

“Produce Pilots, Advance Airmen, Feed the Fight”

Vol. 36, Issue 42

Columbus Air Force Base, Miss.

October 19, 2012

Upcoming Inspection



107

3 Excellents
3 Zeros
100%
Accountability

Days until the CUI

News Briefs

Autocross cancelled

The Sports Car Club of America Autocross scheduled for has been canceled.

End of Oct. Events

There will be a Monster March from Freedom Park with games and prizes Oct. 27 with registration being held from 8:30 to 9 a.m. and the march from 9 to 11 a.m. with a costume contest immediately following the march at Freedom Park. There will also be a free costume contest for adults held Oct. 27 from 8 p.m. to 1 a.m. at the Columbus Club. The Protestant parish is hosting a Harvest Fest Oct. 31 from 5 to 7 p.m. and will include free food, games, prizes, a cake walk and more. A nine-pin bowling tournament will be held Oct. 31 at the bowling alley with registration ending at 6:30 p.m. and the tournament beginning at 7 p.m.

SNCO Induction Ceremony

The Senior Non-Commissioned Officer Induction Ceremony will be held Nov. 1 at 6 p.m. in the Columbus Club. Chief Master Sgt. Lonnie Slater, Command Chief Master Sergeant for Air University, Maxwell Air Force Base, Ala., will be the guest speaker. The event will cost between \$22 and \$30 depending on meal choice and membership status. Contact Master Sgt. Angela Coleman for more information.

Inside



Feature 8

What time do you open is highlighted in this week's feature.



U.S. Air Force photo/Senior Airman Chase Hedrick
Chief Master Sgt. of the Air Force James Roy speaks to members of the 14th Flying Training Wing during an enlisted call on Oct. 17, 2012 at Columbus Air Force Base, Miss. Roy shared his senior leader perspective and his thoughts on his assignment to the 14th Flying Training Wing as command chief master sergeant from Sept. 2000 to Sept. 2002.

CMSAF returns to Columbus AFB, community

Senior Airman Chase Hedrick

14th Flying Training Wing
Public Affairs

The 16th chief master sergeant of the Air Force returned to Columbus, Miss. on Oct. 17 to visit the 14th Flying Training Wing and the local community for a day.

The visit brought back memories for Chief Master Sgt. of the Air Force James Roy, who had served as the 14th FTW command chief from 2000 to 2002.

“I was so glad I had an opportunity to start my command chief role here at Columbus Air Force Base,” said Roy. “This is where it all starts, it really starts here.”

The primary mission of the 14th FTW is to produce pilots and start them on their Air Force career. Roy lauded the benefits of being part of a training mission and spoke to how to take advantage of the assignment.

“A lot of people in this room today

See CMSAF RETURNS, Page 3

COLUMBUS AFB TRAINING TIMELINE

PHASE II				PHASE III				IFF				WING SORTIE BOARD			
Squadron	Senior Class	Squadron Overall	Track Select	Squadron	Senior Class	Squadron Overall	Graduation	Squadron	Senior Class	Squadron Overall	Graduation	Aircraft	Required	Flown	Annual
37th (13-10)	2.94 days	0.28 days	Nov. 14	48th (13-01)	-0.30 days	1.16 days	Oct. 26	49th (12-BB)	-1.83 days	2.77 days	Nov. 16	T-6	1,544	1,212	1,212
41st (13-09)	0.91 days	0.34 days	Oct. 19	50th (13-01)	XXX days	XXX days	Oct. 26					T-1	544	591	591
												T-38	000	000	000
												IFF	360	242	242

The graduation speaker is Maj. Gen. Whitmore, USAF Retired.

SILVER WINGS

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Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

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The SILVER WINGS staff reserves the right to edit or rewrite all copy submitted when necessary. All photos are U.S. Air Force photos unless otherwise stated.

Submit all advertising to the Columbus, Miss., Commercial Dispatch advertising department one week prior to desired publication date. The advertising department can be reached at (662) 328-2427.

Columbus AFB hosts business leaders



U.S. Air Force photo/Senior Airman Chase Hedrick

Business After Hours members look on as 14th Civil Engineer Squadron firefighters display their firefighting skills on Oct. 11. Columbus Air Force Base hosted BAH to give local business leaders a better understanding of Columbus AFB and fire prevention skills as part of fire prevention week.

14TH FLYING TRAINING WING DEPLOYED

As of press time, **69 TEAM B L A Z E** members are de-ployed worldwide. Remember to support the Airmen and their families while they are away.



CFC Update

As of Oct. 17, over \$50,000 of the \$90,000 goal set for Columbus AFB has been raised. Two weeks remain for this season's Combined Federal Campaign. To donate, contact your unit POC.

Mon	Tue	Wed	Thur	Fri	Sat/Sun
22	23	24	25	26	27/28
Night Flying Week				Class 13-01 Graduation, 10 a.m. @ Kaye	
Donate to the CFC					
29	30	31	1	2	3/4
	Quarterly Awards, 3:30 p.m. @ Kaye	Last Day of CFC	SNCO Induction Ceremony, 6 p.m. @ Club	Class 13-02 Assignment Night, 5 p.m. @ Club	4th - Daylight Savings Time Ends
		Enlisted Promotions, 4 p.m. @ Kaye	Royal Saudi Air Force Visit		
		Halloween			

Long Range Events
Nov. 5: Night Flying Week
Nov. 6: Newcomer's Orientation
Nov. 7: Polish Air Force Senior Officer Visit
Nov. 9: BCC Luncheon
Nov. 10: Veteran's Day Parade and Ceremony
Nov. 11: Veteran's Day
Nov. 12: Federal Holiday
Nov. 13: Hearts Apart
Nov. 14: Class 13-10 Track Select
Nov. 15: Dormsgiving
Nov. 15: Daedalians Graduation
Nov. 15: IFF Graduation

Pilot for a day



U.S. Air Force Photo/Elizabeth Owens

Kambree Burton, a patient at Blair E. Baston for Children in Jackson, Miss. became a pilot for a day Oct. 12 thanks to Columbus Air Force Base. During her time as a pilot, escorted by 1st Lt. Bryan Hladik, Pilot for a Day program coordinator, Burton participated in a T-38C simulator, saw Military Working Dogs in action, took a tour of the RAPCON, rode on a fire truck and more.

CMSAF RETURNS

(Continued from Page 1)

probably thinking ‘Wow, I’m at a pilot training base? You know, there’s this operational Air Force thing going on out there today, I’d really like to be a part of that,’ said Chief Roy as he pointed to his sleeve with a smile. “Didn’t hurt me.”

Chief said that the size of the base gave him the opportunity to learn about the many programs the Air Force has to offer and to learn about the people in the Air Force.

“Just because it’s a small base doesn’t mean you don’t have all of the programs,” he said. “You have every single program every other installation in the Air Force has, and you may have a better opportunity to learn those programs because you’re not so worried about the volume, so you can focus more on the processes.”

The smaller bases also give Airmen the opportunity to see exactly how to take pride in their work by seeing how it affects the mission, said Roy.

“Have a sense of pride in what the mission is. It’s easy here because it’s all there and you can see directly how you are connected to that mission set,” he said. “If you’re a dental tech and you’re working over in dental you can see how important it is because that student’s not going to fly if they don’t have the right dental care.”

