16 SILVER WING Oct. 23, 2020 SILVER WINGS Cultivate, Create, CONNECT



The Dispatch is preparing to honor military veterans and active service members from the Golden Triangle in a special Veterans Day tribute section. We're asking veterans or their families to complete and submit this form, along with photos that can be used in the publication. Submissions can be made in person, through the mail or by email. All physical photos submitted will be scanned and available for pick up after the publication prints on Sunday, Nov. 8. Deadline for submissions is Oct. 23.

Name:	Age:
City of Residence:	Phone:
Rank:	Branch of Service:
Time of Service:	Foreign Tours:
Combat Experience:	
	Military:
DISPAT	516 Main Street PO Box 511, Columbus, MS 39703 Email: community@cdispatch.com

"The staff at the Pines actually cares about me as an individual."



"My past consisted of about 20 years of misery, nine years of prison, three different incarcerated treatment programs, and a mental hospital due to my drug abuse before I landed at the Pines. During my treatment here at the Pines, I developed relationships and a set of tools that have allowed me to further my burgeoning relationship with God. It also provided an environment that was therapeutically conducive to recovery. These people and this recovery community have become an important and dear part of my daily life. I now work, pay bills, go to church, go to meetings, work the steps, and most importantly enjoy the fruits of this sober life. As my therapist once told me, "you know, eating, showering daily, you know, hygiene is where it's at!" I love myself again. My faith in God and myself has never been stronger. I thank God, the Pines, and my parole officer for the amazing opportunity of a new life. I have ninety days sober and I'm still 'truckin', one day at a time."



For more information: www.ccsms.org/pach



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"Cultivate Airmen, Create Pilots, CONNECT"

Vol. 44, Issue 20 Columbus Air Force Base, Miss.



COVID-19 General Info

The base is executing a measured approach to reopening in order to protect our people and our mission.

Permitted areas:

- Military personnel may travel two and a half hours outside of Columbus Air Force Base to obtain necessary goods and services and/or to engage in outdoor recreation.
- Salons, barber shops and other personal care/grooming establishments.
- State and local parks are allowed.
- Freedom park access from 6 a.m.-8 p.m. You must wash your hands or use hand sanitizer before and after playing at the park. 50 people maximum in line with Governor's outdoor guidance.
- The base pool is open under limitations.
- Overnight lodging facilities.
- Arts and Crafts, and bowling center with limitations
- Dining-in has been allowed at restaurants.

Off-limits:

- Bars, casinos or breweries or similar establishments
- Gyms, bowling centers, theaters, auditoriums and events off base are prohibited.

Gathering limitations:

- 20 people indoors and 50 people outdoors
- 6' physical distancing
- Personal hygiene is key
- Cloth face covering if physical distance can't be



U.S. Air Force 2nd Lt. Ian Kline, 14th Medical Group lieutenant casual, poses for a photo on Oct. 29, 2020, at Columbus Air Force Base, Miss. While working in the medical group, Kline is a part of the Casual Lieutenant Program which gives casual lieutenants an opportunity to show off their skillset and work at different agencies around the base.

Licensed pharmacy technician, casual lieutenant works at Columbus AFB Pharmacy

Airman 1st Class Davis Donaldson

14th Flying Training Wing Public Affairs

Before going through pilot training, the Air Force offers lieutenants an opportunity to apply the skillsets they have gained throughout college or through prior occupations, by

working at different agencies around base. The opportunity is otherwise known as the Casual Lieutenant Program.

Second Lt. Ian Kline, 14th Medical Group lieutenant casual, is one of the many who have gone through the program.

See PHARMACY, Page 3











Columbus AFB YouTube page

columbus afb

Columbus AFB Facebook page

Columbus AFB Twitter

www.columbus.af.mil

vaccines in long-term care facilities

COVID-19 Coronavirus Disease 2019

DOD, HHS name partners to administer COVID-19

C. Todd Lopez DOD News

As part of the Operation Warp Speed effort — a partnership between the Defense Department and the Department of Health and Human Services — long-term care facilities across the U.S. will be able to sign up to have one of two major U.S. pharmacy companies come to their facilities and administer COVID-19 vaccines to residents at no charge.

"This is very consistent with our overarching objective, which is to protect the most vulnerable Americans from COVID[-19]," Paul Mango, the deputy chief of staff for policy at HHS, said during a teleconference on Friday. "This relationship is principally about getting vaccines quickly and effectively into all of our nursing homes and assisted living facilities and senior care locations."

On Friday, OWS named Walgreens and CVS as nationwide partners in the effort. Long-term care facilities will be able to sign up to have either CVS or Walgreens come to their locations to administer COVID-19 vaccinations to residents and staff. The program is free of charge to facilities, and is opt-in only.

"We are not imposing the solution on any nursing home," Mango said. "This is voluntary, they have to opt in. This is an adjunct to what other solutions may be, but this will be something that will be available to every nursing home and senior living facility in the country.'

Army Maj. Gen. Christopher J. Sharpsten, the director of supply and distribution for OWS, said that to ensure vaccinations are as easy as possible, OWS has been working to ease any logistical burdens for vaccine administration.

"In addition to placing advanced purchase orders with vaccine manufacturers,



U.S. Air Force photo

A service member receives a vaccination at the Marine Corps Reserve Center in North Versailles, Pa., April 6, 2019.

and coordinating for government-funded distribution, the U.S. government is also providing ancillary kits to the sites of administration," Sharpsten said.

