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SILVER WINGS

“Cultivate Airmen, Create Pilots, CONNECT”

Vol. 44, Issue 6

Columbus Air Force Base, Miss.

March 27, 2020

Columbus AFB COVID-19 Information

COVID-19 General Info

PREVENTION:

- Wash your hands and use hand sanitizer
- Don't touch your face
- Cover your cough with a tissue or your elbow
- Stay home if you are sick

SYMPTOMS:

- Fever >100.4F
- Cough
- Shortness of breath
- If you experience these symptoms, DO NOT COME TO THE CLINIC. Call the Nurse Advice Line immediately at 1-800-TRICARE (1-800-874-2273), option 1.

ID CHECK PROCEDURES:

- No-touch ID steps
- Step 1- Extend arm outside of vehicle window to show identification card
- Step 2- Flip identification card over to display bar-code.
- Step 3- Security Forces member will scan identification card.
- Step 4- Go only when directed by SF member

CITY OF COLUMBUS CURFEW:

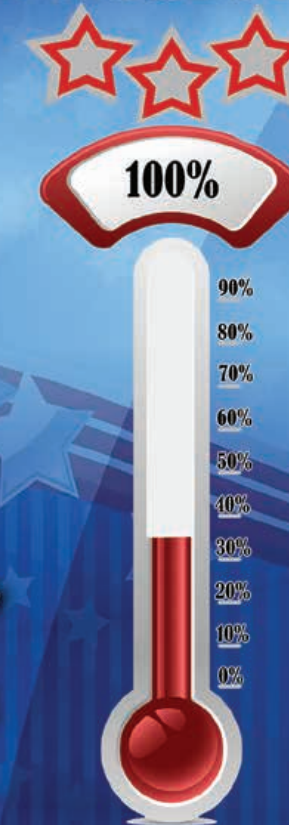
As of March 21, 2020, the city has issued a curfew from 10 p.m. - 6 a.m. daily, with essential travel only. We will restrict our travel to essential travel only during this window.

For more information on COVID-19, please see pg. 2.

AIR FORCE ASSISTANCE FUND



*For Airmen,
By Airmen*



WING GOAL:
\$25,707

RAISED
\$8,604.00

33%

2 March - 8 May 2020

U.S. Air Force Graphic by Melissa Doublin

Columbus Air Force Base's progress during the Air Force Assistance Fund 2020 campaign.

AF Assistance Fund campaign extended, provides aid to military, its families

Airman 1st Class Jake Jacobson

14th Flying Training Wing Public Affairs

Columbus Air Force Base's annual Air Force Assistance Fund campaign has been extended through May 8 due to the COVID-19 outbreak.

This year's goal is \$25,707 and is used for charitable orga-

nizations that give much needed support directly to Air Force members in need. The campaign has currently raised \$8,604, roughly 33 percent of the total goal.

“No matter how well you plan out things in life, we have seen over the last few weeks how quickly those things can

See AFAF, Page 4

COLUMBUS AFB TRAINING TIMELINE

PHASE II		PHASE III		IFF		SUPT CLASS 20-10/11 GRADUATION	
Squadron	Track Select	Squadron	Graduation	Squadron	Graduation	SUPT Class 20-10/11 graduates today at 10 a.m. at the Kaye Auditorium.	
37th (20-25)	Apr. 21	48th (20-10)	Mar. 27	49th (20-EBC)	Mar. 20		
41st (20-24)	Apr. 7	50th (20-11)	Mar. 27				

COVID-19

Coronavirus Disease 2019

How COVID-19 is affecting Columbus AFB

Travel restrictions for DOD personnel:

The Air Force and Columbus Air Force Base have taken several precautions for mitigating and help prevent the spread of COVID-19. As of March 16, and continuing through May 11, the Air Force has halted all PCS moves and TDYs, with the exception of 19th Air Forces's pilot training pipeline requirements. All community outreach events have also been suspended during this time, which includes the 2020 Wings Over Columbus, scheduled for April 25-26.

Military members are also restricted to the location from where they live to where they work and the city in which they live, to help mitigate the spread of the virus. Leave has been restricted to the local area, or the city in which one lives. The leave and travel restrictions apply only to service members. However, family members are encouraged to follow local and CDC guidance as well.

14th Medical Group:

The 14th Medical Group has also changed entry procedures into the Koritz Clinic in an effort to protect provider, patients and the facility.

In order to reduce face-to-face, visits, the medical group is having a nurse telephonically triage each patient prior to booking appointments. Many appointments will be virtual encounters in which the provider or nurse will contact you via phone to provide evaluation and health-care management. Some of the other implementations include:

- The RAC will be reduced to once a day at 8-8:30 a.m. RAC is for Return-to-Flu only.
- The medical group will maximize the separation of healthy and sick patients, appointment times (face-to-face) have been adjusted to accommodate healthy-patients in the morning & sick-patients in the afternoon (to include sick call).
- Lab and Radiology will only be available for medical necessity tests.
- Dental Services are reduced to

Coronavirus Disease 2019

COVID-19

What you need to know to keep your family safe and healthy.

PRESCRIPTION REFILLS

Be sure you have prescription refills on hand in case you need to stay home for a prolonged period of time and be unable to use a pharmacy.



You have three ways to get a 90-day supply of your medications

You can get a 90-day supply of your medications at military pharmacies, via TRICARE Pharmacy Home Delivery*, or at retail network pharmacies (three, 30-day supplies at the cost of three copayments).

How to Change Your Prescription to Home Delivery:

Consider using home delivery to conveniently access your maintenance medications (drugs taken regularly for a chronic condition) without leaving the house.

Visit <https://militaryrx.express-scripts.com/home-delivery> for more information. You can make the change:

<p>At a Military Pharmacy Ask your military pharmacist to transfer your prescription to home delivery.</p>	<p>Online Go to https://militaryrx.express-scripts.com/home-delivery</p>
<p>On the Phone Call 1-877-363-1303. Have your prescription bottle ready.</p>	<p>By e-Prescribe Ask your doctor to submit your prescription for home delivery electronically (e-Prescribe).</p>
<p>On the Mobile App Use the Express Scripts mobile app to transfer an existing prescription at a retail or military pharmacy to home delivery.</p>	<p>By Mail Go to https://militaryrx.express-scripts.com/home-delivery Download, fill-out, and mail the home delivery form along with your 90-day prescription to the address listed on the form.</p>

For more information about copayments and the TRICARE Formulary status of your prescription, visit www.express-scripts.com/tform.

*If you have other health insurance with a pharmacy benefit, you can't use home delivery unless your prescription isn't covered by your other plan, or you've reached to dollar limit of your other plan. Home delivery is not available in Germany.



pre-deployment screenings and emergencies only.

- The Pharmacy is recommending all patients check for a 90 day supply of rou-

tine medications; if less, start now to place e-script/mail order prescriptions.