While Columbus AFB is a small base, the close partnership between the local community and the base empowers the mission according to Roy, who was on Columbus AFB when the 9/11 attacks happened. He said he watched how the local community and the base population came together then, knowing there was a

special relationship.

“When I drove in today I saw the welcome sign and it said ‘Columbus, Mississippi, home of Columbus Air Force Base.’ That just kind of gives you a warm feeling inside,” he said. “How many other cities do you drive into that have on their sign, that everybody sees, that they’re home to an Air Force base or home to an Army post?”

For the year of 2012 Columbus AFB is celebrating its 70th anniversary with the local community. Chief Roy said the relationship between the base and the local community has benefited Airmen and their families, as well as the pilot training mission.

“We could never do this for another 70 years if the Columbus community didn’t support us,” he said. “If we didn’t have the training areas we’d have a flight line, so what? We can have a flight line anywhere, but our training areas are very important, and it’s the community that supports that.”

The local community and mayor also welcomed Roy and his family to a dinner, where they visited with old friends including the wing and vice wing commander from their time at Columbus AFB.

“So many friends here, Ms. Paula and I and the boys are just so proud to have had an opportunity to be a part of the senior leadership team of this organization, and to come back I really feel like I’m at home. The base gives me that feeling, but also the community gives me that feeling, and it’s good to be back home,” he said. “I come here with a very warm heart in knowing that this is a great place to be assigned. It’s a great base with a great mission and great people that will continue to do the Air Force proud.”

Whitmore to speak at 13-01 Graduation

Air Force Maj. Gen. (Ret.) James A. Whitmore last served Director of Intelligence, Operations and Nuclear Integration, Headquarters Air Education and Training Command, Randolph Air Force Base, Texas. He was responsible for developing policies and programming resources for Air Force technical and aircrew training programs including undergraduate flying and initial skills training for Air Force, Navy, Marine Corps, Army, Reserve and Guard personnel; Euro-NATO Joint Jet Pilot Training; enlisted accessions; initial training and non-rated supplemental training. Along with formulating training policy, he main-

tained the ability to respond to peacetime contingencies and expeditionary requirements, and to execute AETC command and control in peace and war.

General Whitmore entered the Air Force as a distinguished graduate of the Memphis State University ROTC in 1976. He has served in a variety of flying and staff positions, and has commanded the 526th Fighter Squadron, 20th Operations Group, 455th Air Expeditionary Wing and 82nd Training Wing. He also served in the Pentagon as the Executive Secretary for the Secretary of Defense.

General Whitmore is a command pilot with more than 3,000



**Air Force Maj. Gen. (Ret.)
James A. Whitmore**

flying hours in the F-4 and F-16, including more than 190 combat hours in the F-16 supporting operations Desert Storm, Provide Comfort, Deny Flight and Northern Watch.

Commander's Action Line 434-7058

The Commander’s Action Line is your direct line to the commander for comments and suggestions on how to make Columbus AFB a better place. Although the Commander’s Action Line is always available, the best way to resolve problems is through the chain-of-command.

The Commander’s Action Line phone number is 434-7058. Callers should leave their name and phone number to receive an answer. All names will be kept confidential. Message may be answered in the Silver Wings without names.

Written questions may also be brought to the PA office in the Wing Headquarters building, BLDG. 724, suite 210. Questions and answers may be edited for brevity and style.

Energy Mythbusters: Fuel Saving Snake Oil

Carl James, Ph.D., P.E.
14th Civil Engineer Squadron
Energy Manager

If you're a fan of old western movies, you probably know what I mean by snake oil. If you are one of those twenty-somethings that grew up playing video games instead of watching westerns, you can find an interesting video explaining The Story of the Snake Oil Salesman at <http://www.youtube.com/watch?v=titzrDTfp70>. Rooted in false medicine, the term quickly grew to be associated with any type of fraud or con artist and the fraudulent products they peddle.

I write today to warn you about the latest, greatest, 21st Century version of snake oil, most easily identifiable by its color, or the color of its wrapper—green! And by green, I don't mean the color you get by mixing blue and yellow paint or the color you see when looking at light in the 495 to 570 nm wavelength. I mean that the product is usually packaged with a bunch of hype designed to play on your emotions of fear, guilt, or civic duty to save your pocketbook and the planet for your children and grandchildren. The snake oil I warn you about this week is what you might be tempted to put in your automobile.

Let's start with the most incredible. Have you seen in the news an automobile that supposedly runs on water? It comes wrapped in a nice green, scientific sounding explanation: using electricity from the car's alternator, an electrolysis cell converts water into hydrogen and oxygen which the car's engine burns to produce propulsive power while exhausting pure, clean, environmentally-friendly water vapor. You may have even heard stories of its inventor mysteriously disappearing or being murdered to preserve the profits of Big Oil and the government officials in their pocket.

As much as I hate to burst anyone's conspiracy-theory bubble, I'll cut to the chase and call this a load of BS ... Bad Science (what you thought I meant is at least useful for making flowers grow). The electrolysis cell itself (aka hydrogen electrolyzer, oxyhydrogen generator, HHO generator, or

Brown's gas generator) is in fact real and has been proven to operate according to sound scientific principles of thermodynamics: the electrical energy required to extract the hydrogen is more than the energy content of the hydrogen fuel and oxygen it produces. Add to that the fact that the efficiency of any real engine (even a fuel cell) is limited to far less than 100 percent (typically only 30- 40 percent), and even the most scientifically naive can conclude that it is impossible for any engine to produce enough power to make its own fuel in sufficient quantity to keep itself running, much less to have any power left over to propel the automobile. Busted!

What about the claims that electrolysis cells can be used with gasoline to increase gas mileage? That too is BS, along with almost all other fuel saving gadgets (e.g., magnets) and miracle additives. This is where I usually hear objections like, "But my cousin Bubba put one o' them on his four-wheel drive an' it jacked his gas mileage from 8 to 12." Well, you trust Bubba if you want to. I'll trust the laws of thermodynamics and folks who've actually done their homework on gas mileage.

For real gas saving tips and more fuel saver snake oil busters, visit the following websites:

<http://www.popularmechanics.com/archive/cars/alternative-fuel/gas-mileage/0/10>, <http://www.epa.gov/otaq/consumer/reports.htm>, <http://www.ftc.gov/bcp/edu/pubs/consumer/autos/aut10.shtm>, <http://www.aardvark.co.nz/hho.shtml>

(Editor's note: The appearance of hyperlinks does not constitute endorsement by the 14th Flying Training Wing, HQ Air Education and Training Command, the United States Air Force, or the Department of Defense, of the external Web site, or the information, products or services contained therein. For other than authorized activities such as military exchanges and Morale, Welfare and Recreation (MWR) sites, the United States Air Force does not exercise any editorial control over the information you may find at these locations. Such links are provided consistent with the stated purpose of the Web site.)

Security and policy review

Did you know that as a military member you must coordinate all information relating to speeches, presentations, Academic papers, multimedia visual information materials and information proposed for release to a publicly accessible Worldwide Website with exception of Air Force publications through the 14th Flying Training Wing Public Affairs Office? For more information contact the 14th FTW/PA at 434-7068.

Airmen deliver aid 'outside the wire'

Master Sgt. Russell Martin
451st Air Expeditionary Wing
Public Affairs

KANDAHAR AIRFIELD, Afghanistan — Humanitarian aid missions conjure up images of Airmen air-dropping supplies to austere locations too hazardous to deliver by trucks or convoy. Images of smiling villagers eagerly awaiting much needed vittles and supplies. But not all "HA" missions in Afghanistan require airlift; some require simply putting rubber to road and heading out to the location.

