

SILVERWINGS

"Year of the Air Force Family"

Vol. 34, Issue 24

Columbus Air Force Base, Miss.

June 18, 2010

Weather



Today

High: 96, Low: 73
Isolated T-storms



Saturday

High: 97, Low: 73
Partly Cloudy



Sunday

High: 92, Low: 72
Isolated T-storms



Monday

High: 92, Low: 72
Isolated T-storms

News Briefs

Airman's Day Out

"Airman's Day Out" is scheduled for June 18, from 3:00 p.m. to 7:00 p.m. at the base pool. A choice of a burger or bratwurst, chips, a drink, and a raffle ticket will be available for \$5. The raffle prizes will be a \$100 gift card for females and another for males. Additional raffle tickets may be purchased for \$1.

Class 10-11 Assignment Night

Specialized Undergraduate Pilot Training Class 10-11 will hold their assignment night at 5 p.m. tonight at the Columbus Club.

Daedalian's Scholarship Golf Tournament

The Daedalian's Scholarship Golf Tournament will be tomorrow at the Whispering Pines Golf Course. Registration is from 7:30 to 8:30 a.m. with the shotgun start at 8:30 a.m. Walk-ons welcome.

Inside



Feature 10

The 14th Medical Support Squadron Unit is highlighted in this week's feature.



U.S. Air Force photo/Elizabeth Owens
Kirk Williams, Boeing 777 Standards Captain of FedEx, prepares to take off for his T-38C orientation flight, June 11 at Columbus Air Force Base. Mr. Kirk received the flight as part of the Employer Support for the Guard and Reserve.

Senior FedEx leader gets Air Force orientation

Senior Airman Jacob Corbin
14th Flying Training Wing
Public Affairs

A senior employee of Federal Express recently visited Columbus Air Force Base to take a look at the base's missions and a

flight in a T-38 Talon.

Kirk Williams, Boeing 777 Standards Captain for FedEx and 20-year Navy veteran, said FedEx employs a large number of guard and reserve members.

"We have a large military contingent at FedEx and we've always been very sup-

portive of military members," he said.

Mr. Williams said he understood the challenges guard and reserve members face, having served himself.

"It takes a lot of commitment to do what they're doing," he said. "Working

See FLIGHT, Page 2

COLUMBUS AFB TRAINING TIMELINE

PHASE II				PHASE III				IFF				WING SORTIE BOARD			
Squadron	Senior Class	Squadron Overall	Track Select	Squadron	Senior Class	Squadron Overall	Graduation	Squadron	Senior Class	Squadron Overall	Graduation	Aircraft	Required	Flown	Annual
37th (11-04)	7.79 days	0.64 days	Jun. 30	48th (10-11)	-0.69 days	-0.04 days	Jun. 30	49th (10-1B)	1.22 days	0.61 days	Jul. 13	T-6	1,745	1,674	24,144
41st (11-05)	-5.95 days	-5.41 days	Jul. 22	50th (10-11)	-1.27 days	-2.46 days	Jun. 30					T-1	563	634	8,072
												T-38	658	547	7,887
												IFF	120	103	1,652

Graduation speaker: Retired Maj. Gen. Harold Cross, former Adjutant General of Mississippi.

BRIEFS

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School Liaison Officer

The Columbus Air Force Base School Liaison Officer works with local school districts, schools, parents and students on issues related to elementary and secondary education for the children of ALL personnel (civilian, military and contractor) assigned to the installation. As parents of school age children are aware, there are many unique issues our children face as they transition to new schools. The role of the School Liaison Officer is to assist families ensure their children receive the best possible education regardless of where they attend school. For assistance, please contact the School Liaison Officer at 434-2792 or via email at slo@columbus.af.mil.

Retiree Activities Office

The 14th Flying Training Wing Commander is soliciting applicants to lead the Retiree Activities Office on Columbus Air Force Base. The Retiree Activities Office Director supports the commander and is the liaison with our retiree community to include retirees, spouses, widows and widowers. The Director publishes local retiree newsletters, coordinates staff for volunteer efforts, maintains pertinent information for our retiree community, and works with the Wing to plan and execute an annual retiree appreciation day. If you are interested in applying to be the Retiree Activities Office Director, please contact Capt. Terry Wagner at 434-2616 for additional information.

Library Story Time

The base library will hold Story Time on Wednesday from 10 a.m. to 10:30 a.m. Story Time will continue to be held each week.

Education Counseling Hours

Education counseling (CCAF, Bachelor's/Master's programs, Tuition Assistance, etc.) is now available Mondays and

Wednesdays from 1 p.m. to 4 p.m. by appointment only. Please contact Edward Hodge at 434-2562 to schedule.

Attention All Deployers

The 14th Communications Squadron has a new system which allows you to place "free" telephone calls back home from your deployed location via DSN. You can call every day or once a week; whichever you prefer (allotted time is 3.5 hours a week). Pin numbers are required and can be picked up along with instructions from the Telephone Systems office located in Building 900, Room 9. Please call 434-2020 for additional information.

DRMO as a source of supply

Authorized personnel may retrieve property that is marked for DRMO Facilities only if they are still physically located in Base Supply. For more information, call the Inspection Section at extension 434-7233 to review the property, Stock Control at 434-7198 to check for authorization and Customer Support at 434-7178 to order the property. All other DRMO processing is done via the Web at: www.drms.dla.mil.

Do you have a supply problem?

Do you need status on an item you ordered? Did you receive the wrong part? The Customer Support section is the single point of contact when requiring assistance on supply related matters. For assistance, you may contact Customer Support at 434-7178.

Attention Supply Customer

If you are looking for that special piece of equipment or furniture for your office, your point of contact is the Inspection Section of Base Supply. Inspection maintains the Last Look Area, which has used equipment and furniture turned in from other organizations that no longer have a need for the items. All items in the Last Look Area are available without charge to your organization. For more information, you can contact the Inspection Section at extension 7233 or 7234.

Zero overpricing program-incentive awards

Overpricing is an issue everyone should be working. All personnel are encouraged to participate, and will be rewarded for any tangible savings resulting from their price challenge. Monetary awards will be given in accordance with AFI 38-401, The Air Force Innovative Development Employee Awareness (IDEA) Program. Advice and guidance are available by calling the Customer Support section of Base Supply, located in Building 158, at 434-7178.

Airman and Family Readiness Center

(Editor's note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of the activities listed, call 434-2790 or email afr@columbus.af.mil.)

Bundles of Joy day change

Bundles of Joy will now be held June 22 from 1 p.m. to 3 p.m. at the AFRC. It is for active duty military and/or spouses assigned to Columbus AFB who are pregnant or have a child up to 4 months of age. Info speakers on finances, labor & delivery, and infant care, this is an Air Force Aid Society program.

Hearts Apart with Cook It Up

Hearts Apart social gathering with information, refreshments, and prizes for families of deployed (over 30 days) or remote personnel. June 15, 4:30 p.m. to 6:30 p.m. Advance registration required, call 434-2790.

Pre-Separation Counseling (DD Form-2648)

Mandatory briefing for personnel separating or retiring. Briefing should be completed at least 90 days prior to separation and may completed up to 12 months prior to separation or

retirement. Counseling held daily at 8:30 a.m. and takes approximately 30 minutes.

Pre and Post Deployment Tour Brief

Mandatory briefings for active duty personnel who are deploying or returning from deployment or a remote tour. Briefings are held daily at the AFRC; Pre-deployment at 9:30 a.m. and post-deployment at 1:30 p.m., 434-2790.

Newcomers Orientation

The next Newcomer's Orientation will be June 22 from 8 a.m. to 4 p.m. at the AFRC.

Chapel Schedule**Wednesday Evening Adult Bible Study**

The CAFB Chapel will be holding a variety of Adult Bible Studies from 6 p.m. to 7:30 p.m. A Pot Luck dinner will be served at 5 p.m., please bring a side dish or dessert to share if you are able. Please call the Chapel at 434-2500 for a list of studies.

Protestant Worship Service

Sunday:
9 a.m. — Adult Sunday School
10:45 a.m. — Traditional Worship Service (Children's Church)

All are invited to a fellowship luncheon following the 10:45 a.m. service the fourth Sunday of each month.

Catholic Services

Tuesday
6:30 p.m. — Choir Practice
Sunday:
3:30 p.m. — Religious Education, grades K-9
3:45 p.m. — Choir Practice
4:30 p.m. — Confession
5:00 p.m. — Mass
6:00 p.m. — RCIA

AROUND TOWN**Hitching Lot Farmer's Market**

Open Tuesday and Thursdays from 6:00 a.m. until 10:00 a.m. and open Saturdays from 7:00 a.m. until 10:00 a.m.

Actors and Technicians Needed

Columbus Arts Council is looking for actors and technicians for the September 8 to 11 run of Tennessee Williams' Sweet Bird of Youth. If interested, contact Brook Hanemann at 662-889-5746.

Columbus-Lowndes Humane Society seeking volunteers

The Columbus-Lowndes Humane Society is seeking volunteers and foster homes. We are a non-profit and we depend on donations to operate. If you would like to help volunteer, foster, or donate; please call 662-327-3107.