- Additionally, to decrease the face-to-
- See COVID-19, Page 3

Silver Wings

How to reach us

14th Flying Training Wing Public Affairs
555 Seventh Street, Suite 210,
Columbus AFB, MS, 39710
Commercial: (662) 434-7068
DSN: 742-7068
Fax: (662) 434-7009
E-mail: silverwings@us.af.mil

Editorial Staff

Col. Samantha Weeks
14th Flying Training Wing
Commander

Rita Felton
Chief of Public Affairs
2nd Lt. Steve Dean
Public Affairs Officer

Tech. Sgt. Christopher Gross
NCOIC of Public Affairs

Airman 1st Class Jake Jacobsen
Editor

Senior Airman Keith Holcomb
Airman 1st Class Hannah Bean
Airman Davis Donaldson
Photojournalist

Mrs. Tina Perry
Layout Designer

Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

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The SILVER WINGS staff reserves the right to edit or rewrite all copy submitted when necessary. All photos are U.S. Air Force photos unless otherwise stated.

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- Heavy or Labored Breathing
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*"The staff
at the Pines
actually cares
about me as an
individual."*



Photo for illustration purposes only.

"My past consisted of about 20 years of misery, nine years of prison, three different incarcerated treatment programs, and a mental hospital due to my drug abuse before I landed at the Pines. During my treatment here at the Pines, I developed relationships and a set of tools that have allowed me to further my burgeoning relationship with God. It also provided an environment that was therapeutically conducive to recovery. These people and this recovery community have become an important and dear part of my daily life. I now work, pay bills, go to church, go to meetings, work the steps, and most importantly enjoy the fruits of this sober life. As my therapist once told me, "you know, eating, showering daily, you know, hygiene is where it's at!" I love myself again. My faith in God and myself has never been stronger. I thank God, the Pines, and my parole officer for the amazing opportunity of a new life. I have ninety days sober and I'm still 'truckin', one day at a time."



**COMMUNITY
COUNSELING
SERVICES**

For more information:
www.ccsms.org/pach

© The Dispatch

BRIEFS

(Continued from page 13)

Installation Voting Assistance Office

A&FRC houses the Voting Assistance Office (VAO) which is open Monday - Friday, 7:30 a.m.-4:30 p.m. and closed weekends/holidays. The VAO offers voting assistance including voter registration, absentee ballot requests and voting, change of address, and provides answers for other general voting questions to uniformed service members, their family members and civilians with access to A&FRC. Assistance includes but is not limited to aid in preparing and submitting Federal Post Card Application (FPCA) SF-76, Federal Write-in Absentee Ballot (FWAB) SF-186 and National Mail Voter Registration Form (NVRF). The VAO also leads and trains all installation unit voting assistance officers.

For more information, please contact the Installation VAO at (662) 434-2701/2790 or e-mail: vote.columbus@us.af.mil.

Discovery Resource Center

The Columbus A&FRC has computers with internet access available for job searches, assessments, resumes, cover letters, state and federal applications and companies' employment information. A printer and fax machine is available. A lending library of books, DVDs and periodicals on transition and EFMP topics are available for check out. These resources are available on a first-come-first-serve basis.

Pre- and Post-Deployment Tour Briefing

These briefings are mandatory for active duty personnel who are either deploying or returning

from deployment or a remote tour. The briefings are held daily at the A&FRC. Pre-deployment is at 9:30 a.m., and post-deployment is at 1:30 p.m. Please contact A&FRC at (662) 434-2794/2790 for more information.

Pre-Separation Counseling

This counseling is a mandatory briefing for personnel separating or retiring, and is to be completed at least 90 days prior to separation. It may be completed up to 12 months prior to separation or 24 months prior to retirement. Counseling is held daily at 8:30 a.m., and it takes approximately 60 minutes. Please contact A&FRC at (662) 434-2790 for more information.

Employment Workshop

An employment workshop on local and base employment opportunities is held every

Wednesday, 1-2 p.m. This program provides military families and DoD civilian members individual assessment and career counseling to assist with local employment, preparation for future endeavors via education, job search, or self-owned business objectives in the local area. For more information, please call A&FRC at (662) 434-2790.

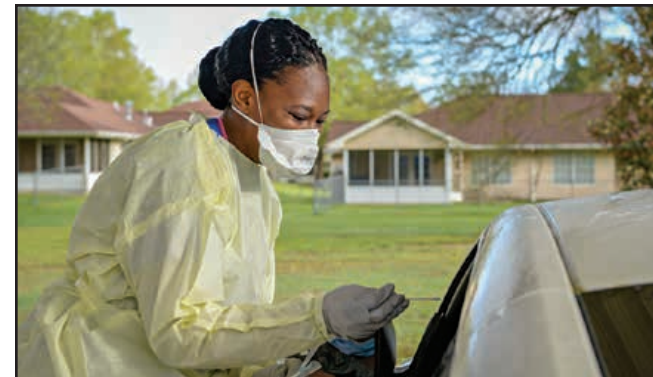
Survivor Benefit Plan

Are you nearing military retirement? The one decision you will need to make before you retire involves participation in the Survivor Benefit Plan (SBP). As with all good decision-making, you need to know the facts before you can make a sound decision. Always get the true facts about SBP before making up your mind. Additional details are available by calling your SBP Counselor Mary Chambers at (662) 434-2720/2790.

Cultivate, Create, CONNECT

Cultivate, Create, CONNECT

14th MDG revamps entry, screening process to counter COVID-19 spread



U.S. Air Force photo by Tech. Sgt. Christopher Gross

Master Sgt. Latoria Mathis, 14th Operational Medical Readiness Squadron superintendent, administers a COVID-19 test to a patient March 25, 2020, on Columbus Air Force Base, Miss. The 14th Medical Group recently revamped their entry and screening procedures. Patients that show symptoms or have been out of the state, have to go through an additional screening and sometimes testing phase.



U.S. Air Force photo by Tech. Sgt. Christopher Gross

Airmen talk with patients during initial screening March 24, 2020, on Columbus Air Force Base, Miss.



U.S. Air Force photo by Tech. Sgt. Christopher Gross

Master Sgt. Latoria Mathis, 14th Operational Medical Readiness Squadron superintendent, talks with Maj. Richard LeVitre, 14th Medical Group chief medical staff, as they wait on patients March 25, 2020, on Columbus Air Force Base, Miss.

COVID-19

(Continued from page 2)

face contact in the pharmacy, all patients on routine medications (new prescriptions or renewals) are to call 662-434-2168 or 662-434-3122 to activate your prescription before coming to the Medical Group.

- Furthermore, beneficiaries should utilize the express scripts for their prescriptions or request that your medication is transferred to a pharmacy in town that offers drive-thru services. Click here for directions. With this in mind, the automated refill line will be turned off Monday, March 23, and transition to a telephone interview. If you have any questions and/or would like to transfer your prescription to an off base pharmacy. Please contact our pharmacy at 662-434-2168 or 662-434-3122 or you can contact your PCM at 662-434-CARE (2273).

Prevention:

- Avoid close contact with people who are sick.
- Avoid groups or gatherings of 10 or more people.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.



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AFAF

(Continued from page 1)

change,” said Capt. Austin Carter, 37th Flying Training Squadron instructor pilot and installation project officer for the base’s AFAF campaign.