However, there's nothing simple about it. Airmen assigned here headed out recently on a short trip "outside the wire" to deliver much needed school supplies, weather fortification equipment, and grains and rice to a nearby village as part of the ongoing effort by U.S. Forces to support counter insurgency operations and foster goodwill amongst the Afghan people.

"This is one opportunity we have to show our Afghan friends that we want to support and help them in whatever way we can," said the special agent in charge of the mission, whose identity is being withheld for security reasons. "We don't get to come out here and do missions like this often, so when we do, we really want to make the best of it."

After arriving at the village, the four Cougar mine resistant ambush protected vehicles carrying 5,000 pounds of supplies were greeted by nearly two dozen Afghan children and a dozen other villagers eager to shake the hands of the U.S. servicemen and women and see what the convoy had in tow.

"The people here are tired of war," said one village elder, through a translator. "The people here have been at war in one form or another for 30 years. It's wonderful to see the U.S. forces care about our people and our villages and see how they support our livelihood."

Though the trip was humanitarian, the preparation for the operation maintained the same level of preparation and security that is expected of all missions outside the safety and security of Kandahar Airfield's fortifications.

"We put together the mission plan a few weeks ago, and that of course has to be routed through the chain of command to endorse the operation," said the agent. "Every time we go outside the wire, whether for 'H.A.' or not, we have to ensure all research, safety and security measures are maintained to the highest level."

This band of Airmen, have been on more than 35 missions together, and they all start, and if all goes well, end the same way.

"After we receive the approval of the plan from leadership we finalize the details," the

agent said. "When the day of the mission arrives, we run through everything beforehand, all of the possible contingencies, and how we'll respond."

World-class athletes in sports like the National Basketball Association and the National Football League routinely perform dry-runs and run-throughs on the days prior to a major event like the NBA Finals, or the NFL Super Bowl. This team is no different.

"We do this for every mission, no matter how big or how small, no matter the objective," said the agent in charge. "For us, every time we step outside these walls, it's game time. We go over everything time and again, and now that we've been doing this together for so long ... it's literally second nature, it's instinct. I can tell you who's going to be where no matter what the situation is. It's amazing having that kind of trust in your team."

Fortunate for everyone, the humanitarian mission needed no such response from the team. During the convoy out to the village, several stops were made to identify, tag, and notify headquarters of issues outside of the norm, turning what may have been a normal 20 minute drive down any highway in America into an hour-long expedition.

While the stakes are high in delivering aid to the villagers, it's not without its rewards.

The village's children, adolescents and elders all gathered around to see what the American's had brought and even provided food to the Airmen. The trick of course when interacting with other cultures is to remember to recognize their customs and courtesies.

"We're used to doing things a certain way in the States," said a senior agent. "Here, the relationships you make are sometimes more important than the stuff you bring. Even having tea or eating with them goes a long way to strengthening our relationships."

"Don't turn away food if you can help it, they'll take it as a sign of disrespect, and when you eat, try to remember to use your right hand," he laughed.

And after the food is eaten, the tea is drunk; the Airmen secure their empty trailers, load up into their MRAPs and head back to Kandahar Airfield. Rolling through the secure gates, inside the walls of Kandahar, they remove their Kevlar helmets, tuck away their tactical gear and return to their compound. There, they debrief how the mission went, address any issues that were out of the ordinary and gather together like a sports team after the final buzzer sounds.

In a circle, every Airman's hand reaches for the center and on the count of "1, 2, 3," they throw their hands up in celebration of a safe end to a successful mission.

Sound barrier pioneer celebrates 65 years

Senior Airman Jack Sanders
99th Air Base Wing Public Affairs

NELLIS AIR FORCE BASE, Nev. — Retired Brig. Gen. Chuck Yeager, the first person to fly faster than the speed of sound, celebrated the 65th anniversary of his ground breaking event with a re-enactment here Oct. 14.

Yeager was serving as a test pilot and flying the experimental Bell X-1 named the, "Glamorous Glennis," Oct. 14, 1947, when he successfully broke the sound barrier.

"Up until that time we weren't able to do it," Yeager said. "Finally, in Oct. 14, 1947, we succeeded, and that opened up the doors of space to us."

Yeager's re-enactment flight began when he and the aircraft's pilot, Capt. David Vincent, 65th Aggressor Squadron pilot, flew an F-15D Eagle to 45,000 feet over Edwards AFB, Calif., and at 10:24 a.m. broke the sound barrier again.

"It was the greatest moment of my life so far," Vincent said. "It's like being with Christopher Columbus when he discovered the new world or like being with Orville and Wilbur Wright on the first flight."

Vincent said Yeager hadn't lost a step and pointed out landmarks over Edwards AFB.

"It was a smooth flight today," the general said. "I'm very familiar with the area and got a good view."

Yeager finished his day with a meet and

greet with Nellis Airmen followed by a question and answer segment.

"I want to thank you all at Nellis," Yeager said. "The F-15 is my favorite airplane, and that's why I came here to fly it."

Yeager enlisted as a private in the U.S. Army Air Forces Sept. 12, 1941. Later he was accepted to flight training in the flying sergeants program and, upon completion, was promoted to flight. Yeager demonstrated his flying skill during World War II when he became an, "ace in a day" after downing five enemy aircraft in one mission.

"What I am, I owe to the Air Force," Yeager said. "They took an 18-year-old kid from West Virginia and turned him into who I am today."



U.S. Air Force photo/Lawrence Crespo
Retired Brig. Gen. Charles E. "Chuck" Yeager poses for photographers after returning from his 65th anniversary of breaking the sound barrier flight aboard a 65th Aggressor Squadron F-15D Eagle piloted by Capt. David Vincent, 65th AGRS, at Nellis Air Force Base, Nev., Oct. 14, 2012. Yeager became the first man to break the sound barrier Oct. 14, 1947, over Edwards Air Force Base, Calif.

AF officials releasing enlisted quarterly assignment listing

Tech. Sgt. Steve Grever
Air Force Personnel Center Public Affairs

JOINT BASE SAN ANTONIO-RANDOLPH, Texas — Air Force officials are releasing the enlisted quarterly assignment listing, or EQUAL, on Oct. 22 for the July to September 2013 overseas assignment cycle.

Enlisted Airmen must update their assignment preferences by Nov. 1 and they will be notified of their assignment selections by Nov. 16.

"We are accelerating the release of the EQUAL list to allow us time to complete the overseas assignment cycle before the Military Personnel Data System upgrade in December," said Michael Kiel, Air Force Personnel Center integrated assignment, applications and training chief. "If Airmen do not update their assignment preferences by Nov. 1, they will not be considered as volunteers for the overseas assignments adver-

tised on EQUAL."

EQUAL posts upcoming assignments by Air Force Specialty Code and rank. Airmen are instructed to review, prioritize and list their assignment preferences based on the EQUAL list. Airmen can update their assignment preferences on the virtual Military Personnel Flight application and view the EQUAL list on the myPers website at <http://mypers.af.mil>. Active duty Airmen on temporary duty during the EQUAL advertising period can contact their nearest personnel support office for assistance.

