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"Produce Pilots, Advance Airmen, Feed the Fight"

Columbus Air Force Base, Miss. Vol. 40, Issue 8

February 26, 2016



News Briefs

Enlisted Promotion Ceremony

The next Columbus Air Force Base Enlisted Promotions ceremony is at 3 p.m. Feb. 29 at the Columbus Club.

Air Force Assistance Fund begins

The Air Force Assistance Fund at Columbus Air Force Base is set to begin Feb. 29. For more information contact your unit POC.

SUPT Class 16-06 Graduation

Specialized Undergraduate Pilot Training Class 16-06 is graduating at 10 a.m. March 11 in the Kaye Auditorium.

Inside



Feature 8

Team BLAZE awards are highlighted in this week's feature.



U.S. Air Force photo/2nd Lt. Lauren Woods

Capt. Jason Greer, 14th Flying Training Wing Safety Officer, discusses with community members the threat of drones to manned aircraft operations during the 'Drones 101' seminar Feb. 18 at Golden Triangle Regional Airport in Starkville, Mississippi. As of Feb. 19 any drone, or unmanned aerial system, over .55 pounds is required to be registered with the FAA.

Columbus AFB Safety pairs with GTRA, MSU, Aurora to teach 'Drones 101'

2nd Lt. Lauren Woods

14th Flying Training Wing Public Affairs

Did you know drones cannot be flown within five miles of an airport without first contacting air traffic control?

Did you know all drones must be registered with the Federal Aviation Administration? This even includes the ones sold in

On Feb. 18, more than 60 members of the local communi-

ty gathered to learn these facts and more from a "Drones 101" course at Golden Triangle Regional Airport in Columbus, Mis-

This free-to-the-public seminar, sponsored by GTRA, Aurora Flight Sciences, Mississippi State University's Flight Research Laboratory and Columbus Air Force Base, discussed the basics of unmanned aerial systems and safety regulations surrounding

See **DRONES**, Page 3

COLUMBUS AFB TIMELINE TRAINING

					_						-	Mar. 190 M.			
PHASE II				PHASE III				IFF				Wing Sortie Board			
	Senior	Squadron			Senior	Squadron			Senior	Squadron		Aircraft	Required	Flown	Annual
Squadron	Class	Overall	Track Select	Squadron	Class	Overall	Graduation	Squadron	Class	Overall	Graduation	T-6	1,965	2,187	11,335
37th (16-15)	3.71 days	2.59 days	Apr. 1	48th (16-06)	-0.97 days	2.44 days	Mar. 11	49th (16-EBC)	-2.75 days	-0.09 days	Mar. 3	T-1	738	715	3,832
41st (16-14)	2.48 days	3.15 days	Mar. 10	50th (16-06)	-0.58 days	1.51 days	Mar. 11					T-38	671	678	3,708
The graduation speaker is Col. Uriel Bruce Strickland, retired Mississippi Air National Guard, former 286th Air Operations Group Commander.										IFF	308	290	1,594		

SILVER WINGS Feb. 26, 2016



14TH FLYING TRAINING WING DEPLOYED

As of press time, 50 TEAM BLAZE members are deployed worldwide. Remember to support the Airmen and their families while they are away.

Deployment numbers provided by the Installation Personnel Readiness Office.

Mon

Tue

2016 Tax Center hours

The Columbus AFB Tax Center is located on the first floor of the old Personnel Center, bldg. 926, room 105.

If you are an active duty member, retiree, or dependent with a combined family income under \$58,000, then you may qualify for this free tax preparation service.

The hours of operation are:

• 8 a.m. - 4 p.m. Wednesday and Friday by Appointment only (Friday afternoon scheduling varies upon volunteer availability)

Fri

• Walk-in hours are from 8 a.m. - noon on Mondays for simple 1040 returns.

Dorm residents may also contact Master Sgt. Jeffrey Randolph at 434-2392 to schedule on-site tax preparation with him.

The scope of our tax preparation is limited. For more information, or to schedule an appointment, please call the updated Tax Center number at 434-7030.

Voting via absentee ballots

Voting Assistance Office

All military service members and their families are encouraged to complete election forms in early 2016.

The Federal Post Card Application ensures you are registered to vote, and requests an absentee ballot for all federal elections in 2016.

FVAP.gov offers an online assistant to walk through completion of the form, and provides a blank fillable form. Once complet-

Thur

Wed

ed, do not forget to print and sign the form before submitting it to your local election office. Don't forget to follow up with election officials to ensure registration was received.

Voting is a personal choice. Voting assistance is available to help provide the tools and resources needed to successfully vote absentee.

For additional assistance, contact the Unit Voting Assistance Officer or the Installation Voting Assistance Officer at 434-3680 or via email at vote4@us.af.mil.

Long Range Events

Sat/Sun

<u>///////</u>	100	<u> </u>	<u> </u>	····	<u> </u>	
Enlisted Promotion Ceremony, 3 p.m. @ Club Air Force Assistance Fund begins	1	2	3 IFF Graduation, 4:49 p.m. @ 49th FTS	4	5/6	Mar. 24: ALS Graduation Mar. 25: 16-07 Assignment Night Mar. 25: Air Force Assistance Fund ends Mar. 25: Happy Irby Golf Tournament Mar. 29: Wing Newcomers Orientation Mar. 29: Women's History Lunch Mar. 31: 14th STUS Change of Command
7	Wing Newcomers Orientation, 8 a.m. @ Club	9	10	SUPT Class 16-06 Graduation, 10 a.m. @ Kaye	12/13	Mar. 31: Enlisted Promotion Ceremony Apr. 1: IFF Graduation Apr. 5: Retired Chiefs Luncheon Apr. 8: SUPT Class 16-07 Graduation Apr. 15: 16-08 Assignment Night Apr. 19: Wing Newcomers Orientation Apr. 29: First Quarterly Awards Ceremony

Silver Wings

How to reach us

14th Flying Training Wing Public Affairs 555 Seventh Street, Suite 210, Columbus AFB, MS, 39710 Commercial: (662) 434-7068 DSN: 742-7068 Fax: (662) 434-7009

E-mail: silverwings@us.af.mil

Editorial Staff

Col. John Nichols
14th Flying Training Wing
Commander

Mr. Sonic JohnsonChief of Public Affairs

Senior Airman Kaleb Snay Editor

Airman 1st Class John Day Staff Writer

Mrs. Tina PerryLayout Designer

Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday.

Articles may be dropped off at the public affairs office or e-mailed.

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airport without first contacting

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aration modules. Water is filtered, then run through a reverse-osmosis system before being introduced back into the wash cycle."

