Produce Pilots, Advance Airmen, Feed the Fight





Columbus Air Force Base, Miss.

March 3, 2017



#### Wina Newcomers Orientation

A Wing Newcomers Orientation is scheduled for 8 a.m. - 1 p.m. March 7 at the Columbus Club for newly arrived active-duty and civilian personnel.

#### SUPT Class 17-06 Graduation

Specialized Undergraduate Pilot Training Class 17-06 graduates at 10 a.m. March 10 at Kaye Au-

The monthly Enlisted Dorm Dinner is scheduled to begin at 5 p.m. March 23 at the Chapel Annex.



## Feature 8

The commissary upate is highlighted in this week's feature.



U.S. Air Force photo by Senior Airman John Day

Senior Airman Samuel Miller, 14th Medical Operation Squadron Aerospace and Operational Physiology Technician, pauses for a photo March 1, 2017, at Columbus Air Force Base, Mississippi. Miller recently won base and Air Force level awards including 14th Flying Training Wing Airman of the Year at the 2016 Annual Awards Banquet, 19th Air Force Outstanding Airman of the Year and U.S. Air Force Aerospace and Operational Physiology Airman of the Year.

# **AOP** Airman exemplifies excellence with awards

Senior Airman John Day, 14th Flying Training Wing Public Affairs

Senior Airman Samuel Miller, 14th Medical Operation Squadron Aerospace and Operational Physiology Technician recently won several awards while stationed at Columbus Air Force Base, Mississippi.

Miller was selected as the 14th Flying Training Wing Airman of the Year at the 2016 Annual Awards Banquet, 19th Air Force Outstanding Airman of the Year and was recognized by the Air Force Medical Service as the U.S. Air Force Aerospace and Operational Physiology Airman of the Year.

## See MILLER, Page 2

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Phase II				PHASE III				IFF			WING SORTIE BOARD				
	Senior	Squadron			Senior	Squadron			Senior	Squadron		Aircraft	Required	Flown	Annual
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37th (17-14)	1.74 days	3.80 days	Mar. 8	48th (17-06)	-3.12 days	3.37 days	Mar. 10	49th (17-EBC)	0.45 days	3.49 days	Mar. 2	T-1	39	17	3,216
41st (17-15)	5.30 days	3.50 days	Mar. 31	50th (17-06)	0.42 days	2.06 days	Mar. 10	* Mission numbe	rs trouidad b	N 14 FTW/ W/in	a Schadulina	T-38	50	35	4,284
The graduation speaker is Brig. Gen. Craig Wills, Director of Strategic Plans, Requirements and Programs, Headquarters Pacific Air Forces, Joint Base Pearl Harbor-Hickam, Hawaii. 1-36 50 55 4,284															



# **14TH FLYING** TRAINING WING DEPLOYED

As of press time, 39 TEAM BLAZE members are deployed worldwide. Remember to support the Airmen and their families while they are away.

Deployment numbers provided by the nstallation Personnel Readiness Office.

## MILLER

#### (Continued from page 1)

"Last year, I won Airman of the Quarter and it kind of snowballed from there," Miller said. "It set me up for being competitive with other awards. They told me I had a good shot at winning if I continued to work hard."

He is from Cincinnati, Ohio and achieved a Bachelor's Degree in Business before starting his Air Force career.

"I went to college before I joined the Air Force," Miller said. "After trying for a year or two to get a job with my degree, I started looking at joining the military. I thought, 'why not?' and got put in AOP."

Miller thrived in his new job and became very proficient in his craft.

"I didn't really know much about my job, but I found I really liked it after I got here," Miller said. "The leadership here is really great and has pushed me to succeed. They tasked me more than before and challenged me to improve."

He was initially uncomfortable with teaching students, but with experience, came confidence, leading him to better his performance both on and off duty.

"The Air Force has done good things for me," Miller said. "The last two years have taught me to be much more independent,

given me a skill and of course I met my wife here. I've thought about furthering my career and commissioning as well."

NEWS

Miller has been identified by his leadership as "a step above the rest" and was given the tools to succeed. He was nominated by his supervisor for his award packages.

"Over the last year, we have had low manning in the shop and so Airman Miller has been working at an NCO level position as an Airman," said 2nd Lt. Vikas Kumar, 14th MDOS AOP Element Chief of Operations. "This is just one of the things he has done to tell me he is a high-speed Airman who deserves to be recognized for his contributions. He always brings in a smile and a good attitude and is always willing to do what we ask of him."

His professionalism, job experience and leadership led him to be the best Airman he can be and to bring pride to himself and his unit by winning these awards at such a high level.

"Sam is truly an asset to the flight," said Mai. Eric Chase, 14th MDOS AOP Flight Commander. "His success stems largely from having a true vision of how we can improve the flight and the training we offer to student pilots, as well as seasoned aircrew. That type of drive can be difficult to instill in anyone, regardless of rank. But for Sam, it simply comes naturally."

Silver Wing	Sil	ver	Wi	ng
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## How to reach us

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#### Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

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## WESLEY UNITED METHODIST CHURCH

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. . . . . . .

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SUNDAY Worship Service - 8:00 & 10:30 am Sunday School (all ages) - 9:15 am

**SUNDAY EVENING** Youth Drama & AWANA - 4nm Discipleship Training - 5pm Evening Worship - 6pm

WEDNESDAY Kid's Drama - 6 pm Adult/Youth Bible Study, RAs, GAs & Mission Friends - 6:30 pm Nurserv available for all services.



The Rev. Anne Harris 328-6673 • www.stpaulscolumbus.com



<u>Mon</u> Tue <u>Wed</u> <u>Thur</u> <u>Sat/Sun</u> Long Range <u>Fri</u> **Events** 11/12 9 8 Mar. 23: Enlisted Dorm 6 Mar. 24: Happy Irby Golf TAP workshop, 7:30 @ AFRC SUPT Class Wing Tournament Newcomers 17-06 Gradua-Mar. 27 - May 5: AFAF Orientation, ion, 10 a.m. @ Mar. 28: Wing Newcomers 8 a.m. @ Club Mar. 30 - Apr. 8: Annual Spring Pilgrimage Mar. 31: Enlisted Promo-Mar. 31: Ryan Daniels Concert 18/19 3 5 Apr. 1: Comedy Show at the 6 4 Apr. 6: BCC Luncheon local School **Apr. 7:** SUPT Class 17-07 Spring Break Graduation Apr. 18: Wing Newcomers Apr. 28: SUPT Class 17-08 Graduation Apr. 28: Enlisted Promotions/Quarterly Awards May 26: Independence Pool Opens



# Love for flying kept last KC-135 flight engineer flying for decades

#### Kenji Thuloweit 412th Test Wing Public Affairs

EDWARDS AIR FORCE BASE, Calif. — (This feature is part of the "Through Airmen's Eyes" series. These stories focus on individual Airmen, highlighting their Air Force story.)

After a career that has spanned almost four decades, the last Air Force flight engineer for the KC-135 Stratotanker is set to retire at Edwards Air Force Base.

Master Sgt. Robert Self joined the U.S. Marine Corps in November of 1978 and will wrap up his military career next month as a full-time Air Force reservist with the 370th Flight Test Squadron.