Those kits include things such as nee- [emergency use authorization] is authodles, syringes, alcohol prep pads, surgical masks, face shields and vaccination cards, people's arms," Mango said. "All of this is

coordinating the distribution of vaccines pledge that we have made to the Amerand ancillary kits so that they're synchronized in time and space so that they arrive that pledge. at the site of administration together," he

worked with private industry and other involved include the Centers for Disfederal agencies to put everything in place ease Control and Prevention, the Food to get COVID-19 vaccines administered and Drug Administration, the National to as many Americans as possible, as soon
Institutes of Health and the Biomedical as a vaccine becomes available. Choosing Advanced Research and Development CVS and Walgreens as partners to admin-

ister vaccines, when one becomes available, in long-term care facilities is part of

"Within 24 to 48 hours of the time an rized, we expect to be putting needles in a pre-staging for what will be a rapid de-"Through our CDC colleagues, we're ployment of vaccines. This is again the ican people, and we intend to deliver on

Operation Warp Speed is a partnership between the Defense Department Since it stood up in April, OWS has and HHS. Specific HHS components

Silver Wings

How to reach us

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Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

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Department of the Air Force releases new military tuition assistance approach for FY21

Secretary of the Air Force Public Affairs

WASHINGTON — Department of the Air Force officials announced a \$3,750 military tuition assistance cap ter hour and \$166.66 per quarter hour. per fiscal year that will go into effect for college courses beginning Oct. 1.

\$4,500 per fiscal year, but adjustments were required to ensure the program remains fully available and fiscally susthe number of courses taken and course costs.

fantastic and we're encouraged by the number working on are available to apply for tuition assistance. their degrees, we need to make sure the benefit is accessible to as many of our service members as possible each ly-educated and skilled military force," Kelly said. "By year," said Lt. Gen. Brian T. Kelly, deputy chief of staff for manpower, personnel and services. "In 2013, under tinues for all Airmen and Space Professionals." sequestration, tuition assistance was suspended for some As we go forward and budgets get tight, we want to prevent that from happening again and we made hard deci-

sions in order to keep this program viable and accessible ample, members whose degree program requires a lab class

Credit hour limits remain the same at \$250 per semes-

Applications will be routed using normal procedures on the Air Force Virtual Education Center online platform. Previously, military tuition assistance limits were Airmen and Space Professionals may apply for tuition assistance up to 45 days prior to the start of their class date. The adjustments should help equitably stretch funding, tainable while meeting an increase in participation rates, but should fiscal year funds become exhausted at year end, service members who did not get their applications ap-"While usage by our Airmen and Space Professionals is proved will have to wait until the new fiscal year's funds

> "Tuition assistance aids in the development of a highmaking these adjustments, we ensure this key benefit con-

These adjustments apply to both undergraduate-level time and our service members were negatively impacted. and graduate-level classes. Recognizing there may be potential reasons for exceeding the annual cap waivers to your college counselor to explore all additional funding the policy are available for unique circumstances. For ex- opportunities.

exceeding the \$3,750 limit by one semester hour or two quarter hours, or those working on a unique degree deadline may apply for a waiver.

Consult Air Force Instruction 36-2670 Total Force Development and Air Force guidance memorandum 2020-02

"Tuition assistance is a key and central in-service education benefit, but it's only one of several avenues members can use to get their degrees and minimize out-of-pocket expenses," Kelly said. Air Force officials noted comparing school costs, researching other resources such as Post-9/11 GI Bill benefits, Defense Activity for Non-Traditional Education Support's, or DANTES, Credit-by-Exam program offering both the DSST and CLEP exams, pursuing Community College of the Air Force degrees and other funding sources such as scholarships and grants as parts of the overall education benefit that can help minimize expenses.

Contact your local education and training office and



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PHARMACY

(Continued from page 1)

A Dallas native, Kline received his license as a pharmacy technician in Texas before joining the military. While waiting for his pilot training to start at Columbus Air Force Base, Mississippi, Kline volunteered to work at Columbus AFB's Pharmacy Clinic.

Staff Sgt. Joanna Sanchez, Columbus AFB Pharmacy Clinic non-commissioned officer in charge, said she and her team are thrilled to have Kline aboard.

"He volunteered himself as a SUPT casual to work in the pharmacy because he'd already had his certification from a previous job," she said. "We have been so overjoyed to have a helping hand with the day-to-day tasks. I was so impressed that he had sought us out.'

She said she is also thankful for the Casual Lieutenant

"We really appreciate the support that the program provides, it's given our team opportunities that we otherwise wouldn't be able to pursue," Sanchez said.

"I think it brings the element of resource management for casual jobs," Kline said. "We come from different majors, different backgrounds... While we're waiting it's good to use those skills and backgrounds to help out the Air Force and the base."

Kline gained his certification as a sophomore in college while at the University of North Texas, in 2016.

At first, Kline thought he would be a pharmacist in changed his perspective.

"Well, I joined the ROTC detachment, not sure what I wanted to do, but I knew I wanted to be a part of the Air Force," he said. "I thought I would go to medical school because it lines up with the whole pharmacy area, but then I got an incentive ride as a freshman and that's where I fell in love with it."

Kline said there are multiple routes to become a certified technician, but he received his certification through the Pharmacy Certification Technician Board. After being certified, he received his license.

Since he received his license is in the state of Texas, it is transferrable to the Columbus AFB Pharmacy Clinic because it is a federal pharmacy.

Kline said he is happy to help of the clinic while he waits for training and that the Casual Lieutenant Program is a great opportunity for him and other casual lieutenants.

"I think it brings the element of resource management for casual jobs," Kline said. "We come from different maiors, different backgrounds... While we're waiting it's good the Air Force, but a plane ride in his first year of college to use those skills and backgrounds to help out the Air



U.S. Air Force 2nd Lt. Ian Kline, 14th Medical Group lieutenant casual, grabs a prescription for a patient on Oct. 19, 2020, at Columbus Air Force Base, Miss. Kline will be working at the Columbus AFB Pharmacy Clinic until his class's projected start date in Jan. of 2021.



U.S. Air Force 2nd Lt. Ian Kline, 14th Medical Group lieutenant casual, sorts prescription medicines on Oct. 19, 2020, at Columbus Air Force Base, Miss. Before joining the military, Kline accomplished a short term goal of becoming certified as a pharmacy

Commander's Action Line

662-434-1414

In an effort to stay Connected, the Commander's Action Line is your direct link to the commander for comments and suggestions on how to make Columbus AFB better. Although the Commander's Action Line is always available, the best way to resolve problems is through the chain-of-command. The Commander's Action Line can be reached at (662) 434-1414. Leave your name and phone number or email if you would like to receive an answer. All names will be kept confidential.

