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SILVER WINGS

“Cultivate Airmen, Create Pilots, CONNECT”

Vol. 43, Issue 29

Columbus Air Force Base, Miss.

September 13, 2019

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See page 13 for more details.

News Briefs

CFC Kickoff Breakfast

Join Team BLAZE members at the Combined Federal Campaign Kickoff Breakfast from 8-9 a.m., Sept. 17 in the Columbus Club. The breakfast will be FREE for club members, and for anyone who wishes to sign up that morning, will also be able to eat for free! The event will feature speakers from local charities. See page 3 for more details.



Inductees stand together for a group photo during a Senior NCO Induction Ceremony Sept. 9, 2019, at the Club on Columbus Air Force Base, Miss. Nine inductees were recognized for their selection to promote to master sergeant. As senior NCOs, they are expected to set the highest standards of personal integrity, loyalty, leadership, dedication, and devotion to duty including upholding Air Force policies, traditions, and standards.

U.S. Air Force photo by Airman 1st Class Hannah Bean

Columbus AFB welcomes Airmen into next enlisted tier during SNCO Induction Ceremony

Airman 1st Class Hannah Bean

14th Flying Training Wing Public Affairs

Nine inductees were recognized for their selection to promote to master sergeant during a Senior NCO Induction Ceremony Sept. 9 at the Club.

Team BLAZE's newest master sergeant selects are now charged to lead and manage teams while maintaining the highest level of readiness and ensure mission success. They evaluate and assume responsibility for the institutional competencies re-

See SNCO, Page 4

COLUMBUS AFB TRAINING TIMELINE

PHASE II		PHASE III		IFF		WING SORTIE BOARD			
Squadron	Track Select	Squadron	Graduation	Squadron	Graduation	Aircraft	Required	Flown	Annual
37th (20-12)	Sept. 27	48th (19-23)	Sept. 13	49th (19-LBC)	Sept. 18	T-6	966	990	24,948
41st (20-11)	Sept. 13	50th (19-23)	Sept. 13			T-1	322	265	8,569
Retired Lt. Gen. Jeffrey Lofgren, former Deputy Chief of Staff for Capability Development, Headquarters Allied Command Transformation at Norfolk, Virginia, is the guest speaker for Specialized Undergraduate Pilot Training Class's 19-23/24 Graduation at 10 a.m., today in the Kaye Auditorium.						T-38	348	373	10,341
						IFF	146	139	4,284
						* Mission numbers provided by 14 FTW Wing Scheduling.			



14TH FLYING TRAINING WING DEPLOYED

As of press time, 13 TEAM BLAZE members are deployed worldwide. Remember to support the Airmen and their families while they are away.

Deployment numbers provided by the Installation Personnel Readiness Office.

Silver Wings new schedule

Recently, the Silver Wings publications schedule has adjusted to a new format. Publications will now produce two issues a month with SUPT Graduations a part of those issues.

2019	2020
September 27	January 10
October 11	January 24
October 25	February 7
November 8	February 28
November 15	March 13
December 6	March 27
December 13	April 10
	April 24
	May 15
	May 29
	June 12
	June 26
	July 10

Mon	Tue	Wed	Thur	Fri	Sat/Sun	Long Range Events
16	17 Wing Newcomers, 8 a.m. @ Kaye Auditorium CFC Kickoff Breakfast, 8 a.m. @ Columbus Club Class 20-21 Pilot Partner Welcome, 6 p.m.	18 Air Force Birthday IFF Class 19-LBC Graduation, 4:49 p.m. @ 49th Heritage Room	19	20 Boss & Buddy, 3:30 p.m. @ Columbus Club POW/MIA Recognition Day	21/22	Sept. 30: Enlisted Promotions Oct. 1: Wing Newcomers Oct. 1-3: CREATE Expo Oct. 10: Enlisted Partner Welcome Oct. 11: Combined Federal Campaign Ends Oct. 11: Class 20-01/02 Assignment Night Oct. 14: Columbus Day Oct. 15: Wing Newcomers Oct. 18: Boss & Buddy Oct. 18: IFF Class 20ABC Graduation Oct. 18: Crud Tournament Oct. 24: Hearts Apart
23	24 Preparedness Expo, 11 a.m. @ Columbus Club	25	26 Hearts Apart, 5 p.m. @ Freedom Park	27 SUPT Class 19-25 Graduation, 10 a.m. @ Kaye Auditorium	28/29 28th: Air Force Birthday Ball, 6 p.m @ Trotter Convention Center	

Silver Wings

How to reach us

14th Flying Training Wing Public Affairs
555 Seventh Street, Suite 210,
Columbus AFB, MS, 39710
Commercial: (662) 434-7068
DSN: 742-7068
Fax: (662) 434-7009
E-mail: silverwings@us.af.mil

Editorial Staff

Col. Samantha Weeks
14th Flying Training Wing
Commander

Rita Felton
Chief of Public Affairs
2nd Lt. Steve Dean
Public Affairs Officer

Tech. Sgt. Christopher Gross
NCOIC of Public Affairs

Airman 1st Class Jake Jacobsen
Editor

Senior Airman Beaux Hebert
Senior Airman Keith Holcomb
Airman 1st Class Hannah Bean
Airman Davis Donaldson
Photojournalist

Mrs. Tina Perry
Layout Designer

Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

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The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by DOD, the Department of the Air Force or Service Publications, Inc., of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron.

Editorial content is edited, prepared and provided by the 14 FTW Public Affairs Office of Columbus AFB, Miss. All photographs are Air Force photographs unless otherwise indicated.

The SILVER WINGS staff reserves the right to edit or rewrite all copy submitted when necessary. All photos are U.S. Air Force photos unless otherwise stated.

Submit all advertising to the Columbus, Miss., Commercial Dispatch advertising department one week prior to desired publication date. The advertising department can be reached at (662) 328-2424.

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"I am going to do all that I must to stay sober to finally see the true plan."



Photo for illustration purposes only.

"Before I was in recovery, I thought I could live my life on prescription drugs. Then, I decided that wasn't enough and added meth to it. I went crazy, but my lowest point was to see my parents, children, and sister's look of disappointment when they knew for sure what I had been doing. I came to the Pines and Cady Hills because I had nowhere else to go and I intended to only stay for 30 days. Well, God did for me what I couldn't do for myself. I worked with my counselor on many things that were holding me down. Then, I went to the Last House on the Block. Staying at the Last House helps me to stay sober, as well as going to meetings and working the steps with my sponsor. Prayer and meditation helps a lot with hard times and helps me to understand my part in all matters. All these things make me who I am and influence who I will become. I believe my Higher Power has many plans for me because he brought me to life when I was born dead. He has brought me through many times that should have killed me."

COMMUNITY COUNSELING SERVICES

For more information:
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ALPHA WARRIOR

(Continued from page 12)

Alpha Warrior hasn't been on Strickland's radar very long but since Strickland started her journey in May 2019 with the local competition on Columbus AFB she has repeatedly proven that she is a prime athlete ready to compete in the final battle.

Strickland said she has always been into sports, and with her father being a Navy SEAL, she grew up doing a lot of fitness activities to include sports like soccer, water polo, martial arts and rugby.

Strickland's training regimen is tailored around her sporadic schedule as a student pilot, but she still tries to find time to spend at least an hour in the gym doing pushups, weighted dips, pull ups and lifting weights. On other days she goes to the training rig on Columbus AFB to practice on the Alpha Warrior equipment available.

"I want to get into the final battle and be one of the three females to help the Air Force win the final



U.S. Air Force photo by Airman 1st Class Jake Jacobsen

Second Lt. Michelle Strickland, 37th Flying Training Squadron student pilot, swings across monkey bars, Sept. 4, 2019, on Columbus Air Force Base, Miss. Strickland has been practicing on the Alpha Warrior rig to prepare for the upcoming 2019 Inter Service Alpha Warrior Final Battle competition at Retama Park in Selma, Texas, Sept. 12 and 14.

battle against the other branches," Strickland said. "I want to be able to work cohesively as a team to get us all to the end while also getting my name out there."

Strickland's primary focus is working on becoming a fighter pilot and wants to fly the F-35 Lightning II. She said she firmly believes physical fitness is necessary when



U.S. Air Force photo by Airman 1st Class Jake Jacobsen

Second Lt. Michelle Strickland, 37th Flying Training Squadron student pilot, maneuvers across an Alpha Warrior course Sept. 4, 2019, on Columbus Air Force Base, Miss. Strickland's training regimen is tailored around her sporadic schedule as a pilot, but she still manages to find time to get in some training on the Alpha Warrior equipment available here.

becoming a fighter pilot because of the physical stress when maneuvering under Gs. To enhance her future

skills she wants to get as fit as possible and maintain that throughout her career.

