

SILVER WINGS

"Back to the basics"

Vol. 33, Issue 41

Columbus Air Force Base, Miss.

October 16, 2009

Weather



Today

High: 61, Low: 46
Mostly cloudy



Saturday

High: 57, Low: 41
Partly Cloudy



Sunday

High: 60, Low: 41
Sunny



Monday

High: 65, Low: 41
Sunny

News Briefs

Class 10-09 Track Select

Specialized Undergraduate Pilot Training Class 10-09 will hold their track select October 21, 5 p.m. at the Columbus Club.

Wing Quarterly Awards Luncheon

14th Flying Training wing will hold the Quarterly Awards Luncheon 11:30 a.m. October 22 at the Columbus Club. Contact MSgt Tanya Harris for more information at 434-7440.

BCC Luncheon

The Columbus AFB Community Council will hold its quarterly meeting/luncheon at 11:30 a.m., Tuesday, October 27 at the Columbus Club.

Inside



Feature 10

The 14th Medical Group Clinic is highlighted in this week's feature.



Photo by Sonic Johnson.

Hispanic Heritage Luncheon guest speaker Mr. Carlos Rosales accepts a plaque from 14th Flying Training Wing commander Col. Roger Watkins after speaking to Columbus AFB members on October 9 at the Columbus Club. Rosales is the owner of Tampico Bay Marina Bar and Grill and is the Honorary Commander for the 14th Operations Support Squadron.

BLAZE Team gathers for Hispanic Heritage luncheon

Mr. Sonic Johnson
Chief, 14th Flying Training Wing
Public Affairs

Sixty Columbus AFB Airmen and civilians gathered for the Hispanic Heritage Luncheon on Friday, October 9.

The featured speaker for the luncheon was Mr. Carlos Rosales. Rosales owns CS Digital Productions and Tampico Bay Marina Bar and grill and is the Honorary Commander for the 14th Operations Support Squadron here at Columbus AFB.

Rosales lived in Tampico Bay, Mexico until the death of his brother-in-law. His sister, who owned a local restaurant, asked him to come to Mississippi in 1982 to help her out with her affairs after her husband's death and never returned as a full time res-

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COLUMBUS AFB TRAINING TIMELINE

PHASE II				PHASE III				IFF				WING SORTIE BOARD			
Squadron	Senior Class	Squadron Overall	Track Select	Squadron	Senior Class	Squadron Overall	Graduation	Squadron	Senior Class	Squadron Overall	Graduation	Aircraft	Required	Flown	Annual
37th (10-09)	1.23 days	-5.77 days	Oct. 21	48th (10-01)	2.66 days	-0.56 days	Oct. 21	49th (10-AB)	-4.68 days	-2.14 days	Oct. 20	T-6	1,421	1,076	1,075
41st (10-10)	-0.66 days	-3.22 days	Nov. 17	50th (10-01)	-1.36 days	-1.83 days	Oct. 21					T-1	419	394	394
The graduation speaker is Col. George H. Ross III, 14th Flying Training Wing Vice Commander.												T-38	422	343	343
												IFF	86	81	81



WOMEN *of the* AIR FORCE

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produced by Air Force News Service

Base families offered a variety of activities

Game nights

The Columbus Club offering game nights from 5 to 10 p.m. Oct. 30 and Nov. 6. Invite your friends and join the club for some games and food and drink specials. For more information, call 434-2490.

Horror Movie Night

The Columbus Club offers a Horror Movie Night every Tuesday in October from 6 to 10 p.m. Enjoy free popcorn, special bar menu and ghoulish drink specials. Come dressed as your favorite creature and vote for the next horror movie night theme. For more information, call 434-2490.

Monster March

The Fitness Center and Outdoor Recreation are co-hosting this second annual event starting at 10 a.m. Oct. 31. Register from 9 to 10 a.m. at Freedom Park. Costumes are encouraged but not required. Open to all ages. Complete fun obstacles at outdoor recreation, golf course and at Freedom Park. Enjoy burgers, hot dogs and chips after the march. For more information, call 434-2772.

Pumpkin Carving Contest

The 20th annual pumpkin carving contest judging is at 2 p.m. Oct. 29 at the Base Library. There are two groups of competition: family/individual and squadron/group. One entry per category. Prizes awarded to the top 3 in each group. Entries must have some form of carving. Sign up at the Library starting Oct. 23. Free pumpkins will be available for pick-up Oct. 28 for entry into the contest or you may use your own pumpkin. All entries are due at 1 p.m. the day of judging. For more information, call 434-2934.

Halloween Bash

The Columbus Club is offering an adults only Halloween Party from 6 p.m. to closing Oct. 31. Free admission. Enjoy music, dancing and contests in

best costume, apple bobbing and mummy wrapping. Special bar menu and drink specials. For more information, call 434-2490.

Child Development Center Parent Advisory Board Meeting

This forum provides an opportunity for parents to get together and discuss ideas affecting their child while in day care – lunch will be provided. The meeting is from 11:30 a.m. to 12:30 p.m. Nov. 4. For more information, call 434-2479.

Veterans Appreciation Brunch

The Columbus Club is offering this brunch from 10:30 a.m. to 1:30 p.m. Nov. 8. Cost is \$18.95 for members and \$21.95 for nonmembers. Children, ages 5 to 11, are \$8.95 and children 4 and younger are free. Brunch menu featuring roast beef, roasted chicken, carving stations with ham, rolls and condiments, a dessert station, salad buffet, stir-fry station, breakfast buffet, champagne, orange juice, teas, lemonade, punch and coffee. Reservations recommended by Nov. 2. For more information, call 434-2490.

Youth volleyball registration.

Register at the youth center by Oct. 23 and pay \$30. Anytime after that date but no later than Nov. 6 and the cost is \$35. Must have a physical at the time of registration. Open to ages 5 to 18. Season begins Nov. 9 and ends Dec. 18. For more information, call 434-2504.

Outdoor Recreation Winter hours

Effective Nov. 1, the winter hours of operation for outdoor recreation and ITT are: Monday, Tuesday, Thursday and Friday from 9 a.m. to 5 p.m., Saturday and Sunday from 8 a.m. to noon and Wednesdays and holidays closed. For more information, call 434-2507.

Trip to the Civil Rights Museum

The Information, ticket and tour office is offering a trip to Birmingham, Ala. To visit the Civil Rights museum Nov. 7. Cost is \$20 and includes transportation only. Admission tickets can be purchased at the door. The bus will depart at 8 a.m. and leave the museum at 3 p.m. Must have a minimum of 12 people registered to offer. For more information, call 434-2507.

Christmas time child care

If squadrons are in need of child care for Christmas parties, contact the Child Development Center as soon as possible to set up dates and receive information. Contact Martha Mann at 434-2479 for more information.