If you would like to remain anonymous, please submit your inquiries through our base application in the 'Our Wing' then 'Contact the CC' tab or you can submit through the webpage at www.columbus.af.mil. Click "Contact Us" at the top left of the page and select "Commander's Action Line" in the Recipient drop down menu.

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14th FTW Command Structure



14th Flying Training Wing Vice Commander



Col. Seth Graham 14th Flying Training Wing

14th Operations Group

CMSgt. Kelli Brisse

14th Operations Group



14th Flying Training Wing Command Chief

14th Medical Group



14th Medical Group



CMSgt. Shannon Ledgewood 14th Medical Group Superintendent



14th Health Care Operations Sauadron Commander



14th Operational Medical Readiness Sauadron Commander



Lt. Col. Jeremy Domb 14th Operations Group

Lt. Col. Nelson Prouty

48th Flying Training

Sauadron Commande





Lt. Col. Jennifer Prouty

Lt. Col. Jason Barlow

43rd Flying Training

Squadron Commander

Col. Brad Spears

14th Operations Group



Lt. Col. Joseph McCane 14th Student Squadron



Lt. Col. Nathan Wilds 50th Flying Training Squadron Commander



Lt. Col. Timothy Thoren

41st Flying Training

Sauadron Commande

Lt. Col. Bryan Benton 49th Flying Training Squadron Commander



Lt. Col. Aaron Tillman

37th Flying Training

Sauadron Commander

Lt. Col. Gerald Ferdinand 81st Flying Training Squadron Commander

(Continued from page 11)

Cultivate, Create, CONNECT

FSS Gift Cards

Make your shopping easier! Purchase or redeem your FSS Gift Card at the following locations: Arts and Crafts, Bowling Center, Child Development Center, Columbus Club, Information Tickets and Travel, Outdoor Recreation or the Youth Center. For more information, stop by any of these locations.

Horse Boarding Available

The CAFB Riding Stables usually has stall space available. For pricing and more information, contact Outdoor Recreation at (662) 434-2505.

Free Mango Languages

Learn a new language today! Free Mango Languages available at the Base Library; real-life conversations in over 70 languages. For more information, contact (662) 434-

Lawn Mower and Bicycle Repair

Outdoor Recreation is now offering lawn mower repair and self-help bicycle repair. For more information, contact (662) 434-2507.

Hobby and Craft Instructors Needed

Do you have a hobby or craft project you can share with others? Arts & Crafts is looking for craft instructors. For more information, contact (662) 434-7836.

Wood Shop is temporarily closed.

The Wood Shop is closed until the beginning of the New Year. Sorry for any inconvenience, please call (662) 434-7836 for any questions.

Referees Needed

Referees needed for various sports at the Fitness Center. For more information or to sign up, contact (662) 434-2772.

RV Storage Lot

Don't clutter your home space, park with us. Outdoor Recreation offers a great place to store your RV year around You will have 24-hour access and can pay monthly or yearly. For more information, call (662) 434-2505.

Instructors Needed

The Youth Center is seeking instructors for tumbling classes, dance classes, piano and guitar lessons. For more information, contact the Youth Center.

Space A Lodging

The Magnolia Inn usually has openings for Space A family and single units. Contact the lodging desk at (662) 434-2548.

Ride in Style

Information Tickets and Travel offers a shuttle service to the airport of your choice. For more information, contact (662) 434-7861.

COMMUNITY

(Continued from page 12)

Volunteer Opportunities

If you are interested in volunteering, please contact the A&FRC. We have volunteer opportunities located across the base for one-time events, special events or on a continual basis. Volunteers are needed on base at the Youth Center, Child Development Center, Library, Medical Clinic, Chapel, Airman's Attic, Thrift Store, the Retiree Activities Office and many other locations. For more information, please call A&FRC at (662) 434-2790.

Installation Voting Assistance Office

A&FRC houses the Voting Assistance Office (VAO) which is open Monday - Friday, 7:30 a.m. - 4:30 p.m. and closed weekends/holidays. The VAO offers voting assistance including voter registration, absentee ballot requests and voting, change of address, and provides answers for other general voting questions to uniformed service members, their family members and civilians with access to A&FRC. Assistance includes but is not limited to aid in preparing and submitting Federal Post Card Application (FPCA) SF-76, Federal Write-in Absentee Ballot (FWAB) SF-186 and National Mail Voter Registration Form (NVRF). The VAO also leads and trains all installation unit voting assistance officers. For more information, please contact the Installation VAO at (662) 434-2701/2790 or e-mail: vote.columbus@us.af.mil.

Discovery Resource Center

The Columbus A&FRC has computers with internet access available for job searches, assessments, resumes, cover letters, state and federal applications and companies' employment information. A printer and fax machine is available. A lending library of books, DVDs and periodicals on transition and EFMP topics are available for check out. These resources are available on a first-come-firstserve basis.

Pre- and Post-Deployment Tour Briefing

These briefings are mandatory for active duty person nel who are either deploying or returning from deployment or a remote tour. Please contact A&FRC at (662) 434-2794/2790 to schedule a briefing and/or for more information.

Pre-Separation Counseling

This counseling is a mandatory briefing for personnel separating or retiring, and is to be completed at least 90 days prior to separation. It may be completed up to 12 months prior to separation or 24 months prior to retirement. Please contact A&FRC at (662) 434-2790 to schedule a counseling session and/or for more information.

Employment Workshop

An employment workshop on local and base employment opportunities is held every Wednesday, 1-2 p.m. This program provides military families and DoD civilian members individual assessment and career counseling to assist with local employment, preparation for future endeavors

via education, job search, or self-owned business objectives in the local area. For more information, please call A&FRC at (662) 434-2790.