The corrosion control section washes aircraft at a rate of two per day, four days a week, Sundman said. Most of the wing's aircraft have a 90-day wash cycle.

extremes and condensation, which causes metals to corrode, so washing aircraft on a regular basis is important to combat corrosion.

"The last thing you want for high-performance aircraft is for the structure to get weakened by corrosion,"

Sundman said converting Hangar 42 into a wash rack was challenging, but the conclusion of that 15-month project merged seamlessly with the installation of the recycling system, which was completed in

"You don't see what this building used to look like," he said. "It used to have insulation sprayed everywhere inside that had to be removed. So we had about three or four months when people were in here in spacesuits elements and makes our job easier."

trying to take all that insulation off everywhere – from the roof, the walls and all over.

"By the time the building was released to us," Sundman said, "the water recycling system was also done, so we were able to start our very first washes with recycled water and not ever waste any water or put any contaminants into the sewage from this operation."

Although the hangar, which had most recently Sundman said aircraft are subjected to temperature been used for storage, was challenging to retrofit from an environmental standpoint, it already had a drain ditch to capture water from the washing and rinsing process for recycling.

> Sundman concurred with Turnbull that being indoors is one of the big advantages of the new wash rack.

> "This allows us to wash aircraft year-round," he said. "We don't have to worry about it being too cold, too wet, too hot or too sunny. We also don't have to worry as much about corrosion on the aircraft."

Mario Tarin, 12th FTW Maintenance Directorate corrosion control work leader, gave the hangar and recycling system high marks.

"We really like it," he said. "It takes us out of the

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Upcoming

SUMMER Teen Volunteer Program – Deadline to apply for the Summer Teen Volunteer program at Baptist-GT is April 1. Students must be 16 years old, complete an application and interview process. Applications available at BMHGT gift shop, or check with your school counselor. For information call 662-244-1165.

CPR Classes are offered at Baptist Golden Triangle, 6 p.m., in the Patient Tower. Pre-registration is required. Call the Education Department at (662) 244-2498 or 800-544-8762, ext. 2498 for more information.

Baptist Cancer Center offers **free prostate PSA screenings** for men over 40. PSA screenings will be held in Starkville on Friday, March 18 from 9am-11:45am. Make an appointment by calling at 244-4673 or 800-544-8767, ext. 4673.

Baptist Cancer Center will begin a **new support group for cancer survivors** and their families the third Friday of every month from noon-1pm. The March 18 meeting will take place in room 4 PT, first floor, patient tower just past the Gift Shop. For information call 244-2900 or 800-544-8767, ext. 2900.

Join us for a weekly education/support group meeting for people with congestive heart failure at Baptist Golden Triangle. Program runs on a 6-week cycle, you may begin at any time. Held each Thursday, 11am-noon, Outpatient Pavilion Board Room. For information call 244-1953 or 244-2132.

Baptist Golden Triangle offers **childbirth classes** each month. Classes are held each Tuesday night at 6 p.m. To pre-register call the Education Department at 244-2498 or 800-544-8762, ext. 2498.

Diabetes Self Management Education Class meets the fourth Wednesday of each month at 8:30 a.m. Baptist Golden Triangle Outpatient Pavilion Conference Center. Physician referral is required. For information call 662-244-1596 or 800-544-8767, ext. 1596.

BMH-GT Diabetes Support Groups - day classes are the 3rd Wed. each month, 10-11 am, and evening classes are the 2nd Thurs. each month, 6-7 pm, rooms 4 & 5 PT. For information call 662-244-1596 or 800-544-8767, ext. 1596.

Baptist Golden Triangle is seeking caring, compassionate people to join an elite group of volunteers to help in a variety of hospital settings. For more information,

> For more information contact the numbers listed above or email info.goldentriangle@bmhcc.org.

BAPTIST | MEMORIAL HOSPITAL GOLDEN TRIANGLE

DRONES

(Continued from page 1)

Among the lessons learned – what is a drone?

A drone, or unmanned aerial system, is anything over .55 pounds and below 55 pounds, explained Greg Stewart, director of development at Aurora Flight Sciences. Anything below the .55-pound limit that cannot be flown beyond line of sight is considered a toy.

Stewart went on to explain the basic rules regarding safe drone usage. Drones should only be flown below 400 feet and only within line of sight. If the operator is distracted or occupied, a spotter should be used to monitor for hazards.

Another key point was as of Feb. 19, any individual over 13 years of age is required to register their drone with the FAA. Children under 13 must have a guardian register their UAS

Not all drones are used by hobbyists. Dallas Brooks, Director of Research for the Raspet Flight Research Laboratory at MSU, discussed the various technological advantages UAS systems have already brought. Positive impacts include tracking wildlife migrations, monitoring weather patterns, and surveying transportation lines for damage.

"The things UAS do well are things that require high precision, things that require long loiter times, things we call dull, dirty or dangerous," Brooks said.

Ill drones are aircraft—even the ones at the toy store. 1. So when I fly a drone I am a pilot. Before I fly I always go through my pre-flight check list. regularly check the safety guidelines at faa.gov/uas FLY SMART, FLY SAFE, AND HAVE FUN! Federal Aviation Administration knowbeforeyoufly.org faa.gov/uas

bus AFB has a vested interest in airspace safety rights. Greer AFB Wing Safety Office. As the largest airspace operator in the quiring coordination to fly within five miles of the base, in or-

northern Mississippi area flying over 300 sorties daily, Columder to prevent interference with manned aircraft operations.

"Keep us safe, keep yourself safe," Greer said. "We want you Also speaking was Capt. Jason Greer with the Columbus explained Columbus AFB is a Class-C restricted airspace, reto have your drone, but at the same time we want to protect

Security and policy review

Did you know that as a military member you must coordinate all information relating to speeches, presentations, academic papers, multimedia visual information materials and information proposed for release to a publicly accessible Worldwide Website, with exception of Air Force publications, through the 14th Flying Training Wing Pub lic Affairs Office? For more information contact the 14th FTW PA at 434-7068.

JASDF colonel visits Columbus Air Force Base Senior Airman Kaleb Snay

14th Flying Training Wing Public Affairs

Col. Takayuki Terasaki, Japanese Air Self-Defense Force Head of Training Division, paid Columbus Air Force Base a visit Feb. 23-25.

Terasaki came to the base to observe JASDF personnel currently in the Specialized Undergraduate Pilot Training program.

