

AEF deployment length increases

Staff Sgt. C. Todd Lopez
Air Force Print News

WASHINGTON — Most Airmen scheduled to deploy in upcoming air and space expeditionary force packages will see their orders expand from 90 to 120 days.

The change in deployment length will begin with AEF cycle 5 in September. Those who deploy as part of AEFs 1 and 2 should prepare for a 120-day deployment.

Air Force Chief of Staff Gen. John Jumper announced the change in his "Sight Picture" on June 4. The reason for the change is that the requirement for deployable forces is not expected to decrease in the foreseeable future, he said.

"Simply put, the demands on our deployable forces have not diminished and are not expected to decline for some time," the general wrote. "Further, the Air Force component commander in the Central Command area of operations has asked us to deploy people for longer tour lengths to allow greater continuity for expeditionary commanders in the field."

To help extend tour lengths to 120 days, the entire AEF cycle was adjusted. The new cycle, now 20 months in length, allows for a four-month eligibility window and a 16-month training window.

General Jumper also said he intends to increase the pool of Airmen eligible for deployment. Currently, the Air Force has about 272,000 Airmen earmarked as deployment-eligible.

"I have asked all of our major commands to aggressively review the assumptions upon which they exclude Airmen from our AEFs and take immediate steps to maximize those postured (for deployment)," the general said.

The changes to the AEF cycle, while possibly difficult for some, should be considered by all Airmen as part of their commitment to the Air Force, General Jumper said.

"Let me be perfectly clear — in our Air Force, every Airman is expeditionary, every Airman will know (his or her) place in the AEF system, and every Airman will be prepared to support the combatant commander, whether deployed, in (the continental United States) via reachback, or employed at home station," General Jumper said.

Airmen currently deployed as part of AEFs 7 and 8 and AEFs 9 and 10 will still be held to the 90-day deployment schedule.



Airman 1st Class Sherri Tucker, wing honor guardsman of the quarter, receives instructions on how to adjust her seat from Lt. Col. Mike Mangus, 41st FTS operations officer, before her incentive flight Tuesday.

CAFB airman earns Tweet ticket

Airman 1st Class Boto Best
Public Affairs

A Columbus AFB honor guardsman flew an orientation sortie in a T-37 Tweet Tuesday.

Airman 1st Class Sherri Tucker, 41st Flying Training Squadron, earned the flight for winning Honor Guardsman of the Quarter at the wing level for the second quarter of 2004.

"Military members of our Columbus BLAZE team can be awarded up to one incentive flight each per tour at Columbus AFB for outstanding performance in their duties," said 2nd Lt. James Morford, 14th Flying Training Wing scheduling officer.

"We fly several incentive flights each quarter for terrific Airmen — enlisted and officers — who have shown a willingness and

desire to go above and beyond what was expected of them."

Airman Tucker flew with Lt. Col. Mike Mangus, 41st Flying Training Squadron operations officer.

"It was an honor to be recognized as Honor Guardsman of the Quarter," Airman Tucker said. "I got an envelope with a lot of cool stuff, but I never thought I'd get to fly."

Colonel Mangus and Airmen Tucker flew in patterns around the local area, over the Tombigbee River into Starkville, Miss., and back. She even got a chance to briefly take the controls.

Airman Tucker said the best part was actually getting to fly the jet.

"We flew upside down and pulled a couple of G's, but I was fine," she said. "I felt the turbulence as we cruised through the clouds, but otherwise, it felt awesome."

These incentive flights have the full backing of senior base leadership.

"The Operations Group fully supports incentive sorties to recognize the professionalism, mission accomplishment and teamwork of our BLAZETEAM members who've received wing awards," said Lt. Col. James Reed, 14th OG deputy commander. "Incentive flights provide a visible reward to military personnel for outstanding service and simultaneously offer an opportunity to showcase what we do here on the flightline."

Winners for the following wing awards programs are offered incentive flights: Wing Airmen, NCOs, senior NCOs, Officers and Honor guardsmen of the quarter and of the year. For more information about incentive flights, call Lieutenant Morford at Ext. 2759.

Library kicks off summer reading program

Airman 1st Class Cecilia Rodriguez
Public Affairs

The base library invites children of both military and civilian BLAZE TEAM members to participate in the summer reading program Wednesday through July 28.

The program meets once a week from 1 to 2 p.m. at the library and is for children entering first through sixth grade during the 2004-2005 school year.

Both recreational and educational activities have been planned for the children during the weekly meetings, said Pat Jones, library technician.

Children will receive a tour of the nature trails on base, spend a day in the park learning about animals, learn about many different resources available at the library and more.

During the last session, children will receive certificates of participation, and one child from each grade group will be recognized as an "Outstanding reader" for reading the most books throughout the summer.

"When the children sign up, they are given reading logs to track the number of books they read at home, a schedule of events, and plastic book bags with pencils, bookmarks and activity sheets," Ms. Jones said.

Children also receive lists of Newberry and Caldecott

Medal books. First, second and third graders must read at least one book from the Caldecott Medal list, and fourth, fifth and sixth graders must read at least one book from the Newberry Medal list.

"It's important to encourage children of this age to read, especially during the summer," Ms. Jones said. "It helps keep them in touch with literature and will enable them to become better readers during the school year."

Children who arrive at Columbus AFB after the program begins are also invited to participate and may register at any time.

To sign up for the program or for more information, call the library at Ext. 2934.

Reservists get back premiums

RANDOLPH AFB, Texas — Department of Defense employees called to active duty can now claim retroactive reimbursement of health insurance premiums paid while on active duty in support of a contingency operation on or after Dec. 8, 1995.

To be eligible for reimbursement of Federal Employees Health Benefits premiums, the employee or former employee must meet the following requirements:

- Must have been a civilian employee of the DoD at the time called to perform active duty.

- Must have been enrolled in FEHB and paid the employee share of the premiums, either by payroll deduction after returning from active duty or by direct payments to the payroll office during the period of active duty.

- Must have been a member of a reserve component of the United States armed forces.

- Must have been called or ordered to active duty in support of a contingency operation as defined in section 101(a) (13) of Title 10, United States Code.

