

Military & Veterans
THANK YOU
FOR YOUR SERVICE

Enjoy a free year of Fox Nation!

► Unlock now at **FoxNation.com**

FOX NATION

America is Streaming.™

Return Service:
The Commercial
Dispatch
P.O. Box 511
Columbus, MS
39703

SILVER WINGS

“Train World Class Pilots”

Vol. 45, Issue 10

Columbus Air Force Base, Miss.

May 27, 2021

Columbus AFB COVID-19 Information

COVID-19 General Info

The base is focusing on early, prudent steps to slow the spread of COVID-19 and safety of Airmen, families and communities.

Off-limit areas include any business or establishment that does not comply with Federal, State, and local COVID requirements.

Social Gathering Limitations

- Kaye – 92 person limit
- Event Center/Club – 145 person limit
- Phillips Auditorium – 22 person limit
- Walker Center – 112 person limit



U.S. Air Force Photo by Elizabeth Owens
The newest honorary commanders for the 14th Flying Training Wing, pose for a group photo, May 20, 2021, on Columbus Air Force Base, Miss. The 14th FTW hosted a hail and farewell ceremony, inducting seven new honorary commanders.

Columbus AFB welcomes new Honorary Commanders

Danielle Knight

14th Flying Training Wing Public Affairs

The 14th Flying Training Wing hosted an induction ceremony May 20 at the Columbus Event Center on Columbus Air

Force Base, Mississippi to recognize its newest honorary commanders.

This year, over 70 people attended the hail and farewell re-

See **INDUCTION**, Page 3

CHECK OUT COLUMBUS AFB ON SOCIAL MEDIA



Columbus AFB YouTube page



columbus_afb



Columbus AFB Facebook page



www.columbus.af.mil

COVID-19

Coronavirus Disease 2019

First AF's 64th AEG Airmen support COVID-19 response in 30 states

Lt. Col. Jonathan F. Austin
64th Air Expeditionary Group

TYNDALL AIR FORCE BASE, Fla. — Airmen managed by First Air Force (Air Forces Northern)'s 64th Air Expeditionary Group are supporting Federal Emergency Management Agency's vaccination operations across FEMA Regions 5-10 including 30 states, four territories and the Republic of Marshall Islands.

"To date, Airmen from the 64th AEG distributed almost 748,000 vaccinations, and I couldn't be more pleased with their tenacious efforts supporting the whole-of-government effort," said Lt. Gen. Kirk Pierce, 1AF commander.

The 64th AEG, commanded by Col. David Vanderburg, provides administrative support for the 800 Air Force personnel assigned to five community vaccination centers. This includes the 64th Expeditionary Medical Operations Squadron located in Houston, Texas; Detachment 1 located in Detroit, Michigan; Detachment 2 located in Gary, Indiana; Detachment 3 located in Minneapolis, Minnesota; and Detachment 4 located in Grand Rapids, Michigan.

To operate these units, Air Force personnel from more than 30 Air Force installations cover all aspects of community vaccination center site operations from biohazard storage and disposal, supply delivery management, customer-service processing, vaccinations, post-vaccine monitoring and any first-aid response needed. In addition, they operate in various conditions from outdoor tented drive through facilities to indoor walk-in venues.

"A story about the unit wouldn't be complete without highlighting the accomplishments of what these great Airmen are doing every day to help save lives and return our country to normal," said Lt. Col. Jonathan F. Austin, 64th AEG deputy commander.

The 64 EMDOS's, 1st Lt. Marissa



U.S. Army photo by Spc. Andrew Wash

Airman 1st Class Pollyann Valenzuela, 75th Medical Group medic stationed at Hill Air Force Base, Utah, assigned to 1st Detachment, 64th Air Expeditionary Group, administers a COVID-19 vaccination to a local community member at the state-run, federally-supported Ford Field COVID-19 Community Vaccination Center in Detroit, Mich., March 26, 2021. The Ford Field CVC is being supported by members of the Federal Emergency Management Agency, Henry Ford Health Systems, Michigan Department of Health, Meijer and the U.S. Air Force. U.S. Northern Command, through U.S. Army North, remains committed to providing continued, flexible Department of Defense support to FEMA as part of the whole-of-government response to COVID-19.

Sunnekalb, a clinical nurse from Offutt Air Force Base, Nebraska, who served as observation nurse, established the 64th AEG's first Air Force COVID-19 mass vaccination site within five days of arrival. Her contributions allowed the team of 221 active-duty members to deliver more than 350,000 vaccinations. She leads a team of 12 medical personnel in the observation of up to 7,000 patients per day.

"Det. 1, 'Motor City's' medic, Airman 1st Class Pollyann Valenzuela, from Hill AFB, Utah, who served as a site vaccinator, summed up perfectly her contribution to the surrounding area of Detroit," Austin said.

"While this may appear as a simple shot to some ... to the citizens of Detroit, this has been a truly emotional gift that can help families, friends and loved ones unite and continue to live life again without the fear of the coronavirus," Valenzuela said. "I have personally witnessed the emotional impact that this pandemic can have on a person and am honored to be working alongside our interagency partners to support our nation's response."

Austin lauded the efforts of other AEG members who assisted the public.

"Two key members of Gary, Indiana's 'Screaming Eagles' CVC, Staff Sgt. Saun-

See COVID, Page 6

Silver Wings

How to reach us

14th Flying Training Wing Public Affairs
555 Seventh Street, Suite 210,
Columbus AFB, MS, 39710
Commercial: (662) 434-7068
DSN: 742-7068
Fax: (662) 434-7009
E-mail: silverwings@us.af.mil

Editorial Staff

Rita Felton
Chief of Public Affairs

Technical Sergeant Javier Cruz
NCOIC

Airman 1st Class Jessica Haynie
Editor
Public Affairs Specialist

Senior Airman Jake Jacobsen
Photojournalist

Airman 1st Class Davis Donaldson
Public Affairs Specialist

Mrs. Tina Perry
Layout Designer

Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

Published by The Commercial Dispatch Publishing Company, Inc., private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 14 FTW/PA office. This civilian enterprise newspaper is an authorized publication for members of the U.S. military services. Contents of the Silver Wings are not necessary the official views of, or endorsed by, the U.S. government, DoD, and the Department of the Air Force.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by DOD, the Department of the Air Force or Service Publications, Inc., of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron.

Editorial content is edited, prepared and provided by the 14 FTW Public Affairs Office of Columbus AFB, Miss. All photographs are Air Force photographs unless otherwise indicated.

The SILVER WINGS staff reserves the right to edit or rewrite all copy submitted when necessary. All photos are U.S. Air Force photos unless otherwise stated.