Columbus AFB kicks off CFC 2019 with breakfast, local charity reps Sept. 17

By Maj. Kyle Sellner
49th Fighter Training Squadron

The 2019 Combined Federal Campaign begins Sept. 16 and will run until Oct. 11, and the 14th Flying Training Wing will help open this year's campaign with a CFC Kickoff Breakfast Sept. 17 from 8-9 a.m. at the Columbus AFB Club.

The event will feature speakers from local charities. The breakfast will be FREE for club members, and for anyone who wishes to sign up that morning, will also be able to eat for free!

The CFC has been around for 58 years as a federal workplace giving tradition that has raised more than \$8.3 billion for charitable organizations.

As one of the largest workplace giving campaigns in existence, it provides an unprecedented opportunity to help "Show Some Love" for our community and the rest of the

world. There are thousands of charities to support, ranging from local community outreach, youth programs, to even charities that promote animal welfare. No matter what your interests, there is definitely a charity that you will be able to relate to.

The mission of the CFC is to promote and support philanthropy through a program that is employee focused, cost-efficient and effective in providing all federal employees the opportunity to improve the quality of life for all.

Cash will not be accepted during this year's campaign. However, checks and online giving options make donating to the CFC easier than ever before. Additionally, federal contractors and retirees will have the option to continue supporting their favorite charitable causes through the CFC.

As military members, it can be difficult at times to be away from work to assist with humanitarian missions, but through the CFC, each of us can play a major role in helping

those around us who are in the greatest need.

Traditional donation slips and catalogs will be readily available with your CFC keyworker when the campaign officially kicks off on Sept. 16, and each keyworker can assist you with online donations as well as provide printed materials once the 14th FTW CFC officially starts.

I look forward to another outstanding Team Blaze accomplishment as we continue to make a positive difference in the community and exceed our goal of \$55,014.

Unit keyworkers:

14th Flying Training Wing: Maj. Kyle Sellner, Tech Sgt. Quincy Harris

14th Operations Group: 1st Lt. Sean Brennan, Tech. Sgt. Jesahira Early

14th Mission Support Group: Tech. Sgt. Ashley Henderson

14th Medical Group: Tech. Sgt. Christopher Stone

14th Wing Staff Agencies: Senior Air-



man Matthew Belleville

View the following websites for detailed information regarding the CFC and its charities:

Facebook.com/msdeltacfc

Twitter.com/msdeltacfc

Instagram.com/msdeltacfc

For specific local questions please contact Sellner at 434-1671 or Tech. Sgt. Quincy Harris at 434-3425, and to make an online donation, visit: www.opm.gov/showsomelovecfc.



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Nation Preparedness Month: 'Prepared, Not Scared'

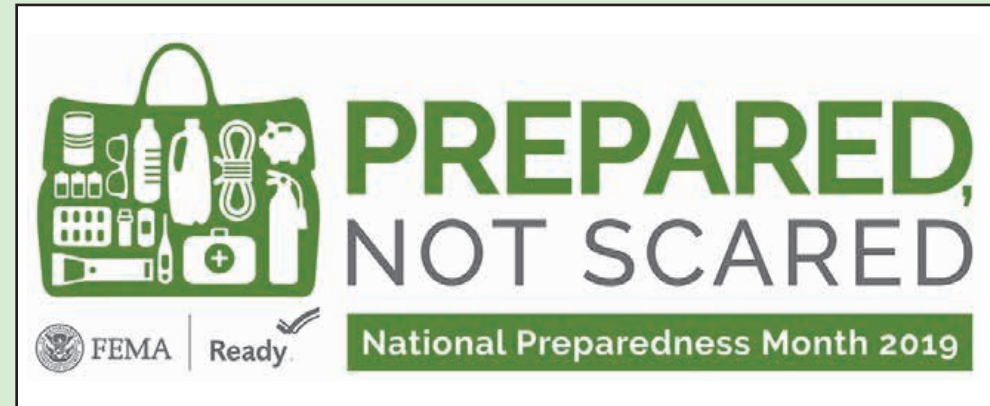
Airman Davis Donaldson
14th Flying Training Wing

National Preparedness Month, observed every September, is a time for Airmen and their families to plan and prepare for potential natural disasters likely to strike their area.

The Federal Emergency Management Agency declared this year's theme as "Prepared, Not Scared." According to their website they want to "encourage parents, teachers, and caregivers to visit Ready.gov/kids so they can teach our youth what to do when a crisis occurs, and how to take preparedness actions together."

Historically, tornadoes, thunderstorms and minor floods are the common concerns for Columbus, Mississippi. Although earthquakes, wildfires and hurricanes are not likely, Airmen need to be ready for anything.

According to John Lindell, 14th Flying Training Wing occupational safety manager, people should have a plan prior to a disaster striking. The planning needs to include where to meet, what to do and how to communicate. Supplies should be on standby as well.



FEMA courtesy graphic

For supplies, Lindell said every individual needs a gallon of water for each day they think they will be without electricity, as well as food, and tools to start a fire.

"Water, food, shelter in that order," Lindell said. "Generally, we find ourselves with just tornadic-type activity so we're only going to get a couple of hours' worth of warning rather than days or weeks of warning."

He said tornadoes are a great threat to Columbus, and they come at random times. Although meteorologists can predict when

tornadoes may occur, they never know for sure.

Also, it is important to know the difference between a tornado watch and tornado warning.

A tornado watch means the conditions are right for a tornado to happen. A warning is when a tornado has been seen or is about to land. During a warning, there is typically a wailing siren and people should take cover.

If the tornado is near, Airmen should follow their plan.

It is safest to take cover in a sturdy building at the lowest level. While there, Airmen should take cover by getting on the ground and covering their head until the tornado passes.

After it passes, listen to a weather station on the radio for updates. If someone is trapped, it is best they make noise by banging on a pipe or wall, rather than yelling, to avoid breathing in dust.

Phone systems are often down or busy after disasters, and calls will need to be made only for emergencies to preserve battery. Social media is usually the most efficient way to communicate with family members and loved ones.

During cleanup, it is safest to avoid power lines and damaged buildings. People should wear thick shoes, long shirts, as well as pants and work gloves.

People should plan ahead to increase safety of others' lives and their own. Disasters can happen at any moment and Airmen must be ready at all times. Remember be "Prepared, Not Scared."

For more information regarding natural disasters, visit www.Ready.gov or www.FEMA.gov.



A Columbus Air Force Base Honor Guardsman stands before the POW/MIA table during a presentation at the Senior NCO Induction Ceremony Sept. 9, 2019, at the Club on Columbus AFB, Miss. The table is set in honor and remembrance of those who have fallen or became prisoners of war in the line of action.

SNCO

(Continued from page 1)

quired to accomplish the mission.

Senior NCOs are expected to set the highest standards of personal integrity, loyalty, leadership, dedication, and devotion to duty including upholding Air Force policies, traditions, and standards. They must draw upon their knowledge and expertise to provide constructive input to best meet the challenges facing their organizations.

During the ceremony, guest speaker Chief Master Sgt. Jermaine Evans, Jeanne M. Holm Center for Officer Accessions and Citizen Development command chief master sergeant, from Maxwell AFB, Alabama, offered some advice to the inductees on reaching the next level of leadership.

As command chief master sergeant of the Holm Center, Evans spoke of the advice he gives to officers stepping into those leadership roles and how they can be more successful in their units.

He told them the biggest tool they have access to is the senior NCO in their unit who has those years of experience and advice to help develop those leadership skills.

“That’s the power that you master sergeants have,” Evans said. “That’s the author-

ity that you guys have. You’ve had years to develop supervisors, followers and leaders. That shouldn’t be taken lightly.”

Evans highlighted a book by John Maxwell titled “The 5 Levels of Leadership” and discussed the levels for the inductees.

He said the first level is the position they currently occupy. This level, Evans noted, is simply about the inductees’ position of authority, but that they’re not yet leading followers. To develop others, they first must develop themselves as a leader.

“When you move to level two, now you’re building relationships and relationships are continuous,” Evans said. “Master sergeants, you are team leaders, so you’re building those relationships and getting to know your team.”

Then, level three is about production. Master sergeants should be building relationships and producing to ensure the mission gets done. This is where the mantra “Lead by Example” is imperative to being effective and productive.

“Level four is where you’re developing leaders,” Evans said. “As team leaders, you are developing your team to be leaders. At the pinnacle, level five, you are developing leaders who are then developing other leaders.