Bowling Center Daily Specials

Monday – chicken marinara sandwich with choice of fries and medium drink - \$6; Tuesday – 2 dozen popcorn shrimp, choice of fries and medium drink for \$5.25; Wednesday – 4 chicken tenders smothered with cheese and gravy with a side of green beans and medium drink for \$5.25; Thursday – popcorn chicken, choice of fries and medium drink for \$5.25; Friday – pulled pork sandwich with red slaw, baked beans or fries and medium drink for \$5.75. Call 434-3526 to place an order to go.

Whispering Pines Lunch time Burrito Bar

The burrito bar during lunch at the golf course is available Monday through Friday from 11 a.m. to 1 p.m. Build your burrito or salad for just \$6.50 per person and includes your burrito or salad with chips, salsa and medium drink. For more information, call 434-7932.

Thanksgiving Canned Food Drive

The youth center is hosting this worthwhile cause from until Oct. 16. Drop off your canned foods at the youth center. For

more information, call Terry at 434-2504.

Youth and Adult crafts classes

The Arts and Crafts Center offers classes for youth and adult every Thursday at 10:30 a.m., 2:30 p.m. and 5:30 p.m. All youth classes are \$5 each. Take Home Crafts kits are \$3 each. A display of the upcoming projects are in the lobby of the arts and crafts center. For more information, call 434-7836.

Horseback riding lessons

Outdoor Recreation is offering riding lessons and special occasion rides. For more information, call 434-2505 or 434-7861.

Youth Employment Skills (YES) Program

The YES Program is an on-base volunteer program for high school students that pays \$4 per hour through the AF Aid Society. YES allows high school students to "bank" \$4 in grant funding for every hour volunteered in an on-base function. Students may accumulate as much as 250 hours over all 4 years of high school. Teens must be dependents of active duty air force to be eligible and must be at least a freshman in high school. For more information, contact Mr. Hamilton at 434-2504.

Parents time out

The child development center offers a parents time out every Thursday from 9 a.m. to 3 p.m. for children, ages 1-3 years of age. Cost is \$20 for the day. For more information, call Martha Mann at 434-2479.

Tickets available

The information, ticket and travel office has discounted tickets for Disney World, Universal Studios, Dollywood, Sea World, Busch Gardens, Six Flags Over Georgia, the Memphis Zoo, Alabama Adventure, the Dixie Stampede, Geysers Falls, and more. Call 434-2507 for more information.

To live with uncertainty

Chief Master Sgt. Barbara J. Steffen
14th Medical Group Superintendent

"The ability to make plans with a reasonable expectation of being able to achieve them had disappeared for me.

"It seems to me that this is true for everyone today, although it affects each of us in different ways. There is an increasing number of children who are products of broken homes. There are young adults compelled to choose among conflicting moral standards. There are young men who must postpone further education or marriage or families because of a military situation that seems to have no foreseeable end. There are senior citizens faced with problems of retirement at a time when they still have many productive years ahead.

"I believe that it is wishful thinking for anyone to expect a return to the good old days of certainty and stability, since change and uncertainty are among the most characteristic aspects of our times. This being true, I came to realize that the important thing in life was to learn to accept these changes, to live with uncertainty, and, above all, to be flexible enough to adjust to whatever situations might arise."

If you had heard these words today on television or radio, I suspect you would listen in and agree that the words describe the current uncertain economic, environmental, and political situation. I am confident any one of us could turn the channel and find another

sound bite that tells a similar story or poses the same position.

So, would it surprise you to know that this story actually broadcast in the 1950s during acclaimed journalist Edward R. Murrow's radio program entitled "This I Believe"? This particular observation was made by W. David Curtiss, a young lawyer whose practice was abruptly halted after Pearl Harbor in order to serve in the Navy for four years.

Mr. Curtiss's essay is proof positive of the colloquialism, "The more things change, the more things stay the same."

But more than evidence of the status quo, his essay also gives me assurance and guidance. Assurance that today's uncertain situation is surmountable and guidance on how to overcome. These words of perspective and advice from 60 years ago apply today to our Air Force and to every member of the BLAZE team.

For example, every SUPT student envisions his or her vital role within our Air Force mission. Without a doubt, that vision includes slipping the surly bonds of earth and dancing the skies on laughter-silvered wings. They have made plans with a reasonable, achievable expectation. However, since October 2008 our Air Force has been assigning SUPT graduates to the UAS inventory. It is unlikely any student grew up imagining operating an aircraft from somewhere other than a cockpit.

A member of the first class, 1st Lt. Patrick Lebow, stated, "As I've been thinking about

I challenge you to look around your own section, flight, squadron, or group to identify examples of the good old days of certainty and stability which are fleeting away. Yes they pose uncertainty, yet at the same time they pose opportunity.

it, I see it as somewhat of a retooling of my dreams, not necessarily taking them away by any means. I'm looking forward to what lies ahead. I don't see this as an obstacle; I do see this as an opportunity."

He is an example of living with uncertainty by being flexible enough to adjust to whatever situations might arise.

Additionally, every BLAZE NCO has been successful within their AFSC or they would not have earned the status of a noncommissioned officer. Without doubt they have developed into the technical experts of their field, they are the supervisors and trainers of the Airmen coming behind them, and they are the future chief master sergeants that will lead their AFSCs. They have made plans with a reasonable, achievable expectation.

However, on August 19, eleven BLAZE NCOs were given notice that they were vul-

nerable to mandatory retraining via the NCORP. It is unlikely any of them had envisioned themselves working within a different field before the end of this fiscal year. Yet as a testament to these professionals' ability to live with uncertainty, they have been researching new opportunities, shadowing other sections, and completing special duty applications. They are envisioning themselves as something else because they have the ability to be flexible enough to adjust to whatever situations might arise.

I challenge you to look around your own section, flight, squadron, or group to identify examples of the good old days of certainty and stability which are fleeting away. Yes they pose uncertainty, yet at the same time they pose opportunity. As you evaluate the situation and how you will react to it, consider the final words of W. David Curtiss's essay:

"So at first, I tried to meet unforeseen problems in situations, simply because I recognized them as inevitable. But I still resented, somewhat, having to do so. But in the last few years, I have come believe that one should live effectively with change, not because it cannot be escaped, but rather because one can find adventure and splendor in doing so. I like what Pearl Buck wrote:

"To live in security when others are insecure, to have peace and safety when others have the despairs and the horrors of war, to be rich when others are poor, is to miss the happiness of belonging to one's world and of helping to shape it and change it."

"I believe, then, that life can be adventurous and rewarding—not in spite of change and insecurity but because of them."

Goals important to lifelong success

Capt. Bart J. Hopkins
14th Operations Support Squadron
Weather Flight Commander

I began working at age 11. My family was poor, so after obtaining a work permit, and employment, I was able to help out by paying for school lunches, haircuts, clothes, etc. I learned a lot about life during those years. I didn't have the experience as an 11-year-old to vocalize it, but I had initiated a lifelong trend of setting goals.

Set goals for yourself. Challenging, but attainable, is a good rule of thumb. A wise person once told me that true growth occurs when you step outside of your comfort zone. Fear is natural and healthy—don't let it beat you—high goals provide the most profound sense of accomplishment.