Visit us online! www.columbus.af.mil

2009 Drinking Water Quality Report — Columbus AFB

Spanish (Español)
Este informe contiene informacion muy importante sobre la calidad de su agua potable. Por favor lea este informe o comuniquese con alguien que pueda traducir la informacion.

Is my water safe?
Last year, as in years past, your tap water met all U.S. Environmental Protection Agency (EPA) and state drinking water health standards. Columbus Light and Water and Columbus Air Force Base vigilantly safeguards its water supplies and once again we are proud to report that our system has not violated a maximum contaminant level or any other water quality standard.

Do I need to take special precautions?

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/Centers for Disease Control (CDC) guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Water Drinking Hotline (800-426-4791).

Where does my water come from?
The base water supply is treated and distributed by Columbus Light and Water Company (CL&W). The water is drawn from eight wells supplied by the Coker Aquifer, a ground-water source, and is stored in various places on base, e.g. water towers. No further treatment is done by base personnel.

Source water assessment and its availability

The source water assessment has been completed for our public water system to determine the overall susceptibility of its drinking water supply to identify potential sources of contamination. This source water assessment can be found in the Columbus Light and Water July 2010 newsletter.

Why are there contaminants in my drinking water?

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's (EPA) Safe Drinking Water Hotline (800-426-4791).

Contact Information
If you have any questions, please contact Columbus Light and Water at: 662-251-4512, Monday through Friday from 8:00 AM-5:00 PM, and

ask for Steve Barksdale. If you want to learn more, please attend any of Columbus Light and Water's regularly scheduled meetings. Meetings are held on the third Thursday of each month at 12:30 PM at 420 Fourth Avenue South (CL&W Main Office).

Answers to questions about Columbus AFB water can also be directed to Bioenvironmental Engineering (BE) at 434-2285.

Water Conservation Tips

Did you know that the average U.S. household uses approximately 400 gallons of water per day or 100 gallons per person per day? Luckily, there are many low-cost and no-cost ways to conserve water. Small changes can make a big difference – try one today and soon it will become second nature.

Take short showers - a 5 minute shower uses 4 to 5 gallons of water compared to up to 50 gallons for a bath.

Shut off water while brushing your teeth, washing your hair and shaving and save up to 500 gallons a month.

Use a water-efficient showerhead. They're inexpensive, easy to install, and can save you up to 750 gallons a month.

Run your clothes washer and dishwasher only when they are full. You can save up to 1,000 gallons a month.

Water plants only when necessary. Fix leaky toilets and faucets. Faucet washers are inexpensive and take only a few minutes to replace. To check your toilet for a leak, place a few drops of food coloring in the

tank and wait. If it seeps into the toilet bowl without flushing, you have a leak. Fixing it or replacing it with a new, more efficient model can save up to 1,000 gallons a month.

Adjust sprinklers so only your lawn is watered. Apply water only as fast as the soil can absorb it and during the cooler parts of the day to reduce evaporation.

Teach your kids about water conservation to ensure a future generation that uses water wisely. Make it a family effort to reduce next month's water bill!

Visit www.epa.gov/watersense for more information.

Source Water Protection Tips

Protection of drinking water is everyone's responsibility. You can help protect your community's drinking water source in several ways:

Eliminate excess use of lawn and garden fertilizers and pesticides – they contain hazardous chemicals that can reach your drinking water source.

Pick up after your pets.

If you have your own septic system, properly maintain your system to reduce leaching to water sources or consider connecting to a public water system.

Dispose of chemicals properly; take used motor oil to a recycling center.

Volunteer in your community.

Find a watershed or wellhead protection organization in your community and volunteer to help. If there are no active groups, consider starting one. Use EPA's Adopt Your Watershed to locate groups in your community, or

visit the Watershed Information Network's How to Start a Watershed Team.

Organize a storm drain stenciling project with your local government or water supplier. Stencil a message next to the street drain reminding people "Dump No Waste - Drains to River" or "Protect Your Water." Produce and distribute a flyer for households to remind residents that storm drains dump directly into your local water body.

Additional Information for Lead

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. Columbus Air Force Base is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at <http://www.epa.gov/safewater/> lead.

Term	Unit Description
ug/L	ug/L : Number of micrograms of substance in one liter of water
ppm	ppm: parts per million, or milligrams per liter (mg/L)
ppb	ppb: parts per billion, or micrograms per liter (µg/L)
pCi/L	pCi/L: picocuries per liter (a measure of radioactivity)
positive samples/month	positive samples/month: Number of samples taken monthly that were found to be positive
NA	NA: not applicable
ND	ND: Not detected
NR	NR: Monitoring not required, but recommended.

The deadline for submitting ads is noon Monday before the desired publication date. Ads turned in after the deadline will run the following week. Ads can be mailed to or dropped off at the public affairs office in the 14th Flying Training Wing Headquarters building, e-mailed to silverwings@columbus.af.mil or faxed to 434-7009. Calling Ext. 7068 by noon Monday can extend the run date of ads already submitted. Silver Wings reserves the right to limit ads based on content, space and frequency of requests. Advertisements for private businesses or services providing a continuous source of income may not appear in the Bargain Line. They may, however, be purchased through the Commercial Dispatch, 328-2424.

Homes

For sale: Great 3/2 brick home just outside of Caledonia city limits. Open floor plan with 10 ft. ceilings throughout, wood laminate and ceramic tile flooring, gas fireplace, wood blinds, laundry room, pantry, large covered patio w/ceiling fans, two-car carport w/attached workshop, on circle drive. Must sell due to military move. For photos and contact information, visit www.fsbo.com, listing #138068.

For rent: Oakdale Park Home three Bedrooms, two Bath. Approximately 1,500 square feet. New carpet, new countertops, outside bar area with hot tub, and a wired shed. All appliances stay. 38 Shadow Canyon Cv. \$1,200.00 monthly available on July 15. Call Ben at (662)-425-6890

Open house: 15 Watling Way on Sunday, June 13 from 2 p.m. till 4 p.m. Three bedroom, two bathroom home on a corner lot in Sherwood Forest subdivision. 2,125 square feet. Walk-in closets in every bedroom, eat-in kitchen, formal dining room, large family room with vaulted ceiling and fireplace. Heated & cooled sunroom is great space for a playroom or office. Hardwood floors, ceramic tile, and carpet. Crown molding and wood blinds in all rooms. Plenty of storage space. Fully fenced backyard with secured boat or camper parking, kids playset, and fire pit. Outdoor dining under the

shade of a pergola. Attached two-car garage with separate work and storage areas. \$179,900. For more information and access to virtual tour, call (662)-798-4413 or email stewarts4LSU@gmail.com.

For sale: Beautiful home situated on 3.8 acres in a very desirable New Hope neighborhood. Approximately 2,800 square feet. 13 rooms to include 3 spacious bedrooms, bonus room, living room, office, and den. Two and one half bathrooms. Hardwood, carpet and ceramic tile flooring, crown molding, plenty of storage space. Approximately one acre of fenced yard with large wired shop. One year home warranty. Serious enquiries only: \$289,900. Please call (662) 240-0226.

For rent: 523 3rd Street South in historic south side Columbus. Two bedroom and two bathrooms, living room, dining room, sunroom, and modern kitchen. \$900.00 per month. Call 328-6850 or 251-6850.

Land for sale: 2.1 acres on Wood Road in Caledonia. Ready to build! Call 356-6844 after 6 p.m.

For sale or rent: Spacious bedroom two bath home in New Hope. 2,370 square feet open floor plan with wood laminate and ceramic tile flooring. Formal dining room, bonus room, laundry room, large bathrooms, pantry, covered patio, privacy fence, and 2-car garage. \$160,000. Willing to rent \$1,200 per month. Call (662)-418-3592 or email dwilson@eastms.edu.

For sale: 53 Lakeover Drive East in New Hope Lakeover Estates. 1,916 square feet with three bedrooms, two full bathrooms, living room, and master suite. \$150,000. Contact Michael at 662-425-7022 or (662)-329-2033.

Transportation

For sale: 2003 Hummer H2. Original owner, low miles, all service records, many extras, heavy duty brush guard, lights, 12,000lb winch (never used). Currently on the resale lot with original window sticker & long list of extras. Priced for quick sale, \$19,900 or best offer. For more

information (618)-558-0789.

For sale: 2000 Chrysler Town and Country LXi Minivan, loaded, leather seats, power seats and power windows. Seven passenger, regular maintenance with receipts and dates of service, extra nice condition. Gold with tan interior. Price is \$6,000, is negotiable. Call 356-4292.

For sale: 2005 Chevrolet Uplander Van, loaded, leather, power seats, heated seats, power sliding doors. Excellent condition, 93,000 miles. Well below retail at \$8,500. 549-5016.

For sale: 94 ford ranger xlt 203,300 miles \$1,000.00 or better offer. Call (443)-398-6556.

For sale: 2007 KTM 450 EXC, on and off road legal. Only 600 miles. Just serviced. Excellent condition. \$5,250 or best offer. Call (808)-221-2005.

For sale: 2008 Honda CBR1000RR, only 450 miles, full exhaust, over \$4,000 in extras! \$9,250 or better offer. Call (808)-221-2005.

For sale: 2000 BMW R1200C, cruiser, black with pinstripes. 11,500 miles. Recently serviced. Excellent condition. \$6,450 or best offer. (808)-221-2005.

