SILVER WINGS Aug. 5, 2016

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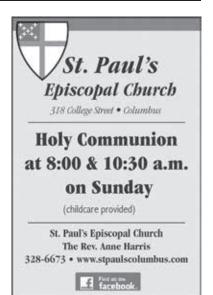


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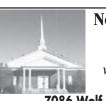




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**New Salem Baptist** Church welcomes

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SUNDAY Worship Service - 8:00 & 10:30 am Sunday School (all ages) - 9:15 am

SUNDAY EVENING Discipleship Training - 5pm Evening Worship - 6pm

WEDNESDAY

Kid's Drama - 6 pm Adult/Youth Bible Study, RAs, GAs & Mission Friends - 6:30 pm Nursery available for all services.

Vol. 40, Issue 31 Columbus Air Force Base, Miss.

Weather

Friday

Sunday

**News Briefs** 

**Wing Newcomers Orientation** A Wing Newcomers Orientation is scheduled for

8 a.m. - 1 p.m. Aug. 9 at the Columbus Club for newly arrived active duty and civilian personnel.

**Senior NCO Induction Ceremony** 

The Senior NCO Induction Ceremony starts 6 p.m. Aug. 12 at the Columbus Club

**Enlisted Dorm Dinner** 

A Dorm Dinner for enlisted Airmen living in the dorms is scheduled for 7:45 p.m. Aug. 18 at Independence

**BCC Luncheon** 

The Base Community Council Luncheon is 11:30 a.m. Aug. 25 at the Club.

### Inside



Feature 8

The 14th Medical Group Dental Flight is highlighted in this week's feature.

Saturday

High 96°F Low 74°F

Monday

High 94ºF Low 73ºF

Brig. Gen. Andrew Croft, Director of Plans, Programs, Requirements and Assessments, Headquarters Air Education and Training Command, Joint Base San Antonio-Randolph, Texas speaks during the Specialized Undergraduate Pilot Training Class 16-12 graduation July 29 at Columbus Air Force Base, Mississippi. During his speech Croft set the bar for the high expectations that would be demanded of the young pilots in their future careers.

### Croft advises graduates on career path, choices

Airman 1st Class John Day 14th Flying Training Wing Public Affairs

Brig. Gen. Andrew Croft, Director of Plans, Programs, Requirements and Assessments, Headquarters Air Education and Training Command, Joint Base San Antonio-Randolph, Texas visited Columbus Air Force Base, Mississippi, to speak at Specialized Undergraduate Pilot Training Class 16-12's graduation

Croft began by thanking the class for the invitation to speak at graduation and stating how special the opportunity was.

"It's a great day to be back here, 26 years and two months lat-

See CROFT, Page 2

August 5, 2016

### COLUMBUS AFB TRAINING TIMELINE

l									7 7 7			Will St. 10.	-		
Phase II			PHASE III				IFF				Wing Sortie Board				
	Senior	Squadron			Senior	Squadron			Senior	Squadron		Aircraft	Required	Flown	Annua
Squadron	Class	Overall	Track Select	Squadron	Class	Overall	Graduation	Squadron	Class	Overall	Graduation	T-6	375	387	26,280
37th (17-06)	0.41 days	-1.13 days	Aug. 12	48th (16-13)	-2.69 days	-0.06 days	Aug. 5	49th (16-KBC)	-3.47 days	-0.99 days	Aug. 23	T-1	135	92	8,345
41st (17-07)	1.31 days	1.32 days	Sept. 6	50th (16-13)	-0.77 days	0.18 days	Aug. 5	* Mission number	rs travided by	14 FTW/ W/ir	na Schedulina	T-38	141	125	8,847
The gradua	tion speak	er is Col. Ba	rry Blanchard	, I, 172nd Air Lif	t Wing Com	mander, Th		d, Jackson, Mi		1   1 1 00 0001	ig Scheduing.	IFF	66	62	3,633

### CROFT

(Continued from page 1)

Mon

er, where I walked across this same stage," Croft said. "I just want to say thank you to the folks who got me here and invited me. It's an absolute honor to be with our graduates and families today."

He spoke about how important pilots are to our Air Force and how they are in a very high demand career field.

"Today is a significant milestone in the life of the pilots of class 16-12," Croft said. "The Air Force has just invested a significant number of resources in the last few years to teach you a skillset that will benefit you, this country and our global

Croft spoke of the high expectations set for the young graduating pilots.

"Some of you will be in combat operations in less than a year," Croft said. "What is expected of you is that you become our frontline warfighters in aircraft such as the C-17, CV-22 and F-16 both here and for our partner nations. Some of you will be training the next generation of pilots. We expect you to become experts in your weapon system and develop the skills and professionalism as company grade officers.

He charged them with leadership and detailed how they would be expected to do just that sooner than they may think. "We need you to lead our Airmen, serve when and where you are needed and continue to improve and uphold our stan-

Croft offered his advice on how to progress through their careers and to put emphasis on the important things in their advice.

"Your family is important; take care of them," Croft said. "Your closest friends will come from the time you are lieu-

Wed

Tue

"Today is a significant milestone in the life of the pilots of class 16-12," Croft said. "The Air Force has just invested a significant number of resources in the last few years to teach you a skillset that will benefit you, this country and our global partners.'

tenants and captains. Build those relationships. We fight as a team. Pay for experiences and not things. At the end of the day, memories matter more than material objects.'

He then spoke about his own career and experiences, noting the graduates should make sure they have something to look back on and be proud of.

"As you come to the end of your career, you'll be proudest of the hardest things you've ever done, not the easiest things," Croft said. "I can remember the hardest things I have ever done in training and in combat and only the skill and discipline I have developed over time have not only allowed [me] to survive, but to succeed."

Croft ended with one final congratulations and a last bit of

"Enjoy this day with your classmates and family," Croft said. "Stay in touch with your classmates and instructors. Your paths will cross again, I guarantee it."

