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News Briefs

Airman Holiday Cookie Drive

The annual Airman's Holiday Cookie Drive is Dec. 5 at the Youth Center. Cookie donations can be dropped off from 6 – 10 a.m. Cookie Drive volunteers are needed from 8 - 11 a.m.

Happy Irby Christmas Fund Wrap

The annual Happy Irby Christmas Fund Gift Wrapping starts at 7 a.m. Dec. 8 at the Columbus Club

formation visit caledoniams.org.

Inside



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t (17-11)	2.47 days
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Saturday High 61ºF Low 41ºF Monday High 54ºF Low 38º OSS Weather Fligh

Local Columbus Christmas Parades

The Caledonia Christmas Parade in downtown Caledonia begins at 6 p.m. on Dec. 3. For more in-

The Columbus Christmas in downtown Columbus begins at 7 p.m. on Dec. 5. For more information, contact Main Street Columbus at 328-6305.

Feature 8

Comprehensive Airman Fitness is highlighted in this week's feature.

AFW2 provides recovery, transition for warriors

Senior Airman John Day 14th Flying Training Wing Public Affairs

Imagine waking up alone in a hospital bed, not aware of your surroundings, and a pit of fear overcomes you within seconds as you ask, "What happened? How did I get here?"

If an Airman woke up tomorrow and realized they were hospitalized after an incident that amputated a limb or worse, their thoughts may spiral out of control They may soon find out they will likely become medically separated from the Air Force. What will they need to do?

This is a realization of the members of the Air Force Wounded Warrior Program. They are the first step of transition to life with a major disability and offer the help of a Recovery Care Coordinator within the AFW2.

The AFW2 is a congressionally-mandated and federally-funded program providing personalized care, services and advocacy to total force wounded, ill or injured recovering service members. The program focuses on specific personal and family needs through personalized support and advocacy.

"As a Recovery Care Coordinator, I provide AFW2 assistance to guard, reserve and active duty Airmen," said Tim Griggs, AFW2 RCC for Alabama and Mississippi. "I am the first contact wounded warriors have with AFW2. After making contact with a wounded warrior, I provide assistance to the warrior



WOUNDED WARRIOR

care **beyond** duty

and their family."

The program was created as a DoD and Air Force initiative to provide personalized care to any Airman with a ing to do is provide all resources to our combat-related illness or injury requiring warriors so they have the smoothest long-term care requiring a Medical Eval- transition possible to become successful uation Board or a Physical Evaluation citizens and veterans outside the military. Board to determine fitness for duty.

"AFW2 is in place to take care of our warriors because it is the right thing to do," Griggs said. "What we're really try-

See AFW2, Page 2

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As of press time, 36 TEAM BLAZE members are deployed worldwide. Remember to support the Airmen and their families while they are away.

Deployment numbers provided by the nstallation Personnel Readiness Office.



AFW2 (Continued from page 1)

We want to give them a roadmap to recov-

One such program is the Recovering Airman Mentorship Program. The job of the RAMP is to motivate recovering Airmen by helping them develop one-on-one relationships with their peers who are further along in the recovery process. These mentors are resources for recovering Airmen who motivate through sharing their real-life experiences. The program supports physically wounded, ill, or injured Airmen, as well as those with invisible wounds.

"Let's use Chris (retired Master Sgt. Aguilera) as an example," Griggs said. "After waking up from surgery, he realizes his leg has been amputated and is devastated. As his RCC. I have two arms and two legs. Who am I to change his attitude about the amputation? RAMP pairs someone like Chris with someone with similar injuries who has already been through the program and provides program." that mentor to mentee relationship.

Columbus Air Force Base recently hosted two Wounded Warriors, Aguilera and retired Master Sgt. Lisa Hodgden, who spoke during Wingman Day Nov. 17 at Kaye Auditorium. They told their stories about how they got their injuries and what the AFW2 did to help

"We operate by the phrase. 'Care Beyond Duty," Griggs said. "It really holds true to what we are about. Even after transitioning to life after the military, we still stay with them and track them for as long as they need us to. It really is an amazing and rewarding program.'

them recover.

"We operate by the phrase, 'Care Beyond Duty," Griggs said. "It really holds true to what we are about. Even after transitioning to life after the military, we still stay with them and track them for as long as they need us to. It really is an amazing and rewarding

It is designed to change beneficiaries of the program from a hopeless or negative attitude to a can-do mentality, Griggs said.

"Our goal is not just to help these warriors recover, but to save their lives," Griggs said. "We are changing lives and their outlook for the rest of their lives."

<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thur</u>	<u>Fri</u>	<u>Sat/Sun</u>	Long Range Events
5 Free Breakfast for Club Members, 6:30-8:30 a.m. @ Club Cookie Drive, @ Youth Center Columbus Christmas Parade, 7 p.m., @ Main Street	6	Z Columbus High School JROTC base visit	8 Happy Irby Christmas Fund Gift Wrap, 7 a.m. @ Club	9 Blood Drive, 10 a.m 6 p.m. @ Fitness Center	10/11	Dec. 23: Last flying trng. day Dec. 26: Christmas Holiday Dec. 27: AETC Family Day Jan 2: New Year's Holiday Jan. 3: Flying trng. resumes Jan. 16: Martin Luther King Jr. Holiday Jan. 17: Wing Newcomers Orientation
12	13 Wing Newcomers Orientation, 8 a.m. @ Club Base Christmas Tree lighting ceremony, 5 p.m. @ Base Ops, 5:30 p.m. @ Chapel	14	15	16 SUPT Class 17-03 Gradua- tion, 10 a.m. @ Kaye	17th: Airmen Open House, 5 p.m. @ Chief Hover's home	Jan. 20: SUPT Class 17-04 Graduation Jan. 23-30: UEI Jan. 31: Fourth Quarterly Awards Jan. 31: Enlisted Promotions Feb. 7: Wing Newcomers Orientation Feb. 9: Annual Awards Ceremony

Silver Wings

How to reach us

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Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

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Submit all advertising to the Columbus, Miss., Commercial Dispatch advertising department one week prior to desired publication date. The advertising department can be reached at (662) 328-2424.



