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Worship Service - 8:00 & 10:30 am Sunday School (all ages) - 9:15 am

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Discipleship Training - 5pm Evening Worship - 6pm

WEDNESDAY Kid's Drama - 6 pm

Adult/Youth Bible Study, RAs, GAs & Mission Friends - 6:30 pm Nursery available for all services.



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To advertise in Silver Wings, call 328-2424

SILVERWINGS

September 7, 2018

Vol. 42, Issue 35 Columbus Air Force Base, Miss.

Weather

Friday Saturday High 92ºF Low 71ºF High 92°F Low 71°F Monday

Sunday

High 87%F Low 72%

News Briefs

SUPT 18-15 Assignment Night

Specialized Undergraduate Pilot Training Class 18-15 to receive their next duty location and airframes at 5 p.m. Sept. 14 in the Columbus Club.

Air Force Birthday Ball

The Air Force Birthday Ball will be held at 6 p.m. on Sept. 22, at the Trotter Center. Tickets are to be purchased before Sept. 10.

Wing Newcomers Orientation

Wing Newcomers Orientation is scheduled for 8 a.m.-1 p.m. Sept. 25 at the Columbus Club for newly arrived active duty and civilian personnel.

Inside



Feature 8

SUPT Classes 18-14/15 graduates today at 10 a.m. at the Kaye Auditori-

Columbus AFB Airmen remember 9/11, its impact

PATRIOT DAY

Airman 1st Class Beaux Hebert 14th Flying Training Wing

On Sept. 11, 2001, four orchestrated terror attacks occurred against the U.S. using passenger planes.

This event impacted many Americans, young and old. Even though most of today's Airmen were not in the Air Force or were children at the time, this event still influenced some of them to take the oath of enlistment and defend their country.

Moments after the attack

Tech. Sgt. Adrian Allred, 14th Flying Training Wing contracting officer representative, was 14 years old when the tragic event took place. He recalled sitting in his junior ROTC class after finishing a test when his assistant instructor told them to turn the TV on because one of the twin towers had been struck. At first, he didn't know what was going on. He remem-

See PATRIOT DAY, Page 3

COLUMBUS AFB TRAINING TIMELINE **IFF** PHASE II PHASE III Wing Sortie Board

Overall Graduation -2.19 days 4.66 days

5.42 days **-2.21** days Sept. 26 Col. Daniel R. McDonough, 182nd Air Lift Wing commander, Illinois Air National Guard, is the guest speaker for Specialized Undergraduate Pilot Training Class

49th (18-LBC) -2.51 days

8,545 9,717

News 2 SILVER WINGS Sept. 7, 2018

While the flu vaccine is curently not available at the 14th Medical Group. Please continue to stay vigilant by washing your hands frequently. Visit www.cdc.gov/flu for more info.

14TH FLYING TRAINING WING DEPLOYED

As of press time, 26 TEAM BLAZE members are deployed worldwide. Remember to support the Airmen and their families while they are away.

Deployment numbers provided by the nstallation Personnel Readiness Office.

Team BLAZE promotes 15 Airmen



U.S. Air Force photo by Airman 1st Class Beaux Hebert

Long Range Events

Sept. 25: Wing

Sept. 27: BCC

Sept. 28: SUPT Class

18-15 Graduation

Sept. 28: Enlisted

Oct. 2-4: CREATE

Oct. 8: Columbus Day

Oct. 12: SUPT Class

Oct. 16: Wing

Oct. 23: MSU

Newcomers

19-01 Assignment Night

Oct. 19-20: Caledonia

Oct. 20-21: Autocross

Veterinary Student Tour

Newcomers

Luncheon

Promotions

Staff Sgt. Jason Rodriguez, 14th Communication Squadron NCO in charge of knowledge management, and Tech Sgt. Janessa Ebbert, NCO in charge of the base Honor Guard, pose for a photo to congratulate Senior Airman Kiara Rodriguez, 14th CS Communication Focal Point technician, Aug. 30, 2018, on Columbus Air Force Base Mississippi. Fifteen Airmen of various ranks were promoted in the month of August.

<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thur</u>	<u>Fri</u>	<u>Sat/Sun</u>
10	1 1 Patriot Day	Andy Chris- tiansen Visit, 9 a.m. Brief @ Club		Andy Christiansen Visit, 1:30 p.m. Brief © Club SUPT Class 18-15 Assignment Night, 5 p.m. © Club	15/16
17 Constitution Day	18 Air Force Birthday	19	20	POW/MIA Recognition Day	22/23 22nd: AF Birthday Ball, 6 p.m. @ Trotter Center

Silver Wings

How to reach us

14th Flying Training Wing Public Affairs 555 Seventh Street, Suite 210, Columbus AFB, MS, 39710 Commercial: (662) 434-7068 DSN: 742-7068 Fax: (662) 434-7009

E-mail: silverwings@us.af.mil

Editorial Staff

Col. Samantha Weeks 14th Flying Training Wing Commander

Mr. Sonic Johnson Chief of Public Affairs

1st Lt. Kara Crennan Public Affairs Officer

Tech. Sgt. Christopher Gross NCOIC of Public Affairs

Staff Sgt. Joshua Smoot NCOIC of Media Operations

Airman 1st Class Keith Holcomb Editor

Airman 1st Class Beaux Hebert Airman Hannah Bean Photojournalist

> Mrs. Tina Perry Layout Designer

Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs

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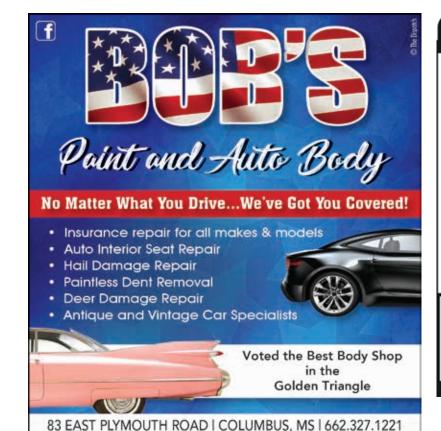
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Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the burchaser, user or patron.

Editorial content is edited, prepared and provided by the 14th Flying Training Wing Public Affairs Office of Columbus AFB,

The SILVER WINGS staff reserves the right to edit or rewrite all copy submitted when necessary. All photos are U.S. Air Force photos unless otherwise stated

Submit all advertising to the Columbus, Miss., Commercial Dispatch advertising department one week prior to desired publication date. The advertising department can be reached at (662) 328-2424.





"I came to the Pines at a point when I was physically addicted to alcohol. I was in a suicidal state and chose treatment over the other option. I relapsed in treatment when I went on a weekend pass because I was triggered by my anger. Today, I use the 12 Steps as a way of dealing with my problems. I make a meeting every day, attend aftercare, and have two sponsors. Working with others is the best way for me to get outside of myself and find purpose. The 12 Steps have put me in touch with a power greater than myself and for that I am grateful."