For sale: 2005 Triumph Rocket III, Black with lots of extras! 6,800 miles. Excellent condition. \$9,250 or best offer. (808)-221-2005.

For sale: 2004 Lincoln Towncar Ultimate, 4.6L V8 engine. Fully loaded. 74,000 miles. Tan leather seats, sunroof, heated seats, wood grain, alloy wheels and many more. Ivory with tan interior. Free Carfax included. Has 2.5 years dealer's warranty. In excellent condition. \$14,500. Call (662)-425-4953.

For sale: 2006 Victory Hammer motorcycle with less than 5,000 miles on it. Performance exhaust, side mounted license plate, 300mm rear tire, 1624 cc engine with a six speed transmission. Many other extras, excellent condition. Performs like a street bike, cruises like a Harley! (719)-330-3758.

www.columbus.af.mil

Miscellaneous

For sale: Tan leather couch and loveseat in great condition. \$700 for pair or better offer. Will sell individually. For more information call (803)-468-3041.

For sale: Girls 20" bike with white tires, purple seat, and purple and hot pink trim, \$25 or best offer. 20" boy's trick bike (Mongoose brand) gold also for sale, \$40 or best offer. Call 356-6674 or (662)-574-8253.

For sale: Five kitchen chairs with white backs and legs and oak seats. \$20 each or \$75 for all. Call 356-6674 or (662)-574-8253.

For sale: Two bars stools with white legs and oak seats. 23" tall. \$15 each or \$25 for both. Call 356-6674 or (662)-574-8253.

For sale: Two Concrete flower pots \$10 each. Southern living double duty pot rack and shelf \$80. Southern living at home decorative wall art \$45. Call 549-1381.

For sale: Arithmetic 2, Language 2 (3rd Edition), Letters and Sounds 2(3rd Edition), Spelling & Poetry (3rd Edition) \$5 each. Spelling 1 (4th Edition), Letters and Sounds 1, Language 1, and Arithmetic 1 \$5 each. Tests: Key-Letters & Sounds 1, Letters & Sounds 2 \$3 each. Tests and Speed Drills: Arithmetic 1, Arithmetic 2-\$3 each. Please call Hannah at (662) 434-6973

For sale: Washer and dryer for Sale: High efficiency, front load washer and standard dryer. Less than two years old. \$600 or best offer. Call: (254)-715-1498

For sale: Chain Link Fence with two gates. Fence is 130 feet in length \$150. PCSing soon Contact Steven Payne (601)-900-8005.

For sale: 20" black boss wheels and tires. \$1,300.00 or best offer. Call (443)-398-6556

For sale: Louis L'Amour Western paperbacks, Sacketts series and others. Approximately 80 titles. \$0.75 each, lots of 10 for \$6.00, lots of 20 for \$10.00. Call 329-4325 after 5 p.m. or 352-4278.

For sale: New Nature Purest high chair, \$65. New PSP ultimate travel kit, \$8. New PSP Final Fantasy video

game. Hamilton Beach Prep Star food processor, \$25. Baby bedding set, includes comforter, bumper, fitted sheet, bed skirt and two pillows, \$25. Please call (662)-425-4953 or (337)-274-5479.

For sale: Toro weed trimmer and brush cutter \$50, large Kenmore stainless steel gas grill \$75, Bolens riding lawn mower \$450, two large area rugs (8x11) and(5x8) \$75 for both, Charcoal smoker \$30, china cabinet, table and 6 chairs \$350, "new" sofa \$100, set of dishes (serves 8) \$25, all items are in like new condition, PCSing and must sell, listed price or best offer. Call 570-1767.

For sale: Nordic Track Treadmill, used only few times, paid \$1,140 will sell for \$400, warranty good until May 2012. PCSing and must sell. Call 570-1767 anytime.

For sale: Graco travel system-stroller, base, car seat, good condition \$35 or best offer. Solid wood coffee table, mission style, \$25 or best offer. Contact 425-8616.

Pets

For a loving family: Two English bulldog puppies, male and female, for any caring and loving family ready to spoil them with much love. Contact the Andrews family at j.andrew47@gmail.com.

For sale: Border collie puppies for sale. Black, white & merels. \$550. Call (662)-434-8556.

For sale: Cocker spaniel pups. \$150 - \$250 each. Call (662)-356-6957

Expedition double jogger, great condition, \$60 or best offer.

Saturday Yard Sales

Yard sale: 16 Roanoke Cir, 7:30 a.m. to 1 p.m. Furniture, clothing, and misc.

Yard sale: 5206B Lowndes Ave. June 19, from 7:30 to 11 a.m. Brand new baby bottles, baby, men and women's clothing, shoes, baby bedding sets, pregnancy books, Medela pump, cell phones, new high chair, beanie babies, movies, toys, bedding sets, kitchen appliances, video games, Christmas tree, yard decorations and more.

Base News

Health Consumer's Forum

The 14th MDG is seeking feedback from patients utilizing our services. Please join us for our quarterly consumer's forum on June 23 at 11:30 a.m. in the Happy Lounge at the Columbus Club to share your experiences with clinic services. For more information, please contact 1st Lt. Adam Irvin at 434-2297.

IDEA Program

The Air Force Innovative Development through Employee Awareness is looking for submissions of individual, group, or team ideas about how the Air Force can accomplish something more efficiently. Cash rewards for ideas are possible. Visit <https://ipds.randolph.af.mil> or call Tech. Sgt. Angela Coleman at 434-2388.

Ten great dates

Family Advocacy is hosting "Ten Great Dates." The program features memory-making dates built on key, marriage-enriching themes such as: communication, conflict, encouragement, creative love life, and balancing the roles of parent and partner. After a short video that sets the stage for discussion, couples are sent out for their own private dates. The program will run one Saturday per month. The first date in the new series is scheduled for Saturday, June 12 at 6:00 p.m. at the Services Complex. To register, contact Traci Aldridge or LaChunda Sparks with the Family Advocacy Program at 434-2197 or by emailing lachunda.sparks@columbus.af.mil.

Military personnel

Whenever you move your residence (including from one base residence to another), it is important to update your new address as well as your Virtual Record of Emergency Data (vRED) in Virtual Military Personnel Flight (vMPF). It is vital that your dependent's emergency contact information always remain current in vRED.

vMPF may be accessed via the Air Force Portal or the AFPC Secure Applications website. To update one's address in vMPF, select Self-Service Actions, Personal Data, Record Review/Update, Individual, and then click on the blue links to update your data. To update one's vRED, there is a link at the bottom left of the vMPF main page. If you have any questions, please contact the AFPC Total Force Center at DSN 665-5000.

MPS Training dates require appointments

The Military Personnel Section(MPS) in building 730 will hold in-house training on

SUPT Class 11-10 welcomed by local community



U.S. Air Force photo/Sonic Johnson
Specialized Undergraduate Pilot Training Class 11-10 Assistant Senior Ranking Officer Capt. Gabe Taylor, Senior Ranking Officer Capt. Sean McKee and Afghan National Army Air Corps Lt. Muhammad Azimy, listen as Stark Aerospace CEO Mr. David Eudy explains the capabilities of their remotely piloted vehicle at their community welcome Wednesday night. Stark and CJ's Pizza as 11-10 class partners at the welcome, hosted by the Air Force Association and the Columbus-Lowndes Development Link.

Tuesday and Thursday afternoons during Night Flying Weeks. They will utilize appointments only on these days to accommodate this necessary training. If you have any questions, contact the MPS Supt, Master Sgt. Heng, at 434-2611.

Notice and Consent General Notice:

The Air Force uses information technology such as telephones, cellular phones, radios, facsimile, information systems, networks, and other wired or wireless electronic devices to conduct day-to-day official business. All DoD telecommunications systems and information systems are subject to monitoring for authorized purposes as prescribed by DoDI 8560.01. The Air Force, as mandated by DoD policy, must provide authorized users of telecommunications systems and devices general notice that monitoring is conducted and that use of the system or device constitutes consent to moni-

toring.

1.) Notice and Consent Banners must be displayed (at Login) on all Govt. Network Computer Systems, including Stand-Alone computers.

2.) DD Form 2056s (red stickers) must be on all Govt. Telephones/Fax Machines.

The AF Notice and Consent program is covered in AFI 33-219. For questions/concerns please contact your Unit's IAO or Wing Information Assurance (IA) Office at 434-3194.

AETC Civilian Tuition Assistance

To be eligible for Civilian TA, the civilian employee must be an appropriated fund, permanent AETC employee or in a term position with more than one year before the "not to exceed" date. Temporary employees will be considered on a case-by-case basis. AETC civilians can use up to \$4,500 per fiscal year.

Civilians are restricted to ONE course per term, and the per semester hour tuition cap is \$250. Courses must be Air Force mission-related. Call the Education Center at 434-2562/2563 or send an email to edward.hodge@columbus.af.mil for more information.

Base Thrift Shop

The Base Thrift Shop is open on Tuesdays & Thursdays from 9:00 a.m. - 1:00 p.m. Consignments till 12 p.m. Please visit the Thrift Shop for more information on consignments. Donations are accepted and very much appreciated. They can be dropped off anytime in the donation shed. The Thrift Shop is non-profit and all proceeds benefit CAFB Community. It is located in Bldg/ 345, Imes Street (next to Youth Center), Phone: 434-2954.

