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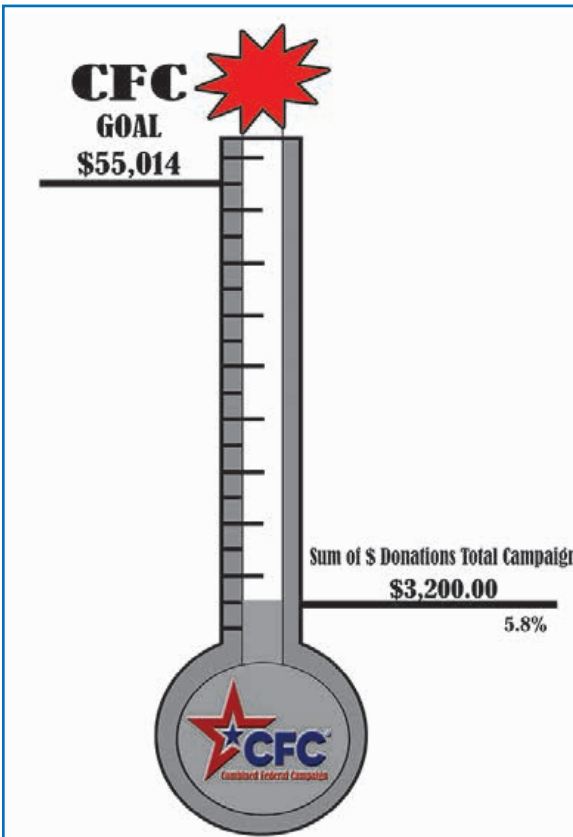
“Cultivate Airmen, Create Pilots, CONNECT”

Columbus Air Force Base, Miss.

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Vol. 43, Issue 30

September 27, 2019



News Briefs

Enlisted Promotions

Join fellow Team BLAZE members at 3 p.m., Sept. 30 in the Columbus Club to celebrate and congratulate our newly promoted Airmen.

CREATE Expo

The Imagine the Possibilities Career Expo will take place Oct. 1-3 at the BancorpSouth Arena in Tupelo with an open house for the public at 2-5 p.m., Oct. 2. See page 6.

SUPT Class 19-25 Assignment Night

Celebrate with Specialized Undergraduate Pilot Training Class 20-01/02 at 5:30 p.m., Oct. 11 in the Club as they receive their new assignments.



U.S. Air Force photo by Senior Airman Beaux Hebert

Renee Sanders, CEO of the Lowndes and Noxubee County United Way speaks at the 2019 Combined Federal Campaign kickoff breakfast Sept. 17, 2019, on Columbus Air Force Base, Miss. Sanders told the attendees about the EF3 tornado that damaged several home and businesses in the local area and what the United Way is doing to help out.

Columbus AFB kicks off CFC with breakfast

Senior Airman Beaux Hebert

14th Flying Training Wing

Team BLAZE kicked off the 2019 Combined Federal Campaign with a breakfast and guest speakers from local charities and organizations.

The CFC is a federal workplace giving campaign that allows Department of Defense personnel the opportunity to donate to local, national and international charities of their choosing.

Maj. Kyle Sellner is this year's 14th Flying Training Wing

keyworker and told the audience the CFC has been around for 53 years and has raised \$8.3 billion.

“This year, Team BLAZE’s campaign is from Sept. 16 until Oct. 11 and we have set our goal for \$55,014,” Sellner said. “With your support we hope to exceed our goal and contribute to the campaign theme of ‘Show Some Love to Help Those in Need.’”

George Irby, chief executive officer of the Happy Irby Fund,


See CFC, Page 3

COLUMBUS AFB TRAINING TIMELINE

PHASE II		PHASE III		IFF		WING SORTIE BOARD			
Squadron	Track Select	Squadron	Graduation	Squadron	Graduation	Aircraft	Required	Flown	Annual
37th (20-12)	Sept. 27	48th (19-25)	Sept. 27	49th (20-ABC)	Oct. 18	T-6	1,656	1,840	28,731
41st (20-13)	Oct. 10	50th (19-25)	Sept. 27			T-1	552	440	8,744
						T-38	600	590	10,545
						IFF	240	244	4,372

Col. Steven Boatright, Commander, 53d Weapons Evaluation Group, Tyndall Air Force Base, Florida, is the guest speaker for Specialized Undergraduate Pilot Training Class's 19-25 graduation at 10 a.m., today in the Kaye Auditorium.

* Mission numbers provided by 14 FTW Wing Scheduling.



14TH FLYING TRAINING WING DEPLOYED

As of press time, 14 TEAM BLAZE members are deployed worldwide. Remember to support the Airmen and their families while they are away.

Deployment numbers provided by the Installation Personnel Readiness Office.

Silver Wings new schedule

Recently, the Silver Wings publications schedule has adjusted to a new format. Publications will now produce two issues a month with SUPT Graduations a part of those issues.

2019	2020
October 11	January 10
October 25	January 24
November 8	February 7
November 15	February 28
December 6	March 13
December 13	March 27
	April 10
	April 24
	May 15
	May 29
	June 12
	June 26
	July 10

Mon	Tue	Wed	Thur	Fri	Sat/Sun	Long Range Events
30 Enlisted Pro-motions, 3 p.m. @ Club	1 CREATE Expo, @ Bancorp South Arena Wing Newcom-ers, 8 a.m. @ Kaye Auditorium	2	3	4	5/6 5th: Base Pa-rade, 9 a.m. @ State and Mag-nolia Housing 5th: Fire Expo, 10 a.m.-noon @ Firehouse	Oct. 14: Columbus Day Oct.15: Wing Newcomers Oct. 18: Boss & Buddy Oct. 18: IFF Class 20ABC Graduation Oct. 18: Crud Tournament Oct. 24: Hearts Apart Oct. 24: 43rd T-1 Heritage Paint Unveiling Oct. 25: Class 20-01/02 Graduation Oct. 25: Maj. Gen. Russell L. Mack Visit Oct. 26: Day of the Deployed
7	8 SUPT Class 20-21/22 Pilot Partner Wel-come, 6 a.m. @ TBD	9	10	11 Combined Fed-eral Campaign Ends Class 20-01/02 Assignment Night, 5:30 p.m. @ Club	12/13	

Silver Wings

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Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

Published by The Commercial Dispatch Publishing Company, Inc., private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 14 FTW/PA office. This civilian enterprise newspaper is an authorized publication for members of the U.S. military services. Contents of the Silver Wings are not necessary the official views of, or endorsed by, the U.S. government, DoD, and the Department of the Air Force.

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Editorial content is edited, prepared and provided by the 14 FTW Public Affairs Office of Columbus AFB, Miss. All photographs are Air Force photographs unless otherwise indicated.

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Submit all advertising to the Columbus, Miss., Commercial Dispatch advertising department one week prior to desired publication date. The advertising department can be reached at (662) 328-2424.



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Air Force
Readiness Programs

(Editor's note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of the activities listed, call 434-2790.)

Wing Newcomers Orientation

The next Wing Newcomers Orientation is from 8 a.m.-noon Oct. 1. This event is mandatory for all newly arrived military and DoD civilian personnel. This base-wide CONNECTION orientation begins at the Kaye Auditorium and consists of a guided base tour. The event's main foundation is a mobile App, so if you plan to attend, please locate and download the Columbus Air Force Base App from the App Store prior to attending. To register, please contact your unit CSS, or for more information, please call the A&FRC Relocation Manager at (662) 434-2701/2790.

Smooth Move Relocation Workshop

The next Smooth Move is from 10-11 a.m. Oct. 3 in the A&FRC. This workshop is highly recommended for first-time and over-seas relocating members. Get the very latest moving information straight from base-wide relocation assistance agencies. Learn what to expect before you move with information from Tri-Care, Housing, Military Pay, TMO, Medical Records and A&FRC. Be sure to bring and ask any relocating questions you may have during this event.