For more information: www.ccsms.org/pach





Caledonia school district and close to AFB. MOVE IN READY! Beautifully updated kitchen, stainless steel appliances, neutral paint colors throughout the home. Great wood beamed vaulted ceilings in the living room. Large bonus room off the laundry. Spacious outdoor living area with a hot tub and storage building. Fenced in back yard.



featured Home

71 North Chestnut Drive | Columbus MS



\$169,900

Totally move in ready home in the high desirable neighborhood, Oakdale Park Beautiful hardwood floors, vaulted ceilings in the living room. Huge fenced in back vard. Caledonia school district and close to CAFB!



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Consignment Sale & Marketplace

The Golden Triangle's

ORIGINAL and LARGEST

Children's Consignment Event

september 20th - 22nd

Gateway Shopping Center

(former Dirt Cheap building)

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News AROUND Town

SILVER WINGS

LVER WINGS Sept. 7, 2018 15

Hitching Lot Farmers' Mar-

The Hitching Lot Farmers' Market is open April through October (Mondays from 4-6 p.m.; Thursdays from 7-10 a.m.; Saturdays from 7-10 a.m.). For more information, contact Columbus Main Street at (662) 328-6305.

Louisiana-Lafayette vs. MSU

The University of Louisiana at Lafayette Ragin Cajuns and the Mississippi State University Bulldogs will play at 6:30 p.m. Sept. 15 at Davis Wade Stadium in Starkville, Mississippi. Tickets are for sale online.

BARGAIN LINE

The deadline for submitting ads is

noon Monday before the desired publication date. Ads turned in after the deadline will run the following week. Ads can be mailed to or dropped off at the public affairs office in the 14th Flying Training Wing Headquarters building, e-mailed to silverwings@ us.af.mil or faxed to 434-7009. Calling Ext. 7068 by noon Monday can extend the run date of ads already submitted. Silver Wings reserves the right to limit ads based on content, space and frequency of requests. Advertisements for private businesses or services providing a continuous source of income may not appear in the Bargain Line. They may, however, be purchased through The Commercial Dispatch, 328-2424.

Transportation

For Sale: 1978 Triumph Spitfire, comes with lots of extra parts. Asking \$1,500, one buyer only. If interested, call (662) SILVER WINGS
Sept. 7, 2018

Cultivate Airman, Create Pilots, Connect

Cultivate Airman, Create Pilots, Connect

Cultivate Airman, Create Pilots, Connect

Sept. 7, 2018

Operational squadrons key to "Air Force We Need"

Secretary of the Air Force Public Affairs

ARLINGTON, Va. — Secretary of the Air Force Heather Wilson outlined the way the Air Force will approach its future force structure while speaking at the Defense News annual conference in Arlington, Sept. 5.

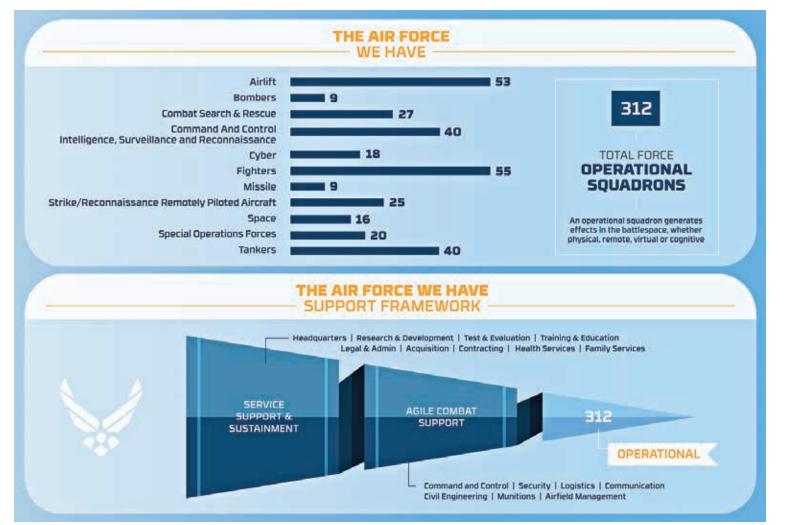
"Today we have 312 operational squadrons," Wilson said. "But how many do we need to implement the National Defense Strategy!"

Wilson said the Air Force chose to focus on squadrons because the squadron is the basic unit of the Air Force. More specifically, she said, operational squadrons are the units that generate effects in the battlespace.

"Squadrons are the power of the Air Force," she added. "They are the guts, and the brains and the clinched fist of American resolve made real with unmatched reach, precision and speed and professionalism."

Wilson said the Air Force has looked closely at how combatant commanders intend to employ the service's capabilities, and ran war games and simulations designed to replicate what future scenarios demand of our Airmen.

"We've carefully considered how big the Air Force needs to be based on the National Defense Strategy, rather than our annual budget," Wilson said. "We will announce the "Air Force We Need" at the Air, Space and Cyber Conference this month. The common answer we keep coming back to is that for tomorrow's Air Force to be more lethal, we



The Air Force We Have

U.S. Air Force Courtesy Graphic



The Airman's Creed

I am an American Airman. I am a Warrior.

I have answered my nation's call.

I am an American Airman.

My mission is to fly, fight, and win.

I am faithful to a proud heritage.
A tradition of honor,

And a legacy of valor.

I am an American Airman.

Guardian of freedom and justice,
My nation's sword and shield,
Its sentry and avenger.
I defend my country with my life.
I am an American Airman.
Wingman, leader, warrior.
I will never leave an Airman behind.

I will never falter.

And I will not fail.

Columbus AFB Leaders by Design

Presents

Mr. Andy Christiansen



Wednesday, September 12th 8-9 a.m. Columbus Club

Topic: Next Generation

&

Friday, September 14th 1:30-2:30 p.m. Columbus Club

Topic: Finding/Being a Mentor

All Team BLAZE and their families are invited to attend.

Mr. Andy Christiansen works with top leaders in business, military, entertainment and the non-profit world. Andy has a multi-industry and forward-thinking awareness most business advisors don't bring to the table. The unique knowledge base has left him in successful partnerships with organizations like Coca-Cola, Chick-Fil-A, Newell Rubbermaid, The Mattress Firm, LabeLive Events, Points of Light, Team Novo Nordisk and Northwestern Mutual. Andy is also the author of *The 40/40 Principle*, a book that reveals the purpose and power of strategic mentoring relationships in the post information age. He is an Honorary Professor of Leadership at Air University, U.S. Air Force, holds a BBA of finance from Kent State University.

