Cultivate, Create, CONNECT

Columbus AFB

Education Center



Vol. 43, Issue 26

Weather



High 87ºF Low 67ºF



Partly Cloudy w/chc of

News Briefs

Wing Newcomers

Quarterly Awards/Enlisted Promotions

SUPT Class 19-21/22 Assignment Night Celebrate with Class 19-21/22 at 5:30 p.m., Aug. 2 in the Club as they receive their new assignments.





PHASE I Squadror 37th (20-08) 41st (20-09)

Col. Sloan Hollis, commar Undergraduate Pilot Traini

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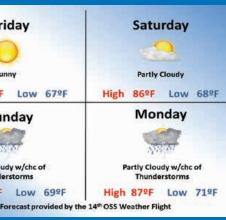




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A Wing Newcomers will begin at 8 a.m., July 30 in the Kaye Auditorium. Newcomers is mandatory for all newly arrived military and Department of Defense civilian personnel. This base-wide connection orientation consists of a guided base tour. You must register with your unit command support staff to attend due to limited space on the

Join fellow Team BLAZE members at 3 p.m., July 31 in the Columbus Club to celebrate and congratulate the quarterly award winners and our newly promoted Airmen.

Storytellers: Team BLAZE Airmen **CONNECT** through their stories

Senior Airman Keith Holcomb

14th Flying Training Wing Public Affairs

Four Team BLAZE Airmen shared their stories in the Columbus Club July 18 to a group of their peers, who surrounded the stage in seats, intently listening.

Storytellers is an annual event held on Air Force Bases across the globe, setting the stage for Airmen and their families to tell their stories of resilience and triumph.

The event originated out of Incirlik Air Base, Turkey, and has grown to become an event held at many bases all over the world. It began as an event for Airmen of any rank to step in front of others and talk about a difficult time in their life and explain how they found a solution.

"I did not have the skills at the time I needed to get better," said Col. David Fazenbaker, 14th Flying Training Wing vice commander "I had to seek the help of professionals across the base. I promise you asking for help is not a bad thing, if it was, I wouldn't be standing in front of you as a colonel.'

The value of Storytellers was not lost on the four Airmen from Team BLAZE who spoke of their time battling suicide, straining through 365 day deployments, close family deaths, and mental illness.

After the stories were told, the Airmen stayed on stage to answer questions and speak to the audience. This was important for the group to learn and grow from the four Airmen's experiences.

Each story had their own motivations to get better and took different routes to find a healthier life. This proves anyone is capable of reach-

See STORYTELLER, Page 3



U.S. Air Force photo by Mary Crump

Lt. Col. Earl Arnold, 14th Operations Support Squadron director of operations tells his story at a Storytellers event July 18, 2019, on Columbus Air Force Base, Mississippi. Storytellers originated out of Incirlik Air Base, Turkey, and has grown to become an event held at many Air Force bases all over the world.

| Со | LUMB | us AF | B T R | AININ | G T | IMELI | NE | |
|--|--------------|------------|---------------|------------|-------------------|---|-------|--------|
| II PHASE III | | | IFF | | WING SORTIE BOARD | | | |
| Track Select | Squadron | Graduation | Squadron | Graduation | Aircraft | Required | Flown | Annual |
| Aug. 5 | 48th (19-21) | Aug. 16 | 49th (19-KBC) | Aug. 20 | T-6 | 2,092 | 2,058 | 23,426 |
| Aug. 16 | 50th (19-21) | Aug. 16 | | | T-1 | 720 | 554 | 7,370 |
| | | | | | | 891 | 653 | 8,916 |
| ander of the Air Force Inspection Agency, Kirtland Air Force Base, N.M., is the guest speaker for Specialized Ining Class's 19-19/20 Graduation at 10 a.m., today in the Kaye Auditorium. | | | | | IFF | 343 | 277 | 3,661 |
| | | | | | | * Mission numbers provided by 14 FTW Wing Scheduling. | | |



As of press time, 38 TEAM BLAZE members are deployed worldwide. Remember to support the Airmen and their families while they are away.

| S | Silver Wings n | ew schedule | ١ | | | | |
|----|---|-------------|---|--|--|--|--|
| wi | Recently, the Silver Wings publications schedule has adjusted to a new format. Publications will now produce two issues a month with SUPT Graduations a part of those issues. | | | | | | |
| | 2019 | 2020 | | | | | |
| | | January 10 | | | | | |
| | | January 24 | | | | | |
| | | February 7 | | | | | |
| | August 16 | February 28 | | | | | |
| | August 30 | March 13 | | | | | |
| | September 13 | March 27 | | | | | |
| | September 27 | April 10 | | | | | |
| | October 11 | April 24 | | | | | |
| | October 25 | May 15 | | | | | |

May 29

June 12

June 26

| Deployment numbers provided by the Installation | | December 13 | | | July 10 | | |
|--|---|---|-------------|---|----------------|--|--|
| Personnel Readiness Office. | | | | | | | |
| <u>Mon</u> | <u>Tue</u> | <u>Wed</u> | <u>Thur</u> | <u>Fri</u> | <u>Sat/Sun</u> | Long Range Events | |
| 29 | 30 Wing New- comers, 8 a.m. @ Kaye Audito- rium | 31 Quarterly Awards/Enlist- ed Promotions, 3 p.m. @ Club 41st FTS Heritage Paint Unveiling | 1 | 2 Back to School Bash, 8-10 a.m. @ Independence Pool, 11 a.m 1-p.m. @ Youth Center SUPT Class 19-21/22 As- signment Night 5:30 p.m. @ Clu | 8 | Aug. 13: Wing Newcomers Aug. 16: SUPT Class 19-21/22 Graduation Aug. 19: National Aviation Day Aug. 20: IFF Class 19KBC Graduation | |
| 5 | 6 | Z | 8 | 9 Boss & Buddy, 4 p.m. @ Club | 10/11 | Aug. 22: Class 19-6 ALS Graduation Aug. 27: Wing Newcomers Aug. 29: Enlisted Promotions Aug. 29: SUPT Class 19- 23/24 Assignment Night Aug. 30: AETC Family Day | |

November 8

November 15

December 6

Silver Wings

How to reach us

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> Mrs. Tina Perry Layout Designer

Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

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Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the burchaser, user or patron.

Editorial content is edited, prepared and provided by the 14 FTW Public Affairs Office of Columbus AFB, Miss. All photographs are Air Force photographs unless otherwise indicated. The SILVER WINGS staff reserves the right to edit or

rewrite all copy submitted when necessary. All photos are U.S. Air Force photos unless otherwise stated.

Submit all advertising to the Columbus, Miss., Commercial Dispatch advertising department one week prior to desired publication date. The advertising department can be reached at (662) 328-2424.

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COMMUNITY

(Continued from page 13)

Installation Voting Assistance Office

A&FRC houses the Voting Assistance Office (VAO) which is open Monday - Friday, 7:30 a.m. -4:30 p.m. and closed weekends/holidays. The VAO offers voting assistance including voter registration, absentee ballot requests and voting, change of address, and provides answers for other general voting questions to uniformed service members, their familv members and civilians with access to A&FRC. Assistance includes but is not limited to aid in preparing and submitting Federal Post Card Application (FPCA) SF-76, Federal Write-in Absentee Ballot (FWAB) SF-186 and National Mail Voter Registration Form (NVRF). The VAO also leads and trains all installation unit voting assistance officers. For more information, please contact the Installation VAO at (662) 434-2701/2790 or e-mail: vote.columbus@us.af.mil.

