



BULLETIN

Items in yellow are new

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COVID-19 Vaccine Info

All volunteers looking to get the COVID-19 vaccine can visit the site below for information regarding what it is, how it works and more.

Please copy and paste the following link into your browser and play the 14th MDG COVID-19 informational video:

<https://www.columbus.af.mil/News/Video/>

See pages below for frequently asked questions.

Tuskegee Airmen Museum

10-12 Feb. The 14th FTW is hosting the Commemorative Air Force Traveling Tuskegee Airmen Museum in celebration of Black History month and in conjunction with the dedication of the 41st FTS Davis Flight. The museum will be accompanied by a P-51 Mustang painted in the likeness of Gen. Davis's warbird. It will fly in and serve as a static display for the three days as well as a T-6, T-1, and T-38 static. Also attending will be a Red Tail T-1 from the 99th FTS. The museum and statics will be accessible to visitors from the local grade schools in Columbus as well as other local interested groups, and of course base personnel and their dependents.

Be sure to visit the link and Sign-up for the event:

<https://www.signupgenius.com/go/904054CAAAB2AABFF2-tuskegee>

Auto Center Reopening

Fri, 5 Feb. The grand re-opening of the Auto skills hobby shop is here for your repair and maintenance needs.

WAPS Testing

The upcoming TSgt (21E6) promotion Weight Airmen Promotion System test dates are 15 Feb. - 15 Apr. 2021. Airmen eligible to test this cycle should review the Enlisted Promotions References and Requirements Catalog (EPRRC) and e-World references at <https://www.omsq.af.mil> for current study references.



Columbus



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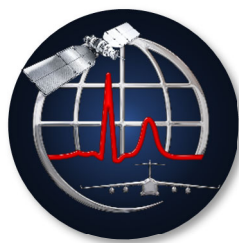
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Annual Housing Survey

The DoD invites housing residents to participate in the annual housing satisfaction survey scheduled to launch in December. The survey encourages residents to share their views about their current housing, resident services and community amenities. A link to the survey* will be sent via email to each household by one of the two third-party consulting firms administering the feedback collection, tabulation and analysis on the department's behalf. Only one person per address will receive the invitation email. Each survey will remain open for responses for at least 45 days.

Air Force Officer Qualification Test

7 April 2021. All looking to commission in the United States Air Force through ROTC or OTS programs please send an email to 14fss.waps@us.af.mil to secure a spot. Active duty, Guard, and Reserves take priority all others will be considered on a space available basis. Study references are available at the Library. You may also visit <https://access.afpc.af.mil/pcsmdmz/form%20t.html> or <http://www.baseops.net/afoqt> for test information.



COVID-19 Vaccine:

Quick Answers to Frequently Asked Questions

- 1. Should I get vaccinated for COVID-19?** Yes. The vaccine will help protect you from getting COVID-19. If you still get infected after you get vaccinated, the vaccine may prevent serious illness. By getting vaccinated, you can also help protect people around you.
- 2. Can the vaccine give me COVID-19?** No. None of the COVID-19 vaccines currently authorized for use or in development in the United States use the live virus that causes COVID-19. However, it typically takes a few weeks for the body to build immunity after vaccination. That means it's possible you could be infected with the virus that causes COVID-19 just before or just after vaccination and get sick.
- 3. If I already had COVID-19 and recovered, do I still need to get vaccinated?** Yes. CDC recommends that you get vaccinated even if you have already had COVID-19, because you can catch it more than once. While you may have some short-term antibody protection after recovering from COVID-19, we don't know how long this protection will last.
- 4. Is it safe to get a COVID-19 vaccine if I have an underlying medical condition?** Yes. COVID-19 vaccination is especially important for people with underlying health problems like heart disease, lung disease, diabetes, and obesity. People with these conditions are more likely to get very sick from COVID-19.
- 5. Is it better to get natural immunity to COVID-19 rather than immunity from a vaccine?** No. While you may have some short-term antibody protection after recovering from COVID-19, we don't know how long this protection lasts. Vaccination is the best protection, and it is safe. People who get COVID-19 can have serious illnesses, and some have debilitating symptoms that persist for months.
- 6. Why do I need two COVID-19 shots?** Currently authorized vaccines, and most vaccines under development, require two doses of vaccine. The first shot helps the immune system recognize the virus, and the second shot strengthens the immune response. You need both to get the best protection.
- 7. Will the shot hurt or make me sick?** There may be side effects, but they should go away within a few days. Possible side effects include a sore arm, headache, fever, or body aches. This does not mean you have COVID-19. Side effects are signs that the vaccine is working to build immunity. If they don't go away in a week, or you have more serious symptoms, call your doctor.
- 8. Are there long-term side effects from COVID-19 vaccine?** Because all COVID-19 vaccines are new, it will take more time and more people getting vaccinated to learn about very rare or possible long-term side effects. The good news is, at least