The JASDF is the aviation branch of the Japan Self-Defense Forces responsible for the defense of Japan airspace. They carry out combat air patrols around Japan, while also maintaining a network of ground and air early warning radar systems. While both the U.S. Air Force and JASDF have very similar training programs, the U.S. focuses more on Warfighting techniques, while Japan focuses more



Terasaki was given a Columbus AFB mission brief Col. John Nichols, 14th Flying Training Wing Commander, front left, and Col. Takayaki before he toured the many Team BLAZE training or- Terasaki, Japanese Air Self-Defense Force Head of Training Division, front center, stand ganizations in the 14th Operations Group and met with Team BLAZE leadership and JASDF staff members Feb. 24 at Columbus Air Force with students, instructors and leadership during his

Base, Mississippi. Terasaki came to the base to observe JASDF personnel currently in the Specialized Undergraduate Pilot Training program.

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14th Medical Operations Squadron AOP Flight Chief wins 2015 AF level award

Senior Airman Kaleb Snay 14th Flying Training Wing **Public Affairs**

The 14th Medical Operations Squadron Aerospace and Operational Physiology Flight Chief claimed the Air Force AOP NCO of the Year Award for 2015.

After a competitive battle with Airmen all around the world, Tech. Sgt. Benjamin Hoffman came out on top, putting not only himself in the spotlight but his squadron and base as well. "I felt honored and humbled," Hoffman said. "Because I'm in a small

career field, I knew a lot of the other contenders. In fact, I've worked with them. Every single one is hard-working and I'm proud to be part of that group.

The AOP training systems portfolio consists of training systems that include altitude chambers, Reduced Oxygen Breathing Devices and Hypoxia Familiarization Trainers, parachute descent and landing trainers, ejection seat and egress trainers and Barany chairs across six major commands. The program provides critical aircrew training and mishap prevention efforts in support of the Department of Defense.

Hoffman can also attribute this award to his many achievements including becoming NCO of the Quarter, being selected by the 14th Flying Training Wing Commander as a Unit Effectiveness Inspection "Superior Performer," significant self-improvement of education, and more.

"Ultimately, the achievement was only possible because of the team we have at Aerospace and Operational Physiology," Hoffman said. "The airmen work hard to be experts at delivering the best training on a consistent basis. I have leadership that not only takes the time to mentor us, but they also fight for their people. That's not the case everywhere and I feel fortunate to be surrounded by great people."

Sgt. Hoffman and his exceptional execution of the mission that allowed him When asked, Hoffman's leadership said he "is truly deserving of his to win this very competitive award."

Sumja tells pilot graduates 'work is just getting started'

14th Flying Training Wing **Public Affairs**

Col. Timothy Sumja, 23rd Fighter Group Commander, spoke to Specialized Undergraduate Pilot Training Class 16-05 during their graduation ceremonv Feb. 19.

During the ceremony Sumja started by thanking all the distinguished guests, and the graduate's families.

"For the families and spouses here todav, thank vou verv much for your support, now, and want to thank you in advance for your support in the future,' he said. "What we do in the Air Force is possible because of your dedication and support."

He jokingly spoke of changes in the graduates and how they might have inherited the "secret Air Force language."

Senior Airman Stephanie Englar

Tech. Sgt. Benjamin Hoffman, 14th

Medical Operations Squadron Aero-

space and Operational Physiology

Flight Chief at Columbus Air Force

Base, Mississippi, is the Air Force's

Aerospace and Physiology NCO of

the Year for 2015. The AOP training

systems portfolio consists of training

systems that include altitude cham-

bers, Reduced Oxygen Breathing

Devices and Hypoxia Familiariza-

and landing trainers, ejection seat/

egress trainers and Barany chairs

"He always looks for ways to improve

himself and the unit," said Lt. Col. An-

drew Cruz, 14th MDOS Commander.

"The work he has done at Columbus

and Little Rock (AFB, Arkansas) im-

pact today's Air Force mission of ensur-

ing members are ready to fly, fight and

win. He makes certain our warfighters

have the physiological capability to do

award, it's a big deal," said Col. John

Nichols, 14th Flying Training Wing

Commander. "I am very proud of Tech.

"Anytime you win an AF-level

their jobs on a daily basis."

across six major commands.

Trainers, parachute descent

"I realize you've already had to deal with some vocabulary changes," Sumja said. "When you're talking to your spouse, son, or daughter, instead of getting a 'yes' you will probably got a 'roger' or 'affirm."

Sumia took the time to describe his experiences in the U.S. Air Force and what kind of deployments and sorties he went through and attributed them to his training and discipline.

"I know at times some of the things we do seems very tedious and repetitive. But it's all there for a reason," he said. "That training, and taking pride in ing and all is well, but now vou've got to learn a whole new aircraft and a whole new weapons system," he said. "Show up to your new unit with an open mind and learn from those around you, and take care of vour maintainers."

In the end Sumia wanted all the graduates to celebrate the day for their great achievement.

> "To [SUPT] Class 16-05, congratulations, vou've achieved a very significant milestone; one of the first milestones throughout your career and you should be very proud," Sumja said. "Again, congratulations, and thank you for having me. I wish you the best in your career."



Cycle safe. wear a helmet



Produce Pilots, Advance Airmen, Feed the Fight

Capt. Jennifer Walters, Specialized Undergraduate Pilot Trainina Class 16-05 graduate, hands Col. Timothy Sumia, 23rd Fighter Group Commander and guest speaker, a framed class picture Feb. 19 at Columbus Air Force Base, Mississippi. Sumja took the time to describe his experiences in the U.S. Air Force and what kind of deployments and sorties he went through during his speech.

ble to go out and complete every

Sumia also reminisced about his pastimes at Columbus AFB

"It was 21 years ago; it's amazing how fast time goes by," he said. "It's an honor to be back and it brings back a lot of memories. A lot has changed; I was flying the T-37, there was no T-6 or T-1 back then."

After the ceremony Sumja requested that the graduates be proactive seeking out opportunities throughout your career.

"The work is just getting started; vou feel like vou just what we do, allows us to be flexi- completed a year of pilot train-

Indoor wash rack for aircraft increases productivity, conserves water

Robert Goetz

Joint Base San Antonio-Randolph Public Affairs

JOINT BASE SAN ANTONIO-RANDOLPH, Texas — For years, members of the 12th Flying Training Wing Maintenance Directorate corrosion control section washed the wing's trainer aircraft outdoors, where temperature extremes, inclement weather and water-use restrictions often interfered with their work.

Those days are over.

The 14-member corrosion control team now has its own indoor wash rack in Hangar 42 with benefits that include washes unimpeded by weather conditions and an environmentally friendly water-recycling system that conserves water, saving the Air Force \$174,000 per year, said Lincoln Sundman, 12th FTW Maintenance Directorate aircraft maintenance supervisor.

The new wash rack represents the merger of two projects, he said.