Submit all advertising to the Columbus, Miss., Commercial Dispatch advertising department one week prior to desired publication date. The advertising department can be reached at (662) 328-2424.

Apply Today for an Auto Loan from AFFCU

Low Rates
ON AUTO LOANS

And
NO CAR
PAYMENTS
for **60 DAYS***

- Pre-approval available for convenient shopping
- Open to the Golden Triangle

GoAFFCU.com
800.227.5328



Insured by NCUA.

1908 Hwy. 45 N. Ste. 1 • Columbus, MS
next to Starbucks

APR = Annual Percentage Rate and is subject to change at any time without notice. APR based on evaluation of applicant's credit, age of the auto, and term. Your APR may vary. Not all applicants will qualify for the lowest rate. All loans subject to credit approval. Membership eligibility required. Some restrictions may apply. *Interest loans must have equity in the vehicle to qualify for refinancing.



**To advertise in Silver Wings,
call The Commercial Dispatch
Advertising Department at 328-2424**

DUCKS UNLIMITED
800-45-DUCKS
A CFC participant - provided as a public service

13 MILLION ACRES... AND COUNTING

For more information, go to www.ducks.org

BAPTIST
JOB OPPORTUNITIES
HIRING NEW GRADUATES AND EXPERIENCED NURSE



OPEN POSITIONS AVAILABLE AT BAPTIST MEMORIAL HOSPITAL-GOLDEN TRIANGLE IN THE FOLLOWING AREAS:

REGISTERED NURSE NEEDED IN:

- ER
- CRITICAL CARE
- PROGRESSIVE CARE
- MED/SURG
- Skilled Nursing Facility
- Behavioral Health/Psych
- OR/PACU
- Oncology

STRONG COMPENSATION/BENEFITS PACKAGE!

Apply online at:
<https://www.baptistonline.org/careers>
Contact: Johnny.Judson@bmhcc.org
Phone: 662-244-2100
or Kristin.Melcher@BMHCC.org
Phone: 662-244-2300
Toll Free: 800-544-8762 Ext: 2100
P.O. Box 1307 Columbus, MS 39703

BANK OF VERNON
Congrats 2021 Graduates!

STUDENT CHECKING ACCOUNT

- Carries all benefits of normal checking account
- No minimum balance requirement
- No monthly service fee until age 23
- Free benefits

CDFI Member FDIC

VERNON, AL	COLUMBUS, MS	CALEDONIA, MS
44825 Hwy 17 205.695.7141	3561 Bluecutt Rd 662.661.7981	9715 Wolfe Rd 662.661.7980

"The staff at the Pines actually cares about me as an individual."

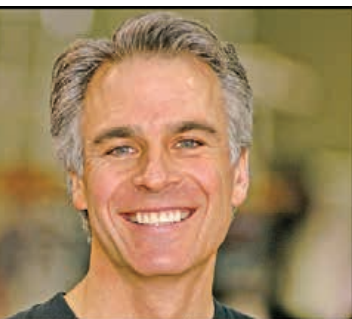


Photo for illustration purposes only.

"My past consisted of about 20 years of misery, nine years of prison, three different incarcerated treatment programs, and a mental hospital due to my drug abuse before I landed at the Pines. During my treatment here at the Pines, I developed relationships and a set of tools that have allowed me to further my burgeoning relationship with God. It also provided an environment that was therapeutically conducive to recovery. These people and this recovery community have become an important and dear part of my daily life. I now work, pay bills, go to church, go to meetings, work the steps, and most importantly enjoy the fruits of this sober life. As my therapist once told me, "you know, eating, showering daily, you know, hygiene is where it's at!" I love myself again. My faith in God and myself has never been stronger. I thank God, the Pines, and my parole officer for the amazing opportunity of a new life. I have ninety days sober and I'm still 'truckin', one day at a time."

© The Dispatch

COMMUNITY COUNSELING SERVICES

For more information:
www.ccsms.org/pach

WE WILL BUY OR SELL YOUR VEHICLE
Call Tousley Motors
662-329-4221 for details
4782 Hwy. 45 N., Columbus, MS

Finding cures.
Saving children.®

800-822-6344
stjude.org



St. Jude Children's Research Hospital

A CFC Participant. Provided as a public service.

WARNING SIGNS

Type 1 diabetes may occur suddenly and includes:

- Extreme Thirst
- Frequent Urination
- Drowsiness or Lethargy
- Increased Appetite
- Sudden Weight Loss
- Sudden Vision Changes
- Sugar in the Urine
- Fruity Odor on the Breath
- Heavy or Labored Breathing
- Stupor or Unconsciousness

A CFC participant. Provided as a public service.

JDRF JOINT DIABETES RESEARCH FOUNDATION **jdrf.org**



U.S. Air Force photo by Senior Airman Jake Jacobsen
Lt. Col. Joe McCane (left), 14th Student Squadron commander, Col. Corey Simmons (center), 60th Air Mobility Wing commander, and Col. David Fazzenbaker, 14th Flying Training Wing vice commander, sit during the Specialized Undergraduate Pilot Training Class 21-09 graduation ceremony, May 7, 2021, on Columbus Air Force Base, Miss. Some selected officers will stay at Columbus AFB, entrusted with the position of First Assignment Instructor Pilot to continue the training of world-class aviators.

Teaching patience; Simmons speaks to SUPT graduates

Senior Airman Jake Jacobsen
14th Flying Training Wing
Public Affairs

The 14th Flying Training Wing, where world class pilot training occurs, has officially graduated Specialized Undergraduate Pilot Training Class 21-09, May 7, 2021, at Columbus Air Force Base, Mississippi.

After 52 weeks of pilot training, these eighteen graduates attained the aeronautical rating of pilot and will now move on to their new assignments to begin the next phase of training in their designated aircraft.

Col. Corey Simmons, 60th Air Mobility Wing commander, from Travis Air Force Base, California shared his experience during the graduation ceremony.

When asked what skill or trait Simmons would recommend the new aviators keep throughout their careers, he stressed, "patience".

"Be patient with yourself and the people you serve with," Simmons said. "We all want to do things faster but sometimes you miss opportunities or experiences because you were so worried about the outcome. Cherish the friendships you make, cherish

See SIMMONS, Page 6



U.S. Air Force photo by Senior Airman Jake Jacobsen
Col. Corey Simmons, 60th Air Mobility Wing commander, speaks at the Specialized Undergraduate Pilot Training Class 21-09 graduation ceremony, May 7, 2021, on Columbus Air Force Base, Miss. As Commander, Simmons is responsible for the combined efforts of all wing operations and support activities associated with the worldwide air mobility mission.