Welcomes you To

North Columbus **Communion Service** Sunday Evenings 6:30

"Air-Base Hill" at the intersection of Hwy 45 N and Hwy 373. Sharing space with Faith Lutheran Church. Services at Good Shepherd East, 321 Forrest Blvd., will continue on Sundays at 10:00 A.M.



7086 Wolf Road 3 miles south of Caledonia, MS (662) 356-4940 www.newsalembaptistcaledonia.com Pastor: Bro. Mel Howton

SUNDAY Worship Service - 8:00 & 10:30 am Sunday School (all ages) - 9:15 am

SUNDAY EVENING Youth Drama & AWANA - 4pm Discipleship Training - 5pm Evening Worship - 6pm

WEDNESDAY Kid's Drama - 6 pm Adult/Youth Bible Study, RAs, GAs & Mission Friends - 6:30 pm Nursery available for all services.







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Dec. 2

Wassail Fest is 5-8 p.m. in downtown Columbus. Samyour favorite for "Best Wassail" honors. Take home "Cash for Christmas" if you are the lucky winner in the Co- Dec. 4 lumbus Arts Council's 7:45 p.m. drawing. For more information, go to visitcolumbusms.org.

News Around Town

Dec. 3

Caledonia Christmas Parade, in downtown Caledonia, ple wassail at various downtown locations and choose begins at 6 p.m. For more information visit caledoniams.org.

The Columbus Choral Society presents their first holiday event, Christmas Choral Sounds at 2 p.m. at Louise Camp-

Danny at 549-5188 or 434-7317.

lent condition for sale, \$18,900. One

non-smoking owner with 17,000 miles,

bright silver with grey interior. Vehicle

is still under factory bumper to bumper warranty. All scheduled maintenance

at Honda dealer. For more information

bell Center for the Arts in West Point, Mississippi. For more information, go to visitcolumbusms.org.

Dec. 5

Gather in downtown Columbus for the annual Christmas Parade at 7 p.m. For more information, contact Main Street Columbus at 328-6305.

BARGAIN LINE

The deadline for submitting ads is right to limit ads based on content, extra parts and hard top for sale noon Monday before the desired pubspace and frequency of requests. Ad- \$3,000. For more information, call lication date. Ads turned in after the vertisements for private businesses or deadline will run the following week. services providing a continuous source Ads can be mailed to or dropped off of income may not appear in the Bar- For Sale: 2015 Honda SUV in excelat the public affairs office in the 14th gain Line. They may, however, be Flying Training Wing Headquarters building, e-mailed to silverwings@ purchased through The Commercial Dispatch, 328-2424. us.af.mil or faxed to 434-7009. Call-

Transportation

submitted. Silver Wings reserves the For Sale: 1978 Triumph Spitfire with please call 327-1205.

PROGRAM

(Continued from page 12)

ing Ext. 7068 by noon Monday can

extend the run date of ads already

Air Force ISR warriors and their families," said Chaplain (Col.) Bruce Glover, the 25th AF senior chaplain. "When helping Airmen deal with moral or spiritual injuries of war, we are privileged to be compassionate caregivers as Airmen wrestle with complicated issues involving adjustment, grief, relationships, forgiveness or even shame. We are also committed to work with other professionals providing medical and psychological care for Airmen.'

In addition to chaplains, Airmen of the 361st ISR Group and their families have access to the SOCOM Preservation of the Force and Family Program. This group builds and implements a holistic approach to address the pressure military members and their families experience.

The 361st ISR Group is taking a proactive approach to mentally preparing warriors for the fight in an effort to reduce the psychological effects of modern-day warfare, said Malloree Smith, an embedded psychologist with the Preservation of the Force and Family Program.

An initiative such as Re-Fit is an example of leaders getting it right, Smith said.

"The focus has shifted from repair to prevent, with a full understanding of the psychological impact produced by the unique position the 361st ISR Airmen are faced with," Smith said. "This (Re-Fit) is a layered program in that it supports mental strength across the life cycle of the operator."

There are several steps used through Re-Fit to strengthening ISR warfighters.

First, the focus is on prevention through building mental toughness, optimizing human performance and increasing introspective awareness and decreasing stigma, Smith said.

Second, participants begin building on their strengths of the Air Force.

with regular maintenance to increase the resiliency innate to the individual and supporting growth areas.

Lastly, there is a holistic approach to treatment of clinical and sub-clinical concerns, Smith said.

Smith said she hopes Re-Fit will help Airmen cope with their reactions to experiences.

"Our Airmen are resilient. They are put in situations that are not typical human experiences. It is expected they will have a response to those situations. A response is normal, but does not need to be persistent," she said, adding that the key to success is having access to varying support options when reacting to an extreme expe-

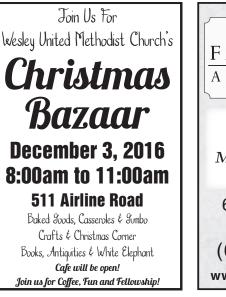
Atkins said the Airmen of the 361st ISR Group are an extraordinary group and many have experienced more combat hours in less time than Airmen in other specialties

"We have 22-year-old senior airmen who have more than 1,200 combat hours ... that is a lot of stress on a young person," Atkins said. "They've got their whole career and, more importantly, their whole life still ahead of them. We need to take care of them."

At the end of the day, when these Airmen require assistance coping with the stresses they experience, that help might require multiple avenues and unique methods. Atkins said he knows Re-Fit is the right thing to do to maintain his warrior's mental health and well-being.

"Our airborne operators place themselves in harm's way all across the globe on a daily basis, and are accumulating a variety of stresses and trauma that span the spectrum of PTSD," Atkins said. "We are convinced that a rigorous and well-tailored Re-Fit program will assist us in preventing more trauma and will get more Airmen back into the fight."

The 361st ISR Group, part of the 363rd ISR Wing, provides direct support to AFSOC and SOCOM and strengthens analytical and targeting support to the rest



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A \$25.00 donation will be made to www.woundedwarrioroutdoors.com on behalf of any CAFB Personnel who rents a storage space. © The Dispetch







Donors will receive a T-shirt. Please bring ID.