- Must have been placed on leave without pay or separated from federal civilian service to perform active duty.

- Must have served on active duty for a period of more than 30 consecutive days for each period for which reimbursement is claimed.

For more information and procedures for filing a claim for retroactive reimbursement of FEHB premiums, visit the Benefits and Entitlements Service Team Web site at www.afpc.randolph.af.mil.

Current employees may call (800) 616-3775, press 2 for civilian, then 2 for benefits and entitlements.

Those located overseas can dial the AT&T direct access number for that country and then (800) 997-2378.

Hearing impaired employees can call TDD (800) 382-0893. (Courtesy of the Air Force Personnel Center News)



Kenn Brown

One more stripe

The 14th Flying Training Wing congratulates the June enlisted promotees. Pictured are (from left to right, front to back): to airman first class: Cecilia Rodriguez, 14th Flying Training Wing; to senior airman: Jennifer Lamey, 14th Security Forces Squadron; to technical sergeant: Kristie Holt, 41st Flying Training Squadron; to chief master sergeant: Timothy Wells, 14th Operatios Support Squadron; to staff sergeant: Maresah Moses, 14th SFS; to senior airman, Pringleon Hall, 14th Civil Engineer Squadron; and Michael Bradford, 14th Medical Operations Squadron. Not pictured are:

To airman:

Ronald Watt, 41st FTS

To senior airman:

Eric Kohler, 14th SFS; Edwin Rodriguez, 14th SFS;

To staff sergeant:

Jason Jackson, 14th OSS;

To technical sergeant:

Curtis Taylor, 14th SFS

To master sergeant:

Aнду Williams, 14th Mission Support Squadron

'101 Critical Days of Summer' tip:

If everything comes your way, you are in the wrong lane.

NEWS BRIEFS

Dorm dinner

A monthly dinner for dorm residents is at 5 p.m. Thursday, at the chapel annex. The menu includes barbecue chicken. For more information, call the chapel at Ext. 2500.

AFSA luncheon

All Air Force Sergeants Association members are invited to attend a membership drive social at 5:30 p.m. Thursday at the enlisted lounge. James Lokovic, AFSA deputy executive director, will be attending. For more information, call Master Sgt. Kevin Hawks at Ext. 7125.

OSI office closure

The Office of Special Investigations will be closed today to mark the death of former U.S. President Ronald Reagan. Anti-terrorism briefings will resume June 18 at 9 a.m. For more information, call Ext. 2852.

Airmen lay to rest
former president

WASHINGTON — Airmen nationwide will pay tribute this week to former President Ronald Reagan who died at his home June 5 from pneumonia as a complication of Alzheimers.

President Reagan, who was 93, served as the 40th commander in chief from 1981 to 1989.

Air Force participation in the state funeral includes several band performances as well as providing marching units, honor guard and a flyover.

The U.S. Air Force Band, stationed at Bolling Air Force Base, D.C., performed for the arrival of President Reagan's remains at Andrews AFB, Md., Wednesday. The U.S. Air Force Band of the Golden West from Travis AFB, Calif., will perform at the interment ceremony today at the Reagan Library in Simi Valley, Calif.

F-15E Strike Eagle aircrews from the 4th Fighter Wing at Seymour Johnson AFB, N.C., performed a 21-ship flyover Wednesday. Air Force Honor Guard members will remain with the president as he lies in state until his burial today.

Following the National Cathedral funeral service, 11:30 a.m. to 1:15 p.m. today, a motorcade will move President Reagan's remains to Andrews for a return flight to a private funeral in California.

CAFB youth complete DEFY program

Airman 1st Class Cecilia Rodriguez
Public Affairs

Friends, family and mentors gathered for the graduation of 24 Drug Education For Youth 2003-2004 participants at the Columbus Club Monday in a youth-oriented celebration.

"They see possibilities, dare to dream and are very inquisitive," said Maj. Nina Perino, DEFY program coordinator. They never stop asking 'why' or 'how.'"

Red, white and blue balloons adorned table corners, and guests filled up on chicken fingers, pigs in a blanket, vegetables, fruit, cake and punch. But not before each of the five tables created their own DEFY chants in a competition to decide who would be first to approach

the buffet line.

"We intentionally made the celebration 'kid-friendly' by serving foods that kids enjoy and keeping the evening light-hearted and fun — I suspect quite a few of the adults also enjoyed being child-like, if only for one evening."

Ten-year-old DEFY graduate Brittany Ginn said she participated in a lot of activities that helped her learn to solve problems, and was glad she got the chance to do so alongside old and new friends.

"If [my friends] get older and think they might want to do things like smoke, they can remember DEFY and change their minds about it," she said.

DEFY is a three-phase, year-long program for children ages nine to 12 that helps develop protective measures

against drugs, alcohol, tobacco, violence and gangs.

The 2004-2005 DEFY Program begins this month with the Phase I Leadership Camp from June 21 to June 26. There are still 10 youth slots available, and volunteers are always needed.

"Volunteering with DEFY is a great way to mentor children and teach them that using drugs and alcohol are not the norm," said Kristi Masters, 2004-2005 DEFY camp director. "The program promotes the idea of children seeking out responsible adults in their lives who they look up to when they need to talk or need help."

For more information about the program, call Major Perino at Ext. 2235 or Mrs. Masters at 434-6914.

Combat exercise showcases blue BDUs

Airman 1st Class Terri Barriere
Northern Edge Joint Information Bureau

ELMENDORF AFB, Alaska (AFPN) — As the Air Force continues its wear test of the proposed new utility uniform, its sister services are getting a chance to get an up close and personal look at the uniform during exercise Northern Edge '04.

"There are a total of 90 Airmen on base participating in the wear test of the new blue, green and gray tiger-striped utility uniform," said Master Sgt. Randal Williams, 3rd Mission Support Squadron. "The test is designed to determine the suitability, durability and sizing of the uniform."

Although opinions of the other services are not factored into the final decision to switch to the new uniform, the other services have already taken notice of it and are not keeping quiet.