The AFAF is the official nonprofit charitable organization of the Air Force. The organization is designed to benefit active-duty, Reserve, Guard, and retired Air Force personnel and their families


“Some people may think that donating a few dollars won’t help, but if everyone on this base donated \$2 a month we would raise over \$35,000,” Carter said. “Most of us wouldn’t notice a couple dollars missing from our paycheck each month, however someone would notice if they received a couple hundred dollars that they desperately needed.”

Money raised during the AFAF campaign goes directly to four charitable organizations: The Air Force Aid Society, the Air Force Villages Charitable Foundation, the Air Force Enlisted Village, and the General and Mrs. Curtis E. LeMay Foundation.

“The biggest thing I would like for people to know is how much this program helps not only people in the Air Force, but people right here at Columbus AFB,” Carter said. “Last year the Air Force Aid Society allocated over \$24,000 to Airmen right here at Columbus AFB.”

For those that would like to donate to the AFAF campaign, they should contact their squadron representative to fill out a contribution form. Key workers in each unit will accept donations during the campaign via payroll deductions, or through cash, check or money order.

“No donation is too small when giving to the AFAF and by donating you are helping others that may be experiencing an extreme hardship,” said Master Sgt. Vanessa Jordan, the 14th Operational Medical Readiness Squadron Aerospace Physiology Flight section chief of Standards and Evaluations and



Air Force Assistance Fund

2 March – 10 April

CAFB GOAL
\$25,707

4 Charities

- Air Force Aid Society:** Emergency Relief, Educational Support, Base Community Programs
- Air Force Villages Charitable Foundation:** Financial Support for Officer Widows
- Air Force Enlisted Village:** Retirement Housing for Enlisted Widows
- The General & Mrs. Curtis LeMay Foundation:** Grants for USAF Retiree Widows


4 Ways to Donate

- <https://www.afassistancefund.org> or scan QR code w/camera
- Text **AFAF** to 50155
- Payroll Deduction Plan with Unit POC
- Cash/Check donation to Unit POC

Important Points

- Your “Control Number” is **Unit POC Control # + last 4 of DoD ID #**
 - Use the “Control #” column next to your unit POC
 - Ex: **14FTW-02-XXXX** or **14MSG-01-XXXX**
- After donating, contact Unit POC to complete AF Form 2561

Unit	Unit POCs	Control #
Wing Lead	Capt Carter	14FTW-01
Assistant	MSgt Jordan	14FTW-02
Auditor	Lt Delaney	14FTW-03
14 WSA	A1C Crum	14WSA-01
	A1C Castillo	14WSA-02
14 CPTS	A1C Malonga	14CPTS-01
14 OG	Lt Reisch	14OG-01
14 STUS	Capt Keyes	14STUS-01
14 OSS	SSgt Lein	14OSS-01
37 FTS	Lt Auld	37FTS-01
41 FTS	Lt Fulcher	41FTS-01
43 FTS	Maj Hook	43FTS-01
48 FTS	Lt Hurtado	48FTS-01
	Lt Kita	48FTS-02
49 FTS	Capt Singletary	49FTS-01
50 FTS	Lt Cook	50FTS-01
14 MSG	MSgt Hord (SFS)	14MSG-01
14 FSS	SrA Hintay	14FSS-01
14 CS	SrA Anthony	14CS-01
14 CES	SSgt Sawyer	14CES-01
14 CONS	A1C Armendariz	14CONS-01
	Amn Brandt	14CONS-02
14 LRS	Lt Dillard	14LRS-01
	Ms. Christian	14LRS-02
14 SFS	SSgt Barber	14SFS-01
14 OMRS	Capt Barry	14MDG-01
14 HCOS	SSgt Gillett	14MDG-02



For Airmen. By Airmen

Courtesy photo

Columbus Air Force Base's Air Force Assistance Fund 2020 campaign information.

the installation project officer for the base's AFAF campaign. “Donating has been made simple by only taking five minutes of your

time, combined with your selfless donation, to change the lives of others.

For further information please visit the

AFAF website at www.afassistancefund.org. For further information, contact your group POC.

Hours of Operation

Exchange:
8:30 a.m. – 6 p.m.; 8:30 – 9 a.m. Senior Shopping

Express:
7 a.m. – 9 p.m., Mon.-Fri.; 8 a.m. – 9 p.m., Sat. & Sun.

Subway:
7 a.m. – 6 p.m., Mon.-Fri.; 9 a.m. – 6 p.m., Sat.; 10 a.m. – 5 p.m., Sun.

Barber Shop:
9 a.m. – 5 p.m., Mon.-Fri.; 9 a.m. – 4 p.m., Sat.; noon – 4 p.m., Sun.

Optical Shop:
Closed

GNC:
9 a.m. – 6 p.m., Mon-Sun

Rajun Cajun:
10 a.m. – 6 p.m., Mon-Sat.; Closed Sun.

Commissary:
Closed Mon.; 8:30 a.m. – 7 p.m. Tues.; 9:30 a.m. – 6 p.m. Wed.; 9:30 a.m. – 7 p.m. Thurs.; 8:30 a.m. – 6 p.m. Fri.-Sat.; 11:30 a.m. – 6 p.m. Sun.; 1st 2 hours every day Senior Shopping for 60 and older

14TH FLYING TRAINING WING DEPLOYED

As of press time, 37 TEAM BLAZE members are deployed worldwide. Remember to support the Airmen and their families while they are away.

Deployment numbers provided by the Installation Personnel Readiness Office.



Air Force Readiness Programs

(Editor's note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of the activities listed, call 434-2790.)

Air Force Recovery Coordination Program

A Recovery Care Coordinator (RCC) will be providing assistance from noon-5 p.m. April 15; 8 a.m.-5 p.m. April 16; and 8 a.m.-noon April 17 at the A&FRC. The Recovery Coordination Program (RCP) streamlines and improves the way care and support is delivered to wounded, ill, and injured Airmen and their families. The RCP provides the support of a RCC who guides the Airman and family along their road to recovery. Those eligible include wounded, ill and injured Airmen who: (1) have a serious illness or injury, (2) are unlikely to return to duty within a specified amount of time, (3) may be medically separated from the military. Additional details are available by contacting the Columbus AFB A&FRC at (662) 434-2790.

Hearts Apart

The next Hearts Apart is from 5-7 p.m. April 23. This monthly social event is for family members whose sponsor is deployed, on a remote tour or TDY for more than 30 days. To register or for more information, please call A&FRC at (662) 434-2790.

Wing Newcomers Orientation

The next Wing Newcomers Orientation is from 8 a.m.-noon April 28. This event is mandatory for all newly arrived military and DoD civilian personnel. This base-wide CONNECTION event begins at the Kaye Auditorium and consists of a guided base tour. The event's foundation is a mobile App, so if you plan to attend, please locate and download the Columbus Air Force Base App from the App Store prior to attending. To register, please contact your unit CSS, or for more information, please call the A&FRC Relocation Manager at (662) 434-2701/2790.