Follow your heart. At age 19 I enlisted in the Air Force. I had done a 1-year stint at Texas A&M, but the powerful desire to move away from home led me to an Air Force recruiter. I still remember looking at the wallet-sized pay chart which also

listed average sew-on time for the enlisted ranks. I thought to myself, "If average CMSgt sew-on is 18 years, I'll have that down by 16 years, since I'm above average." I revised this goal a year later to making Master Sergeant or Captain—a sprinkle of attainability.

Setbacks will happen, but keep fighting. Well, for a guy who came from humble beginnings, I didn't heed those lessons already hard-learned. I indulged in stereos, a new car, and all-around tomfoolery...for years. I found myself \$40,000 in debt as a Senior Airman at CAFB in 1998. A second job for two years remedied that. If you were here back then, you might have paid me for gas at the 45 Express-Mart, or I may have delivered your pizza. If you tipped me well, feel good inside...you were an important part of my life turning around. Focusing on goals led to success and I have been debt-free ever since.

Never sell yourself short. You can do anything you put your heart and mind into. As a Technical Sergeant I completed my

Bachelor's—11 years after high school—and OTS soon followed. In December 2009 I will knock out a Master's degree. I can't stress enough the value of Tuition Assistance and the GI Bill. Cherish them—use them. There were times I had doubts—a lot of times—but that's okay. Keep plugging and never give up!

Milestones. In April I pinned on Captain, my ninth rank in our AF, and my career goal. Remember those moments where your hard work paid off—even when it takes 15 years. Let it fuel the fire for your next achievement.

Let yourself be inspired. No man, or woman, is an island. Surround yourself with good people. On my second visit here at CAFB I owe thanks to many for inspiration: Chief Master Sgt. Smith – Mr. Positive Energy and Motivation; Lt. Col. Doug Lee – his powerful work ethic and mentorship; Weather Flight – the best anyone could ask for; and, God – for everything.

I'm a regular guy. I wrote this article for one reason: inspire others through personal example—because if I can do it, anyone can. I believe that with all my heart. If you need an understanding ear, or help, my door is open. But, for now, I have to go—I have some new goals to jot down.

Library Book Sale on October 17

Volunteers are needed to load and unload books from Leigh Mall to the Palmer Home Thrift store on Saturday October 17 at 2:30 p.m. The opportunity entails boxing leftover books from the Columbus-Lowndes Public Library book sale at Leigh Mall, and loading them on to the truck to take to the Palmer Home Thrift Store. Call the Community Volunteer Center at 328-0807 for more information.

1-2-3, Play with Me!

1-2-3, Play with ME! is designed for children age birth to 4 years old, and their parents and caregivers. The goal of this program is for the library to become a community hub for healthy child and family development, parent and community involvement and lifelong learning beginning at birth. The program will consist of 5 hour long play times where the children will be able to engage in activities that will help

strengthen their motor skills and social skills, as well as encourage early literacy. Volunteers are needed to work at various play stations (toy kitchen, puppet stage, costume center, building blocks station, etc...) while children and parents make their way around the room playing and interacting with the toys. Volunteers must love kids and be able to interact with the parents and the children. Call the Community Volunteer Center at 328-0807 for more information.

Cinderella Project Fundraiser

The Cinderella Project of Lowndes County is in full swing and we have over 100 gowns donated to date! I am so excited to report that Taggart's Auctions here in Columbus sold a wholesale lot of over 1,500 dresses to Hudson Salvage LLC. Hudson's picked the dresses up 30 minutes before The Cinderella Project was able to submit a bid. Fortunately, Hudson Salvage is an extraordinary company and is allowing a shopping committee from the project to

"shop the warehouse" before the dresses are distributed to the stores. We have partnered with Papa John's in Columbus. They have provided us with Community Fundraiser Cards to raise as much money as we can before Oct 21 \$10 "Gowns a Gal" and gets you 20 FREE pizzas! We have a goal of 100 new dresses! Help us meet our goal! Your contribution goes straight to our community! No money? No Problem! Donate your dress. Donations can be made and dropped off at Rob Naugher State Farm Agency at 202 Hospital Drive, Columbus, Ms 39705. (662) 327-1671.

United Way Fish Fry

JC Penney is frying fish for United Way! Enjoy a Mississippi farm-raised catfish plate for just \$7! Plate includes catfish, baked beans, coleslaw, bread and tea. Place your order in advance by calling 328-2093, ext. 380. Dining tables will be set up, or get it to go!

Chapel Schedule

Chapel News

The base chapel will be having a Hallelujah Party Wednesday, October 28 from 5-7 p.m. There will be games, food, prizes and a bouncy castle. There will also be a special visit from some of the cast of Star Wars.

Protestant

Sunday: 9 a.m. — Adult Sunday School
10:45 a.m. — Traditional Worship Service (Children's Church)
All are invited to a fellowship luncheon following the 10:45 a.m. service the fourth Sunday of each month

Catholic

Thursday: 5 p.m. — Choir Practice
Sunday: 3:45 p.m. — Choir Practice
4:30 p.m. — Confession
5:00 p.m. — Mass

BARGAIN LINE

The deadline for submitting ads is Monday before the desired publication date. Ads turned in after the deadline will run the following week. Ads can be mailed to or dropped off at the public affairs office in the 14th Flying Training Wing Headquarters building, e-mailed to silverwings@columbus.af.mil or faxed to 434-7009. Calling Ext. 7068 by noon Monday can extend the run date of ads already submitted. Silver Wings reserves the right to limit ads based on content, space and frequency of requests. Advertisements for private businesses or services providing a continuous source of income may not appear in the Bargain Line. They may, however, be purchased through the Commercial Dispatch, 328-2424.

Homes

For sale: 81 Azalea Trail, 3BR 2BA, just minutes to CAFB, features updated kitchen and baths, a great open floor plan, large sunroom, beautiful laminate flooring, new landscaping, storm windows, FP with insert/blower, new roof and HVAC in 2007. Asking \$126,500. FMI call 405-919-2753.

Transportation

For sale: 1997 GMC 1500 SLE Vortec V-8 Pick up 4WD, Z-71, leather, cruise, bed liner, towing package, multi-CD, fair outside, but solid mechanically w/ all records, 215K miles. Great hunting truck, 1st

\$4,200. Call Chris @ 229-460-8497 or 662-889-7796.

For sale: 2001 Lincoln Town Car Executive: Blue exterior, tan leather seats, new battery, 6 disk CD changer and front headlights. 4.6L V8 Auto. Smooth ride, excellent working condition. Make an offer. 662-425-4953 or 337-274-5479.

Miscellaneous

Moving sale: Dining room table, excellent condition Ashley Furniture cherry stained and black butterfly table with extension, eight barstool chairs included, retails for \$700; asking \$450 o.b.o. Light oak colored queen sized panel bed, headboard, footboard, frame, box spring, mattress included;

\$200 o.b.o. 1.5" queen sized Memory Foam mattress topper; \$50 o.b.o. Professional quality 10-seat poker table with built-in cup holders; \$200 o.b.o. Motivated Sellers! Contact 662-549-7745 or 662-889-4264.