<u>Long Range</u>

Sat/Sun

Fri

<u> </u>	100	WEU	11101	<u> </u>	<u>301/3011</u>	<u>Events</u>
8	Wing Newcomers Orientation, 8 a.m. @ Club	10	11	Senior NCO Induction Ceremony, 6 p.m.	13/14	Aug. 30: Wing Newcomers Orientation Aug. 31: Enlisted Promotion Ceremony Sept. 2: AETC Family Day Sept. 5: Labor Day Holiday Sept. 9: SUPT Class 16-14 Graduation Sept. 12-13: AETC/CC visit Sept. 15: 49th FS reunion Sept. 17: Air Force Birthday
15 Drone Symposium, @ GTR	16	Mercedes-Benz Leadership Visit	18 Enlisted Dorm Dinner, 7:45 p.m. @ Pool	SUPT Class 16-13 Gradua- tion, 10 a.m. @ Kaye Senate Appropri- ations Committee Staffer visit	20/21 20-21: Autocross, @ SAC ramp	Ball Sept. 30: SUPT Class 16-15 Graduation Oct. 4-6: CREATE "Imagine the possibilities" Oct. 10: Columbus Day Holiday Oct. 15: Civilian Fly-In Oct. 21: SUPT Class 17-01 Graduation Oct. 31: Third Quarterly Awards Oct. 31: Enlisted Promotions

Thur

### **Silver Wings**

#### How to reach us

14th Flying Training Wing Public Affairs 555 Seventh Street, Suite 210, Columbus AFB, MS, 39710 Commercial: (662) 434-7068 DSN: 742-7068 Fax: (662) 434-7009 E-mail: silverwings@us.af.mil

#### **Editorial Staff**

Col. Douglas Gosney 14th Flying Training Wing Commander

Mr. Sonic Johnson Chief of Public Affairs

Senior Airman Kaleb Snay Editor

Airman 1st Class John Day Staff Writer

> Mrs. Tina Perry Layout Designer

#### **Submission Deadline**

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

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Editorial content is edited, prepared and provided by the 14th Flying Training Wing Public Affairs Office of Columbus AFB,

The SILVER WINGS staff reserves the right to edit or rewrite all copy submitted when necessary. All photos are U.S. Air Force photos unless otherwise stated

Submit all advertising to the Columbus, Miss., Commercial Dispatch advertising department one week prior to desired rublication date. The advertising department can be reached at (662) 328-2424.

### **Warning Signs**

Warning signs of T1D may occur suddenly and include:

- Extreme thirst
- Frequent urination
- Drowsiness or lethargy
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- Sudden vision changes
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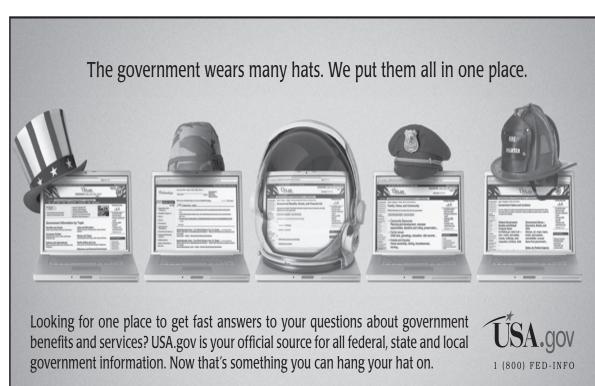
A CFC participant. Provided as a public service

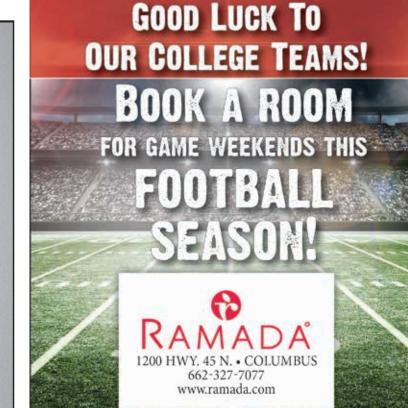




Washer And Dryer In Unit 1 And 2 Bedrooms Available 15% Military Discount Move In Specials Fitness Center On Site

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Aug. 19

Rosenzweig Arts Center in Columbus. Tickets available at the Columbus Arts Council for \$10 in advance / \$12 at the door. Visit columbus-arts.org for more in-

#### Aug. 20

Possum Town Triathletes will take on the challenge to swim 600 yards, bike 17 miles and run 3.3 miles during this annual race event starting 7 a.m. Registration and information is available at possumtowntriathlon.com.

Aug. 27

Main Street Columbus is excited to partner with 662.891.3648. Buy tickets here on Ticketmaster.com

Mitchell Distributing to present "Bud & Burgers' See Will Kimbrough live in concert 7:30 p.m. at the 4-8 p.m. at the Riverwalk. Teams of four compete to cook the best burgers for prizes. Tickets are \$5 to sample and vote. The deadline to enter the cooking competition is Aug. 17. For more information contact Main Street Columbus at 662-328-6305

Doors open at 7 p.m. for the Love and Laughter Tour with live performances Labor Day Weekend by Avant, Lenny Williams, Iyse Gibson, and comedian, Chestnut, in Trotter Convention Center, 402 2nd Ave. N.; show starts at 8 p.m. Hosted by WACR Radio's Greg McMichael. For more information, call

### BARGAIN LINE

The deadline for submitting ads is noon Monday before the desired publication date. Ads turned in after the deadline will run the following week. Ads can be mailed to or dropped off at the public affairs office in the 14th Flying Training Wing Headquarters building, e-mailed to silverwings@ us.af.mil or faxed to 434-7009. Calling Ext. 7068 by noon Monday can extend the run date of ads already submitted. Silver Wings reserves the right to limit ads based on content, space and frequency of requests. Advertisements for private businesses or services providing a continuous source of income may not appear in the Bargain Line. They may, however, be purchased through The Commercial

Dispatch, 328-2424.

Free: Healthy male tabby kitten with white socks to loving home. Kitten was found abandoned in a parking lot and was taken in and cared for. He is very more information, contact 386-6981.

loving, playful and most importantly, For Sale: White Kenmore Refrigerator house trained. For more information, please contact 435-3626.

#### Miscellaneous

For Sale: Pro Form whirlwind dual action stationary bike, \$150; Health rider total aerobic fitness, \$200; EZ Bole Regal three-wheel adult bike, hand brakes, three-speed with large basket and flag, \$250; Six-shelf VHS holder, \$15; Shark floor cleaner with two pads, \$15; Evenflo high chair in very good condition, \$10. For more information

For Sale: Brand New Photography Studio Lighting Set, three lights with stands, three Umbrellas with stands, three (10x10) Backdrops, Backdrop stand; asking \$150. Casio Wk-3800 Musical Keyboard, 76 full keys, 800 tones, auto rhythms, on-board sequencer, and more; asking \$285. For

with top freezer and ice maker, works well; \$125. Bar-height drop-leaf kitchen table with two chairs. White with butcher block top and seats; \$110. For more information call 328-7053 or

For Sale: New Evenflo Tribute LX Convertible Car Seat, Saturn; \$45. InStep Jogging Stroller, 16 years old, in good condition; \$25. Maxam Vegetable Chopper, like new, sells for \$99 asking \$75. Lego Mindstorms, sells for \$700, asking \$150 as some pieces are missing. For more information call or text 425-1878 or email iffmllr130@gmail.com.