Discovery Resource Center

The Columbus A&FRC has computers with internet access available for job searches, assessments, resumes, cover letters, state and federal applications and companies' employment information. A printer and fax machine is available. A lending library of books, DVDs and periodicals on transition and EFMP topics are available for check out. These resources are available on a first-come-first-serve basis.

Pre- and Post-Deployment Tour Briefing

These briefings are mandatory for active duty personnel who are either deploying or returning from deployment or a remote tour. The briefings are held daily at the A&FRC. Pre-deployment is at FRC.

9:30 a.m., and post-deployment is at 1:30 p.m. Please contact A&FRC at (662) 434-2794/2790 for more information.

Pre-Separation Counseling

This counseling is a mandatory briefing for personnel separating or retiring, and is to be completed at least 90 days prior to separation. It may be completed up to 12 months prior to separation or 24 months prior to retirement. Counseling is held daily at 8:30 a.m., and it takes approximately 60 minutes. Please contact A&FRC at (662) 434-2790 for more information.

Employment Workshop

An employment workshop on local and base employment opportunities is held every Wednesday, - 2 p.m. This program provides military families and DoD civilian members individual assessment and career counseling to assist with local employment, preparation for future endeavors via education, job search, or self-owned business objectives in the local area. For more information, please call A&FRC at (662) 434-2790.

Personal Financial Readiness

Need Help with Financial matters? Want to make the most of your money? The Personal Financial Counselor (PFC) can help you and your family: manage finances, resolve financial problems and reach long-term goals such as education, buying a home and planning for retirement. PFC services are at no cost, private and confidential. Please contact the PFC at (662) 998-0411/434-2790 or e-mail PFC. Columbus.USAF@zeiders.com, located in the A&-

Are you nearing military retirement? The one decision you will need to make before you retire involves participation in the Survivor Benefit Plan (SBP). As with all good decision-making, you need to know the facts before you can make a sound decision. Always get the true facts about SBP before making up your mind. Additional details are available by calling your SBP Counselor Mary Chambers at (662) 434-2720/2790.

Key Spouse Program (KSP)

The mission of KSP is to provide information and resources to military spouses, supporting families in successfully navigating through the military life cycle. The KSP is a CC's program. The CC establishes and maintains the program within the unit, to include choosing team members. Once selected as a KS in writing, you will need to attend initial/refresher KS training and continuing education. For more information, please call (662) 434-3323.

Military and Family Life Counselor Proaram

Military and Family Life Counselors (MFLCs) provide non-medical counseling to help Airmen (single and married), spouses and other family members cope with stressful situations created by deployments, reintegration and life challenges such as martial issues, parenting, career stress and anger. All counselors are icensed mental health providers, and they can meet either on or off base. There is no charge for services, and appointments can usually be made within one to two days. To contact the MFLC, please call (662) 435-1110.

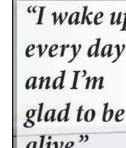


"I'm running my business like I run my life. Thinking ahead. That's why I like doing business at my bank. They have roam pay that lets me scan a check on my smart phone, and deposit it wherever I roam. I like that thinking."



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@ The Dispotch For more information: www.ccsms.org/pach

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HE COLUMBUS ARTS COUNCIL seeks an office manager to perform a wide range of administrative, event and support activities. Full job description available at columbus-arts.org. 30 hours per week; \$10+/hr based on experience. Send cover letter and resume to jan.columbusarts@gmail.com

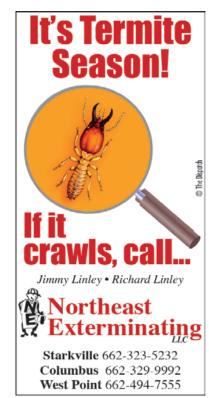
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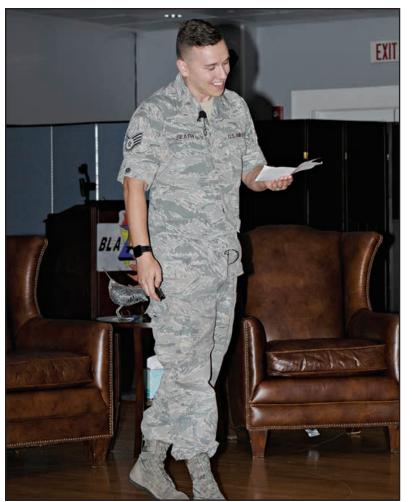
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U.S. Air Force photo by Mary Crump Staff Sat. Kyle Beath, 14th Force Support Squadron Force Management craftsman, tells his story at a Storytellers event July 18, 2019, on Columbus Air Force Base, Mississippi. Storytellers began as an event for Airmen of any rank to step in front of others and talk about a difficult time in their life and explain how they have found a solution.

STORYTELLER

(Continued from page 1)

they choose to utilize.

and vourself."



ing out for the help they need to get better, regardless of which resource

"What we learn today will be how we can care for each other," Fazenbaker said. "Be bold in the actions you take to help your fellow Airmen

QeepBot: The Enlisted, Officer Performance Report editor

Airman Davis Donaldson

14th Flying Training Wing Public Affairs

Hours and hours of time spent on one Enlisted or Officer Performance Report can take away a supervisor's ability to accomplish their main mission effectively.

The Spark Cell and Keesler Air Force Base, Mississippi Airmen have worked tirelessly to bring the 14th Flying Training Wing 'QeepBot'.

"It's two words together 'Queep', meaning unnecessary paperwork that has no true purpose and 'Bot' is the automation of the quality check process behind EPR's and OPR's," said Maj. Eddy Gutierrez, the previous 14th Communications Squadron commander and a supervisor during the programs production.

QeepBot is similar to a grammar or spell check program, specifically designed to help write EPR and OPR forms with minimal editing, saving supervisors and leaders anywhere from minutes to hours.

"The intent of QeepBot is for the user to focus more on the content than the abbreviations and spellings," Gutierrez said. "We eliminated someone having to eye every single space, dot and semicolon."

When a supervisor makes a mistake giving a performance report, QeepBot will highlight those errors, saving valuable time, which Gutierrez says he knows from experience.

"Every base has different performance report rules and acronyms," Gutierrez said, "You can't assume you know the rules from one location to another, you have to adjust every time. That's what makes it difficult."

The other problem, Gutierrez explained, is someimes supervisors and leadership simply get too busy. "We're just running through and finding the typical errors that we know would stop reports from getting completed," Gutierrez said. "Sometimes the small things like a space or a semicolon get overlooked."

With every great product comes challenges creating it, QeepBot was no exception, stated Gutierrez.

"The first problem we ran into was the lieutenants at Keesler AFB trying to understand the code behind the scenes," Gutierrez said. "Another problem was identifying where to host the solution. Since we knew it was going to be a trial and error, we didn't dedicate any funding towards it. The lieutenants at Keesler AFB found a free and open source that allows everyone to have access to it."