With 34-and-a-half years of military service, 26 on active duty, Self has had a diverse set of assignments. He said the love of flying is what has kept him going, but with advances in technology, the role of flight engineer has been decreasing over several aircraft platforms.

tems and is a technical advisor to all the pilots," Self said. "Maybe 15 years ago they had a flight engineer on the KC-135 and even a navigator. But over the years the technology has improved and the systems in the airplane have gone to computers, so they have taken engineers and navigators out." 6s and painted them black, so I'm out of a job," Self said.

He first became interested in aviation in the Marines when he was a helicopter crew chief stationed in Hawaii. Af- to make way for junior officers to fly in the second seat of Speckled Trout program, which used KC-135s. ter a four-year term, he returned to his birthplace of Rhode OH-6s. Island to complete college. But the urge to fly brought him back to the military. He joined the Rhode Island Army National Guard where he served as an aeroscout observer and helicopter mechanic. He would fly in OH-6 Hughes Cavuse Light Observation Helicopters as a "flying sergeant."

"We would fly really low with the doors off. We would pop up, radio coordinates to artillery and pop back down. That's time air national guard position at a unit that had C-130s at beautiful flying, I loved it," Self said.

But as Self would see – and what would become a common Hercules.



U.S. Air Force photo by Christopher Higgins Master Sqt. Robert Self, a 370th Flight Test Squadron KC-

135 tanker flight engineer, stands tall following his final flight Jan. 18, 2017. Self is retiring in March from 34-anda-half years of service in the military.

"The flight engineer runs the fuel panel, watches the sys- theme in his career – changes in the military every few years would change his role, too. The unit in Rhode Island was deactivated, so Self went back to Hawaii to continue flying flying that much, that I don't mind taking a stripe off." in OH-6s.

"But then special operations took them – took all the OH-

chanic at Hickam AFB, Hawaii, which had a sister unit at Travis AFB, California, that had C-5 flight engineers. He trained to be a C-5 flight engineer and managed to stay in Hawaii. But after some time, his unit at Travis AFB wanted him to come to California. To remain in Hawaii, he took a part-Hickam. He became a trained flight engineer in the C-130

"Then that unit went away and got C-17s, and they don't have flight engineers," Self said. "After that, I started a new life and became a full-time reservist with the Big Crow program at Kirtland Air Force Base, New Mexico, working as a KC-135 flight engineer."

Big Crow is the name of two NKC-135 test-bed aircraft, which are heavily-modified KC-135s used for electronic warfare testing. These planes were also used as a target simulator for testing the Boeing YAL-1 Airborne Laser.

"Every time I switched aircraft I had to go back to school for training. I went to school for the NKC-135. Then they closed down the Big Crow program, and I had to go back to C-130s at Rhode Island and at Peterson Air Force Base, Colorado," Self said

Unfortunately for Self, every time he changed units he had to lose a rank in order for his new unit to administratively accept him.

"I've had four stripes taken off. So, after all these units closed down, I would apply to a new unit. They would say, 'Oh we can't take you unless you take a stripe off.' I loved

While deployed overseas, Self received a message that would ultimately bring him to Edwards AFB in November, 2013. Since he was qualified to be a flight engineer in the The Army also eliminated the flying-sergeant career field C-130 and KC-135, he would have a job working on the

"The Air Force called me and said you have all these qual-He then became an Air Force Reserve C-5 Galaxy me- ifications, we can use you here," Self said. "When I got here the (Speckled Trout) program closed down and there was no testing for the C-130 anymore, so they made me a KC-135 tanker flight engineer."

Self has reached his high tenure of service, and it's time for him to retire. He had his final flight Jan. 18, 2017, and is taking the rest of his leave before officially retiring in March. Self said he plans on staying in the local area and may continue to work at Edwards AFB as a civilian.

# **BARGAIN LINE**

The deadline for submitting ads is noon Monday before the desired publication date. Ads turned in after the deadline will run the following week. Ads can be mailed to or dropped off at the public affairs office in the 14th Flying Training Wing Headquarters building, e-mailed to silverwings@us.af.mil or faxed to 434-7009. Calling Ext. 7068 by noon Monday can extend the run date of ads already submitted. Silver Wings reserves the right to limit ads based on content, space and frequency of requests. Advertisements for private businesses or services providing a continuous source of income may not appear in the Bargain Line. They may, however, be purchased through The Commercial Dispatch, 328-2424.

## Transportation

For Sale: 1978 Triumph Spitfire with extra parts and hard top for sale, \$3,000. For more information call Danny at 549-5188 or 434-7317.

## Miscellaneous

Sale: Large collection of Naruand Rurouni Kenshin manga for sale, \$100 or best offer; Guitar Hero PS3 guitar controller, \$25 or best offer; collection of Japanese video game strategy guides, \$30 or best offer; Large collection of Skylanders and the video games. For more information, call 270-850-7666.

# News Around Town

## March 3 - 4

sic by Women Festival Concerts in Poindexter Hall, Connie Sills Kossen Auditorium. The performances are free and open to the public starting at noon, 5 p.m. and 8 p.m. on both days. For more informa- March 25 tion, go online at visitcolumbusms.org.

## March 4

ride benefit for the Richard E. Holmes II Memorial Foundation and Columbus Arts Council begins at 11 a.m. at The Hitching Lot/Farmers Market. tracy.doyle@lowndes.k12.ms.us.

Rain date is March 11. Registration is \$20 per bike. Mississippi University for Women presents Mu- Forms are available at Columbus-arts.org or at the Rosenzweig Arts Center. For more information, call 328-2787.

A golf tournament benefit for the New Hope robotics team begins with a shotgun start at 9 a.m. on the Lion Hills Golf Club course. Cost is \$75 Check-in for the Bikin' For the Blues motorcycle per player or \$275 per team and includes green fees, cart, range balls and lunch. Registration is due by March 13. For more information, email

## www.columbus.af.mil Visit us online!

# 14th Flying Training Wing

Public Affairs

Ten of Team BLAZE's enlisted Airmen were promoted during the enlisted promotion ceremony Feb. 28 at the Columbus Club. Promoted during the month of Feb-

ruary were:

Contracting Squadron Airman Christopher Rodriguez,

14th Security Forces Squadron Airman 1st Class Abigail Cruz, 14th Medical Operations Squadron

Airman 1st Class Edgar Gomez, 14th SFS

Airman 1st Class Garland Lym, 14th Operations Support Squadron Senior Airman Hayden Harrison, 14th OSS

Senior Airman Warren Keeling, 14th OSS

Staff Sgt. Crystal Geberth, 14th MDOS

Staff Sgt. Seth Massev, 14th Civil **Engineer Squadron** 

Master Sgt. Christopher Williams 14th Flying Training Wing



# Security and policy review

Did you know that as a military member you must coordinate all information relating to speeches, presentations, academic papers, multimedia visual information materials and information proposed for release to a publicly accessible Worldwide Website, with exception of Air Force publications, through the 14th Flying Training Wing Public Affairs Office? For more information contact the 14th FTW/PA at 434-7068.