2017 Tax Center volunteers needed

The Columbus Air Force Base legal office is currently seeking tax center volunteers for the upcoming tax season. The tax center will open Feb. 6, 2017, and trained volunteers will prepare tax returns through April 7, 2017. No prior tax experience is necessary, as all required training will be provided to qualify volunteers for tax preparation. If you are interested in seeking this opportunity to be involved in our Tax Center please contact the legal office at 434-7030.

Columbus Air Force Base Blood Drive





Friday, December 9 10 a.m. - 6 p.m. **Fitness Center**

MBS suggests that all donors eat at least four hours within giving blood and drink plenty of fluids prior to and after making a donation.

(888) 90-BLOOD / msblood.com Donors can now check their overall cholesterol on their MBSConnect Account. Also follow us on Facebook at www.facebook.com/give2live (Please note: T-shirt design is subject to change.)

Now you can download the free MBS App!



Four of Team BLAZE's enlisted Airmen were promoted during the enlisted promotions ceremony Nov. 30, 2016, in the Columbus Club at Columbus Air Force Base, Mississippi.

Four enlisted Airmen promoted at ceremony

14th Flying Training Wing Public Affairs

Four of Team BLAZE's enlisted Airmen were promoted during the enlisted promotion ceremony Nov. 30 at the Columbus Club.

Promoted during the month of November

Senior Airman Kaneitha Bailem, 14th Force Support Squadron

Staff Sgt. Karlyn Wilken, 14th Operations Support Squadron

Staff Sgt. Carl Lansang, 14th Medical Support Squadron

Master Sgt. Richard Dutka, 14th Communications Squadron

Back gate open late for outbound traffic Dec. 5 – 9

The Columbus Air Force Base back gate is set to remain open from 6 a.m. to 8 p.m. Dec. 5-9 for outbound traffic only. Entry through the back gate during this extended period will not be allowed.

Hunt Housing tip of the week



When hanging holiday decorations, be sure to nail only into solid surfaces as to not risk hitting any electrical wires while decorating vour home.

Christmas Tree Lighting Dec. 13 5-7 p.m.

The program will begin at Base Ops with the arrival of Santa and his Elves who will lead a walking parade to the chapel for the lighting of the tree. Pictures with Santa in the Kaye and refreshments in the chapel yard immediately following.

REFRESHMENTS INCLUDE: Hot Cocoa, Coffee, and Assorted Cookies

PLEASE BRING A TOY OR CANNED FOOD FOR DONATION

COOKIE DRIVE DEC. 5at the Youth Center Cookie donation drop off 6-10am **Cookie Drive volunteers** 8-11am o volunteer to donate cookies and/ or time Contact Columbus Spouses Club csccafb@gmail.com



F-35 begins integrated training with F-16 at Luke

Airman 1st Class Ridge Shan 56th Fighter Wing Public Affairs

LUKE AIR FORCE BASE, Ariz. — In October, pilots of the 56th Fighter Wing began flying integrated direct support practice sorties in the F-35A Lightning II and the can do both our continuation and upgrade of mimicking adversaries that pilots would F-16 Fighting Falcon for the first time as a training to a level where integration will realistically face on today's battlefields, and regular component of the training curriculum at Luke Air Force Base.



An F-35A Lightning II flies alongside an F-16 Fighting Falcon June 25, 2015, at Luke Air Force Base, Arizona. In October, F-35 and F-16 pilots began integrated training designed to improve mission cooperation and flight skills in both airframes.

training and tactics, and helps pilots become F-16 and F-35 integrated direct support." efficient in conducting futuristic mission

The integrated training comes as part of Fighter Wing vice commander. "We are now missions.

the next step in the development of F-35 flying dedicated sorties every day to train in

The integrated training accomplishes sets and aerial combat scenarios involving two major training goals, first in exposing both fourth and fifth-generation fighter jets. F-35 pilots to air-to-air combat scenarios "The F-35 has reached a point where we against fourth-generation aircraft capable benefit both fourth- and fifth-generation pi- second in providing F-35 and F-16 pilots lots," said Col. David Shoemaker, the 56th with experience in carrying out joint strike

Courtesy Photo

"The difference in the way of thinking between flying a fourth-generation and a fifth-generation fighter is tremendous," Shoemaker said. "The ability to get out there and see the capabilities of the fifth-generation F-35 versus a fourth-generation airframe, and then to teach fourth-generation pilots how to integrate the tactical and technological advances of the fifth generation, is a great opportunity for us."

While the F-35 will eventually phase out the four-decade-old F-16, both jets will operate together for some time, requiring pilots to be proficient in the development and usage of integrated tactics designed to maximize the utility of both aircraft.

"It's important not only for our F-35 pilots to see integration, but also for our F-16 instructor pilots, who after their time here at Luke will eventually go back into combat Air Force assignments where having that knowledge of how to work with fifth-generation aircraft is going to be vital to their warfighting capability," Shoemaker said.

Through integration, Luke's F-16 pilots are learning how to accomplish missions by complementing their toolset with the numerous, new capabilities of the F-35, including stealth and advanced sensors.

"The F-35 maintains many new and advanced capabilities in its platform that inherently exist without the need to be attached as an add-on or external accessory like in the F-16, F-15 (Eagle), or any fourth-generation fighter," said Maj. David Bennett, the 309th Fighter Squadron director of operations and an F-16 pilot. "The F-35 is really a force multiplier for any ally in its airspace. The more exposure our F-16 pilots have flying with the F-35, the better they will be in the future."

Luke's mission as the largest F-35 and F-16 training base keeps it at the forefront of the effort to build the future of airpower both in the United States and around the world. As training development continues. Luke is scheduled to eventually host 144 F-35s between six F-35 fighter squadrons.

"For as long as the F-16 is here, we will continue to work, train with, and support the F-35 mission, which will ultimately benefit us all," Bennett said.