Second Lt. Connor Hamlet, an Undergraduate Cyberspace Training student from the 333rd Training Squadron at Kessler AFB, was one of the lieutenants working on the project.

"Software development, it was us trying to get it up off the ground and online," Hamlet said. "That was probably the biggest concern because we're looking at a software product of about 20,000 lines of code. Fortunately, we had some great talent on the team and so we were able to put that project together."

Hamlet said that most of the lieutenants, including himself, did not have assignments and were awaiting technical training. He noted it was a great way for them to make an impact and more interesting than doing nothing.

Qeepbot still has room for improvement. Gutierrez said he would like QeepBot to make it to E-Publishing - the Air Force guidance directory. He says he would also like a version of the program for decorations.

Commander's Action Line 434-1414

In an effort to stay Connected, the Commander's Action Line is your direct link to the commander for comments and suggestions on how to make Columbus AFB better.

Although the Commander's Action Line is always available, the best way to resolve problems is through the chain-of-command. The Commander's Action Line can be reached at 434-1414. Leave your name and phone number or email if you would like to receive an answer. All names will be kept confidential

If you would like to remain anonymous, please submit your inquiries through our base application in the 'Our Wing' then 'Contact the CC' tab or you can submit through the webpage at www.columbus.af.mil. Click "Contact Us" at the top left of the page and select "Commander's Action Line" in the Recipient drop down menu.



Columbus provides better outlook on aircrew flight equipment

Airman 1st Class Jake Jacobsen 14th Flvina Trainina Wina Public Affairs

Maj. Saily Rodriguez, the Systems Program Office (SPO) female fitment program manager, and Maj. Christianne Opresko, HAF/A3 (Headquarters Air Force/Operations) chief aircrew support branch and chief of staff for the Air force Physiological Episodes Action Team, visited Columbus Air Force Base, Mississippi, July 11-12 to address some aircrew flight equipment concerns.

Col. Samantha Weeks, 14th Flying Training Wing commander invited Rodriguez and Opresko to fly in the trainer aircraft and experience what women deal with while air-

Weeks wanted to address this issue as she firsthand understands the issues of being a female flier and wants to obtain better solutions for the problems at hand. Namely the issue of bladder relief options for women has been the prioritized issue.

1st Lt. Christina Hall, the 14 Medical Operations Squadron aerospace and operational physiologist, organized the tour for Weeks and accompanied the two visitors while they were briefed on their incentive flights they would take on the T-38 Talon and the T-6 Texan II trainer aircraft.



Capt. Kip Moorhead, 14th OSS operations flight commander, shows Maj. Saily Rodriguez, the Human Systems Program Office female fitment program manager, how to strap on safety belts in a T-38 Talon seat, July 11, 2019, on Columbus Air Force Base, Mississippi. Rodriguez is a female fitment program manager whose job is to research and development, test, evaluate and manage aircrew flight equipment.

ing six years attaining 2400 flight hours as F-16 Fighting Falcon and knows personally

Hall was formerly enlisted aircrew, spend- a flight attendant. Hall has also flown in an

of the issues surrounding female bladder relief issues on fighter aircraft.

"What you have happening now to combat the big bladder relief issue is pilots purposely dehydrating themselves so they don't have to use the bad bladder relief methods available," said Hall. "Dehydration comes with a whole lot of issues, which becomes a safety hazard and the more female pilots we obtain the more pressing these issues become.

Upon arriving, Rodriguez clarified that the issue with the bladder relief isn't the devices themselves but rather to increase the options available to the aircrew members. She also mentioned that women pilots especially struggle as the options for them are incredibly limited.

Rodriguez said the reason she wanted to do these incentive flights was because she wanted to get a true appreciation for what female aircrew go through whenever they have to fly.

"As a program manager I don't have the experience of flying, however, I manage the programs that are meant to enhance and maintain all aircrew flight equipment that pilots wear," said Rodriguez. "I am doing these flights to get that perspective firsthand instead of getting told what the issue is."

See SPO VISIT, Page 5



Col. Samantha Weeks, the Commander of the 14th Flying Training Wing, speaks to a group of Air force officers, July 12, 2019, on Columbus Air Force Base, Mississippi. Col Weeks invited Maj. Rodriguez to Columbus AFB to fly trainer aircraft and get an idea of what women are dealing with while flying the aircrafts.



Maj. Saily Rodriguez, the Human Systems Program Office female fitment program manager sits in a T-38 Talon while Maj. Ryan Claussen, 50th Flying Training Wing chief of instructor pilots, climbs the ladder, July 12, 2019, on Columbus Air Force Base, Mississippi. Rodriguez went on the incentive flight to test the equipment and to try out a disposable urinary relief device called the Traveljohn.

Air Force Readiness Programs

(Editor's note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of the activities listed, call 434-2790.)

Wing Newcomers Orientation

The next Wing Newcomers Orientation is from 8 a.m.-2 p.m. July 30. This event is mandatory for all newly arrived military and DoD civilian personnel. This base-wide CONNECTION orientation begins at the Kaye Auditorium and consists of a guided base tour. The event's main foundation is a mobile App, so if you plan to attend, please locate and download the Columbus Air Force Base App from the App Store prior to attending. To register, please contact your unit CSS, or for more information, please call the A&FRC Relocation Manager at (662) 434-2701/2790.

Smooth Move Relocation Workshop

The next Smooth Move is from 10-11 a.m. July 31 in the A&FRC. This workshop is highly recommended for first-time and over-seas relocating members. Get the very latest moving information straight from base-wide relocation assistance agencies. Learn what to expect before you move with information from Tri-Care, Housing, Military Pay, TMO, Medical Records and A&FRC. Be sure to bring and ask any relocating questions you may have during this event.

Hearts Apart

The next Hearts Apart is from 5-7 p.m. July 31. This monthly social event is for family members whose sponsor is deployed, on a remote tour or TDY for more than 30 days. To register or for more information, please call A&FRC at (662) 434-2790.

Air Force Recovery Coordination Proaram

A Recovery Care Coordinator (RCC) will be providing assistance from noon-5 p.m. Aug. 7; 8 a.m.-5 p.m. Aug. 8; and 8 a.m.-noon Aug. 9 at the A&FRC. The Recovery Coordination Program (RCP) streamlines and improves the way care and support is delivered to wounded, ill, and injured Airmen and their families. The RCP provides the support of a RCC who guides the Airman and family along their road to recovery. Those eligible include wounded, ill and injured Airmen who: (1) have a serious illness or injury, (2) are unlikely to return to duty within a specified amount of time, (3) may be medically separated from the military. Additional details are available by contacting the Columbus AFB A&FRC at (662) 434-2790.

Bundles for Babies

Track Workshop The next Bundles for Babies workshop is from 1-3:30 p.m. Aug. 22 in the A&FRC. This The next Career Exploration & Planning program is designed for active duty AF members Track workshop is from 8 a.m.-3 p.m. Sept. 16and/or their spouses who are pregnant or have a 17 in the A&FRC. This workshop helps memchild 4 months old or less. Attendees will learn bers identify skills, increase awareness of train- at (662) 434-2790. about finances, labor and delivery, and infant ing and credentialing programs, and develop an

COMMUNITY

14th MDG changes command, squadrons



U.S. Air Force photo by Melissa Doublin Col. Samantha Weeks, 14th Flying Training Wing commander, passes on the guidon to Col. Betty Venth, 14th Force Base, Miss.

care. A \$50 gift card sponsored by the Air Force action plan to achieve career goals. To register Aid Society will be provided for each qualifying or for more information, please call A&FRC at child. To register or for more information, please call A&FRC at (662) 434-2790.