SILVER WINGS Oct. 23, 2020

Survivor Benefit Plan

Are you nearing military retirement? The one decision you will need to make before you retire involves participation in the Survivor Benefit Plan (SBP). As with all good decision-making, you need to know the facts before you can make a sound decision. Always get the true facts about SBP before making up your mind. Additional details are available by calling your SBP Counselor Mary Chambers at (662) 434-2720/2790.

Personal Financial Readiness

Need help with financial matters? Want to make the most of your money? The Personal Financial Counselor (PFC) can help you and your family: manage finances, resolve financial problems and reach long-term goals such as education, buying a home and planning for retirement. PFC services are at no cost, private and confidential. Please contact the PFC at (662) 434-2790.

Key Spouse Program (KSP)

The mission of KSP is to provide information and resources to military spouses, supporting families in successfully navigating through the military life cycle. The KSP is a CC's program. The CC establishes and maintains the program within the unit, to include choosing team members. Once selected as a KS in writing, you will need to attend initial/refresher KS training and continuing education. For more information, please call (662) 434-2839.

Military and Family Life Counselor Program

Military and Family Life Counselors (MFLCs) provide non-medical counseling to help Airmen (single and married), spouses and other family members cope with stressful situations created by deployments, reintegration and life challenges such as martial issues, parenting, career stress and anger. All counselors are licensed mental health providers, and they can meet either on or off base. There is no charge for services, and appointments can usually be made within one to two days. To contact the MFLC, please call (662) 435-1110.

Sponsorship Training

An electronic version of sponsorship training called eSponsorship Application & Training (eSAT) is the required training course to become a sponsor. It can be found in Military One Source's MilLife Learning training Course Catalog at this link https://millifelearning.militaryonesource.mil/MOS/f?p=SIS:2:0: More online resources are available on Columbus AFB Living at https://www. columbusafbliving.com/airmen-family-readiness-center/ relocaiton-assistance/electronic-sponsor-resources/. For additional information, please contact the A&FRC Relocation Manager at (662) 434-2701/2790.

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(Editor's note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of

the activities listed, call 434-2790.) "Please note events are subject to change

due to COVID-19, so please contact A&FRC to confirm all events"

Wing Newcomers Orientation

The next Wing Newcomers Orientation will be held on Oct 27 from 8-9:15 a.m. in the Kaye Auditorium. This event is mandatory for all newly arrived military and DoD civilian personnel. The event's foundation is the base's mobile App, so if you are registered, please locate and download the Columbus Air Force Base App from the App Store prior to attending. Pre-registration is required, so please contact your unit CSS to be registered. For more information, please call the A&FRC Relocation Manager at (662) 434-2701/2790.

Hearts Apart

The next Hearts Apart will be Nov 19 from 5-7:00 p.m. This monthly social event is for family members whose sponsor is deployed, on a remote tour or TDY for more than 30 days. To register or for more information, please call A&FRC at (662) 434-2790.

Transition Assistance Program Workshop

The next Transition Assistance Program (TAP) workshop is from 7:30 a.m.-4 p.m. Nov 2-6 and includes seminars on: Transition, Military Occupational Code Crosswalk, Financial Planning, Health Benefits, Mississippi Department of Employment Security, Department of Veterans Affairs, Disabled TAP and Department of Labor. Preseparation counseling is required before attending, and recommended attendance is 12-24 months prior to separation/retirement. Spouses are encouraged to attend with their sponsor. To register or for more information, please call the TAP Manager at (662) 434-2631/2790.

Department of Labor Transition Vo- 434-2790. cational Track Workshop

The next DoL Transition Vocational Smooth Move Relocation Workshop Track Workshop is from 8 a.m.-3 p.m. Nov

F-22's Visit Columbus AFB

Community



U.S. Air Force photo by Airman 1st Class Davis Donaldson

An F-22 Raptor sits on the flightline while members of Team BLAZE approach the aircraft on Oct. 15, 2020, at Columbus Air Force Base, Mississippi. Pilots from McGuire Air Force Base, New Jersey brought two F-22s to Columbus AFB for a fuel stop and static display.

goals. To register or for more information, please call A&FRC at (662) 434-2790.

Federal USA Jobs Workshop

The next Federal USA Jobs workshop is from 9-10:30 a.m. Nov 18. This is a workshop on writing resumes, applications, and job search using the USAJobs website. To register or for more information, please call A&FRC at (662) 434-2790.

Bundles for Babies

The next Bundles for Babies workshop is from 1-3:30 p.m. Nov 19. This program is designed for active duty AF members and/ or their spouses who are pregnant or have a child 4 months old or less. Attendees will learn about finances, labor and delivery, and infant care. A \$50 gift card sponsored by the Air Force Aid Society will be provided for each qualifying child. To register or for more information, please call A&FRC at (662)

The next Smooth Move is from 10-11 16-17 and will be held online. This workshop a.m. Nov 23 in the A&FRC. This workshop helps members identify skills, increase aware- is highly recommended for first-time and ness of training and credentialing programs, over-seas relocating members. Get the very ing up and operating their own business. To

wide relocation assistance agencies. Learn what to expect before you move with information from Tri-Care, Housing, Military Pay, TMO, Medical Records and A&FRC. Be sure to ask any relocating questions you may have during this event. Pre-registration is required, so call A&FRC at (662) 434-2790 to register or for more information.

Heart Link

The next Heart Link / Spouse Welcome is from 8:30 a.m.-noon Jan 7. This half-day program is open to all spouses of active duty military members assigned to Columbus AFB. Attendees will receive information about life in the Air Force, in the local area and at Columbus AFB from local subject matter experts including spouse leaders. To register or for more information, please call A&FRC at (662) 434-2790.

Entrepreneurship Track Transition Workshop

The next Entrepreneurship Track Transition workshop will be held on Jan 28-29 from 8 a.m.-3 p.m. This workshop is conducted by the Small Business Administration for veterans and all base personnel interested startand develop an action plan to achieve career — latest moving information straight from base- — register or for more information, please call — to seeing you all soon!