Smooth Move Relocation Workshop

The next Smooth Move is from 10-11 a.m. April 29 in the A&FRC. This workshop is highly recommended for first-time and over-seas relocating members. Get the very latest moving information straight from base-wide relocation assistance agencies. Learn what to expect before you move with information from Tri-Care, Housing, Military Pay, TMO, Medical Records and A&FRC. Be sure to bring and ask any relocating questions you may have during this event.

Heart Link

The next Heart Link / Spouse Welcome is from 8:30 a.m.-noon April 30 in the A&FRC. This half-day program is open to all spouses of active duty military members assigned to Columbus AFB. Attendees will receive information about life in the Air Force, in the local area and at Columbus AFB from local subject matter experts including spouse leaders. To register or for more information, please call A&FRC at (662) 434-2790.

Remembering a former Columbus AFB trailblazer



Retired Maj. Gen. Teresa Marné Peterson stands in front of a T-38 Talon on Columbus Air Force Base Miss. Peterson was the 14th Flying Training Wing commander from July 1998 - June 2000, and was also the first woman to command a United States Air Force flying squadron when she took charge of the 42nd Flying Training Squadron here in December 1990.

cluding spouse leaders. To register or for more information, please call A&FRC at (662) 434-2790.

Transition Assistance Program Workshop

The next Transition Assistance Program (TAP) workshop is from 7:30 a.m.-4 p.m. April 4-6 and includes seminars on: Transition, Military Occupational Code Crosswalk, Financial Planning, Health Benefits, Mississippi Department of Employment Security, Department of Veterans Affairs, Disabled TAP and Department of Labor. Preseparation counseling is required before attending, and recommended attendance is 12-24 months prior to separation/retirement. Spouses are encouraged to attend with their sponsor. To register or for more information, please call the TAP Manager at (662) 434-2631/2790.

Department of Labor Employment Transition Track

The next DoL Employment Transition Track is from 7:30 a.m.-4 p.m. May 7-8. This workshop assists transitioning military membebr swith career exploring, job search, resume writing, federal job applications, interviewing, evaluating job offers and closing the deal.

Federal USA Jobs Workshop

The next Federal USA Jobs workshop is from 9-10:30 a.m. May 13. This is a workshop on writing resumes, applications, and job search using the USAJobs website. To register or for

more information, please call A&FRC at (662) 434-2790.

Department of Labor Transition Vocational Track Workshop

The next DoL Transition Vocational Track Workshop is from 8 a.m.-3 p.m. May 18-19 in the A&FRC. This workshop helps members identify skills, increase awareness of training and credentialing programs, and develop an action plan to achieve career goals. To register or for more information, please call A&FRC at (662) 434-2790.

Bundles for Babies

The next Bundles for Babies workshop is from 1-3:30 p.m. May 28 in the A&FRC. This program is designed for active duty AF members and/or their spouses who are pregnant or have a child 4 months old or less. Attendees will learn about finances, labor and delivery, and infant care. A \$50 gift card sponsored by the Air Force Aid Society will be provided for each qualifying child. To register or for more information, please call A&FRC at (662) 434-2790.

Entrepreneurship Track Transition Workshop

The next Entrepreneurship Track Transition workshop is from 8 a.m.-3 p.m. June 4-5. This workshop is conducted by the Small Business Administration for veterans and all base personnel interested starting up and operating their

own business. To register or for more information, please call A&FRC at (662) 434-2790.

EFMP-FS

Exceptional Family Members Program-Family Support, EFMP-FS, establishes, implements and maintains the FS (community support) entity of the Air Force EFMP in coordination with the Medical & Assignments components by enhancing the quality of life of special needs family members. Feel free to contact 662-434-3323/2790 for any questions related to EFMP or for one-on-one assistance. We can assess your needs and make the proper community referral for you and your family!

Volunteer Opportunities

If you are interested in volunteering, please contact the A&FRC. We have volunteer opportunities located across the base for one-time events, special events or on a continual basis. Volunteers are needed on base at the Youth Center, Child Development Center, Library, Medical Clinic, Chapel, Airman's Attic, Thrift Store, the Retiree Activities Office and many other locations. For more information, please call A&FRC at (662) 434-2790.

See BRIEFS, Page 14

Chapel Schedule

Whether you are new to Columbus Air Force Base or have been around for a while, our parish communities welcome you to join us as we worship, fellowship, and encourage one another. For more information, please call 434-2500.

Bible Study

Thursdays:
5:30 p.m. - Student Pilot Bible Study
6:00 p.m. - Enlisted Dorms Bible Study

Protestant Community

Sundays:
9:00 a.m. - Adult Sunday School
10:45 a.m. - Community Worship Service (Fellowship Following)
Wednesdays:
5:30 p.m. - AWANA: Sept-May (Open to all denominations)
6:00 p.m. - Ignite Youth Group Ages 13-18 (Open to all denominations)

Catholic Community

2nd Saturday of each month at 12 p.m. - Faith Ablaze
Sundays:
3:30 p.m. - Religious Education, Grades K-9 (Aug-May)
4:00 p.m. - Confession (or by appointment)
5:00 p.m. - Mass
1st and 3rd Sundays- Fellowship after Mass
Tuesdays:
10 a.m. - Daily Mass (Philips Auditorium)
Wednesdays:
10 a.m. - Daily Mass (Philips Auditorium)
10:30 a.m. - Adoration (Philips Auditorium)

Until further notice, worship services will be provided online.

Columbus Air Force Base Information and Events

Join our Facebook page at Columbus AFB Living or visit our website at www.columbusafbiving.com to keep up to date with all the great events happening around base. Check out the calendar on the website for important Airman and Family Readiness Center events. For more information, contact 434-2337.

Get Connected with Your New Base App!

As a way to connect people together, Columbus Air Force Base launched a new app to connect Airmen and families to the mission and community! The app is available on all app stores and can be found by searching ‘Columbus Air Force Base’.

FSS Base Events

All of the FSS Events have been cancelled until further notice. We apologize for any inconvenience. This is a preventative measure to help minimize the COVID-19 spread. For continuous updates, please follow our Facebook, Columbus AFB Living.

Bowling Snack Bar

The Bowling Snack Bar is open and available for carry out. The hours have changed temporarily to Mon.-Fri. 6:30 a.m.-2 p.m., Sat. 11 a.m.-6 p.m. Menus are located online at columbusafbiving.com/strike-zone-grill/ or located on the base app under Services > Dining > On-base menus > Strike Zone Grill. Please call and order ahead at (662) 434- 3426.

Wellbeats: Fitness Online

Air Force Services has offered free temporary access to their online fitness program, Wellbeats. Get started in three easy steps: First, download the “Wellbeats” app or visit the website portal at portal.wellbeats.com. Second, select ‘Register Via Code,’ the code is 57a4df63. Third, find a fitness class! Please note, this free access ends on April 30, 2020.

Shark Tooth Creek

Spend a day at Shark Tooth Creek hunting for shark teeth

and fossils. On May 16, ITT is providing transportation out to a popular attraction that’s fun for the entire family. The cost is \$30 per person. Call ITT for more information at (662) 434-7861.