AF News

New RQ-4 engine depot opens on Tinker AFB

Jillian Coleman 72nd Air Base Wing Public Affairs

TINKER AIR FORCE BASE, Okla. — The Oklahoma City Air Logistics Complex (OC-ALC) recently stood up the overhaul and repair capability for a new workload in the F-137 engine.

This new workload is a partnership with Rolls-Royce, and the first venture of this kind with this engine manufacturer.

"The name is important," said Wade Wolfe, the OC-ALC vice director, at the recent opening of the F-137 engine line. "It defines who we are for everyone to know and remember, and it associates the qualities we wish to exemplify as we navigate the ever-complex, ever-changing business world."

Rolls-Royce is a Tier I-level supplier and was recently named an Air Force Superior Supplier for the third year in a row.

The F-137 (AE 3007H) engine is an 8,000-pound class high-bypass, two-spool turbofan engine. It powers the RQ-4 Global Hawk, an unmanned aerial surveillance platform. Based on a commercial Rolls-Royce design, the F-137 has a proven track record, providing world-class reliability and performance for this vital mission.

The mission is not new, Wolfe noted, further comparing the advancement in technology to its state during World War I,



U.S. Air Force photo by Kelly White

Phil Burkholder, the president of Defense North America, Rolls-Royce, speaks on behalf of his company during the ribbon cutting ceremony for the new F137 engine maintenance line on Tinker Air Force Base, Oklahoma, Nov. 15, 2016.

where Allies relied on binoculars and hot- 30 hours of flight time at an altitude above air balloons to acquire aerial shots. Today, 60,000 feet. It's an engine with powerful we rely on the Global Hawk for those aerial long-range capabilities that's dependable, shots. The aircraft performs high-altitude; keeping the drones operable and reliable real-time; high-resolution; intelligence, sur- 24/7. While the technology has advanced, veillance and reconnaissance (ISR) collec- the mission has remained. tion. The F-137 engine allows for more than

Roughly 14,500 square feet of the OC- nership we've found here.'

ALC will be home to the first Defense Department area to perform maintenance repair work on the F-137 engine. The demand for professional maintainers, programmers and schedulers has increased in order to meet the superior maintenance standard of this engine. As the workload transitions to Tinker Air Force Base, key personnel are being trained to maintain already established performance and reliability.

Phil Burkholder, the president of Defense North America, Rolls-Royce, called the new maintenance accomplishment "a win-win-win – a win for the Air Force, a win for Rolls-Royce, and a win for the state of Oklahoma.³

"Our first private-public partnership is in Oklahoma," Burkholder said. A global company, Rolls-Royce has chosen the OC-ALC to provide the best support possible for the engine, regardless of the global choices Rolls-Royce has previously established in their overhaul and maintenance portfolio.

"Rolls-Royce is proud to be a part of this program. We are performing engine management, services and logistics to support the Air Force and the OC-ALC," Burkholder said. "We strive constantly to provide quality, efficiency and cost-effective solutions for the customer. Our focus is to be your preferred provider, and I'm really pleased with the enduring, benefitting part-

pocket.



How do I get MyMC2 for my phone?

in your phone.



New program to help ISR aircrews cope with fear-based PTSD

Lori A. Bultman

25th Air Force Public Affairs

JOINT BASE SAN ANTONIO-LACKLAND, Texas -The nature of modern-day warfare has shifted the burden to the intelligence and special operations personnel who identify enemy targets that need to be eliminated.

The direct support operators (DSO) and tactical systems operators (TSO) of 361st Intelligence, Surveillance and Reconnaissance Group fly as qualified aircrew members and take the weight of that burden, providing direct threat warning and enhanced situational awareness to aircrews.

"Our Airmen are on the front lines of the fight against (Islamic State of Iraq and the Levant), literally," said Col. Matthew Atkins, the 361st ISR Group commander. "We undergo some very unique stressors that combine the aspects of special in acts over time that might be perceived as transgressive. operations and intelligence.

The DSOs and TSOs of the 361st ISR Group support and fly with members of Air Force Special Operations Command, as well as U.S. Special Operations Command. They watch perspective to the ISR Airmen who invest their time into deand listen to an objective for days on end, learning everything termining the validity of a target," Atkins said. "The human about the intended target. Then, when approval is granted for in the loop always bears the consequences of making that life

a strike, they watch the results in high-definition, Atkins said. Exposure to risk or trauma can result in post-traumatic stress for ISR Airmen, according to Col. Paul A. Young, the 25th Air Force command surgeon.

Fear-based PTSD is something that combat personnel ex- the Airmen under his care, he has taken the lead on an iniperience, but there is also a moral injury form of PTSD which can affect ISR cryptology personnel, Atkins said. Dealing with, and treating, fear-based PTSD is different than dealing with the type of PTSD that goes against a person's beliefs and morals

"There has been a significant amount of research on fearbased PTSD," Atkins said. "There has also been increasing research on the variety of PTSD associated with remotely piloted aircraft and Distributed Common Ground System crews, where the trauma stems from moral injury after participating Some ISR cryptologists share characteristics common to both sets of trauma.

"Doing this job with today's technology brings a whole new

or death decision.'

Finding targets by watching and listening is, by nature, intensely personal and can have a long-lasting effect on the ISR Airmen involved, Akins said. To help combat PTSD among tiative to help "Silent Warriors," both before and after deployment to the field.

"Our initial research on this topic led us to believe that modalities of treatment exist that can serve as both rehabilitative and preventative measures for our Airmen," Atkins said. "We have labeled our goal as a 'Re-Fit' program and are seeking help to develop and resource a program that will overcome existing mental health disorders and prevent future problems.'

The treatments received through Re-Fit will augment the existing care the DSOs and TSOs currently receive in the form of mental health counseling, therapy from providers under the Preservation of the Force and Family Program, and guidance from military chaplains, Atkins said

Chaplains can assist Airmen who are having difficulties, but sometimes clinical therapies may be needed.

"Chaplains are honored to provide spiritual care for 25th See PROGRAM, Page 14 JUSTICE

FACTOID:

Article 15.