A&FRC at (662) 434-2790.

EFMP-FS

Exceptional Family Members Program-Family Support, EFMP-FS, establishes, implements and maintains the FS (community support) entity of the Air Force EFMP in coordination with the Medical & Assignments components by enhancing the quality of life of special needs family members. Feel free to contact (662) 434-3323/2790 for any questions related to EFMP or for one-on-one assistance. We can assess your needs and make the proper community referral for you and your family!

See COMMUNITY, Page 13

Chapel Schedule

Chapel services are now available.

Catholic Services: 5 p.m. on Sun

Protestant Services: 10:45 a.m. on Sun Daily Mass: 10 a.m. on Tues and Wed

As we gather for services there is a 50 person limit inside the chapel. Thank you all for your help during this time and we are looking forward

14th Mission Support Group



Col. Jeffrey Welborn 14th Mission Support Group Commander



t. Col. Michael Kennedy 4th Logistics Readiness



Mrs. Norberta Patterson 14th Force Support Squadron Director



Maj. Brandon Palmer Squadron Commander



Maj. Cody Elliott 14th Security Forces Squadron Commander

Tenant Units

University of Alabama

AFROTC Detachment 010

Lt. Col. Myla Abeiuela



Lt. Col. Tyler Johnson Maj. Christopher Watsor 14th Civil Engineer Sauadron Commander



Maj. Dorethas Bracy-Bean 14th Contracting Squadron Commander



Mississippi State University **AFROTC Detachment 425** Lt. Col. Megan Loges

University of Mississippi **AFROTC Detachment 430** Lt. Col. Christopher Maroney

332nd Recruiting Squadron Nashville, Tennessee Lt. Col. Michael Kovalcheck

AFOSI Det. 406 Special Agent Michael McTierman (Interim)

14th Wing Staff Agency



Lt. Col. Armand Fondren 14th Wing Staff Agency Director

14th Flying Training Wing



14th Wing Staff Agency

Mrs. Rita Felton

Chief of Public Affairs

14th Flying Training Wing



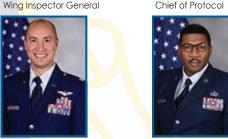
Maj. Josh Mann 14th Comptroller Squadron Commander

14th Flying Training Wing





4th Flying Training Wing



14th Flying Training Wing Command Post Superintendent



Mr. Robert Creaer 14th Flying Training Wing



Lt. Col. Thomas Smith

14th Flying Training Wing

Staff Judge Advocate



Mr. John Beamon 14th Flying Training Wing Equal Opportunity Director



Mr. Lee Goodsell 14th Flying Training Wing



Lt. Col. Michael Cancellare

14th Flying Training Wing Chief of Information Protection Functional Service Manager



Mrs. Daisy Jones-Brown 14th Flying Training Wing Violence Prevention Integrator



Ms. Athena Sims 14th Flying Training Wing Sexual Assault Prevention Response Program Manager

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Oct. 23, 2020 Cultivate, Create, CONNECT

Updated Pharmacy Technology

Maj. Katherine Murphy
Columbus AFB Pharmacy

Our Columbus Air Force Base Pharmacy is moving into 2020 with more positivity than 2020 started us out with. Your pharmacy has two new technology innovations that will change the way you'll be receiving your prescriptions in the near future.

First, which is already in effect, is our auto-notification system. When your prescriptions are shelved in our will-call cabinet, this piece of technology is now programed to send you an automatic text message straight to your cell phone. Additionally, if you forget your prescription, it will alert you seven days later to inform you that your prescription is still ready. If you don't like text messaging, our auto-notification system can also send you an automated phone call instead. If our patients utilize this feature, it would cut down on pharmacy phone calls by one-third! This piece of technology is amazing, and I'm excited that our very own community is beginning to compete with our downtown counter parts.

Second, which has yet to come, is our ScriptCenter. ScriptCenter is an automated dispensing machine that will soon be located in the BX lobby for unrefrigerated medication call-refills. Due to this new location, we're able to dispense prescriptions to patients later in the day, and at a more convenient location for our population.

These two recent modernizations are showing us a new way to be excellent in all we do, as our pharmacy team is always striving to engineer newer and better ways to do business with an eye on the mission.

14th CS continues to advance Computers for Learning program

2nd Lt. Alex Scarboro

14th Flying Training Wing Public Affairs

Even with COVID-19 transforming everyday life, Columbus Air Force Base, Mississippi continues to advance the Department of Defense's Computers for Learning

program.

In 1996, the Computers for Learning program was created under Executive Order 12999,

which states "Educational Technology: Ensuring Opportunity for All Children in the Next Century."

The main focus is for federal agencies to

distribute excess IT equipment to schools and

educational non-profits, says 2nd Lt. Benja-

min Duncan, 14th Communications Squadron equipment control officer.

"The goal is to work with local schools to get them enrolled in the program so they can receive

equipment at no cost," said Duncan. "As the Air Force gets more technology,

they can't hold on to all of it, it eventually has to be retired and this gives the opportunity for schools to get functioning hardware."

The program's challenges are lack of equipment from the base and communication within the school district, said Leslie Flynn, Columbus AFB school liaison.

Currently less than 3% of schools in the state of Mississippi are enrolled in the program.

"With COVID-19 and distanced learning, the need for equipment has certainly escalated," she said. "We're hoping this year we can really help our local schools. We need peo-

ple in various departments to help by looking and turning in equipment."

Flynn said all equipment, such as computers with Windows 10 capability, keyboards and monitors can equip schools and educational non-profits to help students gain access to a better learning environment.

"You'd be surprised how the smallest of things could be of value," Flynn said.

"A computer mouse, keyboards... It's certainly nice to get computers and monitors, but even some of the more basic things would be greatly appreciated."

The last donation made by Columbus AFB was estimated at \$67,000 worth of equipment to Victory Christian Academy in 2015.