Storytime Schedule

The Base Library is offering virtual story time on Facebook. For more information, contact (662) 434-2934 or send them a direct message on their Facebook page, Columbus Air Force Library.

Assignment Night Transportation

Book Assignment Night transportation with ITT! Reserve the bus, the van or both! The cost is \$30 per hour for Columbus and local areas; a \$30 deposit is required and applied to the total cost of reservation. Reservation must be a minimum of four hours and reserved in person. For more information, contact 434-7861.

Exclusive Military Vacation Packages

Did you know that you can book exclusive military vacation packages at ITT? Packages include Universal Studios and Disney destinations. To book your vacation at www.america-forcetravel.com or visit your ITT office at (662) 434-7861.

FSS Gift Cards

Make your shopping easier! Purchase or redeem your FSS Gift Card at the following locations: Arts and Crafts, Bowling Center, Café at Whispering Pines, Child Development Center, Columbus Club, Information Tickets and Travel, Outdoor Recreation or the Youth Center. For more information, stop by any of these locations.

Horse Boarding Available

The Columbus AFB Riding Stables usually has stall space available. For pricing and more information, contact Outdoor Recreation at 434-2505.

Free Mango Languages

Learn a new language today! Free Mango Languages available at the Base Library; real-life conversations in over 70 languages. For more information, contact (662) 434-2934.

Lawn Mower and Bicycle Repair

Outdoor Recreation is now offering lawn mower repair and self-help bicycle repair. For more information, contact 434-2507.

Hobby and Craft Instructors Needed

Do you have a hobby or craft project you can share with others? Arts & Crafts is looking for craft instructors. For more information, contact 434-7836.

Wood Shop is temporarily closed.

The Wood Shop is closed. Sorry for any inconvenience, please call 434-7836 for any questions.

Referees Needed

Referees needed for various sports at the Fitness Center. For more information or to sign up, contact 434-2772.

RV Storage Lot

Don’t clutter your home space, park with us. Outdoor Recreation offers a great place to store your RV year around. You will have 24-hour access and can pay monthly or yearly. For more information, call 434-2505.

Instructors Needed

The Youth Center is seeking instructors for tumbling classes, dance classes, piano and guitar lessons. For more information, contact the Youth Center.

Fitness on Request

The Fitness Center offers a truly comprehensive group fitness platform that is available all day and completely customizable to meet your needs with 119 different classes on the Fitness on Request system. For more information, call 434-2772.

Space A Lodging

The Magnolia Inn usually has openings for Space A family and single units. Contact the lodging desk at 434-2548.

14th FSS to improve QoL for Columbus AFB

Airman Davis Donaldson

14th Flying Training Wing
Public Affairs

The 14th Force Support Squadron at Columbus Air Force Base, Mississippi, presented the base community with multiple base-improvement plans at the Quality of Life Town Hall, March 5. Although the 14 FSS have many projects for fiscal year 2020, the 14 FSS says three of the projects stand out from the others.

The three major projects are: repaving the Blaze Fitness Trail, expanding the family fitness center and reopening the auto hobby shop.

Mr. Brad Ludington, 14 FSS operations officer, went into specifics about the projects and what is expected. He began with the Blaze Fitness Trail.

“What the contractors are saying about the fitness trail right now, is that they are going to start working around May or June,” Ludington said. “They have to redo the foundation of it and they’re actually going to lay down 2.2 miles of rubber on the trail.”

Ludington said the timeline of construction is two to three months.

Once complete, the trail will connect and end at the family fitness center, Ludington said. He also said the width of the trail will be wider than it is now, making it a com-



U.S. Air Force photo by Airman Davis Donaldson

The 14th Force Support Squadron plans to redo the foundation of the Blaze Fit Trail and add 2.2 miles of rubber on top of it.

fortable width for joggers and parents with strollers.

The expansion of the family fitness center is also a significant project for the 14 FSS, he said. Ludington said they plan to expand it and add more exercise equipment.

“We’re looking at expanding it a little more to what used to be the café,” he said.

“So we’re looking at gutting that portion of it and adding treadmills, and other things that people keep asking for.”

Ludington said a difficult part about the expansion of the family fitness center is moving machinery out the café. A portion of the center still has stoves and cookers, connected to gas pipes, that could be explosive, he

said. Ludington said the 14 FSS needs the money for the machinery properly removed or the project could be delayed.

When asked about the biggest challenges for the expansion and the three projects, overall, Ludington said most of it is finances.

“We’ve gotten to this point where people expect a level of amenities,” Ludington said. “We’re trying to get to that level, but we just haven’t had the money in recent years. But now we’re starting to get that level where we can start getting money to fund and enhance the base.”

Lastly, but certainly not least according to base members, Ludington said the reopening of the auto hobby shop has been one of the most asked about projects.

Senior Master Sgt. Michael Anderson, 14 FSS military personnel flight superintendent said they will soon be coordinating with the 14th Civil Engineering Squadron to clean out the shop. He also said the shop will be provided with tools and will be a self-help shop to begin with.

“It will be like a self-help kind of thing, where you go out rent tools or a lift,” Anderson said. “That will be to start with, or the crawl portion of it. Just like oil changes, tire rotations and stuff.”

Anderson said the auto hobby shop is scheduled to reopen in a four to six month time period



U.S. Air Force photo by Airman Davis Donaldson

The 14th Force Support Squadron plans to take out the machinery that used to be a part of the café in order to add more exercise equipment to the family fitness center.



U.S. Air Force photo by Airman Davis Donaldson

The 14th Force Support Squadron plans to reopen the auto hobby shop. The shop will be provided with tools and will be a self-help shop to begin with.

Commander’s Action Line

434-1414

In an effort to stay Connected, the Commander’s Action Line is your direct link to the commander for comments and suggestions on how to make Columbus AFB better.

Although the Commander’s Action Line is always available, the best way to resolve problems is through the chain-of-command. The Commander’s Action Line can be reached at 434-1414. Leave your name and phone number or email if you would like to receive an answer. All names will be kept confidential.

If you would like to remain anonymous, please submit your inquiries through our base application in the ‘Our Wing’ then ‘Contact the CC’ tab or you can submit through the webpage at www.columbus.af.mil. Click “Contact Us” at the top left of the page and select “Commander’s Action Line” in the Recipient drop down menu.

Cultivate Airmen

Create Pilots

CONNECT



Medical Corner



SLEEP HEALTH

Surgeon General releases first report focused on smoking cessation in 30 years

The Surgeon General released a new report that reviews and updates evidence on the importance of quitting smoking. The report finds that more than two-thirds of U.S. adult cigarette smokers report interest in quitting cigarette smoking; and the majority of adult cigarette smokers in the United States have tried to quit during the past year.

In addition to discussing the immediate and long-term health and economic benefits of smoking cessation at the individual and societal levels, this report presents updated findings on nicotine addiction and genetic factors that may impact smoking behaviors. Finally, the report discusses the wide variety of clinical and population-based interventions that have been scientifically shown to effectively increase smoking cessation.