"We've got a good news-good news story here," Sundman said. "We have two different contractors ... and we're able to meld the two projects together – one to turn the building into the wash rack and capture the water through the ditch system that's already in the building and the other to provide the water recycling, which saves 1.4 million gallons of water he said, noting that soap drying on the aircraft causes corro-

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it prevents contaminants from entering the San Antonio River Authority wastewater system, he said.

Yet another benefit is the availability of soft and warm water during washes and rinses, Sundman said. Soft water during the final rinse helps prevent spotting, which can lead to cor-

Fabrication Branch chief, sees three distinct advantages to the indoor wash rack.

"First and foremost is getting the folks out of the elements - San Antonio's summer weather," Turnbull said.

He said the optimum temperature range for washes is 40 to 90 degrees Fahrenheit.

Another plus is the wash rack's new recycling capabilities,

"Recently we've been under water-usage restrictions and had to defer washing aircraft for several months," he said. "The new wash rack allows us to keep the wash schedule mandated by Air Force Instructions.

Turnbull said the wash rack also enhances efficiency.

"Going back to San Antonio's weather, before we had to wash each aircraft in sections as to not allow the soap to dry,"

sion. "This would effectively turn a two-hour job into a four-Not only does the water-recycling system conserve water, hour job, so indirectly it increases productivity by freeing up personnel sooner to focus on other maintenance tasks."

The washing process begins with masking the aircraft for water intrusion, followed by washing it with soap using scrub pads that won't scratch the paint, said Danny Rodriguez, 12th FTW Maintenance Directorate corrosion control supervisor.

"We then rinse the aircraft with recycled water as we move Vernon Turnbull, 12th FTW Maintenance Directorate along, not letting the soap dry," he said. "Once the aircraft is completely washed and rinsed, we do a spot-free rinse. Then we de-mask the aircraft and do a corrosion inspection."

Water captured in the drain first goes to an oil-water separator, where contaminants are captured and removed for disposal, and travels through piping to the recycling system. which was installed by a company that specializes in largescale wash technologies and corrosion control facilities designed for aircraft, military and other applications.

The recycling system is housed in a shipping container near the front of the hangar and features a series of filters ensuring water in a 2,300-gallon water holding tank meets minimum filtration standards. The wash rack also contains eight electric rewind hose reel stations.

"Water from the drain goes into the filtration tanks," Rodriguez said. "The tanks are stainless steel settling and oil-sep-

See INDOOR WASH, Page 14

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AF News Produce Pilots, Advance Airmen, Feed the Fight

Air Force senior leaders share lessons learned from Desert Storm



Brig. Gen. Craig La Fave, the special assistant to the chief of the Air Force Reserve and military deputy to the total force continuum, deputy chief of staff strategic plans and programs, visits with Air Force ROTC Detachment 130 cadets at Howard University in Washington, D.C., Feb. 10, 2016. La Fave, who served as a C-141 Starlifter pilot during Operation Desert Storm, spoke to the cadets about his experiences serving in the conflict 25 years ago and discussed how lessons learned from Desert Storm have helped

shape the Air Force of today.

Zach Anderson

Secretary of the Air Force **Public Affairs**

WASHINGTON — During recent visits to Howard University and the University of Maryland, two Air Force senior leaders shared memories and lessons learned from Operation Desert Storm with more than 160 Washington, D.C., area Air Force ROTC cadets as part of the Air Force's focus on the 25th anniversary of the conflict. Brig. Gen. Craig La Fave, the special as-

sistant to the chief of the Air Force Reserve and military deputy to the total force continuum, deputy chief of staff strategic plans and programs, visited AFROTC Detachment 130 cadets at Howard University Feb. 10. La Fave flew C-141 Starlifters during Desert Shield and Desert Storm, taking part in the massive airlift effort that made the successful buildup and execution of the war effort possible.

During his time with the cadets, La Fave shared personal stories and discussed how the Gulf War shaped the way airpower is used today, as well as how it changed the tactics used

"Operation Desert Storm was a great ex-

emies now try to fight us from within cities be capable in both types of warfare."

Maj. Gen. Vincent Mancuso, the mobilization assistant to the Air Force chief of before us are extremely valuable." staff, spoke to AFROTC Detachment 330 cadets at the University of Maryland Feb. 18. Mancuso flew F-4 Phantom "Wild Weasel" aircraft throughout Desert Storm. He spoke to the cadets about personal leadership lessons he learned as a young pilot during the conflict and how those lessons are applicable to the cadets as they begin their Air Force trying to impart on them," Joyner said. "To careers as officers.

"This was a fantastic opportunity to help shape our next generation of Airmen," Mancuso said. "They are hungry to understand what they will face when they get into the active Air Force. It's wonderful to have the opportunity to share with them, to give them that understanding and share some wisdom that might make their own journey a little better. I find that to be particularly valuable."

Cadets said the opportunity to hear firsthand accounts from Desert Storm veterans was an invaluable experience.

"We read about these wars in the histoample of what an overwhelming Air Force ry books, but to hear from someone who can do," La Fave said. "Today, our enemies has that firsthand experience and can tell have learned from that and they know they us what they did and why things happened cannot challenge us out in the open. We may really helps us to apply the lessons learned," Force."

never see that type of warfare again. Our ensaid Cadet Maj. Daniela Carchedi, who is assigned to AFROTC Detachment 130. "We and through cyber warfare. And we have to are able to draw from that to prepare us for what we will be facing in the future. The lessons we learn from these leaders who came

Lt. Col. Gardner Joyner, the AFROTC Detachment 130 commander, said the importance of the interactions between Air Force senior leaders and the cadets cannot be

"To have someone from the Pentagon here, it really reinforces the lessons we are have the general here to discuss the lessons learned from Desert Storm helps the cadets to understand why we do what we do."

Imparting knowledge gleaned from Desert Storm was rewarding for the Air Force senior

"This is really full circle for me," La Fave said. "I started as an AFROTC cadet and now I have the opportunity to come back 30 years later and speak to a detachment and tell my story and the Air Force story and discuss how effective we were and what we learned through Desert Shield and Desert Storm. It was special to see these sharp, young cadets ready to go at the front end of their careers.

"I hope my story can help to shape their future. They have a great future in the Air

KC-135 crew saves F-16 pilot from ejecting over enemy lines

Senior Airman David Bernal Del Agua 22nd Air Refueling Wing Public Affairs

MCCONNELL AIR FORCE BASE, Kan. — A KC-13 Stratotanker crew from McConnell Air Force Base saved an F-16 Fighting Falcon pilot from ejecting over Islamic State of

Iraq and the Levant-held territory in 2015, which could have resulted in the Airman's captivity or death.