#### Transportation

For Sale: 1978 Triumph Spitfire with extra parts and hard top for sale; \$3000. For more information, call Danny

To advertise in Silver Wings, call 328-2424

#### RELENTLESS MIXED **JOIN TODAY! MARTIAL ARTS GYM**

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Produce Pilots, Advance Airmen, Feed the Fight





**AUGUST 20, 2016** COLUMBUS, MS - 7:00am

**Registration & Information:** possumtowntriathlon.com

Presenting Sponsor:

### Quarterly awards ceremony distinguishes great performers

14th Flying Training Wing Public Affairs

The 14th Flying Training Wing's best of the best were showcased during the second quarterly awards ceremony Aug. 28 at the Kaye Auditorium.

The Team BLAZE second quarter award winners are: Airman of the Quarter: Airman 1st Class Nicholas Anthony, 14th Operations Group

NCO of the Quarter: Tech. Sgt. Aapri Gholston, 14th Medical Group

**SNCO** of the Quarter: Master Sgt. Carmina Beedle, 14th OG

CGO of the Quarter: Capt. Zachary Shuler, 14th OG FGO of the Quarter: Maj. Nicholas Ervin, 14th OG Honor Guard of the Quarter: Senior Airman Zachary Sellers, 14th OG

Flight Commander of the Quarter: Capt. Jennifer Arce, 14th MDG

IP of the Quarter: Lt. Col. Jeffrey Dennis, 81st FS Cat. 1 Civilian of the Quarter: Crystal Johnson, 14th Mission Support Group

Cat. 2 Civilian of the Quarter: William O'Meara, Cat. 3 Civilian of the Quarter: Scott Schlosser, 14th

Volunteer of the Quarter: Staff Sgt. Maria Schinella

Make every dollar count team of the Quarter: 14th OG Airfield Systems Flight



Alabama

Sales Tax

The annual Sales Tax Holiday

for Alabama begins at 12:01 a.m.

Holiday

Club. The ceremony honored the wing's outstanding professionals for the months of April through June 2016 whose drive, determination and dedication have earned them this recognition.

### Compulsory School Attendance: Home School

The School Liaison Office would like to remind parents of the State of Mississippi law governing school attendance particularly as it pertains to families who home-school.

Under the Mississippi Compulsory School Attendance Law, parents and guardians are required to enroll their children in a public, private or home school. This law applies to children who have reached the age of six and have not exceeded the age of 17 by Sept. 1.

will also be under the Compulsory School At-

Any parent or guardian who fails to comply with the Mississippi Compulsory School Attendance Law may be punished in a court of law.

home are required to complete a certificate of

Children who have attained or will attain enrollment card each school year. You can comthe age of five years on or before Sept. 1 and plete this card at the Columbus Air Force Base have enrolled in a full-day public kindergarten School Liaison Office, located in Building 730,

> Mississippi law requires registration be completed prior to Sept. 15.

Please contact the School Liaison Officer at 434-2792 or via email at: slo@columbus.af.mil Parents who are teaching their children at for an appointment to complete your registra-

### Visitor's Center Closure

The Visitor Control Center will be closed Aug. 18. The center is always closed on the 3rd Thursday of the month for in-house training. Passes can still be received at Columbus Air Force Base main gate.

Visit us online! www.columbus.af.mil

## 14TH FLYING **TRAINING** WING DEPLOYED

As of press time, 49 TEAM BLAZE members are deployed worldwide. Remember to support the Airmen and their families while they are away.

CST Aug. 5 and ends at midnight Aug. 7. Alabama will give shoppers the opportunity to purchase certain school supplies, computers and clothing free of state sales or use tax. Retailers are required to participate and may not charge tax on items that are legally tax-exempt during the Sales Tax Holiday.

For more information visit revenue.alabama.gov/salestax/SalesTax-Hol.cfm.

4 SILVER WINGS Aug. 5, 2016

Produce Pilots, Advance Airmen, Feed the Fight



Seven of Team BLAZE's enlisted Airmen were promoted during the enlisted promotions ceremony Aug. 28 at the Columbus Club.

## Seven enlisted Airmen promoted at ceremony

14th Flying Training Wing **Public Affairs** 

Seven of Team BLAZE's enlisted Airmen were promoted during the enlisted promotion ceremony Aug. 28 at the Columbus Club. Promoted during the month of August OSS

Senior Master Sgt. Angel Alvarado, 14th

Operations Support Squadron

Master Sgt. Eric Severs, 14th Medical

Tech. Sgt. Tyrone Lewis, 14th OSS

Senior Airman Calkeshia McClendon, 14th Force Support Squadron Senior Airman Aaron Crebessa, 14th

Senior Airman Christian Pizarro, 14th

Airman Ryan Heman-Ackah, 14th OSS

### **Commander's Action Line** 434-1414

The Commander's Action Line is your direct line to the commander for comments and suggestions on how to make Columbus AFB a better place. Although the Commander's Action Line is always available, the best way to resolve problems is through the chain-of-

The Commander's Action Line phone number is 434-1414. Callers should leave their name and phone number to receive an answer. All names will be kept confidential. Message may be answered in the Silver Wings without names.

Written questions may also be brought to the PA office in the Wing Headquarters building, BLDG. 724, suite 210. Questions and answers may be edited for brevity and style.

### Senator Cochran's staffer visit Columbus AFB



Columbus Air Force Base leadership stand with Ty Mabry and Anne Hall Brashier, military legislative aides for U.S. Senator Thad Cochran, and Maj. Jason Bast, Defense Fellow, Aug. 1 at Columbus Air Force Base, Mississippi. During their visit the delegation toured the Air Traffic Control complex, visited the Fitness Center and learned more about the base's mission and its history



### Preventive measures lead to a healthier Air Force

J.D. Levite

Air Force Surgeon General Public Affairs

FALLS CHURCH, Va. — Preventing illness or injury is the goal of the Air Force's Preventive Medicine program, a topic that is highlighted in August during Preventive Health

Preventive health extends beyond health care at an individual level, concentrating rather on the health of individuals, communities and specific populations to help groups reduce their risk of disease, disability and death.

"We see patients one on one, but we also look at a global view," said Col. Patrick Monahan, the chief of Population Health Operations. "We determine how to care for the population in the best way possible."

Col. Thomas Moore, the chief of Health Promotion, said it's the community-level impact of preventive medicine that

"It's better to prevent than cure. 'An apple a day keeps Airmen from unhealthy behaviors. the doctor away.' There's a lot of wisdom in that," Moore said. "We can help a lot of people versus just the one on one. That's the interesting part for me."

Preventive health breaks down into three separate stages: primary, secondary, and tertiary. Primary prevention is meant to keep people from getting sick. There are many ways to do this, from immunizations to targeting exposures that might tests, cancer screenings and blood tests. get people sick.