INDUCTION

(Continued from page 1)

ception, and seven new honorary commanders were inducted.

The Honorary Commander Program was developed to pair community and civic leaders with specific units on base. The program strengthens the relationship between the wing and the surrounding community and connects the base and local partners in a more intimate and personal way. It also allows local leaders to fully immerse with Air Force culture and experience the mission of 14th Flying Training Wing firsthand: to train world-class pilots.

Julia Morrison, head of marketing and recruiting at East Mississippi Community College and 14th Communications Squadron honorary commander, spoke of her excitement and the future of working with the military community.

"East Mississippi Community College has been involved with the base in a lot of different ways, Morrison said. "I am grateful to be selected for this honor so I can lean into the base and get to know the people here more intimately."

For at least the next two years, honorary commanders are connected and engaged with their designated military unit and are expected to be a bridge to the community for military members and learn and interact with the whole unit. The commander of the designated unit will invite their honorary commander to unit events and help the honor-

"We get to bring a few new honorary commanders into the fold," Col. Seth Graham, 14th Flying Training Wing commander said. "Too often the physical fence line that surrounds this installation becomes a barrier between our Airmen, the Air Force, and our community... but the community includes the Airmen. We are the same, and we thank you for your partnership."

ary commanders build support for Columbus AFB and its mission activities.

"We get to bring a few new honorary commanders into the fold," Col. Seth Graham, 14th Flying Training Wing commander said. "Too often the physical fence line that surrounds this installation becomes a barrier between our Airmen, the Air Force, and our community... but the community includes the Airmen. We are the same, and we thank you for your partnership."



U.S. Air Force Photo by Elizabeth Owens
The newest honorary commanders and their units, pose for a group photo, May 20, 2021, on Columbus Air Force Base, Miss. The 14th FTW hosted a hail and farewell ceremony, inducting seven new honorary commanders.

Col. Harron, guest speaker at SUPT Class 21-10 graduation

Colonel Scott D. Harron is currently serving as the 193rd Special Operations Mission Support Group (SOMSG) commander at the 193rd Special Operations Wing (SOW), Middletown, Pennsylvania. He is responsible for directing all infrastructure operations of an aviation base. The Colonel manages operations to include civil engineering, crash / fire / rescue; disaster preparedness; environmental management; personnel; command, control, communications and computer systems (C4); logistics plans programs and readiness; base supply; transportation; vehicle maintenance; contracting; security forces; base services; fuels management; aerial port operations and all other support base functions



Colonel Harron was formerly the Commander of the 193rd Air Operations Group in State College Pennsylvania, leading Command and Control professionals who directly supported the operational level warfighting efforts aligned with CENTCOM. Prior to group command he served as the Chief, Inspection Team E, Headquarters Air Combat Command and the 25th Air Force Inspector General headquartered at Joint Base San Antonio-Lackland, TX. He was responsible to the ACC/IG for leading a team of major command inspectors in strengthening mission effectiveness, motivating discipline, and identifying issues interfering with readiness and management excellence. He was also responsible to the 25 AF Commander for assisting in the Commander's Service Cryptologic Component oversight responsibilities and executing the Air Force Complaints Resolution Program. During this time, Colonel Harron was also a member of the 152d Air Intelligence Squadron, 152d Air Operations Group, Hancock Field ANGB, NY. In this role, he was charged with leading and directing all unit intelligence personnel and functions in support of Air Operations Center (AOC) operations. Colonel Harron developed and assigned all subordinate officers and NCOs in each of the intelligence teams within the squadron. He also acted as the Chief of the Intelligence, Surveillance and Reconnaissance Division (CISR) managing all intelligence functions within the AOC when deployed in a wartime role. Prior to this role, the Colonel was the 152d Intelligence, Surveillance and

Reconnaissance Division Chief, the 152d Communications Division Chief, served as Director of Intelligence, Chief of Analysis and as the Air Reserve Technician in charge of Intelligence.

As an Intelligence Officer in the Air National Guard, Colonel Harron deployed in support of OPERATION NOBLE EAGLE, OPERATION SOUTHERN WATCH, OPERATION ENDURING FREEDOM, OPERATION IRAQI FREEDOM and OPERATION ODYSSEY DAWN. He has supported fighter, cargo and refuel operations at the tactical level, conducted intelligence debriefing operations in a deployed location, and has led the Analysis Correlation and Fusion Cell at the operational level. Col Harron has directly supported United States European and African Commands as the 603d Air Operations Center's CISRD, Analysis Cell Chief, Exercise Planner, Guard Liaison and the 152d Detachment Commander.

EDUCATION

- 1995 Bachelor of Science in Business Administration, Bellevue University, Nebraska
- 2006 Interrogation Analysis, Fort Huachuca, Arizona
- 2006 Squadron Officer School, Maxwell AFB, Alabama, by correspondence
- 2011 Air Command and Staff College, Maxwell AFB, Alabama, by correspondence
- 2011 Master of Military Art and Science, Maxwell AFB, Alabama (OLMP)
- 2014 Air War College, by correspondence

ASSIGNMENTS

- 1. September 2000 – August 2005, Intelligence Officer, 111th Fighter Wing, Willow Grove ARS, PA
- 2. September 2001 - November 2001, Wing Intelligence Officer, Manas AB, Kyrgyzstan
- 3. August 2005 – March 2006, Student, intelligence officer school, Goodfellow AFB, Texas
- 4. July 2006 – November 2006, OIC, Collections Mgmt and Dissemination, Joint Intelligence and Debriefing Ctr, Iraq
- 5. November 2006 – November 2008, Senior Intelligence Officer and Analysis Chief, 111 FW, Willow Grove ARS, PA
- 6. November 2008 – April 2011, Director of Intelligence, 152nd Air Operations Group, NY
- 7. March 2011 – July 2012, Director of Communications, 152nd Air Operations Group, NY
- 8. July 2012 – January 2014, Director of Intelligence,

152nd Air Operations Group, NY

9. January 2014 – January 2015, Chief, ISR Division, 152nd Air Operations Group, NY

10. January 2015 – September 2018, Commander, 152 Air Intelligence Squadron, NY

11. December 2017 – September 2018, Inspector General, 25th Air Force, Joint Base San Antonio Lackland, TX and

Chief, Inspection Team E, Headquarters Air Combat Command Office of the Inspector General, Joint Base Langley Eustis, Virginia