"When you look at their new uniforms closely, you can see they're really detailed," said Army Staff Sgt. John Lebo, Alaskan Command directorate of personnel and administration. "The new

uniforms really have a flavor of their own."

For some, it was not the "flavor" they liked about the uniform, as much as its ability to be washed and worn.

"Functionally, I see the uniforms as being more economical to own and operate because they require less maintenance," said Navy Lt. Cmdr. Charles Grodina, Special Operations Command-Pacific.

He also said the color of the uniform takes some getting used to, and he definitely thinks they distinguish the Air Force from the other services; however, not everyone agrees with his opinion of the new colors.

"I don't think the colors are appropriate for everyday wear," said Gunnery Sgt. Lawrence Torres, Joint Information Bureau chief. "I think they could be toned down a bit; however, I do think it's great to see the Air Force is looking to bring in a better uniform."

While not everyone agrees on exactly how they feel about the proposed uniform, most admit they are at least more functional as well as cost effective.

"Getting up in the morning and

putting this uniform on is a really pleasant experience because of how comfortable it is," said Capt. Aimee Cannon, assistant staff judge advocate and wear-test participant from the 3rd Wing's legal office.

"They also help you save money by not having to dry clean them every week. I think by the time six months have passed, I will have saved more than \$100," said Maj. Scott Riskey, 11th Air Force staff judge advocate and wear-test participant.

The exercise and day-to-day operations are giving people an opportunity to view the proposed uniform and comment on its suitability for 21st-century expeditionary Airmen, Sergeant Williams said.

"This data will be given to our headquarters and our senior (leaders) to help them make an accurate decision," he said.

Northern Edge '04 is designed to exercise joint operations, techniques, procedures, command and control relationships, and enhance the joint operations of about 9,000 Soldiers, Sailors, Airmen, Marines and Coast Guardsmen.

Never too early for BLAZE TEAM to solidify foundation for success

Col. Keith Keck
14th Mission Support Group

School's out, the kids are flocking to the pool and on most streets in base housing, the moving vans are packing up our fellow BLAZE TEAM members for new and exciting assignments. Meanwhile, their replacements are starting to arrive. The first of our AEF 8 deployed members are also starting to return home, with a much deserved rest period in their near term future.

This is truly the time of year for transition and change. And as with any military unit, the mission continues on, day-in and day-out.

But isn't summer the time to enjoy some free time? Well, yes and no. In one sense, we can afford to recharge our batteries for a very hectic time starting as soon as the beginning of July.

Our first challenge will be to host a successful Go 4th celebration. In all that we tackle at Columbus AFB, let's do it first-class. Many of you are veterans of big events like this, so it's time for all of you Go 4th or Wings Over Columbus veterans to step up in making Columbus AFB

stand tall. Senior leadership has tremendous confidence this Go 4th will be another first-class performance.

After this big event, we will have a short period to catch our breath and enjoy the rest of summer before a series of big challenges test the metal of each BLAZE TEAM member as we begin preparations for our expected Spring 2005 Air Education and Training Command Inspector General visit.

You are probably wondering why senior leadership is already concerned about an event more than nine months away. Well, here are some of the major hurdles we must overcome together during the critical months of IG preparation:

1) By the end of July, we will have changed out 11 of our 16 squadron commanders within a five-month period — quite a turbulent time across the leadership ranks. And if that is not enough, look around at the number of senior enlisted and senior civil servants that are new or in transition, as well.

2) The Air Force is implementing a new force shaping policy, which will cause some BLAZE TEAM members to retire or separate early, adding more turbulence.

3) Deployments for another 50-plus personnel in AEF 2 are right around the corner, and with Chief of Staff of the Air Force Gen. John Jumper's announcement of 120-day rotations, this will take many critical BLAZE TEAM members away from our midst for more than four months

during our critical IG spin-up time. Organizations like the services division and the fire department will deploy large numbers of people to forward locations.

4) Our Army partners supporting base security will leave by November. So what impact does that have on you? With almost 40 percent of our security forces deployed by fall, help via ready augmentees will be required to maintain the security for our base, again drawing some personnel away from their duty sections.

These four issues combined with normal operations create a challenge for all of us. This fall will be a time for all BLAZE TEAM members to rally together, and you can help.

Supervisors — military and civilian — determine now what needs to be updated or changed in your section, flight or squadron, or who needs to be in key positions or assigned critical duties. Don't wait — get your team in place and start working toward a common goal of garnering an "Outstanding" from the IG.

For our veteran civil servants of the last IG and many IGs before that, you will be counted on to step forward and highlight what went well and not so well. Take the initiative and leadership to meet the challenges of many missing military members either deployed, helping with base security, or gone due to retirements or separation.

See **SUCCESS** Page 7

STRAIGHT TALK LINE

The Straight Talk Line is your direct line to the commander for comments and suggestions on how to make Columbus AFB better. The Straight Talk Line phone number is 434-7058. Callers should leave their full name and phone number to receive an answer. All names are kept confidential. Written questions may also be brought to the public affairs office in the wing headquarters building, Bldg. 724. People can also access the Straight Talk program through the Blazeweb at <https://columbusweb> and the main website at www.columbus.af.mil. Questions and answers will be edited for brevity.

Outdoor Recreation opening times

Comment: I was visiting the base Saturday, specifically the Outdoor Recreation office. I was told the office opens at 8 a.m. on Saturdays (as the sign outside the building also indicates).

I waited until 8:45 a.m., no one arrived to open the office and about 7 different groups of people were also left waiting since 8 a.m. My plans for the day were ruined because I was unable to get the equipment that I needed.

Col. Stephen Wilson

14th Flying Training Wing commander

SILVER WINGS

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Clinic:
Family Practice.....434-2172
Appointment Desk.....434-2273
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The first step is knowing what to look for. Always keep an eagle eye out for suspicious behavior. Call 24 hours a day (662) 434-7128.



Chief of Staff Sight Picture

AEF adaptation: Longer deployments, more forces

Gen. John Jumper
Air Force Chief of Staff



For the past 12 years, our Air Force has adapted to the demands of a changing world. Beginning in the early 1990s, we developed composite wings, expeditionary organizations and crisis-response packages that allowed us to rapidly deliver combat capability to combatant commanders. In 1998, we formalized the structure into 10 air expeditionary force packages. These responsive air and space capabilities allow us to present forces in a consistent manner and conduct military operations across the spectrum of conflict.