“Master sergeants, that’s what we need



U.S. Air Force photo by Airman 1st Class Hannah Bean
Chief Master Sgt. Jermaine Evans, Jeanne M. Holm Center for Officer Accessions and Citizen Deployment command chief master sergeant, from Maxwell Air Force Base, Ala., speaks to attendees during a Senior NCO Induction Ceremony Sept. 9, 2019, at the Club on Columbus AFB, Miss. As command chief master sergeant of the Holm Center, Evans spoke of the advice he gives to officers stepping into those leadership roles and how they can be more successful with their best tool in their units; the senior NCOs.

you to do,” Evans continued. “We need you to develop leaders and making sure that they are also developing leaders as well.”

Evans congratulated the inductees, leaving them with a few more words of guidance.

“You’re going to say and do some things and you have no idea the impact that you have as a master sergeant,” he said. “Maybe if you’re lucky, a couple years down the road, you’ll come across an Airman that said ‘You know what? You did something one day and it changed my life, it changed my perspective and it changed the way I think.’”

Toward the end of the ceremony Col. Samantha Weeks, 14 Flying Training Wing commander, thanked all those who coordinated the event, those who attended and reminded the inductees to look around the room and take in those who support them and attended this ceremony recognizing their achievement.

“Just realize, like Chief Evans said, the power that you have in your hands to mold not only the Airmen below you, the Airmen around you, but the officers above you,” Weeks said. “So please, be ready for that role as you step into it and exceed every expectation that anybody has ever told you what a senior NCO is.”

She went on to talk about how she feels

confident they know and understand the wing’s mission and their role. However, asked them to ensure their Airmen also recognize their strengths, weaknesses, needs and desires.

“Take care of them so that we really can create that ready and lethal force that we need,” Weeks said, “and the warriors that the Air Force is and will continue to be through each and every one of their leadership.”

Congratulations to the following master sergeants and master sergeant selects:

Master Sgt. select Jesahira Early, 50th Flying Training Squadron
Master Sgt. Charles Hord, 14th Security Forces Squadron
Master Sgt. select Vanessa Jordan, 14th Operational Medical Readiness Squadron
Master Sgt. select Stashia Murphy, 14th Force Support Squadron
Master Sgt. Justin Nutter, 14th SFS
Master Sgt. Christopher Palmer, 14th Contracting Squadron
Master Sgt. select Elizabeth Pittenger, 332nd Recruiting Squadron
Master Sgt. Stacey Powell, 14th SFS
Master Sgt. select Wayne Veitschegger, 332nd RCS

Air Force Readiness Programs

(Editor’s note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of the activities listed, call 434-2790.)

Career Exploration & Planning Track Workshop

The next Career Exploration & Planning Track workshop is from 8 a.m.-3 p.m. Sept. 16-17 in the A&FRC. This workshop helps members identify skills, increase awareness of training and credentialing programs, and develop an action plan to achieve career goals. To register or for more information, please call A&FRC at (662) 434-2790.

Wing Newcomers Orientation

The next Wing Newcomers Orientation is from 8 a.m.-2 p.m. Sept. 17. This event is mandatory for all newly arrived military and DoD civilian personnel. This base-wide CONNECTION orientation begins at the Kaye Auditorium and consists of a guided base tour. The event’s main foundation is a mobile App, so if you plan to attend, please locate and download the Columbus Air Force Base App from the App Store prior to attending. To register, please contact your unit CSS, or for more information, please call the A&FRC Relocation Manager at (662) 434-2701/2790.

Smooth Move Relocation Workshop

The next Smooth Move is from 10-11 a.m. Sept. 18 in the A&FRC. This workshop is highly recommended for first-time and over-seas relocating members. Get the very latest moving information straight from base-wide relocation assistance agencies. Learn what to expect before you move with information from Tri-Care, Housing, Military Pay, TMO, Medical Records and A&FRC. Be sure to bring and ask any relocating questions you may have during this event.

Entrepreneurship Track Transition Workshop

The next Entrepreneurship Track Transition workshop is from 8 a.m.-3 p.m. Sept. 19-20. This workshop is conducted by the Small Business Administration for veterans and all base personnel interested starting up and operating their own business. To register or for more information, please call A&FRC at (662) 434-2790.

Bundles for Babies

The next Bundles for Babies workshop is from 1-3:30 p.m. Sept. 25 in the A&FRC. This program is designed for active duty AF members and/or their spouses who are pregnant or have a child 4 months old or less. Attendees will learn about finances, labor and delivery, and infant care. A \$50 gift card sponsored by the Air Force Aid Society will be provided for each qualifying child. To register or for more information, please call A&FRC at (662) 434-2790.

Hearts Apart

The next Hearts Apart is from 5-7 p.m. Sept. 26. This monthly social event is for family members whose sponsor is deployed, on a remote tour or TDY for more than 30 days. To register or for more information, please call A&FRC at (662) 434-2790.

Air Force Recovery Coordination Program

A Recovery Care Coordinator (RCC) will be providing assistance from noon-5 p.m. Oct. 9; 8 a.m.-5 p.m. Oct. 10; and 8 a.m.-noon Oct. 11 at the A&FRC. The Recovery Coordination Program (RCP) streamlines and improves the way care and support is delivered to wounded, ill, and injured Airmen and their families. The RCP provides the support of a RCC who guides the Airman and family along their road to recovery. Those eligible include wounded, ill and injured Airmen who: (1) have a serious illness or injury, (2) are unlikely to return to duty within a specified amount of time, (3) may be medically separated from the military. Additional details are available by contacting the Columbus AFB A&FRC at (662) 434-2790.

Dunn University group tours Columbus Air Force Base



U.S. Air Force photo by Airman 1st Class Jake Jacobsen
Members of Dunn University Construction Forum stand in front of a T-1 Jayhawk, T-38 Talon, and T-6 Texan II, Sept. 5, 2019, on Columbus Air Force Base, Miss. The group attended the tour led by retired Col. Chris Stricklin, Dunn University president, in order to learn more about the culture the Air Force has developed regarding standards and safety at Columbus Air Force Base.

Transition Assistance Program GPS (Goals, Plans, Success) Workshop

The next Transition Assistance Program (TAP) workshop is from 7:30 a.m.-4 p.m. Nov. 4-8 and includes seminars on: Transition, Military Occupational Code Crosswalk, Financial Planning, Health Benefits, Mississippi Department of Employment Security, Department of Veterans Affairs, Disabled TAP and Department of Labor. Preseparation counseling is required before attending, and recommended attendance is 12-24 months prior to separation/retirement. Spouses are encouraged to attend with their sponsor. To register or for more information, please call the TAP Manager at (662) 434-2631/2790.

Catholic & Protestant Parish Coordinator Advertisements

The Columbus Air Force Base Chapel is soliciting applicants to fill the Catholic and Protestant Parish Coordinator positions. Applicants must have experience working with specific parish programs, events, and administrative functions for which they are applying for and have at least one year’s experience developing financial budgets for an organization. Please stop by the chapel (464 Harpe Blvd, Columbus MS, Building 712) to obtain a copy of the bid documents. Bids must be submitted to the chapel no later than 4 p.m. (Central Standard Time) on Sept. 20, 2019. The Contract Officer for this contract is Chaplain, Capt. Timmie Henson (Contact info: (662) 434-2500 or timmie.henson.1@us.af.mil). Basis of award by which the individual is selected is lowest bid. **NOTE:** Specific details on the selection process is in the basis of award document. Per DoDI 1402.5, the applicant that is awarded the contract is required to have a background check(s) because these positions involve contact with children below 18 years of age. Demonstration of skills is not required to be performed by applicants.

Chapel Schedule

Whether you are new to Columbus Air Force Base or have been around for a while, our parish communities welcome you to join us as we worship, fellowship, and encourage one another. For more information, please call 434-2500.

Catholic Community

Sundays:
3:30 p.m. – Religious Education, grades K-9 (Start in Fall)
4 p.m. – Choir Practice
4 p.m. – Confession (or by appointment)
5 p.m. – Mass
1st and 3rd Sunday - Fellowship Meal following Mass
Tuesdays:
10 a.m. – Daily Mass (Phillips Auditorium)
Wednesdays:
10 a.m. – Daily Mass (Phillips Auditorium)
10:30 a.m. – Adoration (Phillips Auditorium)
2nd Saturday of each month - Faith Ablaze

Protestant Community

Sundays:
9 a.m. – Adult Sunday School
10:45 a.m. – Community Worship Service (Donut Fellowship following)
3rd Sunday of Each Month - Protestant Faith Ablaze
Wednesdays:
6 p.m. - AWANA: Begins September 26th (Open to all denominations)
Thursdays:
5:30 p.m. – Student Pilot Bible Study (Open to all denominations)

Columbus Air Force Base Information and Events
Join our Facebook page at Columbus AFB Living, Twitter at @columbusafbliving, Instagram at columbus_afb_living, or visit our website at www.columbusafbliving.com to keep up to date with all the great events happening around base. Check out the calendar on the website for important Airman and Family Readiness Center events. For more information, contact 434-2337.