12. October 2018 – February 2021, Commander, 193d Air Operations Group, PA

13. March 2021 – Present, Commander, 193d Special Operations Mission Support Group, PA

MAJOR AWARDS AND DECORATIONS

- Meritorious Service Medal with two oak leaf clusters
- Joint Service Commendation Medal with oak leaf cluster
- Air Force Commendation Medal with two oak leaf clusters
- Air Force Achievement Medal with oak leaf cluster
- Combat Readiness Medal with three oak leaf clusters
- Air Reserve Forces Meritorious Service Medal with six oak leaf clusters
- National Defense Service Medal with campaign star
- Afghanistan Campaign Medal with two campaign stars
- Iraq Campaign Medal with two campaign stars
- Global War on Terrorism Expeditionary Medal
- Air and Space Campaign Medal
- Air Force Expeditionary Service Ribbon with gold (combat) border and four oak leaf clusters
- Armed Forces Reserve Medal with eight 'M' Devices

OTHER ACHIEVEMENTS

- 2000 Honor Graduate, Academy of Military Science, McGhee Tyson AFB, Tennessee
- 2011 International Security Studies Research Award, Dean of Distance Learning, Maxwell AFB, Alabama

EFFECTIVE DATES OF PROMOTION

- Second Lieutenant September 2000
- First Lieutenant September 2002
- Captain September 2004
- Major September 2008
- Lieutenant Colonel October 2012
- Colonel December 2016
- (Current as of January 2021)

Air Force Readiness Programs

(Editor's note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of the activities listed, call 434-2790.)

“Please note events are subject to change due to COVID-19, so please contact A&FRC to confirm all events”

Hearts Apart

The next Hearts Apart will be June 11, 11:30 a.m.-1:30 p.m. This quarterly social event is for family members whose sponsor is deployed, on a remote tour or TDY for more than 30 days. To register or for more information, please call A&FRC at (662) 434-2790.

Entrepreneurship Track Transition Workshop

The next Entrepreneurship Track Transition workshop will be held on June 17-18 from 8 a.m.-3 p.m. This workshop is conducted by the Small Business Administration for veterans and all base personnel interested starting up and operating their own business. To register or for more information, please call A&FRC at (662) 434-2790.

Smooth Move Relocation Workshop

The next Smooth Move is from 10-11 a.m. June 24 in the A&FRC. This workshop is highly recommended for first-time and over-seas relocating members. Get the very latest moving information straight from base-wide relocation assistance agencies. Learn what to expect before you move with information from Tri-Care, Housing, Military Pay, TMO, Medical Records and A&FRC. Be sure to ask any relocating questions you may have during this event. Pre-registration is required, so call A&FRC at (662) 434-2790 to register or for more information.

Wing Newcomers Orientation

The next Wing Newcomers Orientation will be held on June 29 from 8- noon in the Columbus Club. This event is mandatory for all newly arrived military and DoD civilian personnel. The event's foundation is the base's mobile App, so if you are registered, please locate and download the Columbus Air Force Base App from the App Store prior to attending. Pre-registration is required, so please contact your unit CSS to be registered. For more information, please call the A&FRC Relocation Manager at (662) 434-2701/2790.

Federal USA Jobs Workshop

The next Federal USA Jobs workshop is from 9-10:30 a.m. July 7. This is a workshop on writing resumes, applications, and job search using the USAJobs website. To register or for more information, please call A&FRC at (662) 434-2790.

Heart Link

The next “Zoom” Heart Link / Spouse Welcome is from 8:30 a.m.-noon July 8. This half-

National Police week



U.S. Air Force photo by Elizabeth Owens
Members of the 14th Security Forces Squadron and their mascot, Chase the dog, pose for a photo with children at the Child Development Center, May 11, 2021, on Columbus Air Force Base, Mississippi. Columbus AFB had several events to show appreciation to the 14th Security Forces Squadron for National Police Week.

day program is open to all spouses of active duty military members assigned to Columbus AFB. Attendees will receive information about life in the Air Force, in the local area and at Columbus AFB from local subject matter experts including spouse leaders. To register or for more information, please call A&FRC at (662) 434-2790.

Transition Assistance Program Workshop

The next Transition Assistance Program (TAP) workshop is from 7:30 a.m.-4 p.m. July 19-23 and includes seminars on: Transition, Military Occupational Code Crosswalk, Financial Planning, Health Benefits, Mississippi Department of Employment Security, Department of Veterans Affairs, Disabled TAP and Department of Labor. Preseparation counseling is required before attending, and recommended attendance is 12-24 months prior to separation/retirement. Spouses are encouraged to attend with their sponsor. To register or for more information, please call the TAP Manager at (662) 434-2631/2790.

Department of Labor Transition Vocational Track Workshop

The next DoL Transition Vocational Track Workshop is from 8 a.m.-3 p.m. Aug. 2-3 and will be held in the A&FRC. This workshop helps members identify skills, increase awareness of training and credentialing programs, and

develop an action plan to achieve career goals. To register or for more information, please call A&FRC at (662) 434-2790.

Bundles for Babies

The next “Zoom” Bundles for Babies workshop is from 1-3:30 p.m. Aug. 12. This program is designed for active duty AF members and/or their spouses who are pregnant or have a child 4 months old or less. Attendees will learn about finances, labor and delivery, and infant care. A \$50 gift card sponsored by the Air Force Aid Society will be provided for each qualifying child. To register or for more information, please call A&FRC at (662) 434-2790.

EFMP-FS

Exceptional Family Members Program-Family Support, EFMP-FS, establishes, implements and maintains the FS (community support) entity of the Air Force EFMP in coordination with the Medical & Assignments components by enhancing the quality of life of special needs family members. Feel free to contact 662-434-3323/2790 for any questions related to EFMP or for one-on-one assistance. We can assess your needs and make the proper community referral for you and your family!

Volunteer Opportunities

If you are interested in volunteering, please contact the A&FRC. We have volunteer op-

portunities located across the base for one-time events, special events or on a continual basis. Volunteers are needed on base at the Youth Center, Child Development Center, Library, Medical Clinic, Chapel, Airman's Attic, Thrift Store, the Retiree Activities Office and many other locations. For more information, please call A&FRC at (662) 434-2790.

Installation Voting Assistance Office

A&FRC houses the Voting Assistance Office (VAO) which is open Monday - Friday, 7:30 a.m. - 4:30 p.m. and closed weekends/holidays. The VAO offers voting assistance including voter registration, absentee ballot requests and voting, change of address, and provides answers for other general voting questions to uniformed service members, their family members and civilians with access to A&FRC. Assistance includes but is not limited to aid in preparing and submitting Federal Post Card Application (FPCA) SF-76, Federal Write-in Absentee Ballot (FWAB) SF-186 and National Mail Voter Registration Form (NVRF). The VAO also leads and trains all installation unit voting assistance officers. For more information, please contact the Installation VAO at (662) 434-2701/2790 or e-mail: vote.columbus@us.af.mil.