The Air Force's health promotion effort focuses on primary prevention too. In addition to advocating for new policies from military treatment facilities around the Air Force. that make it easier to adopt healthy habits, such as improving dining facilities to offer healthier foods, Moore said they also create campaigns to promote the adoption of healthy behav-

Preventive health breaks down into three separate stages: primary, secondary, and tertiary. Primary prevention is meant to keep people from getting sick. There are many ways to do this, from immunizations to targeting exposures that might get people sick.

iors like eating right and not smoking. They also work to keep

"We want to make sure people are as healthy as they can be and that we have the best fighting force ready to go," Moore said.

Preventive health's secondary stage is the one most Airmen have experienced in one way or another. It includes things like the annual Periodic Health Assessment, hearing blood sugar checked to make sure you're not diabetic," Moore

While it mostly works behind the scenes, population health plays a big part in the secondary stage by using data

"Once we identify areas we do well in and areas we have challenges in, we deep dive into more investigative work and see how we can improve," Monahan said.

One example of how population health improves preventive health is with breast cancer screening. Using the data available, Monahan is able to find a group of patients that should be receiving that screening based on their gender, age and other factors. He can then push for outreach campaigns to help make sure those people are getting that recommen-

The final stage is tertiary prevention. At this point an individual already has a disease, but it's still in a stage that's early enough to treat. A good example of this is diabetes, which can be treated with a change in diet and nutrition long before it gets to the point where medicine is needed.

"All kinds of things can happen if your diabetes gets bad enough and isn't well controlled," Moore said. "So, the efforts we make early on to try and prevent it from progressing to that stage, that's tertiary prevention."

Moore said many of the factors that have led to an increase in life expectancy for humans can be attributed to the concept of preventive health. Things like improved sanitation and just getting people to wash their hands have made a huge difference to public health overall because it has prevented people from contracting diseases they may have gotten oth-

"It's much better to get that shot periodically or get your said. "We can stick you and take a little bit of blood right now and send you down a path that hopefully keeps you healthy, or you're going to end up in a situation where you're giving yourself a shot every day."

Preventive health covers topics ranging from the flu shot to tobacco cessation and alcohol consumption, and the Air Force is exploring new avenues for all of these issues.

## Visit us online!



Web page: www.columbus.af.mil



**Facebook:** www.facebook.com/ **Columbus AFB** 



Twitter: www.twitter.com/ Columbus AFB

 $12^{\tiny{\begin{array}{c}\text{SILVER WINGS}\\Aug.\ 5,\ 2016\end{array}}}$ 

Produce Pilots, Advance Airmen, Feed the Fight

#### SILVER WINGS LVER WINGS Aug. 5, 2016 5

## Breaking News: Air Force declares the F-35A 'combat ready'

**HQ ACC Public Affairs** 

JOINT BASE LANGLEY-EUSTIS, Va. —The F-35A Lightning II fifth generation fighter aircraft was declared 'combat ready today by Gen. Hawk Carlisle, the commander of Air Combat Command.

Carlisle lauded the aircraft's performance, noting that the aircraft had met all key criteria for reaching initial operational capability.

Airmen trained, manned and equipped to conduct basic close air support, interdiction, and limited suppression/destruction of enemy air defenses in a contested environment with an operational squadron of 12-24 aircraft, the ability to deploy and conduct operational missions using program of record weapons and missions systems and having all necessary logistics and operational elements in place.

"I am proud to announce this powerful new weapons system has achieved initial combat capability," Carlisle said. "The F-35A will be the most dominant aircraft in our inventory, because it can go where our legacy aircraft cannot and provide the capabilities our commanders need on the modern battle-

The F-35A is the latest addition to ACC's fleet of deployable and fifth generation aircraft. It provides air superiority, interdiction, suppression of enemy air defenses and close air support as well as great command and control functions through fused sensors, and will provide pilots with unprecedented situational awareness of the battlespace that will be more extensive than any single-seat platform in existence.

"Bringing the F-35A to initial combat readiness is a testament to our phenomenal Airmen and the outstanding support of the Joint Program Office and our enterprise partners. This important milestone for our fighter force ensures the United States, along with our allies and international partners, remains prepared to deter, deny, and defeat the full spectrum of growing threats around the globe," added Deborah Lee James, Secretary of the Air Force.

Gen. David Goldfein, Chief of Staff of the Air Force, said that dynamic new capability



U.S. Air Force photo/Staff Sat. Madelyn Brown

F-35A Lightning II aircraft receive fuel from a KC-10 Extender from Travis Air Force Base, California, July 13, 2016, during a flight from England to the U.S. The fighters were returning to Luke AFB, Arizona, after participating in the world's largest air show, the Royal In-

will benefit the joint warfighter.

"The combat ready F-35A is the latest fifth generation fighter aircraft in the Air Force's inventory and provides our nation air dominance in any environment. The F-35A brings an unprecedented combination of lethality, survivability, and adaptability to ioint and combined operations, and is ready to deploy and strike well-defended targets anywhere on Earth," Goldfein said. "Today's declaration of IOC is an important milestone on the road to achieving full warfighting capability for the F-35A."

The 34th Fighter Squadron of the 388th Fighter Wing, based at Hill Air Force Base, "We're very proud that the Air Force has

Utah, is the service's first operational F-35A squadron, having met all the established criteria for Initial Operational Capability including a successful June deployment to Mountain Home AFB, Idaho and a series of eight-aircraft sorties held in mid-July. 34th FS Airmen will fly and maintain the F-35A alongside Air Force Reservists from Hill's 419th Fighter Wing.

make sure our aircraft are combat ready: meeting challenges head-on and completing all the required milestones," said Col. David Lyons, 388th Fighter Wing commander.

declared us combat ready and we're prepared to take this aircraft wherever it's needed in support of our national defense."

Produce Pilots, Advance Airmen, Feed the Fight

Those sentiments were echoed by Col. David Smith, 419 FW commander. "It's an honor to fly and maintain the F-35 with our active duty counterparts here at Hill," Smith said. "Our units were the first to fly combat-ready F-16s nearly 40 years ago and we're "Our Airmen have worked tirelessly to very proud to have made history once again in bringing the Air Force's newest fighter jet

For questions, contact Air Combat Command Public Affairs at (757) 764-5007 or via e-mail accpa.operations@us.af.mil

feds **feed** families

01 June 2016 through 31 August 2016

www.usda.gov/fedsfeedfamilies

### **MOST WANTED ITEMS**

(High Fiber, Low Sugar, Low Sodium)

- Canned Tuna, Salmon, orCanned Vegetables Chicken
- Canned Fruits (In light syrup or its own juices)
- Hot & Cold Cereal (Oatmeal, cheerios, corn-flakes, raisin bran)
- Grains (Brown & white rice, pasta, macaroni & cheese)
- Peanut Butter

granola bars)