Get Connected with Your New Base App!
As a way to connect people together, Columbus Air Force Base launched a new app to connect Airmen and families to the mission and community! The app is available on all app stores and can be found by searching 'Columbus Air Force Base'.

Late Night Music Series
Come out to the Columbus club and enjoy late night live music! Sept. 13 and 27 from 9 p.m. until Midnight, open to ages 18 and over. Food and drink specials will be available. Call 434-2489 for more information.

Member Drive Breakfast
To celebrate the beginning of Combined Federal Campaign, the Club will be hosting a membership drive breakfast from 6:30-9 a.m., Sept. 17. FREE for members, \$8 for non-members. Not a member? Sign up at <https://www.memberplanet.com/account/usaf> Join today and join us! Call 434-2489 for more information.

Comedy Night
Starting at 6 p.m. come out to the Club on Sept. 19, and enjoy a night of laughs and one-liners! Call 434-2489 for more information.

Boss & Buddy
Unwind at the Club! Starting at 3:30 p.m., Sept. 20 live music will start at 6 p.m.! Food and drink specials. Call 434-2489 for more information.

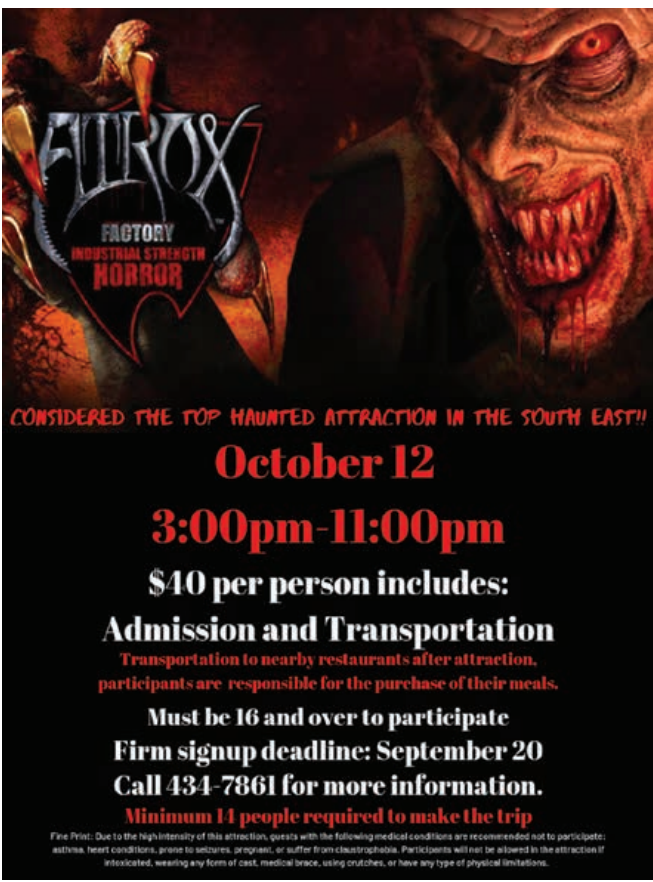
Family Fun Night: Football Fan Night!
Bring the whole family and celebrate the start of football season from 5-7 p.m., Sept. 21 at the Club. Complete with buffet, bounce castles and games! Wear your favorite football jersey and represent your team. The cost is \$5 for club members, \$8 for non-club members, kids 4 and under FREE. For more details call 434-2489.

Free Members Lunch Buffet!
Join us at the Club for free member's lunch from 11a.m.-1:30 p.m., Sept. 24. Come eat all the wings and pasta your heart desires. Call 434-2489 for more information. Must be a valid Club member.

Mike Super: 2.OH Show!
Come and watch the winner of NBC's Phenomenon Sept. 27, doors open at 7 p.m.! FREE Show! Open to all ages. Call 434-2337 for more information.

Save the Date!
Boo Fest is coming on Oct. 26! More details soon!

Assignment Night Transportation
Book Assignment Night transportation with ITT! Reserve the bus, the van or both! The cost is only \$30 per hour for Columbus and local areas; a \$30 deposit is required and applied to the total cost of reservation. Reservation must be a minimum of four hours and reserved in person. For more information, contact 434-7861.



AUROX
FACTORY
INDUSTRIAL STRENGTH
HORROR

CONSIDERED THE TOP HAUNTED ATTRACTION IN THE SOUTH EAST!!

October 12

3:00pm-11:00pm

\$10 per person includes:

Admission and Transportation

Transportation to nearby restaurants after attraction. Participants are responsible for the purchase of their meals.

Must be 16 and over to participate

Firm signup deadline: September 20

Call 434-7861 for more information.

Minimum 11 people required to make the trip

Fine Print: Due to the high intensity of this attraction, guests with the following medical conditions are recommended not to participate: asthma, heart conditions, prone to seizures, pregnant, or suffer from claustrophobia. Participants will not be allowed in the attractions if intoxicated, wearing any form of cast, medical brace, using crutches, or have any type of physical limitations.

Martial Arts
Martial Arts classes are available at the Youth Center every Tuesday and Wednesday from 5-6 p.m. receive two free introductory classes. Contact the Youth Center for more information at 434-2504.

Exclusive Military Vacation Packages
Did you know that you can book exclusive military vacation packages at ITT? Packages include Universal Studios and Disney destinations. To book your vacation at www.americaforcestravel.com or visit your ITT office at (662) 434-7861.

Storytime Schedule
The Base Library is offering Storytime on Tuesdays at 10 a.m. for ages 3 – 6 years, Fridays at 10 a.m. and 3:30 p.m. for ages birth – 2 years, and 10 a.m. on Saturdays for all ages. For more information, contact 434-2934.

FSS Gift Cards
Make your shopping easier! Purchase or redeem your FSS Gift Card at the following locations: Arts and Crafts, Bowling Center, Café at Whispering Pines, Child Development Center, Columbus Club, Information Tickets and Travel, Outdoor Recreation or the Youth Center. For more information, stop by any of these locations.

Horse Boarding Available
The CAFB Riding Stables usually has stall space available. For pricing and more information, contact Outdoor Recreation at 434-2505.

Free Mango Languages
Learn a new language today! Free Mango Languages available at the Base Library; real-life conversations in over 70 languages. For more information, contact 434-2934.

Play Paintball
Outdoor Recreation offers paintball for groups or individuals. You must book twenty-four hours in advance; 17 years old and under must be accompanied by an adult. The cost is \$15 per person for party of 10 or more; \$20 per person for party of nine or less. You must purchase paint balls at Outdoor Recreation for \$50 per case of 2,000. For more information, contact 434-2505.

The Overrun is Open Friday Nights
The Overrun is open Fridays from 4:30 p.m. until Midnight. Excluding Graduation nights. For more information, contact 434-2489.

Lawn Mower and Bicycle Repair
Outdoor Recreation is now offering lawn mower repair and self-help bicycle repair. For more information, contact 434-2507.

Hobby and Craft Instructors Needed
Do you have a hobby or craft project you can share with others? Arts & Crafts is looking for craft instructors. For more information, contact 434-7836.

Wood Shop is OPEN!
The Wood Shop is back in business! They are open from 10 a.m.-5 p.m. Monday-Thursday and 8 a.m.-4 p.m. Saturday, call 434-7836 for more information.

Referees Needed
Referees needed for various sports at the Fitness Center. For more information or to sign up, contact 434-2772.

RV Storage Lot
Don't clutter your home space, park with us. Outdoor Recreation offers a great place to store your RV year around. You will have 24-hour access and can pay monthly or yearly. For more information, call 434-2505.

Instructors Needed
The Youth Center is seeking instructors for tumbling classes, dance classes, piano and guitar lessons. For more information, contact the Youth Center.

Fitness on Request
The Fitness Center offers a truly comprehensive group fitness platform that is available all day and completely customizable to meet your needs with 119 different classes on the Fitness on Request system. For more information, call 434-2772.

Space A Lodging
The Magnolia Inn usually has openings for Space A family and single units. Contact the lodging desk at 434-2548.

Ride in Style
Information Tickets and Travel offers a shuttle service to the airport of your choice. For more information, contact 434-7861.

Laser Bowling
The Strike Zone offers laser bowling every Friday and Saturday night starting at 5 p.m., stop in for a great time! Call 434-3426 for more information.