Throughout the late 1990s, our AEF (air and space expeditionary force) concept of operations has proven itself time and again. Even with the high demands of Operations Enduring Freedom and Iraqi Freedom, our AEFs surged to support the combatant commanders' warfighting and deterrence missions, employing nearly eight AEFs of combat forces. When major air and space operations diminished last year, we began the process of reestablishing the AEF battle rhythm. Our reconstitution target was March of this year, but the continued demands of global operations, additional contingencies in other theaters, and a tasking to support Army operations with 2,000 of our expeditionary combat support forces required us to reassess our planning assumptions, and to adjust our AEFs to a new mission set.

Simply put, the demands on our deployable forces have not diminished and are not expected to decline for some time. We have a new rotational requirement for nearly 20,000 Airmen — about three times the demand prior to September 11, 2001. Furthermore, the Air Force component commander in the Central Command area of operations has asked us to deploy people for longer tour

lengths to allow greater continuity for expeditionary commanders in the field. To adapt to this new set of circumstances, I've directed a change to the AEF rotational cycle and have asked our major commands to expand the pool of deployable Airmen in each AEF.

Beginning with AEF cycle 5 in September, the baseline deployment will be 120 days vice 90, and the AEF cycle will change from a 15-month rotational cycle to a 20-month cycle. We will continue to expect that each Airman will deploy only once during each cycle, although some stressed specialties will deploy longer and in greater frequency, until manpower levels are adjusted or the theater requirements diminish.

For those already deployed in AEFs 7 and 8 (March through May) and those deploying in AEFs 9 and 10 (June through August), it is our intent to stick to our 90-day deployment cycle.

For those identified to deploy in AEFs 1 and 2 (September through November), you should prepare to be gone a minimum of four months. This evolution of the AEF is not a temporary adjustment. More appropriately, it is recognition of new demands around the world for air and space power.

It is important to remember several fundamental principles regarding our AEF concept of operations. First, we are not changing the basic composition of each AEF; each will continue to provide about five air expeditionary wings and six air expeditionary groups of capability during each vulnerability period.

Our low-density, high-demand units will continue to follow Department of Defense-approved deployment guidelines. Finally, Air Force global mobility forces will continue to follow our AEF Presence Policy, with mobility aviation units postured in multiple AEFs to support the U.S. Transportation Command mission and other combatant commander needs.

The 20-month cycle will continue to provide commanders and Airmen the ability to plan ahead, allowing a sense of predictability while providing greater continuity to the in-theater commander. Still, I recognize longer deployments will present challenges to our Reserve Component, possibly affecting the number

of Air Reserve Component volunteers and requiring selected use of presidential mobilization authority. We will manage these matters very carefully, ensuring equity and fairness across the total force.

In addition to extending tour lengths, it is my intent to expand our pool of deployable Airmen from our current level of about 272,000. I have asked all of our major commands to aggressively review the assumptions upon which they exclude Airmen from our AEFs and take immediate steps to maximize those postured in the Air Force Worldwide Unit Type Code System and our AEF libraries. The MAJCOMs will posture the maximum number of manpower authorizations into standard UTCs, and if required, we will develop new ones to provide additional expeditionary capabilities. Residual authorizations will be postured into associated UTCs and will be coded to support AEF requirements across the range of military operations.

Let me be perfectly clear — in our Air Force, every Airman is expeditionary, every Airman will know his or her place in the AEF system, and every Airman will be prepared to support the combatant commander, whether deployed, in the continental United States via reachback, or employed at home station. If you are wearing the uniform of the United States Air Force, you are a part of the AEF.

We are at war today, and will remain engaged around the globe against a brutal and resilient enemy. Every Airman — active, Guard, Reserve, and civilian — must be focused on our national commitment to the Global War on Terrorism. Our job is to deploy and deal with terrorists wherever they are in the world so we never again have to deal with them on our own soil. You will be the difference between our success and failure in this vital cause. Once again, I want to thank each and every one of you for your dedication, professionalism, and service to our nation.

(Editor's note: This article is the latest Air Force Chief of Staff Sight Picture and may be accessed from the Air Force issues Web page at www.issues.af.mil.)

SUCCESS (Continued from Page 6)

All of us need to remember that being part of a team means stepping forward to fill the gaps — being part of the solution, not part of the problem.

Entering the heat of summer and into this fall, it is vital every BLAZE TEAM member perform at peak efficiency for the sake of the local training mission, support of our AEF deployed members, preparation for our IG and most importantly — for the defense of our great nation.

The time is now for the new BLAZE TEAM to solidify the foundation for success!



We are all recruiters

Each Air Force member is an "ambassador in blue." Each person can make a difference in someone else's decision to join the Air Force.

☐ Get involved in youth programs, whether in high schools or through church and community organizations. Be a role model in your community.

☐ Take advantage of the Recruiter Assistance Program. Each member of the Air Force is authorized a permissive TDY home for up to 12 days to perform recruiting duties with the local recruiter.

☐ Talk with others about what the Air Force has done for you and the successes you've had because you joined.



T-1A Jayhawk

U.S. Air Force photo

SUPT Class 04-10 earns silver wings



T-38 Talon

U.S. Air Force photo



1st Lt. Daniel George
Windsor, Vt.
F-15C, Tyndall AFB, Fla.



1st Lt. David McManaway
Greenville, S.C.
C-17, Charleston AFB, S.C.



1st Lt. Byron Batey Jr.
Novato, Calif.
C-17, McGuire AFB, N.J.



1st Lt. Robert Holt
Salt Lake City, Utah
C-17, McChord AFB, Wash.



1st Lt. Kevin Parsons
Morton, Ill.
KC-135, Mildenhall AB, UK



1st Lt. Daniel Schreurs
Grand Island, Neb.
F-15C, Tyndall AFB, Fla.



Twenty-three officers have prevailed during a year of training, earning the right to be Air Force pilots.

