

## Weather



Forecast provided by the 14<sup>th</sup> OSS Weather Flight

## News Briefs

### Super Bowl Party

A Super Bowl Party at the Columbus Club begins at 4:30 p.m. Feb. 7. Advance tickets are \$8 for members/ \$10 for non-members and at-the-door tickets are \$10 for members/ \$12 for non-members. An all-you-can-eat buffet consisting of pizza, wings, chicken tenders and nachos for all attendees is available. For more information, please call 434-2489.

### Wing Newcomers Orientation

A Wing Newcomers Orientation is scheduled for 8 a.m. - 1 p.m. Feb. 9 in the Columbus Club for newly arrived active-duty and civilian personnel.

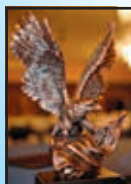
### Blood Drive

A blood drive is scheduled from 9 a.m. - 4 p.m. Feb. 10 at the Fitness Center.

### Black History Month Food Tasting

A Black History Month food tasting is scheduled from 11 a.m. - 1 p.m. Feb. 11 at the Base Chapel Annex.

## Inside



### Feature 10

The Annual Award nominees are highlighted in this week's feature.

# Moore to speak at Annual Awards Banquet

A former Marine major general will speak at the Annual Awards Banquet Feb. 5 at the Columbus Club on Columbus Air Force Base, Mississippi.

Retired U.S. Marine Corps Major Gen. Thomas L. "Tango" Moore, Jr. was commissioned as a second lieutenant in the Marine Corps in 1973 through Officer Candidate School in Quantico, Virginia.

He attained his B.A. Degree from Delta State University in 1982 under the Degree Completion Program. In addition to attaining a Graduate Degree from Troy State University in 1996, his formal military education includes The Basic School, Naval Aviation Flight Training, Armed Forces Staff College and Air War College.

Before being promoted to the general officer ranks, Moore commanded a HMM 261 Squadron and the 11th Marine Expeditionary Unit. He has flown multiple rotary and fixed wing aircraft during his career.

He was promoted to brigadier general on Jan. 1, 2000, and was assigned as Assistant Wing Commander, 2nd Marine Air Wing serving until July 2001. He served next at U.S. Joint Forces Command as Director for Operations and Plans and Director for Logistics and Engineering until August 2003.

He was advanced to major general on Aug. 8, 2003, and assumed the duties of Deputy Commander, U.S. Marine Corps Forces, Atlantic in Norfolk, Virginia.

From June 2004 to March 2006 he served as Commanding General 2nd Marine Aircraft Wing in Cherry Point, N.C. From May 2006 to June 2007 he served as Chief of Staff, Multi-National Force in

See MOORE, Page 2



Courtesy photo

Retired U.S. Marine Corps Maj. Gen. Thomas "Tango" Moore is the guest speaker at the Annual Awards Banquet Feb. 5 at the Columbus Club at Columbus Air Force Base, Mississippi. Moore retired from the USMC in 2008.

## COLUMBUS AFB TRAINING TIMELINE

PHASE II				PHASE III				IFF				WING SORTIE BOARD			
Squadron	Senior Class	Squadron Overall	Track Select	Squadron	Senior Class	Squadron Overall	Graduation	Squadron	Senior Class	Squadron Overall	Graduation	Aircraft	Required	Flown	Annual
37th (16-13)	0.90 days	1.13 days	Feb. 16	48th (16-05)	0.97 days	1.85 days	Feb. 19	49th (16-EBC)	-2.10 days	-0.70 days	Mar. 3	T-6	330	309	9,457
41st (16-14)	4.16 days	3.35 days	Mar. 9	50th (16-05)	-1.75 days	1.59 days	Feb. 19					T-1	82	73	3,190
												T-38	108	103	3,131
												IFF	56	49	1,353

Specialized Undergraduate Pilot Training Class 16-05 is scheduled to graduate Feb. 19.



## 14TH FLYING TRAINING WING DEPLOYED

As of press time, 50 TEAM BLAZE members are deployed worldwide. Remember to support the Airmen and their families while they are away.

*Deployment numbers provided by the Installation Personnel Readiness Office.*

### MOORE

(Continued from page 1)

Iraq, Baghdad.

In July 2007, Moore assumed the duties as Chief of Staff, United States Central Command, and in April 2008 he became the Acting Deputy Commander, United States Central Command.

Moore retired from the Marine Corps in October 2008. Since retirement he has worked as a consultant for Marstell Day on Long Range Base Planning for the Marine

Corps. From 2009 to 2011 he worked for Stark Aerospace, first as a consultant and then as the Vice President of Marketing. He recently retired from his position as a Senior Advisor for Academi based in Virginia, focusing on Unmanned Aerial Systems training and security support.

Moore's personal decorations include: Distinguished Service Medal, Defense Superior Service Medal, Legion of Merit, Bronze Star Medal, Defense Meritorious Service Medal, Meritorious Service Medal with gold star, Air Medal and Navy Achievement Medal.

## 2016 Tax Center hours

The Columbus AFB Tax Center will open Feb. 8 and trained volunteers will prepare your tax returns through April 8 for free! The Tax Center is located on the first floor of the Personnel Center, bldg. 926, room 105.

If you are an active duty member, retiree, or dependent with a rank of E-5 and below or your combined family income is under \$58,000 then you may qualify for this free tax preparation service.

The hours of operation are:

- 8 a.m. to 4 p.m. Wednesday & Friday by appointment only.
- Walk-in hours are from 8 a.m. to 12 p.m. on Mondays for simple 1040 returns.

The scope of our tax preparation is limited. However, starting this year, a self-service kiosk will also be available in the tax center for you to prepare and file your own taxes, for free. For more information, or to schedule an appointment, please call the Tax Center at 434-7613.

Mon	Tue	Wed	Thur	Fri	Sat/Sun	Long Range Events
8 T-X vendor site visit	9 Wing Newcomers Orientation, 8 a.m. @ Club	10 Blood Drive, 9 a.m. - 4 p.m. @ Fitness Center	11 Bulk Shred Truck, 9-11:30 a.m., Bldg. 926 parking lot Black History Month Food Tasting, 11 a.m. - 1 p.m. @ Chapel	12 Bishop Neal Buckon visit Community Commons groundbreaking ceremony, 10:14 a.m. @ old Library Former POW Col. Smitty Harris repatriated, 1973	13/14 13th-Pre-Valentine's Day Dance, 6-10 p.m. @ Youth Center 14th-Valentine's Day Brunch, 10:30 a.m. - 1:30 p.m. @ Club	Feb. 25: Black History Month Luncheon Mar. 3: IFF Graduation Mar. 8: Wing Newcomers Orientation Mar. 11: SUPT Class 16-06 Graduation Mar. 25: 16-07 Assignment Night Mar. 29: Wing Newcomers Orientation Mar. 31: 14th STUS Change of Command Apr. 1: IFF Graduation Apr. 8: SUPT Class 16-07 Graduation Apr. 15: 16-08 Assignment Night Apr. 19: Wing Newcomers Orientation
15 Washington's Birthday Holiday	16	17	18	19 Black History Month 5K, 7 a.m. @ Fitness Center  SUPT Class 16-05 Graduation, 10 a.m. @ Kaye	20/21	

## Silver Wings

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### Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

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*Editorial content is edited, prepared and provided by the 14th Flying Training Wing Public Affairs Office of Columbus AFB, Miss.*

*The SILVER WINGS staff reserves the right to edit or rewrite all copy submitted when necessary. All photos are U.S. Air Force photos unless otherwise stated.*

*Submit all advertising to the Columbus, Miss., Commercial Dispatch advertising department one week prior to desired publication date. The advertising department can be reached at (662) 328-2427.*



**Feb. 6**  
Twin Kennedy will be in concert at the Rosenzweig Arts Center Omnova Theater, Columbus, Mississippi, at 7 p.m. Tickets are \$10 in advance or \$12 at the door. Visit columbus-arts.org or call 662-328-2787 for more information.

**Feb. 9**  
The Mississippi State University Student Association will host Dr. Buzz Aldrin in Lee Hall's Betersworth Auditorium. The event will begin at 7 p.m., with doors opening at 6:30 p.m. Though admission is free, tickets are required. General admission tickets

are sold out, but tickets to the simulcast event held in the Union Ballroom are available. Visit [www.msstate.edu/events/2016/01/2016-Global-Lecture-Series-Buzz-Aldrin](http://www.msstate.edu/events/2016/01/2016-Global-Lecture-Series-Buzz-Aldrin) for more information.

**Feb. 14**  
Sweet '16 Valentine's Day Comedy Show at 7 p.m. at The Southern. Venue is located at 513 Main Street. Tickets are \$15 and complimentary wine will be served. Show will feature Red Squirrel, Ira Coleman, The Truth and Mike Larry. More information can be found at [www.sweet16ms.eventbrite.com](http://www.sweet16ms.eventbrite.com).

## BARGAIN LINE

*The deadline for submitting ads is noon Monday before the desired publication date. Ads turned in after the deadline will run the following week. Ads can be mailed to or dropped off at the public affairs office in the 14th Flying Training Wing Headquarters building, e-mailed to [silverwings@us.af.mil](mailto:silverwings@us.af.mil) or faxed to 434-7009. Calling Ext. 7068 by noon Monday can extend the run date of ads already submitted. Silver Wings reserves the right to limit ads based on content, space and frequency of requests. Advertisements for private businesses or services providing a con-*

*tinuous source of income may not appear in the Bargain Line. They may, however, be purchased through The Commercial Dispatch, 328-2424.*

### Miscellaneous

**For Sale:** Nice pair of Bose 901 Series V speakers, stands and equalizer. \$550. Call or text 386-1408 for questions and pictures.

**For Sale:** Two Dyson vacuum cleaners. Need a

little repair, \$50 for both. Call 328-3977 for more information.

**For Sale:** Electric shark floor cleaner with extra pad, \$5. Call 328-3977 for more information.

**For Sale:** Proform Whirlwind dual action stationary bike. Used very little, \$150. Call 328-3977 for more information.