Air Force Recovery Coordination Program

A Recovery Care Coordinator (RCC) will be providing assistance from noon-5 p.m. Oct. 9; 8 a.m.-5 p.m. Oct. 10; and 8 a.m.-noon Oct. 11 at the A&FRC. The Recovery Coordination Program (RCP) streamlines and improves the way care and support is delivered to wounded, ill, and injured Airmen and their families. The RCP provides the support of a RCC who guides the Airman and family along their road to recovery. Those eligible include wounded, ill and injured Airmen who: (1) have a serious illness or injury, (2) are unlikely to return to duty within a specified amount of time, (3) may be medically separated from the military. Additional details are available by contacting the Columbus AFB A&FRC at (662) 434-2790.

Hearts Apart

The next Hearts Apart is from 5-7 p.m. Oct. 24. This monthly social event is for family members whose sponsor is deployed, on a remote tour or TDY for more than 30 days. To register or for more information, please call A&FRC at (662) 434-2790.

Transition Assistance Program GPS (Goals, Plans, Success) Workshop

The next Transition Assistance Program (TAP) workshop is from 7:30 a.m.-4 p.m. Nov. 4-8 and includes seminars on: Transition, Military Occupational Code Crosswalk, Financial

Meet some of your Key Spouses
and Key Spouse Mentors



Front row, left to right, 41st Flying Training Squadron Key Spouse Kimberly Robinson, 41st FTS Key Spouse Mentor Nina Muskalla, 50th FTS Key Spouse Jessica Gaiser, 37th FTS Key Spouse Rebecca Gillen, 14th Contracting Squadron Key Spouse Nathalia Martinez. Back Row, left to right, 14th Flying Training Wing Key Spouse Mentor Steve Broderick, 14th Medical Group Key Spouse Cheryl McKeithen, 14th Operations Support Squadron Key Spouse Mentor Melissa Mowrey, 48th FTS Key Spouse Laura Zujus, 48th FTS Key Spouse Mentor Amanda Richardson. Key Spouse's serve military families by volunteering their time to providing support, empowerment, and aid in creating a strong and resilient Air Force, whether military members are home or deployed.

Planning, Health Benefits, Mississippi Department of Employment Security, Department of Veterans Affairs, Disabled TAP and Department of Labor. Preseparation counseling is required before attending, and recommended attendance is 12-24 months prior to separation/retirement. Spouses are encouraged to attend with their sponsor. To register or for more information, please call the TAP Manager at (662) 434-2631/2790.

Federal USA Jobs Workshop

The next Federal USA Jobs workshop is from 9-10:30 a.m. Nov. 13. This is a workshop on writing resumes, applications, and job search using the USAJobs website. To register or for more information, please call A&FRC at (662) 434-2790.

Bundles for Babies

The next Bundles for Babies workshop is from 1-3:30 p.m. Nov. 14 in the A&FRC. This program is designed for active duty AF members and/or their spouses who are pregnant or have a child 4 months old or less. Attendees will learn about finances, labor and delivery, and infant care. A \$50 gift card sponsored by the Air Force Aid Society will be provided for each qualifying child. To register or for more information, please call A&FRC at (662) 434-2790.

Career Exploration & Planning Track Workshop

The next Career Exploration & Planning Track workshop is from 8 a.m.-3 p.m. Nov. 18-19 in the A&FRC. This workshop helps members

identify skills, increase awareness of training and credentialing programs, and develop an action plan to achieve career goals. To register or for more information, please call A&FRC at (662) 434-2790.

Heart Link

The next Heart Link is from 8:30 a.m.-noon Nov. 21 in the A&FRC. This half-day program is open to all spouses of active duty military members assigned to Columbus AFB. Attendees will receive information about life in the Air Force, in the local area and at Columbus AFB from local subject matter experts including spouse leaders. To register or for more information, please call A&FRC at (662) 434-2790.

Entrepreneurship Track Transition Workshop

The next Entrepreneurship Track Transition workshop is from 8 a.m.-3 p.m. Feb. 6-7. This workshop is conducted by the Small Business Administration for veterans and all base personnel interested starting up and operating their own business. To register or for more information, please call A&FRC at (662) 434-2790.

Volunteer Opportunities

If you are interested in volunteering, please contact the A&FRC. We have volunteer opportunities located across the base for one-time events, special events or on a continual basis. Volunteers are needed on base at the Youth Center, Child Development Center, Library, Medical Clinic, Chapel, Airman's Attic, Thrift Store, the Retiree Activities Office and many

other locations. For more information, please call A&FRC at (662) 434-2790.

Installation Voting Assistance Office

A&FRC houses the Voting Assistance Office (VAO) which is open Monday - Friday, 7:30 a.m. - 4:30 p.m. and closed weekends/holidays. The VAO offers voting assistance including voter registration, absentee ballot requests and voting, change of address, and provides answers for other general voting questions to uniformed service members, their family members and civilians with access to A&FRC. Assistance includes but is not limited to aid in preparing and submitting Federal Post Card Application (FPCA) SF-76, Federal Write-in Absentee Ballot (FWAB) SF-186 and National Mail Voter Registration Form (NVRF). The VAO also leads and trains all installation unit voting assistance officers. For more information, please contact the Installation VAO at (662) 434-2701/2790 or e-mail: vote.columbus@us.af.mil.

Marriage Monday

The Columbus Air Force Base Helping Agencies will host Marriage Monday at 6 p.m., Oct. 7, at the Blaze Chapel. Join the helping agencies for a free meal and discussion on thriving communication in marriage. Child care will be provided for children ages 1-11. For child care, please call the chapel at 434-2500.

Chapel Schedule

Whether you are new to Columbus Air Force Base or have been around for a while, our parish communities welcome you to join us as we worship, fellowship, and encourage one another. For more information, please call 434-2500.

Catholic Community
Sundays:
3:30 p.m. – Religious Education, grades K-9 (Start in Fall)
4 p.m. – Choir Practice
4 p.m. – Confession (or by appointment)
5 p.m. – Mass
1st and 3rd Sunday - Fellowship Meal following Mass
Tuesdays:
10 a.m. – Daily Mass (Phillips Auditorium)
Wednesdays:
10 a.m. – Daily Mass (Phillips Auditorium)
10:30 a.m. – Adoration (Phillips Auditorium)
2nd Saturday of each month - Faith Ablaze

Protestant Community
Sundays:
9 a.m. – Adult Sunday School
10:45 a.m. – Community Worship Service (Donut Fellowship following)
3rd Sunday of Each Month - Protestant Faith Ablaze
Wednesdays:
6 p.m. - AWANA: Begins September 26th (Open to all denominations)
Thursdays:
5:30 p.m. – Student Pilot Bible Study (Open to all denominations)

CFC
(Continued from page 1)

spoke about the history of the Happy Irby Fund to those in attendance. His father, George “Happy” Irby, Sr. would save his tips he made working at the now Columbus Club and use it to buy necessities for less fortunate children for Christmas.

“That began a connection with the base,” Irby said. “It is such a joy to see a community working with the base to help out those in need.”

Another guest speaker was Renee Sanders, CEO of the Lowndes and Noxubee County United Way. The United Way’s mission is to improve lives by mobilizing the caring power of communities around the world to advance the common good. One of the topics she spoke about mentioned a tornado that damaged several homes and businesses in Columbus, Mississippi.

“On Feb. 23, our community was hit by an EF3 tornado,” Sanders said. “We are still in recovery mode, if you are wondering why you should get involved. This tornado damaged the houses in a way that insurance didn’t cover it, but we are trying to help.”



U.S. Air Force photo by Senior Airman Beaux Hebert

Leadership from the 14th Flying Training Wing attend the 2019 Combined Federal Campaign kickoff breakfast Sept. 17, 2019, on Columbus Air Force Base, Miss. Two guest speakers from local charities spoke to the attendants about their respective organizations.

After Sanders, Sellner recognized the key-workers who will be out spreading the word about the CFC and taking donation slips.

14th Flying Training Wing: Maj. Kyle Sellner, Tech Sgt. Quincy Harris

14th Operations Group: 1st Lt. Sean Brennan, Tech. Sgt. Jesahira Early

14th Mission Support Group: Tech. Sgt.