Specialized Undergraduate Pilot Training Class 04-10 graduates at 10 a.m. today during a ceremony at the theater.

The graduation speaker is Maj. Gen. Felix Dupre. General Dupre is Air Force Operational Test and Evaluation Center commander, Kirtland AFB, N.M. As such, he reports to the Air Force Chief of Staff regarding the test and evaluation of more than 400 programs being assessed at 24 different locations. Students receive their silver pilot's wings at the ceremony, and students who excelled in their respective training tracks are recognized.

Second Lts. Brett Speth, T-1, and Daniel Schreurs, T-38, received the Air Education and Training Command Commander's Trophy for being the most outstanding students overall in their classes.

The Air Force Association Award was presented to 2nd Lts. Robert Holt, T-1, and Ryan Chute, T-38. The award is presented to a graduate in each flight who excelled in training and typified the tenets of the association — promoting aerospace power and a strong national defense.

2nd Lt. Russ McManaway, T-1, Lieutenants Speth and Schreurs were named distinguished graduates.

The 52-week pilot training program begins with a six-week preflight phase of academics and physiological training to prepare students for flight.

The second phase, primary training, is conducted in the twin-engine, subsonic T-37 Tweet. Some complete this phase in the single-engine, tur-

boprop T-6A Texan 2 at Moody AFB, Ga. Students learn aircraft flight characteristics, emergency procedures, takeoff and landing procedures, aerobatics and formation flying. Students also practice night, instrument and cross country navigation flying.

Primary training takes about 23 weeks and includes 254.4 hours of ground training, 27.3 hours in the flight simulator and 89 flying hours.

After primary training, students select, by order of merit, advanced training in the fighter-bomber or airlift-tanker track.

Both tracks are designed to best train pilots for successful transition to their follow-on aircraft and mission.

Advanced training for the fighter-bomber track is done in the T-38 Talon, a tandem-seat, twin-engine supersonic jet. T-38 training emphasizes formation, advanced aerobatics and navigation.

Training takes about 26 weeks and includes 381 hours of ground events, 31.6 hours in the flight simulator and 118.7 flying hours.

The airlift-tanker track uses the T-1A Jayhawk, the military version of a multi-place Beech Jet 400.

Instruction centers on crew coordination and management, instrument training, cross-country flying and simulated refueling and airdrop missions. Training takes about 26 weeks and includes 185 hours of ground training, 43 hours in the flight simulator and 104 flying hours.

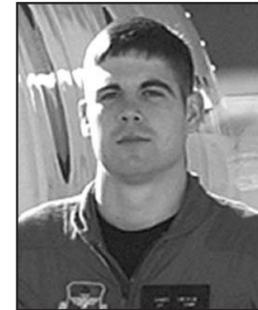
The class reunites on graduation day, when students receive the aeronautical rating of pilot and begin their careers as U.S. Air Force pilots. *(Editor's note: The class's pilot partners are WCBI and Accessible Aviation.)*



1st Lt. Matthew Paetzhold
Smyrna, Ga.
A-10, Davis-Monthan AFB, Ariz.



1st Lt. Anthony Ewers
St. Cloud, Minn.
KC-135, Grand Forks AFB, N.D.



1st Lt. James George III.
Pittsburgh, Pa.
C-17, McGuire AFB, N.J.



2nd Lt. Ryan Chute
Jacksonville, Fla.
T-37, Columbus AFB, Miss.



2nd Lt. Craig Cude
Monterey, Calif.
F-16, Luke AFB, Ariz.



2nd Lt. Ryan Ferdinandsen
Tampa, Fla.
KC-135, MacDill AFB, Fla.



2nd Lt. Kindal Hawkins
Las Vegas, Nev.
KC-10, McGuire AFB, N.J.



2nd Lt. Shaman Hughes
Delta, Colo.
C-17, McGuire AFB, N.J.



2nd Lt. Sean Krassow
Decatur, Ill.
KC-135, McConnell AFB, Kan.



2nd Lt. Brian Matranga
Mobile, Ala. (ANG)
C-17, Jackson, Miss.



2nd Lt. Samuel Meinrod
Tampa, Fla.
B-52, Barksdale AFB, La.



2nd Lt. William Morse
Marion, N.Y.
KC-135, Kadena AB, Japan



2nd Lt. Leah Reed
Shelbyville, Ky.
C-21, Andrews AFB, Md.



2nd Lt. Christopher Skoutas
North Kingstown, R.I.
T-1, Columbus AFB, Miss.



2nd Lt. Brett Speth
Aberdeen, Idaho
E-3, Tinker AFB, Okla.



2nd Lt. James Sullivan
Waupun, Wis. (ANG)
C-5, Memphis, Tenn.



2nd Lt. Merl Walker
Hammond, La. (ANG)
C-17, Jackson, Miss.

AT THE CHAPEL**Catholic****Sunday:**

9:15 a.m. — Mass
5 p.m. — Confessions
5:30 p.m. — SUPT Mass

Protestant**Sunday:**

10:45 a.m.— Traditional worship
1 p.m. — Contemporary worship

Tuesday:

Noon — Lunch and Bible study

Wednesday:

5:30 p.m. — Dinner and Bible study

7 p.m. — Choir rehearsal

For Islamic, Jewish, Orthodox or other services, call the chapel at Ext. 2500.

AT THE MOVIES

All movies are shown at 7 p.m., unless otherwise noted, at the base theater.

Today

“Kill Bill Vol. 2” (R, strong bloody violence, language and some sexual content, 137 min.)

Starring: Uma Thurman and David Carradine.

Saturday

“Ella Enchanted” (PG, some crude humor and language, 95 min.)

Starring: Anne Hathaway and Hugh Dancy.

June 18

“Man On Fire” (R, language and strong violence, 147 min.)

Starring: Denzel Washington and Dakota Fanning.

For more information about movies, visit the 14th Services Division Web site at www.cafb.grapevine.com.

CHANNEL 64

BLAZE 64 offers announcements for people living in base housing or the dormitories.

For more information, call public affairs at Ext. 7068.