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Water Quality Data Table

The table below lists all of the drinking water contaminants that we detected during the calendar year of this report. The presence of contaminants in the water does not necessarily indicate that the water poses a health risk. Unless otherwise noted, the data presented in this table is from testing done in the calendar year of the report. The EPA or the State requires us to monitor for certain contaminants less than once per year because the concentrations of these contaminants do not change frequently.

Contaminants	MCLG or MRDLG	MCL TT, or MRDL	Your Water	Range		Sample Date	Violation	Typical Source
				Low	High			
Disinfectants & Disinfectant By-Products (There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants)								
Haloacetic Acids (HAA5) (ppb)	NA	60	80	NA		2009	No	By-product of drinking water chlorination
TTHMs [Total Trihalomethanes] (ppb)	NA	80	7.58	NA		2009	No	By-product of drinking water disinfection
Chlorine (as Cl2) (ppm)	4	4	1.32	0.93	1.63	2009	No	Water additive used to control microbes

Inorganic Contaminants								
Barium (ppm)	2	2	0.019249	NA		2009	No	Discharge of drilling wastes; Discharge from metal refineries; erosion of natural deposits
Fluoride (ppm)	4	4	0.8	NA		2009	No	Erosion of natural deposits; Water additive which promotes strong teeth; Discharge from fertilizer and aluminum factories
Nitrate [measured as Nitrogen] (ppm)	10	10	0.2	NA		2009	No	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits
Nitrite [measured as Nitrogen] (ppm)	1	1	0.05	NA		2009	No	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits

Microbiological Contaminants								
Coliform (positive samples/month)	0	1	1	NA		2009	No	Naturally present in the environment

Contaminants	MCLG	AL	Your Water	Sample Date	# of Samples Exceeding AL	Exceeds AL	Typical Source	
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Radioactive Contaminants								
Uranium (ug/L)	0	30	0.041	2009		NA	No	Erosion of natural deposits
Radium (combined 226/228) (pCi/L)	0	5	0.504	2009		NA	No	Erosion of natural deposits
Alpha emitters (pCi/L)	0	15	1.05	2009		NA	No	Erosion of natural deposits

Inorganic Contaminants									
Your Sample	# Samples Exceeds	Contaminants	MCLG	AL	Water	Date	Exceeding AL	AL	Typical Source
Copper	action level at consumer taps	(ppm)	1.3	1.3	0	2007	0	No	Corrosion of household plumbing systems; Erosion of natural deposits
Lead	action level at consumer taps	(ppb)	0	15	2	2007	0	No	Corrosion of household plumbing systems; Erosion of natural deposits

For more information please contact: Address:
 Contact Name: 201 Independence Dr. Suite 114
 Bioenvironmental Engineering Columbus AFB, MS 39710
Phone: 662 434 2285 Fax: 662 434 2515

BLAZE Team members selected for promotion to technical sergeant

Senior Airman Jacob Corbin
14th Flying Training Wing Public Affairs

Fifteen BLAZE Team staff sergeants were selected recently for promotion to the next enlisted grade.

Those staff sergeants selected for promotion were as follows:

Melanie Hall, 14th Communications Squadron; **Gabriel Hernandez**, 14th Operations Support Squadron; **Heather Hildrich**, 14th Civil Engineer Squadron; **Fitzporter Kidd**, 14th Security Forces Squadron; **Corey Langford**, 14th OSS; **Jason McAlpin**, 14th OSS; **Brandy Mendiola**, 14th Medical Operations Squadron; **Aubrey Mitera**, 14th Medical Support Squadron.

Jason Ohara, 14th SFS; **Jackson Polivick**, 14th OSS; **Richard Rhodes**, 14th OSS; **Latoya Saxton**, 14th CS; **Kenneth Scheele**, 14th OSS; **Stephen Strouse**, 14th SFS; and **Brandon Ward**, 14th CES.

The Air Force selected 7,752 of 37,185 eligible staff sergeants for promotion to technical sergeant for a selection rate of 20.85 percent.

The average score for those selected was 317.63, with an average time in grade and an average time in service of 5.65 years and 10.69 years, respectively. The average score was based on the following point averages: 133.11 for enlisted performance reports, 5.32 for decorations, 71.24 for the promotion fitness examination and 56.56 for the specialty knowledge test.

Those selected for technical sergeant will be promoted according to their promotion sequence number beginning August 2010.

(Information from an article found on www.af.mil was used in the writing of this story).

Notice of Accreditation Survey for the 14th Medical Group

The Accreditation Association for Ambulatory Health Care, Inc. (AAAH/ Accreditation Association) will conduct an accreditation survey of the 14th Medical Group from July 20-23.

The survey will be used to evaluate the organization's compliance with AAAHC standards for ambulatory health care and to determine if accreditation should be awarded to, or retained by, the organization.

Through an emphasis on education and consultation, the ultimate purpose of the accreditation process is to improve the quality of health care delivered by this organization.

The above named organization has voluntarily requested this survey as a means of having a review of the entire organization to build upon strengths or identify opportunities to improve the delivery of quality health care.

Members of the general public, patients, and individuals on the staff of this organization, believing that they have pertinent and valid information about this organization's provision of health care or compliance with AAAHC standards, may request an information presentation with AAAHC surveyors at the time of the survey for the purpose of presenting such information, or may communicate such information in writing or by telephone to the AAAHC. All information received from identified individuals at or prior to the survey will be considered in making the accreditation decision. The information presented will not be debated with the reporting

individual.

Requests for presentation must be received at least two weeks prior to the survey in order to allow sufficient time to schedule the presentations.

Requests for public information presentations or reporting of pertinent and valid information may be communicated in writing or by telephone to AAAHC at the following address and telephone number:

Accreditation Association for Ambulatory Health Care, Inc.

5250 Old Orchard Road, Suite 200

Skokie, IL 60077

Telephone 847/ 853-6060

FAX 847/ 853-9028

This Notice of Accreditation Survey is posted in accordance with AAAHC requirements, and may not be removed until after the survey.

**June 1, 2010, Col. Diane L. Fletcher,
Commander, 14th Medical Group**

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Revised 1/2010*

Air Force officials ban use and possession of spice, mood-altering substances

WASHINGTON — Air Force officials issued guidance banning the knowing use and possession of any substance, other than alcohol or tobacco, that is ingested to alter mood or function.

On June 8, the Air Force published an Air Force guidance memorandum revising Air Force Instruction 44-121, Alcohol and Drug Abuse Prevention and Treatment Program, said Lt. Col. Elizabeth L. Schuchs-Gopaul, a judge advocate with the Air Force Judge Advocate General Action Group.

The revised language makes punitive the prohibition in the current Air Force Instruction regarding the ingestion of any substance, other than alcohol or tobacco, for the purpose of altering mood or function. The possession of any intoxicating substance, if done with the intent to use in a manner that would alter mood or function, is also prohibited, she said.

The guidance cited the designer drug "spice," salvia divinorum, inhalants, household chemicals, solvents and prescription drug abuse.

Colonel Schuchs-Gopaul said the new AFI provisions are punitive. Violators will be punishable as violations of a lawful general regulation under Article 92 of the UCMJ.

"This revision is an addition to the already existing tools used by commanders to address the abuse of otherwise lawful substances such as salvia, inhalants, propellants, solvents, household chemicals, and other substances used for 'huffing,'" Colonel Schuchs-Gopaul said.

Violating this new punitive memorandum is punishable by a dishonorable discharge, confinement for two years, total forfeiture of all pay and allowances, the colonel said. Enlisted members also face reduction to the lowest enlisted grade.



Air Force officials ban mood-altering substances.

U.S. Air Force illustration

Family members can help keep each other safe this summer

1st Lt. Kathleen Ferrero
Air Mobility Command
Public Affairs

SCOTT AIR FORCE BASE, Ill. — He walked past two Airmen operating a dump truck.

Minutes later, one Airman accidentally crushed the other to death with the truck's tail gate.

The ensuing investigation marked the first time in Master Sgt. Kenyon Luthi's safety career that he discovered how important his job is.

"Having been there moments before it happened, and then seeing what these guys meant to each other — they hung out four or five days a week, and both were married and had kids — that was hard," said Sergeant Luthi, an AMC Ground Safety Inspector.

"(With the investigation), we had to come up with something of value," he said. "It had to mean something. Not just for the family members, but for people working in the same conditions. Now it's a part of formal

training for civil engineer folks."

Making lessons count and applying sound risk management decisions is everyone's responsibility.

That's why the Air Force is celebrating National Safety Month this month by combining it with Year of the Air Force Family and including family members in the effort to prevent accidents during summertime, when mishaps tend to spike.

"The Air Force needs our help to keep our Airmen safe," said the wife of a staff sergeant during an Air Force Safety Center video. "We as family members should influence our Airmen's behavior where the risk is greatest: when they are off duty."

By combining National Safety Month with Year of the Air Force Family, officials are hoping to drive safety lessons home through involving key spouse groups and using other initiatives.

"We're asking family members to be involved with active duty members' awareness of safety — traffic, seat belts, drinking and driving, all issues killing our Airmen,"

said Mark Erpelding, the AMC Ground Safety Division Chief. "If they're involved, they may be able to interject and stop that from happening."