For more information about Andy Christiansen or his work visit the following websites:

http://andychristiansen.com

LEDx Talk: Circle Influence

https://www.youtube.com/watch?v=3xFGiUhigVg

AF Times: Andy Christiansen on circle influence at MacDill Air Force Base https://www.macdill.af.mil/News/Photos/igphoto/2001906401/

PATRIOT DAY

(Continued from page 1)

bered that he and his classmates assumed it was an aircraft accident, but after the second tower was hit moments later, he knew it wasn't just an

"At that moment, there was a sense of confusion and sadness," Allred said. "There were a lot of people in those buildings and there was a small chance of surviving."

He said his brother was in the Navy at the time and he already had an aspiration to join the military, but that event solidified his decision.

That same day, Airman 1st Class Ian Bennett, 14th Security Forces desk sergeant, was sitting in his elementary class when he heard the news about the 9/11 attack. He was about 5 years old at the time and said he couldn't comprehend what was going on.

"I remember my dad picking me up from school and saying 'we got to go," Bennett recalled. "My dad was in the military at the time and after 9/11, I saw him for 24 hours and then he was [deployed] the next day."

How 9/11 impacted the U.S.

After the attack, the U.S. changed its safety measures. One of the biggest being the creation of the Transportation Security Administration. The TSA is an agency of the U.S. Department of Homeland Security that has authority over the security of the traveling public in the U.S.

"You see [the changes] everywhere you go in America," Allred said. "You have a lot of things going on today that resonate from that day almost 17 years ago."

Bennett pointed out how 9/11 impacted his job today as a security forces member. He said that it is not as easy to get on a military installation as it was before that dreadful day as the heightened security has made unauthorized access to bases nearly impossible.

Never Forget

Allred said he wants future generations to look back and remember 9/11 the same way we remember other significant parts of history.

"It is important to remember 9/11 because it gives [service members] a sense of purpose of why we are where we are," Allred said. "It may be a cliché, but if you don't remember the past, you're bound to repeat it."

Today, there are hundreds of 9/11 memorials around the country that allow Americans to remember that day and show their respect to those who were lost.

"If you forget what happened, then what did all those people die for," Bennett said. "If we remind [the next generation] of what happened, they will appreciate what all those men and women did."

Running for a reason

Airman 1st Class Keith Holcomb

14th Flying Training Wing Public Affairs

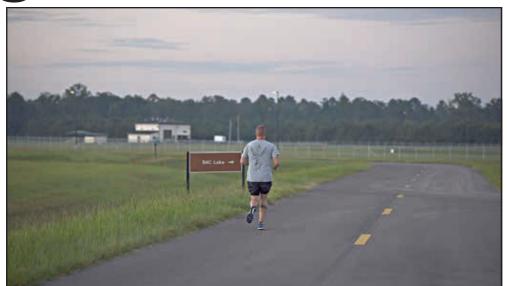
The U.S. Air Force Marathon is held every year at Wright-Patterson Air Force Base, Ohio, on the 3rd Saturday in September. It began in 1997 to commemorate the 50th anniversary of the Air Force and has grown into a 13,500 participant event with runners coming from all 50 states and several foreign

William O'Meara, 14th Civil Engineer Squadron Fire Emergency Services assistant fire chief, will be one of those 13,500 runners this year to compete in the Air Force

O'Meara is a member of the Air Force Enlisted Village Marathon Team who's running the marathon for "Mom".

The Enlisted Village is a nonprofit organization providing homes for surviving spouses of retired enlisted Airmen. There are numerous locations called 'Villages' under the Enlisted Village for residents to choose from in northwest Florida.

Over 75 percent of residents of the Enlisted Village are widows of retired enlisted members and most of them are mom's. A guiding principle at the village is what's



U.S. Air Force photos by Airman 1st Class Keith Holcomb

William O'Meara, 14th Civil Engineer Squadron Fire Emergency Services assistant fire chief, runs Aug. 29, 2018, on Columbus Air Force Base, Mississippi. O'Meara is a member of the Air Force Enlisted Village Marathon Team who's running the marathon for

called "the mom rule" which ensures that all O'Meara said. "I am so proud of her and employees treat each resident like their own thankful for the sacrifices she made for me

and my brothers. It is an honor to run this For O'Meara, "the mom rule" hit close to not only for my mom, but all moms".

For more information about the Air Force "My mom is an incredible woman," Enlisted Village, please visit http://afev.us.



William O'Meara, 14th Civil Engineer Squadron Fire Emergency Services assistant fire chief, runs Aug. 29, 2018, on Columbus Air Force Base, Mississippi. O'Meara will be one of the 13,500 runners this year to compete in the Air Force mar-

Air Force Birthday Ball 77th Community **Partnership**

If you would like to hear more about BLAZE, please join us for the 2018 Air Force Birthday Ball where we will have the distinct honor of having Maj. Gen. Jack Catton Jr.

The 2018 Air Force Birthday Ball will take place on Sept. 22, at the Trotter Center in downtown Columbus.

For more information visit https://tickettailor.com/events/ columbusafbirthdayball/162451



Commander's Action Line 434-1414

The Commander's Action Line is your di rect line to the commander for comments and suggestions on how to make Columbus AFB a better place. Although the Commander's Action Line is always available, the best way to resolve problems is through the chain-of-

The Commander's Action Line phone number is 434-1414. Callers should leave their name and phone number to receive an answer. All names will be kept confidential. Message may be answered in the Silver Wings without

Written questions may also be brought to the PA office in the Wing Headquarters building, BLDG. 724, suite 210. Questions and answers may be edited for brevity and style.



History office plays key role in OCP emblem-to-patch conversion

Marisa Alia-Novobilski

Air Force Materiel Command Public Affairs

WRIGHT-PATTERSON AIR FORCE BASE, Ohio — Longstanding military conventions, often overlooked despite their significance, were the topic of a recent history-focused lunch-and-learn lecture at Air Force Materiel Command headquarters.

Since early recorded history, warring tribes often carried banners or flags marked with emblems to represent factions and motivate their warriors to fight for the cause. It is to this historical tradition that we can trace the evolution of military emblems and patches, said an in-depth look at the relevance and importance of heraldic symbols to airpower today.

corps, morale and a sense of herialdry in the form of emblems and

a connection to the past and the motivation to live up to the proud lineage from which they come."

As the Air Force begins transitioning from the current Airman Battle Uniform to the Operational Camouflage Pattern, there is a renewed focus on emblems and patches across Air Force units, said Waid, as Airmen will once again be able to wear unit patches on their sleeves. Patch wear was phased out when the ABU was deployed in

"Since ABUs did not authorize the wearing of patches, as new units were established, emblems became second thought," said Waid. "Now that patches are again authorized, units with emblems are scrambling AFMC historian Jack Waid, during to put together packages so they can convert these to patches for wear. It's keeping us busy."

A key point that units need to "Organizations use visible, en- understand, said Waid, is that just during symbols to promote spirit de because a unit has an emblem, it does not automatically mean that tage," said Waid. "Air Force her-they are authorized a patch to wear.