Ashley Henderson

14th Medical Group: Tech. Sgt. Christopher Stone

14th Wing Staff Agencies: Senior Airman Matthew Belleville

View the following websites for detailed information regarding the CFC and its charities:



U.S. Air Force photo by Senior Airman Beaux Hebert

George Irby, chief executive officer of the Happy Irby Fund, speaks at the 2019 Combined Federal Campaign kickoff breakfast Sept. 17, 2019, on Columbus Air Force Base, Miss. Irby reassured the attendees that their donations are safe and directly help less fortunate children in the local area.

Facebook.com/msdeltacfc

Twitter.com/msdeltacfc

Instagram.com/msdeltacfc

For specific local questions please contact Sellner at 434-1671 or Tech. Sgt. Quincy Harris at 434-3425, and to make an online donation, visit: www.opm.gov/showsommelovecfc.



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Female Alpha Warrior returns triumphant

Airman 1st Class Jake Jacobsen
14th Flying Training Wing
Public Affairs

Three years ago the U.S. Air Force partnered with Alpha Warrior to deliver functional fitness training to Airmen and their families across the globe while hosting competitions between the military branches.

Now, several years later, and the Air Force has won multiple Alpha Warrior inter-service championships. The Air Force competed against the Army and Navy Sept. 14, at Retama Park in Selma, Texas, to claim the Alpha Warrior Inter-Service Championship.

Representing Columbus Air Force Base was 2nd Lt. Michelle Strickland, 37th Flying Training Squadron student pilot, who was the top female in the final competition with a time of 25 minutes, 5 seconds, and her time was tied for third overall.

“With the high demands of pilot training, on top of being in the innovation flight where we are doing things a lot differently, for her to be able to keep up such a high fitness level, use her time wisely and still go out there and win that competition is a remarkable achievement to see,” said Maj. Ryan Brewer, 37th Flying Training Squadron instructor pilot.

The Alpha Warrior course consisted of more than 30 obstacles where the Air Force team battled and raced across the course for best time.

“The competition was unique in the fact that it wasn’t just the standard physical military training, in fact it might be the hardest



Courtesy photo
Second Lt. Michelle Strickland, 37th Flying Training Squadron student pilot, walks with weights for the farmer walk obstacle, Sept. 14, 2019, at Retama Park in Selma, Texas. Alpha warrior hosts battle competition where branches of the military can compete for fastest time.

physical challenge I have ever done before,” Strickland said. “It pushes the entire body, your muscular stamina and cardiovascular endurance to new limits.”

Half of the courses were permanent obstacles with names like pipe bombs, barrel rolls and “Alcatraz,” a three-story structure. The others were strength obstacles involving sand bags, ropes and weighted sleds.

Strickland mentioned the hardest part of

the course was a sled pull where she had to pull a weighted cart with resistance on it without moving from the spot she was standing. She said the easiest part was the spider wall where they had to scale up to the top using their hands and feet with nothing to grip onto.

“It was helpful having my family there to push me as well as the support from my teammates who were there every step of the



Courtesy photo
Second Lt. Michelle Strickland, 37th Flying Training Squadron student pilot, holds a plaque for the Alpha Warrior Inter-Service Championship, Sept. 14, 2019, at Retama Park in Selma, Texas. The Air Force obtained its second straight Alpha Warrior Inter-Service Championship over the Army and Navy.

way,” Strickland said. “In the beginning the Air Force team was just getting to know each other but by the time the final competition hit we felt like a family and encouraged each other the entire time.”

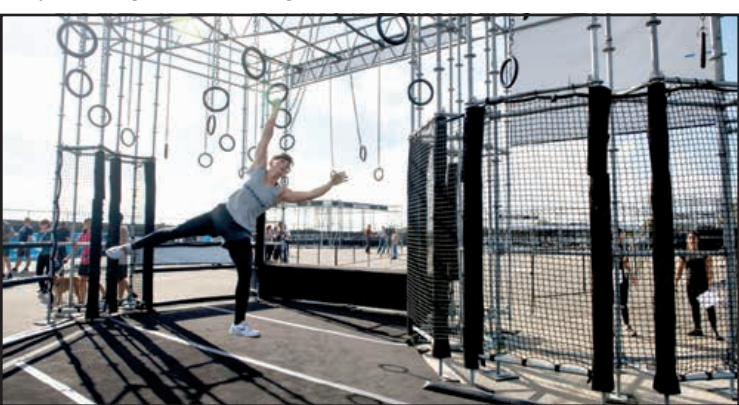
Strickland claimed her diet was an essential part in her physical fitness for the competition.

“Being in pilot training I don’t have as much time to train as I would like, so feeding my body in the way it is designed helps it become more efficient in getting the large amount of stamina I needed to complete a competition like the Alpha Warrior,” Strickland said.

As part of its Alpha Warrior program, the Air Force has set up smaller battle rigs and stations at more than 70 installations around the globe, Columbus AFB being one of them.

Strickland encourages to try training on the Alpha Warrior equipment and ensures people that competing and winning is obtainable if the effort and training is put in.

Learn more about the Alpha Warrior equipment by contacting the fitness center, talking to unit physical training leaders or by visiting the Air Force Alpha Warrior program’s website for more information.



Courtesy photo
Second Lt. Michelle Strickland, 37th Flying Training Squadron student pilot, maneuvers across a ring obstacle course, Sept. 14, 2019, at Retama Park in Selma, Texas. Representing Columbus Air Force Base was Second Lt. Michelle Strickland, 37th Flying Training Squadron student pilot, who placed first female with a time of 25 minutes, 5 seconds, and third place overall in the final battle against the sister services.



Courtesy photo
Second Lt. Michelle Strickland, 37th Flying Training Squadron student pilot, swings across a rope obstacle course during the Alpha Warrior Inter-Service Championship, Sept. 14, 2019, at Retama Park in Selma, Texas. The Alpha Warrior course consisted of more than 30 obstacles where the Air Force team battled and raced across the course for best time.

Golden Triangle Autism Center

a division of
Community Counseling Services



The Golden Triangle Autism Center teaches educational, social, communication and language, behavioral, and self-help skills using Applied Behavior Analysis (ABA) techniques to support the needs of children with autism, developmental delays, learning difficulties, and challenging behaviors within a variety of settings.

Each instructor of Golden Triangle Autism Center has experience and intensive training providing services to individuals with autism, developmental delays, learning difficulties, and behavioral challenges. In addition, each instructor holds a Registered Behavior Technician (RBT) credential. A Board Certified Behavior Analyst oversees all cases.

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www.ccsms.org/autism-disorder-services

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Muddy Waters
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Columbus Air Force Base Information and Events
Join our Facebook page at Columbus AFB Living, Twitter at @columbusafbliving, Instagram at columbus_afb_living, or visit our website at www.columbusafbliving.com to keep up to date with all the great events happening around base. Check out the calendar on the website for important Airman and Family Readiness Center events. For more information, contact 434-2337.

Get Connected with Your New Base App!
As a way to connect people together, Columbus Air Force Base launched a new app to connect Airmen and families to the mission and community! The app is available on all app stores and can be found by searching 'Columbus Air Force Base'.

Fall Color Run
Join us on Oct. 5 at the Youth Center's annual Fall Color Run starting at 8:30 a.m. This is a family event, there will be modified run distances for each age group up to 2 miles. Awards for Most Spirited Group/Individual. Open to all ages. Call 434-2504 for more information.

Autobahn Indoor Speedway
Take a trip with ODR to Birmingham, Alabama on Oct. 12 from 7 a.m.-3 p.m. This is a high adrenaline trip that is guaranteed to feed your need for speed. The cost is \$40 per person includes 2 hours unlimited driving, transportation and equipment. Call 434-2547 for more information.

ATROX Factory
Visit one of the top haunted attractions in the South East! ITT takes you to Leeds, Alabama for a visit at the ATROX. Oct. 12 from 3 p.m.-11 p.m. The cost is \$40 per person includes admission and transportation. After the scare of your life, the bus will take you to nearby restaurants for a meal. Must be 16 and over to participate. Restrictions apply. Participants are responsible for the purchase of their meals. Call 434-7861 for more information.

Save the Date!
Boo Fest is coming on Oct. 26! More details soon!

Let's Paint a Pumpkin
Come paint a pumpkin at Arts & Crafts on Oct. 26 from 10 a.m.-noon. All supplies are included. You will be able to take your painting home with you. There will be a canvas for boys and a canvas for girls. The cost is \$5 per participant. Call 434-7835 for more information.