While deployed in support of Operation Inherent Resolve, the crew responded to an F-16 fuel emergency and escorted the aircraft from ISIL territory to allied airspace.

"We were in the area of responsibility and were already mated with some A-10 Thunderbolt IIs that were tasked with observing and providing close air support for our allies on the ground," said Capt. Nathanial Beer, a 384th Air Refueling Squadron pilot. "The lead F-16 came up first and then had a expecting to offload about 2,500 pounds."

After the F-16 disconnected a second time, the pilot went through his checklists and told the crew he had a fuel system trapped and unusable.

The F-16 could only use up to 15 minutes of fuel at a time. so the crew escorted the aircraft to its base while refueling every 15 minutes to avoid an emergency.

"The first thought I had from reading the note from the deployed location was extreme pride for the crew in how they handled the emergency," said Lt. Col. Eric Hallberg, the 384th ARS commander. "Knowing the risks to their own safety, they put the life of the F-16 pilot first and made what could've been an international tragedy a feel-good news story. I'm sure they think it was not a big deal, however, that's because they never want the glory or fame."

Even after the crew escorted the F-16 back, they completed the rest of their daily missions, achieving 100 percent suc-

"In my thoughts, what motivates them is a higher calling pressure disconnect after about 500 pounds of fuel. We were to be the best at the mission and take care of their fellow Soldiers, Sailors and Airmen," the commander said.

Tankers like the KC-135 have made it possible to extend the range and persistence of Operation Inherent Resolve air emergency. Over 80 percent of his total fuel capability was operations, enabling coalition aircraft to maintain a 24/7



Senior Airman Jonathan Nigl, left, a 384th Air Refueling Squadron boom operator, Maj. Robert Bradley and Capt. Nathanial Beer, both 384th ARS pilots, pose for a photo in front of their aircraft.

14th MDG corner: February is Heart Health Month

Robert Pagenkopf

14th Medical Group Health Promotion Coordinator

February is Heart Health Month and time for each of us o pay attention to our health.

Cardiovascular disease is the leading cause of death in the United States. One in three deaths is from heart disease

CVD is the leading cause of disability which prevents Americans from working and enjoying family activities.

Limiting the amount sodium that you consume in your diet can lower your blood pressure. Here are some tips from ery week choosemyplate.gov to help you cut back:

• Skip adding additional salt when cooking

Cook at home so you can control what is in your food

• Fill up with veggies and fruits, they are naturally low

• Read the label and look for foods labeled "low sodium"

'Get moving!"

The 2008 Physical Activity Guidelines for Americans says you need two types of physical activity each week to

- 150 minutes of moderate-intensity aerobic activity ev-
- or 75 minutes of vigorous-intensity aerobic activity ev-
- or an equivalent mix of moderate and vigorous intensity aerobic activity

• add muscle-strengthening activity on two or more days a week that work all major muscle groups

Limit Alcohol

The Dietary Guidelines for Americans define moderate drinking as no more than one drink per day for women and no more than two drinks per day for men.

Excessive alcohol use over time can lead to the development of chronic diseases including, but not limited to:

- High blood pressure
- Heart disease

Cigarette smoking greatly increases your risk for heart disease. If you do smoke, quit as soon as possible.

Contact Health Promotion at 434-1688 for more info on how you can strive for a healthy heart



Team BLAZE hosts four aircraft static displays

LEFT: An F-16 Fighting Falcon Static Display is set up on the flightline Feb. 19 at Columbus Air Force Base, Mississippi The F-16 Fighting Falcon is a compact, multi-role fighter aircraft. It is highly maneuverable and provides a relatively low-cost, high-performance weapon system for the United States and allied nations.



An A-10 Static Display is set up on the flightline Feb. 19 at Columbus Air Force Base, Mississippi. Two A-10 gircraft were flown in for the Specialized Undergraduate Pilot Training Class 16-05 Graduation.



An F-15 Static Display is set up on the flightline Feb. 19 at Columbus Air Force Base Mississippi. The F-15 is an all-weather, extremely maneuverable, tactical fighter designed to permit the Air Force to gain and maintain air supremacy over the battlefield.

SILVER WINGS

BLAZE Hangar Tails: F-15 Eagle

The F-15 Eagle is an all-weather, extremely maneuverable, tactical fighter designed to permit the Air Force to gain and maintain air supremacy over the battlefield.

Features

The Eagle's air superiority is achieved through a mixture of unprecedented maneuverability and acceleration, range, weapons and avionics. It can penetrate enemy defense and outperform and outfight any current enemy aircraft. The F-15 has electronic systems and weaponry to detect, acquire, track and attack enemy aircraft while operating in friendly or enemy-controlled airspace. The weapons and flight control systems are designed so one person can safely and effectively perform air-to-air

The F-15's superior maneuverability and acceleration are achieved through high engine thrust-to-weight ratio and low wing loading. Low wing-loading (the ratio of aircraft weight to its wing area) is a vital factor in maneuverability and, combined with the high thrust-to-weight ratio, enables the aircraft to turn tightly without losing airspeed.

can be carried by the F-15. An automated weapon system enables the pilot to perform aerial combat safely and effectively, using the head-up display and the avionics and weapons controls located on the engine throttles or control stick. When the pilot changes from one weapon sys- lograms) tem to another, visual guidance for the required weapon automatically appears on the head-up display.

For low-altitude, high-speed penetration and precision attack on tactical targets at night or in adverse weather, the F-15E carries a high-resolution APG-70 radar and ing infrared for night pods

Background



U.S. Air Force photo by Airman 1st Class Abby M. Young

A row of F-15 Eagles from Kadena Air Base, Japan, line up before a takeoff. The F-15 Eagle is an all-weather, extremely maneuverable, tactical fighter designed to permit the Air Force to agin and maintain air supremacy over the battlefield.

in July 1972, and the first flight of ments and operations Southern the two-seat F-15B (formerly TF- Watch (no-fly zone in Southern las Corp. 15A) trainer was made in July 1973. Iraq), Provide Comfort in Turkey, The first Eagle (F-15B) was deliv- Allied Force in Bosnia, Enduring ered in November 1974. In January Freedom in Afghanistan and Iraqi turbofan engines with afterburners 1976, the first Eagle destined for a Freedom in Iraq. combat squadron was delivered.

The single-seat F-15C and twoseat F-15D models entered the Air Force inventory beginning in 1979. A variety of air-to-air weaponry These new models have Production Eagle Package (PEP 2000) improvements, including 2,000 pounds (900 kilograms) of additional internal fuel, provision for carrying exterior conformal fuel tanks and increased maximum takeoff weight of up to 68,000 pounds (30,600 ki-

F-15C, D and E models were deployed to the Persian Gulf in 1991 in support of Operation Desert Storm where they proved their superior combat capability. F-15C fighters accounted for 34 of the 37 Air Force air-to-air victories. F-15E's were operated mainly low-altitude navigation and target- at night, hunting SCUD missile launchers and artillery sites using the LANTIRN system.