Discovery Resource Center

The Columbus A&FRC has computers with internet access available for job searches, assessments, resumes, cover letters, state and federal applications and companies' employment information. A printer and fax machine is available. A lending library of books, DVDs and periodicals on transition and EFMP topics are available for check out. These resources are available on a first-come-first-serve basis.

Pre- and Post-Deployment Tour Briefing

These briefings are mandatory for active duty personnel who are either deploying or returning from deployment or a remote tour. Please contact A&FRC at (662) 434-2794/2790 to schedule a briefing and/or for more information.

Pre-Separation Counseling

This counseling is a mandatory briefing for personnel separating or retiring, and is to be completed at least 90 days prior to separation. It may be completed up to 12 months prior to separation or 24 months prior to retirement. Please contact A&FRC at (662) 434-2790 to schedule a counseling session and/or for more information.

Chapel Schedule

Chapel services are now available.

Catholic Services: 5 p.m. on Sun

Protestant Services: 10:45 a.m. on Sun

Daily Mass: 10 a.m. on Tues and Wed

As we gather for services there is a 50 person limit inside the chapel. Thank you all for your help during this time and we are looking forward to seeing you all soon!

Mr. Bradford Freeman, the last original member of Easy Company, holds up a challenge coin from Gen. Mark Milley, Chairman of the Joint Chiefs of Staff outside his home May 6, 2021, in Caledonia, Miss. The coin was presented on behalf of Milley during a presentation that included members of present-day Easy Company members, the 43rd Flying Training Squadron and members of the Mississippi Army National Guard.

FREEMAN

(Continued from page 5)

World War II, and helped guide the realism in the HBO television series “Band of Brothers.” His experience helped the series emulate the reality of what Easy Company went through.

Last year on September 4th, Freeman’s birthday, a flag was presented to him by the 43rd Flying Training Squadron and Barlow. Columbus Airmen and members of the installation Honor Guard replaced his damaged American Flag with a new one that had been flown overhead in each aircraft on Columbus Air Force Base in honor of Freeman. This previous connection to Freeman made Barlow the perfect candidate to present him with this honor from the Chairman of the Joint Chiefs of Staff.

“It is an amazing opportunity to be here with Mr. Freeman and honor him and his service to our country,” Barlow said. “This coin is a small token of appreciation not just from Gen. Milley, but from a grateful nation.”

COVID

(Continued from page 2)

dra Turner and Airman 1st Class Taneaia Thomas, medical technicians from McGuire AFB, New Jersey, are vital to our Gary, Indiana site,” Austin said.

Turner, vaccination team noncommissioned officer in charge, led an outdoor vaccination pod comprising a team of two other vaccinators responsible for safely administering the vaccine to the public. Thomas, who served as a site vaccinator, screened and administered the vaccine to those receiving it.

“Their personal touch contributed to those who receive the vaccine having an encouraging view on the vaccination experience,” Austin said.

At St. Paul, Minnesota’s “Kings of the North” CVC, Staff Sgt. DeShaun Jones, a services technician from MacDill AFB, who assisted with the site’s customer service, provided translation services for non-English speaking guests covering 41 languages through on-site or virtual translators.

“Most importantly, the emotional support he provides for guests with COVID-19 vaccine fears; whether it is needle phobia, anxiety about possible side effects, or vaccine misinformation, plays a key role in the site’s success,” Austin said. “His encouraging emotional support gives guests a positive encounter incentivizing their return for their second dose and willingness to share their

A challenge coin is a small coin or medallion that is traditionally given to prove membership or enhance morale. Historically, they were presented by unit commanders in recognition of special achievements by a member of the unit, or could be exchanged in recognition of visits to an organization. Some sources state that the history of the coin dates back to Roman soldiers receiving coins from the emperor, while others believe it originated in World War I. No matter the origination, the presentation to Freeman was clear: thank you for your service to your country, and for being a hero.

As the presentation came to a close, Freeman was presented with a flag that had flown over the capitol in honor of his service on April 26th, followed by a moment of silence and the playing of the songs from each branch of service.

Freeman was humble and thanked the people that had gathered and those that presented him with honors. “Me and my buddies did a job for America... now it’s time for new faces to take up the cause.”

positive experience with family members, co-workers, and other community members – a win for St. Paul.”

Airman 1st Class Katie Terra’s, a personnel specialist from Tyndall AFB, serving at the 64th’s newest CVC site at Grand Rapids, who is the site’s personnel support for contingency operations summed up the significance of her role.

“Being a part of the COVID-19 vaccination support team and being PERSCO allows me to ensure that Airmen are administratively accounted for and to provide information that is being asked for from my command staff,” Terra said. “I am grateful for this opportunity of meeting new Airmen and learning new tasks that I will use in my Air Force career once our mission is complete. I am excited to see Airmen come together from all over the country and to work together to assist on putting a stop to COVID-19.”

“The entire 800-plus member team in the 64th AEG plays a key part supporting the nation in this fight against COVID-19,” Vanderburg said. “These Airmen help make the state-run, federally-supported, CVC sites possible. The 64th AEG Airmen are proud of the critical role they play in successfully keeping our fellow Americans safe and helping us return to normal. We’ll continue the support of the 64th (AEG) until all our Airmen return home safely and we are no longer needed by civil authorities.”



U.S. Air Force photo by Senior Airman Jake Jacobsen
Graduates from Specialized Undergraduate Pilot Training Class 21-09 sit in the Kaye Auditorium during their graduation ceremony, May 7, 2021, on Columbus Air Force Base, Miss. The distinguished graduates of Class 21-09 were 2nd Lt. Samuel Rexroad and 2nd Lt. William Talbott for outstanding performance in academics, officer qualities and flying abilities.



U.S. Air Force photo by Senior Airman Jake Jacobsen
Graduates from Specialized Undergraduate Pilot Training Class 21-09 break their first pair of pilot wings, May 7, 2021, on Columbus Air Force Base, Miss. The pilot tradition entails snapping their first set of wings into two, never to be brought together again while the pilot is alive. One half is kept by the pilot, while the other half is kept by the pilot’s loved one.

SIMMONS

(Continued from page 3)

the opportunities many others won’t get and just enjoy the ride because as long as you love what you do, it is no longer a job anymore.”