**For Sale:** EZ Bole regal 3 wheel adult bike with basket. Hand brakes, 3-speed, used very little,

\$250. Call 328-3977 for more information.

**For Sale:** Health rider (total body aerobic fitness). Very good condition, \$200. Call 328-3977 for more information.

**For Sale:** Six-shelf book case, 60" X 22" X 7 3/4." \$30. Call 328-3977 for more information.

**For Sale:** Two 100-count cassette holders, 25" X 19 1/2 X 4." Removable shelves. \$10 for both. Call 328-3977 for more information.

Produce Pilots, Advance Airmen, Feed the Fight

## Bulk shredding service available Feb. 11

Bulk shredding service is available from 9 to 11:30 a.m. Feb. 11 in the building 926 (Old Personnel Building) parking lot. Please bring any FOUO or sensitive documents and records that you need shredded to the marked shred truck in the parking lot. Documents may be in binders and folders.

Digital media (CDs, discs, tapes) will also be accepted. Cardboard cannot be accepted. If you have any questions, contact Katrina Watkins at 434-7301 or Mike Blythe at 434-7353.



## When using UAVs think safety

### 14th Flying Training Wing Safety Office

Unmanned Aerial Vehicles, or UAVs, are becoming more and more popular. These new systems are easy to fly and can be a great way to introduce young children to the world of aviation.

Although these systems can bring great enjoyment, it is vital operators understand the rules and guidelines surrounding these systems.

The FAA has released safety guidelines for the operation of UAVs in an effort to decrease the risk to manned aircraft. Some of these guidelines include flying below 400 feet, keeping the aircraft within visual line of sight at all times, and not flying within 5 miles of an airport without contacting the airport manager or control tower.

The FAA has also released a smartphone app called B4UFLY which allows UAV operators to

determine whether there are any restrictions or requirements in effect at the location they want to fly. These guidelines and more can be found at the FAA website at [www.faa.gov/uas/model\\_aircraft/](http://www.faa.gov/uas/model_aircraft/).

Columbus Air Force Base is one of the busiest airfields in the country. In order to prevent conflicts between training aircraft and UAVs, the 14th Flying Training Wing has established a UAV policy. This policy reinforces the FAA guidance prohibiting UAV operations on Columbus Air Force Base during active flying operations.

The policy does allow for base-assigned personnel to operate small UAVs, including RC model aircraft, on the SAC ramp with prior permission. In addition to permission, a short training checklist must be accomplished. Individuals interested in completing the training and flying their UAV on the SAC ramp can contact Airfield Management at 662-434-2998.



### Warning Signs

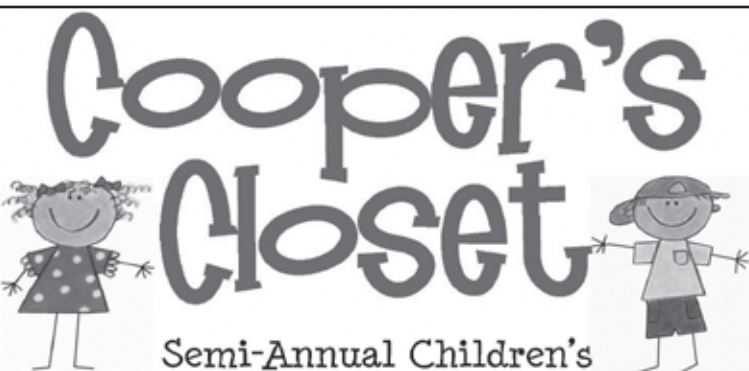
Warning signs of T1D may occur suddenly and include:

- Extreme thirst
- Frequent urination
- Drowsiness or lethargy
- Increased appetite
- Sudden weight loss
- Sudden vision changes
- Sugar in the urine
- Fruity odor on the breath
- Heavy or labored breathing
- Stupor or unconsciousness



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Semi-Annual Children's Consignment Sale & Marketplace

The Golden Triangle's  
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February 25th - 27th

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[coopersclosetcolumbus@gmail.com](mailto:coopersclosetcolumbus@gmail.com)

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662-329-4130

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you are eligible for membership!*  
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# Track Select



2nd Lt. Byron Barfuss	T-1
2nd Lt. Jackson Bristol	Helo
2nd Lt. Sarah Collins	T-1
2nd Lt. Derek Demyanek	T-1
2nd Lt. Kelsey Emig	T-1
2nd Lt. Michael Estrada	T-1
2nd Lt. Shannon Flynn	T-38
2nd Lt. Matthew Frasse	T-38
2nd Lt. David Hall	T-1
1st Lt. Takafumi Hara	T-1
2nd Lt. Byron Hernandez	T-1
2nd Lt. Barry James	T-1
2nd Lt. Yu Kisaki	T-1
2nd Lt. Christopher Kowalski	T-1
2nd Lt. Kyle LaPrade	T-1
2nd Lt. Jeffery Lewoczko	T-1
2nd Lt. John Lu	T-1
2nd Lt. Michael McKone	T-38
2nd Lt. Justin Sato	T-38
2nd Lt. Emily Thompson	T-38

**Dubisher Award**  
2nd Lt. Justin N. Sato

**Top Guns**  
**Contact:** 2nd Lt. Justin N. Sato  
**Instrument:** 2nd Lt. Christopher J. Kowalski  
**Formation:** 2nd Lt. Michael R. McKone

# 16-12



# Quarterly awards ceremony distinguishes great performers

14th Flying Training Wing  
Public Affairs

The 14th Flying Training Wing's best of the best were showcased during the fourth quarterly awards ceremony Jan. 29 at the Columbus Club.

The Team BLAZE fourth quarter award winners are:

**Airman of the Quarter:** Senior Airman Hailey Conway, 14th Operations Support Squadron

**NCO of the Quarter:** Tech. Sgt. Brad Hardegger Jansevics, 81st Fighter Squadron

**SNCO of the Quarter:** Master Sgt. Piet Hublein, 81st FS

**CGO of the Quarter:** Capt. Jamie Longmire, 14th Medical Support Squadron

**FGO of the Quarter:** Maj. Johnnie Green, 81st FS

**Honor Guard of the Quarter:** Airman 1st Class John Day, 14th Wing Staff Agencies

**Flight Commander of the Quarter:** Capt. Sharon Elliott, 14th Medical Operations Squadron

**IP of the Quarter:** Capt. Michael Pyles, 41st Flying Training Squadron

**Cat. 1 Civilian of the Quarter:** Kenny Harris, 14th Logistics Readiness Squadron

**Cat. 2 Civilian of the Quarter:** Adrian Alonzo, 14th MDSS

**Volunteer of the Quarter:** Tech. Sgt. Danielle Lachney, 14th WSA



U.S. Air Force photo/Melissa Doublin

The fourth quarterly awards winners or their representatives pause for a photo on stage Jan. 29 at the Columbus Club at Columbus Air Force Base, Mississippi. The ceremony honored the wing's outstanding professionals for the months of October through December whose drive, determination and dedication have earned them this recognition.

## Columbus AFB Top 3 spotlight



**Nominee Name/Grade:** Airman 1st Class Brittani Amavizca-Waddington

**Unit:** 14th Medical Operations Squadron

**Information:**

1. **Home Town:** Missoula, Montana
2. **Time in the Air Force:** 1 year 8 months
3. **Time at Columbus AFB:** 1 year 1 month
4. **Career Short Term Goals:** Complete CCAF and work on BTZ
5. **Career Long Term Goals:** Get accepted to the Air Force Nursing Program
6. **Nominated by:** Master Sgt. Jeremy Davis
7. **Nomination reason:**

Airman First Class Amavizca-Waddington is one of our most valuable Airmen to the Medical Operations Squadron. She has excelled in on-the-job training and recently completed her 5-level upgrade in Mental Health Services. As the primary for Newcomer's Orientation, she educated 55 inbound Airmen on Mental Health Services. Additionally, she trained the Disaster Mental Health Team on tactics and techniques used during a traumatic incident. Furthermore, Amavizca-Waddington demonstrated the whole Airman concept with her involvement on base and in the community. She dedicated 16 hours towards base and community outreach to include: Event Coordinator for Airman's Council, AFSA member, eight hours towards 434-RIDE program, two hours at Trinity Nursing home and four hours working with the Humane Society, helping to build base and community relations.



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THE ARMED SERVICES  
BLOOD PROGRAM

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Wednesday, February 10  
9 a.m.- 4p.m.  
Fitness Center

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SWEET '16  
VALENTINE'S DAY  
COMEDY SHOW  
SUNDAY, FEBRUARY 14<sup>TH</sup>  
The Southern - 513 Main Street - Columbus

FEATURING:

Red Squirrel

Ira Coleman

"The Truth"

Mike Larry aka  
Chocolate Cowboy

Whirlie Byrd  
&  
Keepyoulaughing  
Production

Showtime: 7pm - Tickets: \$15  
For Tickets: Clippers Barbershop  
Whirlie Byrd 662-889-5473  
www.sweet16ms.eventbrite.com  
Complimentary Wine Served  
www.keepyoulaughing.com  
Photographer Available

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HUGE SHIPMENT LADIES' SHOES

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513 18th Ave. N. | Columbus | 327-3146  
Thursday 6-8pm | Friday 10am-6pm  
Saturday 10am-4pm | Sunday 1-5pm

### SUPER BOWL

(Continued from page 16)

1992 and transitioned to the Air Force Reserve. He continued to serve in the Reserve individual mobilization augmentee program for almost 10 years.

The next month, Hennings found himself in Dallas working out for the Cowboys.

"It was extremely stressful, initially transitioning in '92, because I'm leaving one career for another," he said. "I'm moving from one continent to another, taking on a whole new different position. There were a lot of just stress factors there, and it wasn't assured that I would make the team."

Hennings said it was tough coming into the league and competing at a level of competition that was much higher than he experienced before.

But all the downtime spent in the weight room and working out when he wasn't flying during his deployments and TDYs paid off. He would go on to secure a spot on the team, and kick off what would eventually be a nine-year career with the Cowboys, playing in 119 games and recording 27.5 sacks.

In his first season, Hennings and the Cowboys would go on to beat the Buffalo Bills in Super Bowl 27.