Federal USA Jobs Workshop

The next Federal USA Jobs workshop is from 9-10:30 a.m. Sept. 4. This is a workshop on writing resumes, applications, and job search using the USAJobs website. To register or for more information, please call A&FRC at (662) 434-2790.

Transition Assistance Program GPS (Goals, Plans, Success) Workshop

The next Transition Assistance Program (TAP) workshop is from 7:30 a.m.-4 p.m. Sept. 9-13 and includes seminars on: Transition, Military Occupational Code Crosswalk, Financial Planning, Health Benefits, Mississippi Department of Employment Security, Department of Veterans Affairs, Disabled TAP and Department of Labor. Preseparation counseling is required before attending, and recommended attendance is 12-24 months prior to separation/ retirement. Spouses are encouraged to attend with their sponsor. To register or for more information, please call the TAP Manager at (662) 434-2631/2790.

Career Exploration & Planning



U.S. Air Force photo by Melissa Doublin

Medical Group commander, during the 14th MDG change Leadership from the 14th Medical Group change the names of the of command June 21, 2019, at the Club on Columbus Air squadrons during the 14th MDG re-designation ceremony June 21, 2019, at the Club on Columbus Air Force Base, Miss.

(662) 434-2790.

Entrepreneurship Track Transition Workshop

The next Entrepreneurship Track Transition workshop is from 8 a.m.-3 p.m. Sept. 19-20. This workshop is conducted by the Small Business Administration for veterans and all base personnel interested starting up and operating their own business. To register or for more information, please call A&FRC at (662) 434-2790.

Heart Link

The next Heart Link is from 8:30 a.m.-noon Oct. 17 in the A&FRC. This half-day program is open to all spouses of active duty military members assigned to Columbus AFB. Attendees will receive information about life in the Air Force, in the local area and at Columbus AFB from local subject matter experts including spouse leaders. To register or for more information, please call A&FRC at (662) 434-2790.

Volunteer Opportunities

If you are interested in volunteering, please contact the A&FRC. We have volunteer opportunities located across the base for one-time events, special events or on a continual basis. Volunteers are needed on base at the Youth Center, Child Development Center, Library, Medical Clinic, Chapel, Airman's Attic, Thrift Store, the Retiree Activities Office and many other locations. For more information, please call A&FRC

See **COMMUNITY**, Page 14 (Open to all denominations)

Chapel Schedule

Whether you are new to Columbus Air Force Base or have been around for a while, our parish communities welcome you to join us as we worship, fellowship, and encourage one another. For more information, please call 434-2500.

Catholic Community

Sundays

3:30 p.m. – Religious Education, grades K-9 (Start in Fall) 4 p.m. – Choir Practice 4 p.m. – Confession (or by appointment) 5 p.m. – Mass 1st and 3rd Sunday - Fellowship Meal following Mas Tuesdays: 10 a.m. – Daily Mass (Phillips Auditorium) Wednesdays: 10 a.m. – Daily Mass (Phillips Auditorium) 10:30 a.m. - Adoration (Phillips Auditorium) 2nd Saturday of each month - Faith Ablaze

Protestant Community Sundays:

9 a.m. - Adult Sunday School 10:45 a.m. – Community Worship Service (Donut Fellowship following) 3rd Sunday of Each Month - Protestant Faith Ablaze

Wednesdays:

6 p.m. - AWANA: Begins September 26th Open to all denominations)

Thursdays:

5:30 p.m. – Student Pilot Bible Study

Columbus Air Force Base Information and Events

Join our Facebook page at Columbus AFB Living, Twitter at @columbusafbliving, Instagram at columbus_afb_living, or visit our website at www.columbusafbliving.com to keep up to date with all the great events happening around base. Check out the calendar on the website for important Airman and Family Readiness Center events. For more information, contact 434-2337.

Get Connected with Your New Base App!

As a way to connect people together, Columbus Air Force Base launched a new app to connect Airmen and families to the mission and community! The app is available on all app stores and can be found by searching 'Columbus Air Force Base'

Lunch Buffets at the Overrun

Enjoy daily lunch buffets Tuesday thru Friday at the Columbus Club. Daily buffets include: Tuesday – Tacos and Nachos \$9, Wednesday – Chicken Wings and Pasta \$10, Thursday – Southern Style \$10 and Friday – Fried Catfish \$10. Club Members receive a \$2 discount. For more information, contact 434-2489.

Free Single Airmen Bowling

The Strike Zone Bowling Center presents Free Single Airmen Bowling from 4-8 p.m. on July 31. Must sign in at the register, call 434-3426 for more information.

Back to School Bash

Join the Youth Center and the School Liaison Officer as we say goodbye to summer with a bash.

From 8-11 a.m. on Aug. 2 with a pool party followed by an info fair from 11: a.m.-1 p.m. at the Youth Center! Free hotdogs, and chips! Giveaways, bouncy castles and a petting zoo too! Call 434-2504 or 434-2792 for more information.

Columbus Club Music Series: Karaoke Night!

Starting at 6 p.m. on Aug. 2 following SUPT class 19-21/22 assignment night! Come and sign your heart out! Food and drink specials available. Call 434-2489 for more information.

Boss & Buddy

Come unwind with us at the Columbus Club. Starting at 4 p.m. Aug. 9, following by Columbus Club Music Series: featuring music by Style the band beginning at 6 p.m. Food and Drink specials. Call 434-2489 for more information.

The Elvis Experience and Plane Tour

From 8 a.m.-5 p.m. on Aug. 10. You've heard his music, now tour the place that Elvis Pressley called home! Discover rock-nroll memorabilia, personal videos, stage costumes, his personal planes and more! The cost is \$65 adults (13+) \$51 adult tickets without transportation, \$40 kids 7-12 and \$15 kids 6 and under, price includes transportation and admission. Deadline to sign up is August 5. Call 434-7861 for more information.

Buck & Bowl

Forget Rock & Roll, this is Buck & Bowl! Stop by the Bowling Center for \$1 games and \$1 shoe rentals! Every Thursday from 2-8 p.m. call 434-3426 for more information.

Buy One Game Get One Free Monday

Come and get your bowl on every Monday at the Strike Zone Bowling Center! Available all day. Call 434-3426 for more infor-

Youth Summer Camps

The Youth Center offers a variety of camps during the summer to keep the kids from getting bored. Contact the Youth Center for a full list of camps available through August. For more informa- Horse Boarding Available tion call 434-2504.

FSS Services

B-R4R The Elvis Experience and Plane Tour

August 10 from 8am-5pm

You've heard his music, now tour the place that Elvis Presley called home! personal videos, stage costumes, his personal planes and more!

\$65 Adults (13+) \$40 Kids 7-12 \$15 Kids 6 & Under

Min. participation: 28 Deadline to sign up: Aug. 5

Call 434-786 to register! The back

Assignment Night Transportation

Book Assignment Night transportation with ITT! Reserve the bus, the van or both! The cost is only \$30 per hour for Columbus and local areas; a \$30 deposit is required and applied to the total cost of reservation. Reservation must be a minimum of four hours and reserved in person. For more information, contact 434-7861.