He said focusing on three things can help prevent accidents this summer: drive safely; drink responsibly; and play intelligently.

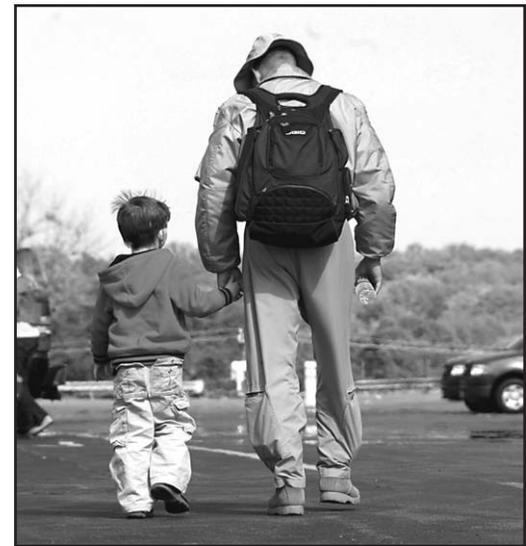
Private motor vehicle accidents are the number one killer of Airmen, Sergeant Luthi said.

"With driving, it's about control," he said. "Drive at a reasonable amount of speed, so you'll be able to react better to a dangerous situation."

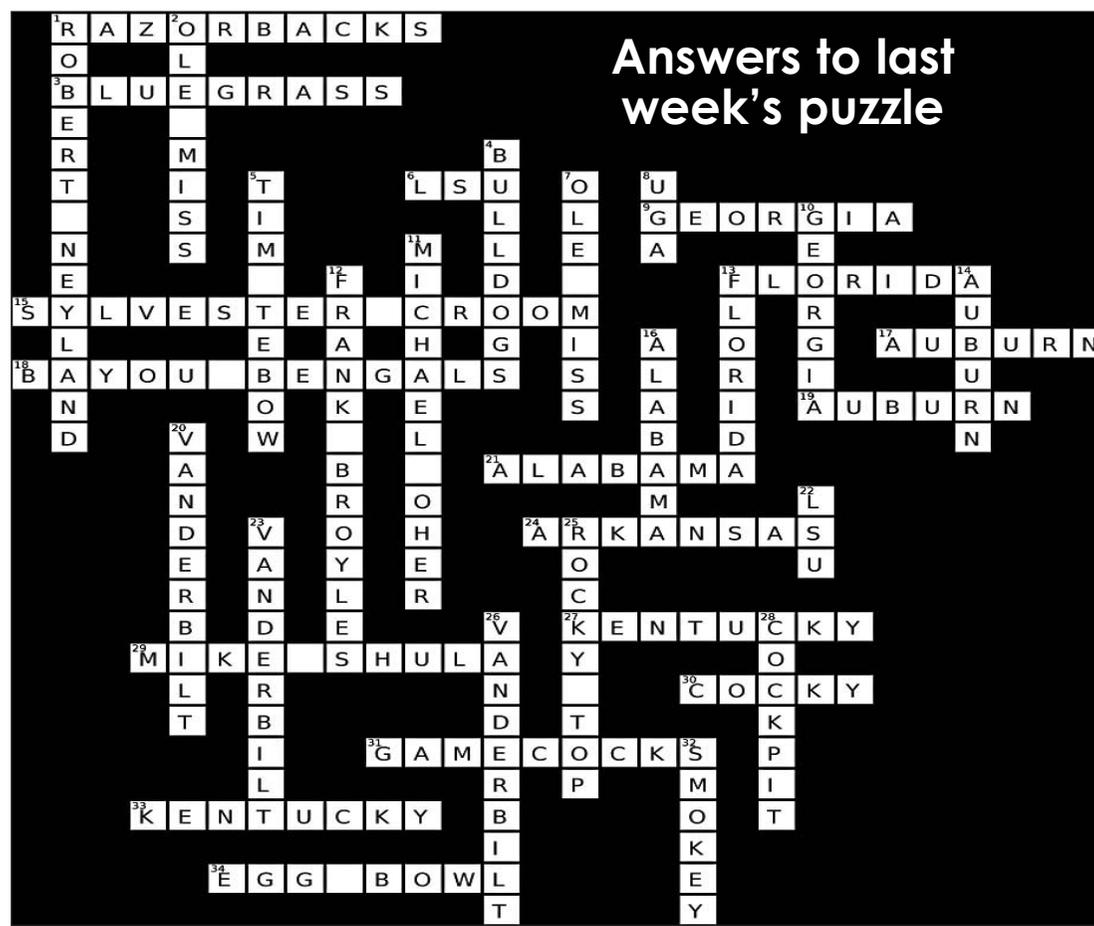
With mishaps involving alcohol, the people involved are "almost always hurt or killed because there was no plan involved," Sergeant Luthi said.

"They have a good idea of what they're going to do when they go out. They just don't plan to get themselves out of a bad situation," he said.

Summer is the perfect time to get out and play, but this can easily lead to injury, he said. Have fun; just eliminate unnecessary risk.



U.S. Air Force photo/Tech. Sgt. Brian E. Christiansen
Air Force officials are celebrating National Safety Month this month by combining it with Year of the Air Force Family and including family members in the effort to prevent accidents during summertime, when mishaps tend to spike.



Air Force announces AFROTC detachment commander vacancies

Staff Sgt. Steve Grever

RANDOLPH AIR FORCE BASE, Texas — Opportunities are available for officers to fill Air Force ROTC detachment commander positions throughout the nation.

Air Force Personnel Center assignment teams will review developmental team recommendations to determine the release of eligible officers to compete for AFROTC detachment commander vacancies. Eligible officers include lieutenant colonels and lieutenant colonel selects as of Sept. 9, 2010.

Air Education and Training Command officials are looking for line of the Air Force officers with a superior performance record and a master's degree to apply.

Detachment commander duty is a two-year controlled tour. Tentative position matches will be made based on applicant ranking, university requirements and applicant preferences.

Applicants can submit their statements of intent through the Airmen Development Plan online at AFPC's secure applications Web page at <https://w20.afpc.randolph.af.mil/AFPCSecureNet20/PKI/MainMenu1.aspx>. SOIs must be submitted by July 9.

A complete list of projected summer vacancies and application instructions are available on the 91C assignments Web page on the AFPC personnel services website at <http://gum.afpc.randolph.af.mil>. For more information, call the Total Force Service Center at 800-525-0102.

Departments cooperate on electronic health records

Army Sgt. 1st Class Michael J. Carden
American Forces Press Service

ARLINGTON, Va. — The nation may never become entirely “paperless” in the way it documents patient medical records, but the military and veterans health care communities are on the right path and have the technologies in place to one day be very close, officials said last week.

“There was a time that we didn’t have anything really electronic,” Army Maj. Frank Tucker, a physician’s assistant and chief systems architect for the Military Health Systems’ Joint Medical Information System, said at a June 11 electronic health records open house held here. “But we’ve evolved from there with 100 percent deployment of our outpatient electronic records ... [and] are now on a path toward completing [inpatient electronic records] deployment.”

Major Tucker was part of a panel at the event that discussed advances and plans the Defense and Veterans Affairs departments have in electronic health records. The open house featured some of the latest tools the military uses to digitally input and track troops’ medical information.

First responders on the ground in Afghanistan now have the capability to process troop health information from the heat of battle to a theater-level hospital in real time. Data can be exchanged and updated all the way up the chain to regional facilities, such as Landstuhl Regional Medical Center in Germany, and to Walter Reed Army Medical Center in Washington, D.C., before troops arrive for treatment.

The military first deployed what it considered basic electronic health care records in 1996 under the Composite Health Care System, or CHCS. Everything from laboratory blood work, prescription medications, X-rays and appointment scheduling were available for outpatient documentation.

Through technologies such as the Armed Forces Health Longitudinal Technology system, also known as AHLTA, and CHCS before that, the military relied on paper files to document patient records. Troops injured in battle were transported with their hard-copy medical records, which sometimes were outdated. That method often left health care providers with many unanswered questions as troops transitioned through different levels of care, Major Tucker said.

Troops severely injured in Iraq, for example, transition to several facilities during their treatment and recovery. Injured troops likely are seen at their unit aid station, then at a field hospital and moved to a larger facility, such as in Landstuhl. Servicemembers then could move to Walter Reed, and then would transition to the VA health care system if they separate from the military.

It can be difficult, Major Tucker said, to keep a perfect record of every laboratory result, including prescriptions and treatments servicemembers receive when they’re injured, by the time they’re seen at a VA hospital. Such shortfalls could delay the care and benefits process, he said.

But today, the VA health system receives only electronic records for servicemembers from the Defense Department, Dr. Ross Fletcher, chief of staff for the VA Medical Center in Washington, D.C., said.

Because of the technologies and integrated electronic records system the Defense Department and VA share, Doctor Fletcher said, the VA will never again file paper records. He explained that some electronic documents he sees may be scanned from paper files, but they’re electronic by the time they’re passed to VA.

The shared system is much easier and quicker for his staff to help provide the best possible service for veterans, he said. And because of this capability, he added, the two organizations are “very close” to becoming completely paperless.

“I think we’re very close,” he said. “If I see a record on a wounded warrior in the imaging system, I see everything that the [previous military] doctor saw. As long as I’m seeing everything that doctor saw, that’s a very complete record for me.