"We know more about the science of quitting than ever before. As a nation, we can and must do more to ensure that evidence-based cessation treatments are reaching the people that need them"

- Surgeon General Vice Adm. Jerome M. Adams.



Though cigarette smoking among American adults is at an all-time low (14%), it remains the leading cause of preventable disease, disability, and death in the United States. Approximately 34 million American adults currently smoke cigarettes.

Major Conclusions

- Smoking cessation benefits persons at any age.
- Smoking cessation reduces the risk of premature death and can add a decade to life expectancy.
- More than 3 out of 5 U.S. adults who have ever smoked cigarettes have quit; however, less than one-third use FDA-approved cessation medications.
- Smoking cessation reduces the risk of many negative health effects, including reproductive health outcomes, cardiovascular diseases, chronic obstructive pulmonary disease (or COPD), and numerous cancers.
- Cessation medications approved by the FDA and behavioral counseling increase the likelihood of successfully quitting smoking, particularly when used in combination.
- Smoking cessation can be increased by raising the price of cigarettes, adopting comprehensive smoke-free policies, implementing mass media campaigns, and maintaining comprehensive statewide tobacco control programs.

Surgeon General Releases First Report Focused on Smoking Cessation in 30 Years. Retrieved from <https://www.hhs.gov/about/news/2020/01/23/surgeon-general-releases-first-report-focused-on-smoking-cessation-in-30-years.html>

Sleep better without nicotine

Want to know what's keeping you up when you should be sleeping? It might not be the caffeine after all. Studies find that nicotine disrupts those restful zzzs.


Nicotine is in tobacco products like cigarettes, e-cigarettes, smokeless tobacco and all other forms of tobacco including hookah and cigars. If you use one of these products, you may not be sleeping as well as you could for the following reasons:

- **Nicotine is a stimulant. Using nicotine within four hours of bedtime disrupts sleep quality and causes you to wake at night.**
- **Daily smokers have a lot of daytime sleepiness. Studies show that people who smoke often (have their first puff early in the day) sleep for a shorter amount of time, throwing off their sleep patterns.**
- **Tobacco users are more likely to develop sleep apnea (when muscles collapse in the throat during sleep). Inhaling smoke irritates the tissues in the nose and throat, causing swelling and restricting air flow.**
- **Your brain can go through symptoms of nicotine withdrawal while you sleep. When this happens, you may wake up feeling even more restless and agitated.**

It's true that when quitting tobacco, withdrawal symptoms include restless sleep while your body gets used to functioning without nicotine. BUT there are remedies that can help (such as Nicotine Replacement Therapies) and you'll be rewarded with a lifetime of sleep that's not disrupted by nicotine.

Sleep Better Without Nicotine. Retrieved from <https://www.ycq2.org/tobacco-e-cigarettes/>

A personal message from your health promotion Health Myth Busting Team



*Dear Health Myth Busters,
I like to go outside and smoke a cigarette right before bed so that I can go to bed relaxed. It helps me sleep better! My buddy mentioned he saw something online stating that smoking actually prevents you from getting quality sleep. Is that true?*

*Sincerely,
A Smoke at Night Lets Me Sleep Right*

Dear A Smoke at Night Lets Me Sleep Right,
Your buddy is right. Smoking tobacco has been found to destroy the quality of your sleep. One way is by changing your natural circadian rhythm, or internal clock. Researchers at the University of Rochester Medical Center found that smoking tobacco can alter the expression of clock genes in both the lungs and the brain, thus ruining a restful night's sleep.

Smoking also increases your risk of developing sleep apnea. People who currently smoke are 2.5 times more likely to also suffer from obstructive sleep apnea, the most common type of sleep apnea caused by the collapse of muscles in the back of the throat during sleep. Smokers experience this repeated cessation of breathing more often because the smoke they inhale irritates the tissue in the nose and throat, causing swelling that further restricts air flow.



Cigarettes also contain nicotine- a drug and a stimulant- that can substantially affects the quality of your sleep if consumed in high quantities and too close to bedtime. The average person loses 1.2 minutes of sleep for every cigarette they smoke, due to nicotine's stimulating and withdrawal effects.

So before you think about lighting up right before bed, remember your quality of sleep may suffer! Putting an end to your smoking habit will do wonders in recovering the quality of your sleep.

*Sincerely,
Health Myth Busters*

6 Ways Smoking Affects Your Sleep. Retrieved from https://www.huffpost.com/entry/how-smoking-affects-sleep_n_6792954

Got questions on other health issues related to sleep health, physical activity, tobacco, or nutrition? Share them with us and we will help you "Bust The Myths!" Send your questions to usaf.jbsa.afmsa.mbx.hpo@mail.mil. Make sure to include in the subject line "Health Myth Buster." For more online health tips visit the Air Force Health Promotion webpage <https://www.airforce-medicine.af.mil/Resources/Health-Promotion/>



U.S. Air Force photo by Airman 1st Class Jake Jacobsen

Jeremiah Story, 14th Operation Support Squadron's Weather Flight lead meteorological technician, observes weather patterns March 16, 2020, on Columbus Air Force Base, Miss. Weather can be an erratic force of nature, however, the 14th OSS Weather Flight combats this with accurate forecasts and timely warnings to aid in supporting the wing mission.

U.S. Air Force photo by Airman 1st Class Jake Jacobsen

Senior Airman Lauren Rodgers, 14th Operations Support Squadron Weather Flight journeyman, updates and distributes weather information March 16, 2020, on Columbus Air Force Base, Miss. Weather Flight personnel are either on-duty or on-call at all hours to ensure that the base is forewarned when severe weather is likely to occur.

CAFB Weather Flight ready for when severe weather strikes

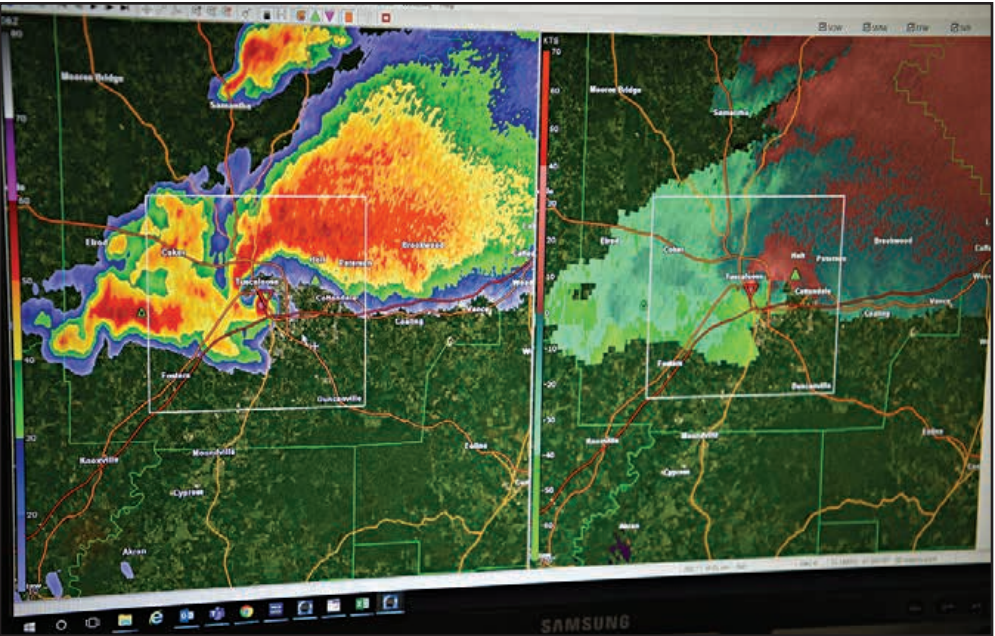
Airman 1st Class Jake Jacobsen
14th Flying Training Wing
Public Affairs

The 14th Operations Support Squadron's Weather Flight is Columbus Air Force Base's first line of defense against continuously changing weather and supports the mission by providing accurate forecasts, generating timely warnings and continuously looks out for severe weather threatening the base.