Healthy Snacks

• 100% Juice (All sizes, including juice boxes)

(Low sodium, no salt added)

(Applesauce cups, raisins,

Canned or Dry Beans

Canned Soups

Please bring non-perishable food items to the labeled red bins in these locations:

- Bowling Alley
- CDC
- Chapel

- Commissary
- Your Squadron

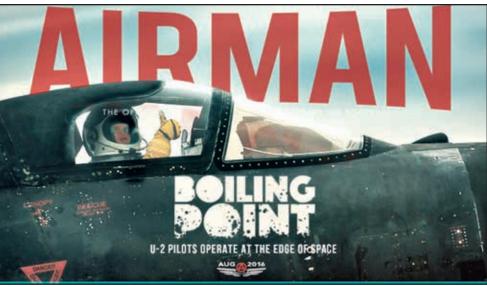
For more information, contact your base POC's:

Capt. Marrero 2nd Lt. Monio



Commercial 662-434-2120 DSN 742-2120





U.S. Air Force graphic/Chris Desroche

## August issue of Airman magazine now available

FORT GEORGE G. MEADE, Md. — The August issue of Airman magazine is now available to download and is viewable through a web browser.

In this month's issue of Airman magazine, we take a look at the U-2 mission and what happens while a pilot is 13 miles high in the stratosphere. Also included in the U-2 discussion is how pilots are able to eat through a pressurized suit

Lastly, we sift through the sand with explosive ordnance disposal technicians and discuss the inherent risks that these brave Airmen have and continue to face on a daily basis to save

You can download the August issue of Airman magazine on Apple, Android and PC. For more stories, visit Airman Online, the website for the official magazine of the U.S. Air

## **Buckle** up! It's the law.



Visit www.columbus.af.mil to learn about Columbus AFB agencies and other important information.

# **BLAZE Hangar Tails: CV-22 Osprey**

The CV-22 Osprey is a tiltrotor aircraft rotate into a forward position. that combines the vertical takeoff, hover and vertical landing qualities of a helicopter with the long range, fuel efficiency and speed characteristics of a turboprop aircraft. Its mission is to conduct long-range infiltration, exfiltration and resupply missions for special operations forces.

#### Features

This versatile, self-deployable aircraft offers increased speed and range over other rotary-wing aircraft, enabling Air Force Special Operations Command aircrews to execute long-range special operations missions. The CV-22 can perform missions that normally would require both fixed-wing and rotary-wing aircraft. The CV-22 takes off vertically and, once airborne, the nacelles (en-

The CV-22 is equipped with integrated threat countermeasures, terrain-following radar, forward-looking infrared sensor and other advanced avionics systems that allow it to operate at low altitude in adverse weather conditions and medium- to high-threat envi-

#### Background

The CV-22 is the Special Operation Forces variant of the U.S. Marine Corps MV-22 Osprey. The first two test aircraft were delivered to Edwards Air Force Base, California, in September 2000. The 58th Special Operations Wing at Kirtland AFB, New Mexico, began CV-22 aircrew training with the first two production aircraft in August 2006.

The first operational CV-22 was delivered

gine and prop-rotor group) on each wing can to Air Force Special Operations Command in January 2007. Initial operational capability was achieved in 2009. A total of 51 CV-22 aircraft are scheduled to be delivered by the

#### General characteristics

Primary function: special operations forces long-range infiltration, exfiltration and

Power plant: two Rolls Royce-Allison AE1107C turbo shaft engines

Thrust: more than 6,200 shaft horsepow-

Wingspan: 84 feet 7 inches (25.8 meters) **Length:** 57 feet 4 inches (17.4 meters)

**Height:** 22 feet 1 inch (6.73 meters) Rotary diameter: 38 feet (11.6 meters)

Speed: 277 mph (241 knots) (cruising

Produce Pilots, Advance Airmen, Feed the Fight

Maximum vertical takeoff weight: 52,870 pounds (23,982 kilograms)

Maximum rolling takeoff weight: 60,500 pounds (27,443 kilograms)

Armament: one .50 Cal Machine gun on

Range: combat radius of 500 nautical miles with one internal auxiliary fuel tank

Payload: 24 troops (seated), 32 troops (floor loaded) or 10,000 pounds of cargo

Crew: four (pilot, copilot and two flight engineers)

Builders: Bell Helicopter Textron Inc., Amarillo, Texas; Boeing Company, Defense and Space Group, Helicopter Division, Phil-

Deployment date: 2006

Unit cost: \$90 million

**Inventory:** active duty, 46; reserve, 0;



U.S. Air Force photo/Airman 1st Class John Day

A static display of a CV-22 Osprey sits on the SAC ramp March 22 at Columbus Air Force Base, Mississippi. Several Special Operation Forces Airmen and aircraft visited Columbus AFB for a roadshow to generate interest in the SOF community.



U.S. Air Force photo

The CV-22 Osprey is a tiltrotor aircraft with the capability to perform both fixed-wing and rotary-wing missions. Its mission set includes long-range infiltration, exfiltration and resupply missions for special operations forces.

## Security and policy review

Did you know that as a military member you must coordinate all information relating to speeches, presenations, academic papers, multimedia visual information materials and information proposed for release to a publicly accessible Worldwide Website, with exception of Air Force publications, through the 14th Flying Training Wing Public Affairs Office? For more information contact the 14th FTW/PA at 434-7068.

**Drive Smart, Save Lives** 

Don't text while driving



## B-1s to replace B-52s during routine bomber presence rotation

#### **Headquarters Pacific Air Forces Public Affairs**

IOINT BASE PEARL HAR-BOR-HICKAM, Hawaii — The B-1B Lancers are scheduled to deploy to Andersen Air Force Base, Guam, Aug. 6 for the first time since April 2006 in support of U.S. Pacific Command's continuous bomber presence mission.

The B-1B's will replace the B-52 Stratofortresses currently deployed from Minot AFB, North Dakota. This is not the first deployment of B-1Bs in the PACOM area of responsibility; however, it is the first time in 10 years.

With a large weapon capacity and exceptional standoff strike capability, the B-1 will provide PACOM and its regional allies and partners with a credible, strategic power projection plat-

This forward deployed presence demonstrates the continuing U.S. commitment to stability and security in the Indo-Asia-Pacific region. The bombers will be accompanied by approximately 300 Airmen from Ellsworth AFB, South Dakota.

Air Force Global Strike Command continues to routinely deploy bombers to Andersen AFB, which provides opportunities for Airmen to advance and strengthen regional alliances and nerships throughout the Indo-Asia-Pa-



long-standing military-to-military part- For the first time in 10 years, B-1B Lancers will replace the B-52 Stratofortresses in support of U.S. Pacific Command's continuous bomber presence mission. This forward deployed presence demonstrates continuing U.S. commitment to stability and security in the Indo-Asia-Pa-

### DOD begins workplace, gender relations survey for active-duty members

Secretary of the Air Force **Public Affairs Command Information** 

WASHINGTON — About 735,000 active-duty members across the services will be invited to take part in the largest Department of Defense Workplace and Gender Relations Survey to date beginning July 25.