8 weeks' worth of safety data were gathered in the clinical trials for all the authorized vaccines, and it's unusual for vaccine side effects to appear more than 8 weeks after vaccination. Long-term side effects (if any) would be considered a service-connected disability for active duty members

9. **How do I know if COVID-19 vaccine is safe?** All COVID-19 vaccines were tested in clinical trials involving tens of thousands of people to make sure they meet safety standards and protect adults of different ages, races, and ethnicities. There were no serious safety concerns. CDC and the FDA will keep monitoring the vaccines to look for safety issues after they are authorized and in use.
10. **How do I report problems or bad reactions after getting a COVID-19 vaccine?** All recipients who receive the vaccine are encouraged to enroll in v-safe. V-safe is a new voluntary smartphone-based tool that uses text messaging and web surveys to check in with people who have been vaccinated to identify potential side effects after COVID-19 vaccination. V-safe asks questions that help CDC monitor the safety of COVID-19 vaccines. V-safe also provides second-dose reminders if needed and live telephone follow-up by CDC if participants report a significant health impact following COVID-19 vaccination. For more information on how to sign up, visit: www.cdc.gov/vsafe.
11. **Where can I find more information?** We recommend you get additional details from reliable resources like the U.S. Center for Disease Control and Prevention (CDC) or the Food and Drug Administration (FDA). Each of those organizations have created dedicated websites that provide additional information:

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/>

<https://www.fda.gov/emergency-preparedness-and-response/coronavirus-disease-2019-covid-19/covid-19-vaccines>
12. **What if I have specific questions about getting the COVID-19 vaccine given my personal health history?** Because every person is unique, we recommend you consult with your healthcare team if you have any questions or concerns that aren't addressed in the available resources.

Although getting the COVID-19 vaccine is voluntary, all DoD personnel are encouraged to get it to protect their health, their families and their community

Information in this handout has been adapted from:

1. <https://www.cdc.gov/vaccines/covid-19/downloads/healthcare-professionals-vaccine-quick-answers.pdf>
2. <https://www.cvdvaccine.com/>

Norwegian Foot March and 30k Run 6 March 2021

Camp Shelby Joint Forces Training Center is proud to host a Norwegian Foot March and 30k Run on 6 March 2021. All information on the March and several point of contacts are listed in the below link. Please share this event with anyone who would like to participate.

<http://campshelbynorwegianfootmarch.redpodium.com/camp-shelby-norwegian-foot-march>

The Norwegian Foot March, or Marsjmerket, is a Norwegian Armed Forces skill badge. Acknowledging this, the US Army allows Soldiers who successfully complete the Foot March to earn a foreign award and a badge that may be worn on the Army Service Uniform, per AR 600-8-22. Participants must complete, in uniform with boots, an 18.6-mile (30 kilometers) ruck march within the times in the chart below while carrying a 25-pound (11 kilograms) ruck sack.

A \$40 entry fee pays for: the badge, food/drinks for breaks and meal after, T-shirts, timing apparatus, with any surplus going to CSJFTC Soldier's fund. The event will also be used as a food drive for EXTRA PLATE Participants are encouraged to use non-perishable goods for ballast in their ruck sacks and then contribute the food at the end of the march. Limited to first 300 Soldiers and 100 Civilians that register.