Martial Arts

Martial Arts classes are available at the Youth Center from 5-6 p.m. every Tuesday and Wednesday. Receive two free introductory classes, contact the Youth Center for more information at 434-2504.

Exclusive Military Vacation Packages

Did you know that you can book exclusive military vacation packages at ITT? Packages include Universal Studios and Disney destinations. To book your vacation at www.americaforcestravel com or visit your ITT office at (662) 434-7861

Storytime Schedule

The Base Library is offering Storytime on Tuesdays at 10 a.m. for ages 3–6 years, Fridays at 10° a.m. and 3:30 p.m. for ages birth–2 years, and 10 a.m. on Saturdays for all ages. For more information, contact 434-2934.

FSS Gift Cards

Make your shopping easier! Purchase or redeem your FSS Gift Card at the following locations: Arts and Crafts, Bowling Center, Café at Whispering Pines, Child Development Center, Columbus Club, Information Tickets and Travel, Outdoor Recreation or the Youth Center. For more information, stop by any of these loca-

The CAFB Riding Stables usually has stall space available.

For pricing and more information, contact Outdoor Recreation at 434-2505.

Free Mango Languages

Learn a new language today! Free Mango Languages available at the Base Library; real-life conversations in over 70 languages. For more information, contact 434-2934.

Play Paintball

Outdoor Recreation offers paintball for groups or individuals. You must book twenty-four hours in advance; 17 years old and under must be accompanied by an adult. The cost is \$15 per person for party of 10 or more; \$20 per person for party of nine or less. You must purchase paint balls at Outdoor Recreation for \$50 per case of 2,000. For more information, contact 434-2505.

The Overrun is Open Friday Nights

The Overrun is open Fridays 4:30 p.m. until midnight. Excluding Graduation nights. For more information, contact 434-2489.

Lawn Mower and Bicycle Repair

Outdoor Recreation is now offering lawn mower repair and self-help bicycle repair. For more information, contact 434-2507.

Hobby and Craft Instructors Needed

Do you have a hobby or craft project you can share with others? Arts & Crafts is looking for craft instructors. For more information, contact 434-7836.

Wood Shop is OPEN!

The Wood Shop is back in business! They are open from 10 a.m.-5 p.m. Monday through Thursday and 8 a.m.-4 p.m. Saturdav, call 434-7836 for more information.

Referees Needed

Referees needed for various sports at the Fitness Center. For more information or to sign up, contact 434-2772.

RV Storage Lot

Don't clutter your home space, park with us. Outdoor Recreation offers a great place to store your RV year around. You will have 24-hour access and can pay monthly or yearly. For more information, call 434-2505.

Instructors Needed

The Youth Center is seeking instructors for tumbling classes, dance classes, piano and guitar lessons. For more information, contact the Youth Center.

Fitness on Request

The Fitness Center offers a truly comprehensive group fitness platform that is available all day and completely customizable to meet your needs with 119 different classes on the Fitness on Request system. For more information, call 434-2772.

Space A Lodging

The Magnolia Inn usually has openings for Space A family and single units. Contact the lodging desk at 434-2548.

Ride in Style

Information Tickets and Travel offers a shuttle service to the airport of your choice. For more information, contact 434-7861.

Laser Bowling

The Strike Zone offers laser bowling starting at 5 p.m. every Friday and Saturday night, stop in for a great time! Call 434-3426 for more information.

(Continued from page 4)

Prior to Columbus AFB Rodriguez went to Edwards Air Force Base, Calif., where they do testing for future flight equipment, and flew an F-16 Fighting Falcon sortie to give her the full effect of what it is like to be an aircrew member inside the cockpit and execute different maneuvers under G's. She took special care to understand the uniform, harness, urinary relief, and any kind of survival equipment that they use to see how it can affect the performance and posture of a pilot. She wanted to come to Columbus AFB to see what the pilots experience when they have their first real exposure to the flying world. Being in the trainer aircraft, Rodriguez could acquire a better understanding of what women go through at the very beginning when they first come in as a pilot.

the Traveljohn while she was in the T-38.

issues.

a device while buckled in place.









SPO VISIT

Rodriguez tried out a disposable urinary relief device called

She wanted to try out this device to get an appreciation for what women use while in flight to better understand what female pilots mean when they tell her about bladder relief

Rodriguez tried not to unbuckle anything while she was in the T-38 to see how much room and how difficult it would be to perform bladder relief with the given circumstances and the device at hand. Ultimately, it was not feasible to use such

perform bladder relief in aircraft which poses a risk if the aircraft were in danger and they needed to eject while not properly harnessed," said Rodriguez. "If pilots had more relief options to choose from they could test out what works better and use that particular method to fit their needs."

"At the end of the day it is all about having form, fit and function to enable our aircrew to optimize their performance in the aircraft," said Opresko. "Any issue we find is a barrier towards performance enhancement and optimization.²

Rodriguez recapped the issue of "tactical dehydration" with the pilots who find it difficult to use the current bladder relief systems available. She explained that multiple efforts need to be brought in to address the problem in order to give female aircrew different options to perform bladder relief.

The SPO are responsible for the research and development, test and evaluation, and management of these items. Rodriguez and Opresko plan to use the experience gained from CAFB to help connect back to the aircrew community and vector their programs to satisfy pilot's needs.

"At the end of the day it is all about having form, fit and "The aircrew have to unharness themselves in order to function to enable our aircrew to optimize their performance in the aircraft," said Opresko. "Any issue we find is a barrier towards performance enhancement and optimization."

> hance aircrew flight equipment and said they were able to commercially, what the sister services are doing, and improvtalk to aircrew from different backgrounds such as the F-22 ing what they already have to get the issue resolved.

Raptor and the F-35 Lightning II. Their goal was to find out what dissatisfactions they had with their specific aircraft equipment that they fly in and how they function while not having optimal gear.

"One platform is not the same as the other," said Rodriguez. "Being able to see pilots sitting down inside their cockpits and letting them talk about how this fits or doesn't fit allows me to fully grasp what's going on and what needs to get fixed."

Rodriguez talked to some female pilots who told her that they could only use one device for urinary relief while in the fighter jets because of the particular harness they use. This led her to put on the harness to experience their issues first hand and realized that there was something that physically blocked you from being able to use some relief devices.

Being able to see and feel the equipment being used in action gave Rodriguez a full perspective on how important it is to solve the issues to ensure the mission can be completed and pilots are not being slowed down by issues like bladder relief.

"We need to be able to take in considerations to improve the fit and feel for aircrew members so they can function to the level the Air Force is expecting them to perform to," said Rodriguez.

The SPO is looking for outside sources to pitch in new bladder relief options as well as partnering with the U.S. Navy, putting money toward their bladder relief projects. Rodriguez claimed the Navy is working on new devices that could be beneficial to add to our existing products that are Opresko has accompanied Rodriguez on her trip to en- being used today. The SPO is looking at what is available

Maj. Saily Rodriguez, the Human Systems Program Office female fitment program manager sits inside a T-38 Talon, July 12, 2019, on Columbus Air Force Base, Mississippi. Rodriguez visited Columbus AFB to see what the pilots experience when they have their first real exposure into the flying world

A T-38 Talon taxis off into the runway, July 12, 2019, on Columbus Air Force Base, Mississippi. Tactical dehydration is an issue right now with the pilots who find it difficult to use the current bladder relief systems available.