"It was pretty surreal," he said. "I essentially flew a combat mission and then played in the Super Bowl all within a year's time."

He compared that Super Bowl experience to his first combat mission. He said he knew he had a job to do, and being around a set of guys who were experienced made it easier to navigate and process all of his emotions.

During his next three seasons, Hennings would go onto win two more Super Bowls with the Cowboys.

"You got to a point in our culture of being a Dallas Cowboy, that that's what was expected. We knew we were the best team out there,"

Hennings said. "I kind of compare that analogy to being a fighter pilot. It's kind of that confident arrogance, where you know you're good, you know your abilities; you walk out there, you don't flaunt it, but you walk with an extreme amount of confidence."

It wasn't until the latter part of Hennings' career that he fully appreciated winning three Super Bowls, he said.

Two decades after he appeared in his last Super Bowl, beating the Pittsburgh Steelers in Super Bowl 30, Hennings has a sincere admiration for those moments in time and truly appreciates how special those teams really were.

"As a kid growing up, all your heroes, the role models that you looked up to on the gridiron — you know those guys — they were able to hold that trophy up," Hennings said. "I was a Minnesota Vikings fan, so they went there four years and they never won one, and that's where I realized too how difficult it is, not only to just get to the Super Bowl, but to win one -- how truly special that is."

Hennings said one of the best memories is from Super Bowl 30, where he recorded two sacks — a Super Bowl record that he shared with several other players

*"When I started to see the success of all the hard work that I put in, then it became more of a self-driving motivation than having somebody externally motivate me," he said.*

before it was broken the next year.

### Humble beginnings

Being a solid performer on the gridiron and in his jet, Hennings has always tried to strive for excellence.

Growing up in Elberon, Iowa, Hennings would sometimes put in 12-plus-hour days helping his father and grandfather on their farm, where they predominately raised corn and a feedlot operation for cattle. He'd help wherever needed, whether feeding the cattle, bailing hay, driving tractors, or performing maintenance.

"The work ethic came from watching my father, my grandfather, but a lot of it I can attribute it to my older brother, who really pushed me to workout with him," he said.

Hennings' older brother, Todd, was a couple years older and was the quarterback for their high school football team. Hennings said he was a tight end, and he recalled his brother dragging him off to run routes and lift weights.

"When I started to see the success of all the hard work that I put in, then it became more of a self-driving motivation than having somebody externally motivate me," he said.

That motivation to be a better player and better person carried over when it was time to attend college. Hennings had several scholarships, but said he wanted a "holistic experience." He yearned to be challenged academically and wanted to have the experiences a typical college graduate wouldn't have.

Looking back, the leadership skills gained, the experience of flying jets, and the camaraderie within his fighter squadron are things that gave him skills he used on the gridiron and in his everyday life.

"You know, it all worked out great," Hennings said. "I had an experience flying that I would never trade. If I had to do it all over again, I would do it exactly the same."

### Where he is now

Today, Hennings lives outside of Dallas, where he's a partner in a commercial real estate company and does a lot of public speaking, which he said is his way of giving back.

"That's my passion now in this last half of my life, is to be an evangelist, in essence, for that aspect of a need of character in our community and for us as individuals," Hennings said.

An author of three books, he's also married with two children, who are both in college.



# High-end, advanced combat training launches during Red Flag 16-1

**Senior Airman Alex Fox Echols III**  
325th Fighter Wing Public Affairs

NELLIS AIR FORCE BASE, Nev. — Combat air force squadrons from across the world joined Tyndall Air Force Base's Checkertails at Nellis AFB, Nevada, this week for the joint-training, full-spectrum, readiness exercise, Red Flag 16-1.

The 325th Fighter Wing takes point as it leads Red Flag for the first time from Jan. 25 to Feb. 12. More than 130 aircraft and 3,000 personnel from more than 30 units including squadrons from Australia and the United Kingdom have arrived here to participate in advanced, realistic combat training in contested air, space and cyberspace.

Colonel Derek C. France, 325th FW commander, is tasked with commanding the Red Flag 16-1, Air Expeditionary Wing, which consists of squadrons from different military branches and coalition nations from around the world designed to strengthen joint warfighting capabilities in a contested, degraded and operationally-limited environment.

"The whole reason we bring air forces from around the globe to meet here for three weeks of Red Flag is to prepare aircrew and combat support Airmen for high end combat situations," France said. "The goal is to be integrated, survivable and lethal from the very



U.S. Air Force photo by Senior Airman Alex Fox Echols III/Released  
**Five F-22 Raptors from Tyndall AFB, Florida, sit on the flightline during the first day of Red Flag 16-1, Jan. 25 at Nellis AFB, Nevada. Red Flag is a joint, full-spectrum, readiness exercise designed to provide the most realistic combat training available.**

first engagement, whenever and wherever that may be."

By gathering this multitude of diverse units together, the exercise facilitates readiness training on a higher level. Each unit involved brings their specific expertise and talents to the table. Red Flag teaches them to work together as they would in the field,

possibly for the first time, before facing an actual threat.

Tyndall AFB's F-22 Raptors bring a lot to the mix. The jet's stealth capabilities, advanced avionics, communication and sensory capabilities help augment the capabilities of the other aircraft.

"It's one of the biggest Red Flags ever, and

anytime we can train at this large of a scale, and make ourselves better for when we deploy, it is a great opportunity," said Senior Master Sgt. Richard McCorkle, 95th Aircraft Maintenance Unit superintendent. "It's a good feeling to be here, we're eager to showcase our abilities and what the F-22 Raptor really can do."

Red Flag pulls in the aspects of command, control, intelligence and electronic warfare, to provide a full-spectrum of threat training. With all of these pieces in place, each of the more than 3,000 people involved become vital to the success of the exercise.

"Everyone at Red Flag plays an important role," France said. "The professional adversary force, world-class Nevada Training and Test Range and the high-fidelity debriefing systems all add up to the best air combat training in the world. All of us in the 325th Fighter Wing are excited to be here and to get our warfighters the training that'll make us all better. At the end of three demanding weeks, we'll have a stronger and better-integrated Air Force."

*EDITOR'S NOTE: Red Flag 16-1 will continue for three weeks. Stay tuned for more content and information as participating units hone their skills throughout the exercise. #NellisFullThrottle*

## 3-time Super Bowl champ, AF pilot reflects on America's game

**Staff Sgt. Christopher Gross**  
Air Force News Service

FORT GEORGE G. MEADE, Md. — Super Bowl 50 is just days away and it's hard not to wonder how one of the U.S. Air Force Academy's best all-time players fits into that history.

Chad Hennings won three Super Bowls with the Dallas Cowboys during the 1990s, and his first appearance was within a year's time of flying his A-10 Thunderbolt II in a combat sortie in northern Iraq.

Hennings, a 1988 Academy graduate, led the nation with 24 sacks and was awarded the Outland Trophy during the 1987 season — an award that recognizes the nation's best interior lineman.

### Committed to serve

Following graduation, Hennings — now a member of the College Football Hall of Fame — was drafted by the Cowboys in the 11th round of the 1988 draft. Before he could even suit up in the NFL, Hennings had to first fulfill his military commitment, a move that was initially hard to accept.

"I wouldn't say there were regrets, (but) it was an emotional struggle because I wanted to be able to compete," Hennings said.

From a character perspective, he knew without a doubt what he needed to do because he made a commitment and he was going to stick to it. The drive to compete, however, made his transition from school to pilot training and then into his active-duty squadron a difficult one. That void would eventually be filled with friendly competition as an A-10 pilot.

"We did compete on the range; we competed for performance," he said. "There (was) always competition and it was a healthy competition."

After pilot school, Hennings was stationed in the U.K. and deployed twice to Incirlik Air Base, Turkey, in 1991 and 1992. While deployed, he flew 45 combat sorties in northern Iraq in support of Operation Provide Comfort, an international relief effort after the Gulf War.

After getting settled into the Air Force, Hennings said he contemplated making a career out of it.

"Football was a distant memory and something in the past that I never really thought about until the Air Force went through the reduction in force and they started the waivers in the spring of '92," he said.

### Pro player

Hennings separated from active-duty Air Force in April

See SUPER BOWL, Page 17



Photo courtesy/Dallas Cowboys

**Chad Hennings, center right, played for the Dallas Cowboys for nine seasons. During that time he was part of three Super Bowl winning teams and played in 119 games, recording 27.5 sacks. Before his NFL career, Hennings graduated from the U.S. Air Force Academy in 1988 and went onto pilot training, where he would eventually fly 45 combat sorties over northern Iraq in an A-10 Thunderbolt II during two deployments spanning from 1991 and early 1992.**

## Two Columbus AFB Airmen win AETC-level awards

**14th Flying Training Wing  
Public Affairs**

Congratulations to two Columbus Air Force Base Airmen for winning Air Education and Training Command-level awards.

Capt. Eric Riethman, 41st Flying Training Squadron, won the AETC Daedalian Exceptional Pilot Award for exceptional deeds performed to assure mission success. Senior Airman Steven McCray, 14th Logistics Squadron, won the 2015 AETC Outstanding Air Force Logistics Readiness Airman of the Year award.



**Capt. Eric Riethman**  
41st Flying Training Squadron



**Senior Airman Steven McCray**  
14th Logistics Squadron

## Congratulations IFF Class 16-DBC



Courtesy photo/Col. John Nichols

**The newest graduates of Introduction to Fighter Fundamentals pause for a photo Feb. 1 in the 49th Fighter Squadron on Columbus Air Force Base, Mississippi. The nine-week course begins with tactical formation flights and then introduces pilots and weapon system operators to basic fighter maneuvers and air-to-air employment in offensive, defensive, and high aspect flight scenarios.**

## Security and policy review

Did you know that as a military member you must coordinate all information relating to speeches, presentations, academic papers, multimedia visual information materials and information proposed for release to a publicly accessible Worldwide Website, with exception of Air Force publications, through the 14th Flying Training Wing Public Affairs Office? For more information contact the 14th FTW/PA at 434-7068.