For sale: Craftsman LT1000 42 inch riding mower, \$300, Maytag Plus 24 cu ft capacity, white refrigerator top freezer with ice maker, \$275, FMI call 662-889-7796.

For sale: Complete weight set of dumbbells 10, 15, 20, 25, 30, 35, 40 and weight racks, standard size curling bar with 50 lbs in plates and fully adjustable bench, \$350 for everything. Set of Pioneer 3 way floor stand speakers w/8in subs \$45. FMI call 817-891-5918 after 5pm.

For sale: 55 inch Philips rear projection, wide screen, HDTV \$500 o.b.o. and white Kenmore washer and dryer \$125 each or

\$200 for the pair. FMI call 843-513-6230 or 662-269-4497, located in New Hope.

For sale: Disney World Tickets. 4, 5-Day Hopper tickets for Disney. Unlimited access to all parks - great for the holidays! An offer you can't refuse; \$350 - Must take them all. FMI call 678-641-8945

Saturday Yard Sales

Garage sale: Oakdale Park, 110 North Walnut Drive, Columbus; October 17, 6:00 a.m. to 12:00, noon.

Pets

For sale: Registered Peek-A-Poos, 6 weeks old, \$100 each FMI Call at 662-552-1600

Executive Order bans texting while driving for federal employees

Samantha L. Quigley
American Forces Press Service

WASHINGTON — In an executive order issued Oct. 1, President Barack Obama banned federal employees from text messaging while behind the wheel on government business.

"With nearly 3 million civilian employees, the federal government can and should demonstrate leadership in reducing the dangers of text messaging while driving," President Obama said in the order. "A federal government-wide prohibition on the use of text messaging while driving on official business or while using government-supplied equipment will help save lives, reduce injuries, and set an example for state and local governments, private employers, and individual drivers."

Text messaging, or "texting," encompasses more than simply sending a text message via a handheld communication device. It also includes reading from any handheld or other electronic device, including for the purpose of SMS texting, e-mailing, instant messaging, obtaining navigational information, or "engaging in any other form of electronic data retrieval or electronic data communication," the order said.

The order defines driving as "operating a motor vehicle on an active roadway with the motor running." This includes the time the vehicle is temporarily stationary because of traffic, a traffic light or stop sign or other cause.

"It does not include operating a motor vehicle with or without the motor running when one has pulled over to the side of, or off, an active roadway and has halted in a location where one can safely remain stationary," President Obama said in the order.

While the order applies specifically to federal employees, it also asks contractors to follow suit, and encourages civilians to adopt the same measures while operating their own vehicles.

Agencies are being directed to implement this order through the consideration of new rules and programs and re-evaluation of existing programs. Agency heads are urged to conduct education, awareness and other outreach

for federal employees about the safety risks associated with texting while driving.

"These initiatives should encourage compliance with the agency's text messaging policy while off duty," President Obama said.

Agencies have 90 days to take appropriate measures to implement this order, adopt measures to ensure compliance with the ban on text messaging -- including disciplinary action for violations -- and notify the transportation secretary of the measures undertaken.

Agency heads may exempt certain employees, devices or vehicles that are engaged in or used for protective, law enforcement or national security responsibilities or on the basis of other emergency conditions, the order says.

Nominees sought for 2010 12 Outstanding Airmen of the Year Award

1st Lt. Gina Vaccaro
McKeen
Air Force Personnel
Center Public Affairs

RANDOLPH AIR FORCE BASE, Texas — Air Force Personnel Center recognition programs section officials here are requesting nominations for the 2010 12 Outstanding Airmen of the Year Award.

Nominations are due to AFPC by April 22, 2010.

There are three categories for award: Airman, NCO and Senior NCO. The period of service for the award is Jan. 1 through Dec. 31, 2009. Submissions must be based only on achievements that occurred in 2009.

Major commands and the Air Force District of Washington will nominate

three candidates each, one per category, to the Air Force 12 OAY selection board, which will select the winners.

Nomination packages must include a cover letter signed by the MAJCOM/DRU commander, vice commander or executive director; a 30-line or less nomination for award write-up on Air Force Form 1206; a one-page, single-spaced biography, and a signed and dated statement of intent.

Nominations must include examples of leadership and job performance in the nominee's primary duty, significant self-improvement, and base or community involvement.

All nominees must be enlisted in the Air Force through Sept. 30, 2011. Any nominee with a projected

separation date prior to Sept. 30, 2011, must take immediate action to extend or re-enlist in the Air Force. Local military personnel section officials may approve or disapprove extensions for the purpose of the 12 OAY program. AFPC does not have to approve these requests.

Any nominees who extend their enlistment for the 12 OAY award program and are not selected may cancel their extensions through their local MPS.

For more information about the 12 OAY program or to download your nomination forms, visit AFPC's secure "Ask" site and type "12 OAY" into the search function, or call the Total Force Service Center at 800-525-0102.

CJCS: Happy birthday, U.S. Navy

WASHINGTON — Adm. Michael Mullen, the chairman of the Joint Chiefs of Staff, sends his wishes to the men and women of the U.S. Navy.

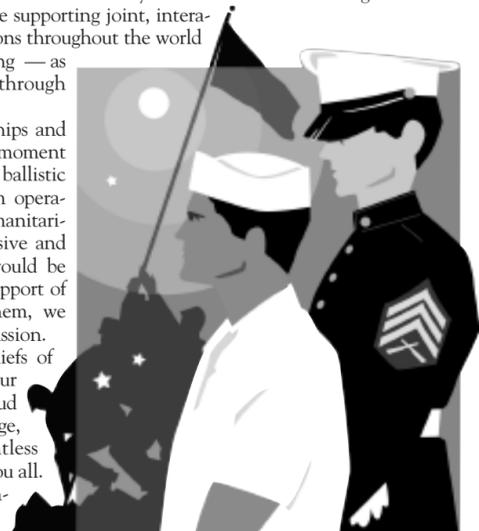
On Oct. 13, 1775, the Continental Congress met in Philadelphia and passed legislation creating what would become the United States Navy. America celebrates this day every year, marking the service, sacrifice and devotion to duty of our Sailors around the globe.

More than 45,000 Sailors are supporting joint, interagency and multinational operations throughout the world — building, engaging and securing — as always, delivering peace through strength.

They serve on nearly 200 ships and submarines underway, at any moment providing critical capabilities for ballistic missile defense, counterterrorism operations, anti-piracy efforts and humanitarian relief missions. Their impressive and persistent presence, however, would be impossible without the steady support of our Navy families. Without them, we could not accomplish a single mission.

On behalf of the Joint Chiefs of Staff, I congratulate you and your families on 234 years of proud Navy service. Your rich heritage, combat readiness, and relentless tenacity make us very proud of you all.