Age Bracket	Male Standard	Female Standard
18-34	4:30	5:15
35-42	4:35	5:25
43-49	4:40	5:30
50-54	4:50	5:40
55-59	5:00	5:50
60+	5:15	6:00



Break the COVID-19 Transmission Chain

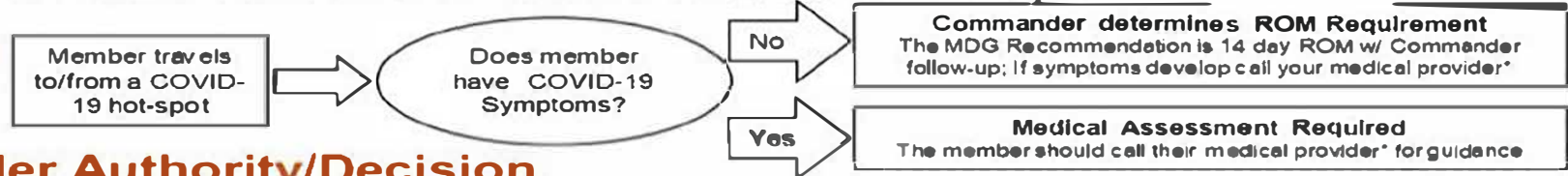


Cultivate Airmen, Create Pilots, Connect

ROM: Travel-based Restriction:



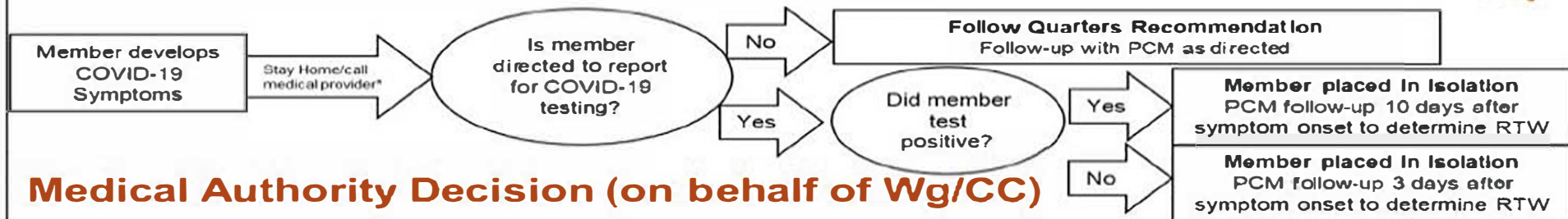
Member travels to or from a COVID-19 hot-spot:



Commander Authority/Decision

Isolation: Symptom-based Restriction:

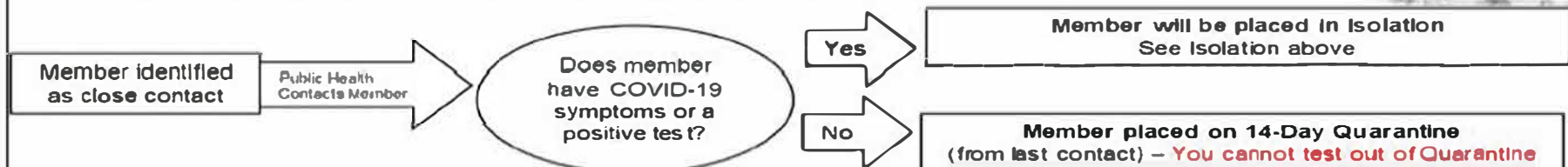
People who are confirmed COVID-19 positive or presumptive positive



Medical Authority Decision (on behalf of Wg/CC)

Quarantine: Contact-based Restriction:

People who are in close contact w/ COVID-19 positive patient



Medical Authority Recommendation

BLAZE

- * TRICARE beneficiaries should call 434-2273 / Non-TRICARE beneficiaries should call their medical provider f/ diagnostic COVID-19 testing/treatment
- Active Duty and Government civilian employees are welcome to participate in the 14 MDG COVID-19 surveillance program