Base residents are advised to know that the Watches, Warnings and Advisories (WWAs) that the National Weather Service issues are different than the alerts by the weather flight. The difference is the National Weather Service issues WWAs for the whole county while the weather flight issues for just the base.

While the weather flight does work with other agencies to gather information, it remains the official WWA issuing entity for Columbus AFB. When it comes to severe weather announcements Columbus AFB personnel are asked to pay attention to the base's alerts and sirens.

Columbus AFB's Weather Flight categorizes severe weather by winds equal or greater than 50 knots (unit of speed equal to one nautical mile per hour), three-quarter inch



An old weather map of the surrounding area near Tuscaloosa, Ala., is used as an example for severe weather conditions March 16, 2020, on Columbus Air Force Base, Miss. Looking at previous storms and patterns Airmen can learn about reoccurring weather that may help future forecasts.

hail or larger, or evidence of wind shear causing a rotation of cells in the atmosphere favoring tornado conditions.

cy," said Jeremiah Story, 14th OSS Weather Flight lead meteorological technician. "There is no reason to create panic on base if we won't be affected, so even if there is a tornado warning in surrounding areas we won't sound the alert unless we know it is going to affect us."

In the case of a tornado Columbus AFB's Weather flight will issue a warning if the funnel is expected to impact the base or anywhere in a five mile radius around Columbus AFB. While the warning is being issued, command post along with the Wing Headquarters will be notified and the base sirens will be activated.

"It's a challenging job with a lot of responsibility that we take seriously," said Story. "Once severe weather is identified and we know the course it will take, a severe weather action team will be in place to issue alerts, notify key personnel and update the base as needed."

When weather conditions that threaten life or property are occurring or expected to occur, a notice will be sent out and residents should take appropriate action immediately.

Weather Flight personnel are either on-duty or on-call at all hours to ensure that the base is alerted when severe weather is likely to occur.

"Resource protection is a big part of our job whether it's the mission or the populace of the base and that is why we stress accurate



U.S. Air Force photo by Airman 1st Class Hannah Bean

Airman 1st Class Cooper Crum, 14th Comptroller Squadron Financial Services Flight technician, assists a customer with financial information March 18, 2020, on Columbus Air Force Base, Miss. The financial services flight is all about supporting the customer and is essential to ensuring members of the 14th Flying Training Wing are taken care of financially so they can focus on getting the mission done.

14th CPTS Financial Services provides financial support, education to Columbus AFB

Airman 1st Class Hannah Bean
14th Flying Training Wing Public Affairs

The 14th Comptroller Squadron Financial Services Flight is all about supporting the customer and is essential to ensuring members of the 14th Flying Training Wing are taken care of financially so they can focus on getting the mission done.

From assisting with both military and civilian pay, to ensuring travel pay and reimbursements are accurate, the financial services flight has a major role directly tied to ensuring the wing continues to Cultivate Airmen, Create Pilots and is able to Connect.

“Everything we do impacts the big picture mission because we’re impacting the Airmen that make up the mission,” said Master Sgt. Alicia Greene, 14th CPTS Financial Services Flight Chief. “Down here, it’s all about the person, so ensuring that we are properly executing dollars and providing that sound advice to leadership so they can properly execute at their levels is pertinent.”

Unlike the 14th CPTS Financial Analysis Flight, which focuses primarily on providing budgetary services to the 14th FTW overall, financial service Airmen are in charge of ensuring roughly 2,700 Airmen, general schedule (GS) employees, and even officer’s payroll is accurate, up-to-date and paid on time.

“We know finance is more of a support role, but we are still a vital role in making sure all of our Airmen are taken care of,” said 2nd Lt. Michael Delaney, 14th CPTS Financial Services Flight commander. “People have to pay for all of their expenses such as housing, children, schooling, and if we’re not doing our jobs correctly, they won’t be able to pay for those which can

cause a lot of hardships on them,” Delaney said. “We try our best to mitigate that.”

A lot of pieces are involved with such a job covering so many Airmen across the base, however, Greene is confident her Airmen are still properly trained to perform their responsibilities to the best of their abilities based on their regulations.

“I enjoy helping people, so having that interaction with the customers, granted most of the time the answer isn’t what they want to hear, but providing them the most accurate and up-to-date information so they can walk away at least satisfied that we’re doing things correctly,” Greene said. “When our customers appreciate what we’re doing, that brightens my day.”

Apart from just assisting customers with services, the Financial Services Flight also provides a once-a-month educational meeting to help discuss financial information and answer questions members may have about their pay and entitlements.

Money-Talk Monday is an open-dialogue meeting available to members of Team Blaze to learn more about the major financial pieces of their pay and receive answers to financial concerns or questions.

“We have to make sure that our customers are educated on their finances, which makes our job easier,” Greene said. “Getting the feedback or the input from the different squadron levels asking to be signed up for a Monday because folks want to know more about their LESs or their pay would be great.”

To sign up for the meeting, please contact Greene or Michelle Bruce, 14th Force Support Squadron Personal Finance Counselor, who can help schedule the next meeting.

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BLAZE Hangar Tails: C-17 Globemaster

Mission

The C-17 Globemaster III is the newest, most flexible cargo aircraft to enter the airlift force. The C-17 is capable of rapid strategic delivery of troops and all types of cargo to main operating bases or directly to forward bases in the deployment area. The aircraft can perform tactical airlift and airdrop missions and can transport litters and ambulatory patients during aeromedical evacuations when required. The inherent flexibility and performance of the C-17 force improve the ability of the total airlift system to fulfill the worldwide air mobility requirements of the United States.

Background

The C-17 made its maiden flight on Sept. 15, 1991, and the first production model was delivered to Charleston Air Force Base, now known as Joint Base Charleston, South Carolina, on June 14, 1993. The first squadron of C-17s, the 17th Airlift Squadron, was declared operationally ready Jan. 17, 1995. The Air Force originally programmed to buy 120 C-17s. Current budget plans increased the total number to 223 aircraft.