Columbus AFB Airmen to march 100 miles to ground zero in honor of 9/11

By Tech. Sgt. Christopher Gross
14th Flying Training Wing
Public Affairs

Two Airmen from Columbus Air Force Base, Mississippi, will begin a 100-mile marching journey with an American flag beginning the morning of Sept. 10 at Joint Base McGuire-Dix-Lakehurst, New Jersey, and will travel through the day and night arriving at the Sept. 11 Memorial in New York City the morning of Sept. 11.

Maj. Jonathan Leetch, 41st Flying Training Squadron T-6 instructor pilot, and Capt. Matthew Carpenter, 14th Student Squadron, 14th Flying Training Wing graduation officer, are managing the set-up of this year's march which is in its seventh iteration and will have about 25 people participating along the way.

For Leetch this is his fifth year being involved and this will be the second year for Carpenter. The goal of the group is to bring awareness to remembering the victims of 9/11, while also fundraising for the 9/11 Memorial and Museum in NYC. Last year, the group raised \$10,500 and hopes to raise \$10,000 again this year, with all proceeds helping to preserve the memorial and museum.

"We've forgotten what it feels like to all come under attack and to all pull together" Leetch said.

Leetch said he can recall where he was and what he was doing during the terror attacks, but one thing that stands out especially is how Americans pulled together and stood united following those times.

"You saw people come from all walks of life come from all different locations to help out and you got a lot of people that are in the military today because of that day," Leetch continued.

During the 100-mile trip Car-



Courtesy photo

Capt. Matthew Carpenter, 14th Student Squadron, 14th Flying Training Wing graduation officer, (black jacket), marches in September 2018 during a 100-mile journey in support of 9/11. Carpenter was with a group of service members who marched 100 miles from Joint Base McGuire-Dix-Lakehurst, New Jersey, to New York City to bring awareness to remembering the victims of 9/11, while also fundraising for the 9/11 Memorial and Museum in NYC.

penter and Leetch will be providing live updates via Facebook and Instagram. Those who wish to follow along can check out their Facebook page, 9/11 Memorial 100 Mile March, where their fundraising page is also located, 7th Sept 11 Memorial 100 Mile March. The group will also be active on Instagram and people can follow the account 100for911.

During the march, participants are encouraged to complete as many miles as they can. A support van follows the group so marchers can take breaks as needed. Last year, Carpenter said he completed somewhere between 50-60 miles and hopes to push himself between the range of 60-70 miles this year.

"Whenever you want to walk, you're walking," said Leetch, a Pleasanton, California, native. "So some guys will walk the majority of the 100 miles, some guys will only walk in little bits and kind of rest while we're going."

The flag never stops moving during the 100-mile journey. Historically, a flag which was flown over combat in Afghanistan was the one used during the march from JB MDL to NYC. It is then presented to memorial and museum representatives and then flown over the memorial. The funds raised during that time are also presented to the representatives.

Carpenter, a native of Lockport, Louisiana, said it felt great to march last year and give back. He said he looks forward to doing it once again and the feeling of being at ground zero on 9/11 is surreal.

"Being a '90s kid, that was one of the primary reasons I got into the military," said Carpenter, who commissioned into the Air Force from Louisiana State University in 2014. "Being able to give back a little bit while doing something awesome with your buddies that you don't get to see all the time is just an awe-

See MARCH, Page 8



Courtesy photo

Capt. Matthew Carpenter, 14th Student Squadron, 14th Flying Training Wing graduation officer, (far right), stands with a group of participants in September 2018 during a 100-mile journey in support of 9/11. The group marched to bring awareness to remembering the victims of 9/11, while also fundraising the 9/11 Memorial and Museum in NYC.



Courtesy photo

Maj. Jonathan Leetch, 41st Flying Training Squadron T-6 instructor pilot, (carrying POW/MIA flag) marches with his group in September 2018 during a 100-mile journey in support of 9/11. Leetch and other service members marched 100 miles from Joint Base McGuire-Dix-Lakehurst, New Jersey, to New York City to bring awareness to remembering the victims of 9/11, while also fundraising for the 9/11 Memorial and Museum in NYC.

Need to take action? As always, talking with your healthcare provider is a great start. Here are a few other resources: [https:// smokefree.gov/](https://smokefree.gov/), [https:// truthinitiative.org/](https://truthinitiative.org/), <https://smokefree.txt>, <https://therealcost.betobaccofree.hhs.gov/taking-control.html>

BLAZE Hangar Tails: F-16 Fighting Falcon

Mission

The F-16 Fighting Falcon is a compact, multi-role fighter aircraft. It is highly maneuverable and has proven itself in air-to-air combat and air-to-surface attack. It provides a relatively low-cost, high-performance weapon system for the United States and allied nations.

Features

In an air combat role, the F-16's maneuverability and combat radius (distance it can fly to enter air combat, stay, fight and return) exceed that of all potential threat fighter aircraft. It can locate targets in all weather conditions and detect low flying aircraft in radar ground clutter. In an air-to-surface role, the F-16 can fly more than 500 miles, deliver its weapons with superior accuracy, defend itself against enemy aircraft, and return to its starting point. An all-weather capability allows it to accurately deliver ordnance during non-visual bombing conditions. In designing the F-16, advanced aerospace science and proven reliable systems from other aircraft such as the F-15 and F-111 were selected. These were combined to simplify the airplane and reduce its size, purchase price, maintenance costs and weight. The light weight of the fuselage is achieved without reducing its strength. With a full load of internal fuel, the F-16 can withstand up to nine G's -- nine times the force of gravity -- which exceeds the capability of

other current fighter aircraft.

The cockpit and its bubble canopy give the pilot unobstructed forward and upward vision, and greatly improved vision over the side and to the rear. The seat-back angle was expanded from the usual 13 degrees to 30 degrees, increasing pilot comfort and gravity force tolerance. The pilot has excellent flight control of the F-16 through its "fly-by-wire" system. Electrical wires relay commands, replacing the usual cables and linkage controls. For easy and accurate control of the aircraft during high G-force combat maneuvers, a side stick controller is used instead of the conventional center-mounted stick. Hand pressure on the side stick controller sends electrical signals to actuators of flight control surfaces such as ailerons and rudder. Avionics systems include a highly accurate inertial navigation system in which a computer provides steering information to the pilot. The plane has UHF and VHF radios plus an instrument landing system. It also has a warning system and modular countermeasure pods to be used against airborne or surface electronic threats. The fuselage has space for additional avionics systems.

General Characteristics

Primary Function: Multirole fighter

Contractor: Lockheed Martin Corp.

Power Plant: F-16C/D: one Pratt and Whitney F100-

PW-200/220/229 or General Electric F110-GE-100/129

Thrust: F-16C/D, 27,000 pounds

Wingspan: 32 feet, 8 inches

Length: 49 feet, 5 inches

Height: 16 feet

Weight: 19,700 pounds without fuel

Maximum Takeoff Weight: 37,500 pounds

Fuel Capacity: 7,000 pounds internal; typical capacity, 12,000 pounds with two external tanks

Payload: Two 2,000-pound bombs, two AIM-9 and 1,040-gallon external tanks

Speed: 1,500 mph (Mach 2 at altitude)

Range: More than 2,002 miles ferry range (1,740 nautical miles)

Ceiling: Above 50,000 feet

Armament: One M-61A1 20mm multibarrel cannon with 500 rounds; external stations can carry up to six air-to-air missiles, conventional air-to-air and air-to-surface munitions and electronic countermeasure pods

Crew: F-16C, one; F-16D, one or two

Unit cost: F-16A/B, \$14.6 million (fiscal 98 constant dollars); F-16C/D,\$18.8 million (fiscal 98 constant dollars)

Initial operating capability: F-16A, January 1979; F-16C/D Block 25-32, 1981; F-16C/D Block 40-42, 1989; and F-16C/D Block 50-52, 1994.

Inventory: Total force, F-16C/D, 1,280



U.S. Air Force photo by Staff Sgt. Jim Araoz

A U.S. Air Force F-16 Fighting Falcon assigned to the 36th Fighter Squadron (FS) launches June 11, 2012, during Red Flag-Alaska 12-2 at Eielson Air Force Base, Alaska. The F-16 is a compact, highly maneuverable fighter aircraft, vastly proven in air-to-air combat and air-to-surface attack. The 36th FS is out of Osan Air Base, South Korea.



U.S. Air Force photo by Airman 1st Class Thomas Spangler

An F-16 Fighting Falcon from the 309th Fighter Squadron, Luke Air Force Base, Ariz., taxis to the runway during Green Flag-West 14-09 Aug. 21, 2014, at Nellis AFB, Nev. Green Flag exercises give visiting units the opportunity to train in air-to-ground combat operations. Many of the training exercise scenarios call for providing air support to ground troops who are participating in ground combat exercises.