Weekdays

9 a.m., noon and 2 p.m.
Air Force Television News



Lt. Col. Rick Johnson

Mass in the grass

About 100 parishoners from the base chapel Prince of Peace congregation celebrate Mass at Freedom Park Sunday. The event included a barbecue lunch and games for the children. Mass was officiated by Chaplain (Maj.) Paul Stewart who will soon leave Columbus AFB. His farewell celebration is June 20 after the 9:15 a.m. Mass at the chapel.

BASE NOTES

3:30 to 6:30 p.m. Tuesdays during June only. Consignments are taken until one hour before closing, and volunteers are always welcome. For more information, call Ext. 2954.

Commissary hours: The commissary will be closed July 4. The store will reopen at 10 a.m. July 6.

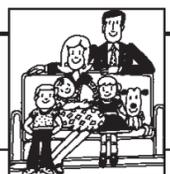
International women's group: A women's group for wives of international military members at Columbus AFB meets for a potluck luncheon from noon to 2 p.m. Monday at the base chapel annex.

Supplies for creating photo albums are available. This is an opportunity for international women to gather and share a culturally diverse experience. For more information, call Liisi Herring at 356-9267.

Math tutors wanted: The base education center is looking for volunteers with a strong background in mathematics to teach a math CLEP exam preparation class. Teaching handouts are provided.

The class will be three days long, offered quarterly and can help Airmen earn three to six semester hours of math that can be used toward a Community College of the Air Force degree or another degree program. For more information, call Jose Dorta at Ext. 2565.

Thrift Shop: The Thrift Shop, located at Building 345, C Street, is open from

FAMILY SUPPORT

(Editor's note: All activities are offered at the family support center unless otherwise specified. For more information about any of the activities listed, call Ext. 2790.)

Money and Moving: A workshop with information on financially preparing for a move is from 11 a.m. to noon Tuesday. A relocation countdown checklist is discussed, and a brown bag lunch is provided.

Smooth Move for Kids: A workshop designed to help children deal with the stress of relocating and leaving family and friends is from 9:30 to 11:30 a.m. Wednesday.

Time management workshop: This workshop is from 1 to 3 p.m. Wednesday. Participants learn how to evaluate time, break large projects into smaller ones and set priorities to meet overall goals. Relaxation techniques are also discussed.

Hearts Apart Social: A social gathering for families of deployed or remote personnel is at 5:30 p.m. Thursday. Information and refreshments are provided.

Sponsorship training: A workshop designed for all unit introduction monitors is at 9 a.m. June 29. Discussions include the importance of effective sponsorship and resources available for both sponsors and newcomers.

Free childcare: The Childcare for PCS program offers up to 20 hours of free childcare per child for active-duty Air Force people arriving at or departing from Columbus AFB. Certificates are available within 60 days of departure or arrival. For more information, call Sharon Nichols at Ext. 2790.

Relocation assistance: Those relocating or making a permanent change of station can stop by the family support center for information about new bases, checklists to make moving easier and suggestions for traveling with children.

Summer activities abound for base families

Club card drawings: The Landing Lounge offers a club member drawing for cash every Friday night around 6:30 p.m. Current drawing is for \$200. Cardholders must be present to win. Call Ext. 2490.

Free youth trips: The youth center offers several trips in June for all base youth. Anyone under the age of 12 must be accompanied by an adult or older sibling for all trips. Destinations include:

❑ The buffalo park in Tupelo, Miss., Monday. The bus leaves at 8:30 a.m. and returns at 4 p.m.

❑ DeSoto Underground Caverns in Childersburg, Ala., June 18. The bus leaves at 6:30 a.m. and returns at 6 p.m. Youth center members must be registered by Monday, all others will be placed on a waiting list and admitted on a first come, first served basis.

❑ The Hands-On Museum in Tuscaloosa, Ala., June 29. The bus leaves at 8 a.m. and returns at 5 p.m. Youth center members must register by June 22. All others will be placed on a waiting list and admitted on a first come, first served basis. Call Ext. 2504.

Trip to Geyser Falls Water Park: The Information, Ticket and Travel office offers this trip Saturday. Cost is \$28 per person and includes transportation and a ticket to the water park. The bus leave Outdoor Recreation at 9 a.m. Call Ext. 7861.

Burger and chicken sandwich lunch buffet: People can build their own burgers and chicken sandwiches at this lunch buffet from 11 a.m. to 1 p.m. Wednesday at the Columbus Club. Cost is \$5.95 for members and \$7.95 for nonmembers. Call Ext. 2490.

Base library summer reading program: The library's summer reading program starts Wednesday and meets from 1 to 2 p.m. each week. The program is open to grades 1 through 6. Call Ext. 2934.

Casino trip: The Information, Ticket and Travel office offers a trip to the Silver Star Casino June 18. Cost is \$15 and includes transportation and \$15 in coins. Call Ext. 7861.

Community center grand opening: All base people are invited to celebrate the grand opening of the community center from 4 to 7 p.m. June 18 with free refreshments and door prizes. There will be activities for adults and children — karate, dance and judo demonstrations, registration for scrap-booking, stamping and jazzercise classes. Admission is free. Call Ext. 7450.

Give parents a break/parents' day out: The youth center and child development center offer this program from 9 a.m. to 3 p.m. June 19. Make reservations by Wednesday. Call the child development center at Ext. 2479 or the youth center at Ext. 2504.

Fathers' Day brunch: The Columbus Club offers an all-ranks Fathers' Day brunch from 10:30 a.m. to 1:30 p.m. June 20. Cost is \$10.95 for members and \$12.95 for nonmembers. Door prizes for dads will be awarded every half hour. Call Ext. 2490.

Colossal cookie challenge: Judging for this competition is 10 a.m. June 25 at the community center. Entries will be judged on taste, appearance and creativity. Each contestant must provide a complete recipe with all ingredients, specific measurements and utensils necessary to prepare the entry. Each contestant must provide enough samples for at least one dozen “colossal cookies.”

Competition categories are: holiday or special occasion decorated cookies, no-bake cookies, healthy cookies (must contain fruit, nuts or cereal) and cookie makers' special (everything that doesn't fit in one of the other categories). The deadline for entering is 4 p.m. June 21. For details or entry forms, call Ext. 7450.