The Air Force is upgrading and transferring MilPDS to the Defense Information Systems Agency's Defense Enterprise Computing Center, and the upgrade project is scheduled to take about 23 days to complete. During this period, MilPDS will not be available.

MilPDS is the primary records database for personnel data and actions that occur throughout every total force Airman's

career. MilPDS is also used to initiate Airman pay actions, maintain Air Force accountability and strength data, and support a host of interactions with other Air Force processes and systems that rely on personnel data.

Reserve and Guard members will receive specific instructions from the Air Force Reserve Command and Air Reserve Personnel Center concerning how the MilPDS upgrade will impact their personnel programs. More information is available on the ARPC public website at <http://www.arpc.afrc.af.mil>.

Officials will continue to release additional information and guidance to the Air Force's manpower, personnel, services and pay communities and total force Airmen to continue to educate them on how the service will perform critical personnel and pay tasks during the MilPDS upgrade.

For more information about the EQUAL list or MilPDS upgrade, visit the myPers website at <http://mypers.af.mil>.

BARGAIN LINE

Homes

For rent: Four bedroom home in Lakeover Estates. In ground pool, walking distance to Lake Lowndes State Park, New Hope School district. Available Jan. 1, 2013. \$1,200 per month. Email markgrisham@cablone.net for pictures and to set a time to view home.

Transportation

For sale: 1998 Honda Valkyrie motorcycle. Beautifully maintained in classic black/chrome, 1,500 cc six-cylinder engine with straight-pipes. Includes Corbin ostrich-leather "Stinger" seat, chrome studded two-person leather seat with backrest, hard saddle bags, windshield, cruise control, cigarette lighter,

cruising foot peg and tank bib with pouch. \$6,000 firm, call 434-8544.

For sale: 2009 Toyota RAV4 SUV, Sandy Beach Metallic with Sand Beige Interior. I need to sell so make me an offer. One owner with only 33,000 miles and in excellent condition. Super nice RAV4 with a 2.5L 4-cyl. engine, four speed automatic, 4x2, side and curtain airbags, stability control, traction control, plus AM/FM CD, power mirrors, keyless entry, security system plus many more options. Great gas mileage and factory warranty. \$17,900.00 or best offer. Call 327-1205.

For sale: 2009 Honda Ridgeline SUV/pick-up with 31,000 miles. Dark cherry ivory with beige interior, anti-lock brakes, four-wheel drive, AF/FM six-disc CD changer, five-speed automatic transmission with overdrive, custom side step

bars, aluminum wheels, Michelin tires, power side mirrors, 3.5 liter 24-valve VTECH V6 engine, Ridgeline custom floor mats, child safety locks, locking/limited slip differential, cruise-control, four-wheel disc ABS brake system, multi-zone air conditioning, rear head air bag, great gas mileage. \$23,900 or best offer. Call 327-1205.

Miscellaneous

For sale: 2.1 acres of land on Wood Rd. in Caledonia. Lot is clear and ready to build. Price reduced. Call 356-6844.

For sale: IBM Thinkpad Business/School Laptop SL510, 15.6 Display, 2.0 Dual Core Intel processor, 3G Ram, 250G HD, USB ports, DVD-RW/DVD, Wifi, Integrated Webcam, Win7 Pro, Microsoft Office Word,

PowerPoint, Access, Excel, Publisher, Adobe, Roxio Suite, Laptop Sleeve, in Great cosmetic and working cond., asking \$225 or best offer. IBM Thinkpad Business/School Laptop R51, 14" Display, 1.7 Pent, 768 RAM, 60G HD, Win Xp, Microsoft suite and more, Fantastic Cond, asking \$155 or best offer. IBM Thinkpad Business/School Laptop R51, 14" Display, 1.5 Pent, 512 RAM, 40G HD, WinXp, Microsoft suite and more, Fantastic Cond, asking \$145 or best offer. Call 386-6981

For sale: Gold "vintage" couch \$100. Dodge srt-4 parts, comic books, 25" RCA TV, RC helicopter, SK8 BD/trunks \$5 each. Speaker box \$5. Shredder \$8. Instant hot water system \$40. New Nike golf shoebag \$5. Noritake "vintage" dishware, four hand-painted wine glasses \$10. call 889-2329

Career day enhances pilot training at Columbus AFB



U.S. Air Force Photo/Airman 1st Class Charles Dickens
An F-22 from Tyndall Air Force Base, Fla. awaits pilots interested in learning the fundamentals of the aircraft during Career Day at Columbus Air Force Base Oct. 13 on the flight line. Career Day is a day in which aircraft from bases around the country fly in to give future pilots a better perspective of their potential careers.



U.S. Air Force Photo/Airman 1st Class Charles Dickens
A TH-1H from Fort Rucker, Ala. is displayed for pilots interested in learning the fundamentals of the aircraft during Career Day at Columbus Air Force Base Oct. 13 on the flight line. Career Day is a day in which aircraft from bases around the country fly in to give future pilots a better perspective of their potential careers.



U.S. Air Force Photo/Airman 1st Class Charles Dickens
An A-10 from Moody Air Force Base, Ga. is displayed for pilots interested in learning the fundamentals of the aircraft during Career Day at Columbus Air Force Base Oct. 13 on the flight line. Career Day is a day in which aircraft from bases around the country fly in to give future pilots a better perspective of their potential careers.



U.S. Air Force Photo/Airman 1st Class Charles Dickens
A B-1 from Ellsworth Air Force Base, S.D. is displayed for pilots interested in learning the fundamentals of the aircraft during Career Day at Columbus Air Force Base Oct. 13 on the flight line. Career Day is a day in which aircraft from bases around the country fly in to give future pilots a better perspective of their potential careers.

Energy efficiency repairs, upgrades base pool

Airman 1st Class Charles Dickens
14th Flying Training Wing Public Affairs

Columbus Air Force Base won the first two Air Education and Training Command Energy Incentive Awards of fiscal year 2012, with each award contributing \$250,000 for the base to use toward base facilities improvements.

Columbus AFB is using the \$500,000 to repair and upgrade the base pool with construction to be completed in time for the 2013 swimming season, beginning the weekend prior to Memorial Day.

"The purpose of this project is to repair a leaking pool," said Dan Frick, 14th Civil Engineer Squadron Pool Project Manager. "We're losing between 3,000 and 5,000 gallons of water per day due to leaking piping and filtration. You're going to lose some water from splashing and evaporation, but we're losing much more than what you would normally lose."

The repair and remodel process will include

replacing the pool liner, gutter drain system, circulation piping, pool filter and other behind-the-scene items.

The biggest changes that pool patrons will notice are new water slides, a new diving board, and an Americans with Disabilities Act compliant lift chair to allow handicap access to the pool.

"We are also putting down a cool-deck coating over the entire concrete pool deck," said Frick. "It will be high friction to make it less likely to slip and it will also be cooler to the touch so that it won't be as hot on your feet."

According to Frick, the project is currently in design and is 65 percent complete. The 14th CES is working to ensure that all specifications for this design are met to have the project completed before the summer swimming season.

"With a successful project, this will save us approximately 300,000 gallons of water per year," said Frick.



U.S. Air Force Photo/Airman 1st Class Charles Dickens
The sand filtration system is one of the mechanisms being replaced to more efficiently run the base pool. Columbus Air Force Base will be repairing and remodeling the base pool during the swimming off-season and will be completed before the beginning of the 2013 swimming season, the weekend prior to Memorial Day.