LOFGREN

(Continued from page 6)

Aircraft flown: F-16 (all blocks), KC-10, T-37 and T-38

MAJOR AWARDS AND DECORATIONS

Defense Distinguished Service Medal

Defense Superior Service Medal
Legion of Merit with two oak leaf clusters

Bronze Star

Defense Meritorious Service Medal with two oak leaf clusters

Meritorious Service Medal with three oak leaf clusters

Air Medal with oak leaf cluster
Aerial Achievement Medal with oak leaf cluster

Air Force Commendation Medal

Joint Service Achievement Medal

Air Force Achievement Medal
Combat Readiness Medal with silver oak leaf cluster

Air Force Recognition Ribbon
National Defense Service Medal with bronze service star

Armed Forces Expeditionary Medal

Global War on Terrorism Service Medal

Korean Defense Service Medal
Order of National Security Merit Samil Medal (Republic of Korea)

Chevalier de la Legion d'Honneur (France)

Honorable Federal Army Golden Cross Medal (Germany)

EFFECTIVE DATES OF PROMOTION

Second Lieutenant May 30, 1984

First Lieutenant May 30, 1986

Captain May 30, 1988

Major Dec. 1, 1995

Lieutenant Colonel Sept. 1, 1998

Colonel June 1, 2004

Brigadier General May 12, 2009

Major General July 20, 2012

Lieutenant General June 19, 2015

(Current as of November 2018)

(Retired December 01, 2018)

Suicide Prevention: Columbus AFB helps bring awareness, provides resources

Airman 1st Class Jake Jacobsen

14th Flying Training Wing Public Affairs

September is National Suicide Prevention Awareness Month which helps promote fellow Airmen to reach out to those affected by suicide, raise awareness and connect with individuals struggling with resiliency.

Transitioning past the Tactical Pause resiliency day at Columbus Air Force Base, Mississippi, Airmen here have been continuing to spread awareness about suicide prevention and mental health. These efforts will hopefully help increase resiliency and improve effectiveness and wingmanship in the work environment.

Daisy Jones-Brown, Columbus AFB's violence prevention integrator and suicide prevention program manager, is the overarching preventative worker that ensures military members know about their available resources and helping agencies. She can refer people to the care they need such as mental health, Military OneSource, Behavioral Health Optimization Program (BHOP), or Military & Family Life Counseling (MFLC).

"People are aware that we have a problem, so some of the things we do at the VPI is get challenged to look into the prevention piece of suicide and come up with ways to combat it," Jones-Brown said.

Jones-Brown said she divides suicide prevention into two categories: risk factors that make people more susceptible to suicide and protective factors. By doing this, she can increase the methods of prevention for military members on the base by taking a more personal approach to the subject.

Risks for suicide include people with substance abuse problems, those experiencing loss or guilt, feelings of isolation, and those undergoing stress, both professionally or in their personal life. This is why it is important for leadership at every level to know the Airmen they supervise, and connect to them enough to know if they have experienced an event in their life that might increase their risk for suicide.

Staff Sgt. Kyle Beath, 14th Force Support Squadron NCO in charge of customer service, mentioned one of the key ways of raising the awareness of suicide is to talk about it more and to have people who have actually been through it talk about it to others.

Beath was a speaker at the recent "Storytellers" on Columbus AFB. There, he shared his



U.S. Air Force courtesy graphic

Risks for suicide include people with substance abuse problems, those experiencing loss or guilt, feelings of isolation, and those undergoing stress, both professionally or in their personal life.

experiences with suicide and is an active advocate for suicide prevention.

"Talking to one another individually does have a big impact when creating connections but sharing stories to a group of people reaches further to those who could potentially be going through something," Beath said. "If someone going through a hard time sees there are actually people there for them, then I believe they will be more willing to show signs or talk of a deeper problem."

In the work environment it is crucial to have a positive atmosphere. Having resources and people you can reach out to can be essential when being in a stressful environment.

Mental health is one of those resources, available to help provide information risk. They provide information related to some of the risk factors that are associated with suicide.

Capt. Joshua Barry, 14th Operations Medical Readiness Squadron Mental Health flight commander, said building relationships in a foundation of trust and preparing for the future can provide more resilient tactics on how to prevent suicide among Airmen.

"When patients leave my office and go back to their lives with the tools I provided them to get through their issues, they will still need a support network to help further along their



U.S. Air Force courtesy graphic

progress to good mental health," Barry said. "The purpose and need of networking is to talk about the issues and break the stigma to make the subject easier to talk about."

Airmen are encouraged to placing themselves into groups, volunteering or joining social clubs so that they may create peer-to-peer relationships and struggling individuals can have the feeling of connecting through the community.

Barry said connecting with each other fosters a resilient workplace and community. Everyone has a role to play in prevention. The most basic, and often most effective, way to prevent suicide is to make sure that our family members, friends, coworkers and anyone else in our life feel connected and have a sense of belonging.

Leetch and Carpenter will represent mem-

CREATE Expo open house for the public Oct. 2



U.S. Air Force photo by Tech. Sgt. Christopher Gross

The Imagine the Possibilities Career Expo will take place Oct. 1-3 at the Bancorp-South Arena in Tupelo, with an open house for the public on Oct. 2 from 2-5 p.m. For the past several years, hundreds of Airmen from Columbus Air Force Base, Miss., have spent time showing more than 7,000 eighth-grade students annually, from 17 northeast Mississippi counties, some of the vast career opportunities the Air Force offers during Expo. The expo is hosted by the CREATE Foundation, sponsored by the Toyota Wellspring Fund and more than 130 businesses. Airmen from Columbus AFB have represented in seven of the 18 career pathways including aerospace, emergency management, engineering, government and public administration, health sciences, logistics as well as law and public safety. Within those pathways a total of 17 career fields have been showcased.



Courtesy photo

Participants march during in September 2018 during a 100-mile journey in support of 9/11. The group marched to bring awareness to remembering the victims of 9/11, while also fundraising for the 9/11 Memorial and Museum in NYC.

bers of Team BLAZE this year, but other recent Airmen from Columbus AFB that have participated include Capt. Max Adler 41st FTS, Capt. Donald Kinnee 50th FTS and Capt. Afton Brown, now stationed at Joint Base San Antonio-Randolph, Texas.



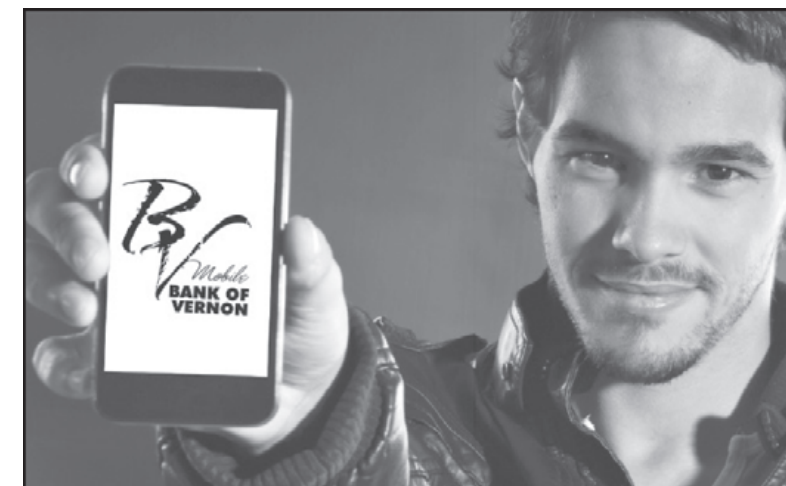
U.S. Air Force photo by Tech. Sgt. Christopher Gross

LEFT: Capt. Matthew Carpenter, 14th Student Squadron, 14th Flying Training Wing graduation officer, stands in front of the 14th STUS building Sept. 4, 2019, on Columbus Air Force Base, Miss. Carpenter is participating in a 100-mile march beginning the morning of Sept. 10 at Joint Base McGuire-Dix-Lakehurst, New Jersey, and will travel through the day and night arriving at the Sept. 11 Memorial in New York City the morning of Sept. 11.