Bravo Zulu and happy birthday, shipmates!



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PACAF officials address H1N1 as cold, flu season begins

Staff Sgt. LuCelia Ball
Pacific Air Forces Public Affairs

HICKAM AIR FORCE BASE, Hawaii — The cold and flu season has begun including the risk of the H1N1 influenza virus, and officials from military treatment facilities at Pacific Air Forces installations are currently working to ensure that information and vaccinations are available to both military members and their dependents.

“We are seeing the H1N1 virus throughout the PACAF area of responsibility,” said Lt. Col. David Duque, of the PACAF Public Health Office.

While the seasonal influenza vaccine has been available for a number of weeks, the anticipated H1N1 vaccine is expected to be arriving a bit later than first anticipated.

“We are ahead of our current goals with the seasonal flu vaccine,” Colonel Duque said. “Our goal was to have all military personnel in PACAF vaccinated by Dec. 1. We are currently doing well with meeting our goal. We are already at more than 80 percent vaccinated and the MTFs have started to vaccinate dependents as well. The H1N1 vaccine arrival differs depending on installation location, but realistically, we are anticipating that the vaccines will be available by November.”

Vaccines for active-duty personnel have been ordered through the Department of Defense stockpile for PACAF, in which MTFs coordinated with the Office of the Assistant Secretary of Defense for Health Affairs and the appropriate state public health departments for vaccines

purchased through the Department of Health and Human Services.

Dependent vaccine supplies are handled differently. MTFs in Japan and South Korea also order through the DOD stockpile, while installations in Hawaii, Alaska and Guam work through their state or territory public health departments.

For adults, the H1N1 vaccine will be one dose of the vaccine, while dependents under 10 years of age will receive two doses.

On June 11, 2009, the World Health Organization indicated that a pandemic of H1N1 influenza was underway, with the potential to infect people worldwide. According to the Centers for Disease Control and Prevention, the H1N1 virus is contagious, passing from person to person through coughing, sneezing, or an uninfected person touching something with the flu virus on it and then touching his mouth or nose. People with infections from seasonal or H1N1 flu may be able to infect others from one day before getting sick to five to seven days after.

The symptoms of H1N1 are similar to seasonal flu and include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. Some people may experience vomiting or diarrhea.

“We tracked the virus during the first 60 days or so after this virus showed up in the AOR,” Colonel Duque said. “We are no longer testing. It’s too widespread now and most people who have a flu-like illness have been con-

firmed as having the H1N1 virus. We are now only testing cases with serious or unusual symptoms. Most of these cases end up with hospitalizations.”

Illnesses from H1N1 have ranged from mild to severe. According to the Center for Disease Control, some people who have been sick have recovered without medical treatment, hospitalization and deaths from infections with this virus have occurred.

Certain people are considered “high-risk” of serious complications during flu season. These can include people 65 years and older, children younger than 5 years old, pregnant women and people of any age with chronic medical conditions. In these instances, people who exhibit flu-like symptoms should seek medical treatment.

In addition to receiving the vaccines, everyday measures for flu prevention include hand washing with soap and water, avoidance of touching eyes, mouth or nose and avoiding close contact with sick people. Stay at home when sick; good cough etiquette and hand washing hygiene are key to preventing the spread of influenza.

“Use of N95 respirators or disposable facemasks generally is not recommended for workers in non-healthcare occupational settings for general work activities, said Lt. Col. Kai-Wood Ma, the 15th Medical Group chief of aerospace medicine. “However, disposable facemasks can be used for ill persons to minimize the spread of the disease.”

“Sometimes our grandmothers were entirely correct — if a person is feeling ill, the best thing is to stay home, get rest and drink plenty of fluids,” Colonel Duque said.

VA officials extend 'Agent Orange' benefits to more veterans

Relying on an independent study by the Institute of Medicine, Secretary of Veterans Affairs Eric K. Shinseki decided to establish a service-connection for Vietnam veterans with three specific illnesses based on the latest evidence of an association with the herbicides referred to as Agent Orange.

The illnesses affected by the recent decision are Parkinson’s disease, ischemic heart disease and B-cell leukemias such as hairy-cell leukemia.

Used in Vietnam to defoliate trees and remove concealment for the enemy, Agent Orange left a legacy of suffering and disability that continues today. Between January 1965 and April 1970, an estimated 2.6 million military personnel who served in Vietnam were potentially exposed to sprayed Agent Orange.

In practical terms, veterans who

served in Vietnam during the war and who have a “presumed” illness do not have to prove an association between their illnesses and their military service. This “presumption” simplifies and speeds up the application process for benefits, according to VA officials.

The secretary’s decision brings the number of presumed illnesses to 15 recognized by the Department of Veterans Affairs.

“We must do better reviews of illnesses that may be connected to service, and we will,” Secretary Shinseki added. “Veterans who endure health problems deserve timely decisions based on solid evidence.”

Other illnesses previously recognized under VA’s “presumption” rule as being caused by exposure to herbicides during the Vietnam War are:

— Acute and subacute transient peripheral neuropathy

- AL amyloidosis
- Chloracne
- Chronic lymphocytic leukemia
- Diabetes Mellitus (Type 2)
- Hodgkin’s disease
- Multiple Myeloma
- Non-Hodgkin’s lymphoma
- Porphyria cutanea tarda
- Prostate cancer
- Respiratory cancers
- Soft Tissue Sarcoma (other than Osteosarcoma, Chondrosarcoma, Kaposi’s sarcoma, or Mesothelioma)

Additional information about Agent Orange and VA’s services and programs for veterans exposed to the chemical are available at www.publichealth.va.gov/exposures/agentorange, or call the toll-free helpline at 800-749-8387.

(Courtesy of VA)

Air Force meets recruiting goals for tenth year in a row

RANDOLPH AIR FORCE BASE, Texas — The Air Force met its active-duty enlisted recruiting goal for the 10th year in a row and met its chaplain and Officer Training School accession goals for fiscal year 2009.

“The Air Force continues to attract the highest quality men and women to serve in this great Air Force,” said Brig. Gen. A.J. Stewart, Air Force Recruiting Service commander. “I’m proud of our highly professional, all-volunteer recruiting force who tirelessly work to find these excellent young people from all areas of the country.”

From October 2008 through the end of September 2009, the Air Force recruited 31,780 new enlistees and 203 prior-service Airmen. Additionally, the Air Force accessed 25 chaplains, 558 Officer Training School candidates and 806 health professionals.

Last year, of the more than 31,900 new enlistees accessed into the Air Force, more than 80 percent scored in the top 50 percentile of the Armed Forces Qualifying Test.

The Air Force is still hiring and will seek to fill more than 140 enlisted career specialty areas with 31,750 new Airmen in 2010.

For information about enlisted, officer and healthcare professional job opportunities, contact a local Air Force recruiter. Recruiter contact information is available by calling 1-800-423-USAF (8723) or visit the Recruiter Locator link on the official Air Force recruiting Web site at www.airforce.com.