BLAZE ride



Courtesy photo

Motorcycle riders in the 14th Flying Training Wing came together for a group ride Oct. 12 to establish the 14th FTW BLAZE Riders Mentorship Program. Attendees also held a safety briefing and motorcycle inspections to practice safe riding.

Clothesline Project visits Columbus AFB



U.S. Air Force photo/Elizabeth Owens

Lori Singleton and Whitney Henley show 2nd Lt. Landon Grover, 14th Student Squadron, the Clothesline Project display in front of the Columbus Air Force Base Exchange on Oct. 15. The Clothesline Project features multi-colored and camouflage signifying those within the military who have fallen victims of domestic violence or sexual assault.

Base News

SNCO Induction Ceremony

On Nov. 1 there will be a Senior Non-Commissioned Officer Induction Ceremony. This ceremony will take place at the Columbus Club. A social hour will begin at 6 p.m. and the ceremony will commence at 7 p.m. The cost for this event will range from \$22 to \$30 depending on meal choice and club status. Meal choices will include Beef Tenderloin, Crab Stuffed Flounder and Vegetarian Lasagna. There is an electronic invite being circulated for personnel to fill out and attend or they can contact Master Sgt. Angela Coleman to have their name added to the pro rata. Her contact information is angela.coleman@columbus.af.mil or contact by phone at 434-2088.

Tax Volunteers

The Columbus AFB Tax Center will open in late January and we are looking for volunteer tax preparers and center assistants. All of our volunteers play a critical role in assisting service members, retirees and dependents complete and file their tax returns. This service helps our clients obtain the refunds they have earned! We welcome volunteers with special skills or training, and would appreciate your expertise. However, training will be provided on the latest tax preparation forms and software, so prior experience is not required. Great volunteers are individuals who have prepared their own tax returns; are comfortable with computers; are willing to learn; and enjoy working with people. If you want to become a trained tax preparer or volunteer in any other way, please contact Capt Wells in the legal office at 662-434-7030 to register.

Retiree Affairs Coordinator Needed

Volunteer needed 2 to 3 days per week to assist with advising military retirees on benefits are provided The Retiree Affairs office is established to coordinate, establish and staff an office on an active-duty, reserve or guard base through command channels that will assist retirees with myriad actions. These actions include: serving as information center for space-available travel, Tricare, base services, etc.; offering referrals for financial-assistance and pay matters; counseling active duty Airmen nearing retirement; and providing literature on retirement issues. Another major activity involves working with base agencies to conduct Retiree Activity Day events. If interested, contact Linda Dodson at 434-2314 or linda.dodson@columbus.af.mil

The Base Thrift Shop

The Base Thrift Shop is open on Tuesdays and Thursdays from 9 a.m. to 1 p.m. Consignments until noon. The Thrift Shop is non-profit and all proceeds benefit CAFB Community. It is located in building 530. Phone: 434-2954.

Airman's Attic

The Airman's Attic is open Tuesdays/Thursdays 10 a.m.-2 p.m. and Saturdays 10 a.m.-noon. The Attic serves junior enlisted

members (E-1 through E-5) with uniforms and basic household items at no cost. Donations of uniforms, household goods, family clothing, maternity, infant care items and furniture are welcomed. Please coordinate furniture or other large donations with the staff during business hours. The Attic is located in building 530, across from the Thrift Shop.

Contraceptive Counseling Class

There are currently many safe and effective options for preventing or delaying pregnancy. The staff of the 14th Medical Group, wants to make sure you have the information you need to make your best choice. The Family Health Clinic is now offering a Birth Control Counseling Class covering topics ranging from natural family planning to tubal ligation. The class is offered once a month and taught by a Women's Health Provider and a Registered Nurse. Classes will be held at the Koritz Clinic, the last Friday of each month from 9 to 10:30 a.m. Please call the clinic appointment line at 434-2273 to reserve your spot in the next Birth Control Counseling Class.

FREE Computerized CLEP Exams

Computerized CLEP testing is available at the Mississippi State University Assessment and Testing Center (<http://www.ats.msstate.edu/testing/>). Military members will NOT be charged a fee for the first-time administration of any CLEP exam. However, retakes of CLEP exams must be paid for by the military member. DANTES (DSST) paper-based exams will continue to be administered in the CAFB Ed Office. Please call 434-2562 or 434-2563 for more information.

LGR Mobility Individual Protective Equipment Element closed for Training

The 14th Logistics Division, Mobility and Individual Protective Equipment Element located in the Walker Center, building 1030 will close for training Tuesdays and Thursdays from 1 p.m. to 4:15 p.m. beginning Thursday, May 10, 2012. All appointments must be scheduled around these days/times to avoid delays and inconveniences. Walk-ins are no longer accepted. All appointments must be scheduled in advance by calling 434-7305, 7306, 3363 or 3364. For more information, please call 434-7212 or 434-7306.

Airman and Family Readiness Center

(Editor's note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of the activities listed, call 434-2790 or email afrc@columbus.af.mil.)

Military and Family Life Consultant Program

MFLC consultants provide a non-medical counseling to help Airmen, (both single and married) their spouses and other family members to cope with stressful situations created by deploy-

ments, reintegration, and life challenges, such as martial issues, parenting, career stress and anger. All consultants are licensed mental health providers. Consultants can meet either on or off base. There is no charge for services and appointments can usually be made within one to two days. To contact the MFLC call 251-8627.

Self-paced Tutorials

Available on MS Office 2007 Suites; Access, Excel, Outlook, PowerPoint, Word and Windows Vista. Set your own learning pace at your AFRC.

Relocation assistance

Weekly workshop on programs, services and resources available through the Airman and Family Readiness Center held every Wednesday from 9 a.m. to 10 a.m. Topics of discussion include preparing for a move, environment/cultural issues or needs, adaptation and community awareness.

Employment Workshop

Workshop on local and base employment opportunities, held every Wednesday at 1 p.m.

Sponsorship training

An electronic version of sponsorship training called eSponsorship Application and Training (eSAT) is now available. It can be found on the MilitaryINSTALLATIONS homepage <http://www.militaryinstallations.dod.mil>, under "Are You a Sponsor?"

Survivor-Benefit Plan

One of the best feelings about retiring from the military Service is to know you are guaranteed a lifetime income as the result of a successful career. What about your spouse or dependent children? If you die, what guarantees do they have? Enrolling in the SBP prior to retiring will ensure they will have guaranteed income after your death. Additional details are available by calling your SBP Counselor Jamey Coleman at 434-2720.

Pre-Separation Counseling (DD Form-2648)

Mandatory briefing for personnel separating or

retiring. Briefing should be completed at least 90 days prior to separation and may be completed up to 12 months prior to separation or retirement. Counseling held daily at 8:30 a.m. and takes approximately 30 minutes.

Pre and Post Deployment Tour Brief

Mandatory briefings for active duty personnel who are deploying or returning from deployment or a remote tour. Briefings are held daily at the AFRC; Pre-deployment at 9:30 a.m. and post-deployment at 1:30 p.m.

Computer workshops

The cost is \$30 each if taken at the Golden Triangle campus. They are free and taught here on base at the AFRC. We need a minimum of six, maximum of 11. We currently have two in each. If we do not get enough students, EMCC cannot provide an instructor, and we may not be able to offer these workshops in the future.