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"I love my life and all the things it has to give. Like having all the apps I need, right at my fingertips. Friends, photos, and my mobile banking app. I can pay bills, check my balance, even deposit a check, right on my mobile phone. It's awesome. I just **tap the app.**"



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2019 Air Force Ball

Celebrating 50 Years of Modern Pilot Training

Saturday, September 28, 2019

Social hour begins at 1800 & Dinner will be served at 1900

James M. Trotter Convention Center

402 2nd Ave N., Columbus, MS

Ticket Sales POCs:

14 CES: SSgt Luis Chiriboga

14 STUS: Capt Marc Nielson

14 FSS: SrA Renaldo Sterling

48 FTS: 1st Lt Robert Davis

14 HCDS: SrA Hunter Williams

14 FTW/14 CPTS 2nd Lt Jonathan Mercer

14 DMRS: AIC Audriana Michie

14 CS: AIC Shamiya Brooks

41 FTS/37 FTS: 1st Lt Lewis Gray

14 SFS: SSgt Deven Caldwell

50 FTS: 1st Lt Janel Campbell

14 CONS: SSgt Daniel Martinez

14 OSS: 2nd Lt Benjamin Paulk

14 LRS: MSgt Kara Bennett

49 FTS: Maj Kyle Sellner

14 MDG: AIC Xavier Payton

Please contact your squadron POCs with any questions.

Childcare, event parking, and bus transportation will be available for those attending.

Security and policy review

Did you know that as a military member you must coordinate all information relating to speeches, presentations, academic papers, multimedia visual information materials and information proposed for release to a publicly accessible Worldwide Website, with exception of Air Force publications, through the 14th Flying Training Wing Public Affairs Office? For more information contact the 14th FTW/PA at 434-7068.

Columbus AFB Alpha Warrior aims for victory in final DOD competition

Airman 1st Class Jake Jacobsen
14th Flying Training Wing
Public Affairs

Alpha Warrior competitions are the military's version of the courses seen on the TV show "American Ninja Warrior," where athletes complete various obstacles competing to finish with the best time.

Second Lt. Michelle Strickland, 37th Flying Training Squadron student pilot, recently advanced to the 2019 Inter Service Alpha Warrior Final Battle competition Sept. 12 and 14 at Retama Park in Selma, Texas.

"I want to be able to represent Columbus AFB and the Air Force itself against the other branches of the military but also as a vegan athlete I want to show that you can be fit and fast while eating in a way that is good for you and the environment," Strickland said.

Strickland landed this selection through her achievements at prior competitions starting at the local level.

She placed first in the female category during the Columbus AFB competition and qualified for the regional competition at Maxwell AFB, Alabama, in June. This was one of 20 Air Force regional competitions worldwide, and she once again finished in first place.

After regionals Strickland went to the Air Force Eastern super-regional competition at Joint Base Charleston, South Carolina, in July, one of five competitions worldwide, three in the U.S. (East Coast, West Coast, and Central), one in Asia and one in Europe.

Twelve competitors, six male and six female, competed in each super-regional competition. Only four competitors completed the course, with Strickland being one of them. However, she not only completed the course but came out as the top female in all the Air Force super-regional competitions around the globe.

"Her personal motivation has been something that is unparalleled," said 2nd Lt. Jacob Nelson, 14th Student Squadron student pilot. "You just don't see the energy that she puts in everyday in many other people. There is no doubt in my mind she is going to reach the final stage and help the Air Force team to victory."

The final battle competition will encompass an entire parking lot with about 10 structures containing obstacles for the warriors to navigate. Some challenges the warriors might face

include getting across a jungle of poles where their grip strength will be important, hiking up and down a structure to get to the other side with weights attached to them, low crawls, giant hurdles and more.

The first part of the final battle competition will be Sept. 12 where each respective branch will compete to see who their top six members, three male and three females, for each branch will be. This is where Strickland will battle other top finishers from the Air Force super-regional events and will try to make the final team and go onto battle the other military branches.

After the top warriors emerge and the final teams, consisting of three males and three females, are decided each branch of the U.S. military will go against each other to see which triumphs in the second part of the final battle competition Sept. 14.

See **ALPHA WARRIOR**, Page 18



U.S. Air Force photo by Tech. Sgt. Christopher Gross
Second Lt. Michelle Strickland, 37th Flying Training Squadron student pilot, makes her way through the Alpha Warrior Course Sept. 4, 2019, on Columbus Air Force Base, Miss. Strickland is scheduled to compete in the 2019 Inter Service Alpha Warrior Final Battle competition at Retama Park in Selma, Texas, Sept. 12 and 14.



U.S. Air Force photo by Tech. Sgt. Christopher Gross

Second Lt. Michelle Strickland, 37th Flying Training Squadron student pilot, makes her way through the Alpha Warrior Course Sept. 4, 2019, on Columbus Air Force Base, Miss. Strickland won a super regional event earlier this year, qualifying for the 2019 Inter Service Alpha Warrior Final Battle competition at Retama Park in Selma, Texas, Sept. 12 and 14.



U.S. Air Force photo by Tech. Sgt. Christopher Gross
Second Lt. Michelle Strickland, 37th Flying Training Squadron student pilot, stands in front of the Alpha Warrior Course Sept. 4, 2019, on Columbus Air Force Base, Miss. Strickland is scheduled to compete in the 2019 Inter Service Alpha Warrior Final Battle competition at Retama Park in Selma, Texas, Sept. 12 and 14.

Airmen train for real emergencies during mock altitude chamber exercise

Airman 1st Class Hannah Bean
14th Flying Training Wing Public Affairs

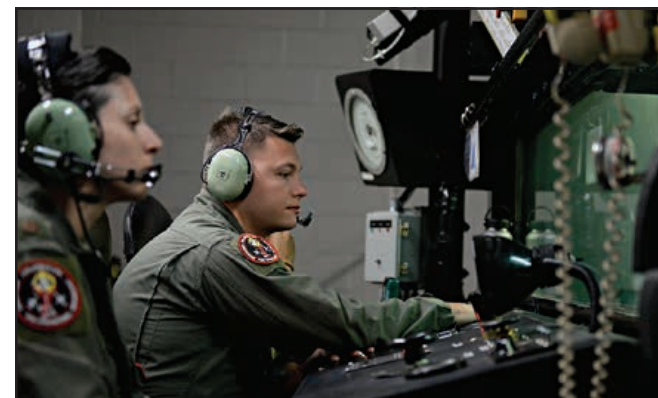
The 14th Operational Medical Readiness Squadron's Aerospace and Operational Physiology Flight conducted an expanded exercise with emergency agencies and volunteer Airmen Sept. 3 on Columbus Air Force Base, Mississippi.

Just as AOP trains pilots on the different risks associated with flying, they must also train themselves through emergency exercises on the potential risks they could encounter during a training session.

"We operate in a training environment and the reality is that there are a lot of risks involved, real risks with exposure to altitude and real reactions of our students in a low pressure environment," said Tech. Sgt. Stacey Klein, 14th OMRS AOP section chief. "It's vital to the safety of our students that we practice outside of their training environment to ensure that we're operating at the highest levels of proficiency and that our Airmen are comfortable in responding to those emergencies."

AOP is responsible for teaching pilots and aircrews the essential skills they need to handle in-flight emergencies. AOP Airmen focus on providing the highest quality training on proper pre- and post-flight preparation to ensure the health and safety of the students. Training can include aircraft pressurization, night vision, emergency first aid, oxygen equipment, physiological effects of altitude and emergency escape from aircraft.

To give a more accurate representation of the exercise inside the Hyperbaric Chamber Room, more commonly known as the Altitude Chamber Room, volunteers were asked to participate as students inside the chamber, providing a level of unpredictability for the AOP Airmen to critically think rather than predicting what they should do.



U.S. Air Force photo by Airman 1st Class Hannah Bean

Senior Airman Taylor Carroll, 14th Operational Medical Readiness Squadron's Aerospace and Operational Physiology Flight, ensure the Airmen are aware of what's going on inside the simulated chamber flight Sept. 3, 2019, in the Hyperbaric Chamber Room on Columbus Air Force Base, Miss. AOP is responsible for teaching pilots and aircrews the essential skills they need to handle in-flight emergencies through various training such as aircraft pressurization, night vision, emergency first aid, oxygen equipment, physiological effects of altitude and emergency escape from aircraft.

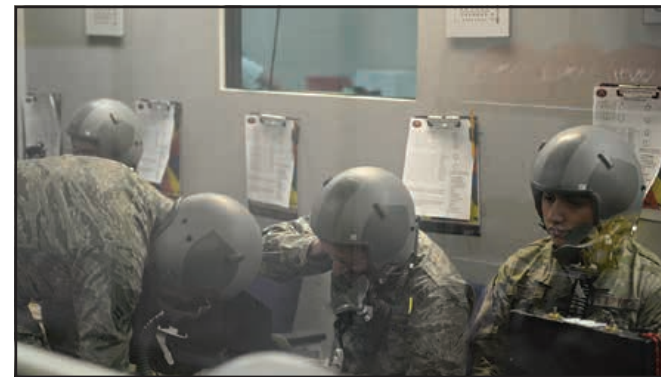


U.S. Air Force photo by Airman 1st Class Hannah Bean

Airmen are escorted outside the Hyperbaric Chamber Room during a simulated chamber flight Sept. 3, 2019, on Columbus Air Force Base, Miss. A simulated fire began in the room, causing Airmen to immediately evacuate the building and Hyperbaric Chamber Room.