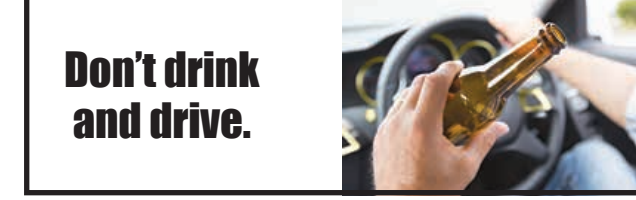
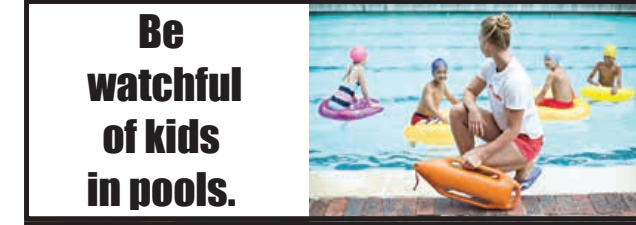
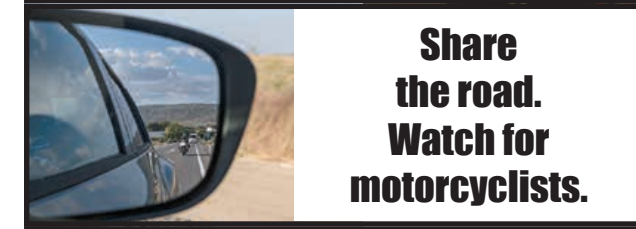
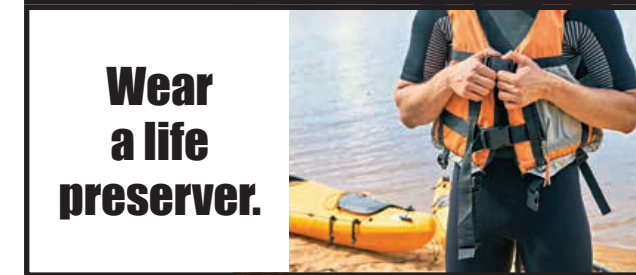
Simmons is a returning member of Team BLAZE, having been not only a student at Columbus AFB but also a former First Assignment Instructor Pilot with the 48th Flying Training Squadron.

“It is nostalgic to be back here,” Simmons said. “Almost 21 years ago I walked across

this same stage and haven’t been back since I was a FAIP 18 years ago. I have been really lucky to serve for as long as I have, and to be able to tell the graduates what I have learned along the way is a very cool feeling.”

Sharing the same experiences, Simmons connected to Team BLAZE’s graduating pilots with personal stories, advice on the career and the strength of airpower.

“It was BLAZE when I went through pilot training and it is still BLAZE today,” said Simmons. “I would like to say that means the name fits. This is a special place and I look forward to coming back.”



Medical Corner



Understanding hunger and fullness cues

Although most of us use the words “hungry” and “full” throughout the day, do we know what is happening in our bodies to cause those sensations? The biological processes of hunger and fullness are complex, but there are two hormones that are mainly responsible for these sensations:

Leptin: The “fullness hormone” is produced by adipose (fat) tissue and suppresses appetite.

Ghrelin (pronounced GRELL-IN): The “hunger hormone” is produced by the stomach during fasting to let the body know it’s time to consume more food/energy.

However, we know there are more factors that influence our hunger/fullness other than leptin and ghrelin! The time of day, our emotions, and our environment all influence our decision to consume food and beverages.

The Human Performance Resource Center (HPRC) recommends asking yourself the following questions, and use the Hunger-Fullness Scale to rate your answers from 1 to 10 to be more mindful of our hunger and fullness cues:

- How do you know when you’re hungry (cranky, tummy grumbling, headache, etc.)?
- How can you tell when you’re satisfied? Is it an internal feeling or external (empty plate, carton, bag, etc.)?
- What’s your hunger at right now?
- Do you ever eat until you’re at a 9 or 10? If so, how do you feel?
- What happens when you wait to eat—and you’re at a 1, 2, or 3?

Understanding Hunger: The Biology Behind Our Desire for Food. Retrieved from <https://medicine.uiowa.edu/diabetes/understanding-hunger-biology-behind-our-desire-food>

How to use a hunger scale for healthier habits. Retrieved from <https://www.hprc-online.org/nutrition/fighting-weight-strategies/how-use-hunger-scale-healthier-habits>

Intuitive Eating

What it is NOT: It is not a strict diet or food plan

What it IS: It is a process in which you learn to become aware of your own body’s messages to meet your physical and psychological needs.

There are 10 principles to the practice:

- Reject the diet mentality.
- Honor your hunger.
- Make peace with food.
- Challenge the food police.
- Respect your fullness.
- Discover the satisfaction factor.
- Honor your feelings without using food.
- Respect your body.
- Exercise – feel the difference.
- Honor your health with gentle nutrition.



For more detailed explanations of each principle, visit:

<https://www.intuitiveeating.org/10-principles-of-intuitive-eating/>

Ditch the diet! Intuitive eating might offer a better way to fuel your body and mind. Retrieved from <https://www.hprc-online.org/nutrition/performance-nutrition/ditch-diet-intuitive-eating-might-offer-better-way-fuel-your-body>

BLAZE Hangar Tails: E-4B

Mission

The E-4B serves as the National Airborne Operations Center (NAOC) and is a key component of the National Military Command System for the President, the Secretary of Defense, and the Joint Chiefs of Staff (JCS). In case of national emergency or destruction of ground command and control centers, the aircraft provides a highly survivable command, control, and communications center to direct U.S. forces, execute emergency war orders, and coordinate actions by civil authorities. The conduct of E-4B operations encompasses all phases of the threat spectrum. Additionally, the E-4B provides outside the continental United States (OCO-NUS) travel support for the Secretary of Defense and his staff to ensure Title 10 command and control connectivity.

Features

The E-4B, a militarized version of the Boeing 747-200, is a four-engine, swept-wing, long-range, high-altitude airplane capable of refueling in flight. The main deck is divided into six functional areas: a command work area, conference room, briefing room, an operations team work area, and communi-

cations and rest areas. An E-4B crew may include seating for up to 112 people, including a joint-service operations team, Air Force flight crew, maintenance and security component, communications team, and selected augmentees.

The E-4B is protected against the effects of electromagnetic pulse and has an electrical system designed to support advanced electronics and a wide variety of communications equipment. An advanced satellite communications system provides worldwide communication for senior leaders through the airborne operations center. Other improvements include nuclear and thermal effects shielding, acoustic control, an improved technical control facility and an upgraded air-conditioning system for cooling electrical components.

To provide direct support to the President, the Secretary of Defense, and the JCS, at least one E-4B NAOC is always on 24-hour alert, 7-days a week, with a global watch team at one of many selected bases throughout the world.