# Ten enlisted Airmen promoted at ceremony

Airman Jonathan Garcia, 14th



Ten of Team BLAZE's enlisted Airmen were promoted during the enlisted promotions ceremony Feb. 28 at the Columbus Club.



# **Hunt Housing** tip of the week

Please do not place metal, string, grease, coffee grounds, nutshells, glass, olive or fruit pits, potato peels, corncobs, paper, wire, bones or non-food substances in the garbage disposal. Resident will be held responsible for any repairs or damage resulting from misuse.

# **Gloss selected** for Senior Master Sergeant

Congratulations to Master Sgt. Eric Gloss, 14th Force Support Squadron Manpower Noncommissioned Officer



Charge, for being selected to the rank of senior master sergeant.

Visit us online! www.columbus.af.mil Shotgun Start: 1 p.m.

Friday, March 24

# Brig. Gen. Craig Wills to speak at next graduation

BLAZE wel comes Brig. Gen. Craig Wills as the guest speaker for Special ized Undergraduate Pi lot Training Class 17-06' graduation March 10 at Columbus Air Force Base, Mi

sippi.



Wills is the Director of Strategic Plans, Requirements and Programs, Headquarters Pacific Air Forces, Joint Base Pearl Harbor-Hickam, Hawaii. PACAF's primary mission is to provide ready air and space power to promote U.S. interests in the Indo- Asia-Pacific region during peacetime, through crisis and in war. Wills supports the Commander Pacific Air Forces, in this mission by providing oversight of the strategy for operational plans, international relations, theater security cooperation, and programming of \$16.5 bil- Air Force Strategy Division, Korea Air Oplion in Pacific Theater resources.

Wills was commissioned in 1990 upon 11. September 2005 - July 2008, F-15C He is a Command Pilot with more than 2,500 hours of flying time, primarily in the F-15C enheath, United Kingdom and F-15E

Prior to his current assignment, Wills was the Executive Officer to the Commander, Pacific Air Forces, Joint Base Pearl Harbor-Hickam. He previously commanded the 39th Air Base Wing, Incirlik Air Base, Turkey, 47th Operations Group at Laughlin AFB, Texas, and the 493rd Fighter Squadron at RAF Lakenheath, United Kingdom. He has been a Fellow at Harvard University and served on the Seventh Air Force and United States Forces Korea Staffs.

## ASSIGNMENTS

1. March 1991 - May 1992, student, Spe- gic Plans, Requirements and Programs, Head cialized Undergraduate Navigator Training, quarters Pacific Air Forces, Joint Base Pearl Mather AFB, California

2. May 1992 - May 1993, student, F-15E Initial Oualification Training, Luke AFB, Ar izona

3. May 1993 - September 1995, F-15E Instructor Weapons Systems Officer and Assistant Chief of Weapons, RAF Lakenheath United Kingdom

4. September 1995 - March 1997, Distinguished Graduate, Euro-NATO Joint Jet Pilot Training and Introduction to Fighter Fundamentals, Sheppard AFB, Texas

5. March 1997 - August 1997, Outstand ing Graduate, F-15C Initial Qualification Training, Tyndall AFB, Florida

6. October 1997 - August 2000, F-15C In structor Pilot, Flight Commander, 71st Fight er Squadron, Langley AFB, Virginia

7. August 2000 - August 2002, F-15C In structor Pilot, Flight Commander, and As sistant Director of Operations, 2nd Fighter Squadron, Tyndall AFB, Florida

8. August 2002 - June 2003, student, Ai Command and Staff College, Maxwell AFB Alabama

9. July 2003 - June 2004, student, School of Advanced Air and Space Studies, Maxwell AFB, Alabama

10. July 2004 - July 2005, Director, 7th erations Center, Osan AB, Republic of Korea

completion of the Reserve Officer Training Evaluator Pilot, Assistant Director of Op Corps program at the University of Arizona. erations, Director of Operations, and Commander, 493rd Fighter Squadron, RAF Lak

12. Aug 2008 - June 2009, Fellow, Weath erhead Center for International Affairs, Har vard University, Cambridge, Massachusetts

13. July 2009 - July 2011, Commander, 47th Operations Group, Laughlin AFB, Texas

14. July 2011 - July 2013, Deputy Assistant Chief of Staff, Operations, United States Forces Korea

15. July 2013 – July 2015, Commander, 39th Air Base Wing, Incirlik Air Base, Turkey 16. August 2015 – July 2016, Executive Officer to the Commander, Pacific Air Forc es, Joint Base Pearl Harbor-Hickam, Hawaii

17. July 2016 - present, Director of Strate Harbor-Hickam, Hawaii

## **Happy Irby Christmas Fund** 2017 Charity Golf Tournament

Whispering Pines Golf Course Columbus Air Force Base, Mississippi

Prizes Awarded for first, second and third Places

All participants are also eligible for door prizes

Sign up at Whispering Pines Golf Course or call 434-7932

Please register by Friday, March 17

The mission of the Happy Christmas Fund is to provide clothes, school supplies and other necessities to

underprivileged children in the Columbus area at Christmastime. Over 400 children received gifts in 2016

The Happy Christmas Fund, LLC, is a 501(c) (3) tax-exempt organization; EIN # 64-079393

**Drive Smart** 

**Save Lives** 

**Don't text** 

while driving

100 percent of the proceeds go to the Happy Irby Christmas Fund, LLC



Four-Person, Nine-Hole Scramble \$40/person or \$160/team Entry fee includes greens fees and lunch. Registration: 11:30 a.m. Burger Burn: Noon

In simple terms that word "smart" means computer code performing some automated function such as data collection, storage, transmittal or other task to offer the user better insight into his or her experience using that product. Those running shoes might log miles walked, calories burned or altitude climbed and then send that data over a connection of some kind, whether physical or Wi-Fi, to another smart device such as a phone, tablet or computer, which the user can use to monitor fitness.

We take for granted the utility of smart culture aware of cybersecurity. devices. There is no argument they make life Even the simple act of asking questions: is easier, more automated, and allow us to acthis device (or shoe or water bottle) connect-It is that interaction, where the shoes ed? How? Should I disable it before I come cess data we might never have had access to before. Unfortunately, that comfort and joy "touch" the mostly unregulated, unprotected into work every day – or even not bring it web where the true vulnerability lies. we experience in the ever expanding landat all? Are there security patches I can load Any code can be altered once a connecscape of technological wonders has a very on these items? That simple pause to address evil underside we absolutely must be aware tion occurs. The data you expect those shoes what has become a part of every facet of our to collect may be changed by the bad guys to of. We cannot assume that these devices are lives could be the difference between a mascollect other data instead, or host malicious safe, secure, and protected. They are not. sive data breach and just another day at the

code that can be carried to the actual target So the question that comes to mind is sim- office. they want to infect. All you might have to ply: what do we do? This is not some call to revert society back ists utilized simple box cutters as weapons of that they are just as much a weapon as a tool do is walk by the ATM and your bank could now be potentially infected. to an agrarian base. Instead, we must grow a war to then turn civilian aircraft into even and the enemy is always watching.