Over the next four years, the 14th CS plans to

revamp the program by donating over 2,000 computers. Even with COVID-19 as the new normal, Flynn said she believes she and others can help the community tremendously.

"I'm hoping, this year, for really good participation with an asset roundup," she said. "I hope everyone is enthusiastic about giving, knowing that the equipment will help children in the community."

For any questions about the program or how to donate, please contact Leslie Flynn at leslie.flynn@us.af.mil or call the 14th CS at (662) 434-2666.

Charles E. Lee and Associates Survey Hunt residents should expect to receive an official Air Force housing survey via email.

Hunt residents should expect to receive an official Air Force housing survey via email. This survey will evaluate your living condition in Privatized Housing (PH). Please ensure your email address is up-to-date in Hunt's property management system (YARDI) by calling (662) 434-8312.

Security and policy review

Did you know that as a military member you must coordinate all information relating to speeches, presentations, academic papers, multimedia visual information materials and information proposed for release to a publicly accessible Worldwide Website, with exception of Air Force publications, through the 14th Flying Training Wing Public Affairs Office? For more information contact the 14th FTW/PA at (662) 434-7068.



Columbus Air Force Base Information and Events

Join our Facebook page at Columbus AFB Living, Twitter at @columbusafbliving, Instagram at columbus_afb_living, or visit our website at www.columbusafbliving.com to keep up to date with all the great events happening around base. Check out the calendar on the website for important Airman and Family Readiness Center events. For more information, contact (662) 434-2337.

Get Connected with Your Base App!

As a way to connect people together, Columbus Air Force Base launched a new app to connect Airmen and families to the mission and community! The app is available on all app stores and can be found by searching 'Columbus Air Force Base'.

FSS Base Events

All of the FSS Events have been cancelled until further notice. We apologize for any inconvenience. This is a preventative measure to help minimize the COVID-19 spread. For continuous updates, please follow our Facebook, Columbus AFB Living.

Live Games on Columbus Air Force Base Living Facebook

Tune in on the Columbus Air Force Base Living's Face-book for a live game every 2nd and 4th Thursday at noon. Live games such as Pictionary, Trivia, and Charades. Show off your quick thinking from the comfort of your own home and win a prize!

Back to School Planning

During these times of uncertainty, we want you to be certain of one thing... Columbus AFB School Age Care (SAC) is here to support your needs. During the 2020-2021 School Year, SAC will be offering both after school and full day care services daily. Register today! Please call the Youth Center at (662) 434-2504.

October Fun – After School Program

Youth Programs offers full day care every Wednesday in October with special activities scheduled for each day. Youth must be enrolled in the School Age Program to participate. Drop-in rate is \$5/hour. Call (662) 434-2504 to register. Youth Center will be closed Nov 26-27 for the Thanksgiving Holiday.

Strike Zone Grill Has Moved to The Overrun at the Columbus Club

The Strike Zone Grill (also known as the Snack Bar) has move to The Overrun at The Columbus Club and features DINE-IN and TAKE-OUT service. It's the same great food, same great staff, at a new location. The hours are Monday-Friday: 6:30 a.m. – 2 p.m., Sat & Sun: Closed. Breakfast is offered until 10:30 a.m. The entire bowling center menu is available at The Overrun. For take-out orders, call (662) 434-3426.

Bowling Center

The Bowling Center lanes are open! Hours are Tuesday-Friday: 3 – 9 p.m., Saturday: noon – 6 p.m. Sign-up via

minute blocks. Space is limited! Patrons must sign up via SignUpGenius to secure a spot/access. The link is https://www.signupgenius.com/tabs/93d7ede00a2cae5c42-fitness. There will be no 24/7 access. Please note some important things: 100% ID Card Check. Bathrooms only available. No showers or lockers for use. Bring gym necessities only. No rental equipment. For more information, call the Fitness Center at (662) 434-2772.

Oct. 23, 2020

Outdoor Recreation

FSS Services

The Strike Zone

will be moving to The Overrun

at the Columbus Club for

DINE-IN and TAKE-OUT

Beginning 22 October

Monday-Friday

the Bowling Center's Facebook page. Limited to 4 persons per

lane. Maximum of 20 people in the facility. Beverages and

packaged snacks will be available during bowling hours. For

The library is offering curbside delivery. Find your book

at www.columbusafb.milasolutions.com. Email your order

to the library at 14.fss.fsd.library@us.af.mil. A confirmation

email will be sent when your order is ready! Orders received

before 11 a.m. will be ready during 1 - 4 p.m. that same day.

Before picking up, please make sure you get a confirmation

email stating your book is ready for pickup. When you park

in the back parking lot, please give the library a call at (662)

434-2934 so the library knows you are there. When returning

books, you can drop them off anytime at the book drop off

located in the back parking lot of the library. To return DVDs

and audiobooks, please call us at (662) 434-2934 on Mon-

Arts & Crafts has re-opened. Stop by for all you Fram

The Fitness Center is open and back to normal hours of

operations - Monday-Friday: 5 a.m. - 9 p.m., Saturday & Sun-

day: 8 a.m. – 6 p.m., Holidays: 10 a.m. – 6 p.m. Now serving

all eligible DoD cardholders! And, you can now reserve 90

ing and Engraving needs! For more information, call (662)

more information, call (662) 434-3426

Library Curbside Delivery

rentals are first come, first serve.

Arts and Crafts

Fitness Center

434-7856.

call 434-2490.

Outdoor Recreation's (ODR) hours are Monday-Friday, 10 a.m. – 5 p.m. and Saturday/Sunday, 9 – 10 a.m. ODR offers all sorts of rental for the water, camping, and much more! Don't miss the Shooting Tournament scheduled for 12 September. For more information, call ODR at (662) 434-2505. Please note, all events can be cancelled or rescheduled due to COVID-19.

Halloween Havoc 6 vs 6 Paintball Tournament is coming 24 October 9 a.m. - noon! Free and open to ages 18 and up. Sign-Up at Outdoor Recreation or call (662) 434-2505. Paintballs and Equipment included.