“As it moves on and becomes electronic to begin with,” he continued, “it’s faster, much easier to make care happen. I can look things up a lot easier. Electronic health records we use are great now, but it will probably be much better in 10 years as we evolve.”

But a number of factors prevent the departments from becoming completely paperless, several panelists explained.

On the federal government side, Major Tucker cited growing fields of study, such as traumatic brain injury, and evolving missions troops take on, such as humanitarian assistance, that are difficult for federal health care providers to anticipate. It’s a matter of updating software

and deploying systems for medical personnel, he said.

This mostly occurs when documenting inpatient care, he said, adding that military providers also are required to document detainee patient records.

“We still have some gaps; we are still finding those gaps as medicine evolves,” Major Tucker said. “As those gaps turn into requirements, we will provide capabilities to document, electronically, those shortfalls.”

In the civilian sector, only 11 percent of medical facilities use electronic records, and of those, their system standards vary from those the military and VA use. So the roughly 50 percent of military members, veterans and their families who seek care outside the military and VA systems are unlikely to benefit from the technology, Army Col. Claude Hines Jr. said.

“The problem within the health care sector today is the standards within the nation,” said Colonel Hines, the deputy program executive officer of innovations and delivery for the Joint Medical Information Systems. “[The Defense Department] and VA are sharing data based upon standards we created together. The nation wants to move to a national standard. Regardless of what the system is, as long as we follow the national standard, we should be able to share that data.

“Also, when the doctor looks at that data, he has the assurance that it is correct, and the integrity of that data is maintained,” Colonel Hines said.

Hines also pointed out that unless those seeking care in the private sector physically bring their records to the military or VA, it’s likely that data goes unnoticed and documented. However, initiatives are under way within the Defense Department to scan such records into their systems, he said.

Ultimately, the long-term intent is for all health records to be shared, Major Tucker said, adding that troops shouldn’t be hindered with trying to provide proof of their conditions or injuries. The goal is that their health information be provided seamlessly without delay, he said.

“Certainly, there are a number of improvements in information we’d like to see that are shared between both departments [and the civilian sector] that doesn’t impede care and that doesn’t impede our ability to determine benefits,” Major Tucker said. “We do believe, as we move forward and get these other pieces electronically shared with standards, it will provide greater value to the overall community.”

A Final Thanks ...

Lt. Col. Michael Cupito
14th Medical Support Squadron
commander

As my tour as a squadron commander winds down after more than two years in the hot seat, I would like to take this opportunity to thank the men and women of the 14th Medical Support Squadron for such a memorable experience. Your professionalism and work ethic has exceeded expectations time and again, and I have been honored to be your commander.

As all of you will see in the spread in this

week’s Silver Wings, the 14th Medical Support Squadron is a diverse and multifaceted group of functions, from the person at the front desk checking you in for an appointment, to the pharmacist filling your prescriptions.

We manage the finances for the clinic, as well as the computer network. We order all of the supplies, as well as maintain all of the medical equipment. We perform your lab work and manage the TRICARE network for the base. We handle all of the medical readiness needs of the medical group staff, and we manage referrals and beneficiary

services for our patients. We maintain all of our beneficiaries’ medical records, and we maintain the facility itself ensuring a safe environment for our patients and staff.

We do all of this with only 60 military, civilian and contract personnel. Yet, despite the limited number of personnel we have to do the myriad functions we are responsible for, and despite the seemingly endless array of additional duties we each carry, you all have done a tremendous job of taking care of our customers and completing the mission, and for that I am truly grateful.

However, we obviously cannot perform all of these functions alone. The 14th Medical Support Squadron would like to give special recognition and thanks to the entire BLAZE team for helping us on a daily basis.

We would especially like to thank the 14th Civil Engineering Squadron, the 14th Contracting Squadron, the 14th Comptroller Squadron and the 14th Communications Squadron for your outstanding and continuing support.

On a personal level, my wife and I would also like to give special thanks to the outstanding members of the base Fire Department and Dr. Brown and the entire 14th Medical Operations Squadron for your tremendous work ethic and dedication. I’m not sure that my wife would still be with us if it were not for you all, and for that I am eternally grateful.

Team BLAZE, it has been an honor to serve with you. I wish you all continued success and good fortune in all your future endeavors.

Afghanistan timeline not a withdrawal date, officials say

Army Sgt. 1st Class Michael J. Carden
American Forces Press Service

WASHINGTON — President Barack Obama’s directive calling for the start of a conditions-based drawdown of U.S. troops from Afghanistan in July 2011 shouldn’t be considered as an exit date, but rather the beginning of the transfer of security responsibilities to the Afghans, the top U.S. military commander in the region told a Senate panel June 16.

U.S. Central Command commander Army Gen. David H. Petraeus and Undersecretary of Defense for Policy Michele Flournoy testified before the Senate Armed Services Committee. The hearing was a continuation from a June 15 meeting, which was postponed after General Petraeus had fainted due to dehydration.

The officials picked up where they had left off, explaining the essence of President Obama’s Afghanistan strategy and the significance of setting a timeline. They also provided an update on Afghanistan operations.

“As I noted yesterday, I did believe there was value in sending a message of urgency, July 2011, as well as the message the president was sending of commitment — the additional, substantial numbers of forces,” General Petraeus said. “But it is important that July 2011 be seen for what it is: the date when a process begins, based on conditions, not the date when the U.S. heads for the exits.”

General Petraeus said that his agreement with President Obama’s policy was based on projections of conditions in July 2011.

“We’re doing all that is humanly possible to achieve those conditions,” he said.

Choices: they last a lifetime

Chaplain (Lt. Col.) Randy Kitchens
21st Space Wing chaplain

PETERSON AIR FORCE BASE, Colo. — A number of years ago, as I was sitting in my office on a beautiful sunny afternoon, a young lady entered my office and asked to talk with me. She began to sob as she shared a story all too familiar to me.

Earlier in life, she had made an impulsive choice that impacted her life profoundly. In a weak moment, she made the horrible mistake of having unprotected sex with someone she thought she knew very well. However, she recently received news she was now HIV positive and had contracted AIDS.

As she sat in disbelief, she rocked back and forth in her chair repeating these words over and over: “I can’t believe this happened to me.”

Let’s face it, many of us can relate to her fear, and any of us could find ourselves in a situation where we fail to consider the consequences of our choices.

As we cruise the aisles at the commissary or base exchange, we are confronted with multiple choices. Sometimes we expend a great deal of time and energy as we seek to make the “right” choice. On the other hand, we may find that shopping is so

routine we rarely think twice about the choices we make.

We make choices when we visit the ticket office or outdoor recreation. Depending on the choices we make, we may find ourselves in fun and exciting places, or the choices could possibly take us to locations less desirable.

Many of the choices we make are short-term, with minimal consequences. Often, however, the consequences of our choices are long-term and irreversible. How often do we stop and consider the lifelong benefits or consequences of those choices?

When we find something we want, we choose to either purchase it or do without, even if we want it. There is a distinct difference between want and need. If we choose to make a purchase, we then must choose to spend money or use credit for services or products. We have also made a deliberate or impulsive choice. Hopefully, the decision to make the purchase will not adversely affect our life in the long term. But, the fact remains that while choices may seem simple at times, they can actually be very complex and life-altering.

Choices! There are so many choices that can have a significant lifelong effect.

Whether it is finances, relationships, behavior, or how to cope with

life, we make choices. Are we making informed decisions, looking at the long-term effect when faced with these choices?

The more information we gather from reliable sources can help us make wiser, better decisions. When faced with making a decision, what information do we use in the process of making the choice?

The Air Force relies upon core values to shape, guide, inform and encourage Airmen in their choices. Do we have personal core values? Our personal core values can significantly aid our choices for a lifetime.

As Airmen, we are representatives of the Air Force, 24/7/365—whether we are in uniform or not. We are our nation’s sword, shield, sentry, and avenger at all times. Every choice we make reflects upon the Air Force.