Secretary of the Air Force Public Affairs The 13 new Air Force specialty codes included in the fis- taining key experience while we deliberately grow our force," cal 2017 SRB list represent critical and emerging career fields Romer said. "We are increasing our accessions and training with high operations demands and low manning or retention, pipeline to support the increased growth, but these new en-WASHINGTON — Air Force officials released details on such as maintenance and intelligence, surveillance and relistees won't be seasoned for some time. Retaining the experithe fiscal year 2017 Selective Re-enlistment Bonus program ence we have is critical to maintaining readiness and training connaissance. The AFSCs removed from this year's SRB list Feb. 23, 2017. This year's program consists of 80 Air Force were no longer among those AFSCs with the highest needs those new Airmen." specialties and continues the practice of offering larger sums based on analysis of manning, retention, and/or training costs. All AFSC bonus changes are effective Feb. 23. of money initially up front. According to Col. Robert Romer, the chief of military force

The program is designed to improve readiness and capacity by targeting retention of experienced Airmen, especially those in operations, nuclear, maintenance, cyber, space, intelligence, surveillance, and reconnaissance, and support career fields

Patrick S. Rvan Col, USAF, SAF CIO/A6

Five or 10 years ago, such a statement might have been appropriate for a cartoon matinee or slapstick farce, but in a new world defined by the Internet of Things, this statement isn't just a possibility, but an actual cyber vulnerability to be aware of.

Companies today are adding the word "smart" to a constellation of different products: water bottles, refrigerators, televisions, and yes, even running sneakers.

# Are your running shoes spying on you?



#### Are your running shoes spying on you?

In simple terms that word "smart" means computer code performing some automated function such as data collection, storage, transmittal or other task to offer the user better insight into his or her experience using that product.

deadlier mass destruction devices. It was the definition of asymmetric advantage by a "supposedly" inferior enemy. In an Internet of Things we have created hundreds of these tools, now weapons in waiting. Yet a simple cultural shift, a turn from blind trust to trust but verify, can blunt that advantage.

The Internet of Things offers an unbelievable range of possibility to the consumer. There is truly no limit to the new ways we can utilize smart devices to enhance our lives, but with the massive increase in powerful tools comes the simple responsibility to utilize them safely.

It is like the Wild West in terms of opportunity, so we must realize our role in keeping the cyber peace. Use these new technologies An extreme example recalls how terror- to their fullest, but be skeptical and vigilant

# AF Selective Re-enlistment Bonus program updates released

policy for the Air Force, the criteria used to determine career fields eligible for re-enlistment bonuses includes current and projected manning levels, retention levels and trends, and the cost levels associated with training new Airmen.

"This year's SRB list continues the Air Force's focus on re- tions

The fiscal 2017 bonus list will be available on myPers on the "re-enlistment" page.

For more information about Air Force personnel programs, go to the myPers website. Individuals who do not have a myPers account can request one by following these instrucDBIDS upgrade provides faster, secure gate flow

**Robert Pagenkopf** 14th Medical Group Health Promotion Program Coordinator

The National Nutrition Month® theme for 2017 is "Put Your Best Fork Forward," which acts as a reminder that each bite counts.

Initiated in March 1973 as a week-long event, National Nutrition Week became a month-long observance in 1980 in response to growing public interest in nutrition.

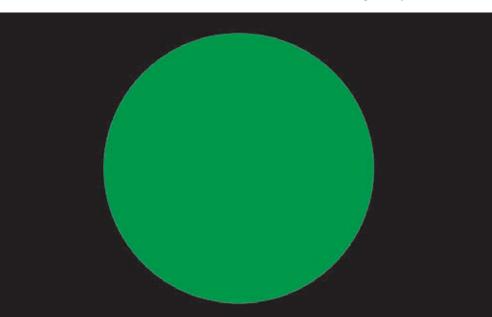
The 2015-2020 Dietary Guidelines for Americans suggest starting with small changes in order to make healthier lasting changes you can enjoy. Making just small shifts in our food choices, can add up over time. Choosing a variety of healthful foods across and within all food groups helps reduce the risk of preventable, lifestyle-related chronic diseases including cardiovascular disease, type two diabetes and obesity.

or sodium.

During National Nutrition Month and beyond, make an effort to cut back on food and beverages high in added sugar, sodium and saturated fats. Take the time to find creative, healthful and nutritious ways to add flavor to food.

Maintain a healthy weight to reduce your risk of cancer and other diseases. The connection between cancer and obesity varies widely for different cancer types, but is as high as 40 percent for some cancers, particularly endometrial cancer and esophageal adenocarcinoma.

Limit alcohol. Evidence suggests all types of alcoholic than numbers. It is about healthy behaviors, such as enjoying drinks may increase risk of a number of cancers, including Reduce your intake of calories from solid fats and added mouth, throat, voice box, esophageal, liver, breast, colon and a variety of nutrient-rich foods and a variety of activities for strength, flexibility and aerobic capacity sugars. Foods with added sugars and fats can cause weight gain rectal. It's unclear exactly how alcohol affects cancer risk. It and leave little room for more healthful, cancer-preventive is considered more harmful when combined with smoking. If Visit your Health Promotion office call 434-1688 to see foods. Eat plenty of fruits and vegetables including beans, what is available to start your healthy lifestyle. Healthy you drink at all, limit alcoholic drinks to no more than one which are linked with a lower risk of certain cancers. Fill half Snacks and information will be provided to start making drink daily for women and two for men. your plate each meal with a variety of naturally nutrient-rich Improving overall well-being requires a lifelong commit- healthy nutrition habits to "Put your best fork forward."



He added it allows Security Forces Defenders to identify personnel with wants and warrants, which makes the perimeter and base safer. Austin said DBIDS is installed at every Air Force installation stateside and overseas, to include Air Force Reserve and Air National Guard bases.

"If a person's status changes for any reason, like being barred, once the status is updated in DBIDS by the barring authority, all installation entry controllers will see the person was barred," Austin said. "In six years, DBIDS annual scan statistics increased from 1,000,000 scans per year to 86,000,000 scans in 2016.

He said Scott Ulrich, Melia Goodman and Travis Cambern from the Air Force DBIDS Development Team had a vision of transitioning Security Forces from visual ID card inspections to electronic interrogation of all credentials.

"They imagined a system that's easy to employ, interconnected globally and capable of continuous screening of DBIDS records," Austin said

The system is maintained by the Defense Manpower Data Center, owners of Defense Enrollment Eligibility Reporting System, or DEERS, and the Real-Time Automated Personnel Identification System, or RAPIDS.

When a DoD credential is initially scanned at an installation entry control point, the cardholder is automatically registered in DBIDS once the ID Card is validated in DEERS Also, information is screened by the FBI National Criminal Information Center. DBIDS is interconnected with DEERS and NCIC for continuous vetting.

In 2016, entry controllers detected 4,000 people with warrants, flagged 233 armed and dangerous, 71,000 personnel with terminated ID Cards, 3,500 barred, 73,000 expired ID cards and 22,580 ID cards reported lost or stolen. Austin said that in 2009, it was impossible to detect these categories of unauthorized personnel. "Now, Security Forces are able to stop potential threats, protecting our people and warfighting assets.'