U.S. Air Force photo/Melissa Doublin

**Nine of Team BLAZE's enlisted Airmen were promoted during the enlisted promotions ceremony Jan. 29 at the Columbus Club on Columbus Air Force Base, Mississippi.**

## Nine enlisted Airmen promoted at ceremony

**14th Flying Training Wing  
Public Affairs**

Nine of Team BLAZE's enlisted Airmen were promoted during the enlisted promotion ceremony Jan. 29 at the Columbus Club.

Promotees recognized at the ceremony were:

**Master Sgt. Amanda Savannah**, 14th Wing Staff Agencies

**Tech Sgt. William Gray**, 14th Operations Support Squadron

**Tech. Sgt. Amanda Khan**, Det 10, AFOTC

**Senior Airman Jean Amani**, 14th Comptroller Squadron

**Senior Airman Patricia Bravo**, 14th OSS  
**Senior Airman Emily Miller**, 14th Medical Operations Squadron

**Senior Airman Donald Porter**, 14th Communications Squadron

**Senior Airman Shelby Scott**, 14th CPTS  
**Senior Airman Phillip Vossler**, 14th Security Forces Squadron

Also promoted during the month of December were:

**Master Sgt. Samantha Minton**, 332nd Recruiting Squadron

**Tech. Sgt. Joshua Riffe**, 332nd RCS  
**Staff Sgt. Rommel Aquino**, 14th SFS

**Staff Sgt. Ryan Malmquist**, 14th OSS  
**Staff Sgt. Jimmy Phillips**, 14th OSS

**Senior Airman Jasson Adamson**, 14th SFS

**Senior Airman Tiffany Brown**, 14th MDOS

**Senior Airman Luis Serrano-Solano**, 14th Medical Support Squadron

**Airman 1st Class Bernard Davis**, 14th SFS

**Airman Jordan Hayden**, 14th OSS

Also promoted during the month of January/Feb.1 were:

**Tech. Sgt. April Green**, 332nd RCS  
**Tech. Sgt. Benjamin Johnson**, 332nd RCS

**Staff Sgt. Zachary Kunkler**, 14th SFS  
**Staff Sgt. Jonathan Gallardo Reyes**, 14th SFS

**Staff Sgt. Steven McCray**, 14th Logistics Readiness Squadron

**Staff Sgt. Nathaniel Farinas**, 14th MDOS



# The Overrun opens for business

**2nd Lt. Lauren Woods**  
14th Flying Training Wing  
Public Affairs

At 10:30 a.m., the atmosphere in the building was electric. Staff checked the registers one last time while technicians finished hanging wall signs.

Already the door was propped open, causing the smell of freshly-cooked wings to waft through the building.

At 11 a.m. on Feb. 1, exactly nine months after it closed for renovations, The Columbus Club was once again open for business.

The Columbus Air Force Base Community Club closed May 1, 2015, in order to change out the Heating, Ventilation and Cooling system, during which base personnel took advantage of the closure to refresh the building's interior. A team comprised of personnel from multiple base agencies, led by the 14th Mission Support Group Commander's Action Group Chief, Capt. Bri Peterson, spearheaded the nine-month, \$1.3-million renovation process.

Peterson explained that the renovation was critical because the

club is the primary location for indoor events.

"We have events from spouse club meetings to assignment nights to graduations," Peterson said. "The new HVAC system was the main cause, but we completely redid the decorations. New paint, new carpet, new ceiling tiles, fans, lights, the whole thing is new."

One of the largest changes was the rechristening of the club's restaurant, previously known as Indy's, to The Overrun.

"Indy's was named because it was on Independence Avenue," Peterson said. "Col. (John) Nichols (14th Flying Training Wing Commander) wanted something with heritage, and to build interest we decided to get the base community involved (by holding a naming contest). The Overrun was chosen because, kind of like how golfers

have the 19th Hole, pilots finish flying and go to the Overrun."

Getting the building ready in time was not simple.

"The time frame was a challenge, getting all the moving pieces put together," Peterson said. "In addition we worked with pretty much every single agency on base, requiring a lot of coordination."

Fred Mamiya, 14th Force Support Squadron Sustainment Flight Chief, echoed the sentiment.

"The time frame was definitely challenging, but the results are way beyond my expectations. It's a beautiful club," Mamiya said. "We're still working out some of the hiccups, but that happens at every club regardless of whether it's a grand opening or every day."

While expectations for the refreshed club are high, the staff is confident they can not only meet



U.S. Air Force photo/2nd Lt. Lauren Woods  
**David Tedford, Hunt Housing technician, grabs a plate of the "Chef's Special" Feb. 1 on the reopening day of the Columbus Club on Columbus Air Force Base, Mississippi. The Columbus Club has been undergoing renovations for the past nine months.**

but exceed them. Lance Orsborn, Executive Chef of the Columbus Club and The Overrun, was confident as he finished setting out supplies for the lunch buffet.

"It's great to be back in business," Orsborn said. "We completely refreshed the menu and I think customers are going to love it."

As the clock hit 11 a.m., the customers began to arrive. David Tedford, Hunt Housing Technician, was the first in line.

"I used to come here two to three times per week," Tedford said as he sat down with a plate of the lunch buffet. "I will definitely be back."

The Overrun is open every day for lunch from 11 a.m. to 1:30 p.m., with a different buffet available each day. A Grand Opening ceremony was held at 10:14 a.m. Feb. 5, where Nichols cut a ribbon signifying the reopening of the Columbus Club.

## Air Force Readiness Programs

(Editor's note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of the activities listed, call 434-2790.)

### Wing Newcomers Orientation

This brief is held 8 a.m. – 12:15 p.m. Feb. 9. It is mandatory for newly arrived active-duty and civilian personnel. Spouses are encouraged to attend. The orientation is held at the Columbus Club; for more information, call 434-2839.

### First Term Officer's PFR

The First Term Officers' Personal Financial Readiness Workshop is required by AFI for all newly assignment personnel to their first station. The event is held 9-10 a.m. Feb. 9. Call 434-2790 to sign up.

### Military Life Cycle

The Military Life Cycle workshop, held 1 - 2 p.m. Feb. 9, allows the VA contractors to explain to service members; whether first term, separating, retiring or a veteran, what services the VA offers and what they are able to provide throughout the member's military career and how to apply for benefits. To register and more information please call 434-2790.

### Air Force JROTC Program Instructors

This workshop is held 10:30 a.m.-noon Feb. 10. It explains the AFJROTC Program and provides information on being an instructor for the Air Force Junior ROTC program. For more information or to register call 434-2790.

### Troops To Teachers

This workshop is held 10:30 a.m.-noon Feb. 10. It is an informational workshop for members pursuing or interested in a teaching career after the military. For more information or to register call 434-2790.

### Smooth Move

This class, held 10 - 11:30 a.m. Feb. 16, is a class providing relocating members/families with valuable information about moving. You learn what to expect from TMO, Housing, Military Pay, Legal, Billeting, Tri-Care, Medical Records, and A&FRC. Please call 434-2790 to register.

### Capstone

This class is scheduled for 8 a.m. – noon Feb. 18. The Capstone is required for all separating/retiring personnel and should occur no later than 90 days prior to anticipated separation/retirement; however, if a member has less than 90 days left in the military, the member should attend as soon as possible within their remaining period of service. It verifies if service members have/have not met their Career Readiness Standards/Individual Transition Plan Checklist, DD Form 2958. The checklist, in conjunction with the ITP, will be used by the A&FRC to verify status of CRS completion. Call 434-2790 for more information.

## Art exhibit featured in Columbus Club



U.S. Air Force photo/Elizabeth Owens  
**Col. John Nichols, 14th Flying Training Wing Commander, and Dianne James, 14th Mission Support Group Commander's Secretary, view the art in the new art exhibit Feb. 1 in the Columbus Club on Columbus Air Force Base, Mississippi. The art currently featured is by Mississippi native Frances Hairston.**

### Military Saves Week 2016

The 2016 Military Saves Week is Feb. 22-27. Its slogan is "Start Small, Think Big" and the theme for 2016 is "Make Saving Automatic." The goals of Military Saves Week are to increase participation, foster partnerships, and increase financial readiness and stability. For more information call 434-2790.

### Military Saves – Thrift Savings Plan

A Military Saves Thrift Savings Workshop is held 11:30 a.m. -12:30 p.m. Feb. 22. it encourages the military community to Build Wealth, Not Debt. Learn how to start saving for retirement early, call 434-2790 for more information and to register.

### Bundles of Joy

This workshop is held 1 – 3:30 p.m. Feb. 24, and is for active-duty families assigned to Columbus AFB who are expecting or have a child up to 4 months of age. It is an Air Force Aid Society program with presentations about topics such as Tricare, child care, breastfeeding, car seat safety, labor and delivery and more. For more information or to register call 434-2790.

### Pre-separation Counseling

This counseling is a mandatory briefing for personnel separating or retiring, to be completed at least 90 days prior to separation. It may be completed up to 12 months prior to separation or retirement. The counseling is held daily at

8:30 a.m. It takes approximately 60 minutes. Please contact A&FRC, 434-2839/434-2790 for more information.

### Pre, Post Deployment Tour Brief

These briefings are mandatory briefings for active-duty personnel who are either deploying or returning from deployment or a remote tour. The briefings are held daily at the A&FRC. Pre-deployment is at 9:30 a.m., and post-deployment is at 1:30 p.m. Please contact A&FRC, 434-2839/434-2790 for more information.

### Survivor-Benefit Plan

Are you nearing military retirement? The one decision you will need to make before you retire involves participation in the Survivor Benefit Plan. As with all good decision-making, you need to know the facts before you can make a sound decision, and be wary of anyone telling you they can offer you a better deal. Always get the true facts about the SBP before making up your mind. Additional details are available by calling (662) 434-2720.

### Military and Family Life Consultant Program

The MFLC counselors provide non-medical counseling to help Airmen (both single and married), their spouses and other family members to cope with stressful situations created by deployments, reintegration, and life challenges such as

marital issues, parenting, career stress and anger. All consultants are licensed mental health providers. Counselors can meet either on or off base. There is no charge for services and appointments can usually be made within one to two days. To contact the MFLC, call 662-364-0504.