"We understand that complacency isn't an option when we're in the chamber because we could miss something that's crucial to a student getting back on oxygen," Klein said. "We notice the little ticks and the little nervous things that individuals do. It's important we are aware of the physiological changes occurring, we're able to identify what those weaknesses or reactions are, and have the Airmen practice it over and over again to be proficient and comfortable in responding to those reactions."

The AOP Airmen involved in the simulation were tasked with different position and didn't know what emergency



U.S. Air Force photo by Airman 1st Class Hannah Bean

An Airman performs a chamber reaction during a simulated chamber flight Sept. 3, 2019, inside the Hyperbaric Chamber Room on Columbus Air Force Base, Miss. To give a more accurate representation of the exercise, volunteers were asked to participate as students inside the chamber, providing a level of unpredictability for the AOP Airmen to critically think rather than predicting what to do.

would occur. In addition, a handful of the participants acting as the flight were tasked with performing chamber reactions throughout the simulation.

The simulation began with a change in altitude adjustment. At different intervals participants were given signals to begin their chamber reactions, to include intense ear pain and abdominal pain.

As the simulation continued, a simulated fire began and kicked in emergency evacuations for all Airmen inside the building. Due to the emergency, the Airmen inside the chamber were immediately brought back to ground altitude level to allow for proper evacuation.

Both the 14th Civil Engineer Squadron Fire Department and 14th OMRS flight surgeon were contacted in response to the evacuation. After the firefighters responded, those that performed chamber reactions were evaluated by the flight surgeon and given an explanation of what procedures would be taken for those afflicted by the Hyperbaric Chamber Room.

"The importance lies in not only knowing that emergencies can happen but being able to respond to it in our training environment," said Airman 1st Class Troy Powell, 14th OMRS AOP flight technician. "Being able to identify weaknesses helps us create more effective training to our students and can help prevent the same issues from happening during real-world training."

By utilizing these training opportunities, AOP is able to improve their procedures, review any further training needed, and understand the importance of never becoming complacent in their job. Being a lethal and ready force is more than just training over and over again. The training allows for opportunities to improve and overcome obstacles before they become risks or hazards.



T-1A Jayhawk



T-38C Talon

SUPT Class 19-23/24 earns silver wings



Maj. Neidorff Dylan
Jericho, New York
C-130J



Capt. Ryan Lofgren
Tucson, Arizona
F-22



1st Lt. Jacob Martin
Black Hawk, South Dakota
U-28

Twenty-five officers have prevailed during a year of training, earning the right to become Air Force pilots.

Specialized Undergraduate Pilot Training Class 19-23/24 graduates at 10 a.m. today during a ceremony at the Kaye Auditorium. Retired Lt. Gen. Jeffrey “Jeff” Lofgren, Former Deputy Chief of Staff for Capability Development, Headquarters Allied Command Transformation, Norfolk, Virginia is the graduation guest speaker.

Students will receive their silver pilot’s wings at the ceremony, and students who excelled in their respective training tracks will be recognized.

Maj. Dylan Neidorff, 2nd Lt.’s Logan Adcock and Jamison Herrington received the Air Education and Training Command Commander’s Trophy for being the most outstanding students overall in their classes.

The Air Force Association Award was presented to Adcock, Herrington, and 2nd Lt. Austin Pearman who excelled in training and typified the tenets of the association; promoting aerospace power and a strong national defense.

The distinguished graduates of classes 19-23/24 recognized were Neidorff, Adcock, and Herrington for outstanding performance in academics, officer qualities and flying abilities.

The 52-week pilot training program begins with a six-week preflight phase of academics and physiological training to prepare students for flight. The second phase, primary training, is conducted in the single-engine, turboprop T-6A Texan II at Columbus AFB, Miss. Students learn aircraft flight characteristics, emergency procedures, take-off and landing procedures, aerobatics and formation flying. Students also practice night, instrument and cross country navigation flying.

Primary training takes approximately 23 weeks and includes 254.4



hours of ground training, 27.3 hours in the flight simulator and 89 hours in the T-6A aircraft.

After primary training, students select, by order of merit, advanced training in the fighter-bomber or airlift-tanker track.

Both tracks are designed to best train pilots for successful transition to their follow-on aircraft and mission.

Advanced training for the fighter track is done in the T-38C Talon, a tandem-seat, twin-engine supersonic jet. T-38 training emphasizes formation, advanced aerobatics and navigation. Training takes approximately 26 weeks and includes 381 hours of ground training, 31.6 hours in the flight simulator and 118.7 hours in the T-38C aircraft.

The airlift-tanker track uses the T-1A

Jayhawk, the military version of a multi-place Beech Jet 400 business jet. Instruction centers on crew coordination and management, instrument training, cross-country flying and simulated refueling and airdrop missions. Training takes about 26 weeks and includes 185 hours of ground training, 53.6 hours in the flight simulator and 76.4 hours in the T-1A.

Each class is partnered with business or civic organizations during their year of training. This program is designed to foster closer ties between the community and Columbus AFB. Today, each student will be given a set of pilot wings with their names engraved on the back as a token of good luck from their partners. SUPT Class 19-23/24’s pilot partners are Steel Dynamics, Neel-Schafer, Inc., Zachary’s, and Golden Triangle Radiology.



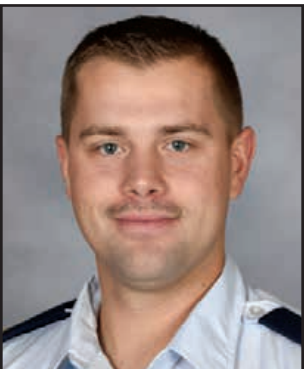
1st Lt. Keita Murata
Aomori, Japan
F-15J



1st Lt. Joji Nakashima
Toyana, Japan
F-15J



1st Lt. Masayuki Tashiro
Miyazaki, Japan
UH-60



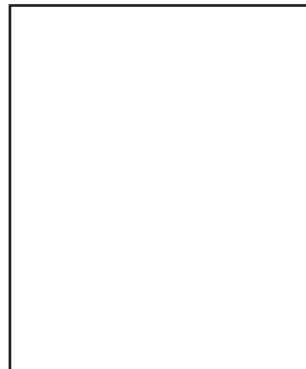
2nd Lt. Logan Adcock
Wartrace, Tennessee
A-10



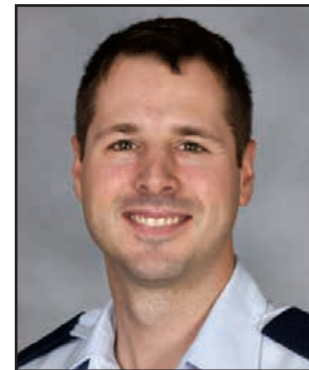
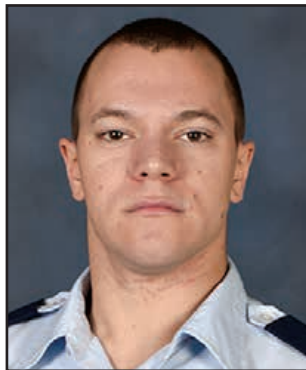
2nd Lt. Chase Butler
Williamsburg, Virginia
C-17



2nd Lt. Shannon Frain
Elwood, Illinois
C-17



2nd Lt. Daniel Johnson
Ruby, South Carolina
C-17



2nd Lt. Adam Larsen
Fairfield, California
C-17



2nd Lt. Reed Lefler
Royal City, Washington
C-17



2nd Lt. Nathaniel Lowmiller
Prattville, Alabama
T-6



2nd Lt. Michael Mesinere
Pittsburgh
KC-135



2nd Lt. Julius Peek
Cedartown, Georgia
C-17



2nd Lt. Charles Suaris
Charlotte, North Carolina
C-17



2nd Lt. Jordan Sullivan
Oswego, Illinois
C-130H



2nd Lt. Victor Valavanis
Cocoa, Florida
C-130J



2nd Lt. Blaine Wycoff
Colorado Springs, Colorado
T-38



2nd Lt. Jonathon Hicks
Knoxville, Tennessee
KC-135



2nd Lt. Ralph Lasevoli
Kings Park, New York
T-6



2nd Lt. Luke Hartings
Sunbury, Ohio
KC-135



2nd Lt. Jamison Herrington
Tuscaloosa, Alabama
T-1



2nd Lt. Jonathon Hicks
Knoxville, Tennessee
KC-135