Looking to the future, Austin said experts are already working on the next generation of DBIDS, to include a webbased virtual visitor center to allow DoD card holders to request visitor passes online. Also, DBIDS scanners will be able to read REAL ID compliant driver's licenses, making visitor passes obsolete.

"If you see your entry controllers using the DBIDS scanners during peak traffic hours, assist them by having your credentials ready to be scanned and understand if minor delays occur, there's a good chance an unauthorized person has been detected," Austin said "It's for everyone's safety."

# Concerns to the

US Air Force photo by Annette Crawford A1C Travis Cernetisch, assigned to the 802nd Security Forces Squadron, uses the latest Defense Biometrics Identification System (DBIDS) equipment to scan driver's identification at JBSA-Lackland Kelly annex. Airmen around the country are using the system to DBIDS as an enhanced security system used to monitor entry onto

with the heavy volume of traffic entering a base during peak make everyone's life easier. People coming on base won't be

military installations.

ing to allow anyone on base who should not enter. It will as frustrated, and Airmen handling traffic won't have to deal with frustrated people who have been sitting in long lines. We're predicting 300,000 scans monthly and may even double the monthly amount last year of 177,000."

accuracy than a human checking an ID card. This means traffic hours, entry controllers can now scan credentials instead of relying on visual ID card inspections, and it lessens the bottleneck or choke point at base entry control points.

It gives us better vetting," Templeton said. "We're not go-



# To advertise in Silver Wings, call 328-2424

second or less and the DBIDS equipment footprint is 40 percent smaller. DBIDS is a card-scanning tool that uses barcodes and biometrics to identify cardholders. The system verifies authorizations and assigns access privileges based on identity, affiliation and the current threat level.

Vicki Steir

Air Force Installation and

Mission Support Center Public Affairs

As visitors to Joint Base San Antonio go through the base

gates, they may notice traffic is flowing faster but what they

Thanks to a Defense Biometrics Identification System 5.0

upgrade, ID card scanning speed has been reduced to a single

may not notice is security is also stronger.

JOINT BASE SAN ANTONIO-LACKLAND, Texas —

"That equates to rapid identity proofing and vetting of personnel requesting access onto our installations and allows Security Forces to stop potential threats at the base perimeter," said Derrick Austin, Air Force Security Forces Center Chief of Police Services and Installation Access Control.

Security Forces have been using the devices since 2009, but they were not always as quick to provide scanned data

One of AFSFC's missions is to provide functional implementation guidance for Police Services, which includes DBIDs. Program goals are to improve the system's availability, usability and affordability for installation commanders and Security Forces.

Airmen using DBIDS 5.0 light up when talking about the quick response and ability to move traffic. Joint Base San Antonio-Lackland DBIDS administrator Senior Airman Hunter Templeton said that when he did a test on the previous DBIDS 4.0 platform, it could take nine seconds or as much as 15 to 20 seconds to respond.

"DBIDS 5.0 is down to three seconds but usually a half of a second." Templeton said.

The new equipment includes handheld scanners and all in-one computers.

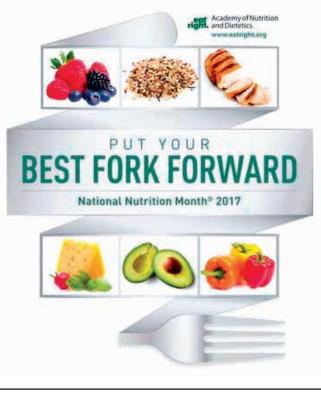
"This is a full upgrade and the system is working great. It's amazing. I love it!" Templeton said.

The new DBIDS Scanner responds faster and with more



# National Nutrition Month — 'Put Your Best Fork Forward'

Making small changes in the kitchen is just one part of becoming healthier over time. Nutrient-dense options and foods packed with important nutrients are naturally lean or low in solid fats and have little or no added solid fats, sugars



fruits and vegetables full of color.

The 2015-2020 Dietary Guidelines for Americans suggest starting with small changes in order to make healthier lasting changes you can enjoy.

ment to healthful lifestyle behaviors, including daily physical activity. Parents can provide opportunities and encourage their children to spend time each day playing fun, physical activities. When children are young, parents and other caregivers are responsible for providing an environment that helps them maintain a healthy weight.

Help your child by being a positive role model for healthy eating and activity habits. Provide a calm, reassuring atmosphere at regular meals and snack times. Set healthy limits on screen entertainment like television and video games. Involve the whole family in fun physical activities. Help children develop a positive body image and avoid restrictive diets and excessive exercise regimens.

When it comes to nutrition and fitness, the role of parents is the same no matter the weight of their children. Not all slim kids have healthy eating habits or active lifestyles, and not all overweight children develop risk factors for diabetes or heart disease. A healthy weight for kids is about much more

# **Commander's Action Line** 434-1414

The Commander's Action Line is your direct line to the commander for comments and suggestions on how to make Columbus AFB a better place. Although the Commander's Action Line is always available, the best way to resolve problems is through the chain-of-command.

The Commander's Action Line phone number is 434-1414. Callers should leave their name and phone number to receive an answer. All names will be kept confidential. Message may be answered in the Silver Wings without names.

Written questions may also be brought to the PA office

in the Wing Headquarters building, BLDG. 724, suite 210. Questions and answers may be edited for brevity and style.



# BLAZE Hangar Tails: RQ-4 Global Hawk Unmanned Aerial Vehicle

#### Mission

ance, remotely piloted aircraft with an integrated sensor tities to coordinate the mission such as air traffic control, suite that provides global all-weather, day or night intelligence, surveillance and reconnaissance capability. Glob- sets. al Hawk's mission is to provide a broad spectrum of ISR worldwide peacetime, contingency and wartime operations. The Global Hawk provides persistent near-real-time and moving target indicator sensors.

#### Features

Global Hawk is currently fielded in three distinct blocks and is flown by a Launch and Recovery Element and a Mission Control Element. The LRE is located at the aircraft base and functions to launch and recover the aircraft while en route to and from the target area. The MCE controls the Global Hawk for the bulk of the ISR mission. Like the overseas contingency operations since November 2001. LRE, the MCE is manned by one pilot, but adds a sensor operator to the crew.

namic control of the aircraft. The pilot workstations in purpose-built remotely piloted aircraft systems. The "E" in the MCE and LRE are the control and display interface EQ-4 delineates the communication configuration of the providing aircraft health and status, sensors status and a BACN equipped aircraft.

means to alter the navigational track of the aircraft. From **General Characteristics** The RQ-4 Global Hawk is a high-altitude, long-endur- this station, the pilot also communicates with outside enairborne controllers, ground controllers, and other ISR as-

The sensor operator workstation provides capability to collection capability to support joint combatant forces in task the sensor, dynamically update the collection plan in real time, initiate sensor calibration and monitor sensor status. The sensor operator also assists the exploitation coverage using imagery intelligence, signals intelligence node with image quality control, target deck prioritization and scene tracking to ensure fluid operations.