Operational Security, Columbus Air Force Base

Scott Shuttleworth 14 Flying Training Wing OPSEC Program Manager

What do you think when you hear the term Operational Security (OPSEC)? I used to think "I don't deal with classified information so why is this important to me?" Recent events and lapses in OPSEC have caught the attention of the previous and current secretary of defense, secretary of the Air Force, and chief of staff of the Air Force. As a matter of fact, the lapses in OPSEC were becoming so common it was not only undermining defense department operations they were undermining the secretary of state and presidential actions. Now stay with me here, I will get to the meat of why this is important to you shortly.

Most personnel don't really know what OPSEC entails until they fully understand where and what conditions it came out of Sun Tzu was quoted as saying "If I am able to determine the enemy's dispositions while at the same time I conceal my own, then I can concentrate and he must divide.'

What application does OPSEC have to a small pilot training base such as Columbus Air Force Base? EVERYTHING! We train the world's best pilots, deploy the world's best trained Airmen warriors, and we have the world's best support system ... our families.

When we train our pilots, the squadron non-commissioned officers, instructor pilots, directors of operations, and commanders have all "been there and done that." We are proud of where we have been and what we have done. Our Airmen come home and are excited about their accomplishments. Our families and support systems are proud of and your operations. their husbands, wives, and children.

With all of this pride, it is easy to discuss pieces of deployment specifics or talk around something we know we shouldn't ... this could be dangerous. We also have to be cognizant that when we left our deployed locations, someone else more than likely took our place and when we talk about the details of what we have done, it could potentially endanger their mission, their personal welfare, or others. A piece of the puzzle here is



put together with a piece of the puzzle from mission. Once it is out there it is out there somewhere else, and pretty soon the enemy has the whole picture knowing vulnerabilities, capabilities, and when and where to attack or degrade operations.

The Air Force's focus is on identity management and social media, since it's is where recent lapses have occurred. With everybody tweeting, using Instagram, and Facebooking, the immediate delivery of personal information can be both good and bad. For some reason we feel safe putting our lives online.

is to know about you, your family and your operations. The bad is people know everything there is to know about you, your family

Protect your family, your credit, and your operations by not putting operational details, equipment, deployed locations, or personal information on the web. Once it is out there, it is out there to stay. It is a good idea to always operate under the assumption anything you post online might be stolen by criminals or adversaries.

with a little bit of time can find out all they

to stay.

Here are a few Do's and Don'ts of social media:

Don'ts:

• Don't post specific information about a service member's deployment. This includes their location, deployment dates and unit. The less concrete information available to enemies online, the better.

• Don't publicly ask for friends and family The good is people know everything there to remember your loved one online (in person, single text, or e-emails are ok but not in social media forums). You're basically letting the Internet know a service member is going into a dangerous situation. This could tip off militants a fight is coming their way.

• Don't put geotags on pictures or statuses, especially if they include a service member. Geotags emblazon your photos and statuses with your exact location. Failure to turn off this feature could leave a digital trail exposing you and your family's whereabouts.

need to know to steal your life or damage a finally going home, or nerve wracking if they sistance you need.

preparing to leave, but counting up or down to that moment makes it easy to predict when and where American troops will move next.

Do:

• Do update your passwords and social media privacy settings. Popular social media platforms are adjusting their privacy settings all the time. Make sure you've got your profile on lockdown.

• Do edit or delete photos that might reveal too much information. Blur and crop images revealing the names or ranks of uniformed service members. In some cases, getting rid of the picture entirely might be the best option.

• Do think before you post. The internet is forever. Just because you delete a photo doesn't mean you're in the clear. Another user might have screenshotted your deleted image and posted it elsewhere. The best way to keep sensitive information secure is to never post it in the first place.

• Do connect with other military members and spouses, families and kids online. The military community is here to support and help military families and spouses. Don't be afraid to join a Facebook group.

So now, when you are on social media or just in public forums, I hope OPSEC comes to mind. Remember, the enemy is listening, watching, and observing to gather any little nugget of information they can get to degrade an operation.

What you think is small pieces of info may cause significant second and third order effects degrading operations and possibly putting our brothers in arms in harm's way.

The 14th Flying Training Wing Critical Information List (what we are supposed to protect) is posted on the Wing App under 14th FTW Guidance for easy access should you want to review it anytime. Always remember OPSEC and keep it in the forefront of all operations ... Don't give them what they want. For more information on ways to • Don't count down or up to a loved one's protect and secure your social media contact You may have deleted it but smart hackers next troop movement. It might be exciting your unit OPSEC representative or contact when a service member you love and miss is wing plans office and we will get you the as-



The rate of smoking cigarettes among military service members has plummeted in recent years and now appears to be lower than the general civilian population at large, according to an analysis of the most recent survey of troops' regarding their health-related behaviors.

Across the service branches, 7.4 percent of service members smoked cigarettes daily in 2015, according to the results of the most recent Defense Department Health-Related Behaviors Survey of Active-Duty Service Members.

Yet the picture looks very different for electronic cigarettes: 11.1 percent of service members said they were daily e-cigarette users, and 12.4 percent had vaped within the last month. In the junior enlisted ranks, nearly 20 percent are current e-cigarette smokers.

The rise of e-cigarette use among troops occurred quickly. The 2015 data shows a fivefold increase in service members who said they have tried vaping compared with 2011.



now-more-popular-than-cigarettes/

Call The Commercial Dispatch ad department at 328-2424 to advertise in Silver Wings

Medical Corner

Vaping is now more common in the military than smoking cigarettes



The latest Pentagon health survey (2015) shows dramatic changes on how troops are consuming nicotine. A new version of the survey is now being fielded; for those active-duty members invited to take the survey, it remains open until Feb. 28. For more information about the survey, visit: https://www. militarytimes.com/pay-benefits/2018/10/23/400000-troops-being-surveyedon-exercise-sex-eating-sleeping-drinking-and-more/

Defense health and service officials have been distributing educational materials about the negative effects of e-cigarettes for several years, along with information about the dangers of tobacco use, and tips for quitting. They've emphasized that there's no proof that e-cigarettes will help people quit tobacco long-term. Recent studies show that use of e-cigarettes by non-smoking young adults can lead to cigarette smoking, they noted, and most e-cigarettes contain nicotine, which is highly addictive.

truth initiative

Text QUIT to 706-222-QUIT to get started.