Volunteer Opportunities

If you are interested in volunteering, please contact the Airman & Family Readiness Center. We have volunteer opportunities located throughout the base for a one-time event, special events, or on a continual basis. Volunteers are needed on base at the Youth Center, Child Development Center, Library, Golf Course, Medical Clinic, the Chapel, Airman Attic, Thrift Store the Retiree Activities office and many others".

Air Force Aid Society's Gen. H.H. Arnold Education Grant

Online applications for the 2013-2014 academic year will be available from the Society's website, www.afas.org, after Nov. 1. Please visit their website for details on eligibility and requirements.

Smooth Move

Oct. 23 10-11:30 a.m. A class that provides relocating members and families with valuable information about moving. Learn what to expect from TMO, Housing, Military Pay, Legal, Billeting, Tri-Care, Medical Records, and AFRC.

Chapel Schedule

Saturday:

7 a.m. – Men's Monthly Breakfast and Study—Twelve Ordinary Men (2nd Sat)

Harvest Fest

The Protestant parish invites the entire BLAZE community to the annual Harvest Fest on Wed, Oct. 31, from 5 to 7 p.m., outside on the lawn between the Base Chapel and Kaye Auditorium. The alternate location is the Chapel Annex in case of inclement weather. This fun event features carnival games, prizes, candy, cake walk, food, face painting, and live Christian music. All activities and food are free. There's something here for every age group. You simply don't want to miss this worthwhile festival. Please, no scary costumes.

Catholic Community

Sunday:

4 p.m. – Choir Practice, Sanctuary

4 p.m. – Confession

5 p.m. – Mass

Thursday:

4:15 p.m. – Choir Practice

Protestant Community

Sunday:

9 a.m. – Sunday School for Adults, Chapel Library

10:45 a.m. – Traditional Service

Tuesday:

5 p.m. – Lieutenants Bible Study, Chapel Library

Wednesday:

4:30 p.m. – Choir Practice, Sanctuary

Base families offered a wide variety of fun activities

Pre-teen Lock-In

Air Force Live, Lean, Green Lock-In for Preteens Oct. 19-20 8 p.m.-7 a.m. Dinner, snack, and breakfast served. Exciting games, great challenges, guest speaker, and more! Register with parent approval by October 13, for more information call 434-2504.

Only the Strong Survive

The Fitness Center will host a Bench Press Competition on Monday, Oct. 22 at 4:30 p.m. Weigh-ins and sign ups welcome up to event start. Free t-shirt to participants who make the 300 and 400 goal. For more information call 434-2772.

FREE Halloween Adult Costume Party

The Columbus Club presents an Adult Halloween Costume Party. This free event will be held at the Club on Saturday, Oct. 27 from 8 p.m.-1 a.m. Need child care? This event is held in conjunction with the Give Parents a Break Program, call 434-2479 for more information on child care and 434-2419 for more information of the costume party.

Princess Open

On Oct. 23 the Whispering Pines Golf Course will host Princess Open! 9 holes of scramble golf with cart, adult beverages and hors-d'oeuvres following play. Non-competitive event just for the ladies. Cost: \$20 per person. Play begins at 4 p.m. For more information contact 434-7932.

Bowling Spook-tacular!

Visit the Bowling Center on Halloween, Oct. 31 to enjoy a 9 pin no tap tournament starting at 7 p.m. \$10 per person includes bowling, shoe rental, and a prize fund. Register by 6:30 p.m. the day of the tournament. For more information call 434-3426.

Pumpkin Carving Time!

The Library will host the Fall Pumpkin Carving contest on Oct. 26. Sharpen up your carving skills to enter this fun contest. Stay tuned for information on picking up a free pumpkin... For more information contact 434-2934.

Boo! The Monster March is back!

This event is fun for ALL ages. Get dressed in your favorite costume and take a bus ride (or walk) from Freedom Park to designated locations for fun, games, and prizes on Saturday, Oct. 27. Registration will be held at Freedom Park from 8:30 a.m. until 9:00 a.m. and the march will run from 9-11 a.m. For more information contact 434-2507.

Costume Contest

Immediately after the Monster March the Youth Center will host a Costume Contest at Freedom Park on Saturday, Oct. 27 at 11 a.m. 6 trophies for Best Overall Costume categories and goodie bags for 2nd and 3rd place in categories. Categories include: (1) Best Overall Costume for 0-2 Years, (2) Best Overall Costume for 3-5 Years, (3) Best Overall Costume for 6-8 Years, (4) Best Overall Costume for 9-12 Years, (5) Best Overall Costume for the Teen Category, and (6) Best Overall Costume in the Family Category. For more information on the contact the Youth Center at 434-2504.

Get Bowled Over!

Every Friday in October from 10 a.m. until 4 p.m. you can bowl for \$1 per game with a \$1 shoe rental. For more information contact 434-3426.

Mothers Happy Time!

The Child Development Center presents Mothers Happy Time! Let the CDC provide care for your children while you enjoy some



“Happy Time” with friends. Get three or four mothers together and plan an outing. Available Tuesday and Thursday from 10 a.m.-2 p.m. For more information call 434-2479.

Sunday Lunch N Bowl

Lunch N Bowl on Sundays, for each adult combo purchased at the Bowling Center receive two free games of bowling, must pay for shoe rental. For more information contact 434-3426.

Two for Tuesdays

Two for Tuesdays at Whispering Pines Golf Course, \$25 for two players to play up to 18 holes of golf including cart. For more information contact 434-7932.

Are you feeling lucky?

Information Ticket and Travel offers monthly casino trips every first Friday of each month. With more than 5,000 slot machines, 115 table games and 14 poker tables including the wildly popular Texas Hold'em, you will not be bored at the Silver Star Casino in Philadelphia, MS. Join the fun for only \$25 which includes transportation and receive \$25 IN BONUS BETS! Contact 434-2505 for more information.

Are you ready for some Football?

Plan now for the New Orleans Saints vs. Tampa Bay Buccaneers NFL game trip 15-16 December (game date Dec. 16 at noon). Trip includes game tickets, transportation, and lodging at the Best Western in Slidell. Call 434-2504 for pricing information.

Instructional Classes at Youth Center

Youth Programs is offering piano lessons, guitar lessons, tumbling classes, dance classes and martial arts instruction. Time and ages vary

for all classes. Call 434-2504 or stop by the Youth Center for more information.

Need a Break from the Kids?

Parents, contact the Child Development Center for information on the Parents Night Out/Give Parents A Break program, 434-2479.

Affordable Tickets at ITT

The Information, Ticket and Travel office has discounted tickets for Disney World, Universal Studios, Dollywood, Sea World, Busch Gardens, and Six Flags over Georgia, the Memphis Zoo, Alabama Adventure, Dixie Stampede, Geysers Falls, Schlitterbahn Water Park, and more. Call 434-2505/7861 for more information.

Batting Cages Open

Visit the batting cages which are now open for business. Get 12 balls for just \$1. Machines accept quarters only. The new machines and elevators have been installed behind the adult ball fields.

Massage Therapy is Back!

Massage therapy is available by appointment only at the Fitness Center. Swedish massage is just \$35 for 30 minutes, \$60 for 60 minutes and \$90 for 90 minutes. Therapeutic/deep tissue massage is \$45 for 30 minutes, \$70 for 60 minutes and \$100 for 90 minutes. Reflexology is \$35 for 30 minutes, and a chair massage is \$1 per minute. Call Terrance Bonner at 251-9255 for an appointment.