#### Background

Global Hawk began as an Advanced Concept Technology Demonstration in 1995. The system was determined to have military utility and provide warfighters with an evolutionary high-altitude, long-endurance ISR capability. The Global Hawk has been deployed operationally to support

In the RQ-4 name, the "R" is the Department of Defense designation for reconnaissance and "Q" means un-Command and control data links enable complete dy- manned aircraft system. The "4" refers to the series of

**Primary function:** high-altitude, long-endurance ISR Contractor: Northrop Grumman (Prime), Raytheon, L3 Comm

Power Plant: Rolls Royce-North American F137-RR-100 turbofan engine

Thrust: 7,600 pounds Wingspan: 130.9 feet (39.8 meters) Length: 47.6 feet (14.5 meters) Height: 15.3 feet (4.7 meters) Weight: 14,950 pounds (6,781 kilograms) Maximum takeoff weight: 32,250 pounds (14628 kilograms) Fuel Capacity: 17,300 pounds (7847 kilograms) Payload: 3,000 pounds (1,360 kilograms) **Speed:** 310 knots (357 mph) Range: 12,300 nautical miles **Endurance:** more than 34 hours Ceiling: 60,000 feet (18,288 meters) Armament: None Crew (remote): three (LRE pilot, MCE pilot, and sensor

operator)

Initial operating capability: 2011 (Block 30); 2015 (Block 40)

Inventory: active force, 33 (three more Block 30s purchased, to be fielded in 2017)



U.S. Air Force photo by Senior Airman Nichelle Anderson A U.S. Air Force RQ-4 Global Hawk Unmanned Aerial Vehicle flies over Andersen Air Force Base, Guam. The Global Hawk's mission is to provide a broad spectrum of intelligence, surveillance and reconnaissance collection capability to support joint combatant forces in worldwide peacetime, contingency and wartime operations.



A U.S. Air Force RQ-4 Global Hawk Unmanned Aerial Vehicle waits for its takeoff time before its first launch from an undisclosed location in Southwest Asia. The RQ-4 carries the Battlefield Airborne Communications Node which acts as a persistent gateway, bridging diverse tactical data links and voice communications to improve battlefield communications.

## Air Force **Readiness Programs**

(Editor's note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of the activities listed, call 434-2790.)

#### Transition Assistance Program GPS Workshop

This workshop is held 7:30 a.m. - 4 p.m. March 6 - 10. The Transition Assistance Program Workshop has seminars on: Transition, Military Occupational Code Crosswalk, Financial Planning, Health Benefits, Mississippi Dept. of Employment Security, Dept. of Veterans Affairs, Disabled TAP, Dept. of Labor TAP portion. Preseparation counseling is required before attending. Recommend attendance is 8 – 12 months prior to separation/retirement. Spouses are encouraged to attend with their sponsor. For more information or to register call 434-2790.

#### Career Technical Training

This transition event is held  $\overline{8}$  a.m. - 3 p.m. March 13 - 14 and explores technical careers for post military personnel using VA Educational benefits. It is conducted by CALIBRE, private company contracted by DVA. Prior registration is required, company requires 10 days notification and must have minimum of eight participates For more information or to register call 434-2790.

#### Smooth Move

The Smooth Move class is 10 - 11:30 a.m. March 14. The class provides relocating members/families with valuable information about moving. You learn what to expect from TMO, Housing, Military Pay, Legal, Billeting, Tri-Care, Medical Records, and A&FRC. Please call 434-2790 to register.

## Federal USAJobs Workshop

This workshop March 15 is on writing re sumes, applications, and job search, using US 434-2790.

This workshop is held 7:30 a.m. - 4 p.m. AJobs. For more information or to register call April 3 - 7. The Transition Assistance Program Workshop has seminars on: Transition, Military Occupational Code Crosswalk, Fi-Hearts Apart nancial Planning, Health Benefits, Mississippi The Hearts Apart Social program, from Dept. of Employment Security, Dept. of Veter-5-7 p.m. March 23, is a monthly event to proans Affairs, Disabled TAP, Dept. of Labor TAP vide community bonding, fun and appreciation portion. Preseparation counseling is required for the families of active-duty personnel who are before attending. Recommend attendance is deployed, remote, or on an extended TDY. Food 8 – 12 months prior to separation/retirement. and activities are provided. For more informa-tion or to register call 434-2790. Spouses are encouraged to attend with their sponsor. For more information or to register call 434-2790.

#### Wing Newcomers Orientation

434-2790.

## Military Life Cycle

# COMMUNITY

This brief is 8 a.m. – 12:15 p.m. March 28 and is mandatory for newly arrived active-duty and civilian personnel. Spouses are encouraged to attend. The orientation is held at the Columbus Club. For more information or to register call

The Military Life Cycle workshop from more information.

## Team BLAZE members display BHM live



U.S. Air Force photo by Melissa Doublir

Col. Douglas Gosney, 14th Flying Training Wing Commander, and Col. James Fisher, 14th FTW Vice Commander, listen as Airman Ryan Heman-Ackah, 50th Flying Training Squadron, portrays Duke Ellington during the Black History Month Display Feb. 23, 2017, at Columbus Air Force Base, Mississippi. Several stations were set up as other Team BLAZE members portrayed historical and inspirational members of Black American culture.

1-2 p.m. March 28 allows the VA contractors to **Pre, Post Deployment Tour Brief** explain to service members, whether first term, separating, retiring or a veteran, what services the VA offers and what they are able to provide throughout the member's military career and how to apply for benefits. For more information or to register call 434-2790.

#### **Transition Assistance Program GPS** Workshop

#### Pre-separation Counseling

This counseling is a mandatory briefing for personnel separating or retiring, to be completed at least 90 days prior to separation. It may be completed up to 12 months prior to separation velopment Center, Library, Golf Course, Medi-

These briefings are mandatory briefings for active-duty personnel who are either deploying or returning from deployment or a remote tour. The briefings are held daily at the A&FRC. Pre-deployment is at 9:30 a.m., and post-deployment is at 1:30 p.m. Please contact A&FRC, 434-2839/434-2790 for more information.

#### Survivor-Benefit Plan

Are you nearing military retirement? The one decision you will need to make before you retire involves participation in the Survivor Benefit Plan. As with all good decision-making, you need to know the facts before you can make a sound decision, and be wary of anyone telling you they can offer you a better deal. Always get the true facts about the SBP before making up your mind. Additional details are available by calling (662) 434-2720.

#### Volunteer Opportunities

If you are interested in volunteering please contact the Airman & Family Readiness Center. We have volunteer opportunities located throughout the base for a one-time event, special events, or on a continual basis. Volunteers are needed on base at the Youth Center, Child Deor retirement. The counseling is held daily at cal Clinic, Chapel, Airman Attic, Thrift Store, 8:30 a.m. It takes approximately 60 minutes. the Retiree Activities office and many others. Please contact A&FRC, 434-2839/434-2790 for For more information please call A&FRC at 434-2790.

## Military and Family Life Consultant Program

The MFLC counselors provide non-medical counseling to help Airmen (both single and married), their spouses and other family members to cope with stressful situations created by deployments, reintegration, and life challenges such as martial issues, parenting, career stress and anger All consultants are licensed mental health providers. Counselors can meet either on or off base. There is no charge for services and appointments can usually be made within one to two days. To contact the MFLC, call 662-364-0504.