The C-17 is operated by Air Mobility Command at Tra-

vis AFB, California; Dover AFB, Delaware; Joint Base Lewis-McChord, Washington; Joint Base Charleston, South Carolina, and Joint Base McGuire-Dix-Lakehurst, New Jersey.

The Air National Guard flies C-17s from the 172d Airlift Wing, Jackson, Mississippi, and the 105th Airlift Wing, Stewart ANGB, New York. Additionally, Air Force Materiel Command operates two C-17s at Edwards AFB, California, and Pacific Air Forces operates aircraft at Joint Base Elmendorf-Richardson, Alaska, and Joint Base Pearl Harbor-Hickam, Hawaii.

The Air Force Reserve Command operates aircraft at March Air Reserve Base, California, and Wright Patterson AFB, Ohio. Air Education and Training Command has 17 aircraft at Altus AFB, Oklahoma.

General Characteristics

Primary Function: Cargo and troop transport
Prime Contractor: Boeing Company
Power Plant: Four Pratt & Whitney F117-PW-100 turbofan engines
Thrust: 40,440 pounds, each engine
Wingspan: 169 feet 10 inches (to winglet tips) (51.75 meters)



U.S. Air Force photo by 1st Lt. Jessica Cicchello

A C-17 Globemaster III from Dover Air Force Base, Del., takes off during exercise Mobility Guardian 2019 at Fairchild Air Force Base, Wash., Sept. 27, 2019. Mobility Guardian improves the readiness and capabilities of mobility Airmen to deliver rapid global mobility and builds a more lethal, ready Air Force.



U.S. Air Force photo by Joshua J. Seybert

A 911th Aircraft Maintenance Squadron crew chief marshalls a C-17 Globemaster III at the Pittsburgh International Airport Air Reserve Station, Pennsylvania, March 3, 2020. The C-17 is capable of rapid strategic delivery of troops and all types of cargo to main operating bases or directly to forward bases in the deployment area.

Visit us online!

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T-1A Jayhawk

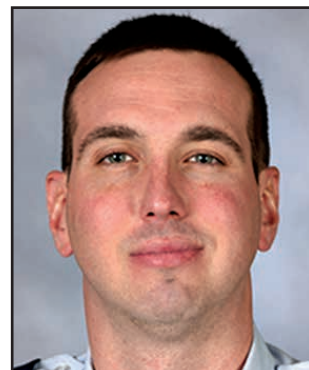


T-38C Talon

SUPT Class 20-10/11 earns silver wings



Capt. Cody Brasseale
Hueytown, Alabama
KC-135



Capt. Matthew Bush
Centerville, Ohio
C-17

Seventeen officers have prevailed during a year of training, earning the right to become Air Force pilots.

Specialized Undergraduate Pilot Training Class 20-10/11 graduates at 10 a.m. today during a ceremony at the Kaye Auditorium.

Students will receive their silver pilot's wings at the ceremony, and students who excelled in their respective training tracks will be recognized.

Capt. Cody Brasseale, and 2nd Lt. Michael Parrish received the Air Education and Training Command Commander's Trophy for being the most outstanding students overall in their classes.

The Air Force Association Award was presented to 2nd Lt. Garland Mahan, and 2nd Lt. Patricia Willigrod who excelled in training and typified the tenets of the association; promoting aerospace power and a strong national defense.

The distinguished graduates of Class 20-10/11 recognized were Brasseale and Parrish for outstanding performance in academics, officer qualities and flying abilities.

The 52-week pilot training program begins with a six-week preflight phase of academics and physiological training to prepare students for flight. The second phase, primary training, is conducted in the single-engine, turboprop T-6A Texan II at Columbus Air Force Base, Mississippi. Students learn aircraft flight characteristics, emergency procedures, takeoff and landing procedures, aerobatics and formation flying. Students also practice night, instrument and cross country navigation flying.

Primary training takes approximately 23 weeks and includes

254.4 hours of ground training, 27.3 hours in the flight simulator and 89 hours in the T-6A aircraft.

After primary training, students select, by order of merit, advanced training in the fighter-bomber or airlift-tanker track.

Both tracks are designed to best train pilots for successful transition to their follow-on aircraft and mission.

Advanced training for the fighter track is done in the T-38C Talon, a tandem-seat, twin-engine supersonic jet. T-38 training emphasizes formation, advanced aerobatics and navigation. Training takes approximately 26 weeks and includes 381 hours of ground training, 31.6 hours in the flight simulator and 118.7 hours in the T-38C aircraft.

The airlift-tanker track uses the T-1A Jayhawk, the military version of a multi-place Beech Jet 400 business jet. Instruction centers on crew coordination and management, instrument training, cross-country flying and simulated refueling and airdrop missions. Training takes about 26 weeks and includes 185 hours of ground training, 53.6 hours in the flight simulator and 76.4 hours in the T-1A.

Each class is partnered with business or civic organizations during their year of training. This program is designed to foster closer ties between the community and Columbus AFB. Today, each student will be given a set of pilot wings with their names engraved on the back as a token of good luck from their partners. SUPT Class 20-10/11's pilot partners are, The Eat With Us Group, WATCO, Saint Leo University, and Steel Dynamics.



2nd Lt. Meicie Bennett
Roselle, Illinois
EC-130H



2nd Lt. Kyle Cowman
Jacksonville, Florida
T-6



2nd Lt. Noah Dart
Oblong, Illinois
MC-130J



2nd Lt. Garland Mahan
Nashville, Tennessee
KC-135



2nd Lt. Michael Parrish
Memphis, Tennessee
C-17



2nd Lt. Brendan Rodisch
San Diego
HC-130J



2nd Lt. Jeff Shaw
Somerset, New Jersey
KC-135



2nd Lt. Gustavo Tarango
San Diego
C-17



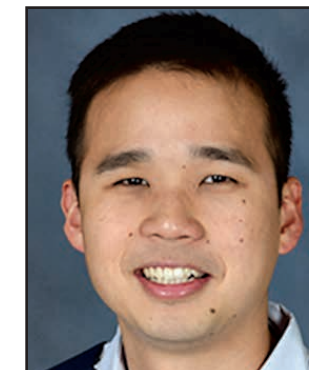
2nd Lt. Mark Weber
Warner Robins, Georgia
C-130H



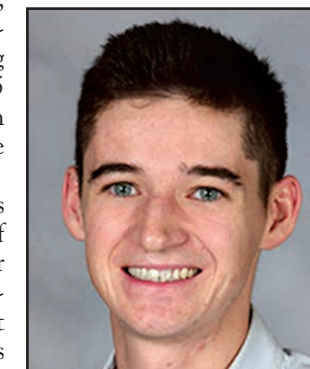
2nd Lt. Patricia Willigrod
Fountain Hills, Arizona
RC-135



1st Lt. Baker Al Badry
Iraq
TBD



1st Lt. James Song
Irvine, California
KC-135



2nd Lt. Ryan Dwyer
Bedford, New Hampshire
C-17



2nd Lt. John Fischbeck
San Diego
C-130H



2nd Lt. Michael Knab
Fort Collins, Colorado
C-17