### Volunteer Opportunities

If you are interested in volunteering please contact the Airman & Family Readiness Center. We have volunteer opportunities located throughout the base for a one-time event, special events, or on a continual basis. Volunteers are needed on base at the Youth Center, Child Development Center, Library, Golf Course, Medical Clinic, Chapel, Airman Attic, Thrift Store, the Retiree Activities office and many others. For more information please call A&FRC at 434-2790.

## Chapel Schedule

Whether you are new to Columbus Air Force Base or have been around for a while, our parish communities welcome you to join us as we worship, fellowship, and encourage one another. For more information, please call 434-2500.

The Chapel offers the following weekly programs:

6 p.m. – AWANA, a religious education program for children ages three years old to 6th grade

6 p.m. – Adult Bible study on the Gospel of John

6 p.m. – Youth Group

### Catholic Community

**Sunday: Feb. 7**

3:35 p.m. Religious education, grades K-9

4 p.m. Choir practice

4p.m. Confession (or by appointment)

5 p.m. Mass

**Tuesday: Feb. 9**

1130 a.m. Daily mass

**Wednesday: Feb. 10**

1130- 1230 - Ash Wednesday

**Friday: Feb. 12 - March 18 (Every Friday)**

5:00 p.m. Stations of the Cross

**Saturday: Feb. 13**

5 p.m.- Mass and Confirmation with Bishop Buckon

**Sunday: Feb. 14**

Confession by appointment only

3:45 No Religious Education, grades K-9 (RE Classrooms)

4 p.m. No choir practice (Chapel Sanctuary)

5 p.m. No mass (mass will be Saturday Feb. 13 @ 5 p.m.)

### Protestant Community

**Sunday:**

9 a.m. – Adult Sunday School (Chapel Library)

10:45 a.m. – Traditional Worship Service

**Tuesday:**

5 p.m. – Student Pilot Bible Study (Chapel Library)

**Wednesday:**

4 p.m. - Music Rehearsal

# Columbus Airman discharged during court martial

**14th Flying Training Wing Public Affairs**

(Editor's note: Courts-Martial are a matter of public record and can be found at [afjag.af.mil/docket](http://afjag.af.mil/docket).)

A 14th Security Forces Squadron Airman faced three charges during a court-martial proceeding that ended Jan. 27.

Airman Basic Ryan Troester was charged with dereliction of duty for underage drinking and failure to obey a lawful general regulation (Air Force Instruction 90-507) for using oxycodone in a manner contrary to its intended medical purpose, both in violation of Article 92 of the Uniformed Code of Military Justice. He was also charged with wrongful use of methamphetamine, in violation of Article 112A, UCMJ.

The airman basic pled and was found guilty to the meth use and dereliction of duty for underage drinking. He pled and was found not guilty to failure to obey a lawful general regulation for using oxycodone in a manner contrary to its intended medical purpose.

The drug use was discovered when Troester was selected for a random urinalysis test, and then was tested again a week

later during a squadron-wide, commander-directed urinalysis. He tested positive for methamphetamines in both samples. He was later tested again per a wing re-inspection policy, and the sample was positive for oxycodone. Additional tests over a period of two months also resulted in positive samples, first for oxycodone and then again later for meth.

Capt. Luke McPherson, 14th Flying Training Wing Deputy Staff Judge Advocate, was the Government Trial Counsel in the case. He said when a sample tests positive for a prescription drug, it is sent to the 14th Medical Group and evaluated by a medical review officer.

McPherson said the medical review officer discovered Troester was prescribed oxycodone following a wisdom tooth removal, but the procedure was seven months before he tested positive for the drug. Had he used the oxycodone as prescribed after the procedure, there was no medical need for Troester to still have or be taking it seven months later.

According to AFI 90-507, the knowing use of any intoxicating substance, excluding alcohol and tobacco but including controlled substances, in any manner to alter mood or

function is prohibited. During the court martial, although Troester had been directed by his dentist to dispose of any remaining medication, he provided evidence that indicated the oxycodone was used for pain.

"You always want to be careful about using prescription drugs for other ailments than what they are originally prescribed, or if it's been a long period of time since it was prescribed," McPherson said. "It may not necessarily be deemed wrongful, but it will likely raise questions."

Troester claimed he had been experiencing problems with his personal life for the reason why he started using meth.

"The meth use was 100 percent wrong. It was an illegal drug and didn't matter why he was using it," McPherson said. "The Air Force has zero tolerance for illegal drug use."

"Everybody experiences different challenges at some point in their lives," he added. "There are healthy outlets and avenues to go about addressing those challenges. Illegal drug use is never one of them."

Troester was sentenced to a bad conduct discharge, 25 days confinement and \$780 forfeiture of pay.



### Columbus Air Force Base Information and Events

Join our Facebook page at Columbus AFB Living, Twitter at @columbusafbliving, MyAirForceLife App on any smart phone or visit our website at columbusafbliving.com to keep up to date with all the great events happening around base. Check out the calendar on the website for important Airman and Family Readiness Center events. For more information, contact 434-2337.

### Youth Super Bowl Party

The Youth Center is offering a Youth Super Bowl Party at 4 p.m. Feb. 7. The cost is only \$15 per person; refreshments provided. Youth to guess closest to the final score will win a prize. Must have 15 registered to offer. For more information, contact 434-2504.

### Super Bowl Party

The Columbus Club is offering a Super Bowl Party Feb. 7. Doors open at 4:30 p.m.; game starts at 5:30 p.m. Enjoy All You Can Eat Buffet and a chance to win \$5,000 in great prizes. Purchase your advance tickets Monday – Friday 9 a.m. – 3 p.m. at the Event Center.

The cost is only \$8 for Club members; \$10 for non-members. Tickets purchased at the door are \$10 for Club members; \$12 for non-members. Ticket price for children ages 5 – 12 is \$5; under 5 is free. Become a Club member during the Super Bowl Party and receive three months of free membership dues. For more information, contact 434-2489.

### Club Member Appreciation Week

The Columbus Club would like to show their appreciation to their club members. All Club members enjoy half off lunch buffet Feb. 8 – 12. Free monthly breakfast is coming soon for club members. For more information, contact 434-2489.

### Youth Sports Registration

The Youth Center is offering registration until Feb. 12 for the following sports: youth spring soccer, baseball, T-ball and girls softball. The cost is only \$35 for ages 3 – 4; \$40 ages 5 – 18. Volunteer coaches needed. For more information, contact 434-2504.

### Sweetheart Golf Outing and Dinner

The Golf Course is offering a Sweetheart Golf Outing and Dinner at 2 p.m. Feb. 13. The cost is only \$50 per couple; includes 9 holes of golf, cart rental, and a steak dinner with a rose for the ladies. Register and pay no later than noon Feb. 5. For more information, contact 434-7932.

### Youth Pre-Valentine's Day Dance

The Youth Center is offering a Pre-Valentine's Day dance from 6 – 10 p.m. Feb. 13 for ages 9 – 18. Enjoy music, refreshments, and lots of fun. The cost is only \$5 per person. Must have 15 registered by Feb. 8 to offer. For more information, contact 434-2504.

### Valentine's Day Brunch

The Columbus Club is offering a Valentine's Day Brunch 10:30 a.m. – 1:30 p.m. Feb. 14. Reservations are required by Feb. 10. Brunch prices are: Adult Club members, \$17; non-members, \$20; children (ages 5 – 11) are \$8; under 5 is free. For more information, contact 434-2489.

### Wee Babies

The Base Library is offering Wee Babies at 11 a.m. Feb. 16. This program is for 0 – 4 years old and promotes rhythm, kinesthetic and body awareness using song, dance and activities. For more information, contact 434-2936.

### Black History Month 5K Fitness Run

The Fitness Center is offering a 5K fitness run/walk at 7 a.m. Feb. 19 in honor of Black History Month. Commander's trophy points awarded. For more information, contact 434-2772.

*Celebrate Love*  
*at your Columbus Club inside the*  
*Event Center*

*Valentine's Day Brunch*  
*February 14*  
*Reservations Required by Feb 10*

**Cooking Station with:**  
Roast New York Strip  
Creole Pork Tenderloin  
**Fried Chicken**  
**Ham**  
**Bacon**  
**Sausage**

**Vegetable Station with:**  
White Truffle Oil Mashed Potatoes  
Green Beans  
Corn  
Rice Pilaf  
Turnip Greens  
Bacon Cabbage  
Macaroni & Cheese  
Black Eyed Peas

**Salad Bar**  
**Dessert Station**  
**Waffle Station**  
**Omelet Station**  
**Beverage Station with:**  
Champagne Mimosa

*Seating begins at 10:30*  
*with additional seating*  
*times every 30 minutes*  
*until 1:30*

**Adult Cost**  
**\$17 Members**  
**\$20 Non-Members**  
**\$8 for children ages 5-11**  
**Free to ages 4 & under**

*Make Reservations by calling 434-2489* **AF**

### Youth Photography Competition

The Youth Center is offering a Youth Photography Competition from 3 – 6 p.m. Feb. 18 for ages 6 – 18. Categories include: culture and tradition, surroundings, portraits, and one of a kind. Submit photographs by Feb. 16. For more information, contact 434-2504.

### Monster Jam Tickets

Information, Ticket and Tours is offering Monster Jam tickets for purchase. This event will be held at the Bancorp South Arena in Tupelo, Mississippi, at 7:30 p.m. Feb. 19 or at 2 and 7:30 p.m. Feb. 20. The cost is only \$19 per adult ticket; kids 2 – 12 years is \$13. Tickets must be paid for in advance no later than 4 p.m. Feb. 5. For more information, contact 434-2505.

### Glo ball Tournament

The Golf Course is offering a glo ball tournament at 6 p.m. Mar. 4. The cost is only \$35 plus cart per member; \$45 plus cart per non-member and includes 18 holes of glo ball golf and chili dinner prior to play. Must have 24 participants paid by noon Feb. 5 to offer. For more information, contact 434-7932.