#### Air Force Recovery Coordination Program

The Recovery Coordination Program streamlines and improves the way care and support are delivered to wounded, ill, and injured Airmen and their families. The RCP provides the support of a Recovery Care Coordinator who guides the Airman and family along their road to recovery. Those eligible include wounded, ill and injured Airmen who: (1) have a serious illness or injury (2) are unlikely to return to duty within a specified amount of time (3) may be medically separated from the military. Additional details are available by contacting the Columbus AFE RCC at DSN: 493-3399, Office: 334-953-3399 or tim.griggs.1.ctr@us.af.mil.

## **Chapel Schedule**

Whether you are new to Columbus Air Force Base or have been around for a while, our parish communities welcome you to join us as we worship, fellowship, and encourage one another. For more information, please call 434-2500.

## Catholic Community

Sundays: 3:45 p.m. - Religious Education, grades K-9 (Chapel Annex) 4 p.m. – Choir Practice (Chapel Sanctuary) 4 p.m. – Confession (or by appointment) 5 p.m. – Mass w/Children's Church Fellowship Dinner after Mass on 1st and 3rd Sundays of the month Tuesdays: 11:30 a.m. - Daily Mass Wednesdays: 11:30-12:30 p.m. – Adoration

## Protestant Community

Sundays: 9 a.m. – Adult Sunday School (Chapel Library) 10:45 a.m. – Traditional Worship Service Tuesdays: 5 p.m. – Student Pilot Bible Study (Chapel Library) Wednesdays:

4 p.m. - Music Rehearsal

#### **Ecumenical services** Wednesdays:

6 p.m. – AWANA, a religious education program for children ages three years old to 6th grade 6 p.m. – Adult Bible study on the Gospel of John 6 p.m. – Youth Group

## Columbus Air Force Base Information and Events

Join our Facebook page at Columbus AFB Living, Twitter @columbusafbliving, Instagram at columbus\_afb\_living, or visit our website at columbusafbliving.com to keep up to date with all the great events happening around base. Check out the calendar on the website for important Airman and Familv Readiness Center events. For more information, contact 434-2337.

#### March Madness Bowling

Every Saturday in March, bowling is \$1 from 5 p.m. to close. For more information, call 434-3426.

#### Free Breakfast for Club members

A free breakfast is available for club members from 6:30 - 8 a.m. March 9 at the Columbus Club. Call 434-2489 for more information.

#### Give Parents a Break

Give Parents a break runs from 9 a.m. - 1 p.m. March 11. Please call the Youth Center at 434-2504 for more informa-

#### St. Patrick's Day at the Club

St. Patrick's Day at the club has green beer along with corned beef, cabbage and other Irish foods at 5 p.m. March 17. Free for Club members and \$5 for nonmembers. Beer and alcohol not included in the price. Call 434-2489 for more information.

#### Fitness/Time Out Child Care

The Child Development Center offers child care from 8:30 – 11:30 a.m. Tuesdays and Thursdays. The cost is only \$4 per hour. Sign up one week in advance at the CDC or call 434-2479 for more information.

## The Overrun Open Friday Nights

The Overrun is open Fridays 4:30 p.m. until midnight. Bar menu includes chicken wing basket, chicken tender basket, club wrap, or buffalo chicken wrap. For more information, call 434-2419.

## Story Time and Circle Time

The Base Library offers Story Time every Friday at 11 a.m. for all ages. Circle Time is offered each Wednesday at 3:30 p.m. for ages up to 4 years old. For more information, call 434-2934.

## Cosmic Bowling Special

The Bowling Center offers Cosmic Bowling for only \$12 per person every Friday and Saturday night from 5 – 8 p.m. You also may purchase individual games for \$3 per game with purchase of \$1.50 shoe rental. For more information, call 434-3426.





#### Free Wood at the Golf Course

Wood is available at the Golf Course on Sundays from 8 a.m.-3 p.m. Contact the Golf Course Monday-Friday to arrange pick-up. Call 434-7932 for more information.

#### Lawn Mower and Bicycle Repair

Lawn mower repair is now available at Outdoor Recreation. The cost is only \$40 per hour plus parts; pickup and delivery available. Self-help bicycle repair is also available. For more information, call 434-2507

#### Hobby and Craft Instructors Needed

Do you have a hobby or craft project you can share with others? For more information, call 434-7836.

#### **Referees Needed**

Referees needed for various sports at the Fitness Center. Space A Lodging For more information or to sign up, call 434-2772.

#### Play Paintball

Book your next paintball event at Outdoor Recreation. The cost is \$15 per person for a party of 10 or more; \$20 per person for party of 9 or less. You must purchase paint at Outdoor Recreation for \$45 per case of 2,000. For more information, call 434-2505.

#### Make Your Shopping Easier

Force Support Squadron gift cards are available in increments of \$5 to fit any budget. They can be used at most Force Support Squadron facilities at Air Force installations worldwide and they never go out of style. Purchase your gift card at one of the following locations: Bowling Center, Golf Course or Youth Center. For more information, call 434-3426.

#### Take & Bake Pizzas at the Bowling Center

Grab-and-go ready pizzas for you to take home and bake yourself are available at the bowling center. Save \$2 per pizza. Large and medium pizzas only.

#### Interested in Sponsoring with Columbus AFB?

Want your business to reach the 18,000 active-duty military, family members, civilian employees and retirees living and working at Columbus AFB? If you are interested in event sponsorship or donations, please contact our sponsorship coordinator at 434-2337.

#### Free Fitness Classes

Free classes are available at the fitness center. Classes range from P90X, Hot Fusion, Jiu Jitsu and Floor Core & More. For more information on class schedules, call the Fitness Center at 434-2772.

#### **RV Storage Lot**

Don't clutter your home space, park with us. Outdoor Recreation offers a great place to store your RV year around. You will have 24-hour access and can pay monthly or yearly. For more information, call 434-2505.

#### Instructional Classes at Youth Center

Youth Programs is offering piano lessons, guitar lessons, tumbling classes, dance classes, and martial arts instruction. Times and ages vary for all classes. Call 434-2504 or stop by the Youth Center for more information.

#### **Fitness on Request**

CAFB Fitness and Sports offers a truly comprehensive group fitness platform that is available all day and completely customizable to meet your needs with over 30 different classes on the Fitness on Request system. For more information, call 434-2772.

The Magnolia Inn usually has openings for Space A family and single units. Call the lodging desk at 434-2548.

#### Ride in Style

If you don't want to leave your car at the airport over a vacation, we can help you out. Outdoor Recreation offers a shuttle service to the airport of your choice. Call 434-2505 for more information.

Col. Anthony Sansano 14th Mission Support Group Commander

Force training programs which intend to influence behaviors and shape our character.

Additionally. many of us spend considerable amounts of personal time and resources examining leadership lessons and character development.

