defense Personal Property System, which is accessed through the website, www.move.mil. This website is the portal for DPS and the one-stop shop where members can completely manage their move process.

Members using DPS for the first time will find online training videos and presentations explaining how to navigate through the move process.

Below are some moving tips to help make your move a bit easier:

- Once you get your orders and know the dates you want to move, immediately start the moving process by contacting TMO to learn all options available to you, including a Personally Procured Move. The sooner you start the better chance you have to lock in your preferred move date.

- Moving in the summer months is extremely busy with Memorial Day to July 4 being the busiest moving time of the year. Since requested pickup and delivery dates may not be available during this time, flexibility is important and building extra time into your schedule for unforeseen circumstances is recommended.

- Once your move dates are requested, please don't assume they are set. Move dates are not confirmed until you coordinate with the Transportation Service Provider; this is the company contracted to do your move.

- Pack, pickup and delivery dates are usually scheduled on weekdays. You or your designated representative must be available between the hours of 8 a.m. and 5 p.m. You don't want to miss your move dates as this will cause unnecessary hardship on everyone and possibly extra expenses for you.

- Have a good estimated weight of your personal property. A quick method for estimating your weight is to calculate

1,000 pounds per room.

- Moving is a good time to dispose of unnecessary items. This will help you avoid excess weight charges if your shipment is close to the authorized weight allowance. You don't want to ship and pay for something you don't want.


- You can request a reweigh of your personal property shipment at no cost to you. This is done when you are near or over your weight allowance.

- If you are making more than one shipment, make sure you clearly separate them at your residence. Packing and loading for multiple shipments should be scheduled on separate days to avoid confusion and ensure the right items go to the right destination.


- DPS places you in direct contact with your moving company to manage the movement of your personal property. It is extremely important to keep your contact information updated in DPS.

- If you have a delivery address for your personal property and want direct delivery, it is important to work closely with your moving company to arrange delivery and avoid your personal property being placed in temporary storage.


For questions or concerns about the moving process, the first stop for assistance should always be TMO. However, if you experience any technical problems while using DPS, the System Response Center help desk is there to help. Simply call (800) 462-2176 or 618-220-SDDC 770-7332 or send an email message to sddc.safb.dpsd@us.army.mil.




Cycle safe,
wear a helmet



Be safe on the water,
wear a life preserver



Share the road.
Watch for
motorcyclist.



Columbus observes Old Glory's birthday



Several versions of the American Flag are displayed along Harpe Boulevard April 29, 2017, at Columbus Air Force Base, Mississippi. This year marks Mississippi's 200th year as a state in the Union.

U.S. Air Force photo by Richard Johnson

Airman 1st Class Beaux Hebert

14th Flying Training Wing Public Affairs

June 14 commemorates the adoption of the American flag by the Continental Congress in 1777.

The flag that flies above every U.S. military installation in all corners of the world consists of 13 red and white stripes, each representing the 13 original colonies and 50 white five-pointed stars on a blue rectangle, representing the 50 states that make up the Union.

The 1777 resolution never set a specific size or proportion the flag is supposed to be. Flags of that era were all varied including the shape of the stars and it wasn't until 1912 when the flag's design was standardized. The flag that Americans see now was developed after the addition of Hawaii as state, adding the 50th star.

There are many different theories on how Flag Day came to be a holiday. The most recognized theory comes from New York. In 1889, Professor George Bolch, the principal of a free kindergarten for the poor of New York City, had his school put on patriotic ceremonies to observe the Flag Day resolution. This caught the attention of the state's education department who then arranged for the day to be observed in all public schools.

President Woodrow Wilson officially established the anniversary of the American Flag on May 30, 1916. However, it wasn't a national holiday until President Harry Truman signed an Act of Congress on Aug. 3, 1949, stating that it was to be celebrated all across the U.S.

The flag's colors on the flag have distinct meanings. The red stands for valor, zeal and fervency; the white for purity, cleanliness of life and rectitude of conduct; the blue for loyalty, sincerity, justice and truth.

The American flag has a very unique way to dispose of it. Start by folding the flag into the traditional triangle shape. Then prepare a large fire with enough room for the flag to be completely burned. Place the flag in the fire and while it is burning attendees should salute or recite the pledge of allegiance followed by a moment of silence. The last step is to bury the ashes once the flag has been completely consumed.

In addition to the Flag Day, June 14 is also the U.S. Army's birthday. The U.S. Army was formed on June 14, 1775, just shy of a year before the Declaration of Independence was signed.

The American flag is a very powerful symbol, one that many of men and women have fought and died for through many wars across time. Members of the Armed Forces will always feel proud to defend Old Glory and never miss an opportunity to their respect.



U.S. Air Force photo by Airman 1st Class Beaux Hebert

The American Flag of 1795 is the only flag to have 15 stars and stripes. This flag flew over Fort McHenry when Francis Scott Key wrote the Star Spangled Banner. The flag Americans see now was developed after the addition of Hawaii to the Union in 1959.



U.S. Air Force photo by Richard Johnson

The American Flag of 1818 had 20 stars representing the current states and 13 stripes representing the original 13 original colonies. Flag prior to this one had a stripe for each state, they also varied a lot due to the fact they did not have a standard size until 1912. Mississippi, Louisiana, Indiana, Ohio and Tennessee were added to the stars on this Flag. Mississippi is celebrating its 200th anniversary of being inducted into the Union.