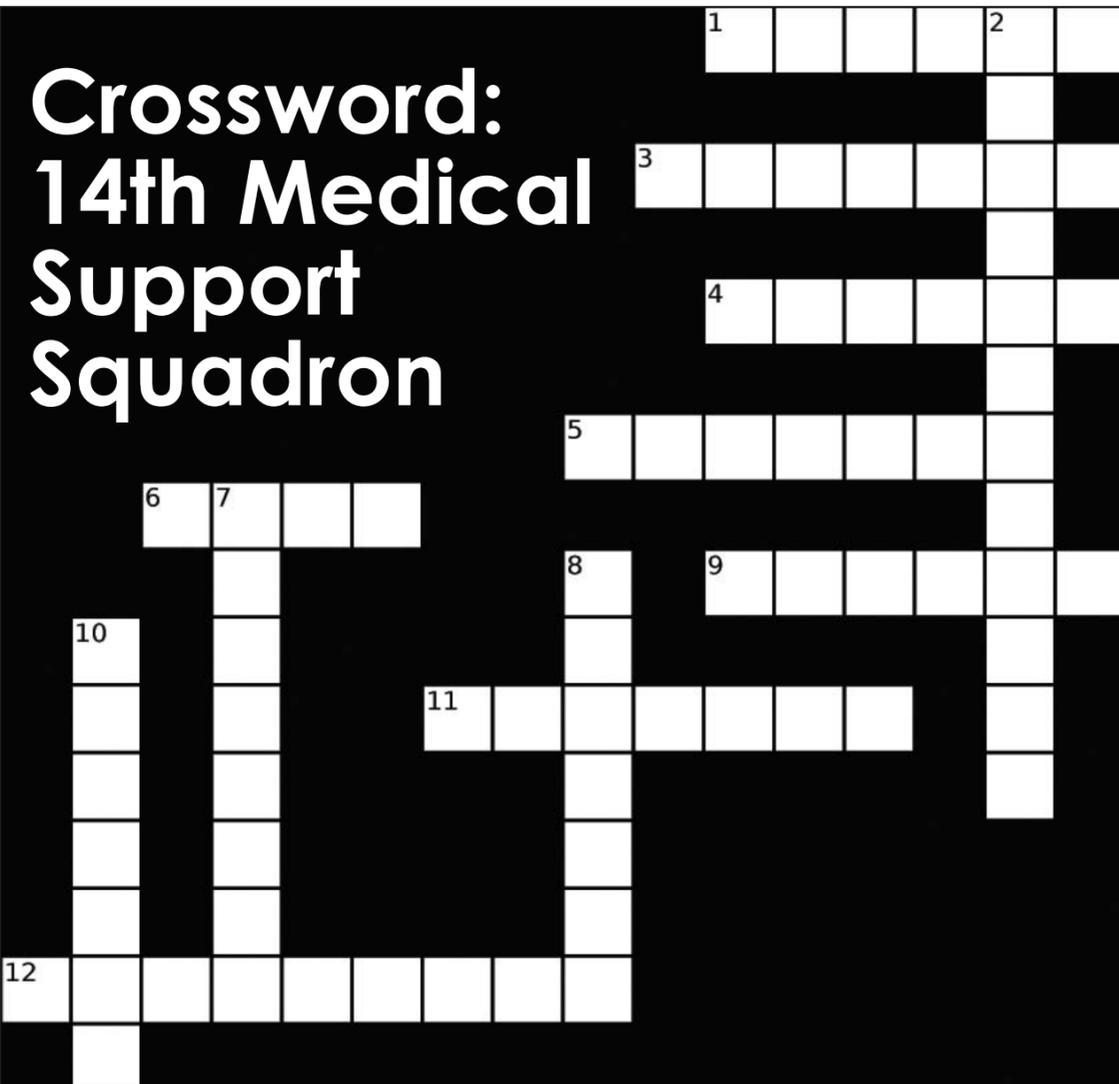
The next time you are faced with a choice, stop and reflect upon the impact it could have on the rest of your life, the impact it could have on your family and the Air Force, and how it would read as a headline on CNN or the Washington Post.

The person in my office at the beginning of this story said that every choice now includes reflecting on decisions where the world would know of her actions. The bottom line is that every choice we make from this point forward should include consideration of the magnitude of its impact upon ourselves and others.



Visit www.columbus.af.mil to learn about Columbus AFB agencies and other important information.





Crossword: 14th Medical Support Squadron

- Across
- Last name of the commander of the 14th MDSS.
 - Number of civil service employees in the 14th MDSS (spelled out).
 - The rest are located at the _____ Clinic.
 - The 14th MDSS manages this military member insurance and provider network.
 - The units vision is "Right _____, right way, right time."
 - Most 14th MDSS services are located at the _____ Clinic.
 - Last name of the 14th MDSS first sergeant.
 - Department that will be returning to the 14th MDSS.

- Down
- The Diagnostics and Flight will become active in July 2010.
 - Acronym for the upcoming medical inspection that the 14th MDSS will take part in.
 - The unit's mission is "Enhancing the human weapon system by building a _____ community."
 - The 14th MDSS is part of the 14th _____ Group.

Special tactics squadron double amputee makes historic jump

Airman Leah Young
62nd Airlift Wing Public Affairs

JOINT BASE LEWIS-MCCHORD, Wash. — Air Force history was made June 15, when a wounded warrior from the 22nd Special Tactics Squadron became the first active-duty double amputee to successfully participate in a personnel drop.

Staff Sgt. Shaun Meadows, along with 39 of his co-workers, conducted a practice parachute jump from a C-17 Globemaster III, in preparation for a change of command ceremony.

The combat controller lost both legs during a combat reconnaissance patrol in Afghanistan when his convoy hit an improvised explosive device in July 2008.

"It's a huge accomplishment for Shaun to come back from being injured on a mission and to then go up in the air again," said Master Sgt. Angela Fernandez, the 22nd STS first sergeant. "He's doing what he loves."

The practice exercise is the first jump Sergeant Meadows has participated in since his injury.

"Today is significant because we're all

very close to Shaun," said Lt. Col. Bryan Cannady, the 22nd STS commander. "It's very much like a brotherhood. We're all glad to be here for him and support him."

Sergeant Meadows will also be participating in the 22nd STS change of command ceremony, which will be his last jump before he separates from the Air Force.

"Shaun's spirit and desire to do this made us believe we could get it done," said Colonel Cannady. "It's an honor, not just for me, but for every guy out there to be doing this today."

Sergeant Meadows' co-workers said he hasn't allowed his injury to hold him back or keep him from doing his job.

"Shaun is the epitome of positive," said Sergeant Fernandez. "He always walks into work with a smile on his face and makes us laugh."

Sergeant Meadows said he's happy to participate in operations again.

"Everything went well today," Sergeant Meadows said. "It felt good to get up there and jump again after two years."

Base families offered a variety of activities

Dallas Cowboys Season Tickets available at ITT

Eight tickets available for \$675 – includes two pregame and eight regular season games. Single purchase tickets are \$78 each and the pre-game tickets are \$20 each. The seats are in Section 435, row 17, seats 4-11. Only eight tickets available for this season – act fast. Call 434-7862 or 434-2507.

Home Décor Project

Make a garden bench for \$30 in this Arts and Crafts center workshop from 5:30 to 7 p.m. June 18. Register by Saturday at the arts and crafts center. Call 434-7836 for more information.

Youth fishing tournament

The youth center is hosting this tournament starting at 8 a.m. June 24 at the east bank of the Lock and Dam. Open to ages 6 to 18. Ages 13 and younger must be accompanied by an adult. Cost is \$10 per person and transportation is available. Prizes awarded. Must have a minimum of 8 registered to offer. Register by June 18. For more information, call 434-2504.

Bike and hike trip

Outdoor Recreation is offering this trip to the Tishomingo State Park June 26. Join us as we head north and hike the Bear Creek Outcrop Trail and then bike through the rest of Tishomingo State Park. Cost is \$29 per person. Register by June 18. Limited space available. Depart from outdoor recreation at 6:30 a.m. and depart park at 3 p.m. For more information, call 434-2507.

Americas Kids Day

The bowling center is offering a special for children ages 17 and younger June 27 – children bowl one game free with paid adult. Free balloons while supplies last. For more information, call 434-3577.

Skateboard camp

The youth center offers this camp July 7-9 from 5:30 to 7 p.m. each day. Open to ages 6 to adult. Cost is \$10 per person. Maximum of 15 in the camp. Must register no later than July 1. For more information, call 434-2504.

Invitational Softball Tournament

Register at the fitness center for this double elimination tournament July 10 to July 11. Entry is \$150 per team. Limited to the first 20 teams registered. For more information, call 434-2772.

Blaze "N" Wheels car, truck and motorcycle show & flea market

Mark your calendars for June 19 from 8 a.m. to 2 p.m. for this fun day of fun, food and entertainment in Freedom Park. Register for the car show from 8 to 10 a.m. Showtime is from 10 a.m. to 2 p.m. Entries must be ready to judge by 10:30 a.m. Classes include: classic (1950-85), late model (1986 to present), antique (pre-1950), trucks (all years), and motorcycles. Entry fee is \$15 per vehicle if paid by June 5 or \$20 per vehicle after June 5. Guaranteed \$500 cash prize for "Best of Show" in all categories. First and second place trophies awarded for all classes. Entry forms may be downloaded at www.cafbservices.com. For more information, call 434-2772 and ask for Tim Dill or 434-2314 and ask for Linda Dodson.

Cruise in 2011

The Information, Ticket and Travel Office has book two group cruises in 2011. Register by Aug. 1 for the five-day cruise starting Feb. 12 to Cozumel and Progresso. Register by Sept. 1 for the four-day cruise starting Thanksgiving Day, Nov. 24 and going to Cozumel. Cost for two people for the February trip is as low as \$682 with a \$75 shipboard credit. Cost for two people for the November trip is as low as \$816 with a \$50 ship board credit. For more information, call 434-2507 or 7861.

New Orleans Saints

The ITT office has tickets for the Saints home games and pre-season games. For more information about the tickets and group trips, call 434-7861. Limited seating/tickets available.

Tops in Blue

Four positions are available with this special group with auditions open now for trumpet, bass, video technicians and technician support stat. The deadline for audition packages for the 2011 worldwide talent search is Nov. 5. The competition will be held Dec. 5 to 13 at Lackland AFB. Go to www.topsinblue.com to begin the application process.

Inventory Reduction Sale extended

The Arts and Crafts Center is offering up to 90-percent off their existing stock of frames, T-shirts, plaques, etc. during the month of June. For more information, call 434-7836.