They have since been deployed The first F-15A flight was made for air expeditionary force deploy-

General Characteristics

Primary function: Tactical

Contractor: McDonnell Doug-Power plant: Two Pratt &

Whitney F100-PW-100, 220 or 229 Thrust: (C/D models) 23,450

pounds each engine

Wingspan: 42.8 feet (13 meters) **Length:** 63.8 feet (19.44 meters) Height: 18.5 feet (5.6 meters)



U.S. Air Force photo/Senior Airman Laura Turner

An F-15 Eagle takes off from Elmendorf Air Force Base, Alaska. The F-15's superior maneuverability and acceleration are achieved September 1975 through high engine thrust-to-weight ratio and low wing loading.

Weight: 31,700 pounds

Maximum takeoff weight: (C/D models) 68,000 pounds (30,844 ki-

Fuel Capacity: 36,200 pounds (three external plus conformal fuel

Payload: depends on mission Speed: 1,875 mph (Mach 2

Ceiling: 65,000 feet (19,812

Range: 3,450 miles (3,000 nautical miles) ferry range with conformal fuel tanks and three external fuel tanks

Crew: F-15A/C: one. F-15B/ D/E: two

Armament: One internally mounted M-61A1 20mm 20-mm, six-barrel cannon with 940 rounds of ammunition; four AIM-9 Sidewinder and four AIM-120 AM-RAAMs or eight AIM-120 AM-RAAMs, carried externally.

Unit Cost: A/B models - \$27.9 million (fiscal 98 constant dollars);C/D models - \$29.9 million (fiscal 98 constant dollars)

Initial operating capability:

Inventory: Total force, 249

Air Force **Readiness Programs**

(Editor's note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of the activities listed, call 434-2790.)

Career Technical Training

This transition event is held $\overline{8}$ a.m. - 3 p.m. March 7-8. The Workshop explores technical careers for post military personnel using VA Educational benefits. It is conducted by CALIBRE, private company contracted by DVA. Prior registration is required, company requires 10 days notification and must have minimum of 8 participates to make, to register and more information call 434-2790.

Wing Newcomers Orientation

This brief will be on 8 a.m. - 12:15 p.m. March 8 and is mandatory for newly arrived active-duty and civilian personnel. Spouses are encouraged to attend. The orientation is held at the Columbus Club, for more information call

First Term Officer's PFR

The First Term Officers' Personal Financial Readiness Workshop is required by AFI for al newly assignment personnel to their first station. The event is 9 - 10 a.m. March 8. Call 434-2790 to sign up.

Military Life Cycle

The Military Life Cycle workshop, 1 - 2 p.m. March 8, allows the VA contractors to explain to service members; whether first term, separating retiring or a veteran, what services the VA offers and what they are able to provide throughout the member's military career and how to apply for benefits. To register and more information please call 434-2790.

Federal USAJobs Workshop

This workshop is 9 - 10:30 a.m. March 9. This is a workshop on writing resumes, applications, and job search, using USAJobs, Call 434-2790 to register.

Troops To Teachers

This workshop is 10:30 a.m. - noon March 9. It is an informational workshop for members pursing or interested in a teaching career after the military. For more information or to register call 434-2790.

Entrepreneurship Track Transition Workshop

This workshop will be held 8 a.m. - 3 p.m. March 10-11. The Entrepreneurship workshop is conducted by the Small Business Administration for veterans and all base personnel interested starting up and operating their own business, to register and more information call 434-2790.

Smooth Move

This class 10 - 11:30 a.m. March 15, is a class calling (662) 434-2720.

Team BLAZE celebrates Black History Month with 5k fun run



U.S. Air Force photo/Senior Airman Stephanie Englar

Members of Team BLAZE run throughout the base during the Black History Month 5k Fun Run Feb. 19 at Columbus Air Force Base, Mississippi. The 5k was one of many events during February that celebrated Black History Month to include a food tasting and a luncheon with a guest speaker.

that provides relocating members/families with valuable information about moving. You learn what to expect from TMO, Housing, Military The MFLC counselors provide non-medical Pay, Legal, Billeting, Tri-Care, Medical Records,

ried), their spouses and other family members to cope with stressful situations created by deployments, reintegration, and life challenges such as This counseling is a mandatory briefing for martial issues, parenting, career stress and anger. All consultants are licensed mental health proed at least 90 days prior to separation. It may be viders. Counselors can meet either on or off base. completed up to 12 months prior to separation There is no charge for services and appointments can usually be made within one to two days. To or retirement. The counseling is held daily at 8:30 a.m. It takes approximately 60 minutes. Please contact A&FRC, 434-2839/434-2790 for contact the MFLC, call 662-364-0504.

Pre, Post Deployment Tour Brief

These briefings are mandatory briefings for active-duty personnel who are either deploying or returning from deployment or a remote tour. The briefings are held daily at the A&FRC Pre-deployment is at 9:30 a.m., and post-deployment is at 1:30 p.m. Please contact A&FRC, 434-2839/434-2790 for more information.

and A&FRC. Please call 434-2790 to register

personnel separating or retiring, to be complet-

Pre-separation Counseling

more information.

Survivor-Benefit Plan

Are you nearing military retirement? The one decision you will need to make before you retire involves participation in the Survivor **Program** Benefit Plan. As with all good decision-making, vou need to know the facts before you can make a sound decision, and be wary of anyone telling you they can offer you a better deal. Always get the true facts about the SBP before making up your mind. Additional details are available by the Airman and family along their road to re-

Military and Family Life Consultant

counseling to help Airmen (both single and mar-

Volunteer Opportunities

If you are interested in volunteering please contact the Airman & Family Readiness Center. We have volunteer opportunities located throughout the base for a one-time event, special events, or on a continual basis. Volunteers are needed on base at the Youth Center, Child Development Center, Library, Golf Course, Medical Clinic, Chapel, Airman Attic, Thrift Store, the Retiree Activities office and many others. For more information please call A&FRC at

Air Force Recovery Coordination

The Recovery Coordination Program streamlines and improves the way care and support are delivered to wounded, ill, and injured Airmen and their families. The RCP provides the support of a Recovery Care Coordinator who guides covery. Those eligible include wounded, ill and

injured Airmen who: (1) have a serious illness or injury (2) are unlikely to return to duty within a specified amount of time (3) may be medically separated from the military. Additional details are available by contacting the Columbus AFE RCC at DSN: 493-3399, Office: 334-953-3399 or tim.griggs.1.ctr@us.af.mil.