The 2016 WGRA is part of a series of studies that will help assess any experiences members may have had recently with sexual harassment, sexual assault and any retaliatory behaviors associated with reporting these incidents.

"This survey is critical to our ability to understand these unwanted behaviors in the Air Force," said Aileen Richards,

ences outside the workplace in order to understand the full scope of the issue and how best to support Airmen."

This is the only survey the DOD uses to measure rates of sexual assault and harassment for active-duty members, you to participate and make your voice heard," said Maj which is why participants' survey responses will be confiden- Gen. James Johnson, the Air Force SAPR director. "It's im tial to the fullest extent permitted by law.

by the Defense Manpower Data Center's contractor via post- ditions across the force. As we improve our understanding al mail and email. Interested Airmen can check DMDC's of the problem, our future response and preventions efforts survey website to see if they have been selected for the sur- will also improve, and we need your help and participation vey. The survey is voluntary, and respondents can use duty to improve both.' time to complete the survey.

an Air Force Sexual Assault Prevention and Response op- current military workplace relations, professionalism and spring 2017.

erations research analyst. "The survey also includes experipersonal safety, and have important implications for how the military operates in the future, to include military training, justice and services.

"If you're selected for this survey, we strongly encourage portant for us to base our training and policies on solid sci-Active-duty members who are selected will be contacted entific research, which includes understanding current con-

The survey will run until Sept. 28, and results of the sur-The survey will help commanders at all levels evaluate vey are scheduled to be released on the DMDC website in

FSS Services Community SILVER WINGS Aug. 5, 2016

#### Columbus Air Force Base Information and Events

Join our Facebook page at Columbus AFB Living, Twitter at @columbusafbliving, MyAirForceLife App on any smart phone or visit our website at columbusafbliving.com to keep up to date with all the great events happening around base. Check out the calendar on the website for important Airman and Family Readiness Center events. For more information, contact 434-2337.

#### Free Pool Passes and FootGolf

Independence Pool Passes and FootGolf are included with Whispering Pines Golf Membership. If you have an individual golf membership, you receive an individual pool pass and Foot-Golf membership and if you have a family golf membership, you receive a family pool pass and FootGolf membership. Visit Outdoor Recreation for your free pool pass today. For more information, contact 434-2505.

#### Tuesday Night Mixed League Meeting

The Tuesday Night Mixed League will hold a meeting at 6 p.m. Aug. 23 at the Bowling Center.

For more information or interested in participating in the league, please call Jack Martin at 434-2320.

#### **UFC Fight Frenzy**

The Columbus Club is offering UFC Fight Night "McGregor vs. Diaz II" Aug. 20. Doors open at 7 p.m. Free for club members; \$5 non-members. For more information, contact 434-2489.

#### Pearl River Resort Casino Trip

Outdoor Recreation is offering a monthly casino trip to Pearl River Resort. Upcoming dates are Aug. 27, Sept. 24, Oct. 22, Nov. 19, and Dec. 17. The cost is only \$25 per person; includes \$20 in play credit at casino and transportation. Outdoor Recreation bus departs Exchange/Shoppette parking lot at 1:30 p.m. Any party of 10 or more may book transportation to casino anytime for \$25 per person. For more information, contact 434-2505.

#### Fitness Time-Out Child Care

The Child Development Center is offering child care from 8:30 – 11:30 a.m. Tuesdays and Thursdays beginning Aug. 9. The cost is only \$4 per hour. Sign up one week in advance at the CDC or contact 434-2479 for more information.

#### Free Healthy Child Informational Fair

The Child Development Center is hosting the Healthy Child Informational Fair from 11 a.m. – 1 p.m. Aug. 17. Information on child nutrition, sports for young children, immunizations, safety plans, and more information pertaining to a healthy child provided. Event held at the CDC. For more information, contact 434-2479.

#### Labor Day Getaway

Outdoor Recreation is offering a Labor Day Getaway Sept. 3 – 5 to Tullahoma, Tennessee. This getaway includes: Jack Daniels Distillery tour, Lynchburg tour, hiking in the Short Springs Natural Area, and additional recreational activities. The cost is only \$150 per person. For information or to sign up, contact

#### Free Family Movie

Independence Pool is offering a free family movie, "Ratchet and Clank" (PG) at 8:30 p.m. Aug. 6. Doors open at 8 p.m. Snack bar will be available. For more information, contact 434-2505.

#### Dog Days of Summer 5K Run/Walk

The Fitness Center is offering a 5K at 7 a.m. Aug. 19 starting at the Fitness Center. Commander's trophy points are to be



#### Whispering Pines Club Championship

The Golf Course is offering their annual club championship at 8 a.m. Aug. 27 and 28. The cost is only \$40 for members and \$75 for non-members. Entry includes green fees, prize fund, and lunch both days. For more information, contact 434-7932.

#### The Overrun Open Friday Nights

The Overrun is open Fridays 4:30 p.m. until midnight. Bar menu includes chicken wing basket, chicken tender basket, club wrap, or buffalo chicken wrap. For more information, contact

#### Library Hours of Operation

The Base Library hours of operation are Mondays – Fridays 11 a.m. – 5:30 p.m.; Sundays 1 – 5 p.m.; Saturdays and holidays closed. For more information, contact 434-2934.

#### Columbus Club Lunch Buffet Specials

The Columbus Club is offering a lunch buffet Tuesday - Friday 11 a.m. – 1:30 p.m. Taco Tuesday includes tacos and nachos for only \$5 per club member and \$6 per non-member; Wednesday has pizza and wings, Thursday is southern, and Friday is catfish and spaghetti. Cost of Wednesday, Thursday, and Friday buffet is only \$7.95 for club members and \$8.95 for non-members. For more information, contact 434-2419.

#### **Bowling Center Party Specials**

The Bowling Center is offering two options for all your party needs. Option 1 includes 2 hours of unlimited bowling and shoe rental for only \$8.50 per person. Option 2 includes 2 hours of unlimited bowling, shoe rental, and a child meal for only \$11.50 per person. Choice of meal includes chicken tenders, hot dog, corn dog, or grilled cheese served with fries and drink. You may bring in awarded. Pets are welcome to join. For more information, contact a cake, cupcakes, and ice cream. No other outside food and drinks allowed. For more information, contact 434-3426.