Get ready for another great Shooting Tournament hosted by Outdoor Recreation 7 November 9 a.m. - noon. Call ODR at (662) 434-2505 to sign-up (deadline is 2 November). Entry is FREE and clay targets are included. Guns and ammo will not be provided.

Coffee House on 5th

Coffee House on 5th, located in the Blaze Commons, is back open to 50% capacity inside. Drive through or come in to enjoy a cup of coffee or a tasty treat. Their hours are Monday-Friday, 6 a.m. – 5 p.m. and Saturday, 8 a.m. - noon. Call for more information at (662) 434-2233.

Information, Tickets & Travel (ITT)

Information, Tickets & Travel is back open! Hours are Monday-Friday from 9 a.m. – 1 p.m. Come by and check out their new location right by the Coffee House on 5th. For more information, call (662) 434-7861.

Assignment Night Transportation

Book Assignment Night transportation with ITT! Reserve the bus, the van or both! The cost is only \$30 per hour for Columbus and local areas; a \$30 deposit is required and applied to the total cost of reservation. Reservation must be a minimum of four hours and reserved in person. For more information, contact (662) 434-7861.

day-Friday from 1 – 4 p.m. for an employee to meet you at the back parking lot to pick it up from your car. Please note, all

Did you know that you can book exclusive military vacation packages at ITT? Packages include Universal Studios and Disney destinations. To book your vacation at www.americaforcestravel.com or visit your ITT office at (662) 434-7861.

CAFB Library

The Base Library is offering virtual story time, live craft demonstrations, book clubs and other activities on their Facebook page: @columbusairforcebaselibrary. For more information, contact (662) 434-2934 or send them a direct message on their Facebook page, Columbus Air Force Library.

See **FSS**, Page 1

SILVER WINGS Oct. 23, 2020 Cultivate, Create, CONNECT Cultivate, Create, CONNECT

**** Medical Corner**



Physical activity benefits for breast cancer prevention

There are a variety of strategies in development for the prevention of breast cancer. It is deemed a sedentary lifestyle may increase cancer risk through several mechanisms such as increased insulin-resistance and inflammation and decreased immune system functioning.

Regular physical activity is associated with reduced risk of cancers, especially breast cancer.

Physically active individuals have a 30-40% lower risk of getting cancer than those that are inactive. Active women have 26-40% less chance of cancer related death than their inactive counterparts.

Many studies conclude that intense exercise and or walking can both reduce the risk of breast cancer. Many doctors recommend low-impact and non-strenuous exercise daily.

The American Cancer society recommends 150 minutes (2.5 hours) of exercise per week to lower overall cancer risk.

An activity/movement of 30 minutes i.e. walking daily can lower your risk

Exercise may lower chances of breast cancer risk by:

- Being at a healthy BMI; especially after menopause.
- Activity also lowers blood estrogen levels; that is reported to have lower incidence of breast cancer in active women vs. inactive
- Exercise is also known to boost the body's immunity which helps slow down or kill the growth of cancer cells.

Some exercises to inrease activity levels:

- Walking



EXERCISE (PHYSICAL ACTIVITY) AND BREAST CANCER RISK. Retrieved from https://ww5.komen.org/BreastCancer/ Table4Recreationalphysicalactivityandbreastcancerrisk.html Breast Cancer Prevention: Current Approaches and Future Directions. Retrieved from https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5939980/ Exercise and movement. Retrieved from https://www.wcrf.org/dietandcancer/ exposures/physicalactivity

Postmenopausal breast cancer and physical activity

Physical activity affects a diverse array of metabolic, hormonal, and immunologic pathways. Regular physical activity reduces body fatness and therefore has a beneficial effect on breast cancer risk, possibly through a reduction in circulating estrogen levels, insulin resistance and inflammation – all of which have been linked to postmenopausal breast cancer development. However, it is unclear whether physical activity that is not accompanied by weight loss has a significant impact on these pathways.

Physical activity improves insulin sensitivity and reduces fasting insulin levels, which are linked to higher breast cancer risk in humans. Exercise may also affect breast cancer risk through its effects on insulinlike growth factors (IGFs), because high levels of circulating IGF-1 are associated with increased risk of several cancers, including breast cancer. In addition, physical activity has been shown to have immunomodulatory effects in humans, improving innate and acquired immune response, and promoting tumor surveillance. Studies have also shown that aerobic exercise can decrease oxidative stress and enhance DNA repair mechanisms in humans and would therefore be expected to suppress carcinogenesis. Physically active individuals also tend to have higher sunlight exposure and consequently higher levels of vitamin D, which may modify cell proliferation.



Buckle up! It's the law.



Don't text while driving

BLAZE Hangar Tails: C-17 Globemaster

The C-17 Globemaster III is the newest, most flexible cargo aircraft to enter the airlift force. The C-17 is capable of rapid strategic delivery of troops and all types of cargo to main operating bases or directly to forward bases in the deployment area. The aircraft can perform tactical airlift and airdrop missions and can transport litters and ambulatory patients during aeromedical evacuations when required. The inherent flexibility and performance of the C-17 force improve the ability of the total airlift system to fulfill the worldwide air mobility requirements of the United States.

Background

The C-17 made its maiden flight on Sept. 15, 1991, and the first production model was delivered to Charleston Air Force Base, now known as Joint Base Charleston, South Carolina, on June 14, 1993. The first squadron of C-17s, the 17th Airlift Squadron, was declared operationally ready Jan. 17, 1995. The Air Force originally programmed to buy 120 C-17s.Current budget plans increased the total number to 223 aircraft.

The C-17 is operated by Air Mobility Command at Traters)

vis AFB, California; Dover AFB, Delaware; Joint Base Lewis-McChord, Washington; Joint Base Charleston, South Carolina, and Joint Base McGuire-Dix-Lakehurst, New Jersey.