Assignment Night Transportation
Book Assignment Night transportation with ITT! Reserve the bus, the van or both! The cost is only \$30 per hour for Columbus and local areas; a \$30 deposit is required and applied to the total cost of reservation. Reservation must be a minimum of four hours and reserved in person. For more information, contact 434-7861.

Martial Arts
Martial Arts classes are available at the Youth Center every Tuesday and Wednesday from 5-6 p.m. receive two free introductory classes, contact the Youth Center for more information at 434-2504.



Exclusive Military Vacation Packages
Did you know that you can book exclusive military vacation packages at ITT? Packages include Universal Studios and Disney destinations. To book your vacation at www.americaforcestravel.com or visit your ITT office at (662) 434-7861.

Storytime Schedule
The Base Library is offering Storytime on Tuesdays at 10 a.m. for ages 3 – 6 years, Fridays at 10 a.m. and 3:30 p.m. for ages birth – 2 years, and 10 a.m. on Saturdays for all ages. For more information, contact 434-2934.

FSS Gift Cards
Make your shopping easier! Purchase or redeem your FSS Gift Card at the following locations: Arts and Crafts, Bowling Center, Café at Whispering Pines, Child Development Center, Columbus Club, Information Tickets and Travel, Outdoor Recreation or the Youth Center. For more information, stop by any of these locations.

Horse Boarding Available
The CAFB Riding Stables usually has stall space available. For pricing and more information, contact Outdoor Recreation at 434-2505.

Free Mango Languages
Learn a new language today! Free Mango Languages available at the Base Library; real-life conversations in over 70 languages. For more information, contact 434-2934.

Play Paintball
Outdoor Recreation offers paintball for groups or individuals. You must book twenty-four hours in advance; 17 years old and under must be accompanied by an adult. The cost is \$15 per person for party of 10 or more; \$20 per person for party of nine or less. You must purchase paint balls at Outdoor Recreation for \$50 per case of 2,000. For more information, contact 434-2505.

The Overrun is Open Friday Nights
The Overrun is open Fridays 4:30 p.m. - Midnight. Excluding Graduation nights. For more information, contact 434-2489.

Lawn Mower and Bicycle Repair
Outdoor Recreation is now offering lawn mower repair and self-help bicycle repair. For more information, contact 434-2507.

Hobby and Craft Instructors Needed
Do you have a hobby or craft project you can share with others? Arts & Crafts is looking for craft instructors. For more information, contact 434-7836.

Wood Shop is OPEN!
The Wood Shop is back in business! They are open 10 a.m.-5 p.m. Monday-Thursday and 8 a.m.-4 p.m., Saturday. Call 434-7836 for more information.

Referees Needed
Referees needed for various sports at the Fitness Center. For more information or to sign up, contact 434-2772.

RV Storage Lot
Don't clutter your home space, park with us. Outdoor Recreation offers a great place to store your RV year around. You will have 24-hour access and can pay monthly or yearly. For more information, call 434-2505.

Instructors Needed
The Youth Center is seeking instructors for tumbling classes, dance classes, piano and guitar lessons. For more information, contact the Youth Center.

Fitness on Request
The Fitness Center offers a truly comprehensive group fitness platform that is available all day and completely customizable to meet your needs with 119 different classes on the Fitness on Request system. For more information, call 434-2772.

Space A Lodging
The Magnolia Inn usually has openings for Space A family and single units. Contact the lodging desk at 434-2548.

Ride in Style
Information Tickets and Travel offers a shuttle service to the airport of your choice. For more information, contact 434-7861.

Laser Bowling
The Strike Zone offers laser bowling every Friday and Saturday night starting at 5 p.m., stop in for a great time! Call 434-3426 for more information.

Cultivate, Create, CONNECT

Columbus AFB celebrates Air Force's 72nd birthday



Col. David Fazenbaker, 14th Flying Training Wing vice commander, and Hazel, Base Exchange store manager, cut the cake during the Air Force's 72nd birthday cake cutting at the BX Sept. 18, 2019, on Columbus Air Force Base, Miss. The U.S. Air Force was established after the conclusion of World War II with the passing of the National Security Act of 1947, signed on July 26, 1947 by former President Harry S. Truman.



Col. David Fazenbaker, 14th Flying Training Wing vice commander, speaks to Airmen about the Air Force's birthday and heritage in the Columbus Club Sept. 18, 2019, on Columbus Air Force Base, Miss. Before the creation of the Air Force, the military's flying operations were handled by the U.S. Army on land and the Navy by sea.



Attendees grab slices of cake and punch during the Air Force's 72nd birthday at the Base Exchange Sept. 18, 2019, on Columbus Air Force Base, Miss. With the signing of the National Security Act, the Air Force was officially established on Sept. 18, 1947.



Col. Gary Hayward, 14th Mission Support Group commander, and Airman 1st Class Savannah Hebert, 14th Operations Support Squadron, cut the cake during the Air Force's 72nd birthday cake cutting at the Columbus Club Sept. 18, 2019, on Columbus Air Force Base, Miss. The Air Force is the youngest of the four military branches within the Department of Defense.

Visit www.columbus.af.mil to learn about Columbus AFB agencies and other important information.

~ U.S. Air Force photos by
Airman 1st Class Hannah Bean ~

Boatright to speak at SUPT Class 19-25's graduation

Col. Steven Boatright is the commander, 53d Weapons Evaluation Group, at Tyndall Air Force Base, Florida, is the guest speaker for Specialized Undergraduate Pilot Training Class's 19-25 graduation at 10 a.m., today in the Kaye Auditorium.

Boatright supervises a multi-disciplined team of Airmen, civilians, and contractors in five squadrons and two detachments at four different geographic locations. The 53d Weapons Evaluation Group conducts air-to-air and air-to-ground weapons evaluations, provides air intercept command-and-control and range safety, and maintains the Department of Defense's only full-scale aerial target program.

Colonel Boatright graduated from the United States Air Force Academy in 1995. Noteworthy assignments include Commander of the 35th Fighter Squadron at Kunsan Air Base, South Korea, Assistant Executive Officer to the Air Force Chief of Staff, and F-16 Instructor at the USAF Weapons School. Prior to his current position, Colonel Boatright commanded the U.S. Air Forces Central Command Air Warfare Center at Al Dhafra Air Base, United Arab Emirates.

EDUCATION

1995 Bachelor of Science, USAFA, Colorado Springs, Colorado
2002 Squadron Officer School, Maxwell Air Force Base,

Alabama

2003 USAF Weapons Instructor Course, F-16
2006 Air Command and Staff College, Correspondence
2006 Masters in Airpower Art and Science from American Military University
2007 DoD Executive Leadership Development Program
2008 IDE Fellowship, CSAF Strategic Studies Group
2016 Air War College, Maxwell Air Force Base, Alabama

ASSIGNMENTS

1. June 1991 – May 1995, Cadet, United States Air Force Academy, Colorado Springs, Colorado
2. June 1995 – December 1995, Professional Development Instructor, USAF Academy Preparatory School, Colorado
3. January 1996 – May 1997, student, Euro-NATO Joint Jet Pilot Training, Sheppard Air Force Base (AFB), Texas
4. May 1997 – December 1997, student, F-16 Basic Operational Training Course, Luke AFB, Arizona
5. January 1998 – June 2000, F-16 Pilot, Assistant Chief of Weapons and Tactics, 523 FS, Cannon AFB, New Mexico
6. July 2000 – December 2003, F-16 Instructor Pilot, Flight Commander, 36 FS, Osan AB, South Korea
7. January 2003 – June 2003, student, F-16 Weapons Instructor Course, 16 WPS, Nellis AFB, Nevada
8. July 2003 – June 2005, Chief of Weapons and Tactics, F-16 Weapons Instructor, 34 FS, Hill AFB, Utah
9. July 2005 – June 2008, F-16 Weapons Instructor, 16 WPS, Nellis AFB, Nevada
10. July 2008 – May 2009, CSAF Fellow, CSAF Strategic Studies Group CHECKMATE, Pentagon
11. May 2009 – March 2010, Congressional Appropriations Liaison (SAF/FMBL), Pentagon
12. March 2010 – June 2011, Assistant Executive Officer to the Chief of Staff, Pentagon