#### Story Time and Circle Time at the Library

The Base Library is offering Story Time every Friday at 11 a.m. for all ages. Circle Time is offered each Wednesday at 11 a.m. for ages up to 4 years old. For more information, contact 434-2934.

#### Cosmic Bowling Special

The Bowling Center is offering Cosmic Bowling for only \$12 per person every Friday and Saturday night from 5 – 8 p.m. You also may purchase individual games for \$3 per game with purchase of \$1.50 shoe rental. For more information, contact 434-3426.

#### Lawn Mower Repair

Lawn mower repair is now available at Outdoor Recreation. The cost is only \$40 per hour plus parts; pickup and delivery available. Self-help bicycle repair is also available. For more information, contact 434-2507.

#### Hobby and Craft Instructors Needed

Do you have a hobby or craft project you can share with others? For more information, contact 434-7836.

#### **Referees Needed**

Referees needed for various sports at the Fitness Center. For more information or to sign up, contact 434-2772.

#### Play Paintball

Book your next paintball event at Outdoor Recreation. The cost is \$15 per person for a party of 10 or more; \$20 per person for party of nine or less. You must purchase paint at Outdoor Recreation for \$45 per case of 2,000. For more information, contact

#### Make Your Shopping Easier

Force Support Squadron gift cards are available in increments of \$5 to fit any budget. They can be used at most Force Support Squadron facilities at Air Force installations worldwide and they never go out of style. Purchase your gift card at one of the following locations: Bowling Center, Golf Course or Youth Center. For more information, contact 434-3426.

#### Brazilian Jiu Jitsu Class

Free classes are scheduled every Monday, Wednesday, and Friday at 6 p.m. The benefits include huge gains in confidence, functional strength, flexibility, discipline, and overall physical conditioning. Mandatory equipment: BJJ Kimono (Gi); for ages 13 and up. For more information, contact 434-2772.

#### **RV Storage Lot**

Don't clutter your home space, park with us. Outdoor Recreation offers a great place to store your RV year around. You will have 24-hour access and can pay monthly or yearly. For more information, call 434-2505.

#### Green Plate Special

Whispering Pines Golf Course offers a special for lunch Monday through Friday. For more information, call 434-7932 or check us out on Facebook at Columbus AFB Living or Twitter @CAFBLiving!

#### Instructional Classes at Youth Center

Youth Programs is offering piano lessons, guitar lessons, tumbling classes, dance classes, and martial arts instruction. Times and ages vary for all classes. Call 434-2504 or stop by the Youth Center for more information.

#### Fitness on Request

CAFB Fitness and Sports offers a truly comprehensive group fitness platform that is available all day and completely customizable to meet your needs with over 30 different classes on the Fitness on Request system. For more information, call 434-2772.

#### Air Force **Readiness Programs**

(Editor's note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of the activities listed, call 434-2790.)

#### Wing Newcomers Orientation

This brief is 8 a.m. – 12:15 p.m. Aug. 9 and is mandatory for newly arrived active-duty and civilian personnel. Spouses are encouraged to attend. The orientation is held at the Columbus Club. For more information or to register call

#### Military Life Cycle

The Military Life Cycle workshop from 1-2 p.m. Aug. 9 allows the VA contractors to explain to service members, whether first term, separating, retiring or a veteran, what services the VA offers and what they are able to provide throughout the member's military career and how to apply for benefits. For more information or to register call 434-2790.

#### **Heart Link**

This event is 8:30 a.m. - noon Aug. 10. It is for spouses new to CAFB or the military lifestyle. The event is held at Columbus Club. It is a fun-filled spouse orientation program with info on protocol, finance, benefits, helping agencies, local conditions and prizes. It is a great way to meet others new to Columbus AFB. To register and for more information, please call 434-2790.

#### Troops To Teachers

This workshop is 10:30 a.m. - noon Aug. 10. **Pre-separation Counseling** It is an informational workshop for members pursing or interested in a teaching career after the military. For more information or to register call 434-2790.

#### **Hearts Apart**

The Hearts Apart Social program from 5-7 p.m. Aug. 25 is a monthly event to provide community bonding, fun and appreciation for the families of active duty personnel who are deployed, remote, or on an extended TDY. Food and activities are provided. For more information or to register call 434-2790.

#### **Wing Newcomers Orientation**

This brief is 8 a.m. – 12:15 p.m. Aug. 30 and is mandatory for newly arrived active-duty and civilian personnel. Spouses are encouraged to attend. The orientation is held at the Columbus Club. For more information or to register call 434-2790.

#### Military Life Cycle

The Military Life Cycle workshop from 1-2 p.m. Aug. 30 allows the VA contractors to explain to service members, whether first term, you need to know the facts before you can make separating, retiring or a veteran, what services a sound decision, and be wary of anyone telling the VA offers and what they are able to provide you they can offer you a better deal. Always get throughout the member's military career and the true facts about the SBP before making up how to apply for benefits. For more information your mind. Additional details are available by or to register call 434-2790.

### Markle retires after 30 years of service



Lt. Col Jenny Christian, 14th Mission Support Group Deputy Commander, hands Chief Master Sgt. Allen Markle, 14th MSG Superintendent, his Certificate of Retirement from the U.S. Air Force July 29 at Columbus Air Force Base, Mississippi. His official day of retirement is Oct. 1, having served more than 30 years through his military career.

This counseling is a mandatory briefing for **Program** personnel separating or retiring, to be completed at least 90 days prior to separation. It may be completed up to 12 months prior to separation or retirement. The counseling is held daily at 8:30 a.m. It takes approximately 60 minutes. Please contact A&FRC, 434-2839/434-2790 for martial issues, parenting, career stress and anger. more information.

#### Pre, Post Deployment Tour Brief

These briefings are mandatory briefings for active-duty personnel who are either deploying or returning from deployment or a remote tour. The briefings are held daily at the A&FRC. Pre-deployment is at 9:30 a.m., and post-deployment is at 1:30 p.m. Please contact A&FRC, 434-2839/434-2790 for more information.

#### Survivor-Benefit Plan

Are you nearing military retirement? The one decision you will need to make before you retire involves participation in the Survivor Benefit Plan. As with all good decision-making, calling (662) 434-2720.

#### counseling to help Airmen (both single and married), their spouses and other family members to

Military and Family Life Consultant

The MFLC counselors provide non-medical cope with stressful situations created by deployments, reintegration, and life challenges such as All consultants are licensed mental health providers. Counselors can meet either on or off base. There is no charge for services and appointments can usually be made within one to two days. To contact the MFLC, call 662-364-0504.