You can access this app by navigating to the native app store or market on your device and search for "MyMC2", or you can scan this QR code and it will take you directly to the download page





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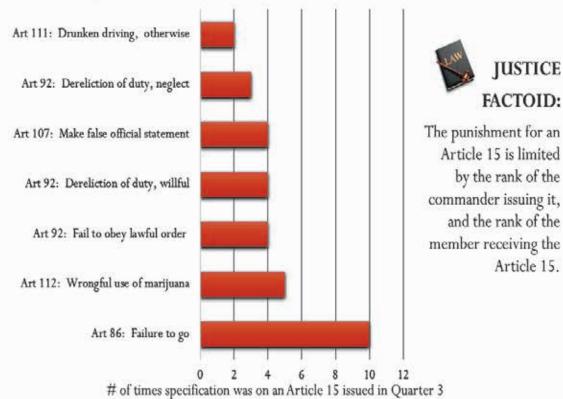
	JUSTICE TIMES November 2016, Quarter 3
PLINE	BY THE NUMBERS- 1 JULY TO 30 SEPTE

Amount of 19th AF Courts-Martial and Article 15s

STATUS OF DIS

Luke	0 Courts-Martial
	17 Article 15s
Altus	0 Courts-Martial
	11 Article 15s
Columbus	0 Courts-Martial
	0 Articles 15s
Laughlin	0 Courts-Martial
	6 Article 15s
Vance	0 Courts-Martial
	1 Article 15s
19th AF Totals	0 Courts-Martial
	35 Article 15s

Top 7 Offenses for 19 AF Article 15s



BLAZE Hangar Tails: F-117 Night Hawk

Mission

The Lockheed F-117 Nighthawk is a single-seat, twin-en-Force. The F-117 was based on the Have Blue technology demonstrator, and was the first operational aircraft to be designed around stealth technology. The maiden flight of the tial operating capability status in 1983.

Features

Early stealth aircraft were designed with a focus on minimal radar cross-section (RCS) rather than aerodynamic peraxes and require constant flight corrections from a fly-by-wire sonic speeds. flight system to maintain controlled flight. It is shaped to deflect radar signals and is about the size of an F-15 Eagle. The single-seat Nighthawk is powered by two non-afterburning General Electric F404 turbofan engines. It is air refuelable and features a V-tail.

and attack systems integrated into a digital avionics suite. It navigates primarily by GPS and high-accuracy inertial navigation. Missions are coordinated by an automated planning tional resources to do the additional calculations needed.

system that can automatically perform all aspects of an attack **Background** mission, including weapons release. Targets are acquired by a gine stealth attack aircraft that was developed by Lockheed's thermal imaging infrared system, slaved to a laser rangefinder/ Skunk Works division and operated by the United States Air laser designator that finds the range and designates targets for laser-guided bombs. The F-117A's split internal bay can carry 5,000 lb (2,300 kg) of ordnance. Typical weapons are a pair of GBU-10, GBU-12, or GBU-27 laser-guided bombs, two Nighthawk took place in 1981 and the aircraft achieved ini- BLU-109 penetration bombs, or two Joint Direct Attack Munitions (JDAMs), a GPS/INS guided stand-off bomb.

The F-117 has a Radar cross-section of about 0.001 m2 General characteristics (0.0108 sq ft). Among the penalties for stealth are lower engine thrust, due to losses in the inlet and outlet, a very low wing aspect ratio, and a high sweep angle (50°) needed to formance. Highly-stealth aircraft like the F-117 Nighthawk deflect incoming radar waves to the sides. With these design are aerodynamically unstable in all three Aircraft principal considerations and no afterburner, the F-117 is limited to sub-

> The F-117A carries no radar, which lowers emissions and cross-section, and whether it carries any radar detection equipment is classified

The F-117A's faceted shape resulted from the limitations of the 1970s-era computer technology used to calculate its The aircraft is equipped with sophisticated navigation radar cross-section. Later supercomputers made it possible for subsequent planes like the B-2 bomber to use curved surfaces while staying stealthy, through the use of far more computa-

The F-117 was widely publicized for its role in the Gulf War of 1991. Although it was commonly referred to as the "Stealth Fighter", it was a strictly ground-attack aircraft. The U.S. Air Force retired the F-117 on 22 April 2008, primarily due to the fielding of the F-22 Raptor. Sixty-four F-117s were built, 59 of which were production versions with the other five being demonstrators/prototypes.

Crew: 1 Length: 65 ft 11 in (20.09 m) Wingspan: 43 ft 4 in (13.20 m) Height: 12 ft 9.5 in (3.78 m) Wing area: 780 ft² (73 m²) **Empty weight:** 29,500 lb (13,380 kg) Loaded weight: 52,500 lb (23,800 kg) **Powerplant:** 2 × General Electric F404-F1D2 turbofans, 10,600 lbf (48.0 kN) each Maximum speed: Mach 0.92 (617 mph, 993 km/h) Cruise speed: Mach 0.92 **Range:** 930 NM (1720 km) Service ceiling: 45,000 ft (13,716 m) Wing loading: 65 lb/ft² (330 kg/m²) Thrust/weight: 0.40



U.S. Air Force photo by Senior Airman Brian Ferguson

Twenty-five F-117 Nighthawk aircraft line up before takeoff from Holloman Air Force Base, New Mexico. The Lockheed F-117 Nighthawk is a single-seat, twin-engine stealth attack aircraft that was developed by Lockheed's Skunk Works division and operated by the United States Air Force.



U.S. Air Force photo by Senior Master Sgt. Kim Frey

Two specially painted F-117 Nighthawk aircraft fly on one of their last missions. The maiden flight of the Nighthawk took place in 1981 and the aircraft achieved initial operating capability status in 1983.



To advertise in Silver Wings, call 328-2424

(Editor's note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of the activities listed, call 434-2790.)

Resume and Cover Letter

The Resume and Cover letter workshop is 9 - 10:30 a.m. Dec. 7. The workshop helps with preparing and writing an effective civilian resume and cover letter. To sign up, call 434-2839/2790

Bundles of Joy

The Bundles of Joy workshop is 1 – 3:30 p.m. Dec. 7 for active-duty families assigned to Columbus AFB who are expecting or have a child up to four months of age. It is an Air Force Aid Society program with presentations about topics such as Tri-Care, Child Care, Breastfeeding, Car Seat Safety, Labor and Delivery. For more information or to register, call 434-2790.