Personal Financial Readiness

Make the most of your money. Contact Ms. Delores Sherman, Personal Financial Counseling, for appointment, 426-2527, or 434-2790. ColumbusAFB-PFC@MFLC.Zeiders.com. She can help manage finances, resolve financial problems, and reach long-term goals such as getting an education, buying a home and planning for retirement.

Learn How to Read Your LES

Having a hard time understanding your Leave and Earning Statement? Need a refresher so that you can mentor your subordinates on their entitlements? Finance has you covered. It vou would like for Finance to come to your next . CC call or Professional Organization event, you can contact Master Sgt. Sabrina Spriggs at DSN 742-3068 or Senior Airman Julianna White at DSN 742-2715.

Chapel Schedule

Whether you are new to Columbus Air Force Base or have been around for a while, our parish communities welcome you to join us as we worship, fellowship, and encourage one another. For more information, please call 434-2500.

Catholic Community

3:45 p.m. - Religious Education, grades K-9

4 p.m. – Choir Practice (Chapel Sanctuary) p.m. – Confession (or by appointment) p.m. – Mass w/Children's Church

Tuesdays: 11:30 a.m. – Daily Mass

Wednesdays: 11:30 a.m. -12:30 p.m. – Adoration 6 p.m. - 7:30 p.m. - Adult Bible Study

5 p.m. – Lenten Stations of the Cross

Protestant Community

9 a.m. – Adult Sunday School (Chapel Library) 10:45 a.m. – Traditional Worship Service

Tuesdays: 5 p.m. – Student Pilot Bible Study (Chapel Li-

Wednesdays:

4 p.m. - Music Rehearsal

Ecumenical services

6 p.m. – AWANA, a religious education program for children ages three years old to 6th grade 6 p.m. – Adult Bible study on the Gospel of John 6 p.m. – Youth Group

FSS Services SILVER WINGS

St. Patrick's Day

Beer Pairing

~Four Course Theal~

Course 2

Potatoes whipped in heavy cream and cheddar cheese, baked into nests & topped with bacon jam & diced tomatoes served

with a Harp- a Lager style beer

Course 5
Honey glazed Corned Beef with oven roasted cabbage served with Smithwicks- an Irish Red Ale

Chocolate chip ice cream pie served with Guinness Draught an Irish Dry Stout style beer

\$5 discount if you register by Mar 2. Must have 30 signed up & paid by Mar 9

For More Information Call 434-7932

Whispering Pines Golf Course is offering a Spring Open House

from 10 a.m. – 6 p.m. March 20. Specials include free green fees

for golf and footgolf, half off golf cart rental, and 50 cent hot

dog, chips, or drink. Sign up for the annual green fee program by

March 31 and receive a 10 percent discount on annual green fees.

10:30 a.m. - 1:30 p.m. March 27. Reservations are required.

Supply Drive for St. Jude and Baptist Hospitals

The Youth Center is collecting donations for St. Jude Chil-

dren's Hospital and Baptist Memorial Hospital. Drop off

school supplies at the Youth Center Monday - Friday from

10 a.m. - 6 p.m. April 1 - 30. For more information and a com-

The Bowling Center is offering Monte Carlo Cosmic Bowling

promptly at 6 p.m. For more information, contact 434-3426.

11 a.m. – 1:30 p.m.; Monday – Mexican Buffet, Tuesday- Italian

Buffet, Wednesday – Pizza and Wings Buffet, Thursday - Southern

plete list of items needed, please contact 434-2504.

Monte Carlo Cosmic Bowling

Columbus Club Reopens

formation, contact 434-2419.

GUINNESS.

FORCE

March 17

\$35 · 6 p.m.

Golf Course Spring Open House

For more information, contact 434-7932.

contact 434-2489.

Columbus Air Force Base Information and Events

Join our Facebook page at Columbus AFB Living, Twitter at @columbusafbliving, MyAirForceLife App on any smart phone or visit our website at columbusafbliving.com to keep up to date with all the great events happening around base. Check out the calendar on the website for important Airman and Family Readiness Center events. For more information, contact 434-2337.

The Overrun Now Open Evenings

The Overrun is open each Wednesday and Thursday 4:30 – 8 p.m. and Friday 4:30 p.m. – midnight. Bar menu includes chicken wing basket, chicken tender basket, club wrap, or buffalo chicken wrap. For more information, contact 434-2419.

Spring Break Camp

The Youth Center is offering Spring Break Camp registration Feb. 22 – March 7. Cost is based on total family income. Space is limited. For more information, contact 434-2504.

The Comics on Duty Winter Tour

The Columbus Club presents a winter comedy show at 8 p.m. Feb. 26. This is a free event for ages 18 and older; contains adult situational comedy. For more information, contact 434-2489.

Free Open Karaoke

Join the Columbus Club for free Open Karaoke every Thursday in March from 6 – 10 p.m.

For more information, contact 434-2489.

March Madness 3 on 3 Tournament

The Fitness Center is offering a March Madness 3 on 3 Tournament at 5 p.m. March 3. Sign up by March 2. For more information, contact 434-2772.

Women's History/Colon Cancer Awareness Fit-

The Fitness Center is offering a 5K run/walk and 10K bike ride at 7 a.m. March 4. Get fit and learn more about Women's History Month and Colon Cancer Awareness Month. Commander's trophy points awarded. For more information, contact 434-2772.

Glo ball Tournament

The Golf Course is offering a glo ball tournament at 6 p.m. **Easter Brunch** March 4. The cost is only \$35 plus cart per member; \$45 plus cart per non-member and includes 18 holes of glo ball golf and chili dinner prior to play. Must have 24 participants paid by noon, Feb. 29 to offer. For more information, contact 434-7932.

Free Breakfast for Club Members

The Columbus Club is offering free breakfast for club members the first Monday of each month from 6:30 – 8 a.m. beginning March 7. Non-members pay \$8 per person. Become a Club Member and eat for free plus enjoy all the benefits of being a member. For more information, contact 434-2489.

Kick Butts Day

The Youth Center is offering Kick Butts Day from 3:45 – 5 p.m. March 16. Learn how to stand up, speak out, and seize control against tobacco. All ages welcome for this free event.

For more information, contact 434-2504.

St. Patrick's Day Beer Pairing

The Golf Course is offering a St. Patrick's Day Beer Pairing at 6 p.m. March 17. The cost is only \$35 per person for a four course meal. Save \$5 if registered by March 2. For more information, contact 434-7932.