Among troops, vaping is now more popular than cigarettes. Retrieved from https://www.militarytimes.com/pay-benefits/2019/02/03/among-troops-vaping-is-

E-cigarettes are unhealthy and addictive:

E-cigarettes are the most commonly used tobacco product among youths. New research from the Centers for Disease Control and Prevention (CDC) estimates that 3.6 million adolescents were vaping in <u>2018.</u>

Here's what you should know about en vaping trends:

- Kids might use different words to talk about e-cigarettes and vaping. For example, "JUULing" is a popular word to describe using a brand of e-cigarette. About 1 in 4 kids who use e-cia arettes also tries "dripping." Instead of using a mouthpiece to vape, they drip the liquid directly onto a heat coil. This makes the vapor thicker and stronger.
- Kids can order "e-juice" on the Internet. The legal age to buy e-cigarettes is 18, but online stores don't always ask for proof of age.
- E-cigarette juices are sold in flavors like fruit, candy, coffee and chocolate. Most have the addictive ingredient nicotine.
- Kids who vape just once are more likely to try other types of tobacco.
- E-cigarettes may not help people quit using tobacco. Some adults use e-cigarettes when they want to stop smoking tobacco cigarettes. While a recent report found e-cigarettes are "less toxic" than cigarettes, most peo ple who use e-cigarettes do not quit using cigarettes.

Vaping: Dangerous, Available & Addicting. Retrieved from https://www.healthychildren.org/ English/agesstages/ teen/substance-abuse/Pages/ E-cigarettes.aspx

A personal message from your



health promotion Health Myth Busting Team

Dear Health Myth Busters.

You usually encourage people who want to quit tobacco to talk to their healthcare provider about making a plan that may include nicotine replacement products or medication such as Chantix or Zyban. I use e-cigarettes and have tried traditional quit programs to no avail. Structured programs don't seem to work for me, all though my friend says that all cessations work the same. Are there any cessation programs or resources tailored to people who use e-cigarettes?

> Sincerely, Need Something New

Dear Need Something New,

Please understand that nothing discussed nere takes the place of advice or treatment provided by your health care professional. We still advise you to seek assistance from your health care provider. The number of people who use e-cigarettes continues to grow in the military and civilian sectors. Recently the Truth Ini tiative[®] announced that it has "expanded its quitsmoking resources to include a first-of-its kind e-cigarette quit program. This innovative and free text message program was created with input from teens, college students and young adults who have attempted to, or successfully quit e-cigarettes". To get information and to sign up for this program text "QUIT" to 706-222-QUIT.

> Sincerely, Health Myth Busters

Got questions on other health issues related to sleep health, physical activity, tobacco, or nutrition? Share them with us and we will help you "Bust The Myths!" Send your questions to usaf.jbsa.afmsa. mbx.hpo@mail.mil. Make sure to include in the subject line "Health Myth Buster." For more online health tips visit the Air Force Health Promotion webpage https://www.airforcemedicine.af.mil/Resources/Health-Promotion/

Cultivate, Create, CONNECT

BLAZE Hangar Tails: KC-135 Stratotanker

The KC-135 Stratotanker provides the core aerial refueling capability for the United States Air Force and has kilograms) excelled in this role for more than 50 years. This unique asset enhances the Air Force's capability to accomplish its lograms), 37 passengers primary mission of global reach. It also provides aerial refueling support to Air Force, Navy, Marine Corps and allied nation aircraft. The KC-135 is also capable of transporting litter and ambulatory patients using patient support pallets during aeromedical evacuations.

General Characteristics

Primary Function: Aerial refueling and airlift Prime Contractor: The Boeing Company Power Plant: CFM International CFM-56 turbofan en-

- Thrust: 21,634 pounds each engine Wingspan: 130 feet, 10 inches (39.88 meters)
- Length: 136 feet, 3 inches (41.53 meters)
- Height: 41 feet, 8 inches (12.7 meters)
- Speed: 530 miles per hour at 30,000 feet (9,144 meters)
- **Ceiling:** 50,000 feet (15,240 meters)
- Range: 1,500 miles (2,419 kilometers) with 150,000
- pounds (68,039 kilograms) of transfer fuel; ferry mission, up to 11,015 miles (17,766 kilometers)

Maximum Cargo Capability: 83,000 pounds (37,648 ki-

Pallet Positions: six

KC-135 missions require the addition of a navigator. The Air Force has a limited number of navigator suites that can be installed for unique missions.

Aeromedical Evacuation Crew: A basic crew of five ate and is 96 percent quieter than the KC-135A. (two flight nurses and three medical technicians) is added altered as required by the needs of patients.

Unit Cost: \$39.6 million (fiscal 98 constant dollars) Date Deployed: August 1956

Inventory: Active duty, 167; Air National Guard, 180; Air Force Reserve, 67

Background

Air Mobility Command manages an inventory of 414 Stratotankers, of which the Air Force Reserve and Air National Guard fly 247 aircraft in support of AMC's mission.

The Boeing Company's model 367-80 was the basic design for the commercial 707 passenger plane as well as the Maximum Takeoff Weight: 322,500 pounds (146,285 KC-135A Stratotanker. In 1954, the Air Force purchased

the first 29 of its future 732-plane fleet. The first aircraft Maximum Transfer Fuel Load: 200,000 pounds (90,719 flew in August 1956 and the initial production Stratotanker was delivered to Castle Air Force Base, Calif., in June 1957. The last KC-135 was delivered to the Air Force in 1965

Of the original KC-135As, more than 415 have been Crew: Three: pilot, co-pilot and boom operator. Some modified with new CFM-56 engines produced by CFM-International. The re-engined tanker, designated either the KC-135R or KC-135T, can offload 50 percent more fuel, is 25 percent more fuel efficient, costs 25 percent less to oper-

Under another modification program, a re-engined tankfor aeromedical evacuation missions. Medical crew may be er with the TF-33-PW-102 engine was designated the KC-135E. In 2009, the last KC-135E retired from the inventory.

> Through the years, the KC-135 has been altered to do other jobs ranging from flying command post missions to reconnaissance. RC-135s are used for special reconnaissance and Air Force Materiel Command's NKC-135As are flown in test programs. Air Combat Command operates the OC-135 as an observation platform in compliance with the Open Skies Treaty.

> The KC-135RT aircraft continue to undergo life-cycle upgrades to expand their capabilities and improve reliability. Among these are improved communications, navigation, autopilot and surveillance equipment to meet future civil air traffic control needs.



U.S. Air Force photo by Staff Sgt. Rebeccah Woodrow A U.S. Air Force Reserve KC-135 Stratotanker assigned to the 507th Air Refueling Wing out of Tinker Air Force Base, Okla., sits on the flightline at Aviano Air Base, Italy, June 25, 2019. KC-135s conduct air refueling operations anytime and anywhere, strengthening U.S. military operations and national objectives.



A KC-135 Stratotanker aircraft rests on jacks during maintenance, July 3, 2019, at Mac-Dill Air Force Base, Fla. A 6th Air Mobility Wing inspection team discovered a crack in one of the aircraft's trunnions and joined forces with Tinker Air Force Base's aircraft repair depot to fix it. This is the first time this type of maintenance has been performed at MacDill.

Visit www.columbus.af.mil to learn about Columbus AFB agencies and other important information.

Freedom Park opened back up to children and families July 19 on Columbus Air Force Base, Mississippi, after being under construction since Feb. 6.

A ribbon-cutting ceremony was held to celebrate its "Freedom Park has been a staple to the Columbus

completion, and also commemorate the old playground. Air Force Base community for a long time," said Col. David Fazenbaker, 14th Flying Training Wing vice commander. "Unfortunately, the previous version fell into disrepair. It was built with love and self-help from the people who had been in the Columbus community for years prior."

down and looked to the future.