Smooth Move

The Smooth Move class is 10-11:30 a.m. Dec. 8. The class provides relocating members/families with valuable information about moving. You learn what to expect from TMO, Housing, Military Pay, Legal, Billeting, Tri-Care, Medical Records, and A&FRC. Please call 434-2790 to register.

Hearts Apart

Wing Newcomers Orientation

This brief is 8 a.m. - 12:15 p.m. Dec. 13 and is mandatory for newly arrived active-duty and civilian personnel. Spouses are encouraged to attend. The orientation is held at the Columbus Club. For more information or to register call 434-2790.

Military Life Cycle

The Military Life Cycle workshop from 1 - 2 p.m. Dec. 13 allows the VA contractors to explain to service members, whether first term, separating, retiring or a veteran, what services the VA offers and what they are able to provide throughout the member's military career and how to apply for benefits. For more information or to register call 434-2790

Troops To Teachers

This counseling is a mandatory briefing for personnel separat-This workshop is 10:30 a.m. - noon Dec. 14. It is an informaing or retiring, to be completed at least 90 days prior to separation. tional workshop for members pursing or interested in a teaching It may be completed up to 12 months prior to separation or retirecareer after the military. For more information or to register call ment. The counseling is held daily at 8:30 a.m. It takes approxi-434-2790. mately 60 minutes. Please contact A&FRC, 434-2839/434-2790 for more information.

Federal USAJobs Workshop

This workshop at 10:30 a.m. Jan. 9 is on writing resumes, applications, and job search, using USAJobs. For more information or to register call 434-2790.

Transition Assistance Program GPS Workshop

ment is at 9:30 a.m., and post-deployment is at 1:30 p.m. Please This workshop is held 7:30 a.m. - 4 p.m. Jan. 30 - Feb. 3. The contact A&FRC, 434-2839/434-2790 for more information. Transition Assistance Program Workshop has seminars on: Transition, Military Occupational Code Crosswalk, Financial Planning, Health Benefits, Mississippi Dept. of Employment Security, Dept. of Veterans Affairs, Disabled TAP, Dept. of Labor TAP portion. Survivor-Benefit Plan Are you nearing military retirement? The one decision you will Preseparation counseling is required before attending. Recommend attendance is 8 - 12 months prior to separation/retirement. need to make before you retire involves participation in the Survivor Benefit Plan. As with all good decision-making, you need to Spouses are encouraged to attend with their sponsor. For more know the facts before you can make a sound decision, and be wary 6 p.m. – Adult Bible study on the Gospel of John information or to register call 434-2790. of anyone telling you they can offer you a better deal. Always get 6 p.m. – Youth Group

COMMUNITY

Air Force Readiness Programs

The Hearts Apart Social program from 5 - 7 p.m. Dec. 8 is a monthly event to provide community bonding, fun and appreciation for the families of active-duty personnel who are deployed, remote, or on an extended TDY. Food and activities are provided. For more information or to register call 434-2790.

Hover meets Team **BLAZE** enlisted



U.S. Air Force photo by Senior Airman John Day Chief Master Sgt. Johnathan Hover, 14th Flying Training Wing Command Chief, spoke to junior enlisted Airmen, noncommissioned officers and senior noncommissioned officers during his first enlisted all-calls on base Nov. 29, 2016, at Columbus Air Force Base, Mississippi. The chief introduced himself, sought feedback for new wing programs and answered questions during the calls.

Pre-separation Counseling

Pre, Post Deployment Tour Brief

These briefings are mandatory briefings for active-duty personnel who are either deploying or returning from deployment or a remote tour. The briefings are held daily at the A&FRC. Pre-deploy-

the true facts about the SBP before making up your mind. Additional details are available by calling (662) 434-2720.

Military and Family Life Consultant Program

The MFLC counselors provide non-medical counseling to help Airmen (both single and married), their spouses and other family members to cope with stressful situations created by deployments reintegration, and life challenges such as martial issues, parenting career stress and anger. All consultants are licensed mental health providers. Counselors can meet either on or off base. There is no charge for services and appointments can usually be made within one to two days. To contact the MFLC, call 662-364-0504.

Volunteer Opportunities

If you are interested in volunteering please contact the Airman & Family Readiness Center. We have volunteer opportunities located throughout the base for a one-time event, special events, or on a continual basis. Volunteers are needed on base at the Youth Center, Child Development Center, Library, Golf Course, Medical Clinic, Chapel, Airman Attic, Thrift Store, the Retiree Activities office and many others. For more information please call A&FRC at 434-2790.

Air Force Recovery Coordination Program

The Recovery Coordination Program streamlines and improves the way care and support are delivered to wounded, ill, and injured Airmen and their families. The RCP provides the support of a Recovery Care Coordinator who guides the Airman and family along their road to recovery. Those eligible include wounded ill and injured Airmen who: (1) have a serious illness or injury (2) are unlikely to return to duty within a specified amount of time (3) may be medically separated from the military. Additional details are available by contacting the Columbus AFB RCC at DSN 493-3399, Office: 334-953-3399 or tim.griggs.1.ctr@us.af.mil.

Chapel Schedule

Whether you are new to Columbus Air Force Base or have been around for a while, our parish communities welcome you to join us as we worship, fellowship, and encourage one another. For more information, please call 434-2500.