### Columbus Club Reopens

We are excited to announce that your Columbus Club is open. Lunch Buffet is available Monday – Friday 11 a.m. – 1:30 p.m.; Monday – Chef Special, Tuesday- Italian or Mexican, Wednesday – Pizza and Wings, Thursday- Southern, Friday – Catfish and Spaghetti. Buffet Prices are \$7.95 for Club members; \$8.95 for non-members. For more information, contact 434-2489.

### Base Library Relocation

The Base Library has relocated to the Education Center, building 916, rooms 3, 4, and 6. Hours of operation are as follows: Tuesday, Thursday and Friday 10:30 a.m. – 2:30 p.m. and Sundays 1 – 5 p.m. For more information, contact 434-2934.

### Monte Carlo Cosmic Bowling

The Bowling Center is offering Monte Carlo Cosmic Bowling the first and third Saturday of each month. Bowl for a chance to win \$200. The cost is only \$20; early bird \$17. Bowling starts promptly at 6 p.m. For more information, contact 434-3426.

### Story Time at the Library

The Base Library is offering Story Time every Friday at 10:30 a.m. for all ages. For more information, contact 434-2934.

### Bowling Center Party Specials

The Bowling Center is offering two options for all your party needs. Option 1 includes two hours of unlimited bowling and shoe rental for only \$8.50 per person. Option 2 includes two hours of unlimited bowling, shoe rental, and a child meal for only \$11.50 per person. Choice of meal includes chicken tenders, hot dog, corn dog, or grilled cheese served with fries and drink. You may bring in a cake, cupcakes, and ice cream. No other outside food and drinks allowed. For more information, contact 434-3426.

### Cosmic Bowling Special

The Bowling Center is offering Cosmic Bowling for only \$12 per person every Friday and Saturday night from 5 – 8 p.m. You also may purchase individual games for \$3 per game with purchase of \$1.50 shoe rental. For more information, contact 434-3426.

### Lawn Mower Repair

Lawn mower repair is now available at Outdoor Recreation. The cost is only \$40 per hour plus parts; pickup and delivery available. For more information, contact 434-2507.

### Gymnastics Instructor Needed

Gymnastics Instructors needed at the Youth Center. For more information, contact Kayline Hamilton at 434-2503.

### Hobby and Craft Instructors Needed

Do you have a hobby or craft project you can share with others? For more information, contact 434-7836.

### Volleyball Open Play

The Fitness Center offers volleyball open play every Sunday from 1 – 3 p.m. For more information, contact 434-2772.

### Referees Needed

Referees needed for various sports at the Fitness Center. For more information or to sign up, contact 434-2772.

### GoPro Rental

Capture the moment by renting a GoPro Hero 3 from Outdoor Recreation. Cost is only \$10 for a 2-day rental. Single Airmen may receive a 2-day rental at no charge during Single Airman programming events. For more information, contact 434-2505.

### Play Paintball

Book your next paintball event at Outdoor Recreation. The cost is \$15 per person for a party of 10 or more; \$20 per person for party of 9 or less. You must purchase paint at Outdoor Recreation for \$45 per case of 2,000. For more information, contact 434-2505.

### Free Pool Passes and FootGolf

Independence Pool Passes and FootGolf is included with Whispering Pines Golf Membership. . If you have an individual golf membership, you receive an individual pool pass and FootGolf membership and if you have a family golf membership, you receive a family pool pass and FootGolf membership. Visit Outdoor Recreation for your free pool pass today. For more information, contact 434-2505.

# Trigger point dry needling can ease pain

## 14th Medical Group

Trigger point dry needling is the use of sterile, solid, filiform needles to treat acute and chronic musculoskeletal pain.

The term “dry needling” is used because no medication is inserted into the body.

A trigger point is a hyperirritable spot in the muscle that is usually a palpable, taut band. It is believed that trigger points elicit local tenderness and are capable of causing referred pain.

Trigger points can be found in any skeletal muscle in the body. A common trigger point is found in the upper trapezius muscle and often causes neck pain and headaches.

TDN should not be confused with traditional acupuncture. Traditional acupuncture relies on “meridians” to determine where to place the needles. Also, acupuncture can be used to treat pain that is not musculoskeletal in nature.

TDN can be performed by physical therapists, physicians and chiropractors. Capt. Adrian Marrero, 14th Medical Operations Squadron, has been certified in TDN since 2011.

TDN is not a stand-alone treatment, but rather is combined with other physical therapy treatments to provide the best outcome. Typically, one to two muscles are treated with two to eight needles per muscle. In most cases the needles are left in from 10 seconds up to five minutes depending on the case.

Most patients will report an ache with the technique and can be sore for up to 2-3 days. Most patients will notice positive results in one to four treatments. Despite soreness in the muscles, another side effect is the possibility of bruising.

The major contraindications for TDN treatment are individuals taking blood thinners, immunosuppressant medications, are younger than 12 or have a fear of needles.

Patients often ask, “How does TDN work?” Unfortunately, at this time there are only theories to answer this

question. One theory is that inserting a needle into the body inhibits pain signals in our spinal cord and increases the release of our own pain relieving chemicals within our brain. Another theory is that by inserting a needle into soft tissue creates micro-trauma to the tissue, thus causing your body to “restart” the tissue repair cycle.

Also, it is thought when a needle is inserted into a muscle a local twitch response (a quick involuntary contraction of the muscle) may occur, thus relaxing a muscle that is in constant spasm. Hopefully, future research will shed more light on the actual effects of TDN.

Many physical therapy patients at Columbus Air Force Base have already experienced the benefits of TDN. Like most things in medicine there are those who are responders and those who are non-responders to TDN. If you have questions or think you may benefit from TDN, contact Marrero and his staff at 434-2120 to find out if TDN is right for you!

# Have medical questions? Call the TRICARE Nurse Advice Line

## Maj. Michelle Lempke

14th Medical Operations Squadron  
Health Care Integrator

Sometimes it is difficult to know when to seek medical help for acute health problems, so having access to professional advice at a moment's notice is invaluable.

The Military Health System's new Nurse Advice Line for TRICARE beneficiaries does just that. Since late April 2014, TRICARE beneficiaries in the continental United States, Alaska and Hawaii can call the NAL toll-free twenty-four hours a day, seven days a week.

The NAL is a team of registered nurses who are available to answer a variety of urgent healthcare questions. They can help you decide whether self-care is the best option or if it is better to see a healthcare provider. There will always be a live person on the line to address patient concerns.

When calling the NAL, a customer service representative will verify the beneficiary's eligibility through the Defense Enrollment and



**Call 1-800-TRICARE (874-2273); Option 1**  
**24 hours a day, 7 days a week**

Eligibility Reporting System. Beneficiaries with an acute health care concern will be connected with a registered nurse who will ask a series of standard questions to deter-

mine the best course of action.

The NAL offers a variety of solutions for all TRICARE beneficiaries. For pediatric issues, the NAL will route the beneficiary to

a pediatric nurse. If follow-up is necessary or requested, the NAL will call the beneficiary back to check the child's status a few hours later.

The NAL will make same-day appointments, or next-day appointments if appropriate, with the beneficiary's primary care manager for TRICARE Prime beneficiaries who are enrolled to Military Treatment Facilities. If a same-day appointment is not available, the NAL will direct the beneficiary to the closest urgent care center and inform the PCM of the referral to avoid point-of-service bills. All other TRICARE beneficiaries who are not enrolled to a MTF will receive professional health advice about their urgent health concern.

Beneficiaries can still call their PCM or clinic, but the NAL is another option for beneficiaries to access the care they need and want in a timely fashion. To access the NAL, dial 662-434-2273, option 2 then option 1 or 1-800-TRICARE (1-800-874-2273), Option 1 if you are traveling out of the area.

Visit [www.columbus.af.mil](http://www.columbus.af.mil) to learn about Columbus AFB agencies and other important information.



# Blaze Hangar Tails: HH-60 Pave Hawk

**Mission**  
The primary mission of the HH-60G Pave Hawk helicopter is to conduct day or night personnel recovery operations into hostile environments to recover isolated personnel during war. The HH-60G is also tasked to perform military operations other than war, including civil search and rescue, medical evacuation, disaster response, humanitarian assistance, security cooperation/aviation advisory, NASA space flight support, and rescue command and control.

**Features**  
The Pave Hawk is a highly modified version of the Army Black Hawk helicopter which features an upgraded communications and navigation suite that includes integrated inertial navigation/global positioning/Doppler navigation systems, satellite communications, secure voice, and Have Quick communications.  
All HH-60Gs have an automatic flight control system, night vision goggles with lighting and forward looking infrared system that greatly enhances night low-level operations. Additionally, Pave Hawks have color weather radar and an engine/rotor blade anti-ice system that gives the HH-60G an adverse

weather capability.  
Pave Hawk mission equipment includes a retractable in-flight refueling probe, internal auxiliary fuel tanks, two crew-served 7.62mm or .50 caliber machineguns, and an 8,000-pound (3,600 kilograms) capacity cargo hook. To improve air transportability and shipboard operations, all HH-60Gs have folding rotor blades.  
Pave Hawk combat enhancements include a radar warning receiver, infrared jammer and a flare/chaff countermeasure dispensing system.  
HH-60G rescue equipment includes a hoist capable of lifting a 600-pound load (270 kilograms) from a hover height of 200 feet (60.7 meters), and a personnel locating system that is compatible with the PRC-112 survival radio and provides range and bearing information to a survivor's location.  
Pave Hawks are equipped with an over-the-horizon tactical data receiver that is capable of receiving near real-time mission update information.

**Background**  
The Pave Hawk is a twin-engine medium-lift helicopter operated by Air Combat Command, Pacific Air Forces, Air Education and Training

Command, U.S. Air Forces in Europe, Air National Guard and Air Force Reserve Command.

Pave Hawks have a long history of use in contingencies, starting in Operation Just Cause. During Operation Desert Storm they provided combat search and rescue coverage for coalition forces in western Iraq, coastal Kuwait, the Persian Gulf and Saudi Arabia. They also provided emergency evacuation coverage for U.S. Navy SEAL teams penetrating the Kuwaiti coast before the invasion.