Daily Fitness Classes Available

Columbus AFB Fitness and Sports offers a variety of heart-pumping, sweat-inducing classes throughout the week including Aerobics Class. Come check out Zumba every Tues. at 6 p.m. and Sat. at 10 a.m., and circuit training classes on Tues. and Thurs., 5:30 p.m. Wednesdays at 1700 Spin For more information, call 434-2772 or go online to www.cafbssrocks.com and click on the link to the Fitness page.

Car Maintenance on Base

Don't forget you can get your general automotive maintenance and repairs at the Auto Hobby Shop right here on base and even while you work. If you are a do-it-yourselfer or shade-tree mechanic, Auto Hobby offers a wide array of tools and equipment. For more information and pricing, drop by Auto Hobby or call 434-7842.

Hot and Easy to Use - FSS Gift Cards

These gift cards are available in increments of \$5 to fit any budget. They can be used at most FSS facilities (golf, bowling center snack bars, clubs) at Air Force installations WORLDWIDE...and they never go out of style. FSS gift cards can be purchased at Whispering Pines Golf Course, Strike Zone Lanes or at the Youth Center.

Deep Disney Discounts Extended

There's still time to get the kids to the Disney parks in Florida for a great price! Disney Military Salute has extended the deeply discounted ticket specials to Sept. 30, 2012, along with an increase in the number of tickets available at the special prices at Columbus AFB's ITT office. For more information about this and other fun, affordable vacation ideas, contact Outdoor Recreation/ITT at 434-2505/2507.

Get off the Couch and Play!

Columbus AFB has an 18-hole disc golf course across the street from the Fitness Center. The course's layout includes par threes, fours and fives plus lots of trees making it great for beginners or pros alike. So grab your friends or family and a disc and have some fun! Disc sets are available for check out at the Fitness Center.

Building resiliency: A different approach

Tech. Sgt. Raymond Lara
49th Logistics Readiness Squadron

HOLLOMAN AIR FORCE BASE, N.M. — How do you build resiliency within a team? The concept is simple; it basically revolves around having the ability to “bounce back” from the everyday stresses of work and life.

One of the key elements to developing that ability is building a strong team, and the monthly Resiliency Day program in the 49th Logistics Readiness Squadron is one way we try to do that.

As a supervisor stationed here for more than 10 years, I know it can sometimes be difficult to stay resilient at a base that doesn't have many recreational activities. That was until I became involved in Holloman AFB's Big Give, an innovative program created by Amanda Gallagher, 49th Force Support Squadron marketing director.

After participating for two years in this event, I've seen firsthand how making a difference goes hand-in-hand with building the strength you need to overcome any obstacle through leaning on others. For one of our Resiliency Days, we as the petroleum, oils and fuels took a little different approach, taking a page from the Big Give idea.

Our day started with a hearty physical training session, followed by a squadron briefing with guest speakers from the Airman and Family Readiness Center, then into flight discussions. Instead of the typical cookout, team-building exercise, and more briefings, our management suggested a scavenger hunt. It didn't sound too exciting, but there was going to be a small twist to it...perform a small volunteer project somewhere on base.

As teams of four went out, they had three tasks to complete: bowling a game at the bowling alley, taking an original photo at Heritage Park with an aircraft and explain why that particular aircraft was chosen, and accomplishing a project of their choosing, all within a two-hour window. Although the tasks seemed simple, bonus points would be added if teams could get photos with Airmen in the ranks between E-1 and O-4.

The first two tasks were completed pretty easily and quickly, which left a little more than an hour to volunteer somewhere. One

team went to the Exchange to help customers with their packages and to help break down and clean up for a local food vendor outside. They also moved over to the A&FRC to help set up eight computers that will assist those ready to separate or retire.

Another team went to the base chapel to see what they could help with, and they were quickly put to work cleaning light fixtures, vacuuming, mopping, and hanging up a display for brochures. One of the biggest impacts came from a team who went to Holloman Middle School and jumped right into a physical education class and helped teach children kickball. They also made a few new friends by playing for a little while. But they went a step further and helped teach a lesson plan to another class.

As each team completed their project, phone calls started to come in to our flight where I heard from the principal at the school and a chaplain saying how great it was to see our POL folks out there, and how grateful they were.

The day turned into a success for us, and we still had an ice cream social to go to at the end of the day. Although the day was meant to help us learn how to “bounce back,” we became a stronger team by taking one afternoon to “give back.”

So, how do you build resiliency within a team? Everyone does it differently, but thinking outside the box can take you a long way. On that afternoon, we found new Wingmen, became stronger together, and helped others. We learned how to build resiliency. And when is it needed? Resiliency is something that is constant and needs to be strengthened, and the motto of the 49th Logistics Readiness Squadron embodies that idea ... “Anytime, Anyplace.”

As I watched that day come to a close, I noticed the team becoming stronger, the ice cream tasting that much better, the smiles a little wider, and the “Who Tha Hell ... POL” chant a little louder. This resiliency day was a good one, and now maybe we have become a little more resilient. It was clear that by using a different approach, we became a stronger team. And in the end, it is a team that makes us resilient as Airmen, but more importantly, as human beings.

CFC: Find your reason to donate

Staff Sgt. Kali L. Gradishar
460th Space Wing Public Affairs



BUCKLEY AIR FORCE BASE, Colo. —For the last six years, people have approached me during this time of year to ask if I would donate through the Combined Federal Campaign. These people caught my ear in different manners — some sat me down for a lengthy explanation of the CFC, some informed me of the CFC drive during commander's calls, some timidly approached me with small voices barely asking the question.

While I thought the CFC was a great opportunity for others to give to a charity of choice, I admittedly have never donated through the campaign.

I think the 2012 CFC will be different for me.

I decided to be a keyworker for my unit and during the training the local campaign representative shared with those in attendance the many ways the CFC touched her life. When she offered her personal appreciation of the CFC and the charities it liaises with, I wondered if I had my own stories to tell. I won't share her personal stories, but I can share mine.

Imagine a 6-year-old girl running around her grandparents' house, playing as a 6 year old would. Her grandfather grabs her wrist tightly and yells at her, “Who are you, and why are you in my house?” The girl screams for her grandmother.

That was my first experience with Alzheimer's disease, a beast that hinders memory retention, disorients its victims and can ultimately change a person's personality.

Nine years later, I visited my grandmother on a regular Sunday outing with my mother. I was the first to walk into my grandmother's assisted-living apartment. She looked curiously at me and spoke my mother's name as if it was a question. She thought I was my mother. We spent the rest of that visit reviewing family photos.

Since I joined the military in 2006, I spent countless phone conversations with my paternal grandparents answering the same questions over and over. I never tired of restating where I was living and what I was doing, though, because I knew I was lucky to have grandparents who cared. My grandfather has since passed

away. As for my grandmother, I still secretly enjoy the genuine surprise and excitement each time I remind her I live close to home.

For all four of my grandparents, stories told of old times waned. Help was needed to remember birthdays, holidays and appointments. For an otherwise healthy person, there is currently not much one's doctor can do. There's no magic pill. No amount of ginkgo biloba can bring back the memories already lost.

As difficult as it's been to watch this transformation into old age, I can't help but feel hope — especially for future generations. Astonishing medical advances are made worldwide each year. However, funding and budgeting for all things medical or otherwise are always in question.