Base News

Columbus Officers Spouses Club Bunko

The Columbus Officers' Spouses' Club (COSC) will host a Bunko evening on Tuesday, October 20 at 6:00 p.m. at the Columbus Club. The theme for the evening is from the show Wicked. Which witch is which? Dress up as the bad witch or the good witch or wizard to enter the best costume contest. Heavy Hors d'oeuvres will be served. \$12 Columbus Club members and \$14 for non-Columbus Club members. Must be COSC member to be eligible to win Bunko prizes. RSVP is required by noon on Thursday, Oct 15th to coscrsvp@yahoo.com.

Pioneer Club

The CAFB Chapel has begun registration for the children's program Pioneer Club. The program will be held each Wednesday evening 6 p.m. to 7:30 p.m. This program is open to children ages three years thru seventh grade. This is an ecumenical religious program geared to teach children about Christ in every aspect of life. A pot luck dinner will be served each week at 5 p.m. parents must join their children at dinner.

Wednesday Evening Adult Bible Study

The CAFB Chapel will be holding a variety of Adult Bible Studies from 6 p.m. to 7:30 p.m. A Pot Luck dinner will be served at 5 p.m., please bring a side dish or dessert to share if you are able. Please call the Chapel at 434-2500 for a list of studies.

Refresher

Time to get together with the girls for fun and fellowship at the CAFB Chapel! Join us once a month for a different kind of ladies ministry. We start at 6 p.m.

October 22 - We'll watch Hope Floats, bring a favorite stew or soup, and for dessert we'll have Coke floats. A short Bible Study relating to the movie will end the evening.

November 12 - Time to dust off the cook books and cook up your favorite holiday recipe, don't forget to bring a few copies of the recipe to share. We'll fellowship, swap recipes and stories.

Library Story Time

The base library will hold Story Time on Thursday from 10 a.m. to 10:30 a.m. Story Time will continue to be held each week.

Visit www.Columbus.AF.mil today!

Saint Leo U. Military Spouse Discount

Military spouses seeking a degree at Saint Leo U. can enroll in two classes and take a third class for FREE. Contact Dew White at 434-8844 or stop by the Saint Leo U. office in the Personnel Bldg., Room 120.

Education Counseling Hours

Education counseling (CCAF, Bachelor's/Master's programs, Tuition Assistance, etc.) is now available Mondays and Wednesdays from 1 p.m. to 4 p.m. by appointment only. Please contact Edward Hodge at 434-2562 to schedule.

Attention All Deployers

The 14th Communications Squadron has a new system which allows you to place "free" telephone calls back home from your deployed location via DSN. You can call every day or once a week; whichever you prefer (allotted time is 3.5 hours a week). Pin numbers are required and can be picked up along with instructions from the Telephone Systems office located in Building 900, Room 9. Please call 434-2020 for additional information.

DRMO as a source of supply

Authorized personnel may retrieve property that is marked for DRMO Facilities only if they are still physically located in Base Supply. For more information, call the Inspection Section at extension 434-7233 to review the property, Stock Control at 434-7198 to check for authorization and Customer Support at 434-7178 to order the property. All other DRMO processing is done via the Web at: www.drms.dla.mil.

Do you have a supply problem?

Do you need status on an item you ordered? Did you receive the wrong part? The Customer Support section is the single point of contact when requiring assistance on supply related matters. For assistance, you may contact Customer Support at 434-7178.

Zero overpricing program-incentive awards

Overpricing is an issue everyone should be working. All personnel are encouraged to participate, and will be rewarded for any tangible savings resulting from their price challenge. Monetary awards will be given in accordance with AFI 38-401, The Air Force Innovative Development Employee Awareness (IDEA) Program. Advice and guidance are available by calling the Customer Support section of Base Supply,

located in Building 158, at 434-7178.

Attention supply customer

If you are looking for that special piece of equipment or furniture for your office, your point of contact is the Inspection Section of Base Supply. Inspection maintains the Last Look Area, which has used equipment and furniture turned in from other organizations that no longer have a need for the items. All items in the Last Look Area are available without charge to your organization. For more information, you can contact the Inspection Section at extension 7233 or 7234.

School Liaison Officer

The Columbus Air Force Base School Liaison Officer works with local school districts, schools, parents and students on issues related to elementary and secondary education for the children of ALL personnel (civilian, military and contractor) assigned to the installation. As parents of school age children are aware, there are many unique issues our children face as they transition to new schools. The role of the School Liaison Officer is to assist families ensure their children receive the best possible education regardless of where they attend school. For assistance, please contact the School Liaison Officer at 434-2792 or via email at slo@columbus.af.mil.

CAC Card Replacement

Members can replace their Common Access Card within 60 days of it expiring. All personnel will need to provide the following at the time of replacement: two forms of identification, government ("dot" mil or gov) email address, a six to eight digit personal identification number and an application for a CAC, the appropriate application will be provided to appointment is made. Call 434-2626 or 434-2624 to schedule an appointment.

Airman and Family Readiness Center

(Editor's note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of the activities listed, call 434-2790 or email afrc@columbus.af.mil.)

Pre-Separation Counseling (DD Form-2648)

Mandatory briefing for personnel separating or retiring. Briefing should be completed at least 90 days prior to separation and may be completed up to 12 months prior to separation or retirement. Counseling held daily at

8:30 a.m. and takes approximately 30 minutes.

Pre and Post Deployment Tour Brief

Mandatory briefings for active duty personnel who are deploying or returning from deployment or a remote tour. Briefings are held daily at the AFRC; Pre-deployment at 9:30 a.m. and post-deployment at 1:30 p.m.

Medical Coding

Medical Coding class starts Oct 19 from 6-9 p.m. Active Duty, Family Members, Retirees, NAF, Civil Service or Contractors are welcome. Learn medical coding for employment opportunities in the medical field. Student text books cost approximately \$75. Must have eight registered to hold the course. Registration deadline is Oct 16. Meets on Mondays, 6-9 p.m. for eight weeks (Oct 19-Dec 7). To register, call 434-2790.

MS Power Point 2007

Class starts Oct 19, 2-4 p.m. Workshop meets Mon, Tue and Wed for two weeks. Learn how to build Power Point presentations. No cost but is limited to 11 seats. For more information or to register call 434-2790.

MS Publisher 2007

Class starts 19 Oct, 4:15-6:15 p.m. Workshop meets Mon, Tue and Wed for two weeks at the AFRC. No cost, but is limited to 11 seats. For more information or to register call 434-2790.

Wing Newcomers Orientation

Newcomers Orientation is scheduled for Oct 20 from 8:00 a.m. 4:00 p.m. for newly arrived Active Duty and civilian personnel at the AFRC. Spouses are encouraged to attend.

Smooth Move Workshop

The next smooth move workshop will be held on Oct 22, 2:00-3:30 p.m. Valuable information for relocating. Learn what to expect from TMO, Housing, Military Pay, Billeting, Tri-Care, and Medical Records during your move. Advance registration required NLT 10:00 a.m. the day of the workshop. Call 434-2790 to register.