Background

The E-4B evolved from the E-4A, which had been in service since late 1974. The first B model was delivered to the Air Force in January 1980, and by 1985 all aircraft were con-

verted to B models. All E-4B are assigned to the 55th Wing, Offutt Air Force Base, Nebraska.

General characteristics

Primary function: Airborne operations center

Builder: Boeing Aerospace Co.

Power plant: Four General Electric CF6-50E2 turbofan engines

Thrust: 52,500 pounds each engine

Length: 231 feet, 4 inches (70.5 meters)

Wingspan: 195 feet, 8 inches (59.7 meters)

Height: 63 feet, 5 inches (19.3 meters)

Maximum takeoff weight: 800,000 pounds (360,000 kilograms)

Endurance: 12 hours (unrefueled)

Ceiling: above 30,000 feet (9,091 meters)

Unit cost: \$223.2 million (fiscal 98 constant dollars)

Crew: up to 112

Date deployed: January 1980

Inventory: active force, 4; Air National Guard, 0; Reserve, 0

(Current as of September 2015)



U.S. Air Force photo by Louis Briscese

An E-4B National Airborne Operations Center aircraft takes off from Travis Air Force Base, Calif., Sep. 11, 2017. The E-4B participated in a flyover at the California Capital Airshow.



U.S. Air Force Photo by Josh Plueger

An E-4B aircraft is towed out of its hangar June 17, 2009, at Offutt Air Force Base, Nebraska. The E-4B serves as the National Airborne Operations Center for the president, secretary of defense and the Joint Chiefs of Staff.

Mississippi Mold

Mike Jago

14th Civil Engineer Squadron

Every spring, there are complaints of mold in offices, homes, and just about any indoor area. First: Don't panic! Second: Once you see mold, get busy! You have a manageable problem, but it needs immediate attention. The EPA link <https://www.epa.gov/mold/brief-guide-mold-moisture-and-your-home#:> has a strong message that emphasizes clean-up and prevention.

You must attack mold directly. mold. It is a good idea to protect your eyes, lungs and hands when wiping up mold. The same supplies you have on hand for COVID will work on mold.

Once visible mold is wiped up, try to eliminate the conditions that allowed the mold to grow. Mold grows best in moderate to warm temperatures, with high humidity (over 60%), and with just a little surface dirt. This describes Mississippi all spring, summer and fall. In homes and offices, combat mold by cleaning and monitoring humidity.

An inexpensive hygrometer / humidity meter (Figure 1) is an essential tool to achieving dry air and eliminating mold. Air conditioning, when it works properly, removes excess moisture. Successfully drying the air to 50% humidity results in a healthier environment, and feels cool and comfortable.

Mississippi is not the place to attempt to cool below 68oF when outdoor humidity is over 90% and outside temperatures are above 90oF. Signs of over-cooling are moisture on windows, mold, moisture on vents, rust on vents, furniture (Figures 2&3), ice on air conditioner chillers, continuously running air conditioners, and excessive electric bills.

In cases where rooms have a sharp mold smell and residents have reactions, immediately re-locate if at all possible. Clean all accessible surfaces and dry the system out. If the problem persists, call a heating and air conditioner repairman to check for system malfunctions.



Figure 1: Hygrometers come in all price ranges, choose an easy to read model. The ideal humidity range for people is 40-60%.



Figure 2: Smoke detector — Mold is visible here and hidden on the tile



Figure 3: Mold on furniture - unused shelf in a dark area.

Fireworks safety

With the 4th of July right around the corner, the 14th Civil Engineering Fire & Emergency Services Flight wants to ensure your holiday celebrations are a safe and enjoyable one. Whether you're cooking out, enjoying time with family and friends, or watching a fireworks display, your safety is important to us.

While fireworks are a time honored tradition while we celebrate Independence Day, unfortunately accidents do occur. In 2020 there were 12 firework related deaths, and over 10,000 reported injuries that required hospitalization and treatment. The nature of these emergencies varied from misuse of the firework, to premature detonation. Children accounted for roughly 35 percent of these reported injuries, and half of the total number of injuries were to individuals under 20 years of age, with burns being the most prevalent reported type.

Fireworks start an average of 18,500 fires per year, including 1,300 structure fires, 300 vehicle fires, and 16,900 outside and other fires. These fires caused an average of three deaths, 40 civilian injuries, and over \$40 million in direct property damage.

The manufacture, sale, storage, possession, transportation and/or use of fireworks and all incendiary devices are expressly prohibited on Columbus AFB to include Hunt housing. The only exception is from a licensed/insured professional company sponsored by the installation.

If you choose to partake in fireworks activity off-base, remember, fireworks can be dangerous, causing serious burn and eye injuries. Follow these safety tips when using fireworks:

- Never allow young children to play with or ignite fireworks.
- Always have an adult supervise fireworks activities. Parents don't realize that young children suffer injuries from sparklers. Sparklers burn at temperatures above 2,000 degrees - hot enough to melt some metals.
- Never place any part of your body directly over a fireworks device when lighting the fuse.
- Never try to re-light or pick up fireworks that have not ignited fully.
- Never point or throw fireworks at another person.
- Keep a bucket of water, garden hose, or small fire extinguisher handy in case of fire or other mishap.
- Light fireworks one at a time, then move back quickly.
- Never carry fireworks in a pocket or shoot them off in metal or glass containers.
- After fireworks complete their burning, douse the spent device with plenty of water from a bucket or hose before discarding it to prevent a trash fire.



Information taken from the
Consumer Products Safety Commission
and the NFPA

By: Mr. Terence Sinner,
Fire Protection Specialist, 14th CES/CEF



T-1A Jayhawk



T-38C Talon

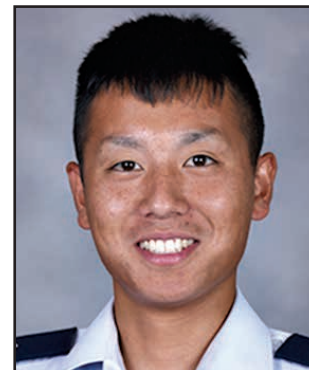
SUPT Class 21-10 earns silver wings



Maj. Ronald Burns
Saint Paris, Ohio
C-130H



Capt. Alex Sattler
Tepetate, Louisiana
F-15C



1st Lt. Ryoma Ando
Takamori, Japan
F-15J

Twenty-One officers have triumphed the challenges faced during a year of training, earning the right to become Air Force pilots.

Specialized Undergraduate Pilot Training Class 21-10 graduates at 11 a.m. today during a ceremony at the Kaye Auditorium.

Students will receive their silver pilot's wings at the ceremony, and students who excelled in their respective training tracks will be recognized.