13. June 2011 – June 2012, Commander, 35 FS, Kunsan AB, South Korea
14. June 2012 – June 2015, Joint IO Warfare Center, Lackland AFB, Texas
15. June 2015 – June 2016, Air War College, Senior Development Education
16. July 2016 – July 2018, Commander, AFCENT Air Warfare Center, Al Dhafra AB, United Arab Emirates
17. July 2018 – Present, Commander, 53 WEG, Tyndall Air Force Base, Florida

FLIGHT INFORMATION

Rating: Command Pilot
Flight Hours: 2,700
Aircraft Flown: T-37, T-38, AT-38, F-16 Block 5/15/25/30/40/50/60, QF-16A and QF-16C

MAJOR AWARDS AND DECORATIONS

Legion of Merit
Defense Meritorious Service Medal
Meritorious Service Medal with four oak leaf clusters
Air Medal with two oak leaf clusters
Aerial Achievement Medal with two oak leaf clusters
Joint Service Commendation Medal
Air Force Commendation Medal with two oak leaf clusters

EFFECTIVE DATES OF PROMOTION

Second Lieutenant May 31, 1995
First Lieutenant May 31, 1997
Captain May 31, 1999
Major August 1, 2005
Lieutenant Colonel June 1, 2010
Colonel July 31, 2016

BCC

(Continued from page 9)

August of 2007 and went on to fly the B-52 Strato-fortress, B-2 Spirit and MC-12 Liberty over the next several years. In addition, he attended Air University and also served as the Chief of Special Technical Operations and Advanced Program at Joint-Global Strike Operations.

In August of 2018, 11 years after he left his FAIP assignment, Wilds became the Director of Operations for the 50th FTS, the same squadron where he was formerly a FAIP. Within nine months he was promoted to commander of the 50th FTS.

Wilds began to talk about what he noticed when he

first came back to Columbus.

"The city of Columbus and the base have not changed that much, aside from a few cosmetic changes," Wilds said. "But the cool thing is the people did not change, it's the same great hospitality and group of people I remember from the first time I was here."

After Wilds spoke, Col. Samantha Weeks, 14th Flying Training Wing commander, delivered some closing remarks and shared her appreciation for the connection between the base and the local community.

"I just want to acknowledge that everyone in this room, whether you are in the military, a first responder or a community leader, has ensured that over the years our individuals in this community have stayed vigilant to secure our freedoms..., " Weeks said.

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Committee

Barbara Bigelow • Berry Hinds • Brent Green • Bruce Johnson Kay Box • Mark Smith • Mott Ellis • Natasha Smith • Pam Bullock Shelley Strickland • Vaughn Nickels

All Volunteers

DAR • East Columbus Lions Club • Exchange Club of Columbus

CREATE Expo open house for the public Oct. 2

The Imagine the Possibilities Career Expo will take place Oct. 1-3 at the BancorpSouth Arena in Tupelo, with an open house for the public on Oct. 2 from 2-5 p.m. For the past several years, hundreds of Airmen from Columbus Air Force Base, Miss., have spent time showing more than 7,000 eighth-grade students annually, from 17 northeast Mississippi counties, some of the vast career opportunities the Air Force offers during Expo. The expo is hosted by the CREATE Foundation, sponsored by the Toyota Wellspring Fund and more than 130 businesses. Airmen from Columbus AFB have represented in seven of the 18 career pathways including aerospace, emergency management, engineering, government and public administration, health sciences, logistics as well as law and public safety. Within those pathways a total of 17 career fields have been showcased.



U.S. Air Force photo by Tech. Sgt. Christopher Gross

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Medical Corner



HEALTHY AGING



Changing nutrient needs as we get older

Eating right and staying fit are important no matter your age. As we get older, our bodies have different needs so certain nutrients become especially important for good health.

Calorie needs change due to more body fat and less lean muscle. Less activity can further decrease calorie needs. The challenge for older adults is to meet the same nutrient needs as when they were younger, yet consume fewer calories. Choosing nutrient-dense foods – foods high in nutrients in relation to their calories – will help reduce calories.

Protein needs usually do not change for the elderly, but requirements can vary because of chronic disease. Balancing needs and restrictions is a challenge, particularly in healthcare facilities. Excess protein could unnecessarily stress kidneys.

Reducing the overall fat content in the diet is reasonable and may be the easiest way to cut calories and added sugar and reduce weight. Lower fat intake is often also necessary because of chronic disease. However, if an older adult gains weight, healthy sources of fats include salmon, avocado, nuts and nut butters, and olives and olive oil.

About 45-65 percent of calories should come from carbohydrates, with emphasis on complex carbohydrates. Complex carbohydrates include 100% whole wheat bread and tortillas, beans, whole grain pasta, potato with the skin, brown rice or quinoa, and oatmeal. Glucose tolerance may decrease with advancing years, and complex carbohydrates put less stress on the circulating blood glucose than do refined carbohydrates.

Complex carbohydrates also enhance dietary fiber intake. Adequate fiber, together with adequate fluid, helps maintain normal bowel function. Fiber is also thought to decrease risk of intestinal inflammation.

Of all the nutrients, water is the most important, serving many essential functions. Adequate water intake reduces stress on kidney function, which tends to decline with age. Adequate fluid intake also eases constipation. With the aging process, the ability to detect thirst declines, so it is not advised to wait to drink water until one is thirsty. Individuals should be sure to drink plenty of water, 100% fruit or vegetable juice, milk, or coffee or tea to stay properly hydrated. The equivalent to nine (for women) or 13 (for men) glasses of fluid should be consumed every day.

Heal wounds faster with a proper diet

We all know a healthy diet is important for overall health, but what you eat can also make a difference in how quickly a wound heals.

- Plan healthy, balanced meals and snacks that include the right amount of foods from all the MyPlate food groups — protein, fruits, vegetables, dairy and grains.
- Choose vegetables and fruits rich in vitamin C, such as strawberries or spinach. For adequate zinc, choose whole grains and consume protein, such as eggs, meat, dairy or seafood. Some wounds may require a higher intake of certain vitamins and minerals to support healing. Speak with your healthcare provider before starting any new supplements.
- Include adequate protein throughout the day. Include a source of protein at each meal or snack. A sample menu may include eggs for breakfast, black bean tacos for lunch, yogurt for a snack and chicken at dinner.
- Stay well-hydrated with water or other unsweetened beverages.
- For people with diabetes, control blood sugar levels to help prevent wounds from developing and to support healing and recovery.


A registered dietitian nutritionist can develop an individualized eating plan with optimum amounts of calories, protein, fluids, vitamins and minerals for your specific needs.

Five Nutrition Tips to Promote Wound Healing.

Retrieved from <https://www.eatright.org/health/wellness/preventing-illness/nutrition-tips-topromote-wound-healing>

Nutrition and Aging. Retrieved from <https://extension.colostate.edu/docs/pubs/foodnut/09322.pdf>

A personal message from your health promotion Health Myth Busting Team



Dear Health Myth Busters,

My parents are in their late 60's. Alzheimer's runs in our family, and I heard that Vitamin B12 can help older adults avoid memory loss. Is this true? If so, what should I tell my parents to eat more of to get more Vitamin B12?

Sincerely,
Eating to Prevent Alzheimer's

Dear Eating to Prevent Alzheimer's,

It's important to recognize that no single nutrient or food is going to independently cure or avoid a disease. Regarding vitamin B12 and memory loss, there may be an association between low vitamin B12 levels and increased homocysteine levels; increased homocysteine levels have been associated with the onset of Alzheimer's and dementia. However, these studies were observational, and a cause-and-effect relationship cannot be determined.

In literature reviews, there has been no evidence that vitamin B12 has an independent effect on cognition. This means eating more foods high in B12, absent of a B12 deficiency, will not avoid the onset of Alzheimer's. However, older adults are at increased risk for vitamin B12 deficiency.