The Air National Guard flies C-17s from the 172d Airlift Wing, Jackson, Mississippi, and the 105th Airlift Wing, Stewart ANGB, New York. Additionally, Air Force Materiel Command operates two C-17s at Edwards AFB, California, and Pacific Air Forces operates aircraft at Joint Base Elmendorf-Richardson, Alaska, and Joint Base Pearl Harbor-Hick-

The Air Force Reserve Command operates aircraft at March Air Reserve Base, California, and Wright Patterson AFB, Ohio, Air Education and Training Command has 17 aircraft at Altus AFB, Oklahoma.

General Characteristics

Primary Function: Cargo and troop transport **Prime Contractor:** Boeing Company

Power Plant: Four Pratt & Whitney F117-PW-100 turbo-

Thrust: 40,440 pounds, each engine

Wingspan: 169 feet 10 inches (to winglet tips) (51.75 me-

Length: 174 feet (53 meters)

Height: 55 feet 1 inch (16.79 meters)

Cargo Compartment: length, 88 feet (26.82 meters): width, 18 feet (5.48 meters); height, 12 feet 4 inches (3.76

Speed: 450 knots at 28,000 feet (8,534 meters) (Mach .74) Service Ceiling: 45,000 feet at cruising speed (13,716 me-

Range: Global with in-flight refueling

Crew: Three (two pilots and one loadmaster)

Aeromedical Evacuation Crew: A basic crew of five (two flight nurses and three medical technicians) is added for aeromedical evacuation missions. Medical crew may be altered as required by the needs of patients

Maximum Peacetime Takeoff Weight: 585,000 pounds

Load: 102 troops/paratroops; 36 litter and 54 ambulatory patients and attendants; 170,900 pounds (77,519 kilograms) of cargo (18 pallet positions)

Unit Cost: \$202.3 million (fiscal 1998 constant dollars)

Date Deployed: June 1993

Inventory: Active duty, 187; Air National Guard, 12; Air Force Reserve, 14



U.S. Marine Corps Photo by Cpl. Megan Roses

A U.S. Air Force C-17 Globemaster III transport aircraft, assigned to Joint Base Lewis-McCord, Washington, departs Marine Corps Air Station (MCAS), Camp Pendleton after delivering UH-1Y Venom and AH-1Z Viper helicopters to MCAS, Camp Pendleton. California, Nov. 28, 2018.



U.S. Air National Guard photo by Master Sat. Matt Hech

A U.S. Air Force C-17 Globemaster III from the 6th Airlift Squadron, 305th Air Mobility Wing taxis after landing at Joint Base McGuire-Dix-Lakehurst, N.J., Oct. 16, 2017. The C-17 can perform tactical airlift and airdrop missions and can transport litters and ambulatory patients during aeromedical evacuations when required.

Visit www.columbus.af.mil to learn about Columbus AFB agencies and other important information.



SUPT Class 21-01 earns silver wings

The state of the first of the state of the s

TOO MANY HOOKS?
389-CTS
This Message Approved By
CAFB Class 21-01





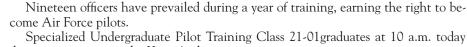
Warner Robins, Georgia



Birmingham, Alabama



Los Angeles, California



Specialized Undergraduate Pilot Training Class 21-01graduates at 10 a.m. today during a ceremony at the Kaye Auditorium.

Students will receive their silver pilot's wings at the ceremony, and students who excelled in their respective training tracks will be recog-

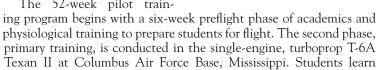
Second Lt. Wyatt Grace and 2nd Lt. Phillip Child received the Air Education and Training Command Commander's Trophy for being the most outstanding students overall in their class-

The Air Force Association Award was presented to Grace and 2nd Lt. Nicholas Caval-

lone who excelled in training and typified the tenets of the association; promoting aerospace power and a strong national defense.

The distinguished graduates of Class 21-01 recognized were Grace and Child for outstanding performance in academics, officer qualities and flying abil-

The 52-week pilot train-



aircraft flight characteristics, emergency procedures, takeoff and landing procedures, aerobatics and formation flying. Students also practice night, instrument and cross country navigation flying.

Primary training takes approximately 23 weeks and includes 254.4 hours of ground training, 27.3 hours in the flight simulator and

> 89 hours in the T-6A aircraft. After primary training, students select, by order of merit, advanced training in the fighter-bomber or airlift-tanker track.

Both tracks are designed to best train pilots for successful transition to their follow-on aircraft and mission.

Advanced training for the fighter track s done in the T-38C Talon, a tandem-seat, twin-engine supersonic jet. T-38 training em-

phasizes formation, advanced aerobatics and navigation. Training takes approximately 26 weeks and includes 381 hours of ground training, 31.6 hours in the flight simulator and 118.7 hours in the T-38C aircraft.

The airlift-tanker track uses the T-1A Jayhawk, the military version of a multi-place Beech Jet 400 business jet. Instruction

centers on crew coordination and management, instrument training, cross-country flying and simulated refueling and airdrop missions. Training takes about 26 weeks and includes 185 hours of ground training, 53.6 hours in the flight simulator and 76.4 hours in the T-1A.



1st Lt. Nicholas Cavallone Glen Cove, New York



Sacramento, California F-15C



1st Lt. Eric Smith Wilkes-Barre, Pennsylvania





The Woodlands, Texas



2nd Lt. Austin Cole Jackson, Mississippi

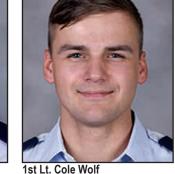


1st Lt. Connor Tuma Roswell, Georgia C-130J



Chilhowie, Virginia

1st Lt. Matthew Vitagliano Lakeland, Florida



1st Lt. Cole Wolf Baton Rouge, Louisiana



2nd Lt. Oscar Diaz Miami, Florida



Stockton, California KC-10



Albany, New York T-38 ADAIR



New York, New York C-130J



2nd Lt. Daniel Liebman Raleigh, North Carolina



Columbia, South Carolina