During Operation Allied Force, Pave Hawks provided continuous combat search and rescue coverage for NATO air forces, and successfully recovered two Air Force pilots who were isolated behind enemy lines.

In the aircraft's humanitarian relief missions, three Pave Hawks deployed in March 2000 to Mozambique, Africa, to support international flood relief operations. The HH-60s flew 240 missions in 17 days and delivered more than 160 tons of humanitarian relief supplies.

After Hurricane Katrina in September 2005, more than 20 active-duty, Reserve, and National Guard Pave Hawks were deployed to Jackson, Miss., in support of re-



U.S. Air Force photo/Tech. Sgt. Lance Cheung

**California Air National Guard pararescuemen of the 129th Rescue Wing, Moffett Federal Airfield, California, climb up a moving rope ladder, from the chilly waters outside the Golden Gate Bridge, up to a HH-60G Pave Hawk. The HH-60G's primary wartime mission is combat search and rescue, infiltration, exfiltration and resupply of special operations forces in day, night or marginal weather conditions.**

covery operations in New Orleans and surrounding areas. Pave Hawk crews flew 24-hour operations for nearly a month, saving more than 4,300 Americans from the post-hurricane devastation.

Within 24 hours of the earthquake and tsunami in Japan, HH-60Gs deployed to support Operation Tomodachi providing search and rescue capability to the disaster relieve

Today, Pave Hawks continue to deploy in support of operations in Afghanistan, Iraq and Libya. HH-60 crews have aided hundreds of American, coalition, and foreign-national personnel by conducting personnel recovery and medical evacuations or MEDEVAC missions under low visibility, low illumination conditions at all altitudes.

## General Characteristics

**Primary Function:** Personnel recovery in hostile conditions and military operations other than war in day, night or marginal weather  
**Contractor:** United Technologies/Sikorsky Aircraft Company

**Power Plant:** Two General Electric T700-GE-700 or T700-GE-701C engines

**Thrust:** 1,560-1,940 shaft horsepower, each engine

**Rotor Diameter:** 53 feet, 7 inches (14.1 meters)

**Length:** 64 feet, 8 inches (17.1 meters)

**Height:** 16 feet, 8 inches (4.4 meters)

**Weight:** 22,000 pounds (9,900 kilograms)

**Maximum Takeoff Weight:** 22,000 pounds (9,900 kilograms)

**Fuel Capacity:** 4,500 pounds (2,041 kilograms)

**Payload:** depends upon mission

**Speed:** 184 mph (159 knots)

**Range:** 504 nautical miles

**Ceiling:** 14,000 feet (4,267 meters)

**Armament:** Two 7.62mm or .50 caliber machineguns

**Crew:** Two pilots, one flight engineer and one gunner

**Unit Cost:** \$40.1 million (FY11 Dollars)

**Initial operating capability:** 1982

**Inventory:** Active force, 67; ANG, 17; Reserve, 15

## MyMC2 app

Welcome to the My Military Communities information page. MyMC2 is the mobile application that centralizes all of your installation's community events, organizations and services right in your pocket.



## How do I get MyMC2 for my phone?

You can access this app by navigating to the native app store or market on your device and search for "MyMC2", or you can scan this QR code and it will take you directly to the download page in your phone.



iPhone  
QR code

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QR code

If you have any questions or need support please visit [www.facebook.com/mymc2support](http://www.facebook.com/mymc2support)

## VIEWPOINT

# Special observances enhance our value

## Chief Master Sgt. Rita Felton

14th Flying Training Wing Command Chief

My first active duty assignment was Hahn Air Base, Germany. This assignment impacted my life because of the people who took an interest in me and provided mentoring and coaching to make me a better Airman.

Over 29 years later, I still find those foundational lessons valuable and I continuously share them every opportunity I get.

One of those lessons that made me a better person was attending and supporting special observances.

Special observances are conducted to enhance cross-cultural awareness throughout our enterprise. These observances recognize the achievements and contributions made by members of specific racial, ethnic or gender groups in our society while promoting understanding, teamwork, harmony, pride and esprit



*We are the world's premier Air Force because we do embrace each other's strengths, perspectives and capabilities which provide an opportunity for everyone to reach their full potential.*

de corps among all groups. Bottom line, it is about valuing and celebrating the diversity of those you work alongside every day.

We are the world's premier Air Force because we do embrace each other's strengths, perspectives and capabilities which provide an opportunity for everyone to reach their full potential. As Team BLAZE leaders we are committed to building an environment that promote mutual respect and trust while promoting the development and mentorship of our Airmen, families and civilians. This is what sets us apart from other organizations

## HISTORY

(Continued from page 12)

Bush's longtime friend, Fletcher Wiley proclaimed Bush "stormed the beaches of equal rights and was determined to make sure the next generation had a safe landing zone." Chuck Bush died at his home in Lola, Montana, on Nov. 5, 2012.

Thanks to the Tuskegee Airmen, Bessie Coleman and ground breakers like Charles Bush, we are able to celebrate their excellence and highlight a small corner of our American history. The Tuskegee Airmen were known as "black" pilots. With their service and excellence, now we are considered Air Force pilots; American patriots like so many others serving our country to the best of our ability.

These three examples epitomize African-Ameri-

can History Month; they were all first! They cut the path, leveled the ground and smoothed the way for many others to follow. We stand on the shoulders of these giants.

Their legacy is not only African-American history, but American history. February is not only African-American History Month, but another American History month. Thanks to the men and women of Tuskegee. Thank you Bessie Coleman for showing young American women how to achieve a goal no matter the obstacles. All of their examples of resolve, purpose and superiority are what African-American History month means. They truly rose from adversity through courage and commitment and set a standard few will transcend. Join Team Blaze in celebrating our American history this February.

# Cycle safe, wear a helmet



U.S. Air Force photo/Senior Airman Brian Ferguson

**An HH-60 Pave Hawk helicopter lands as a UH-60 Blackhawk prepares to pick up a medivac patient June 13, 2006. The Pave Hawk is part of the 41st Expeditionary Rescue Squadron in Kandahar, Afghanistan. The squadron is the first squadron to combine rescue and medivac missions into the same squadron.**



# African-American History: American History

**Lt. Col. Charles Gilliam**  
14th Student Squadron  
Director of Operations

Inscribed on a bronze statue of an African American World War II fighter pilot located at the Air Force Academy is a quote that sums up my thoughts regarding the month of February, African-American History Month.

The statue reads, "They rose from adversity through competence, courage, commitment and capacity ... and to set a standard few will transcend."

This quote highlights the legacy of the highly revered Tuskegee Airmen. Their well-documented story inspires us all with their dedication and determination. The first aviation class with 13 cadets began July 19, 1941, with ground school training in subjects such as meteorology, navigation and instruments.

Their diversity was a force multiplier. Men and women came from every part of the country with a strong personal desire to serve the United States of America at the best of their ability. Their story inspired many from all walks of life. Even the famous entertainer, Lena Horne was inspired to visit Tuskegee.

I take comfort knowing standards were not lowered for the pilots or others who trained in operations, meteorology, intelligence, engineering and medicine. From 1941-1946, 996 pilots graduated from Tuskegee Army Air Field. They received commissions and pilot wings. The African-American navigators, bombardiers and gunnery crews were trained at other selected military bases elsewhere in the United States. These distinguished gentlemen pioneered aviation aspirations for generations to come.

Another pioneer, Bessie Coleman, was the first African-American female to earn a pilot's license. She was also the first African-American to hold an international pilot license. In 1922, a time of both gender and racial dis-



U.S. Air Force photo/Elizabeth Owens

**Lt. Col. Charles Gilliam, 41st Flying Training Squadron Director of Operations, poses for a photo with other "Buzzsaw" Airmen on Columbus Air Force Base, Mississippi, Feb. 1 before their flight that honored Black History Month. Black History Month takes place from Feb. 1-29 and honors the accomplishments of African Americans in every area of endeavor throughout our history.**

crimination, Bessie Coleman broke down barriers because flying schools in the United States denied her entry. She learned French and moved to France where she was trained at the well-known Caudron Brother's School of Aviation.

Bessie Coleman specialized in stunt flying and parachuting, earning a living entertaining thousands until her tragic death in 1926. Coleman remains a pioneer of women in the field of aviation.

Finally, the life of Charles V. "Chuck" Bush inspires and propels me toward greater heights. Chuck Bush was the first African-American graduate of the United States Air Force Academy.

His excellence started at an early age. In 1954, at age 14, Chuck Bush was selected by Chief Justice Earl Warren for appointment as the first African-American page of the Supreme Court of the United States. Bush served in Vietnam as an intelligence officer and later attended Harvard Business School.

During a memorial service, See HISTORY, Page 13



U.S. Air Force photo/Elizabeth Owens

**Lt. Col. Charles Gilliam, 41st Flying Training Squadron Director of Operations, prepares for a flight to honor Black History Month Feb. 1 on Columbus Air Force Base, Mississippi. National African American History Month had its origins in 1915 when historian and author Dr. Carter Woodson founded the Association for the Study of Negro Life and History. Woodson selected the week in February that included the birthdays of Abraham Lincoln and Frederick Douglass, two key figures in the history of African Americans.**



Courtesy photo/www.history.com

**On March 22, 1941, the War Department and the Army Air Corps activated the first black flying unit, the 99th Pursuit Squadron, at first composed of African American enlisted men, at Chanute Field, Illinois. The 99th Pursuit Squadron was later redesignated the 99th Fighter Squadron, and received its first pilots in March 1942, after they graduated from advanced flight training at Tuskegee Army Air Field.**

# Where do bald eagles fly?

**Frank Lockhart**  
14th Civil Engineer Squadron

Bald eagles were originally listed as Endangered on March 11, 1967, and then downgraded to threatened on July 12, 1995.

The Bald Eagle was delisted Aug. 8, 2007; however, they still remain a protected species.

Bald eagles fly along the Tennessee-Tombigbee waterway and adjacent lakes and ponds. There are currently 26 eagle nest locations between the Tennessee and Alabama state lines along the Tombigbee.