Catholic Community

Sundays:

3:45 p.m. – Religious Education, grades K-9 (Chapel Annex)

- 4 p.m. Choir Practice (Chapel Sanctuary)
- 4 p.m. Confession (or by appointment) 5 p.m. Mass w/Children's Church

Fellowship Dinner after Mass on 1st and 3rd Sundays of the month Tuesdays:

11:30 a.m. - Daily Mass

Wednesdays:

1:30-12:30 p.m. – Adoration

Protestant Community

Sundays:

9 a.m. – Adult Sunday School (Chapel Library) 10:45 a.m. - Traditional Worship Service **Tuesdays:** 5 p.m. – Student Pilot Bible Study (Chapel Library) Wednesdays: 4 p.m. - Music Rehearsal

Ecumenical services

Wednesdays: 6 p.m. – AWANA, a religious education program for children ages three years old to 6th grade

Columbus Air Force Base Information and Events

Join our Facebook page at Columbus AFB Living, Twitter @columbusafbliving, Instagram at columbus_afb_living, or visit our website at columbusafbliving.com to keep up to date with all the great events happening around base. Check out the calendar on the website for important Airman and Family Readiness Center events. For more information, contact 434-2337.

Free Bowling

The Bowling Center is offering free bowling Dec. 2, 9, and 16 from 12:30 – 6:30 p.m. Shoe rental not included, \$2.50 domestic drafts available. For more information call 434-3426.

Breakfast Club

The Event Center/Columbus Club will hold its monthly Breakfast Club Dec. 5 from 6:30 - 8:30 a.m. Free breakfast for Club members, \$8 for non-members.

Jingle Bell Run

The Fitness Center will hold a 5K Jingle Bell Fitness Run Dec. 9 at 7 a.m. Commander's trophy points will be awarded. The run starts and ends at the Fitness Center. For more information call 434-2772.

Lunch & Bowl with Santa

The Lunch and bowl with Santa is Dec. 10 from 11 a.m. - 2 p.m. for ages 12 and under, \$5 per person. Includes unlimited bowling, a slice of pizza, and a small drink or juice box. For more information call 434-3426.

Youth Holiday Shopping Trip

The Youth Center will offer free transportation for the Dec. 17 shopping trip and Trinity Retirement Home visit from 8 a.m. – 5 p.m. Sign up by Dec. 12. For more information call 434-2504.

Pearl River Resort Casino Trip

River Resort Dec. 17. The cost is only \$25 per person; includes \$20 in play credit at casino and transportation. Outdoor Recreation bus departs Exchange/Shoppette parking lot at 1:30 p.m. Any party of 10 or more may book transportation to casino anytime for \$25 per person. For more information, contact 434-2505.

School Age Holiday Camp

The Youth Center is offering camps for the holidays; Week one: Dec. 19-23 and Week two: Dec. 28-30. Camps will run from 7 a.m. - 6 p.m. daily. Cost based on family income. Register at the Youth Center by Dec. 12. For more information call 434-2504.

Bingo at the Library

The Library is offering Bingo every second Wednesday of each month at 4:15 p.m. For more information call 434-2934.

Teen Adventure Camp

Registration is now open for the 2017 NH White Mountain Winter Adventure Camps for military teens. Camps will be held in January for teens with disabilities and in February for teens without disabilities. Contact the Youth Center at 434-2504 for person every Friday and Saturday night from 5 – 8 p.m. You also more information or register at www.nhmilitarykids.org.

Circle Time

A weekly Wednesday program at the Library is at 11:30 a.m. Free Wood at the Golf Course for ages 0-4. Learn rhythm, kinesthetic, and body language 434-2934.

FSS Services



Thursday NFL Football

Come out to the Club each Thursday at 6:30 p.m. There will Outdoor Recreation offers a monthly casino trip to Pearl be food specials and prize give aways. The complete game schedule is available at the Columbus Club. Call 434-2489 for more information.

Fitness/Time Out Child Care

The Child Development Center offers child care from 8:30 - 11:30 a.m. Tuesdays and Thursdays. The cost is only \$4 per hour. Sign up one week in advance at the CDC or contact 434-2479 for more information.

The Overrun Open Friday Nights

The Overrun is open Fridays 4:30 p.m. until midnight. Bar menu includes chicken wing basket, chicken tender basket, club wrap, or buffalo chicken wrap. For more information, contact 434-2419.

Story Time

The Base Library offers Story Time every Friday at 11 a.m. for all ages. For more information, contact 434-2934

Cosmic Bowling Special

The Bowling Center offers Cosmic Bowling for only \$12 per Space A Lodging may purchase individual games for \$3 per game with purchase of \$1.50 shoe rental. For more information, contact 434-3426.

thru songs, dance, and activities. For more information call 8 a.m. 3 p.m. Contact the Golf Course Monday-Friday to arrange service to the airport of your choice. Call 434-2505 for more inpick-up. Call 434-7932 for more information.

Lawn Mower and Bicycle Repair

Lawn mower repair is now available at Outdoor Recreation. The cost is only \$40 per hour plus parts; pickup and delivery available. Self-help bicycle repair is also available. For more information, contact 434-2507.

Hobby and Craft Instructors Needed

Do you have a hobby or craft project you can share with others? For more information, contact 434-7836

Referees Needed

Referees needed for various sports at the Fitness Center. For more information or to sign up, contact 434-2772.

Play Paintball

Book your next paintball event at Outdoor Recreation. The cost is \$15 per person for a party of 10 or more; \$20 per person for party of 9 or less. You must purchase paint at Outdoor Recreation for \$45 per case of 2,000. For more information, contact 434-2505.

Make Your Shopping Easier

Force Support Squadron gift cards are available in increments of \$5 to fit any budget. They can be used at most Force Support Squadron facilities at Air Force installations worldwide and they never go out of style. Purchase your gift card at one of the following locations: Bowling Center, Golf Course or Youth Center. For more information, contact 434-3426.

Take & Bake Pizzas at the Bowling Center

Grab-and-go ready pizzas for you to take home and bake yourself are available at the bowling center. Save \$2 per pizza. Large and medium pizzas only.

Free Fitness Classes

Free classes are available at the fitness center. Classes range from P90X, Hot Fusion, Jiu Jitsu and Floor Core & More. For more information on class schedules, contact the Fitness Center at 434-2772.

RV Storage Lot

Don't clutter your home space, park with us. Outdoor Recreation offers a great place to store your RV year around. You will have 24-hour access and can pay monthly or yearly. For more information, call 434-2505.

Instructional Classes at Youth Center

Youth Programs is offering piano lessons, guitar lessons, tumbling classes, dance classes, and martial arts instruction. Times and ages vary for all classes. Call 434-2504 or stop by the Youth Center for more information.