Isn't this why other people donate to charities and benevolent causes?

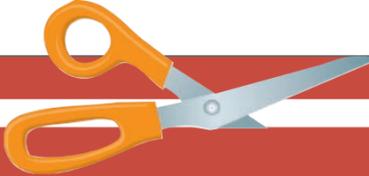
A father is diagnosed with pancreatic cancer. Animal rights activists find opportunities to make facilities better for abandoned pets. An avid hiker yearns for better trails and more wildlife conservation education.

All these people have reasons to donate through the CFC.

I wonder, if I made contributions to charities that could have advanced care for Alzheimer's patients sooner, might my own grandparents have benefitted from some experimental drug? Would that have given me an opportunity to know them better?

I cannot live in hindsight, but I can donate now to a foundation that focuses on medical advances and care in the hopes that my future children don't have to face the same heart-wrenching experiences.

It's high time that I donate. This year when someone asks if I'm donating to the CFC, I will answer with a hearty, “YES!” Will you?



What time do you open?

Airman's Attic
Tuesday: Noon to 5:30 p.m.
Saturday: 10 a.m. to noon.
434-8824

Airman and Family Readiness Center
Monday-Friday: 7:30 a.m. to 4:30 p.m.
434-2790

Auto Hobby Shop
Monday-Friday: 9 a.m. to 5 p.m.
Saturday: 11 a.m. to 4 p.m.
434-7842

Base Exchange
Monday: 10 a.m. to 5 p.m.
Tuesday-Saturday: 9 a.m. to 6 p.m.
Sunday: 11 a.m. to 5 p.m.
434-6013

Base Housing (Pinnacle Hunt)
Monday-Friday: 8 a.m. to 6 p.m.
434-8213

Base Operator
434-1110

Base Pool
General Swim: Noon to 7 p.m.
Lap Swim:
Monday-Friday: 6 to 7:30 a.m., 11 a.m. to 1 p.m., 5 p.m. to 7 p.m.
434-2491
Under renovation, estimated to reopen Memorial Day.
(Open seasonally from May to Labor Day)

Barber Shop
Monday-Friday: 9 a.m. to 5 p.m.
Saturday: 9 a.m. to 4 p.m.
Sunday: Noon to 4 p.m.
434-6699

Bowling Alley Grill
Monday-Thursday: 6 a.m. to 9 p.m.
Friday: 6 a.m. to 10 p.m.
Saturday: 8 a.m. to 10 p.m.
Sunday: 11 a.m. to 4 p.m.
434-3426

Bowling Alley
Monday-Thursday: 7 a.m. to 9 p.m.
Friday: 7 a.m. to 11 p.m.
Saturday: 8 a.m. to 11 p.m.
Sunday: 11 a.m. to 4 p.m.
434-2425

Chapel
Sunday Services
Protestant Traditional Worship Service: 10:45 a.m.
Catholic Confession: 4 p.m.
Catholic Mass: 5:00 p.m.
434-2500

Child Development Center
Monday-Friday: 6:30 a.m. to 5:30 p.m.
434-2479

Columbus Club
434-2489

Commissary
Sunday: Noon to 6 p.m.
Monday: Closed
Tuesday: 9 a.m. to 7 p.m.
Wednesday: 10 a.m. to 6 p.m.
Thursday: 10 a.m. to 7 p.m.
Friday: 9 a.m. to 6 p.m.
Saturday: 9 a.m. to 6 p.m.
434-7109

Custom Framing and Engraving
Monday-Friday: 10 a.m. to 5 p.m.
434-7856

Emergencies
Please call 911 and inform them you are on Columbus AFB

Finance
Monday-Friday: 7:30 a.m. to 3:30 p.m.
434-2705

Fitness Center
Monday-Thursday: 5 a.m. to 11 p.m.
Friday: 5 a.m. to 9 p.m.
Saturday-Sunday: 8 a.m. to 8 p.m.
Holidays: 10 a.m. to 6 p.m.
434-2772

GNC
Monday-Friday: 10 a.m. to 5 p.m.
Saturday-Sunday: 11 a.m. to 5 p.m.
434-5050

Indies
Monday-Friday lunch: 11 a.m. to 1:30 p.m.
Closed at 4 p.m.
434-2419

Legal Office
Monday-Friday: 7:30 a.m. to 4:30 p.m.
Power of Attorney walk-ins from 8 a.m. to 4 p.m., Monday through Friday.
Wills done by appointment only
434-7030

Library
Monday-Thursday: 9 a.m. to 7:30 p.m.
Friday: 9 a.m. to 6 p.m.
Saturday and Sunday: 1 p.m. to 5 p.m.
434-2934

Lodging
434-2548

Medical Appointments
434-2273 (CARE)

Military Family Life Consultants
251-8627

Optical Shop
Monday-Friday: 10 a.m. to 5 p.m.
434-8496

OSI
434-2852

Outdoor Recreation
Monday: 9 a.m. to 5 p.m.
Tuesday: 8 a.m. to noon
Wednesday: 8 a.m. to noon
Thursday-Friday: 9 a.m. to 5 p.m.
Saturday: 8 a.m. to noon
Sunday: 8 a.m. to noon
434-2507

Personnel Customer Service
Monday-Friday: 7:30 a.m. to 3:30 p.m.
434-2626/434-2624

Shopette
Monday-Friday: 7 a.m. to 10 p.m.
Saturday: 8 a.m. to 10 p.m.
Sunday: 8 a.m. to 9 p.m.
434-6026

Subway
Monday-Friday: 7 a.m. to 6 p.m.
Saturday: 9 a.m. to 6 p.m.
Sunday: 10 a.m. to 5 p.m.
434-1369

Taco Bell
Monday: 10 a.m. to 3 p.m.
Tuesday-Saturday: 10 a.m. to 4:30 p.m.
Sunday: Closed
434-1369

Thrft Shop
Tuesdays and Thursdays: 9 a.m. to 1 p.m.
434-2954

Visitors Center
Monday-Friday: 7:30 a.m. to 4:30 p.m.
434-3161

Whispering Pines Golf Course
Every day: 7 a.m. to 7:30 p.m.
Pam's Place lunch: 11 a.m. to 1 p.m.
434-7932

Wood Shop
Wednesday-Thursday: 11:30 a.m. to 7 p.m.
Saturday: 8 a.m. to 4 p.m.
434-7836

Youth Center
Monday-Thursday:
Open Recreation: 3 p.m. to 8 p.m.
(Summer hours: 1 p.m. to 6 p.m.)
Office: 10 a.m. to 6 p.m.
Friday:
Open Recreation: 3 p.m. to 10 p.m. (Teens only 6 p.m. to 10 p.m.)
Office: 10 a.m. to 6 p.m.
434-2504



U.S. Air Force Photo/Airman 1st Class Charles Dickens
The Base Exchange is a place for Airmen to buy their necessities from uniforms to household items.



U.S. Air Force Photo/Airman 1st Class Charles Dickens
The Columbus Air Force Base Bowling Alley is open seven days a week to supply Airmen with food and entertainment.



U.S. Air Force Photo/Airman 1st Class Charles Dickens
An Airman checks in to the front desk at the 14th Medical Group's base clinic.



U.S. Air Force Photo/Airman 1st Class Charles Dickens
An Airman gets assistance with filling out paperwork for updating a life insurance policy at the Military Personnel Flight front desk.