I can name two reasons why commandresponsibility, honesty, and courage we can ers value character. First, as stated by Gen. confidently expect that Airmen will never David Goldfein, Chief of Staff of the Air falter and will not fail. Force, "It all starts with character." Goldfein While I do not 612) As much as I'm interested in getting the continued, "We are on a lifelong journey to question or regret job done to see positive and timely results, develop our character. Sometimes we get such investments, I remind our Airmen I'm more interested focused on reputation. As we move through I found it rather amusing my recent 50-cent in how we are getting the job done. Specifthe ranks, we confuse character and reputapurchase of a half pint of chocolate milk ically, Airmen are first expected to maintain vielded one of the best character lessons I tion. Character is who we are every day and their character, integrity, and professionwhat we do when no one is watching. Repuever received. alism at all times. Simultaneously, Airmen tation is what people think of us after watch-You see, on the side of this chocolate milk are charged to display unmatched compeing us for a period of time. We need to focus tence and foster productive relationships on the first and the second will take care of to student success through character develresulting in mission accomplishment. The itself." Character defines who we really are. opment — posted an advertisement includsix requisite character attributes listed on that 50-cent chocolate milk also provided The second reason why commanders valthe chocolate milk carton move us closer to This was followed by the attributes associatue character is when it is coupled with ability these goals by reminding us to continually

carton, CharacterPlus — a group committed ing the lesson, "Character begins with me."



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# When you see this sign, stop. Help keep our children safe.

# VIEWPOINT

SILVER WINGS Mar. 3, 2017 7

# The best 50 cents I ever spent

All Airmen are the products of costly Air



You see, on the side of this chocolate milk carton, CharacterPlus — a group committed to student success through character development — posted an advertisement including the lesson, "Character begins with me."

ed with high character professionals such as respect, kindness, self-control, responsibility, honesty and courage. Find a person who tirelessly exhibits these six attributes, and you will be standing in the presence of a high character individual, worthy of emulation.

or competency. We are on the path to building a "Whole Airman." For example, physical strength and ability alone do not enable Airmen to accomplish the actions listed in the Airman's Creed. However, when physical strength and ability are teamed with character, respect, kindness, self-control,

to respect others, practice kindness, exhibit self-control and restraint, take responsibility for our actions, be honest, and display cour-

In order to remain the best Air Force the world has ever seen, supervisors need to value both character and ability. Think of character as one wheel on a high-performance motorcycle and ability as the second wheel. If you only have one wheel, you are not going to go very fast or far. You need both wheels. Likewise, our high-performance Air Force needs Airmen who are both high character and high ability. To that point, John Wooden, legendary basketball coach and teacher, says "Ability may get you to the top, but it takes character to keep you there." You need both wheels, the absence of good character renders one's physical abilities and accomplishments meaningless.

Goldfein once said, "You are going to succeed in your career by how much time you spend developing your personal character." Therefore, we must never tire of doing what is right in all situations and daily display respect, kindness, self-control, responsibility, honesty, and courage. In addition to the temporary boost in protein and Vitamin D, me with a permanent boost in character development.

For more information contact DLA Document Services at Keesler AFB, Miss. Phone number: 228 377-4058 Email: david.brown4@dla.mil

# **Base Thrift Shop**

## The Base Thrift Shop is open from 9 a.m. – 1 p.m. Tuesdays and Thursdays.

Consignments are welcome until noon. Donations are accepted and very much appreciated. Donations can now be dropped off on the loading dock and inside the front doors 24/7. If they are left anywhere else we do not receive them.



## It is located in building 530.

Call 434-2954.



The shop is a non-profit and all proceeds benefit Columbus Air Force Base Community.

# New Commissary changes show future additions, opportunities

## Senior Airman Kaleb Snay

14th Flying Training Wing Public Affairs

New changes to the Columbus Air Force Base Commissary have begun during the upgrade process that is sure to catch the eye of several customers.

moved from their normal location to a temporary spot in order to make room for brand new freezer and refrigeration units.

Phase one of the upgrade started in the old and complete it on time."

soda and chip area in 2016 before they were moved out and construction on that side of the to be finished Aug. 17, 2017, and the finished building began. According to Greg Runyon, Assistant Commissary Officer, they moved on to the second phases which involved bringing in a new set of freezers to be installed.

Many shoppers will notice food items have up over the weekend," Runyon said. "There was and Go drink and sandwich coolers, and a brand a slight delay during the holiday season that com- new rotisserie chicken stand, right outside the plicated a few things, but they are working aggressively to incorporate other areas to catch up

Currently all of the upgrades are projected Runyon said. "Now we finally get to bring one tions about at the register," Runyon said. "The product can already be seen coming to fruition, Runyon said. They have emptied out the old bread section and knocked down the surrounding walls. That location has been marked as the new "We hope to have them finished and stocked permanent location of the sushi bar, the Grab self-checkouts.

> "A rotisserie chicken stand is something that customers have been asking us about for years,"

here.

Despite all the construction, the Commissary does not plan on any closures in the future due paid for out of those funds." to the upgrade. According to Runyon, most work that would require the facility to shut down is and while the chaos of moving items around can scheduled for Monday when they are closed reg- make shopping a little confusing, customers apularly

Upcoming changes include replacing all re- missary open, said Jean O'Neil, U.S. Air Force frigeration on the sales floor such as deli, produce retired. Several employees have also expressed and meat department cases. Several refrigerator their excitement for the changes. cases will also have multi-deck shelves much like other grocery stores, Runvon said.

"We haven't had a refrigeration upgrade in back to the store. The bright colors bring out the store since 1996," Runyon said. "These cases happy faces and happy customers." are 20 years old, so we are finally joining the 21st Century. It will be cleaner, more organized and spirits for the changes and wants all shoppers to it will be easier to find what you are looking for." stay assured of the upgrades.

Runyon also mentioned that more shelf space means they can offer a wider variety of grocer- store. It's a rough road because of how the phase ies and more. Along with those changes are new work has us moving things and it gets things out floor and ceiling tiles all across the store and a of order," Runyon said. "When this is done, it's new paint scheme on the walls.



Bobby Couch, 14th Operations Support Squadron Air Traffic Controller, examines options in the meat aisle March 1, 2017, at Columbus Air Force Base, Mississippi. Along with the changes to the refrigeration units, the Commissary will receive new floor and ceiling tiles across the store and a new paint scheme on the walls.



U.S. Air Force photos by Senior Airman Kaleb Snay The old Commissary bread section is emptied and the surrounding walls have been removed March 1, 2017, at Columbus Air Force Base, Mississippi. The location has been marked as the new permanent location of the sushi bar, the Grab and Go drink and sandwich coolers, and a brand new rotisserie chicken stand, right outside the self-checkouts.

five percent that was required by Congress to be added to every order. This renovation is being

Many customers already love the new changes preciate the phased process that keeps the Com-

"I love the changes," said Quintina Walters, Commissary Store Associate. "It's bringing life

Despite the "growing pains," Runyon has high

"I think it's going to be wonderful for the going to be a beautiful Commissary and it's going



New freezers now replace the older units at the Commissary March 1, 2017, on Columbus Air Force Base, Mississippi. Despite all the construction, the Commissary does not plan on any closures in the future due to the upgrades.

Quinting Walters, Store Associate, and Valandria James, Store Worker, stock produce March 1, 2017, at Columbus Air Force Base, Mississippi. Upcoming changes include replacing all refrigeration on the sales floor to include deli, produce and meat department cases.