As we age, stomach acid levels may decrease, which causes a decrease in vitamin B12 absorption. This is because B12 requires stomach acid to unbind it from protein in food, so it can be absorbed in the intestines. Vitamin B12 is found in animal foods, such as fish, meat, poultry, eggs, and dairy products. Many plant foods, including bread, cereal, and plant-based milk may also be fortified with vitamin B12.

Vitamin B12 deficiency presents as a variety of non-specific symptoms including numbness or tingling in extremities; balance problems when walking; anemia; swollen or inflamed tongue; weakness; fatigue; and difficulty thinking or reasoning. If your parents experience any of these symptoms, they may want to discuss having their vitamin B12 levels checked with their primary care provider.

Adults over the age of 50 are encouraged to take a daily multivitamin that provides 100% of their vitamin B12 needs (no need to take doses of >100% unless you have been directed to do so), as this synthetic form of B12 is unbound, and easier to absorb.

Sincerely,
Health Myth Busters

Vitamin B12. Retrieved from <https://ods.od.nih.gov/factsheets/VitaminB12-HealthProfessional/>

Vitamin B12 deficiency can be sneaky, harmful. Retrieved from <https://www.health.harvard.edu/blog/vitamin-b12-deficiency-can-be-sneaky-harmful-201301105780>

BLAZE Hangar Tails: F-35A

Mission

The F-35A is the U.S. Air Force's latest fifth-generation fighter. It will replace the U.S. Air Force's aging fleet of F-16 Fighting Falcons and A-10 Thunderbolt II's, which have been the primary fighter aircraft for more than 20 years, and bring with it an enhanced capability to survive in the advanced threat environment in which it was designed to operate. With its aerodynamic performance and advanced integrated avionics, the F-35A will provide next-generation stealth, enhanced situational awareness, and reduced vulnerability for the United States and allied nations.

Features

The conventional takeoff and landing (CTOL) F-35A gives the U.S. Air Force and allies the power to dominate the skies – anytime, anywhere. The F-35A is an agile, versatile, high-performance, 9g capable multirole fighter that combines stealth, sensor fusion, and unprecedented situational awareness.

The F-35A's advanced sensor package is designed to gather, fuse and distribute more information than any fighter in history, giving operators a decisive advantage over all adversaries. Its processing power, open architecture, sophisticated sensors, information fusion and flexible communication links make the F-35 an indispensable tool in future homeland defense, Joint and Coalition irregular warfare and major combat operations.

The F-35's electronic sensors include the Electro-Optical Distributed Aperture System (DAS). This system provides pilots with situational awareness in a sphere around the aircraft for enhanced missile warning, aircraft warning, and day/night pilot vision.. Additionally, the aircraft is equipped with the Electro-Optical Targeting System (EOTS). The internally mounted EOTS provides extended range detection and precision targeting against ground targets, plus long range detection of air-to-air threats.

The F-35's helmet mounted display system is the most advanced system of its kind. All the intelligence and targeting information an F-35 pilot needs to complete the mission is displayed on the helmet's visor.


The F-35's engine produces 43,000 lbs of thrust and consists of a 3-stage fan, a 6-stage compressor, an annular combustor, a single stage high-pressure turbine, and a 2 stage low-pressure turbine.

The F-35 is designed to provide the pilot with unsurpassed situational awareness, positive target identification and precision strike in all weather conditions. Mission systems integration and outstanding over-the-nose visibility features are designed to dramatically enhance pilot performance.

Background


The F-35 is designed to replace aging fighter inventories including U.S. Air Force F-16s and A-10s, U.S. Navy F/A-18s, U.S. Marine Corps AV-8B Harriers and F/A-18s, and U.K. Harrier GR.7s and Sea Harriers. With stealth and a host of next-generation technologies, the F-35 will be far and away the world's most advanced multi-role fighter. There exists an aging fleet of tactical aircraft worldwide. The F-35 is intended to solve that problem.

On October 26, 2001, Under Secretary of Defense for Acquisition, Technology and Logistics Edward C. "Pete" Aldridge Jr. announced the decision to proceed with the Joint Strike Fighter (JSF) program. This approval advanced the program to the System Development and Demonstration (SDD) phase. The Secretary of the Air Force James G. Roche announced the selection of Lockheed Martin teamed with Northrop Grumman and BAE to develop and then produce the JSF aircraft.




U.S. Air Force photo by Senior Airman Alexander Cook

An F-35A Lightning II taxis during a combat exercise at Hill Air Force Base, Utah, May 1, 2019. The active duty 388th Fighter Wing and Reserve 419th FW, along with F-16 Fighting Falcon units from Holloman AFB, N.M. and Kunsan Air Base, South Korea, conducted an integrated combat exercise where maintainers were tasked to continually provide ready aircraft and pilots to take off in waves to simulate a large force engagement with enemy aircraft.



U.S. Air Force photo by R. Nial Bradshaw



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Words of wisdom vocalized to Air Force’s newest aviators

Airman 1st Class Jake Jacobsen
14th Flying Training Wing
Public Affairs

A former graduate of Columbus Air Force Base, Mississippi, pilot training spoke to the graduates of Specialized Undergraduate Pilot Training Class’s 19-23/24 on Sept. 13, in the Kaye Auditorium.

Retired Lt. Gen. Jeffrey Lofgren, former Deputy Chief of Staff for Capability Development, Headquarters Allied Command Transformation at Norfolk, Virginia, returned to congratulate and support the newest Air Force aviators with words of advice.

Lofgren expressed how honored and humble he felt to be a part of the ceremony and speak to the newest pilots of the world’s greatest Air Force. He was quick to mention how the sight of the graduates took him back to when he graduated pilot training here roughly 34 years ago.

The differences in pilot training now, opposed to the training in Lofgren’s days, have significantly changed. Lofgren highlighted that the newest capabilities we have now were not available to him when he went through pilot training.

“Having this new equipment such as simulators and virtual technology has significantly changed the way the Air Force does pilot training, and it is exciting to see these



U.S. Air Force photo by Airman 1st Class Jake Jacobsen
Retired Lt. Gen. Jeffrey Lofgren, former Deputy Chief of Staff for Capability Development, speaks to the graduating classes and their families, Sept. 13, 2019, on Columbus Air Force Base, Miss. Lofgren expressed how he felt extremely honored and humble to be a part of the ceremony and to speak to the newest pilots of the world’s greatest Air Force.

new aviators at the cutting edge of all the advancements made,” Lofgren said. “As we try to increase pilot production, there is great

innovation going on to help further that need, and it is heartening to see how hard everyone is pushing to help accomplish the

mission.”

Lofgren encouraged the graduates to strive for excellence. He said the mission is difficult and every single pilot on every platform is critical for success.

“What makes us the greatest Air Force in the world is that we don’t accept second best,” Lofgren said. “Striving for excellence in all we do makes a big difference not only in your personal career but in the Air Force at large.”

The graduation also saw the completion of another chapter in Columbus AFB international training programs with the graduation of three pilots from Japan. Two international pilots will return to fly the F-15J Eagle and another flying the UH-60 Black Hawk.

The Japanese national anthem was played at the beginning of the graduation ceremony followed by the U.S. National Anthem, signifying our relationship toward future association in Air Power.

As Lofgren was wrapping up his speech he shared some encouraging words to Columbus AFB stating that the base has an incredibly important mission.

“The Air Force requires the expertise that lie here and requires the entire team to generate pilots for the Air Force,” Lofgren said. “On the heels of 9/11 we should be remembering why we do what we do and why we are a part of something bigger than ourselves.”



U.S. Air Force photo by Airman 1st Class Jake Jacobsen
Retired Lt. Gen. Jeffrey Lofgren, former Deputy Chief of Staff for Capability Development, salutes 2nd Lt. Logan Adcock, Sept. 13, 2019, on Columbus Air Force Base, Miss. Lofgren presented three graduates the Air Education and Training Command Commander’s Trophy for being the most outstanding students overall in their classes.



U.S. Air Force photo by Airman 1st Class Jake Jacobsen
Col. Samantha Weeks, 14th Flying Training Wing commander, presents 2nd Lt. Julius Peek III his certificate of graduation, Sept. 13, 2019, on Columbus Air Force Base, Miss. After graduating pilot training at Columbus AFB, pilots will now go to their specified base to start training on their assigned aircraft.