Sponsorship Training

Next class will be on Oct 27 from 9-10 a.m. for all Unit Intro Monitors and Sponsors. Training focuses on the importance of a good, effective sponsorship program and resources available for both Unit Intro Monitor and Sponsor. In addition, web-based training is offered thru the AF Portal, under Bases-Organizational Area TAB, select My Base and look under Training.

High Expectations for CFC Kick Off 2009

Capt. William Clarkson
14th Medial Operations Squadron

Tuesday not only marked the end of a well-deserved three-day weekend, it signified the beginning of this year's Combined Federal Campaign (CFC). This year's CFC kicked off Tuesday as Col. Roger Watkins, 14th Flying Training Wing commander, signed his pledge card on the dotted line. The campaign spans from October 13 to November 24.

The CFC brings together federal employees throughout the United States and abroad to take part in the largest workplace charity campaign in the United States. Last year's campaign raised over \$98,000 locally for a multitude of worthwhile charitable organizations. Along with the more prominent national and state charities, several local charities are represented in this year's campaign. The OPM annually reviews and scrutinizes each

charity for legitimacy.

This year's CFC comes during a time of economic challenges and concerns. The Washington Post reported a two percent decrease in charitable donations in 2008; this marked only the second decrease in 53 years of overall contributions. Columbus AFB, however, broke this trend and significantly surpassed its 2008 CFC goal. There are expectations this year will be no different as Columbus Air Force Base personnel rally together in support of those most deserving.

Federal employees participate voluntarily and can locate CFC representatives throughout the base. Participants can track contributions via the base thermometer located just inside the South gate. Please view the following website for detailed information regarding the CFC and its charities: www.opm.gov/cfc. For specific local questions please contact Capt William Clarkson at 434-2121 or via email at william.clarkson@columbus.af.mil.



U.S. Air Force photo/Melissa Duncan
Col. Roger Watkins, 14th Flying Training Wing commander, signs his Combined Federal Campaign pledge card October 13 in the wing conference room. Federal employees participate voluntarily and can locate CFC representatives throughout the base. Participants can track contributions via the base thermometer located just inside the South gate.

Aviation artist speaks at 49th FSA reunion



USAF Photos
Aviation artist Keith Ferris, receives instruction from Pilot Instructor Training (PIT) instructor Capt. John Lynch at Randolph AFB, Texas on May 8, 1963, before Ferris' first T-38C flight. Scene recreated 46 years later on Oct 8, 2009 as Lt. Col. Tor Dietrichs, 49th Fighter Training Squadron commander, preps Mr. Ferris for his T-38C IFF sortie at Columbus Air Force Base, Miss. Ferris was the featured speaker for the 49th Fighter Squadron Association reunion Oct 8-10 at Columbus AFB.

Mississippi School for Mathematics and Science (MSMS)

Mississippi School for Mathematics and Science (MSMS): Are your children ready for one of the most academically challenging high schools in the state of Mississippi? If so, the Mississippi School for Mathematics and Science may be for them! MSMS is accepting applications for the Class of 2012. MSMS was created by the Mississippi legislature in 1987 and each year since, a new group of academically-talented young people arrives for a unique two-year experience that includes rigorous academic coursework, counseling services, and student activities in a residential setting on the campus of Mississippi University for Women. MSMS graduates attend outstanding universities throughout the country and are involved in interesting, rewarding work throughout the world. Mississippi was the fourth state in the nation to provide its academically-talented students with this level of quality public education. Applications, to include ACT score, are due no later than February 19, 2010. For additional information, go to: <http://www.msms.k12.ms.us/index.php> or contact the Columbus AFB School Liaison at 434-2792.



THE SECRETARY OF THE AIR FORCE
CHIEF OF STAFF, UNITED STATES AIR FORCE
WASHINGTON DC



SEP 15 2009

MEMORANDUM FOR ALL AIRMEN

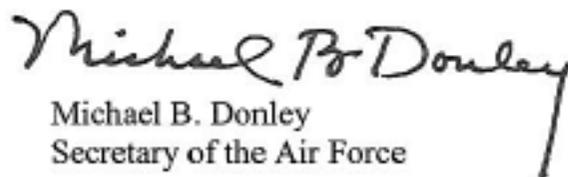
SUBJECT: Energy Awareness Month

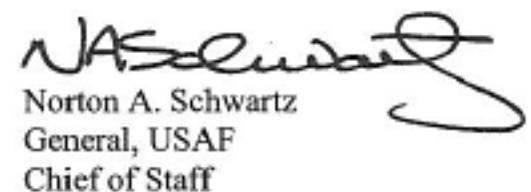
President Obama has called on Americans to lower our reliance on fossil fuels and change the way we produce energy. As always, the Air Force will answer the President's call to action and do our part to increase our nation's energy independence. We are and will continue to be a leader in improving our nation's energy security.

October is Energy Awareness Month throughout the Federal government and we are using it to kick-off energy awareness campaigns across the Air Force. Our theme this year is *Energy Solutions...Fueling the Mission*. This theme highlights the importance of energy to our overall mission to *Fly, Fight and Win*, and supports the Air Force energy strategy to reduce demand, increase supply, and change our culture.

Over the past year, your hard work has resulted in solid progress towards our strategic energy goals. Overall, energy consumption continues to decrease and we have improved our energy security by making our bases more efficient, while identifying alternative fuel sources for our aircraft. To assist in our future endeavors, we recently established the Energy Program Management Office to serve as the coordinating body for all cross-cutting Air Force energy issues.

Your daily commitment to enhancing our nation's energy security complements our core values and supports the Air Force mission. Through teamwork and discipline we can execute our strategy and make lasting energy improvements for our Air Force and the Nation.


Michael B. Donley
Secretary of the Air Force


Norton A. Schwartz
General, USAF
Chief of Staff

14th FTW hosts Business After Hours



Photo by Sonic Johnson

BLAZE Team Honorary Commanders pose for a group photo Thursday night at the Columbus AFB Crash Fire Rescue Station on October 8. The base hosted Business After Hours, a local chamber of commerce social event. The event was held at the fire station as part of their Fire Prevention Week activities and also to Hail and Farewell our Honorary Commanders.

14TH FLYING TRAINING WING DEPLOYED

As of press time, 50 BLAZE TEAM members are de-ployed worldwide. Remember to support the Airmen and their families while they are away.

HERITAGE

(Continued from Page 1)

ident of Mexico. He moved his family to Mississippi in 1984 and became a U.S. citizen in 1996.

Rosales, an accomplished photographer, film maker/producer and now restaurant and bar owner, attributes three ideals for success.

"Self Confidence," Rosales notes, "is what will guide you through the times when life challenges you that you cannot succeed at an endeavor." He believes that if you have the self confidence to undertake your dream, it should succeed.