"The AFI (Air Force Instrucsubsequently patches give Airmen tion) clearly defines what is and

Jack Waid, a historian at Air Force Materiel Command Headquarters, explains the significance of heraldic symbols during a Lunch-and-Learn Lecture on Emblems and Patchesat AFMC headquarters.

divisions, branches, detachments

centers, wings, groups and squad- said Waid. "Units have an official rons are units, but directorates, lineage and history, and it is the lineage that determines eligibility for a unique emblem and patch de-

Emblems and patches are completely separate entities maintained by different Air Force offices as

"Most people think an emblem is a patch and a patch is an emblem; this is incorrect. Our office deals with emblems, but once it is converted to cloth to become a patch, it becomes the property of the A1 (Office of Personnel) uniform office," said Waid. "A unit's history and lineage goes with an emblem whereas a patch is a wearable symbol of pride, history, warrior spirit as patch authorization. AFMC

AFMC and nearly two-thirds either lacking an emblem or possessing one that does not meet Air of Heraldry and Air Force Office aldry.

is not a unit. Major commands, and operating locations are not," of Personnel while protecting unit lineage and honors. TIOH has a prioritized unit list for emblem to patch conversions, with units at bases receiving the OCP uniforms first at the top.

For the initial uniform roll-out, Air Force MAJCOM, centers and wings will see patches first, with groups and squadrons a possibility

"It is important to make sure the time-honored Air Force unit patch returns to the uniform properly so that units can display their heritage with pride," Waid said.

AFMC organizations can contact their wing or center history offices with specific questions regarding their unit emblem as well History Office processes official With more than 311 units across heraldry requests through the Air Force Historical Research Agency in conjunction with TIOH.

Specific Air Force guidance can Force standards, the history office is be found in AFI 84-101, Historical working diligently to manage the Products, Services and Requireinternal OCP conversion workload ment and AFI 84-105, Organizain conjunction with The Institute tional Lineage, Honors and Her-



Air Force heraldry was displayed for attendees at a recent History Office Lunch-and-Learn Lecture on **Emblems and Patches at AFMC headquarters**

Join our Facebook page at Columbus AFB Living, Twitter at @columbusafbliving, Instagram at columbus_afb_living, or visit our website at www.columbusafbliving.com to keep up to date with all the great events happening around base. Check out the calendar on the website for important Airman and Family Readiness Center events. For more information, contact 434-2337.

Force Support Squadron Smile Program

We want to make you smile! Visit your favorite Force Support Squadron activities and we'll show you our appreciation! Watch for hidden smiles for a chance to win with 14th FSS during the month of August. There are lots of ways to collect

New Library Hours of Operation

The Base Library hours of operation are Monday through Friday 10 a.m.-5 p.m. and Saturday 8 a.m.-12 p.m. For more information, contact 434-2934.

New Base Pool Hours of Operation

The Base Pool will be open Saturday and Sunday only from 11 a.m.-6 p.m. Lap Swim will be available Mon through Friday from 6–7:30 a.m. & 11 a.m.–12:30 p.m. Aug. 13–31. The last day the base pool will be open is Labor Day, Sept. 3. For more information, contact 434-2505

Lunch Buffets at the Overrun

Enjoy daily lunch buffets Tuesday thru Friday at the Columbus Club. Daily buffets include: Tuesday - Taco and Nacho \$9, Wednesday – Chicken Wings and Pasta \$10, Thursday – Southern Style \$10 and Friday - Fried Catfish \$10. Club Members receive a \$2 discount. For more information, contact 434-2489.

Free Prezi Workshop

What is Prezi? Prezi is the interactive, cloud-based presentation platform that helps you connect more powerfully with your audience. Learn how to use Prezi at the Base Library at 434-2934. 3 p.m. Sept. 19. For more information, contact 434-2934.

Members Night Salsa Night

The Columbus Club is offering Members Night Salsa Night at 5:30 p.m. Sept. 21. Enjoy social hour from 5:30-6:30 p.m., beginner's salsa lesson 6:30-7:30 p.m. and ter, Columbus Club, Information Tickets and Travel, Outfree dancing 7:30 p.m.—midnight; featuring pick and mix door Recreation or the Youth Center. For more information, tapas and signature cocktail specials. Prizes for members and stop by any of these locations. new members. For more information, contact 434-2337.

6th Annual Wet N Wild Color Run

The Youth Center is offering a Color Run at 8:30 a.m. the second Thursday of each month. For more information, Sept. 22 at Lil Blazer Park. Free to military ID card holders. contact 434-2934. Open to all ages and all fitness levels. For more information, contact 434-2504.

Save the Date: Nashville Oktoberfest Trip

Save the Date! The ITT office is offering a trip to the mation, contact Outdoor Recreation at 434-2505.



Learn a new language today! Free Mango Languages available at the Base Library; real-life conversations in over 70 languages. For more information, contact 434-2934.

Play Paintball

FSS Services

UFC

SHEVCHENKO

Saturday, September 8

Doors Open at 6:00pm

Pre Fight at 7:00pm

Featured Fight Scheduled 9:00pm

Shown on Projector Screen Food & Drink Specials

Nashville Oktoberfest on Oct. 13-14. Enjoy fun, food and

The Base Library is offering Storytime on Tuesdays at

Make your shopping easier! Purchase or redeem your FSS Gift Card at the following locations: Arts and Crafts, Bowling

10 a.m. for ages three to six years and Fridays at 10 a.m.

for ages up to two years old. For more information, contact

tact 434-7861.

FSS Gift Cards

Storytime Schedule

Game Night at the Library

Horse Boarding Available

∌FORCE

FREE ENTRY! | CLUB MEMBERS RECEIVE \$5 FOOD VOUCHER

Outdoor Recreation offers paintball for groups or individuals. You must book twenty-four hours in advance; 17 years old and under must be accompanied by an adult. The cost is \$15 per person for party of 10 or more; \$20 per person for party of nine or less. You must purchase paint balls at Outdoor Recreation for \$50 per case of 2,000. For more information, contact 434-2505.

The Overrun Open Friday Nights

The Overrun is open Fridays 4:30 p.m. until midnight. For more information, contact 434-2419.

Lawn Mower and Bicycle Repair

Outdoor Recreation is now offering lawn mower repair and self-help bicycle repair. For more information, contact

Hobby and Craft Instructors Needed

Do you have a hobby or craft project you can share with others? Arts & Crafts is looking for craft instructors. For more information, contact 434-7836.

Referees Needed

Referees needed for various sports at the Fitness Center. For more information or to sign up, contact 434-2772.

music! More details coming soon! For more information, con-**RV Storage Lot**

Don't clutter your home space, park with us. Outdoor Recreation offers a great place to store your RV year around. You will have 24-hour access and can pay monthly or yearly. For more information, call 434-2505.