U.S. Air Force photo by Airman 1st Class Jake Jacobsen
Graduating class 19-23/24 break their silver wings, Sept. 13, 2019, on Columbus Air Force Base, Miss. This process is an honored tradition where new Air Force pilots break their first set of Silver Wings for good luck, and the two halves are not supposed to be reunited until the pilot is deceased.

Professional Organization Corner

Company Grade Officers Council

The council — second and first lieutenants, and captains — promotes the development of CGOs throughout the 14th Flying Training Wing. They maintain an informational network to enhance the professional development and officer camaraderie throughout the wing.

Meets first Friday of every month at 11:30 a.m. at the Columbus Club.

President: 1st Lt. Tinamarie Castro; **Vice President:** 1st Lt. Jonathan Mercer

Air Force Sergeants Association

The Air Force Sergeants Association (AFSA) is an association dedicated to representing enlisted men and women and their families. AFSA fights for more that benefits and pay, they have a by-name seat at the influential tables in both the Congress and the Pentagon to help shape the tough policy decisions affecting the enlisted corps today.

Meets 3rd Thursday of the month at noon at the Columbus Club

President: Staff Sgt. Jacob Gettys; **Vice President:** Master Sgt. Michael Anderson

BLAZE Top 3

The Top 3 establishes and maintains a spirit of comradeship and esprit de corps that will enhance the prestige of all senior NCOs, encourage an attitude of unified purpose and set an example for all enlisted personnel according to the standards, traditions and customs of the Air Force.

Meets the third Thursday of every month at 3 p.m. at the Columbus Club.

President: Master Sgt. Michael McElroy; **Vice President:** Master Sgt. Clinton Phifer

BLAZE 5/6

The 5/6 represent motivated staff and technical sergeants. They provide an opportunity to meet Airmen, and to network with peers. The organization mentors junior enlisted, assist other private organizations, and are heavily involved with community relations.

Meets the last Wednesday of every month at noon at the Columbus Club

President: Tech. Sgt. Ashley Henderson; **Vice President:** Tech. Sgt. Lashonda Jones

First Four

The Airman’s Activity Council functions as a social and professional organization established to enhance morale, esprit de corps, and cooperation between members from the E1-E4. This is accomplished through fundraisers, on and off base, volunteer opportunities, and events or trips for those eligible to become members.

Meets the last Thursday of every month at noon at the Montgomery Village

President: Airman 1st Class John Casey; **Vice President:** Airman 1st Class Kevin Lambson

Columbus Air Force Base host expo: Are you prepared?

~ U.S. Air Force photos by Airman Davis Donaldson ~



American Red Cross employees talk to personnel from the Airman & Family Readiness Center at the Emergency Preparedness Expo on Sept. 24, 2019, at Columbus Air Force Base, Miss. The Emergency Preparedness Expo was held during September, which is the National Preparedness Month.



LEFT: Col. Samantha Weeks, 14th Flying Training Wing commander, shakes hands with employees from Regions Bank at the Emergency Preparedness Expo on Sept. 24, 2019, at Columbus Air Force Base, Miss. The Emergency Preparedness Expo hosted a total of 15 partners.



RIGHT: Col. David Fazenbaker, 14th Flying Wing vice commander, and other visitors talk with members of Regions Bank and United Way at the Emergency Preparedness Expo on Sept. 24, 2019, at Columbus Air Force Base, Miss. The Emergency Preparedness Expo was hosted by the Columbus AFB Emergency Management flight.

Fire Prevention Week 2019

Darren Amos
Fire Inspector

The 2019 Fire Prevention Week Oct. 5-12 theme, “Not Every Hero Wears a Cape. Plan and Practice Your Escape!” effectively serves to remind us that we need to take personal steps to increase our safety from fire.

Columbus Air Force Base is committed to ensuring the safety and security of all those living in and visiting our installation. Fire is a serious public safety concern both locally and nationally, and homes are the locations where people are at greatest risk from fire.

Families who have planned and practiced a home fire escape plan are more prepared and will therefore be more likely to survive a fire. You should make a home escape plan, drawing a map of each level of the home, showing all doors and windows, and practice that plan at least twice per year, during the day and at night. We recommend teaching children to escape on their own in case adults can’t help them and how to call 9-1-1 or the local emergency number from a cell phone.

According to a National Fire Protection Association (NFPA) survey, only one of every three American households have developed and practiced a home escape plan. While 71% of Americans have an escape plan in case of a fire, only 47% of those have practiced it. A closed bedroom door when sleeping may slow the spread of heat, smoke, and fire. Install



Courtesy photo

Col. Samantha Weeks, 14th Flying Training Wing commander, stands with Shawn Ricchuito, 14th Civil Engineering Squadron fire chief, and Sparky with the 2019 Fire Prevention Week proclamation, Sept. 16, 2019, on Columbus Air Force Base, Miss. Columbus AFB will be hosting an open house and a parade on Oct. 5 to kick off Fire Prevention Week.

smoke alarms in every sleeping room, outside every sleeping area and on every level of your home. Test your alarms monthly.

Getting out safely and quickly could depend on working smoke alarms. According to the NFPA; fire escape planning and exit drills in the home are critical to surviving.

For easy planning, download NFPA’s free escape planning grid (<https://www.nfpa.org/>

CAFB FIRE DEPARTMENT OPEN HOUSE
SAT, OCT. 5, 2019, 10 A.M. – NOON
FIRE STATION, BLDG 998, INDEPENDENCE AVE

FAMILY ACTIVITIES
BOUNCY HOUSE, HOSE BOWLING, FIRE BUNKER GEAR STATION, FIRE TRUCK DISPLAY, KAISER SLED, FACE PAINTING, AIRCRAFT LIVE FIRE DEMONSTRATION, SMOKE HOUSE TRAILER, MEET SPARKY, FIRE SAFETY BOOTH, BURGERS & HOTDOGS, CHIPS AND DRINK PROVIDED

public-education/by-topic/safety-in-the-home/escape-planning). This is a great way to get children involved in fire safety planning in a non-threatening way.

Choose an outside meeting place (i.e. neighbors house, a light post, or tree). Get outside immediately and stay out. Never go back inside!

If you have a two/three-story home, you might consider purchasing an approved es-

cape ladder that can be hung from the window ledge or you can tie bedsheets together with knots every few feet.

Upon arrival, direct firefighters to where the fire is located, if it is not obvious, and report any missing family members or friends immediately. Firefighters have skills and equipment to perform search & rescue.

Data from National Fire Protection Association

Fire Prevention Week Housing Parade Route
Oct. 5, 2019, 9-10 a.m.
State

Magnolia

Fire Prevention Week Schedule of Events

Oct. 5 (Saturday)

- Parade through housing 9-10 a.m.
- Open House 10 a.m.-noon

Oct. 6 (Sunday)

- No activities scheduled

Oct. 7 (Monday)

- CDC Reading with Sparky/ Fire Truck Tour 9-10 a.m.
- Clinic (Bldg 1100) Public Education Demo 11 a.m.-1 p.m.

Oct. 8 (Tuesday)

- CDC Reading with Sparky/ Fire Truck Tour 9-10 a.m.
- MSG (Bldg 730) Public Education Demo 1 a.m.-1 p.m.

Oct. 9 (Wednesday)

- CDC Reading with Sparky/

Fire Truck Tour 9-10 a.m.

- Fitness Center Public Education Demo 1 a.m.-1 p.m.
- BX/Commissary Public Education Demo 4-6 p.m.
- Youth Center Visit with Smoke Trailer 4-5:30 p.m.

Oct. 10 (Thursday)

- CDC Reading with Sparky/ Fire Truck Tour 9-10 a.m.
- Commons (Bldg 715) Public Education Demo 1 a.m.-1 p.m.
- Smoke Trailer at Hunt Housing Community Center 2-3:30 p.m.

Oct. 11 (Friday)

- CDC Reading with Sparky/ Fire Truck Tour 9-10 a.m.
- Event Center (Bldg 944) Public Education Demo 1 a.m.-1 p.m.