Secondly, Rosales believes you need faith in your god. He credits all his successes and life lessons to the belief in his God.

Lastly, Rosales believes in consistency, one must stay the course and not wander from vision-to-vision. This consistency of purpose will lead to success.

Rosales closed with the challenge to always dream and keep a vivid imagination. The true challenge is to be able to distinguish between fantasy/illusions and true vision and imagination.

Each year, Americans observe National Hispanic Heritage Month by celebrating the histories, cultures and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean and Central and South America. The observation started in 1968 as Hispanic Heritage Week under President Lyndon Johnson and was expanded by President Ronald Reagan in 1988 to cover a 30-day period starting on September 15 and ending on October 15. It was enacted into law on August 17, 1988. The day of September 15 is significant because it is the anniversary of independence for Latin American countries Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. In addition, Mexico and Chile celebrate their independence days on September 16 and September 18, respectively. Also, Columbus Day or Día de la Raza, which is October 12, falls within this 30 day period.

The luncheon culminated the Hispanic Heritage month program spearheaded by Airmen First Class Oscar Samame, 14th Comptroller-Contracting Squadron (Provisional).

SILVER WINGS

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Submission Deadline

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Submit all advertising to the Columbus, Miss., Commercial Dispatch advertising department one week prior to desired publication date. The advertising department can be reached at (662) 328-2427.

Football: Air Force falls to 10th-ranked TCU, 20-17

Staff Sgt. Don Branum
U.S. Air Force Academy Public Affairs

U.S. AIR FORCE ACADEMY, Colo. — The U.S. Air Force Academy football team fought hard against 10th-ranked Texas Christian University, but lost 20-17 Oct. 10 at Falcon Stadium here.

An 8-yard rush by Falcons quarterback Connor Dietz brought the Falcons within three points with less than a minute to play, but the Horned Frogs recovered the onside kick and ran out the clock.

"Both teams played their hearts out," said Falcons head coach Troy Calhoun. "What you can see is that our guys love playing football. My gut tells me that we're going to be a better football team this second half of the season."

The Academy team's final drive capitalized on one of three Horned Frogs turnovers of the day. Falcons defensive lineman Kylie Wikstrom forced Horned Frogs wide receiver Jeremy Kerley to cough up the ball, and defensive back

Chris Thomas recovered for Air Force. The fumble came one play after the Horned Frogs stopped the Air Force team on 4th and 23.

"That is a good Air Force football team. You can't turn the ball over against them," said TCU head coach Gary Patterson. "You've got to give Air Force credit. They did what they needed to do. They fought ... but we were lucky enough to make a couple of plays more than they did."

TCU controlled the ball for most of the game, leading Air Force nearly two-to-one in time of possession going into the fourth quarter. The Horned Frogs ran 80 plays, compared to 63 for the Falcons.

TCU's go-ahead score was a 27-yard field goal from Evans Ross, which put the Frogs up 20-10 with 2:49 left to play.

Air Force broke a two-game offensive scoring drought in the second quarter with a 16-yard pass from wide receiver Jonath Warzeka to wide receiver Kevin Fogler, who was wide open in the end zone. The touchdown was the first

pass of the sophomore's career.

The Horned Frogs' first touchdown of the game came on a one-yard run by tailback Joseph Turner with 3:32 to play in the first quarter. Its second score came on a two-yard outside run by Kerley with 3:44 remaining in the second quarter.

The Falcon's rushing attack, ranked second in the nation, gained 229 yards against TCU, which had the nation's top-ranked rushing defense and allowed only 47 yards per game coming into this contest.

Connor Dietz looked comfortable in the Falcons' offensive lineup, accounting for 71 rushing yards on 15 attempts and going 6-of-17 for 42 yards through the air.

TCU's offense rushed for 195 yards on 52 carries. TCU quarterback Andy Dalton was 16-of-28 for 198 yards with one interception.

The Falcons' defense has 20 takeaways so far this season and has forced two or more turnovers in 18 of its last 22 games. Ben Garland had two sacks on Dalton for 14 yards;

defensive lineman Rick Ricketts and linebacker Wale Lawal shared credit for a third sack. Senior linebacker Justin Moore had a career-high 12 tackles, topping his 11 tackles against Navy Oct. 3.

The pregame ceremony featured the presentation of a game ball that traveled halfway around the world from Bagram Air Field, Afghanistan, where it survived being accidentally run over by a 14-ton mine-resistant ambush-protected vehicle. The Air Force-TCU game was the third game in a tripleheader broadcast by the CBS College Sports Network that also included Army's 16-13 overtime victory over Vanderbilt and Navy's 63-14 thrashing of Rice.

The temperature at kickoff was 19 degrees, the coldest weather in which the Horned Frogs have played since joining the Mountain West Conference in 2004. The victory puts TCU at 5-0, their best start since 2003, and 1-0 in the MWC. Air Force drops to 3-3 (2-1).

Tuesday Flag Football Scores

Game 1: 14th OSS #1/RAPCON W 41st FTS L (forfeit)

Game 2: 48th FTS 34 W 14th CPTS 21 L

Sports Shorts

Biker Night: The bowling center offers a free cheeseburger from 5 to 9 p.m. every Monday night during the months of September and October. Bring in your helmet and receive one free burger. For more information, call 434-3577.

Winter bowling leagues: Sign up now – leagues available for the Thursday night intramural league, the Tuesday night mixed league and the youth league on Saturday mornings. If you would like to start a league, contact the bowling center for more information. Call 434-3577.

Badminton tourney: Register at the Fitness Center for this fun tournament at 1 p.m. Nov. 1. Recommend registering early but will take late entries the day of the event. For more information, call 434-2772.

Fright night no tap bowling tournament: The Bowling Center offers this fun event starting at 7 p.m. Oct. 31. Cost is \$10 per person and includes three games and shoe rental. Prizes awarded for best costumes. Register no later than 6:30 p.m. the day of the event. For more information, call 434-3426.

Mon	Tue	Wed	Thur	Fri	Sat/Sun
19 Bench Press Competition, 4:30 p.m. @ Fitness Center	20 Base Newcomers, @ AFRC OSC Social, 6:00 p.m.	21 10-15 Commander's Welcome, 4:00 p.m. @ Club 10-09 Track Select, 5:00 p.m. @ Club	22 Quarterly Award Luncheon, 11:30 a.m.	23 10-01 Graduation Ceremony, 10:00 a.m.	24/25
26 Night Flying Week	27 BCC Luncheon	28	29 Pumpkin Carving Contest Youth Center Fall Festival	30 Amazing Race Award Ceremony Enlisted Promotions	31/1 Halloween Monster March Halloween Party Bash Daylight Savings Ends (Nov. 1)

Long Term Events

Nov. 1-7 - Air Force Family Week
Nov. 3 - Election Day

Nov. 5 - SNCO Induction Ceremony
Nov. 6 - 10-02 Assignment Night
Nov. 7 - Career Day
Nov. 7 - Columbus Veterans Day Parade