These nest locations are surveyed by the US Army Corp of Engineers. The survey records activity and the number of eaglets present. Their locations are recorded by GPS and the

nest activity information supplied to 14th Flying Training Wing Airspace Office.

Adults will stay in their territory of roughly one to six square miles year-round as long as there is open water nearby where they can hunt. The adults will bring food to where the eaglets are perched. Eaglets will stay close to the nest and nest tree during the first few weeks after fledging. Within one month after fledging, eaglets will soar and drift over the water.

Peak egg-laying occurs in December with hatching primarily in January. The female lays a clutch of one to three eggs, but the usual clutch is two eggs. Incubation begins when the first egg is laid and usually lasts 34 to 36 days. The young generally fly from the nest or fledge in 11 to 12 weeks, but the adults continue to feed them for another four to six

weeks while they learn to hunt.

Is this important to Columbus Air Force Base? Many of our low-level military training routes cross the Tombigbee waterway. After the eggs hatch, one of the adults will fly for food to bring back to the hatchlings/fledglings. Their favorite food is fish, which are plentiful along the waterway. They are also scavengers and look for carrion or small animals.

With the average weight of 10-14 pounds and constant flying for food during daylight hours, they can present a hazard to low-flying aircraft. Also, as a protected species, flying over their nests is considered harassment. Pilots are aware of the nest locations and should not fly closer than 500 feet above the nests. The average nest location is 80-100 feet AGL, which means aircraft should be no less than 600 feet AGL.

The Bald Eagle's 40 year journey from Endangered to a protected species is a good news story. We can all do our part to ensure these soaring symbols of our great nation are abundant for future generations to see.

## Responding to Military Children with Exceptional Needs™

Responding to Military Children with Exceptional Needs™ is a professional development institute designed to inform concerned adults about military-connected children with exceptional needs and the issues they may face as they transition from school to school.

**Save the Date! REGISTER TODAY**

**Feb. 25 & 26, 2016**  
8:00 am - 4:00 pm

East Mississippi Community College  
8731 South Frontage Road  
Mayhew, MS 39753

**Register here:**  
[www.MilitaryChild.org/training](http://www.MilitaryChild.org/training)

For more information about this training, other professional development opportunities, or support, please contact:

Myriam Virella at (254) 953-1923 x 1119 or [Myriam.Virella@MilitaryChild.org](mailto:Myriam.Virella@MilitaryChild.org)

**Sponsored by:**  
Air Force

There is no cost to participants

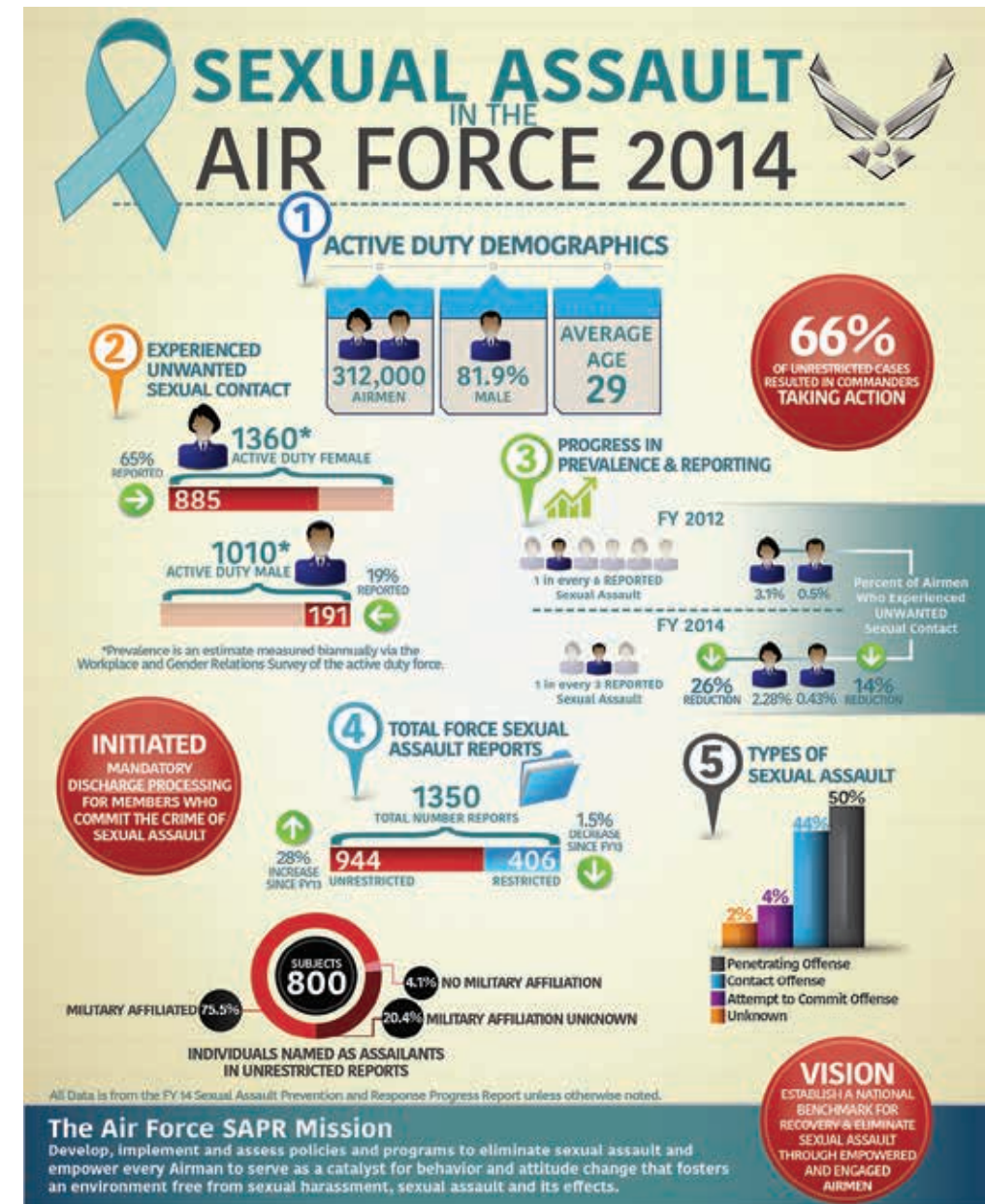
Upon completion of the training ( 12 clock hours) participants may apply for continuing education credits for a fee of \$25.00. CE credit applications must be received within 12 months from the completion of the training.

For additional information visit: [www.MilitaryChild.org/professionals/programs/continuing-education-graduate-credit](http://www.MilitaryChild.org/professionals/programs/continuing-education-graduate-credit)

**Military Child Education Coalition**  
909 Mountain Lion Circle • Harker Heights, Texas 76548 • (254) 953-1923 • [www.MilitaryChild.org](http://www.MilitaryChild.org)

The Military Child Education Coalition® solely exists to help the military and veteran-connected child thrive in the face of transition and separation.

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# Annual Award Nominees



## C3 Flight of the Year



**TexanWorld**  
14th Operations Group



**14th FTW Safety**  
Wing Staff Agency

## Airman of the Year



**Senior Airman Jessie Ewing**  
14th Mission Support Group



**Senior Airman Roger White**  
14th Operations Group



**Senior Airman Nathaniel Farinas**  
14th Medical Group



**Senior Airman Russell Johnson**  
Wing Staff Agency

## Honor Guardsman of the Year



**Senior Airman Nabila Ivaldi**  
14th Mission Support Group



**Senior Airman Dimitri Munoz**  
14th Medical Group



**Master Sgt. Angela Schlosser**  
14th Mission Support Group



**Master Sgt. Noe Torres**  
14th Medical Group

## Flight Commander of the Year



**1st Lt. Christopher Valencia**  
14th Mission Support Group



**Capt. Andrew Kline**  
14th Operations Group



**Maj. Carmelia Essien**  
14th Medical Group



**1st Lt. John Oms**  
Wing Staff Agency

## Category I Civilian of the Year



**Henry Lollar**  
14th Mission Support Group



**Constance Bailey**  
14th Operations Group



**David Ross**  
14th Medical Group



**Edna Crosman**  
Wing Staff Agency

## Non-Commissioned Officer of the Year



**Tech. Sgt. Victoria Thornton**  
14th Mission Support Group



**Tech. Sgt. Markus Anthony**  
14th Operations Group



**Tech. Sgt. Benjamin Hoffman**  
14th Medical Group



**Tech. Sgt. Jimmy Kitchens**  
Wing Staff Agency

## Company-Grade Officer of the Year



**1st Lt. Stephen Caple**  
14th Mission Support Group



**Capt. Richard Stead**  
14th Operations Group



**Capt. Jennifer Arce**  
14th Medical Group



**Capt. Justin Cadwell**  
Wing Staff Agency

## Instructor Pilot of the Year



**1st Lt. Timothy Jefferson Jr.**  
14th Operations Group



**Capt. Dwayne Booker**  
14th Operations Group



**Capt. Patrick Doyle**  
14th Operations Group



**Maj. Kelly Weber**  
14th Operations Group

## Senior Non-Commissioned Officer of the Year



**Master Sgt. Jason Layfield**  
14th Mission Support Group



**Senior Master Sgt. Joseph Arce**  
14th Operations Group



**Master Sgt. Tisha Everett**  
14th Medical Group



**Master Sgt. Nesha Willis**  
Wing Staff Agency

## Field-Grade Officer of the Year



**Maj. Nicholas Powers**  
14th Operations Group



**Maj. Oscar Corredor**  
14th Medical Group



**Maj. Nathan Preuss**  
Wing Staff Agency



**Rowdy Smith**  
14th Mission Support Group

## Flight Chief of the Year

## Category II Civilian of the Year



**Michael Schneider**  
14th Mission Support Group



**Kristina Conwill**  
14th Operations Group



**Phillip Walker**  
14th Medical Group



**John Lindell**  
Wing Staff Agency

## Volunteer of the Year



**Tech. Sgt. Erica McInnis**  
14th Mission Support Group



**Whitney Mullins**  
14th Operations Group



**Senior Airman Michael Anderson**  
14th Medical Group



**Master Sgt. Nesha Willis**  
Wing Staff Agency