Instructors Needed

The Youth Center is seeking instructors for tumbling classes, dance classes, piano and guitar lessons. For more information, contact the Youth Center.

Fitness on Request

Center, Café at Whispering Pines, Child Development Cen-The Fitness Center offers a truly comprehensive group fitness platform that is available all day and completely customizable to meet your needs with 119 different classes on the Fitness on Request system. For more information, call

The Base Library is offering a free game night at 5 p.m. Space A Lodging

The Magnolia Inn usually has openings for Space A family and single units. Contact the lodging desk at 434-2548.

Ride in Style

The Columbus Air Force Base, Mississippi, Riding Stables Information Tickets and Travel offers a shuttle service to usually has stall space available. For pricing and more inforthe airport of your choice. For more information, contact

14th Flying Training Wing: history vs. heritage

Airman 1st Class Keith Holcomb 14th Flying Training Wing

Public Affairs

The history of every Air Force base is unique, some change missions as the military evolved, some are stood down then reactivated and some change branches or become ioint locations.

Columbus Air Force Base, Mississippi, has done it all. From an Army flying training base, to a Strategic Air Command focus, this airfield has a lot.

Air Force historians capture and record significant events. Wing historian, Dr. Doris Crusoe referenced Jacob Neufeld, stating 'history makes you smart and heritage makes you proud,' noting that is the difference between the two words.

has been accepting of the installation, with ups and downs, they have been a critical part of Columbus AFB being the most successful pilot training base since 1941.

training pilots, with a few years working as we've done in the past," Ferrarini said. "If the amount of pilots we used to train," said harder to see our impact and learn from it."

1st Lt. Hannah Ferrarini, 14th Force Support Squadron Military Personnel Flight commander. "When it was a truly undergraduate commissioning program, we took people out of high schools, gave them degrees, made them officers and created 195 military avia-

Since its first pilot training class, the Columbus airfield has helped create a large amount of military aviators every year. The 14th FTW continues to graduate the most pilots of any pilot training base in the U.S.

"I think we forget we are the best sometimes," Ferrarini said. "We have been the most productive pilot training base since we began and learning about that makes me proud to be a part of that history."

Every group, squadron and unit on Co-The Columbus, Mississippi community lumbus AFB helps create the next generation of military aviators. The process of creating a pilot has changed over time, but the support the student pilots receive is constant.

"We don't know the impact we have on "We have this rich heritage of always the mission unless we look back and see what a SAC base, but one fact that's incredible is we don't take the time to reflect, it becomes



U.S. Air Force photo by Airman 1st Class Keith Holcomb

The 14th Flying Training Honor Guard practice for an upcoming ceremony in The Walker Center June 14, 2018, on Columbus Air Force Base, Mississippi. The Honor Guard performs ceremonial duties for events, veterans, and funerals across the local area. Honor Guard is a time honored tradition to the professionalism and courtesies of those who have faithfully served in the Department of Defense.

Airman on the Street:

What is your favorite part of the Air Force's history?



Rank/Name: Senior Airman Brianna Cook **Unit/Duty Title:** 37th Flying Training Squadron aviation resource manager

Hometown: Florence, South Carolina Answer: Cook said her favorite part of Air Force history was when the Air Force allowed women to be pilots and serve



Rank/Name: Master Sgt. Carmina Beedle Unit/Duty Title: 14th Operations Support Squadron Aircrew Flight Equipment superintendent

Hometown: Xenia, Ohio **Answer:** Beedle said her favorite part of Air Force history was be learning about Capt, Lillian Keil, She said Keil was a flight nurse during the Korean War and the most decorated woman in the Air Force.



Rank/Name: Lt. Col. Ryan Sullivan Unit/Duty Title: 14th Operations Group deputy commander Hometown: Hamilton, Michigan

Answer: Sullivan said his favorite part of Air Force history was when his grandfather flew P-51 Mustangs during World War II and hearing the stories his grandfather used to tell about the comradery and all the aircraft flown back then.



Rank/Name: Craig Hoke Unit/Duty Title: 14th Civil Engineering Squadron pest

Hometown: Mount Upton, New York Answer: Hoke said his favorite part of Air Force history was

being a part of the Air Force. He said he had family in the Army Air Corps and the neat part was hearing the stories about the Army Air Corps and later on, joining the Air Force. SILVER WINGS

Community Cultivate Airman, Create Pilots, Connect

**** Medical Corner** Eat some colour

Make variety a colorful way to eat

Food comes in all shapes, sizes, colors, smells, tastes, and feel. Variety is a good thing. Yet for many, variety is not an option, it's an annoyance. So why the fuss?

Choices are great when there is time to actually choose, right? Most people get into their own food comfort zone and do not really think about mixing it up. What's wrong with pizza three nights a week for Variety is a rainbow not found in pill dinner, or milk and cereal every morning?

In a recent American Heart publication, eating a variety of foods was listed as a long-standing recommendation by public health. The 2015-2020 Dietary Guidelines for Americans defines diet variety as a "diverse assortment of foods and beverages across recommended food groups.

food groups: vegetables, fruits, grain based food such as pasta and bread, protein sources such as red meat, poultry, beans, eggs, nuts, and poultry and have moved towards choosing a variety of nutrient-dense foods across all of the food groups with a emphasis on fruits, vegetables and proteins.

Variety vs quality

There is a reason why variety is better than qualiy. Eating a variety of nutrient-dense fruits, vegetables, nuts, grains, and proteins helps to prevent chronic health conditions from becoming serious health problems. Inadequate consumption of fruits and vegetables has led to the contribution of approximately 5 percent of excess deaths worldwide according to a report published by the World Health Organization. Having a selection of food variety is necessary for preventing and managing chronic conditions as the availability of variety improves diet quality with exposure to a wider range of nutrients and phytochemicals needed to support normal physical function.

Fruits and vegetables are CPR for the heart

A study conduced by the Harvard School of Public Health of 110,000 men and women over a 14 year

period – the largest done to date - showed that a higher intake of a variety of fruits and vegetables lowered chances of developing cardiovascular diseases by an average of 30 percent. Vegetables that are of the green leafy variety such



as: spinach, lettuce, Swiss chard, and mustard greens as well as vegetables such as cauliflower, broccoli, cabbage, Brussel sprouts, kale



and buk choy all made important contributions. Fruits of both the citrus and non-citrus variety also contribute to a healthier body by providing antioxidants and

When most people think of the word "phytonutrients" they think "multi-vitamins." But the amount of real phytonutrient plant-based content is seriously lacking in multi-vitamin supplements. The only real way to get enough of the right types of plant-based nutrients is to eat real food!