Fazenbaker.

Park.



- into a wall outlet.
- start a fire.

New, improved Freedom Park now open

Airman Davis Donaldson

14th Flying Training Wing Public Affairs

The old Freedom Park was wooden and built in 1996. Over the 20 years the playground started to deteriorate in several areas causing hazards for children. In September of 2018, base leadership decided to close it

"Hopefully, the pieces we've left here will help them know it was simply time for a new Freedom Park," said

A sign that hung while the old park was open, now hangs above the pavilion by the playground so the Columbus community will never forget the old Freedom



U.S. Air Force photo by Airman Davis Donaldso

Freedom Park opened to the Columbus community on July 19, 2019, on Columbus Air Force Base, Mississippi, The old Freedom Park was a wooden structure built in 1996 and over the years the playaround started to deteriorate in several areas causing hazards for children.

Electrical Fire Follow these electrical safety tips to help keep your home fire-safe.



• Always plug major appliances, like refrigerators, stoves, washers and dryers, directly

• Never use an extension cord with a major appliance — it can easily overheat and

- Always plug small appliances directly into a wall outlet.
- Unplug small appliances when you are not using them.
- Keep lamps, light fixtures and light bulbs away from anything that can burn.
- Use light bulbs that match the recommended wattage on the lamp or fixture.
- Check electrical cords on appliances often. Replace cracked, damaged and loose electrical cords. Do not try to repair them.



- Do not overload wall outlets.
- Insert plugs fully into sockets
- Never force a three- prong cord into a two-slot outlet.
- Install tamper-resistant electrical outlets if you have young children.





Extension Cords, Power Strips and Surge Protectors

- Replace worn, old or damaged extension cords right away.
- Use extension cords for temporary purposes only.
- Avoid putting cords where they can be damaged or pinched, like under a carpet or rug.
- Do not overload power strips.
- Use power strips that have internal overload protection.

Make sure all electrical work in your home is done by a qualified electrician!





For more information contact Darren Amos at Columbus AFB Fire 8 Emergency Services 434–2274







2nd Lt. Samuel Braun

Greenwald. Minnesota

C-17

Capt. Mohanad Makassess Capt. Ali Salman Baghdad F-16

2nd Lt. Erich Buhagiar

2nd Lt. Marcus Jordan

Niceville, Florida

C-146

Hebron. Connecticut

KC-135



1st Lt. Austin Anderson Charleston, South Carolina T-38

1st Lt. Koki Hata Japan

F-15

Flores Guatemala







2nd Lt. Rvan Kitching Oxford, Michigan F-16

2nd Lt. Robert Cabri

San Hose. California

T-38

2nd Lt. Mynor Carranza



C-130J

1st Lt. Clark Jones Colorado Springs, Colorado



2nd Lt. Luke Cvancara



2nd Lt. David Mwise Kenya



2nd Lt. Kevin Mal Melbourne, Florida KC-135

FEATURE SUPT Class 19-19/20 earns silver wings

Thirty-six officers have prevailed during a year of training, earning the right to become Air Force pilots.

Specialized Undergraduate Pilot Training Class 19-19/20 graduates at 10 a.m. today during a ceremony at

the Kaye Auditorium. Col. Sloan Hollis, commander of the Air Force Inspection Agency, Kirtland Air Force Base, N.M., is the graduation guest speaker.

Students will receive their silver pilot's wings at the ceremony, and students who excelled in their respective training tracks will be recognized.

Second Lt.'s Rvan Kitching, Erich Buhagiar and John Maloney received the Air Education and Training Command

Commander's Trophy for being the most outstanding students overall in their classes.

The Air Force Association Award was presented to Kitching, 2nd Lt.'s Kevin Mall and Jennifer Sloan who excelled in training and typ-

ified the tenets of the association; promoting aerospace power and a strong national defense.

The distinguished graduates of classes 19-17/18 recognized were Kitching, Buhagiar and Maloney for outstanding performance in academics, officer qualities and flying abilities.

The 52-week pilot training program begins with a six-week preflight phase of academics and physiological training to prepare students for flight. The second phase, primary training, is conducted in the single-engine, turboprop T-6A Texan II at Columbus AFB, Miss. Students learn aircraft flight characteristics, emergency procedures, takeoff and landing procedures, aerobatics and formation flying. Students also practice night, instrument and

F-16



2nd Lt. John Maloney Roswell, Georgia C-130H

cross country navigation flying. Primary training takes approximately 23 weeks and includes 254.4 hours of ground training, 27.3 hours in the flight simulator and 89 hours in the T-6A aircraft.



in the flight simulator and 118.7 hours in the T-38C aircraft.

The airlift-tanker track uses the T-1A Jayhawk, the military version Placentia, California coordination and management, instrument training, cross-country flying and simulated refueling and airdrop missions. Training takes about 26 weeks and includes 185 hours of ground training, 53.6 hours in the flight simulator and 76.4 hours in the T-1A.

Each class is partnered with business or civic organizations during their year of training. This program is designed to foster closer ties between the community and Columbus AFB. Today, each student will be given a set of pilot wings with their names engraved on the back as a token of good luck from their partners. SUPT Class 19-19/20's pilot partners are Lost Pizza Co., Cell Phone Repair Jerome. Idaho Geeks, Fitness Factor, and First Command.

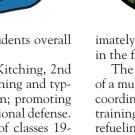


2nd Lt. Kyle Oldenburg Lake Wylie, South Carolina San Antonio, Texas C-5M

2nd Lt. Austin Pacheco 2nd Lt. Jennifer Sloane Michigan City, Indiana C-130H









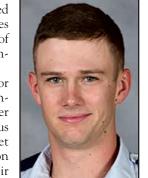
2nd Lt. Cristhian Lopez Galeano Paraguay

After primary training, students select, by order of merit, advanced training in the fighter-bomber or airlift-tanker track.

Both tracks are designed to best train pilots for successful transition to their folow-on aircraft and mission.

Advanced training for the fighter track is done in the T-38C Talon, a tandem-seat, twin-engine supersonic jet. T-38 training emphasizes formation, advanced aerobatics and navigation. Training takes approximately 26 weeks and includes 381 hours of ground training, 31.6 hours

of a multi-place Beech Jet 400 business jet. Instruction centers on crew T-6



2nd Lt. Austin Dav

2nd Lt. Tyler Smisek

Moscow, Idaho

KC-135

T-38C Talon



1st Lt. Everett Montano, Jr.



2nd Lt. Mariah Althaus Mt. Shasta. California A-10



2nd Lt. William Anderson Cape Girardeau, Missouri C-17





2nd Lt. Christopher Becker Glencoe. Minnesota C-130





2nd Lt. Olivia Harrison



2nd Lt. Grace Herrman Somerset, Kentucky





2nd Lt. Sean Fattor Albuquerque, New Mexico

2nd Lt. Schyler Talton

Wilson, North Carolina

C-17



2nd Lt. Nicholas Files Crestview. Florida 11-28

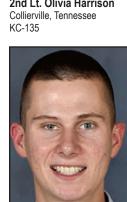
2nd Lt. Austin Toft

Miami

KC-135



2nd Lt. Edward Turos Spain KC-135



2nd Lt. Zachary Wolcott Gainesville, Florida C-17