Gymnastics and cheerleading camp: The youth center offers a cheerleading camp for ages 5 and older June 21 to June 25. Cost is \$50 for ages 5 through 8 and \$60 for ages 9 and older.

The gymnastics camps are July 12 through July 16 for ages 3 to 8 and July 26 through July 30 for ages 9 and older. Cost is \$30 for ages 3 to 4 and classes are from 9 to 10:30 a.m. Cost is \$50 for ages 5 to 8 and classes are from 9 a.m. to noon. There is also a four-hour camp for \$60 from 9 a.m. to 1 p.m. or a six-hour camp for \$90 from 9 a.m. to 3 p.m. Call Ext. 2504.

Summer dance camps: The youth center offers this new program for ages 7 to 9 July 5 through July 9, for ages 10 to 12 July 12 through July 16, and for ages 13 and older July 19 through July 23. Full tuition is \$80 and \$75 for a second child from the same family. Call Ext. 2504.

Poolside lunch available: Base swimming pool patrons can now purchase food from from the Columbus Club kitchen from 11 a.m. to 1 p.m. Monday through Friday. Call Ext. 2490.

Adult and youth craft classes: The skills development center offers classes for adults Tuesdays and for youth on Wednesdays. A display of the craft projects is available at the center. Call Ext. 7836.

Dance classes: The youth center offers dance classes in tap, jazz and ballet. Class schedules are as follows: Ages 5 to 7 may register for the preparatory dance classes offered at 4:30 p.m. Mondays; ages 8 to 13 may register for the Jazz II classes Tuesdays; ages 3 to 4 may take the creative movement classes at 4:30 p.m. Thursdays; and adults may register for the jazz dance classes at 5:30 p.m. Thursdays. Call Ext. 2504.



Pam Wickham

Punch me

Shirley Barker, bowling center food service worker, “punches” Tech. Sgt. Ed Chamberlain, 14 Mission Support Squadron, for purchasing a large soft drink at the bowling center. The bowling center's summer promotion, “Bowl for the Stars & Strikes,” offers customers a chance to win cash and other prizes by having a card punched for every game bowled or for purchasing a large soft drink. The more cards customers fill with “punches,” the more chances they have to win. Call Ext. 2426.

Columbus Farmers' Market: The Columbus Farmers' Market in downtown Columbus is open through October on Tuesdays, Thursdays and Saturdays from 7 a.m. to 6 p.m. Home grown in-season vegetables, flowers, plants and home made canned goods such as jams, jellies and pepper sauce are sold. Make a right at Zachary's on 2nd Ave — the lot is two blocks down. For more information, call 328-4164.

Blueberry orchard: People can pick their own blueberries at Reese Orchard in Starkville, Miss. For opening dates and times, call 324-1509.

Juneteenth Festival Parade: A Juneteenth Festival celebrating the Emancipation Proclamation takes place June 19 at Sim Scott Park, 902 20th St. North, Columbus. A parade also takes place at 10 a.m. that day. Floats, bands, vehicles, walking groups and other entries are welcome. Food, drinks, softball games and events for senior citizens as well as children will be provided. The event is free and open to the public. For more information, call 328-2491.

Advanced computer courses: The McKellar Technology Center at Columbus High School has slated nearly 20 evening, night and weekend classes through June, offered at half price to anyone affiliated with Columbus AFB. Most

courses cost about \$10 each and range in topic from "Handheld GPS Basics" to "Creating Effective Captioned Digital Movies." For more information, call the center at 241-7290.

ABWA scholarship: The Columbus chapter of the American Business Women's Association is accepting scholarship applications to be awarded for the 2004 fall semester. The association plans to award two scholarships of \$500 each. Applications are accepted from women seeking degrees or entering vocational training programs. Consideration is given to individuals who must update their present skills to reenter the work force or to be eligible for career advancement in their chosen field.

Applicants with demonstrated financial need will be considered first. Eligible candidates must submit an application, letter of intent, resume, official transcript and three letters of recommendation concerning the probable success of the candidate.

The deadline to submit applications is Wednesday. Mail applications to Patricia Collins, ABWA Scholarship Chair, 245 Quail Run Drive, Columbus, Miss. 39702. For more information, call 245-1316 or 327-7065.

Patriotic Praise Parade: The city of Macon, Miss., will

hold a Patriotic Praise Parade July 3 beginning at 10 a.m. in downtown Macon. Former hostage Tommy Hammill will serve as grand marshal. Christian and patriotic entertainment will be provided on the courthouse lawn. There will also be food and activities for children. For more information, call the Macon City Hall at 726-5847 or the Noxubee County Chamber of Commerce at (800) 487-0165.

Free computer classes: East Mississippi Community College Adult Basic Education offers free basic computer classes for adults 18 and older. For more information or to register, call 243-1985.

TOPS meetings: Take Off Pounds Sensibly meets every Tuesday in the 14th Civil Engineer Squadron conference room. Weigh in is 4:30 to 5 p.m. and a meeting follows from 5 to 6 p.m.

The first meeting is free for new members. For more information, call Kelly Holt at 245-0975 or 328-6801.

Antebellum home tours: The Columbus Historical Society sponsors tours of antebellum homes year-round. For more information, call 329-3533.

For more event listings, visit www.columbus-ms.org.

BARGAIN LINE

Bargain Line advertisement

The Bargain Line is free for all military members (including guard and reserve members), DOD civilians, military retirees, family members and contract employees.

Bargain Line advertisements must be turned in to the Silver Wings office in the 14th Flying Training Wing headquarters building by noon Monday to be included in the following week's issue. Late ads will be held over for the next issue.

Reruns must be phoned in to the Silver Wings office, 434-7068, by noon Monday for inclusion in the next week's issue. Please do not re-submit ads for rerun on this form. Advertisements should contain a home phone number, home address or both. Duty phone numbers will not appear in the ads.

Advertisements for private businesses or services providing a continuous source of income, such as baby-sitting or rental property, may not appear in the Bargain Line. They may, however, be purchased through the Silver Wings publisher, 328-2424. Please fill out this form completely. The Silver Wings staff reserves the right to edit ads as necessary.