There is an estimated 8 out of every 10 Americans The updated guideline moved away from the five that fall short of eating enough of a variety of fruits, vegetables and other plant-based foods to get a healthy dose of nutrients that the body really needs. So what colors are what? To help figure this out, check the food color table below and "eat the rainbow."



Eating a variety of foods is good, as long as there is no over-doing it. Using Apps like MyFitness Pal or keeping a food diary like the one on ChooseMyplate will aid in eating a variety without over-indulging and causing the opposite to happen.

Additional References & Resources:

- 1. Dietary Diversity: Implications for Obesity Prevention in Adult Populations, American Heart Association; Circulation 2018;138:00-00. DOI: 10.1161/
- 2. 6 Tips for Boosting Variety in Your meal Plan; American Diabetes Association - http://www.diabetesforecast.org/2013 mar/6-tips-for-boosting-variety-in-your-meal-plan.html
- 3. Everything You eat and Drink Matters; USDA https:// www.choosemyplate.gov/variety

A personal message from your health promotion Health **Myth Busting Team**



Dear Health Myth Busters

I have increased the variety of what I eat and still am not able to control my weight. I thought adding whole grains, nuts, seeds, fruit and vegetables to my meal pattern would help with weight loss. Where am I going wrong? Sincerely,

Dear Frustrated.

For many years, folks have been told to eat a variety of foods with the idea the more variety you eat, the more likely you are to get the required nutrients such as vitamins and minerals. However, when taking into account the total calories you are consuming, you may be selecting very healthy items, but when added to all the other high caloric foods you are already eating, the calories will stack up faster than you think. The best idea is to think of substituting better choices for less desirable ones. Recent evidence from observational studies suggests that greater dietary variety is associated with suboptimal eating patterns. Eating a larger amount of processed foods, refined grains, and sugar-sweetened beverages and less minimally processed foods, such as fish, fruits, and vegetables may be what is contributing to your weight gain.

So take a hard look at your meal pattern and in order to maintain a healthy weight make sure you meal pattern consists mostly of plant foods, lean protein sources, low-fat dairy products, limited vegetable oils, and nuts and limits consumption of sweets, sugar-sweetened beverages, and red meats. Nuts and oils are considered fats and as such have 9 calories per gram versus protein and carbohydrate that both have 4 calories per gram. Fat has twice the amount of calories as carbohydrate and protein.

A recommendation that will provide better weight loss results is to limit or totally eliminate alcohol. Consuming alcohol on a regular basis not only adds empty calories even after a couple drinks, but also can diminish your will power and cognitive thinking making it harder to mindful of your healthy eating goals increasing your chances at blowing your healthy meal pattern completely. It would also be a good idea to create a food diary and track what you eat as many think that eating a variety of healthy foods means more is OK. Don't let yourself fall into the trap of "more of a good thing is better than less of a bad thing" as this will lead you down the path towards weight gain rather than weight loss.

> Sincerely, Health Myth Busters

Got questions on other health issues related to sleep health, physical activity, tobacco, or nutrition? Share them with us and we will help you "Bust The Myths!" Send your questions to usaf.jbsa.afmoa.mbx.hpo@ mail.mil. Make sure to include in the subject line "Health Myth Buster." For more online health tips visit the Air Force Healthy Living webpage http://www.airforcemedicine.af.mil/HealthyLiving/

Air Force **Readiness Programs**

(Editor's note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of the activities listed, call 434-2790.)

Transition Assistance Program GPS (Goals, Plans, Success) Workshop

The next Transition Assistance Program workshop will be held 7:30 a.m.-4 p.m. Sept. 10-14 and includes seminars on: transition, military occupational code crosswalk, financial planning, health benefits, Mississippi Department of Employment Security, Department of Veterans Affairs, Disabled TAP, and Department of Labor. Preseparation counseling is required before attending, and recommended attendance is eight to 12 months prior to separation/ retirement. Spouses are encouraged to attend with their sponsor. To register or for more information, please call the TAP Manager at (662) 434-2631/2790.

Linked-In Workshop

The next Linked-In workshop is 2-5 p.m. Sept. 17-18. You'll learn how to establish/use a Linked-In account. To register or for more information, please call A&FRC at (662) 434-2790.

Federal USAJobs Workshop

The next Federal USAJobs workshop will be 9-10:30 a.m. Sept. 19. This is a workshop on writing resumes, applications, and job search using the USAJobs website. To register or for more information, please call A&FRC at (662) 434-2790.

Entrepreneurship Track Transition Workshop

The next Entrepreneurship Track Transition workshop will be held 8 a.m.-3 p.m. Sept. 20-21 This workshop is conducted by the Small Busi ness Administration for veterans and all base personnel interested starting up and operating their own business. To register or for more information, please call A&FRC at (662) 434-2790.

Employment Workshop

An employment workshop on local and base employment opportunities is held every Wednesday, 1-2 p.m. This program provides military families and DoD civilian members individual assessment and career counseling to assist with local employment, preparation for future endeavors via education, job search, or selfowned business objectives in the local area. For more information, please call A&FRC at (662) 434-2790.

Pre-Separation Counseling

This counseling is a mandatory briefing for personnel separating or retiring, and is to be completed at least 90 days prior to separation.

The new Columbus AFB Bowling Center



The 14th Force Support Squadron's Bowling Center has finished its first set of ren-

ovations. The snack bar location and bowling technology has been substantially upgraded to be more convenient for Team BLAZE members.

60 minutes. Please contact Airman & Family Readiness Center (A&FRC) at (662) 434-2790 for more information.

Pre- and Post-Deployment Tour

These briefings are mandatory for active duty

personnel who are either deploying or returning from deployment or a remote tour. The briefings are held daily at the A&FRC. Pre-deployment is at 9:30 a.m., and post-deployment is at 1:30 p.m. Please contact A&FRC at (662) 434-2794/2790 for more information.

Survivor Benefit Plan

Are you nearing military retirement? The one decision you will need to make before you retire involves participation in the Survivor Benefit Plan (SBP). As with all good decision-making, you need to know the facts before you can make a sound decision. Always get the true facts about SBP before making up your mind. Additional details are available by calling your SBP Counselor Mary Chambers at (662) 434-2720/2790.

Installation Voting Assistance Of-

A&FRC houses the Voting Assistance Office which is open 7:30 a.m.-4:30 p.m., Monday-Friday, and closed weekends/holidays. The VAO offers voting assistance including voter registration, absentee ballot requests and voting, daily at 8:30 a.m., and it takes approximately members, their family members, and civilians located in the A&FRC.

with access to A&FRC. Assistance includes but is not limited to aid in preparing and submitting Federal Post Card Application (FPCA) SF-76, Federal Write-in Absentee Ballot (FWAB) SF-186, and National Mail Voter Registration Form (NVRF). For more information, please contact the Installation Voting Assistance Office at (662) 434-2701/2790 or e-mail: vote.columbus@

Key Spouse Program (KSP)

The mission of Key Spouse Program is to provide information and resources to military spouses, supporting families in successfully navigating through the military life cycle. The KSP is a commander's program. The commander establishes and maintains the program within the unit, to include choosing team members. Once selected as a key spouse in writing, you will need to attend initial/refresher key spouse training and continuing education. For more information, please call (662) 434-3323.