2nd Lt. Andrea Allen and 2nd Lt. Ryoma Ando received the Air Education and Training Command Commander's Trophy for being the most outstanding students overall in their classes.

The Air Force Association Award was presented to 2nd Lt. Trey Griffen and 2nd Lt. Abigail Maio who excelled in training and typified the tenets of the association; promoting aerospace power and a strong national defense.

The distinguished graduates of Class 21-10 recognized were Allen and Ando for outstanding performance in academics, officer qualities and flying abilities.

The 52-week pilot training program begins with a six-week preflight phase of academics and physiological training to prepare students for flight. The second phase, primary training, is conducted in the single-engine, turboprop T-6A Texan II at Columbus Air Force Base, Mississippi. Students learn aircraft flight characteristics, emergency procedures, takeoff and landing pro-

cedures, aerobatics and formation flying. Students also practice night, instrument and cross country navigation flying.

Primary training takes approximately 23 weeks and includes 254.4 hours of ground training, 27.3 hours in the flight simulator and 89 hours in the T-6A aircraft.

After primary training, students select, by order of merit, advanced training in the fighter-bomber or airlift-tanker track.

Both tracks are designed to best train pilots for successful transition to their follow-on aircraft and mission.

Advanced training for the fighter track is done in the T-38C Talon, a tandem-seat, twin-engine supersonic jet. T-38 training emphasizes formation, advanced aerobatics and navigation. Training takes approximately 26 weeks and includes 381 hours of ground training, 31.6 hours in the flight simulator and 118.7 hours in the T-38C aircraft.

The airlift-tanker track uses the T-1A Jayhawk, the military version of a multi-place Beech Jet 400 business jet. Instruction centers on crew coordination and management, instrument training, cross-country flying and simulated refueling and airdrop missions. Training takes about 26 weeks and includes 185 hours of ground training, 53.6 hours in the flight simulator and 76.4 hours in the T-1A.



2nd Lt. Andrea Allen
Tomah, Wisconsin
C-130H



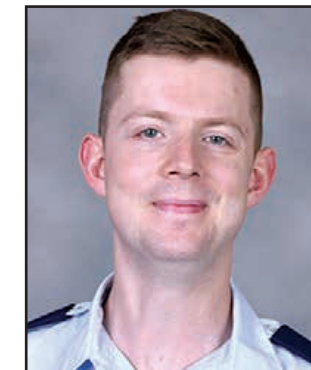
2nd Lt. Abdullah Alshehri
Tabouk, Saudi Arabia
F-15SA



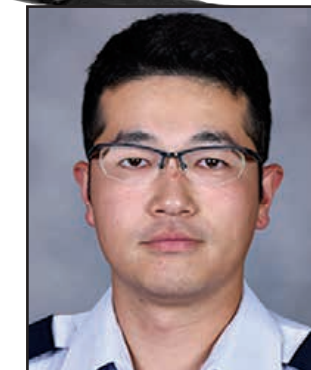
2nd Lt. Robert Baker
Enterprise, Alabama
C-17



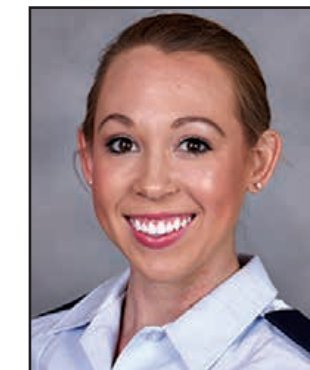
1st Lt. Roy Bradley
Cincinnati, Ohio
KC-135



1st Lt. Logan Leeson
Cincinnati, Ohio
E-3



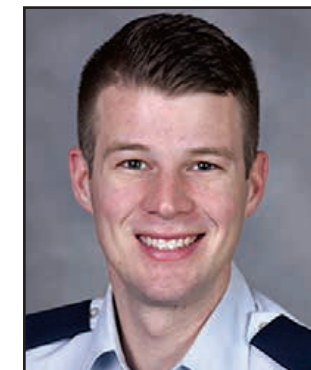
1st Lt. Akihiro Sone
Hanno, Japan
F-2



2nd Lt. Kristin Carpenter
Brandon, Mississippi
C-17



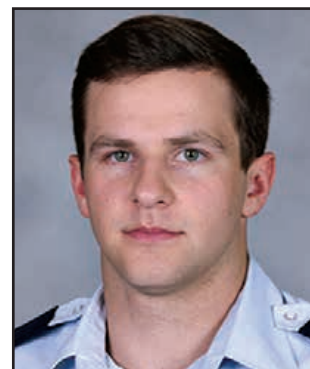
2nd Lt. Christopher Culp-Cano
Frederick, Maryland
C-17



2nd Lt. Robert Dawson
Holbrook, Arizona
C-21



2nd Lt. Sean Dudley
Los Angeles, California
KC-10



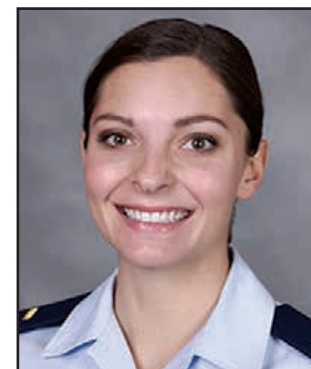
2nd Lt. Chad Elton
Destin, Florida
T-6



2nd Lt. Samuel Grayson
Milwaukee, Wisconsin
C-130J



2nd Lt. Steven Griffin
Discovery Bay, California
HC-130J



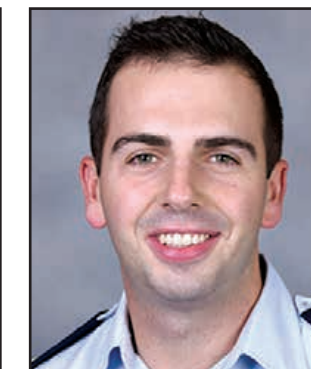
2nd Lt. Abigail Maio
Salt Lake City, Utah
F-16



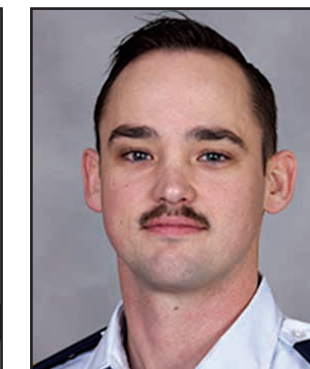
2nd Lt. Hayden Molitor
Erlanger, Kentucky
KC-135



2nd Lt. Christian Nasto
Morganville, New Jersey
C-17



2nd Lt. Thomas Osheka
Pittsburgh, Pennsylvania
T-38



2nd Lt. Derek Polkamp
Melbourne, Florida
HC-130J