Fitness on Request

CAFB Fitness and Sports offers a truly comprehensive group fitness platform that is available all day and completely customizable to meet your needs with over 30 different classes on the Fitness on Request system. For more information, call 434-2772.

The Magnolia Inn usually has openings for Space A family and single units. Contact the lodging desk at 434-2548.

Ride in Style

If you don't want to leave your car at the airport over a vaca-Wood is available at the Golf Course on Sundays from tion, we can help you out. Outdoor Recreation offers a shuttle formation.

My name is Marcia Stewart, the new Sexual Assault Prevention and Response Program Manager

Thank you for taking the time to welcome me to your organization and providing me the opportunity to share a few highlights about my professional career.

Working as a Social Worker, PhD, gives me such pride and joy to help people and military families. I have worked in a variety of government jobs like New Parent Support Program Manager and Corps and Army.

One of the impact stories that sticks out in my mind, re- Mississippi to embrace my new position as the SAPR Pro-SAPR Program Manager specifically with the Navy, Marine flects a social and emotional growth. I was delegated into gram Manager. the SAPR Program Manager's position having no knowledge Please introduce yourself to me today, or stop by my office I find our families are drawn to the New Parent Support regarding this program and being afraid of the unknown. anytime. I am located at Bldg. 926 Suite 117. If you have Program and workshops I offered, as they desire new skills to A colonel sat me down and said, "You get out there, reach any questions I can be reached at my office or by phone at grow as parents. My effective prevention and intervention out to other installations, learn everything there is to know 434-1228 or 242-2105.



Contact your Unit Security Manager for more information FOR TRAINING PURPOSE COLV

VIEWPOINT

New SAPR Program Manager: Thank you for welcome

Dr. Marcia Stewart

14th Flying Training Wing Sexual Assault Prevention and Response Program Manager



One of the impact stories that sticks out in my mind, reflects a social and emotional growth. I was delegated into the SAPR Program Manager's position having no knowledge regarding this program and being afraid of the unknown.

course of actions within the SAPR sector has caused a major impact on all military installations I have serviced. I have found programs and services offered to military families are instrumental to success of our service members.

about this program, make it tailor your passion." The more l worked, and the more I learned, my socialization skills and emotional growth was where it needed to be as the SAPR Program Manager.

He then sat me down again and said, "Job well done as you have become one of the 'ROCKS' of the installation.' When I think of the word "success" I do not just think about my credentials of my doctoral degrees or my licensure; rather I think about the conversation I had with him, I also think about the victims of violence and abuse that needed a shoulder to cry on, and the awareness to help prevent child abuse through teaching parents about patience and parent train-

My heart tells me encouraging healthy relationships is my success, and working with a positive team is one of the most rewarding ways to live my life.

During my off time, I enjoy listening to music and dancing. I am thrilled to have made the move from California to

- \Rightarrow Position monitors to enhance security
- \Rightarrow Pull window shades and blinds to maximize security

Commander's **Action Line** 434-1414

The Commander's Action Line is your direct line to the commander for comments and suggestions on how to make Columbus AFB a better place. Although the Commander's Action Line is always available, the best way to resolve problems is through the chain-of-command.

The Commander's Action Line phone number is 434-1414. Callers should leave their name and phone number to receive an answer. All names will be kept confidential. Message may be an-



swered in the Silver Wings without names.

Written questions may also be brought to the PA office in the Wing Headquarters building, BLDG. 724, suite 210. Questions and answers may be edited for brevity and style.

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Live lifestyle of Comprehensive Airmen Fitness

Mental

The ability to effectively cope with unique mental stressors and challenges needed to ensure mission readiness. The mental health office located in the clinic helps Airmen overcome issues and stressors to their mental health.

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S



Physical

The ability to adopt and sustain healthy behaviors needed to enhance health and wellbeing. Staying physically fit is not only a requirement in the Air Force, but can also serve as an outlet for negative emotions.

Senior Airman John Day 14th Flying Training Wing Public Affairs

Life, especially in the Air Force, can be full of stressors.

Some may be avoidable, others not, but base. Events such as Wingman Day, focusby living the lifestyle of Comprehensive ing on physical well-being, exercise and Airmen Fitness, Airmen can be ready to healthy nutrition play an important role step up to the challenge of daily stress and toward readiness. come out on top.

The objectives of CAF are to create thriving and resilient Airmen ready to meet any challenge and to create a comprehensive support system contributing to a unit's success. CAF improves individual resiliency, develops critical personal life skills, enhances the total com-munity resiliency. reduces self-defeating

behaviors and improves physical fitness. are available to provide counseling and It provides a structural and behavioral el- host numerous outreach programs on hanement to teach Airmen and families how dling stress, alcohol counseling, and family to become stronger individuals and more advocacy programs. connected to one another.

embodying these four pillars, Airmen in- a mere program the Air Force provides, life for them and their families. It provides embrace and fall back on when times are a flexible, all-encompassing approach to af- tough.

fect the critical elements of our members by replacing self-defeating behaviors and their consequences with healthy work, life balance, and strengthened resilience.

CAF is reinforced at Columbus Air Force Base by many support agencies across

CIA

Airmen must be open to accepting all CAF consists of four main pillars of men- the pillars of CAF to better increase readtal, physical, social and spiritual fitness. By iness and resiliency. Think of CAF not as vest in readiness of the force and quality of but a lifestyle that all of Team BLAZE can

Chapel sponsored resiliency events, both on and off base, provide a relaxed environment where Airmen and families can develop resiliency skills. The Airman and Family Readiness Center hosts many events monthly that facilitate social interaction for all community personnel. The professionals in the Mental Health flight



S

The ability to engage in healthy social networks that promote overall well-being and optimal performance. Being around friends and loved ones is an effective way of keeping Airmen healthy socially.



Spiritual

The ability to sustain an individual's sense of well-being and purpose through a set of spiritual beliefs, principles or values. Regardless of faith, the Chapel offers multiple services for those seeking to maintain good spiritual health.