Personal Financial Readiness

Need Help with Financial matters? Want to make the most of your money? The personal financial counselor can help you and your family: manage finances, resolve financial problems and reach long-term goals such as education, buying a home, and planning for retirement. Personal financial counselor services are at no cost, private, and confidential. Please contact the personal It may be completed up to 12 months prior to change of address, and provides answers for oth-financial counselor at (662) 998-0411/434-2790 separation or retirement. Counseling is held er general voting questions to uniformed service or e-mail PFC.Columbus.USAF@zeiders.com,

Hearts Apart

The next Hearts Apart will be held or 5-7 p.m. Sept. 27. This monthly social event is for family members whose sponsor is deployed on a remote tour, or TDY for more than 30 days To register or for more information, please call A&FRC at (662) 434-2790.

Volunteer Opportunities

If you are interested in volunteering, please contact the A&FRC. We have volunteer opportunities located across the base for one-time events, special events, or on a continual basis Volunteers are needed on base at the Youth Center, Child Development Center, Library, Medical Clinic, Chapel, Airman's Attic, Thrift Store, the Retiree Activities Office, and many other locations. For more information, please call A&FRC at (662) 434-2790.

Discovery Resource Center

The Columbus A&FRC has 12 computers with internet access available for job searches assessments, resumes, cover letters, state and federal applications, and companies' employment information. A printer and fax machine is available. A lending library of books, DVDs and periodicals on transition and EFMP topics are available for check out. These resources are available on a first-come-first-serve basis.

Chapel Schedule

Whether you are new to Columbus Air Force Base or have been around for a while, our parish communities welcome you to join us as we worship, fellowship, and encourage one another. For more information, please call 434-2500.

Catholic Community

3:30 p.m. – Religious Education, grades K-9 (Start in Fall)

4 p.m. – Choir Practice

4 p.m. – Confession (or by appointment)

1st and 3rd Sunday - Fellowship Meal following

Tuesdays:

11:30 a.m. – Daily Mass (Phillips Auditorium)

11:30 a.m. – Adoration (Phillips Auditorium) 2nd Saturday of each month - Faith Ablaze

Protestant Community

9 a.m. – Adult Sunday School 10:45 a.m. – Community Worship Service

(Donut Fellowship following) 3rd Sunday of Each Month - Protestant Faith

Wednesdays:

6 p.m. - AWANA: Begins September 26th (Open to all denominations) Thursdays:

5:30 p.m. – Student Pilot Bible Study

(Open to all denominations) **All Sunday Worship Services are held in the Kaye Auditorium until further notice**

10 SILVER WINGS Sept. 7, 2018 Cultivate Airman, Create Pilots, Connect 5 Sept. 7, 2018 7

Connect with Mississippi communities

Maj. Doug Hickey

14th Force Support Squadron commander

We have all recently heard about and read the updated mission statement for the 14th Flying Training Wing: Cultivate Airmen, Create Pilots, Connect.

The last portion, Connect, involves a personal responsibility by all of us to learn about the surrounding communities and their respective cultures. Showing an interest in the events hosted by the surrounding communities pays dividends both personally and professionally to those of all ages and back-

bunds.

Many of us

BLACK PRAIRIE BLUES

FESTIVAL

one of more genres of music, and this connects us to people from all across the world. Mississippi surely has a deep history that involves music ... the Blues. This is evident every year on the Friday before Labor Day whereby the Prairie Belt Blues Foundation celebrates and hosts the great blues legends of the region with the annual Black Prairie Blues Festival in West Point, Mississippi.

Like many musicians, Blues musicians are many times characterized by geography (where they are from) such as Chicago blues, St. Louis blues, Memphis Blues, Delta Blues, Mississippi Hill Country Blues and Black Prairie blues.

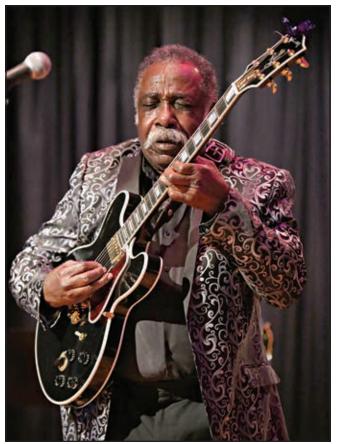
The Black Prairie, the area in which Columbus Air Force Base is located, has a rich heritage and history in blues music. Although not the most famous or most populated region, the Black Prairie has produced some famous and respectable musicians: Howlin' Wolf (near West Point), Big Joe Williams (Crawford), Bukka White (Houston), Lucille Bogan (near Amory) and Willie King.

On August 31, 2018, local performers highlighted the night at the 23rd Annual Black Prairie Blues Festival held at Mary Holmes College in West Point, Mississippi. The night began with Columbus native Big Joe Shelton and the Black Prairie Blues Ambassadors who treated the crowd to his down home style of original music. He was then followed by the Ghost Town Blues Band, based out of Memphis, Tennessee. These guys combined a mixture of old school and new school blues with pop and rock. The night closed out with the crowd favorite, and Jackson, Mississippi native, Jesse Guitar Robinson, who has been performing prince 1965.

Make plans for next year to attend with your families and enjoy good music, no traffic, great views from any seat and local barbeque.



Ghost Town Blues Band





Jesse Guitar Robinson

Big Joe Shelton

BLAZE Hangar Tails: F-15E Strike Eagle

Mission

The F-15E Strike Eagle is a dual-role fighter designed to perform air-to-air and air-to-ground missions. An array of avionics and electronics systems gives the F-15E the capability to fight at low altitude, day or night, and in all weather

Features

The aircraft uses two crew members, a pilot and a weapon systems officer. Previous models of the F-15 are assigned air-to-air roles; the "E" model is a dual-role fighter. It has the capability to fight its way to a target over long ranges, destroy enemy ground positions and fight its way out.

The aircraft's navigation system uses a laser gyro and a Global Positioning System to continuously monitor the aircraft's position and provide information to the central computer and other systems, including a digital moving map in both cockpits.

The APG-70 radar system allows aircrews to detect ground targets from long ranges. One feature of this system is that after a sweep of a target area, the crew freezes

the air-to-ground map then goes back into air-to-air mode to clear for air threats. During the air-to-surface weapon delivery, the pilot is capable of detecting, targeting and engaging air-to-air targets while the WSO designates the ground target.