Vegan menu available

The bowling center now offers a vegan menu. To place an order, call 434-3426.

Club scholarship program

Write a 500-word or less essay on "What does it mean to be part of the Air Force Family? Open to current Air Force club members and their family members. Entries are due by July 1 to the FSS commander. Twenty-five \$1,000 scholarships will be awarded throughout the Air Force. For more information, go to www.afclubs.net.

Family child care homes needed

Ever dreamed of owning your own business? Are you willing to work out of your on base home? Do you enjoy working with children? Then family child care might be for you. Please contact Kat Savage, Airman and Family Services at 434-3602 for more information.

DePLAYment Tag Passes

DePLAYment Tag Passes are at the Airman and Family Readiness Center until the program's end in July 2010. Air Force active duty members with children and/or spouse are eligible for the tag pass who have been deployed in support of an active operation anytime after July 2009. Deployment is described as TDY for 30 days or more; or 365-PCS in support of an active Operation and documented on official orders. Family members must bring in a copy of their sponsor's orders and register for their tag passes for such items as free instruction classes, youth sports, youth events or hourly child care.

Zumba fitness classes

The fitness center now offers these classes Sundays from 3 to 4 p.m. Cost is \$3 per person per class but the first class is free. For more information, call 434-2772.

Lunch and Bowl

The Bowling Center offers two free games of bowling with the purchase of an adult lunch combo, Monday thru Friday from 11 a.m. to 1 p.m. and all day Sunday. For more information, call 434-3426.

Cosmic Bowling Special

Every Wednesday from 6 to 9 p.m. - \$5 per person unlimited bowling and that includes shoe rental. For more information, call 434-3426.

Mommie and me crafts classes

Stop by the Arts and Crafts Center to check out the display of upcoming projects during March for both youth and adult. Classes are held Thursdays at 10:30 a.m., 2:30 p.m. and 4:30 p.m. For more information, call 434-7836.

Squadron DUI-Free Bowling Party

The bowling center is offering a free squadron bowling party from 1 to 4 p.m. Monday thru Friday for those squadrons who have been without a DUI for three months. Shoe rental, food and beverage charges still apply. For more information or to reserve the center, call the Bowling Center at 434-3426.

Join FitFamily

Air Force Services family fitness and wellness initiative, FitFamily is an integral component of the Year of the Air Force Family. Families can register as a team at www.USAFitFamily.com to earn points and achieve levels for participation in Family Fun activities, family sports and fitness and family nutrition. Recognition is provided at each level to encourage families to continue on the path of wellness. The FitFamily program encourages Air Force families to make healthy lifestyle choices and provides resources and tips in an effort to promote overall family fitness. For more information, contact the Youth Center at 434-2504.

Space A lodging

The Magnolia Inn usually has openings for Space A family and single units. Contact the lodging desk at 434-2548.

Tickets available

The information, ticket and travel office has discounted tickets for Disney World, Universal Studios, Dollywood, Sea World, Busch Gardens, Six Flags Over Georgia, the Memphis Zoo, Alabama Adventure, the Dixie Stamped, Geyser Falls, and more. Call 434-2507 for more information.

Youth Center sponsorship program: Moving is hard, but it is also a time to meet new friends, find new hangout spots, get involved in fun and different things and go on trips to interesting places. The Youth Sponsorship Program at Columbus was created by and just for youth. To help make your transition from your old base on to your new base, contact the Youth Center and join in the fun of the youth sponsorship program. For more information, call 434-2504.

Casino trip

Register at outdoor recreation for this monthly trip the first Friday of every month to the Silver Star and Golden Moon casinos. Cost is \$25 and includes transportation and \$25 in player money. Bus leaves at 5:30 p.m. from the BX parking lot and returns at 1 a.m. For more information, call 434-2507.

14th Medical Support Squadron Unit Spotlight

1. Unit mission: Enhancing the human weapon system by building a health community.

Vision: Right care, right way, right time

2. Key Leaders

- Commander – Lt Col Michael D. Cupito

- 1st Sergeant – MSgt Ronnie Swanner

- Unit leader – N/A

3. Personnel numbers

- Military: 29
- Contracted: 18
- Civil service: 15
- Buildings: 2

4. What is the squadron's function/role? The 14th Medical Support Squadron provides essential administrative support and diagnostic and therapeutic services to the 14th Medical Group (MDG) and our 5,300 beneficiaries. We manage the medical group's \$7.7M budget, as well as all manpower actions, information systems, medical logistics, equipment maintenance, and facility maintenance for the Koritz (main) clinic and the dental clinic. Further, we manage the TRICARE network, referral management, beneficiary services, medical records, and the medical readiness of the MDG staff. Finally, we provide all pharmaceutical and laboratory services.

5. Slogan/unit name (if any)? N/A

6. What are some upcoming challenges the unit will be facing? The 14th Medical Group will be having our Health Services Inspection and Accreditation Association for Ambulatory Health Care Inspection from 19-23 July 2010. This is a huge inspection in the medical world that occurs once every three years, generally.

7. How does the unit play a part in the base's mission of SUPT? We help ensure student pilots are medically ready to become professional military aviators. Further, we help ensure a healthy base and beneficiary population by completing the functions described above.

8. What has changed recently in the squadron? Radiology was moved to the Medical Operations Squadron since the last spotlight, but will be rejoining the Medical Support Squadron as part of the Diagnostics and Therapeutics Flight in July 2010. Welcome home!

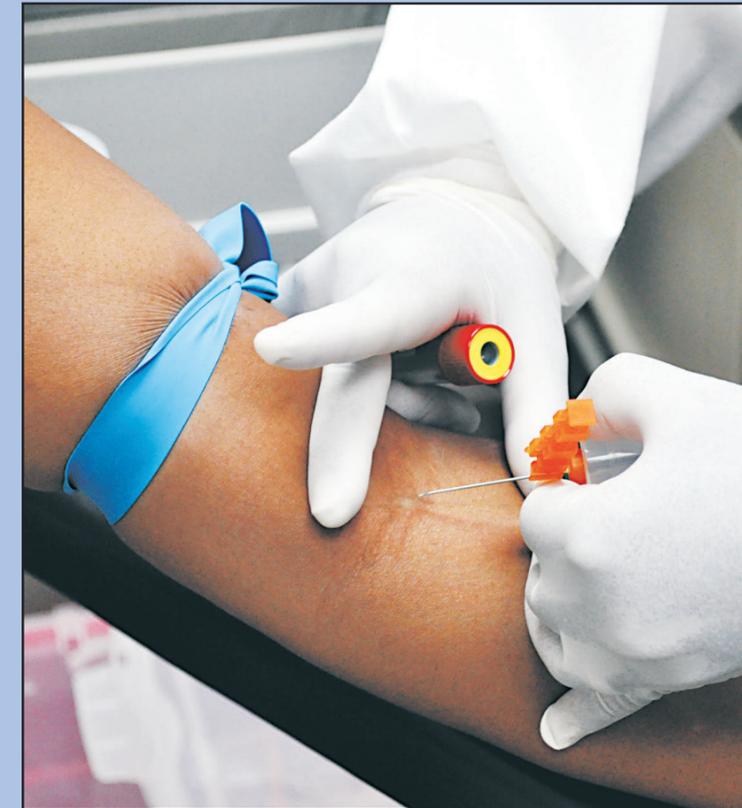
9. What are some unique aspects of the unit? We are like a miniature version of the Mission Support Group, but devoted solely for the clinic. We have our own finance, communications, logistics, contracting, engineers, readiness, etc., which makes this a very exciting, diverse and fast paced unit to work in – especially with the very limited number of personnel we have to perform all these functions.



U.S. Air Force photo/Senior Airman Jacob Corbin
Staff Sgt. Aubrey Mitera prepares an EKG testing machine to be reloaded with software at the Koritz Clinic June 15. Sergeant Mitera is the NCOIC of medical equipment repair with the 14th MDSS.



U.S. Air Force photo/Airman 1st Class Chase Hedrick
Senior Airman Terrell Hannah counts pills while dispensing medication at the 14th MDG Pharmacy June 15. Airman Hannah is a pharmacy technician with the 14th MDSS.



U.S. Air Force photo/Senior Airman Jacob Corbin
Staff Sgt. Engelique Dupre prepares to draw blood from Staff Sgt. Tiffany Bowns during training at the Koritz Clinic June 15. Sergeant Dupre is the NCOIC of chemistry and Sergeant Bowns is the NCOIC of medical readiness. Both are members of the 14th MDSS.



U.S. Air Force photo/Senior Airman Jacob Corbin
Senior Airman Kevin Jordan pulls a patient's medical records at the Koritz Clinic June 15. Airman Jordan is an outpatient records technician with the 14th MDSS.



U.S. Air Force photo/Senior Airman Jacob Corbin

Mary Deloach discusses a medical referral with 2nd Lt. Amber Funderburk June 15 at the Koritz Clinic. Mrs. Deloach is a medical referrals technician and Lieutenant Funderburk is the medical logistics flight commander.



U.S. Air Force photo/Senior Airman Jacob Corbin
Tharwin Carr checks the voltage of a boiler at the Koritz Clinic June 15. Mr. Carr is a maintenance technician with the 14th MDSS.