Basewide Spring Fling and Egg Hunt

The Youth Center is offering their annual Basewide Spring Buffet, Friday – Catfish and Spaghetti Buffet. Price of buffet is only \$7.95 for club members and \$8.95 for non-members. For more in-Park. For more information, contact 434-2772.

Base Library Relocation

The Base Library has relocated to the Education Center, building 916. Hours of operation are as follows: Tuesday, Thursday and Friday 10:30 a.m. -2:30 p.m. and Sundays 1-5 p.m. For more information, contact 434-2934.

Story Time at the Library

The Base Library is offering Story Time every Friday at 10:30 a.m. for all ages. For more information, contact 434-2934.

Cosmic Bowling Special

The Bowling Center is offering Cosmic Bowling for only \$12 per person every Friday and Saturday night from 5 – 8 p.m. You also may purchase individual games for \$3 per game with purchase of \$1.50 shoe rental. For more information, contact 434-3426.

Lawn Mower Repair

Lawn mower repair is now available at Outdoor Recreation. The cost is only \$40 per hour plus parts; pickup and delivery available. For more information, contact 434-2507.

Gymnastics Instructor Needed

Gymnastics Instructors needed at the Youth Center. For more information, contact Kayline Hamilton at 434-2503.

Hobby and Craft Instructors Needed

Do you have a hobby or craft project you can share with others? For more information, contact 434-7836.

Volleyball Open Play

The Fitness Center offers volleyball open play every Sunday 1-3 p.m. For more information, contact 434-2772.

Referees Needed

Referees needed for various sports at the Fitness Center. For more information or to sign up, contact 434-2772.

Free Pool Passes and FootGolf

Independence Pool Passes and FootGolf is included with Whispering Pines Golf Membership. . If you have an individual The Columbus Club is offering Easter Brunch from golf membership, you receive an individual pool pass and Foot-Golf membership and if you have a family golf membership, you Brunch prices are: adult Club member, \$17; non-member, \$20; receive a family pool pass and FootGolf membership. Visit Outchildren (5-11), \$8; and under 5, free. For more information, door Recreation for your free pool pass today. For more information, contact 434-2505.

Make Your Shopping Easier

Force Support Squadron gift cards are available in increments of \$5 to fit any budget. They can be used at most Force Support Squadron facilities at Air Force installations worldwide and they never go out of style. Purchase your gift card at one of the following locations: Bowling Center, Golf Course or Youth Center. For more information, contact 434-3426.

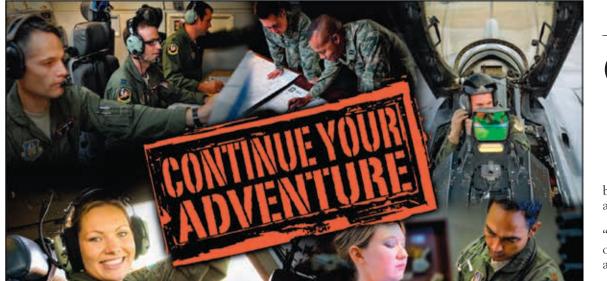
the first and third Saturday of each month. Bowl for a chance to Brazilian Jiu Jitsu Class

win \$200. The cost is only \$20; early bird, \$17. Bowling starts Free classes are scheduled every Monday, Wednesday, and Friday at 6 p.m. The benefits include huge gains in confidence, functional strength, flexibility, discipline, and overall physical conditioning. Mandatory equipment: BJJ Kimono (Gi); for ages 13 and We are excited to announce that your Columbus Club located up. For more information, contact 434-2772. in the Event Center is open. Lunch is available Monday - Friday

Wood Shop Self Help

Do you need to complete a wood project? The base wood shop is open Saturdays from 10 a.m. - 4 p.m. for only \$4 per hour. For more information, contact 434-7836.

Produce Pilots, Advance Airmen, Feed the Fight



Part-time positions available at Air Force Reserve

The Air Force Reserve offers great opportunities for people transitioning from active duty. Part-time jobs in the Air Force Reserve give you the time and financial support to further your education or begin a civilian career while continuing your military service toward retirement. As a Reservist, you can do the extraordinary and continue to keep the close friendships you gained while serving in the military.

The Air Force Reserve is looking for interested prior-service members. Interested in Palace Chase or Palace Front or Retraining? Opportunities are available. The Air Force Reserve offers: participation flexibility, tuition assistance, continued eligibility for lowcost health insurance, retain rank earned from prior service in most cases, retraining opportunities may be available



Contact: Master Sgt. Dustin K. Ballingham Phone: 334-953-7997/DSN: 493-7997 Email: dustin.ballingham@us.af.mil





Call 800-237-8279 or go to AFReserve.com/ISR

Buckle up! It's the law.



Checking the Box

Senior Master Sqt. Rich Lutz

14th Communications Squadron Superintendent

Are you "checking the box" in your enlisted career?

If so, what is the meaning behind this task?

If you look at the AF Form 910 or 911, you see the Whole Person Concept block. Some people look at this block as a negative thing, others as a positive, and some just do not pay attention at all. Which one are you?

During my 22 years in the Air Force, these tasks have always been pushed. "Take college courses, volunteer in the community, be part of a professional organization." The list went on and on, and frankly; it got old hearing it, but as time passed and I started doing these things off duty, I fell in love.

I fell in love with the idea that I was making a difference in other people's lives, even if the reward was one smile at every event. I fell in love knowing that I was making myself and my resume stronger by taking college courses and earning my Community College of the Air Force degree.

I fell in love being a voice for others in professional organizations when they may have feared speaking to leadership. The message was just not relayed properly by my supervisors, but luckily I did not see it as nagging and took action because it changed my life.

Remember, it is a choice to "check the box." I promise; if you do not think about that box for promotion or to get a good rating, these things you are getting asked to do will change your life. Helping others and taking care of your Airmen is the most gratifying thing you can do.

Some people ask how you can get promoted in the Senior NCO realm. Take care of your people, because they take care of you. Lead by example and mentor those around you so they know the true meaning, and don't worry about checking that box, it will come naturally

The Airman's Creed

I am an American Airman. I am a Warrior.

I have answered my nation's call

I am an American Airman.

My mission is to fly, fight, and win.

I am faithful to a proud heritage.

A tradition of honor.

And a legacy of valor.

I am an American Airman

Guardian of freedom and justice, My nation's sword and shield,

Its sentry and avenger.

I defend my country with my life.

I am an American Airman.

Wingman, leader, warrior,

I will never leave an Airman behind.

I will never falter, And I will not fail.

SILVER WINGS Feb. 26, 2016

Team BLAZE accolades awarded 2015 - present