The low-altitude navigation and targeting infrared for night, or LANTIRN, system allows the aircraft to fly at low altitudes, at night and in any weather conditions, to attack ground targets with a variety of precision-guided and unguided weapons. The LANTIRN system gives the F-15E unequaled accuracy in weapons delivery day or night and in poor weather, and consists of two pods attached to the exterior of the aircraft.

General Characteristics

Primary function: Air-to-ground attack aircraft **Contractor:** The Boeing Company

Power plant: Two Pratt & Whitney F100-PW-220 or 229 turbofan engines with afterburners

Thrust: 25,000 - 29,000 pounds each engine Wingspan: 42.8 feet (13 meters)

Length: 63.8 feet (19.44 meters)

Height: 18.5 feet (5.6 meters)
Weight: 37,500 pounds (17,010 kilograms)

Maximum takeoff weight: 81,000 pounds (36,450 ki-

Fuel capacity: 35,550 pounds (three external tanks plus

Payload: depends upon mission

Speed: 1,875 mph (Mach 2.5 plus)

Range: 2,400 miles (3,840 kilometers) ferry range with conformal fuel tanks and three external fuel tanks

Ceiling: 60,000 feet (18,288 meters)

Armament: One 20mm multibarrel gun mounted internally with 500 rounds of ammunition. Four AIM-9 Sidewinder missiles and four AIM-120 AMRAAM, or eight AIM-120 AMRAAM missiles. Any air-to-surface weapor in the Air Force inventory (nuclear and conventional)

Crew: Pilot and weapon systems officer

Unit cost: \$31.1 million (fiscal 98 constant dollars)
Initial operating capability: September 1989

Inventory: Total force, 219



LLS Air National Guard photo by Airman 1st Class Tiffany A Emony

An F-15E Strike Eagle with the 4th Fighter Wing at Seymour Johnson Air Force Base, North Carolina flies near a rainbow over the southeastern United States August 8, 2018. The Strike Eagle had just been refueled by a KC-135 Stratotanker with the 121st Air Refueling Wing, Ohio.



U.S. Air Force photo/ Tech. Sgt. Matthew

A crew chief marshals out an F-15E Strike Eagle assigned to the 492nd Fighter Squadron during a readiness exercise at Royal Air Force Lakenheath, England, June 5, 2018. Exercise scenarios are designed to emphasize the importance of combat skills effectiveness training and ensure Liberty Wing Airmen are fully prepared for potential contingencies.

Visit www.columbus.af.mil to learn about Columbus AFB agencies and other important information.



SUPT Class 18-14/15, earns silver wings





Maj. Wesley Cranmer, Jr.





Capt. Kristof Lieber Marvville. Tennessee



Twenty-five officers have prevailed during a year of training, earning the right to become Air Force pilots.

Specialized Undergraduate Pilot Training Class 18-14 and T-38C Talon students

from SUPT Class 18-15 graduates at 10 a.m. today during a ceremony at the Kaye Auditorium. Mai. Gen. Michael Rothstein, commander, Curtis E LeMay Center for Doctrine Development and Education, and the vice commander of Air University, Maxwell Air Force Base, Alabama, is the graduation guest speaker.

Students will receive their silver pilot's wings at he ceremony, and students who excelled in their espective training tracks are recognized.

Second Lt. Ian Boyd, T-38C (18-14), 2nd Lt. Andrew Steinemann, T-38C (18-15), and 2nd Lt. Grey Davenport, T-1A Jayhawk, received the Air

Education and Training Command Commander's Trophy for being the most outstanding students overall

The Air Force Association Award was presented to Boyd, T-38C, 2nd Lt. Austin Gillis (18-15), T-38C and Maj. Wesley Cranmer, T-1A. The award is presented to a graduate in each flight who excelled in training and typified the tenets of the association; promoting aerospace power and a strong national defense.

Boyd, Steinemann and Davenport, T-1A, were named the distinguished graduates of SUPT Class 18-14.

The 52-week pilot training program begins with a six-week preflight phase of academics and physiological training to prepare students for flight. The second phase, primary training, is conducted in the single-engine, turboprop T-6A Texan II at Columbus AFB, Miss. Students learn aircraft flight characteristics, emergency procedures,

takeoff and landing procedures, aerobatics and formation flying. Students also practice night, instrument and cross country navigation flying.

Primary training takes approximately 23 weeks and includes 254.4 hours of ground training, 27.3 hours in the flight simulator and 89 hours in the T-6A aircraft.

> After primary training, students select, by order of merit, advanced training in the fighter-bomber or airlift-tanker track.

Both tracks are designed to best train pilots for successful transition to their follow-on aircraft and

Advanced training for the fighter track is done in the T-38C Talon, a tandem-seat, twin-engine supersonic jet. T-38 training emphasizes formation, advanced aerobatics and navigation. Training takes approximately 26 weeks and includes 381 hours of

ground training, 31.6 hours in the flight simulator and 118.7 hours in the T-38C aircraft.

The airlift-tanker track uses the T-1A Jayhawk, the military version of a multi-place Beech Jet 400 business jet. Instruction centers on crew coordination and management, instrument training, cross-country flying and simulated refueling and airdrop missions. Training takes about 26 weeks and includes 185 hours of ground training, 53.6 hours in the flight simulator and 76.4 hours in the

Each class is partnered with business or civic organizations during their year of training. This program is designed to foster closer ties between the community and Columbus AFB. Today, each student will be given a set of pilot wings with their names engraved on the back as a token of good luck from their partners. SUPT Class 18-14 pilot 2nd Lt. Nicolas Del Pozo partner is PACCAR (truck engine manufacturing facility).



Melbourne Beach, Florida





2nd Lt. lan Boyd

Mystic. Connecticut

2nd Lt. Jacob Erickson Johns Creek, Georgia



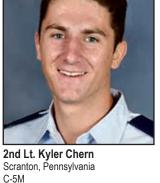
2nd Lt. Grant Fowler Burke, Virginia F-15C

2nd Lt. Ryan Buckner

Round Rock, Texas



2nd Lt. Janel Campbell



Pittsburgh

Scranton, Pennsylvania



2nd Lt. Howlett Cohick San Antonio



2nd Lt. Grey Davenport Newport News, Virginia



2nd Lt. Nicolas Leggit Frederick, Maryland C-17



2nd Lt. Oleskii Mes Ukraine MiG 29



2nd Lt. Brent Matherne New Orleans F-15E



2nd Lt. Korey Papa McDonald, Ohio C-130J



2nd Lt. Mitchell Saville Wichita Falls, Texas C-17



2nd Lt. Andrew Steinemann Belleview. Florida



2nd Lt. Johnathan Sullivan Knoxville. Tennessee F-16



2nd Lt. Robert Wlosek



2nd Lt. Austin Gillis San Francisco



2nd Lt. Gerald-Yunus Harris Fort Walton Beach, Florida