#### Volunteer Opportunities

If you are interested in volunteering please contact the Airman & Family Readiness Center. We have volunteer opportunities located throughout the base for a one-time event, special events, or on a continual basis. Volunteers are needed on base at the Youth Center, Child Development Center, Library, Golf Course, Medical Clinic, Chapel, Airman Attic, Thrift Store, the Retiree Activities office and many others. For more information please call A&FRC at

### Air Force Recovery Coordination

lines and improves the way care and support are 6 p.m. – Youth Group

delivered to wounded, ill, and injured Airmer and their families. The RCP provides the support of a Recovery Care Coordinator who guides the Airman and family along their road to recovery. Those eligible include wounded, ill and injured Airmen who: (1) have a serious illness or injury (2) are unlikely to return to duty within a specified amount of time (3) may be medically separated from the military. Additional details are available by contacting the Columbus AFE RCC at DSN: 493-3399, Office: 334-953-3399 or tim.griggs.1.ctr@us.af.mil.

SILVER WINGS Aug. 5, 2016

#### **Personal Financial Readiness**

Make the most of your money. Contact Delores Sherman, Personal Financial Counselor for an appointment at 426-2527, or 434-2790 She can help manage finances, resolve financial problems, and reach long-term goals such as getting an education, buying a home and planning

#### Learn How to Read Your LES

Having a hard time understanding your Leave and Earning Statement? Need a refresher so that you can mentor your subordinates or their entitlements? Finance has you covered If you would like for Finance to come to your next CC call or Professional Organization event you can contact Master Sgt. Sabrina Spriggs at DSN 742-3068 or Senior Airman Julianna White at DSN 742-2715.

### **Chapel Schedule**

Whether you are new to Columbus Air Force Base or have been around for a while, our parish communities welcome you to join us as we worship, fellowship, and encourage one another. For more information, please call 434-2500.

#### Catholic Community

3:45 p.m. - Religious Education, grades K-9 (Chapel Annex)

p.m. – Choir Practice (Chapel Sanctuary) p.m. – Confession (or by appointment)

p.m. – Mass w/Children's Church

Tuesdays: 11:30 a.m. – Daily Mass Wednesdays:

11:30-12:30 p.m. – Adoration

#### **Protestant Community**

9 a.m. – Adult Sunday School (Chapel Library) 10:45 a.m. – Traditional Worship Service Tuesdays:

5 p.m. – Student Pilot Bible Study (Chapel Li-

Wednesdays: 4 p.m. - Music Rehearsal

### **Ecumenical services**

6 p.m. – AWANA, a religious education program for children ages three years old to 6th grade The Recovery Coordination Program stream- 6 p.m. – Adult Bible study on the Gospel of John

FEATURE SILVER WINGS Aug. 5, 2016

Staff Sqt. Maria Schinella, 14th Medical Operations Squadron Dental Technician, fits an implant to a mold of a patient's mouth July 26 at Columbus Air Force Base, Mississippi. Dental techs create implants and work with the metal used in fillings and



Staff Sgt. Nathaniel Farinas, 14th Medical Operations Squadron Dental Technician, fits a tray of fluoride into a patient's mouth July 29 at Columbus Air Force Base, Mississippi. Prevention techniques reduce the chance for dental injuries and increase readiness.

# Dental Flight focuses on prevention, education

#### Airman 1st Class John Day

14th Flying Training Wing Public Affairs

The Dental Flight with the 14th Medical Operations Squadron at Columbus Air Force Base, Mississippi offers a variety of services from cleanings to preventative services to wisdom teeth removal.

"What I do primarily is preventative cleanings," said Staff Sgt. Nathaniel Farinas, 14th MDOS Dental Technician. "I give education on prevention, show patients how to brush properly, how to and how many times a day to floss and recommendations on toothpaste and rinsing

Enlisted and officers both serve very important roles in

"On the operative side, the doctors do fillings, crowns, implants and more," Farinas said. "While the dental technicians assist the doctors by preparing instruments and rooms for use with the next patient."

There are many advantages for Airmen to use the provided on-base dental clinic rather than a downtown ser-

"The great thing about having a dental clinic on base is it is absolutely free," Farinas said. "As opposed to a com-



mercial dentist, here we take care of what is needed while once, this gives everyone an opportunity to see the capanot doing extra operations. Our purpose is to keep people bility of the dental flight.

ensuring Airmen stay mission ready.

"It is important we have this clinic on base so we can serve our active duty members," said Maj. Hanling Joswick, 14th MDOS Chief of Dental Services. "Without us, were fit to fly and accomplish the mission."

As everyone on base must visit the dental office at least AFB."

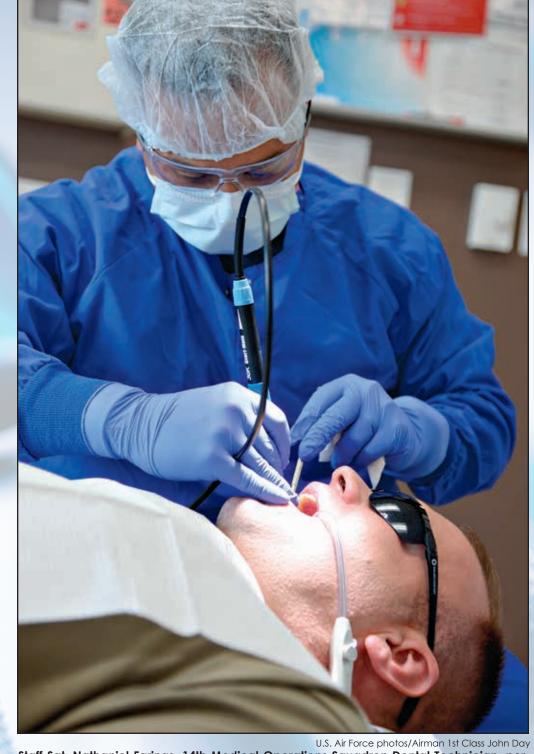
"We see primarily active duty members, but we can also With the amount of new student and instructor pilots serve Guard and Reserve members on active orders," Josthat come through Columbus AFB, the clinic stays busy wick. "We can provide for dependents and retirees on an emergency basis as well."

> For more information on the dental flight and its services or to make an appointment, call 434-2250.

"We have an exceptional staff here with my dental we could not ensure all of our students in pilot training flight," Joswick said. "My staff is very capable and knowledgeable and I would rather be nowhere else on Columbus



Senior Airman Emily Miller, 14th Medical Operations Squadron Dental Assistant, sends equipment through a machine to be sterilized July 26 at Columbus Air Force Base, Mississippi. The dental flight serves active-duty personnel from both the base and local area.



Staff Sgt. Nathaniel Farinas, 14th Medical Operations Squadron Dental Technician, performs a routine cleaning on a patient's mouth July 29 at Columbus Air Force Base, Mississippi. The Dental Flight can provide education on prevention, show patients how to brush properly, how to and how many times a day to floss and recommendations on toothpaste and rinsing aids.