Type of advertisement (circle one): Home Transportation Miscellaneous Yard sales Pets

Print advertisement: _____

Name: _____

Home Telephone #: _____ Duty Telephone #: _____
(in case we need more information)

Please let us know what you think of the Silver Wings:

Are you happy with the Silver Wings? Yes No

What would you like to see more of in the newspaper? News Sports Photos

If you would like to give any other suggestions, please e-mail us at silverwings@columbus.af.mil.

Men's health: Body maintenance

(Editor's note: This article is in recognition of Men's Health Month.)

According to experts, more men than ever before are spending their working lives sitting down and their leisure time doing the same.

"With this in mind, it's now become very important to exercise on a regular basis if illnesses such as diabetes, heart disease and arthritis are to be avoided," said Robert Pagenkopf, health and wellness center exercise physiologist.

Exercise makes the body stronger, fitter and more flexible. It protects the heart and bones, keeps weight at an ideal level and helps to reduce stress. Experts recommend that every man engage in physical activity for at least 20 to 30 minutes at least five days a week.

"It doesn't have to be at the gym either," Mr. Pagenkopf said. "Walking, cycling, swimming and jogging are all simple, accessible and convenient ways to get a daily dose of exercise."

There are three types of exercise people can perform.

Aerobic exercise, also known as cardiovascular exercise, is used to build up cardiovascular fitness and endurance. Running, rowing and cycling are examples of aerobic exercises that improve the absorption of oxygen by the lungs and its delivery around the body by the heart and circulation.

Anaerobic exercise is used to build up strength. Exercises are performed

against resistance, such as weight lifting.

Stretching develops flexibility that can protect muscles from injury.

"Exercising correctly and safely is also important," Mr. Pagenkopf said.

Safe exercise tips include:

☐ Warm-up with five to 10 minutes of light aerobic exercise, such as running in place.

☐ Stretch once the muscles are warmed up for about five minutes.

☐ Cool down with light aerobic exercise again for five to 10 minutes and perform a few stretches.

☐ Hydrate often to replace the water lost while working out.

People are also encouraged to start with simple activities such as:

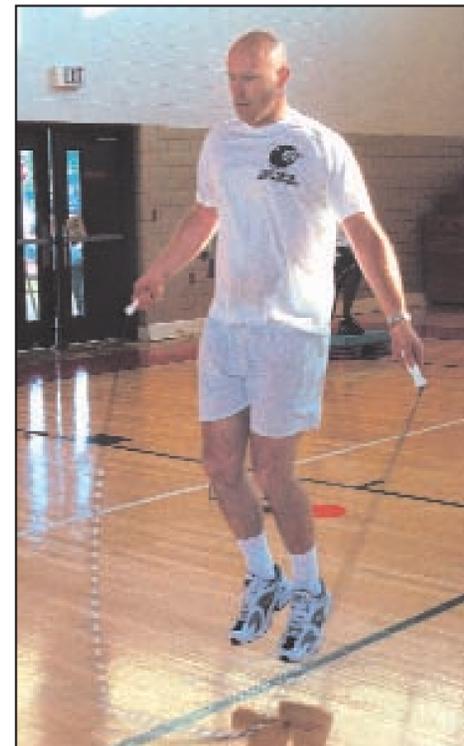
☐ Getting up from to change the TV channel.

☐ Using the stairs instead of the elevator or escalator.

☐ Getting off of the bus one stop earlier.

☐ Walking to buy a newspaper rather than driving.

"One of the hardest things to do is



Tech. Sgt. Jim Moser

Lt. Col. Greg Schwartz, 14th Flying Training Wing chief of safety, gets an aerobic workout jump roping.

stay consistent with an exercise routine," Mr. Pagenkopf said. "The physically active 60-year-old may achieve the same fitness level as the inactive 40-year-old. Regular exercise can lead to a 20-year functional rejuvenation."

For more information on beginning an exercise program, call the HAWC at Ext. 2477. (Courtesy of the HAWC)

Softball standings

Teams	Wins	Losses
CES #1	9	1
OSS	7	2
LG	6	1
CES #2	5	4
COM	4	5
37th FTS	4	2
48th FTS	3	3
SFS	2	7
50th FTS	2	3
MSS (disqualified)	1	8
Blazettes	1	8



* Intramural softball standings current as of Wednesday

SHORTS

CJ's Super Sonic Scramble

This four-person scramble is June 19 and June 20 at Whispering Pines Golf Course. The deadline to enter is Saturday. There are morning and afternoon shifts. Entry is \$200 per team and includes greens fees, lunch both days, tee prizes and more. The field is limited to the first 36 teams registered. Call Ext. 7932.

Coaches needed

Coaches are needed for a men and women's softball team to represent Columbus AFB at Air Education and Training Command's softball championship from Aug. 6 to Aug. 8. Coaching applicants must submit resumes (including their softball accomplishments) to the fitness center by Tuesday. Coaches and players must play regular season intramural softball to be eligible for participation. Call the center at Ext. 2772.

Baby stroller fun run/walk

This fun run/walk begins at 7 a.m. June 18 at the fitness center. Call Ext. 2772.

Cosmic no-tap bowling tourney

This tournament is at 7 p.m. June 18. Participants must register no later than 15 minutes before the start of the tournament. Entry is \$10 per person. Call Ext. 2426.

Father's Day special

Fathers bowl free with their families June 20 at the bowling center. Call Ext. 2426.

British Open Golf Tournament

This tournament is July 17 and July 18 at Whispering Pines Golf Course. Entry is \$10 for members and \$10 plus greens fees for nonmembers. Players must pick their tour plays by 9 a.m. July 17. Call Ext. 7932.



Airman 1st Class Cecilia Rodriguez

Swing batter, batter

Timothy Sockwell, 14th Security Forces Squadron, makes contact with the ball as Shirley Rush and umpire Frank Solorio, 14th Logistics Readiness Division, look on. The softball tournament was the first of many events during the 14th Mission Support Group Summer Olympics.