Columbus AFB hosts third quarter BCC Luncheon

Senior Airman Beaux Hebert
14th Flying Training Wing
Public Affairs

The Base Community Council met at the Columbus Club for their quarterly luncheon Sept. 10, on Columbus Air Force Base, Mississippi.

During the lunch, the organization revealed their new logo and introduced guest speaker Lt. Col. Nathaniel Wilds, 50th Flying Training Wing commander, spoke about his experience in the Columbus community.

The BCC is an organization dedicated to connecting the community with Columbus AFB in order to help Airmen feel more at home. The organization has members from multiple backgrounds and industries, which enables different perspectives on business ideas and partnerships with the base.

“The Base Community Council is an organization that truly strengthens the relationship between the base and the Columbus community,” Wilds said.

The organization started their meeting by revealing their new logo and electing new members for their leadership.

Following the formalities, Wilds began his speech by sharing his Columbus experience starting in 2003 after graduating the U.S. Air



U.S. Air Force photo by Elizabeth Owens

Chief Fred Shelton, Columbus Police Department, delivers the invocation for the Base Community Council meeting on Columbus Air Force Base, Miss. Sept. 10, 2019. At the meeting, the BCC revealed their new logo and invited Lt. Col. Nathaniel Wilds, 50th Flying Training Wing commander, to speak about his experiences in Columbus.

Force Academy. He opted not to use his summer leave, and came straight to his assignment to get started.

During training, Wilds went through three phases in order to become a pilot. The first phase was academics that focused

on making the student pilots knowledgeable about the mechanics of flight and how to be a quick thinker. Wilds said Phase I was “the most challenging and difficult time of my life.”

Wilds completed Phase I, which enabled him to finally get into a cockpit. In Phase II, Wilds was taught the basic fundamentals of flying and piloting. Wilds mentioned that during this period a student’s ultimate goal was to get a solo ride and pass in order to move to the next phase of training.

Wilds track selected the T-38 Talon, the fighter/bomber path, for his final phase of training, Phase III.

“This phase lasted about six months and the focus, with T-38’s specifically, was re-learning everything you already did but at twice the speed,” Wilds said.

After completing the Phase III and earning the coveted Silver Wings and the aeronautical rating of pilot, Wilds was selected to be a First Assignment Instructor Pilot at the 50th FTS flying T-38s. Wilds said that his now wife, who went to college at Mississippi State University 40 minutes from the base, had an influence on his decision to ask for his FAIP assignment.

Wilds moved on from Columbus AFB in See BCC, Page 15



U.S. Air Force photo by Elizabeth Owens

Mr. Greg Alston, field representative for Senator Cindy Hyde-Smith, and Lt Col Nathan Wilds, 50th Flying Training Squadron commander and guest speaker for the quarterly Base Community Council meeting, talk after lunch on Columbus Air Force Base, Miss. Sept. 10, 2019.



U.S. Air Force photo by Elizabeth Owens

Mr. Dwight Dyess, civilian aide to the Secretary of the Army for Mississippi, Ms. Jennifer Woodruff, West Point BancorpSouth President, and Mr. Greg Stewart, Director of Development at Aurora Flight Science, attended the quarterly Base Community Council meeting on Columbus Air Force Base, Sept. 10, 2019.



T-1A Jayhawk



T-38C Talon

SUPT Class 19-25 earns silver wings



Capt. Bobby Magby
Riverside, California
F-22



Capt. Jake McCauley
Mechanicsville, Virginia
MC-130H



Capt. Keene Nettles
Charleston, South Carolina
F-16



1st Lt. Ryosuke Sudo
Sakura, Japan
T-6



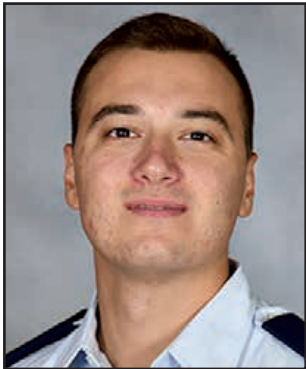
2nd Lt. Robert Baize
Detroit
T-6



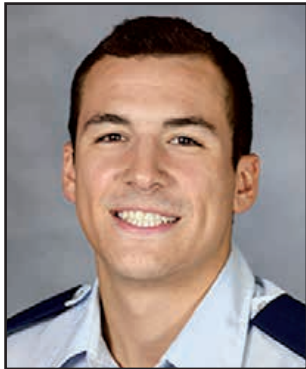
2nd Lt. Garrett Frazell
Omaha, Nebraska
F-16



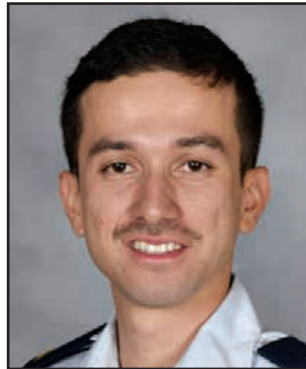
2nd Lt. Andrew Laboy
Burbank, Illinois
F-16



2nd Lt. Matteo Maldini
Riccione, Italy
F-16



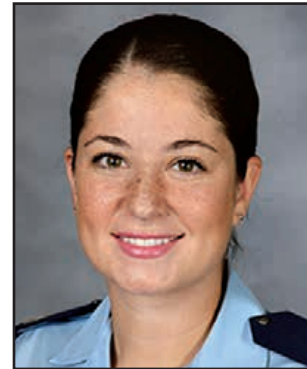
2nd Lt. Cody McCaffrey
Monroe, Michigan
A-10



2nd Lt. Edison Millan
Tempe, Arizona
KC-135



2nd Lt. Dimas Priyono
Jakarta, Indonesia
F-16



2nd Lt. Sofia Vier
Córdoba, Argentina
T6-C

Seventeen officers have prevailed during a year of training, earning the right to become Air Force pilots.

Specialized Undergraduate Pilot Training Class 19-25 graduates at 10 a.m. today during a ceremony at the Kaye Auditorium. Col. Steven Boatright, 53d Weapons Evaluation Group commander at Tyndall Air Force Base, Florida, is the graduation guest speaker.

Students will receive their silver pilot's wings at the ceremony, and students who excelled in their respective training tracks will be recognized.

Capt. Bobby Magby, and 1st Lt. Katharine Kopinski received the Air Education and Training Command Commander's Trophy for being the most outstanding students overall in their classes.

The Air Force Association Award was presented to Magby who excelled in training and typified the tenets of the association; promoting aerospace power and a strong national defense.

The distinguished graduates of Class 19-25 recognized were Magby and Kopinski for outstanding performance in academics, officer qualities and flying abilities.

The 52-week pilot training program begins with a six-week preflight phase of academics and physiological training to prepare students for flight. The second phase, primary training, is conducted in the single-engine, turboprop T-6A Texan II at Columbus AFB, Miss. Students learn aircraft flight characteristics, emergency procedures, takeoff and landing procedures, aerobatics and formation flying. Students also practice night, instrument and cross country navigation flying.

Primary training takes approximately 23 weeks and includes 254.4 hours of ground training, 27.3 hours in the flight simulator and 89 hours in the T-6A aircraft.

After primary training, students select, by order of merit, advanced training in the fighter-bomber or airlift-tanker track.

Both tracks are designed to best train pilots for successful transition to their follow-on aircraft and mission.

Advanced training for the fighter track is done in the T-38C Talon, a tandem-seat, twin-engine supersonic jet. T-38 training emphasizes formation, advanced aerobatics and navigation. Training takes approximately 26 weeks and includes 381 hours of ground training, 31.6 hours in the flight simulator and 118.7 hours in the T-38C aircraft.

The airlift-tanker track uses the T-1A Jayhawk, the military version of a multi-place Beech Jet 400 business jet. Instruction centers on crew coordination and management, instrument training, cross-country flying and simulated refueling and airdrop missions. Training takes about 26 weeks and includes 185 hours of ground training, 53.6 hours in the flight simulator and 76.4 hours in the T-1A.

Each class is partnered with business or civic organizations during their year of training. This program is designed to foster closer ties between the community and Columbus AFB. Today, each student will be given a set of pilot wings with their names engraved on the back as a token of good luck from their partners. SUPT Class 19-25's pilot partners are Zachary's and Golden Triangle Radiology.

